SCHEDULE (Cooperation of All Coaches and Athletes Desired) Friday, April 16, 1993

1:30 ·Local girls 400-meter Relay & 3200-meter Relay

> Boy's Events ·Pole Vault ·4 x 800-meter Relay ·Triple Jump ·3200-meter Run ·Medley Relay ·(800-200-400-1600 meter) ·4 x 1600-meter Relay

PRELIMINARIES Saturday, April 17, 1993 (Time depends upon number of Heats)

10:00 ·Shot Put, High Jump, Long Jump, Discus 10:00 ·100-meter Dash (north straight away) 10:00 ·300-meter Intermediate Hurdles (semi-finals) ·100-meter Dash (semi-finals) ·200-meter Dash (north straight away) ·110-meter High Hurdles ·200-meter Dash (semi-finals) ·110-meter High Hurdles (semi-finals)

FINALS

April 17, 1993 (Time depends upon number of Heats)

1:30 ·Long Jump, Shot Put, Discus 1:30 ·110-meter High Hurdles ·100-meter Dash ·1600-meter Run ·4 x 100-meter Relay ·400-meter Run ·300-meter Intermediate Hurdles ·800-meter Dash ·Shuttle Hurdle Relay (440-meter Intermediate Hurdles) (High Hurdle distance-36 inch height) ·4 x 400-meter Relay

RESULTS OF 1992 MEET (*New Records) FRIDAY'S RESULTS

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4 X 800-Meter Relay - 1, Solon (Dan Iwan, Jason Baker, Erik Clard, Jeff Hojnacki), 8:03.5; 2, Edwardsburg, Mi., 8:14.3; 3, Marion River Valley, 8:15.9; 4, Painesville Riverside, 8:16.6; 5, Cleveland Heights, 8:17.3; 6, Austintown Fitch, 8:24.5.

*3200-Meter Run - 1, Brian Hesson, Caldwell, 9:16.9; 2, Rod Rerko, Cortland Maplewood, 9:22.7; 3, John Wassenaar, Toronto (On.) St. Michael's, 9:26.4; 4, Bill Crosby, Walled Lake (Mi.) Western, 9:31.1; 5, Nick Larosa, Hamburg (NY) Central, 9:38.2. (Record. Old record of 9:21.7 set by Brian Hesson, Caldwell, in 1991.)

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Medley Relay (800-200-400-1600) - 1, Flint (Mi.) Kearsley (Janairo Brown, Greg Thompson, Ben Norder, Gary Kinnee), 7:40.6; 2, Genoa, 7:42.4; 3, Toledo Whitmer, 7:45.4; 4, Ann Arbor (Mi.) Pioneer, 7:46.8; 5, Cleveland West Tech, 7:47.8; 6, Flint (Mi.) Beecher, 7:56.5.

Triple Jump - 1, Sam Davis, Pickering (On.) Ajax, 44-9 3'4; 2, Brian Davis, Pickering (On.) Ajax, 44-2; 3, Lamar Renshaw, Trotwood Madison, 43-8 1/4; 4, Vince Trudelle, Belle River (On.), 43-2 3/4; 5, Mantrelle Price, Medina, 42-9 1/2; 6, Erick Stanback, Cleveland John Adams, 42-7.

4 x 1600-Meter Relay - 1, Caldwell (Bryan Carna, Jason Vensel, Danny Hayes, Brian Hesson), 18:09.9; 2, Ashland, 18:21.3; 3, Monroe (Mi.), 18:26.1; 4, Sylvania Southview, 18.26.1; 5, Tiffin Columbian, 18:39.5; 6, Traverse City (Mi.), 18:42.1.

Pole Vault - 1, Josh Howie, Traverse City (Mi.) 14-6; 2, Joe Thomas, Traverse City (Mi.), 14-0; 3, Jeff Masternack, Medina, 14-0; 4, Shane Hinton, Tontogany Otsego, 14-0; 5, Jeff Dempsey, Dublin, 13-6; 6, Adam Fusco, Willard, 13-6.

SATURDAY'S RESULTS

110-Meter High Hurdles - 1, Willie Hibler, Cleveland East Tech, 14.4; 2, Leon Jones, Cleveland Heights, 14.5; 3, Mick Wells, North Robinson Colonel Crawford, 14.6; 4, James Spriggs, Hudson Western Reserve, 14.6; 5, Trenton Bullock, Austintown Fitch, 14.7; 6, Khary Burnley, Detroit (Mi.) Cass Tech, 14.7.

100-Meter Dash - 1, Jonathan Burrell, Cleveland John Marshall, 10.66; 2, Matt Thiry, Warren Champion, 10.86; 3, Dajuan Banks, Cleveland East, 11.01; 4, Wendell Faria, Ypsilanti (Mi.), 11.02; 5, Pepe Pearson, Euclid, 11.03; 6, Telly Anthony, Cincinnati Princeton, 11.24.

*1600-Meter Run - 1 Jeff Hojnacki, Solon, 4:15.96; 2, Alan Boos, Tiffin Columbian, 4:19.36; 3 Bill Werner, Genoa, 4:22.79; 4, Rob Bray, Taylor Center (Mi.), 4:25.13; 5, Nick Larosa, Hamburg (NY) Frontier Central, 4:26.41; 6, Jason Baker, Solon, 4:27.13. (Record. Old record of 4:18.48 set by Darrell Hughes, Galloway Westland, in 1990.)

16 SIXTY FIRST ANNUAL RELAYS

4 x 100-Meter Relay - Cleveland John Marshall (Dorian Green, Archie White, Elige Longino, Jonathan Burrell), 42.25; 2, Yellow Springs, 43.46; 3, Detroit (Mi.) Mumford, 43.64; 4, Toronto (On.) Central Tech, 43.86; 5, Cincinnati Princeton, 43.92; 6, Maple Heights, 43.95.

Long Jump - 1, Erick Stanback, Cleveland John Adams, 23-4; 2, Lamarr Renshaw, Trotwood Madison, 21-8; 3, Eddie Russell, Elyria, 21-7 1/2; 4, Shawn Watson, Alliance, 21-3 1/2; 5, Mario Patterson, Adrian (Mi.), 21-1 1/4; 6, Vince Trudelle, Belle River (On.), 20-8.

Discus - 1, Ben Bird, New Richmond, 174-6; 2, Cory Carlson, Lodi Cloverleaf, 169-8; 3, Chad Moreau, Orillia (On.) District CVI, 169-0; 4, Mike Freeman, Warren Howland, 165-9; 5, Ron Rieder, Kettering Fairmont, 162-7; 6, Sean Lehlbach, Westlake, 161-7.

Shot Put - 1, Jon Runyon, Flint (Mi.) Carman-Ainsworth, 58-5; 2, Shawn Alpers, Travers City (Mi.), 56-0 1/2; 3, Ron Rieder, Kettering Fairmont, 54-10 1/2; 4, Chad Moreau Orillia (On.) District CVI, 54-2; 5, Scott Keane, West Carrolton, 52-5 1/2; 6, Ben Bird, New Richmond, 52-1 3/4.

High Jump - 1, Taron Burgess, Flint (Mi.) Beecher, 6-5; 2, Scott Postma, Port Clinton, 6-5; 3, Mario Patterson, Adrian (Mi.), 6-3; 4 (tie) Scott Krieger, Rootstown; Sean Brimacone, Westlake; and Mike Mitin, Caro (Mi.), 6-1.

800-Meter Run - 1, David Norman, Detroit (Mi.) Cooley, 1:54.25; 2, Kevin Christiani, