

MITCA BOYS INDOOR TRACK SCHEDULE 1991

Thurs.	January	17	Central Michigan University	Co-ed	6:00 p.m.
Tues.		22	Eastern Michigan University	Co-ed	5:00 p.m.
Thurs.		24	University of Michigan	Boys Only	6:30 p.m.
Fri.		25	Western Michigan University	Co-ed	7:00 p.m.
Sat.		26	Spring Arbor College	Co-ed	8:30 a.m.
Tues.		29	Saginaw Valley State University	Boys Only	6:00 p.m.
Wed.		30	Michigan State University	Boys Only	6:30 p.m.
Thurs		31	Central Michigan University	Co-ed	6:00 p.m.
Sat.	February	2	Albion College	Co-ed	10:00 a.m.
Thurs.		7	Spring Arbor College	Co-ed	6:30 p.m.
Thurs.		14	Central Michigan University	Co-ed	6:00 p.m.
Sat.		16	Albion College	Co-ed	10:00 a.m.
Tues.		19	Saginaw Valley State University	Boys Only	6:00 p.m.
Wed.		20	University of Michigan	Boys Only	6:30 p.m.
Sat.		23	Hillsdale College	Co-ed	11:00 a.m.
Tues.		26	Eastern Michigan University	Co-ed	5:00 p.m.
Thurs.		28	Central Michigan University	Co-ed	6:00 p.m.
Tues.	March	5	Michigan State University	Boys Only	6:30 p.m.
Thurs.		14	University of Michigan MITCA Indoor Championships	Boys Only	6:45 p.m.

THESE ARE THE ONLY QUALIFING MEETS FOR THE INDOOR CHAMPIONSHIP MEET

NO SPIKES ARE TO BE WORN AT ANY OF THESE MEETS EXCEPT THE CHAMPIONSHIP MEET

ALL RELAY TEAMS ARE TO WEAR THE SAME COLOR AND STYLE OF SHIRT

VERY IMPORTANT - ATHLETES MUST USE CLUB NAME NOT SCHOOL NAME WHEN FILLING OUT  
 EVENT CARDS AND REPORTING TO THE RECORDERS TABLE  
 - NO PERFORMANCE WILL BE ACCEPTED FOR THE CHAMPIONSHIP UNLESS THE  
 CLUB NAME IS USED  
 - NO PERFORMANCE WILL BE ACCEPTED FOR THE CHAMPIONSHIP MEET UNLESS  
 THE ATHLETE IS A MEMBER OF A MITCA REGISTERED CLUB  
 - ADULT OFFICIALS ARE NEEDED AT ALL MEETS - PLEASE VOLUNTEER

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PLEASE READ CAREFULLY

1. Pertaining to MITCA club registration:

- a. No school issued checks can be used to pay the club registration fee.
- b. Club name should not include any part of the school name -

EXAMPLE: Flint Northern Viking High School

DO NOT USE: Flint Northern, or Northern, or Vikings as  
any part of the club name

YOU MAY USE: Flint(as in city) and/or "your imagination"

2. Pertaining to MITCA track meets:

- a. Do not use school transportation(buses, vans, etc.)
- b. Do not use any school issued checks to pay entry fees.
- c. Do not use any school issued wearing apparel or wearing apparel that could be construed as school issue. In order to stay above suspicion do not wear any apparel that has your school name on it. If you use a club name on what you wear it should appear the same way as explained above as per 1b. It also is suggested that the wearing apparel be of different colors than your official school colors.
- d. Athletes should be instructed to use the club name NOT THE SCHOOL NAME when filling out entry cards and reporting place finish.
- e. If more than 3 athletes from the same school are participating in a meet the coach may not act as an official in the meet - starter, referee, timer, finish judge, head field event judge, inspector. In order to stay above suspicion coaches should remain in the stands and off the infield area.

*CHANGE* Any MITCA meets that take place after the MHSAA official starting date for track and field must be counted as an outside competition (see MHSAA Handbook section 12-A Limited Team Membership).

