

# 1990 MITCA GIRLS CHAMPIONSHIP

MARCH 14, 1990  
UNIVERSITY OF MICHIGAN

## ORDER OF EVENTS

### 6:30 FIELD EVENTS

SHOTPUT 3 THROWS TOP 7 TO FINAL  
LONG JUMP 3 JUMPS OPEN PIT TOP 7 TO FINAL  
HIGH JUMP 4' 6" START 2" RAISES

### 6:30 RUNNING EVENTS

60 YARD HURDLES	PRELIMINARIES
60 YARD HURDLES	SEMI FINALS
60 YARD DASH	PRELIMINARIES
300 YARD DASH	TIMED FINAL
2 MILE RELAY	FINAL
1 MILE RUN	FINAL
60 YARD DASH	SEMI FINALS
60 YARD HURDLES	FINAL
60 YARD DASH	FINAL
600 YARD RUN	TIMED FINAL
880 YARD RELAY	FINAL
2 MILE RUN	FINAL
1 MILE RELAY	FINAL

COACHES: PLEASE VERIFY ALL YOUR ENTRIES AT THE ANNOUCERS TABLE.  
RELAY RUNNERS MUST HAVE MATCHING TOPS.

MTICA  
STATE INDOOR CHAMPIONSHIPS  
MEET RECORDS

EVENT	NAME	CLUB	PERFORMANCE	YEAR
LONG JUMP	TRINETTE JOHNSON	TECH	19'6.5"	89
HIGH JUMP	ELLI HAYDEN	CAPAC	5' 8"	80
	JUDY TUCKER	VIKING		81
SHOT PUT	SONYA PAYNE	BRAVE RAT	44' 10"	86
60 YARD HURDLES	JANICE ROWLEY	CASS TECH	8.0	83
	POLLY JOHNSON	VIKING		85
	DARCHELLE ROSS	TECH		88
60 YARD DASH	KRISTIE MULLINS	MOTOR CITY	6.8	86
300 YARD DASH	VIVIAN MCKENZIE	MOTOR CITY	35.3	82
600 YARD DASH	ANN LAMPKIN	CHEETAH	1:24.4	86
1000 YARD RUN	LAURA MATSON	ANDOVER	2:43.2	85
MILE RUN	LAURA MATSON	ANDOVER	4:58.9	85
TWO MILE RUN	MICHELLE BEWS	MAPLE	10:49.1	84
880 YARD RELAY	DANIELLE PIERCE, YVETTE SMILEY, TRINETTE JOHNSON, KIM GADIE	MOTOR CITY	1:44.8	88
MILE RELAY	MYRA JONES, ANGELA SIBBY, KARI MANNS, CYNTHIA DIXON	MOTOR CITY	4:01.6	81
TWO MILE RELAY	BRIDGETTE MANN, BETH ZIMMER, SARA ROHDE, TERA FURST	ANN ARBOR	9:45.2	88

OUTSTANDING FIELD PERFORMER

1980	ELLI HAYDEN	CAPAC
1981	ELAINE LOCH	STRIDE RITE
1982	VIVIAN FISHER	SILVERDOME
1983	JULANE THAYER	GRAND LEDGE
1984	ALICIA SNYDER	TROJAN
1985	SONYA PAYNE	RIVER RAT
1986	SONYA PAYNE	BRAVE RAT
1987	BECKY BANHAGEL	IONIA
	ANGIE MILLER	CANTON
1988	TRINETTE JOHNSON	TECH
1989	TRINETTE JOHNSON	TECH

OUTSTANDING TRACK PERFORMER

1980	ELAINE JONES	MOTOR CITY
	LISA LAST	RED CEDAR
1981	ANGELA SIBBY	MOTOR CITY
1982	VIVIAN MCKENZIE	MOTOR CITY
1983	DONNA DONAKOWSKI	MICHIGAN
	JANICE ROWLEY	CASS TECH
1984	MICHELLE BEWS	MAPLE
1985	SHIRLEY EVANS	COUNTRY DAY
	LAURA MATSON	ANDOVER
1986	ANN LAMPKIN	CHEETAH
1987	CATHY ACKLEY	OCEANA
1988	SEANA ARNOLD	ANN ARBOR
1989	DARCHELLE ROSS	TECH





