

1990 O.K. RED CONFERENCE RESULTS

BOYS - DISCUS		DISTANCE
1	BRETT ORGANEK/GV	146'6"
2	MIKE BUETTNER/EK	140'2"
3	DAN BUEHLER/GH	138'2"
4	BOB ROZEMA/EK	134'5"
5	COREY BERKIMER/HOL	130'7"
6	ANDY TIDEL/ROC	127'4"

GIRLS - DISCUS		DISTANCE
1	CHRIS MUDGET/WO	129'3"
2	BECKIE BALDUS/GH	102'6"
3	TRACIE CORKER/EK	90'8"
4	TRICIA COLBERT/MS	89'4"
5	LAURA VANDERPLOEG/WO	88'1"
6	JULIE CAPTAIN/WO	83'5"

BOYS - SHOT PUT		DISTANCE
1	BOB ROZEMA/EK	51' 9 3/4"
2	MIKE DEHAAN/ROC	47'6"
3	BRETT ORGANEK/GV	45' 11 1/2"
4	KEVIN EDING/WO	44' 5 1/2"
5	RUSTY LAARMAN/GH	43' 11 1/2"
6	CRAIG WESTERHOF/HOL	43'7"

GIRLS - SHOT PUT		DISTANCE
1	CHRIS MUDGET/WO	42'8 1/2"
2	BECKIE BALDUS/GH	34'8 1/2"
3	TRINA COLBERT/MS	33'10 3/4"
4	JENNY VAN WYKE	29'6 3/4"
5	LIZ SIMPSON/WO	27'11 1/4"
6	MONICA LEAL/HOL	27'6"

BOYS - HIGH JUMP		HEIGHT
1	TONY JOHNSON/WO	6'7"
2	JASON CONEY/WO	6'
3	BRAD VAN HAITSMAN/HOL	6'
4	ZACH PILCZAK/GV	6'
5	ERIC GRUENWALD/JEN	5'10"
6T	AARON BORGMAN/MS	5'8"
	KEN JACOBS/ROC	5'8"
	JIM OTIS/HOL	5'8"

GIRLS - HIGH JUMP		HEIGHT
1	MARCY RIPMASTER/JEN	5'2"
2T	ALICIA BERNIER/WO	5'
	CATHY HOWARD/GV	5'
4T	SHELLY HOWARD/GV	4'10"
	JADIE FRITZ/GH	4'10"
	JULIE VAN ABBEMA/GH	4'10"

BOYS - LONG JUMP		DISTANCE
1	TRACEY BAINE/HOL	20'10 1/2"
2	KAM MERRITT/EK	20'2 1/2"
3	JASON CONEY/WO	19'6 1/2"
4	COREY BETTS/EK	19'6"
5	JOHN VAN ESS/ROC	19'6"
6	FOUAY CHAU/HOL	19'1"

GIRLS - LONG JUMP		DISTANCE
1	ANGIE YORK/GV	16' 3/4"
2	TONYA LASINSKI/WO	15'6 1/2"
3	JENNIE ALVERSON/WO	15'4 1/4"
4	ANNA BAUGHMAN/HOL	15'2 1/2"
5	BLYTHE VANDERHOFF/EK	15'
6	WENDY EVERT/GV	14'10 1/2"

BOYS - POLE VAULT		HEIGHT
1	JEFF KERR/EK	13'6"
2	STEVE PORRETTA/HOL	13'3"
3	BEN ROBBINS/GH	13'
4	STEVE KORECKI/GH	12'6"
5	JOHN BUCK/GH	12'6"
6T	RUSS PICKEL/MS	12'
	COREY BETTS/EK	12'

