

ALL OAKLAND COUNTY TRACK & FIELD CHAMPIONSHIPS

LEGION 1990

- (A) AVONDALE
- (B) BERKLEY
- (BG) BIRMINGHAM GROVES
- (BS) BIRMINGHAM SEAHOLM
- (BR) BROTHER RICE
- (BD) BRANDON
- (BF) BISHOP FOLEY
- (BHA) BLOOMFIELD HILLS ANDOVER
- (BHL) BLOOMFIELD HILLS LAHSER
- (CL) CLARKSTON
- (DCD) DETROIT COUNTRY DAY
- (CK) CRANBROOK/KINGSWOOD
- (F) FARMINGTON
- (FH) FARMINGTON HARRISON
- (FD) FERNDALE
- (HP) HAZEL PARK
- (H) HOLLY
- (LO) LAKE ORION
- (M) MILFORD
- (ML) MILFORD LAKELAND
- (N) NOVI
- (NF) NORTH FARMINGTON
- (OL) ORCHARD LAKE ST. MARY'S
- (OX) OXFORD
- (OP) OAK PARK
- (PC) PONTIAC CENTRAL
- (PN) PONTIAC NORTHERN
- (R) ROCHESTER
- (RA) ROCHESTER ADAMS
- (ROD) ROYAL OAK DONDERO
- (ROS) ROYAL OAK SHRINE
- (S) SOUTHFIELD
- (SC) SOUTHFIELD CHRISTIAN
- (SL) SOUTH LYON
- (T) TROY
- (TA) TROY ATHENS
- (WLC) WALLED LAKE CENTRAL
- (WLW) WALLED LAKE WESTERN
- (WK) WATERFORD KETTERING
- (WM) WATERFORD MOTT
- (WB) WEST BLOOMFIELD

1990 All Oakland County Girls Team Scores

1.	Milford	68 Pts.
2.	Troy	51 Pts.
3.	Pontiac Northern	40 Pts.
4.	Rochester Adams	32 Pts.
5.	Pontiac Central	30 Pts.
6.	Southfield	27 Pts.
6.	Clarkston	27 Pts.
8.	West Bloomfield	24 Pts.
9.	Oak Park	20 Pts.
10.	Walled Lake Western	17 Pts.
11.	Birmingham Seaholm	16-1/3 Pts.
12.	Farmington	16 Pts.
12.	Lakeland	16 Pts.
14.	Detroit Country Day	14 Pts.
15.	Walled Lake Central	13 Pts.
16.	Waterford Kettering	12 Pts.
17.	Novi	10 Pts.
17.	Birmingham Groves	10 Pts.
19.	Avondale	9 Pts.
20.	Rochester	8-1/3 Pts.
21.	Hazel Park	8 Pts.
21.	Ferndale	8 Pts.
23.	Lake Orion	6 Pts.
24.	Southfield Christian	4 Pts.
25.	Waterford Mott	2-1/3 Pts.
26.	Farmington Harrison	2 Pts.
26.	Holly	2 Pts.

(10 Teams Did Not Score)

INDIVIDUALS

<u>3200 M Relay</u>		<u>100 M Hurdles</u>	
1.	West Bloomfield (Danforth, K. Reed, M. Reed, Abbott)	9:33.3	1. Kelly House (ML) 15.3
2.	Milford	9:52.8	2. Shelli Gaul (F) 15.3
3.	Clarkston	9:56.2	3. Tina Schively (M) 15.8
4.	Southfield Christian	10:02.9	4. Nekesha Mitchell (PN) 15.9
5.	Rochester Adams	10:04.2	5. Sylvia Laws (PC) 16.5
6.	Walled Lake Western	10:06.7	6. Colleen Heinzmann (FH) 16.6
<u>100 M Dash</u>		<u>800 M Relay</u>	
1.	Angie Knox (T)	12.2	1. Pontiac Northern 1:45.9 (Howard, Hunt, Mitchell Hannah)
2.	Changale Dorsey (OP)	12.5	2. Rochester Adams 1:46.9
3.	Shaundra Broadnax (PC)	12.6	3. Pontiac Central 1:47.0
4.	Janeen Jones (S)	12.6	4. Southfield 1:48.1
5.	Michelle Folwell (CL)	12.7	5. Milford 1:49.2
6.	Kia Jelks (S)	12.9	6. Lakeland 1:50.0