MITCA GIRLS TRACK AND FIELD  
ORDER OF EVENTS

UNIVERSITY OF MICHIGAN

6:30 FIELD EVENTS

SHOT PUT  
LONG JUMP  
HIGH JUMP

6:30 RUNNING EVENTS

60 YARD HURDLES PRELIMINARIES  
60 YARD HURDLES SEMI FINALS  
60 YARD DASH PRELIMINARIES  
300 YARD DASH TIMED FINAL  
2 MILE RELAY FINAL  
1 MILE RUN FINAL  
60 YARD DASH SEMI FINAL  
60 YARD HURDLES FINAL  
60 YARD DASH FINAL  
600 YARD RUN TIMED FINAL  
880 YARD RELAY FINAL  
2 MILE RUN FINAL  
1 MILE RELAY FINAL

NO SPIKES

NO SPIKES

heat 1

RESULTS

EVENT 600 yd. cup final Boys  
GIRLS

AGE GROUP: 10 & U 11-12 13-14 15-18  
BANTAM MIDGET YOUTH SENIOR

PLACE	NAME	CLUB/SCHOOL	TIME/DIST
1	Erica Shepard	MCTC	1.24.1
2	Stephanie White	Mi Xpress	1.34.0
3	Randi Henry	AZ	1.36.1
4	Jill Cressman	AZ	1.37.4
5	Trisha Davis	Little Bay	1.38.1
6	Latrice Adkins	Mi-Xpress	1.41.6
7			
8			

	1 1.37.7	#3
	2 1.43.3	
	3 1.44.8	7 1.56.1
	4 1.45.9	8 1.59.9
	5 1.50.4	9 2.05.4
	6 1.55.0	

DISCUS, JAVELIN, HAMMER, SHOT PUT, LONG JUMP AND TRIPLE JUMP

EVENT Long Jump DATE 3/14/90 MEET Midco State Meet Girls

CONTESTANTS	SCHOOL	NO.	TRIALS								FINALS							
			FIRST		SECOND		THIRD		FOURTH		FIRST		SECOND		THIRD		FOURTH	
			DIST.		DIST.		DIST.		DIST.		DIST.		DIST.		DIST.		DIST.	
			FT.	IN.	FT.	IN.	FT.	IN.	FT.	IN.	FT.	IN.	FT.	IN.	FT.	IN.	FT.	IN.
✓ Alford, Heather	RCTC		15	11/4	14	8 1/2	14	5 3/4										
✓ Baughman, Heather	Red Tide		13	4	13	3 1/2	14	1										
✓ Duggan, Amy	CARC		14	6 1/2	14	5 1/2	14	6 1/2										
<del>Ford, Cassandra</del>	<del>Mick's Chick</del>																	
60 Rank ✓ Ford, Karla	Mick's Chick		13	11 1/2	15	3 3/4	14	11 3/4										
✓ Fromwiller, Cathy	Thumb B Runners	81	15	8 1/2	16	10	F	4										
✓ Gould, Beth	AKATC		13	3 1/2	13	2 1/2	13	9 3/4										
✓ Jones, Katrina	Lansing Speed Girls	2	17	2	16	7 3/4	17	4 1/2	2									
High Jump ✓ King, Angie	Caro Girls TC		14	13 1/4	14	10 1/2	14	10 3/4										
✓ Maxwell, Becky	Caro Girls TC	45	16	5 1/2	15	8 1/4	16	5	5									
✓ Maze, Tanisha	AATC		14	2 3/4	15	3	15	2 1/4										
✓ MC Cant's Filena	Mick's Chick		13	4 1/2	13	8 1/2	14	1 3/4										
✓ McGregor, Cindy	AATC		14	6 3/4	14	1 1/4	14	3 3/4										
✓ Newberry, Dana	AATC		F		15	3	15	1 1/2										
✓ NGUYEN, HOA	Bauman's		13	4 1/2	13	3 1/2	13	5 3/4										
✓ Stevens, Doreen	DE Exper		11	8	10	7 1/4	F											
✓ Thurman, Cammy	Mick's Chick	33	16	5 3/4	15	2 1/2	17	3 1/4	3									
✓ Wentland, Gwen	Bauman's	1	17	10					1									
✓ Williams, Kishra	CTC	6	15	11 1/4	F	F	F	F	6									
✓ Wilson, Magette	Mick's Chick		14	3 3/4	14	3 1/4	14	8 1/4										
✓ Rokisak, Stacey	AATC		14	2	13	11 1/4	14	3 1/2										
FINALS																		
6 ✓ Williams, Kishra	CTC																	
✓ 5 Maxwell, Becky	Caro Girls TC		15	8 1/4	16	6 1/2	15	6 1/4	16	5 1/2								
✓ 4 Fromwiller, Cathy	Thumb B Runners		15	10	17	1 1/2	16	9	16	10								
3 ✓ Thurman, Cammy	Mick's Chick																	
✓ 2 Jones, Katrina	Lansing Speed Girls		17	7 3/4	18	1 1/2	17	3 3/4	17	4 1/4								
✓ 1 Wentland, Gwen	Bauman's		F		16	8 1/4	18	2 1/2	17	10								

