

JANKE

OFFICIAL

MITCA

STATE INDOOR CHAMPIONSHIPS

UNIVERSITY OF MICHIGAN

THURSDAY

MARCH 15, 1990

FIELD EVENTS OUTF. PER. - HENRY RUSSELL
PONY EXPRESS

TRACK. OUTF. PER. - DARNELL HALL
NIKE.

NEED NEW MITCA STAMPS
RAFFINS PHONE # INCORRECT

MITCA
STATE INDOOR CHAMPIONSHIPS
UNIVERSITY OF MICHIGAN
THURSDAY
MARCH 15, 1990

TIME SCHEDULE

| <u>ACTUAL START TIMES</u> | | |
|-----------------------------------|------|---|
| | 6:45 | Field Events |
| | 7:00 | 60 Yard High Hurdles - prelims |
| 7:22 | 7:20 | 60 Yard High Hurdles - semis |
| 7:33 | 7:35 | 60 Yard Dash - prelims |
| 7:44 | 7:50 | 600 Yard Dash |
| 7:55 | 8:00 | 60 Yard Dash - semis |
| 8:03 | 8:10 | One Mile Run |
| | 8:25 | AWARDS - Shot Put, High Jump, 600, Mile |
| 8:26 | 8:30 | 300 Yard Dash |
| 8:36 | 8:45 | 60 Yard High Hurdles - final |
| 8:40 | 8:50 | 60 Yard Dash - final |
| | 8:55 | AWARDS - Long Jump, 300, 60 Highs, 60 Dash |
| 8:48 | 9:00 | Two Mile Relay |
| 9:02 | 9:15 | Two Mile Run |
| | 9:25 | AWARDS - Pole Vault, Two Mile Relay, Two Mile Run |
| 9:25 | 9:30 | One Mile Relay |
| | 9:40 | AWARDS - Mile Relay, Outstanding Performers |

SHOT PUT ENTRIES

| | |
|---------------|---------------------|
| Tom Johnson | Green Line Striders |
| Martin Mazenl | Midland T.C. |
| Mike Lantry | Ann Arbor T.C. |
| Charles Webb | Custer's Kids |
| Chris Heluin | Valley T.C. |
| Glenn Jenkins | Bill's T.C. |
| Sean Scott | Motor City T.C. |
| Bob Rozema | Grand Rapids T.C. |
| Dan Lemanski | Red Tide T.C. |
| Jason Gutting | Shiawassee Striders |
| Phil Martin | Quicksilver T.C. |

FINAL PLACES

1. TOMMY JOHNSON ^{GREEN LINE STRIDERS} 55'5"
2. MIKE LANTRY ^{ANN ARBOR TC} 51'9 1/2"
_{MIDLAND TC}
3. MARTIN MAZENECK 50'10 1/2"
4. GLENN JENKINS ^{BILL'S TC} 49'11 1/2"
5. CHARLIE WEBB ^{CUSTER'S KIDS} 49'11"

LONG JUMP ENTRIES

| | |
|-----------------|----------------------|
| Ali Shakoor | Jackson T.C. |
| Mike McClendon | Animal Farm T.C. |
| Henry Russell | Pony Express T.C. |
| Jarrett Jackson | Motor City II T.C. |
| Jamar Saxton | J T.C. |
| Devin Hall | Saginaw Humpers T.C. |
| Stacy Cowen | Midland T.C. |
| Todd Keel | Bloomfield Cruisers |
| Don Spiker | Midland T.C. |
| Ruben Bynum | Quicksilver T.C. |
| Eric Long | Michigan T.C. |
| Andrew Giba | Ann Arbor T.C. |
| Deron Dotson | G Phi G T.C. |

FINAL PLACES

1. HENRY RUSSELL ^{PONY EXPRESS} 23'6 1/4"
2. MIKE McCLENDON ^{ANIMAL FARM} 23'5 1/2"
3. ALI SHAKOOR ^{JACKSON} - 23' 1/4"
4. STACY COWEN ^{MIDLAND} 21' 5 3/4"
5. DAN SPIKER ^{MIDLAND} 21' 5 1/2"

POLE VAULT ENTRIES - Opening Height 12'0

Greg Patee Flushing Valley
Jim Eaton Mitchell's T.C.
Tim Schaffer Mitchell's T.C.
Travis Downey Little Bay Knights
David Turner Bill's T.C.
Craig Mitchell Silver Streak T.C.
Chad Cutshall Bay T.C.
John Christensen Midland T.C.
SCOTT BEVIS HAWK T.C.