INFORMATION PERTAINING TO MEETS

UNIVERSITY OF MICHIGAN - Athletes register by purchasing event cards - \$1.00 per event - \$2.00 per relay

6:30 - Field Events 60 Dash - semis
6:30 - 60 Highs - prelims & semis 60 Highs - final
300 Dash Two Mile Relay
60 Dash - prelims Two Mile Run
600 Run 60 Dash - final
Mile Run Mile Relay

BOYS ONLY NO SPIKES NO DRESSING FACILITIES

MICHIGAN STATE UNIVERSITY

SAME AS UNIVERSITY OF MICHIGAN(SEE ABOVE)

SPRING ARBOR COLLEGE - EVERYONE pays \$1.00 fee at the door

Sat. Meet - Registration begins 7:45 Thur. Meet - Registration begins
8:30 - Field Events 6:30 - Field Events
8:45 - 50 Highs - prelims, semis and final 6:45 - 50 Highs(Same as Sat.)
9:30 - 300 Dash 7:30 - 300 Dash
Mile Run Mile Run
880 Run 880 Run
Two Mile Run Two Mile run
600 Run 600 Run

CO-ED - BOYS EVENTS WILL PRECEDE GIRLS EVENTS - NO SPIKES - NO DRESSING FACILITIES
ALBION COLLEGE - Registration begins 9:00a.m. - EVERYONE pays \$1.00

10:00 - Field Events - NO POLE VAULT - NO BLACK SOLED SHOES ARE TO BE WORN IN THE LONG JUMP & HIGH JUMP

10:00 - 55m Highs - prelims Mile Run
55m Dash - Prelims 300 Dash
55m Highs - semis 55m highs - final
55m Dash - semis 55m Dash - final
600 Run Two Mile Run

CO-ED - BOYS EVENTS WILL PRECEDE GIRLS EVENTS - NO SPIKES - NO DRESSING FACILITIES
HILLSDALE COLLEGE - Registration begins 10:00 a.m. - EVERYONE pays \$2.00

11:00 - Long Jump & Shot Put 300y Dash
High Jump will follow Shot Put 1600 run
11:00 - 55m Highs - prelims & semis 600y Run
55m Dash - prelims & semis 800 Run
55m Highs - final 3200 Run
55m Dash - final 1600 Relay

12:00 - Pole Vault
CO-ED - BOYS EVENTS WILL PRECEDE GIRLS EVENTS - NO SPIKES - NO DRESSING FACILITIES

SAGINAW VALLEY STATE UNIVERSITY - Registration begins 5:00 - EVERYONE pays \$2.00

6:00 - Field Events	300y Dash
6:00 - 3200 Run	600y Dash
3200m Relay	800m Relay
55m Highs	1600m Run
55m Dash	1600m Relay

BOYS ONLY NO SPIKES NO DRESSING FACILITIES  
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CENTRAL MICHIGAN UNIVERSITY - Registration 5:00 - EVERYONE pays \$2.00

Jan. 17 - 6:00 - Field Events(Pole Vault, High Jump, Shot Put)  
6:00 - 60 Highs - Mile - Mile relay

Jan. 31 6:00 - Field events(Long Jump, High Jump, Shot Put)  
6:00 - 60 Highs - Mile - Two Mile - Two Mile Relay - Mile Relay

Feb. 14 - 6:00 - Field Events(Pole Vault, High Jump, Shot Put)  
6:00 - 60 Highs - Mile - Two Mile - Two Mile Relay - Mile Relay

Feb. 28 4:00 - Pole Vault if interested call ahead  
6:00 - Field events(Long Jump, High Jump, shot Put)  
6:00 - 60 Highs - Mile - Two Mile - Two Mile Relay - Mile Relay

CO-ED - BOYS EVENTS WILL PRECEDE GIRLS EVENTS - NO SPIKES - NO DRESSING FACILITIES  
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EASTERN MICHIGAN UNIVERSITY - Athletes register by purchasing event cards -  
\$1.00 per event - \$2.00 per relay - cards must be  
purchased by 8:00 p.m.