GIRLS INDIVIDUALS (Cont'd)

1600 M Run

1. Amira Danforth (WB)	5:11.7
2. Jennifer Kiel (F)	5:14
3. Allison Dain (BS)	5:21.5
4. Lisa Heath (N)	5:27.3
5. Tracey Benvin (M)	5:28.7
6. Meghan Flaharty (WB)	5:33.9

400 M Dash

1. Janeen Jones (S)	57.1
2. Shaundra Broadnax (PC)	59.7
3. Denisha Carr (PN)	59.8
4. Ericka Black (PC)	61.5
5. Katie Schopf (T)	62.1
6. Aura Cockerham (FH)	62.6

800 M Run

1. Teri McDowell (BS)	2:16.6
2. Aimee Chrostowski (M)	2:20.3
3. Sonya Schaefer (CL)	2:21.0
4. Becky Wittenstrom (R)	2:22.9
5. Tracy Abbott (WB)	2:23.5
6. Nichole Steimel (RA)	2:24.6

3200 M Run

1. Jennifer Ray (WLW)	11:23.1
2. Shannon McCabe (HP)	11:28.9
3. Wendy Proos (WLW)	11:34.7
4. Jennie Galland (N)	11:34.8
5. Mary Mick (H)	11:35.7
6. Amy Parker (T)	11:39.9

Long Jump

1. Melicia Whitt (RA)	16'6-1/2"
2. Amy Foltz (WK)	16'5-1/4"
3. Shannon Capstick (WLC)	16'3"
4. Nikkia Hannah (PN)	16'4-3/4"
5. Amy Braunsteiner (WM)	15'8-1/4"
6. Pam Whiteman (ML)	15'8-1/4"

Shot Put

1. Erinn Wikaryasz (M)	39'5-1/4"
2. Elizabeth Dugger (A)	36'3-1/4"
3. Peggy Evans (DCD)	34'6"
4. Carrie Ridding (R)	34'3-3/4"
5. Leah Mukavetz (M)	32'8-1/2"
6. Jennifer Wolfe (WB)	31'5-1/2"

400 M Relay

1. Pontiac Northern (Howard, Hunt, Mitchell, Hannah)	50.5
2. Troy	51.1
3. Milford	51.6
4. Milford Lakeland	51.7
5. Rochester Adams	51.9
6. Clarkston	52.2

300 M Hurdles

1. Shannon Spencer (BG)	47.9
2. Lakeeta Mickens (DCD)	48.2
3. Erika Schindler (T)	48.5
4. Mary Brunn (RA)	49.6
5. Tina Schively (M)	48.6
6. Mary Brumm	49.6

200 M Dash

1. Angie Knox (T)	25.3
2. Janeen Jones (S)	25.4
3. Michelle Folwell (CL)	26.5
4. Ericka Black (PC)	27.0
5. Nikkia Hannah (PN)	27.1
6. Shannon Capstick (WLW)	27.2

1600 M Relay

1. Troy (Gonzalez, Rogers, Schopf, Knox)	4:05.9
2. Rochester Adams	4:06.4
3. Clarkston	4:10.7
4. Milford	4:11.7
5. Oak Park	4:14.1
6. Farmington Harrison	4:14.6

High Jump

1. Keshia Adams (OP)	5'0"
2. Michele Hunt (FD)	5'0"
3. Denisha Carr (PN)	4'10"
3. Erika Schindler (T)	4'10"
3. Julie Schmitt (WK)	4'10"
6. Deanne Burson (BS)	4'10"
6. Jenny Weed (R)	4'10"
6. Missy Garland (WM)	4'10"

Discus

1. Erinn Wikaryasz (M)	128'2"
2. Leah Mukavetz (M)	103'7"
3. Shannon Burt (WLC)	100'1"
4. Angie Platt (LO)	99'11"
5. Mary Sulisz (LO)	99'7"
6. Elizabeth Dugger (A)	99'7"