FINAL PLACES

1. GREG PATEE-FLUSHING VALLEY 14'8
2. CRAIG MITCHELL-SILVER STREAK 13'6
3. CHAD CUTSHALL-BAY 13'0
4. TIM SHAFFER-MITCHELL'S 13'0
5. JOHN CHRISTENSEN-MIDLAND 12'6

HIGH JUMP ENTRIES - Opening Height 5'11

DanSteiner Horseshoe T.C.
Ben Ludka Snowshoe T.C.
Steve Fletcher Elsie T.C.
Rusty Gunningham Jack Pine T.C.
Greg Long Horseshoe T.C.
Brian Smith Valley T.C.
Dave Baucus Breakfast Club
Shawn Neff Burgy-Wine T.C.
Dave Lapratt Charlotte T.C.
Robert Sharp Snowshoe T.C.

FINAL PLACES

1. BEN LUOKA 6'7
2. BRIAN SMITH 6'5
3. RUSTY GUNNINGHAM 6'5
4. DAN STEINER 6'3
5. DAVE BAUCUS 6'3

60 YARD HIGH HURDLES ENTRIES

| | |
|-------------------|----------------------|
| Chris Oliver | Flint Olympians |
| Mark Brown | Stingers T.C. |
| Kevin Jackson | Animal Farm T.C. |
| Howard Triplett | Speedboys T.C. |
| Antonio Jefferies | Saginaw Humpers T.C. |
| Keith Thomas | Quicksilver T.C. |
| Mark Davis | Speedboys T.C. |
| Blake Nowak | Motor City II T.C. |
| Ben Ludka | Snowshoe T.C. |
| James Jackson | T.A.L. |
| Allen Dukes | Hoover Road T.C. |
| Deron Dotson | G Phi G |
| Ron Koss | Brighton City T.C. |
| Siggard Torbin | Anchor |
| Jamal Saxton | J T.C. |
| Dave Turner | Bill's T.C. |
| Justin Martin | Ann Arbor T.C. |
| Atawion Wray | Insiders T.C. |
| Keith Newbern | Speedboys T.C. |
| SHawn Collins | G PHI G |

FINAL PLACES

1. KEVIN JACKSON - ANIMAL FARM 7.26
2. CHRIS OLIVER - FLINT OLYM - 7.30
3. HOWARD TRIPLETT - SPEEDBOYS - 7.48
4. ANTONIO JEFFERIES - HUMBERS - 7.49
5. MARK BROWN - STINGER - 7.55

60 YARD DASH ENTRIES

| | |
|-------------------|----------------------|
| David Burton | Michigan T.C. |
| Michael McClendon | Animal Farm T.C. |
| Maurice Allen | Motor City T.C. |
| Ali Shakoor | Jackson T.C. |
| Jereld Johnson | Nike T.C. |
| Gordon Mattingly | Worden St. T.C. |
| Tim Gleene | Michigan T.C. |
| Amar Gaines | Bill's T.C. |
| Thommie Boyd | Mercury T.C. |
| Kendrick Williams | Michigan T.C. |
| Carlos Henderson | Tiger Sharks T.C. |
| Brian Jackson | Motor City T.C. |
| Lee Beebe | Speedboys T.C. |
| John Oglesby | Woody's T.C. |
| Ed Davis | Detroit Roadrunners |
| Corey Palmer | Flint Olympians |
| Randy Young | Custer's Kids |
| Jason Husband | Speedboys T.C. |
| Sam Duncan | Insiders T.C. |
| David Miller | Mercury T.C. |
| Cecil Flanigan | Motor City T.C. |
| Dexter Jackson | Blazers T.C. |
| Lee Couch | Saginaw Humpers T.C. |
| James Murden | G Phi G |

FINAL PLACES

1. MAURICE ALLEN - MOTOR CITY - 6.27
2. MICHAEL MCCLENDON - ANIMAL FARM - 6.29
3. DAVID BURTON - MI TC - 6.31
4. JERELD JOHNSON - NIKE - 6.34
5. ALI SHAKOOR - JACKSON - 6.36

600 YARD DASH ENTRIES

| | | | |
|---------------|--------------------|----------------|----------------------|
| Jeff Beyst | Motor City II T.C. | Curtis Sumler | Saginaw Humpers T.C. |
| Henry Russell | Poney Express T.C. | Rob Passinualt | Frankenmuth T.C. |
| Adam Caldwell | Hawks T.C. | Nick Karfanta | Spacely Sprockets |
| Marc Ulman | Crazy Legs T.C. | Kevin Finch | Motor City II T.C. |
| Todd Snyder | Brighton City T.C. | Brian Conner | Insiders T.C. |
| Jeff Louwsma | Ann Arbor T.C. | William Watson | Silver Flyers T.C. |