1ST	DISTANCE	_____
2ND	DISTANCE	_____
3RD	DISTANCE	_____
4TH	DISTANCE	_____
5TH	DISTANCE	_____
		FIELD JUDGES _____
		OFFICIAL SCORER _____

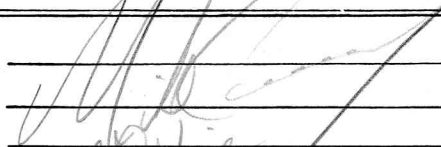


DISCUS, JAVELIN, HAMMER, SHOT PUT, LONG JUMP AND TRIPLE JUMP

Indoor

EVENT Women's shot put DATE 3-14-90 MEET State Championships

CONTESTANTS	SCHOOL	NO.	TRIALS				FINALS									
			FIRST	SECOND	THIRD	FOURTH	FIRST	SECOND	THIRD	FOURTH						
			DIST.	DIST.	DIST.	DIST.	DIST.	DIST.	DIST.	DIST.						
FT.	IN.	FT.	IN.	FT.	IN.	FT.	IN.	FT.	IN.	FT.	IN.					
WIKAR YASZ, ERINN	REOTIDE		38	8	39	2	39	9	1	38	3	41	10 1/2	42	5 1/2	1
WATKINS, KELLIE	REDFORD		—	—	32	6 1/2	30	1 1/2	5	—	—	31	3	33	5	3
LADUCER, DAWN	GREEN LINE STR		31	8	31	9 1/2	28	3 1/2	6	31	7	30	2	28	4	6
HOLLEY, TAMAR	MOTOR CITY		30	1/2	—	—	32	10	3	31	0	33	6 1/2	32	2	5
MARTIN, JESSANN	WONIA TC		34	2	33	8 1/2	35	1 1/2	2	34	1/2	33	11	33	1 1/2	2
HALL, MARCY	NBTC		30	3	—	—	32	7	4	32	2 1/2	31	9	33	2	4
PEA, CHELAN	FLINT OLYMPIANS		30	11	28	11	29	10 1/2								
MUKAVETZ, LEAH	RED TIDE		31	2	30	8	30	10								
STRONG, CARRIE	NORTHWOOD		26	5	28	1	29	2 1/2								
ALPAUGH, STACY	ADRIAN RR		—	—	31	4	31	2 1/2								
JACKSON, MALEKA	DC EXPRESS		28	1 1/2	31	4 1/2	31	4	0							

1ST	Erinn Wikaryasz	DISTANCE	42' 5 1/2"	 _____ _____ _____ _____ _____ FIELD JUDGES
2ND	Jessann Martin	DISTANCE	35' 1 1/2"	
3RD	TAMAR HOLLEY	DISTANCE	33' 6 1/2"	
4TH	KELLIE WATKINS	DISTANCE	33' 5"	
5TH	MARCI HALL	DISTANCE	33' 2"	
				OFFICIAL SCORER

Olympia Sports Equipment



near 1

Track: Event 800 Relay

Lane	No.	Competitor	School	Place
1		Motor City TC Team A		<u>1:49.1</u>
2		Ann Arbor Team A		<u>1:50.5</u> DQ
3		Flint Town Husslers		<u>1:53.8</u>
4		AA - B - Team		<u>1:56.2</u> DQ
5		Mick's Chicks Team A		<u>1:56.2</u>
6		Motor City RR		<u>1:57.4</u>

near

Track: Event 800 Relay

Lane	No.	Competitor	School	Place
1		CTC Team A		<u>1:56.4</u>
2		Speed Girls Team B		<u>2:00.3</u>
3		Cono Pride		<u>2:07.3</u>
4		J+J		<u>2:10.2</u>
5		Phillies Team B		<u>2:14.9</u>
6				<u>2:16.0</u>

Year 3

Track: Event 800 Relay

Lane	No.	Competitor	School	Place
1	A2	Q		<u>1:57.6</u>
2	A2	D		<u>1:58.0</u>
3		Hutton Flyers		<u>1:59.4</u>
4		Phillies		<u>2:02.4</u>
5		Metairie City Roadrunners		<u>2:07.2</u>
6		Speed Girls A		<u>2:09.2</u>