5:00 - Field Events(girls precede boys)  
Pole Vault

5:00 - 55m Highs - prelims & semis	55m Dash - final
300y Dash(limited entry - 3 heats)	600y Run(limited entry - 4 heats)
55m Dash - prelims & semis	3200m Relay(1 heat)
3200m Run	1600m Run
55m Highs - final	1600m Relay

NO DOUBLING 55 Dash, 300, 600, - 1600 Run, 3200 Run

CO-ED - GIRLS EVENTS WILL PRECEDE BOYS EVENTS - NO SPIKES - NO DRESSING FACILITIES  
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WESTERN MICHIGAN UNIVERSITY - Registration begins 6:00 - EVERYONE pays \$2.00

7:00 - Field Events

7:00 - 55m Highs - prelims & semis	55m Dash - semis
300 Dash	55m Highs - final
55m dash - prelims & semis	3200 Relay
600 run	3200 Run
1600 Run	55m Dash - final
	1600 Relay

CO-ED - BOYS EVENTS WILL PRECEDE GIRLS EVENTS - NO SPIKES - NO DRESSING FACILITIES  
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MEET DIRECTORS: Central Michigan University - Jim Knapp - CMU  
Eastern Michigan University - Bob Parks - EMU  
Saginaw Valley State University - Jim Nesbitt -SVSU  
Albion college - Dave Egnatuk - Albion College  
Hillsdale College - Bill Lundberg - Hillsdale College  
Western Michigan University - Jim Long - Kal. Cent. High School  
Spring Arbor College - Chuck Janke - Jackson High School  
Michigan State University - Chuck Janke  
University of Michigan - Chuck Janke

INFORMATION PERTAINING TO MITCA INDOOR CHAMPIONSHIP MEET

DATE: Thursday March 14, 1991 - University of Michigan

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TENTATIVE TIME SCHEDULE:

6:45 Field Events	8:35 60 Yard High Hurdles - fin
7:00 60 Yard High Hurdles - prelims & semis	8:40 60 Yard Dash - final
7:35 60 Yard Dash - prelims	8:45 AWARDS
7:45 600 Yard Dash(2 heats)	8:50 Two Mile Relay
7:55 60 Yard Dash - semis	9:00 Two Mile Run
8:05 Mile Run(2 heats)	9:15 AWARDS
8:20 AWARDS	9:20 Mile Relay(2 heats)
8:25 300 Yard Dash(2-3 heats)	9:30 AWARDS

ALL PARTICIPANTS MUST BE FROM MITCA REGISTERED CLUBS

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BASIC CRITERIA FOR QUALIFICATION:

60 Dash & 60 Hurdles - 24 fastest times run in semi-final or final heats at the qualification meets

300 Dash - 18 fastest times from the qualification meets

600 Dash - 12 fastest times from the qualification meets

Mile Run - 18 to 20 fastest times from the qualification meets - 2 heats

Two Mile Run - 10 to 12 fastest times from the qualification meets - 1 heat

Two Mile Relay - 8 to 10 fastest times from the qualification meets

One Mile Relay - 12 fastest times from the qualification meets

Field Events - 8 to 12 best performances from the qualification meets

PLEASE NOTE:

DISTANCE RUNNERS MAY RUN EITHER THE MILE OR TWO MILE - NOT BOTH

SPRINTERS MAY RUN ONLY ONE - 60DASH, OR 300 DASH, OR 600 DASH

ALL RELAY TEAMS MUST WEAR IDENTICAL SHIRTS

ATHLETES MAY WEAR PIN SPIKES FOR THE CHAMPIONSHIP MEET

COMPETITION IN THIS MEET MUST COUNT AS ONE OF THE TWO ALLOWABLE OUTSIDE CONTESTS - MHSAA HANDBOOK, REGULATION 1, SECTION 12

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SELECTION COMMITTEE:

Pole Vault	Don Marsh	313 736 0912
High Jump	Bill Wehrwein	517 475 3772
Long Jump and 600	Martin Crane	313 686 2800
Shot Put	Duane Raffin	313 634 8539
60 and 300	Dave Gordon	313 851 7029
60 Hurdles	Norb Badar	313 238 1478
Mile and Two Mile Runs	Don Sleeman	313 426 5430
Mile and Two Mile Relays	Chuck Janke	517 592 5483

COACHES - PLEASE CONTACT THE SELECTION COMMITTEE IF YOU THINK YOU MAY HAVE AN ATHLETE WHO QUALIFIES

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ADMISSION:      COMPETING ATHLETES - NO CHARGE  
                  ALL OTHERS - \$2.00

AWARDS:           TOP FIVE FINISHERS IN EACH EVENT  
                  OUTSTANDING PERFORMER - FIELD EVENTS  
                  OUTSTANDING PERFORMER - RUNNING EVENTS