FINAL PLACES

1. CURTIS SUMLER Humpers 1:12.62
2. HENRY RUSSELL PONY EXPRESS 1:15.42
3. MARC ULMAN - CRAZY LEGS - 1:16.18
4. TODD SNYDER - BRIGHTON CITY - 1:16.86
5. JEFF LOUWSMA - ANN ARBOR TC 1:17.49

ONE MILE RUN ENTRIES

| | | | |
|----------------|---------------------|------------------|---------------------|
| Rob Huff | Bloomfield Cruisers | Dave Gibson | Glue Crew T.C. |
| Brian Hyde | Grand Rapids T.C. | Holden Harris | Speed Connection |
| Bill Kinney | Borderline.T.C. | Doug Stevens | Brooklyn T.C. |
| Gar Eddings | Spacely Sprockets | Andy McCoubrey | Ledges T.C. |
| Doug Corcoran | Reading T.C. | Adan Thornber | Jay Hawks T.C. |
| Paul McMullen | Snowshoe T.C. | Stuart Palmer | Grand Rapids T.C. |
| Jeff Christian | Jack Pine T.C. | John Fundukian | Red Tide T.C. |
| Rob Cain | Ann Arbor T.C. | Brian Sponseller | Mission St. Runners |

FINAL PLACES

1. BRIAN HYDE - GRAND RAPIDS TC - 4:19.4
2. GAR EDDINGS - SPACELY SPROCKETS - 4:28.43
3. DOUG CORCORAN - READING TC - 4:34.41
4. ANDY MCCOUBREY - LEDGES TC - 4:35.1
5. BRIAN SPONSLER - MISSION STATE - 4:35.78

300 YARD DASH ENTRIES

| | |
|------------------|------------------------|
| Darnell Hall | Nike T.C. |
| Robert Adams | C T.C. |
| Marco West | C T.C. |
| Duane Hollins | T & N World Class |
| Eric Johnson | City T.C. |
| Sherman Harris | Orion T.C. |
| Jarrett Jackson | Motor City II T.C. |
| Howard Triplett | Speedboys T.C. |
| Marvin Allen | Michigan T.C. |
| Terry Alexander | Nike T.C. |
| Jon Littleton | Detroit Roadrunners |
| Glen McNeal | C T.C. |
| Eric Harrison | Insiders T.C. |
| Dan Peterson | Evans Everlasting Team |
| Joe Hicks | Woody's T.C. |
| Scott Bevis | Hawks T.C. |
| Nathan Garza | Irish Hills T.C. |
| Clarence Atwater | T.A.L. |
| Alt. Rico Moore | T.A.L. |

FINAL RESULTS

1. DARNELL HALL - NIKE TC - 30.71
2. DUANE HOLLINS - TEN WORLDCASS. 32.11
3. JON LITTLETON - DET. ROADRUNNERS - 32.80
4. MARCO WEST - C T.C. 32.81
5. JARRETT JACKSON - MOTOR CITY TC - 32.93

TWO MILE RELAY ENTRIES

Woody's Track Club

Quicksilver Track Club

Ann Arbor Track Club

Battle Alley Track Club

Club Patriot

Stinger Track Club

T.A.L.

Michigan Track Club

Detroit Roadrunners

FINAL PLACES

1. QUICKSILVER 8:19.40
2. BATTLE ALLEY 8:19.48
3. WOODY'S 8:21.02
4. CLUB PATRIOT 8:23.88
5. A² TC 8:28.4

TWO MILE RUN ENTRIES

Chris Priestaf Silver Flyers T.C.

Aaron Bruininks Tulip City T.C.

Jarid Glover Snowshoe T.C.

Heath Laprad Custer's Kids

Gary Loubert Hemlock T.C.

Chris Eggle Snowshoe T.C.

Jeff Grosso Walled Lake T.C.

Che Moya Bay T.C.

Bob Bates Hungry Dog T.C.

Richard Gray Flint Olympians

Chris Berggren Ann Arbor T.C.

FINAL RESULTS

1. CHRIS PRIESTAF - SILVER FLYERS - 9:40.16
2. AARON BRUININKS - TULIP CITY - 9:42.16
3. BOB BATES - HUNGRY DOG - 9:44.12
4. GARY LOUBERT - HEMLOCK - 9:44.5
5. JEFF GROSSO - WALLED LAKE 9:48.07

ONE MILE RELAY

Speedboys Track Club

Motor City II Track Club

C Track Club

Nike Track Club

Motor City Track Club

G Phi G Track Club

Ann Arbor Track Club

Detroit Roadrunners

Woody's Track Club

T.A.L.

Michigan Track Club

Mercury Track Club

FINAL PLACES

1. MOTOR CITY - 3:28.22
2. C TC - 3:30.13
3. Woody's - 3:31.46
4. TAL 3:32.36
5. MICHIGAN 3:32.96