

GRAND RAPIDS JUNIOR COLLEGE
BOYS HIGH SCHOOL INVITTIONAL TRACK MEET
MARCH 20, 1990

SHOT PUT

1. Rozema	East Kentwood	46'8"
2. Vargo	Comstock Park	44'5"
3. Irving	Creston	43'6"
4. Booker	Ottawa Hills	42'9"
5. Gillard	Mona Shores	42'9"

LONG JUMP

1. Dillard	Union	21'8½"
2. Banks	Muskegon	21'5½"
3. McQuarter	Muskegon	20'10½"
4. Merrit	East Kentwood	20'8"
5. Overvourde	Christian	19'6½"

HIGH JUMP

1. VerBerkmoes	Holland Christian	6'4 3/4"
2. Wiersma	Hudsonville	6'4 3/4"
3. Coney	West Ottawa	6'2"
4. Walters	Zeeland	6'0"
5. Collier	Ottawa Hills	6'0"

60 HURDLES

1. Siggard	Mona Shores	7.82
2. La Souba	Ottawa Hills	7.98
3. Van Dyke	Coopersville	8.1
4. Walker	Ottawa Hills	8.2
5. Wiersma	Hudsonville	8.25

TWO MILE

1. Powers	Coopersville	10:29.4
2. Palmer	East Kentwood	10:33.13
3. Cahill	Kenowa Hills	10:33.67
4. Matthis	West Ottawa	10:36.50
5. VanderWarf	Lowell	10:4.24

6-LAP RELAY

1. Mona Shores	2:2.40
2. Muskegon	2:4.32
3. Forest Hills Central	2:4.67

880 YARD RUN

1. Watters	Jenison	2:8.59
2. Anderson	East Kentwood	2:9.10
3. Meyer	Coopersville	2:9.49
4. Cook	Mona Shores	2:10.15
5. DeGraf	East Kentwood	2:11.63