BOYS 3200 METER RELAY		TIME	GIRLS 3200 METER RELAY		TIME
1	EAST KENTWOOD ROSS DEGRAAF MIKE HENNING STU PALMER BRIAN HYDE	8:15.8	1	WEST OTTAWA TAMMY HERRELL TARA WEYMON ANEISHA STEWART ERIKA DIRKSE	9:49.8
2	HOLLAND	8:23.1	2	MONA SHORES	9:53.9
3	WEST OTTAWA	8:28.5	3	EAST KENTWOOD	10:20.3
4	GRANDVILLE	8:34.4	4	GRANDVILLE	10:27.8
5	GRAND HAVEN	8:37.6	5	ROCKFORD	10:37.8
6	ROCKFORD	9:05.3	6	HOLLAND	10:45.0
BOYS 110 M. HIGH HURD.		TIME	GIRLS 100 M. INT. HURD.		TIME
1	JON TINHOLT/HOL	15.2	1	ALICIA BERNIER/WO	16.3
2	TORBEN SIGGAARD/MS	15.6	2	LISA DUGA/GH	16.3
3	AARON KLOP/GH	15.8	3	SHELLY HOWARD/GV	16.8
4	JASON ROBBINS/GH	15.8	4	CATHY HOWARD/GV	16.9
5	LARRY BOLDEN/EK	15.9	5	SHANNON CLAY/JEN	17.1
6	BRIAN HOOPER/JEN	16.2	6	ANGIE YORK/GV	17.4
BOYS 100 METER DASH		TIME	GIRLS 100 METER DASH		TIME
1	JAY MORGAN/MS	11.1	1	SHAWN FARMER/ROC	12.7
2	BRAD FIELDS/EK	11.3	2	ANGELA SCHAAP/HOL	12.9
3	KAM MERRITT/EK	11.6	3	SHELLY VAN EYCK/HOL	13.4
4	MIKE HERRON/ROC	11.7	4	KELLY SKEELS/GH	13.5
5	DAVE FLEMING/JEN	11.8	5	HEATHER MCCANN/WO	13.8
6	TERRY MANNOR/GV	12.0	6	JAN LOOMAN/WO	13.9
BOYS 800 METER RELAY		TIME	GIRLS 800 METER RELAY		TIME
1	EAST KENTWOOD JEFF KERR ED KODISH COREY BAKER BRAD FIELDS	1:31.9	1	MONA SHORES TRACEY MEADE MARY AMY HORNIK LEAH KERN NICHELE VOGT	1:49.6
2	MONA SHORES	1:33.1	2	GRANDVILLE	1:50.3
3	HOLLAND	1:35.1	3	WEST OTTAWA	1:50.4
4	JENISON	1:36.4	4	HOLLAND	1:51.8
5	ROCKFORD	1:37.4	5	GRAND HAVEN	1:53.6
6	WEST OTTAWA	1:37.6	6	EAST KENTWOOD	1:56.6
BOYS 1600 METER RUN		TIME	GIRLS 1600 METER RUN		TIME
1	BRIAN HYDE/EK	4:19.1	1	MOLLY LORI/EK	5:13.8
2	AARON BRUININKS/HOL	4:24.3	2	KRISTEN CROUCH/MS	5:19.1
3	RICK VAN DYKE/JEN	4:30.1	3	HEATHER SWINBURNE/MS	5:24.9
4	ERIC ALLEN/MS	4:44.7	4	DANA THOMSON/JEN	5:26.2
5	FRED MATTHIS/WO	4:45.6	5	ROBYN BRANDOW/GV	5:29.5
6	JIM PAPPAS/GV	4:45.9	6	MEGAN KRAM/GH	5:40.8

PAGE 3 - RESULTS

BOYS 400 METER RELAY		TIME	GIRLS 400 METER RELAY		TIME
1	EAST KENTWOOD BRAD FIELDS ED KODISH COREY BAKER KAM MERRITT	45.1	1	HOLLAND ANNA BAUGHMAN SHELLY VAN EYCK KERRI MANGLITZ ANGELA SCHAAP	51.9
2	HOLLAND	45.3	2	ROCKFORD	52.4
3	WEST OTTAWA	46.7	3	GRAND HAVEN	52.8
4	JENISON	46.7	4	WEST OTTAWA	53.1
5	GRAND HAVEN	47.2	5	GRANDVILLE	53.6
6	ROCKFORD	47.3	6	EAST KENTWOOD	54.3

BOYS 400 METER DASH		TIME	GIRLS 400 METER DASH		TIME
1	JAY MORGAN/MS	49.7	1	MARY AMY HORNIK/MS	59.4
2	ROSS DEGRAAF/EK	51.8	2	MICHELE VOGT/MS	61.3
3	STEVE PORETTA/HOL	52.4	3	WENDY EVERT/GV	61.7
4	JIM OTIS/HOL	53.1	4	ANNA BAUGHMAN/HOL	62.7
5	TERRY MANNOR/GV	53.2	5	TARA WEYMON/VO	62.9
6	BILL QUICK/GV	53.9	6	MISSY HILLS/GV	62.9

