High Schools

BOYS TRACK

NOTEBOOK

Cooley sprints to first at meet in Ohio

By Michael Jordan

Detroit Cooley set a meet record in the sprint medley relay and won the Dayton (Ohio) Roosevelt Don Mitchell Invitational on Saturday.

Cooley and Cincinnati Preston each finished with 54 points, but Cooley was awarded first place on a coin toss.

Cooley's sprint medley relay of Marco West, Robert Adams, Raphael Johnson and David Norman ran a meet-record 3:32.0, bettering previous record-holder Dayton Dunbar's time of 3:34.1.

The 1,600-meter relay of West, Adams, Johnson and Norman won in 3:17.0. Last week, the same foursome set the school and meet record at the Central Michigan University Relays, winning in 3:15.9. Cooley is only the third team in Public School League history to run the event in less than 3:16.

"I really think we can win it all

this year," Cooley Coach Gene Ballard said in reference to the Class A state title. Cooley has never won the state championship in boys track.

West's best time in the 200 this season is 21.4, and Adams' best in the 400 is 48.0. Norman placed second in the 800 at Dayton (1:54.2). Norman also ran a 1:51 split for the 800 leg of the sprint medley relay.

Another key performer for Cooley is Lester Reese, who was third in the long jump at Dayton (21-11½).

■ Briefly: Sandusky's Kurt Long dominated the distance races at the Reese (Mich.) Invitational on Saturday. Long won the 800 (2:01), 1,600 (4:26) and 3,200 (9:55). He also was a member of the winning 1,600 relay (3:34). Sandusky finished second with 131 points. Reese, the host school, won the meet with 171. Akron-Fairgrove, which placed third, was one of only two Class D schools at the Reese meet. The school has no seniors on its 23-member squad. Akron-Fairgrove's 1,600 relay of Heath Finn, Tony Parrish, Jeremy Littleton and Bill Dono-

hoe took second at Reese in 3:38.8. Donohoe has season-best times of 24.5 in the 200 and 53.2 in the 400. He also anchors the 800 and 1,600 relays. Akron-Fairgrove is 12-2 and in first place in the North-Central Thumb League.

... Troy dominated the Southeastern Michigan Association's Lutkus Relays on Friday. No team scores were kept, but Troy won six of the 13 events: the discus relay (John Coulter, Ken Graham, Jeff Bauer, Phil Martin), 472-11; shot put relay (Aaron Maestri, Graham, Bauer, Martin), 174-41/4; long jump relay (Joe Holder, Mike Monduss, Travis Lewis, Andy Phelka), 75-51/4; 400 relay (Brian Cole, Jay Phifer, Pat Pinterre. Luke Dewitt), 45.4; 3,200 relay (Jody Palpappian, Aleem Ali, Brian Florence, John Young), 8:18.4; and the 6.400 relay (Vaughn Smith, Matt Caruso, Alex Kopchia, Jeff Colwander), 19:40.6. Troy leads the SMA with a 4-0 league record.

■ Michael Jordan is a free-lance writer.