BOYS 300 M. INT. HURDLES TIME		TIME	GIRLS 300 M. LOW HURDLES TIME		TIME
1	TORBEN SIGGAARD/MS	39.4	1	ALICIA BERNIER/VO	47.6
2	JON TINHOLT/HOL	41.3	2	SHELLY HOWARD/GV	48.0
3	AARON KLOP/GH	42.1	3	JENNY VAN WYK/JEN	49.0
4	LARRY BOLDEN/EK	42.1	4	JADIE FRITZ/GH	49.8
5	MATT REID/EK	42.1	5	CATHY HOWARD/GV	50.8
6	JASON ROBBINS/GH	42.6	6	LISA DUGA/GH	50.9

BOYS 800 METER RUN		TIME	GIRLS 800 METER RUN		TIME
1	BRIAN HYDE/EK	1:57.1	1	DANA THOMSON/JEN	2:18.8
2	DAVE WATTERS/JEN	1:59.5	2	KRISTEN CROUCH/MS	2:24.7
3	KEITH BONEBURG/HOL	2:04.7	3	TAMMY HERRELL/VO	2:25.2
4	MAC ANDERSON/EK	2:06.0	4	STACEY BERRY/GV	2:25.9
5	FRANK HOLDSWORTH/ROC	2:08.1	5	TERESA STODDARD/GV	2:31.6
6	ERIC TRUSZKOWSKI/VO	2:09.9	6	BAMBI RINEHART/ROC	2:33.3

BOYS 200 METER DASH		TIME	GIRLS 200 METER DASH		TIME
1	JAY MORGAN/MS	22.3	1	SHAWN FARMER/ROC	26.5
2	BRAD FIELDS/EK	22.4	2	MARY AMY HORNIK/MS	26.9
3	TORBEN SIGGAARD/MS	23.3	3	ANGELA SCHAAP/HOL	27.7
4	MIKE HERRON/ROC	23.6	4	KERRI MANGLITZ/HOL	27.7
5	TRACEY BAINE/HOL	23.8	5	ANGIE YORK/GV	27.8
6	COREY BAKER/EK	23.9	6	HEATHER MCCANN/VO	27.9

PAGE 4 - RESULTS

BOYS 3200 METER RUN		TIME	GIRLS 3200 METER RUN		TIME
1	AARON BRUININKS/HOL	9:50.6	1	MOLLY LORI/EK	11:21.5
2	NEIL MURPHY/HOL	10:05.6	2	HEATHER SWINBURNE/MS	11:49.7
3	ARIC VISSER/HOL	10:05.9	3	ROBYN BRANDOW/GV	12:04.2
4	ERIC ALLEN/MS	10:07.4	4	JULIE JORGENSEN/MS	12:25.9
5	FRED MATTHIS/WO	10:17.9	5	KRIS LUKAS/WO	12:34.0
6	STU PALMER/EK	10:20.2	6	LAURA HOWELL/GV	12:39.3

BOYS 1600 METER RELAY		TIME	GIRLS 1600 METER RELAY		TIME
1	EAST KENTWOOD ROSS DEGRAAF JEFF KERR ED KODISH BRIAN HYDE	3:31.1	1	MONA SHORES MARY AMY HORNIK KRISTEN CROUCH LEAH KERN MICHELE VOGT	4:10.7
2	JENISON	3:32.3	2	GRANDVILLE	4:13.2
3	HOLLAND	3:38.2	3	ROCKFORD	4:20.7
4	ROCKFORD	3:39.8	4	WEST OTTAWA	4:24.7
5	GRAND HAVEN	3:43.0	5	GRAND HAVEN	4:26.7
6	WEST OTTAWA	3:44.1	6	EAST KENTWOOD	4:27.5

BOYS TEAM TOTALS

EAST KENTWOOD	148 1/2
HOLLAND	124 1/3
MONA SHORES	70 5/6
WEST OTTAWA	47
GRAND HAVEN	43
JENISON	35
ROCKFORD	29 1/3
GRANDVILLE	29

GIRLS TEAM TOTALS

WEST OTTAWA	104
MONA SHORES	98
GRANDVILLE	87 1/3
GRAND HAVEN	48 2/3
HOLLAND	48
EAST KENTWOOD	37
ROCKFORD	37
JENISON	36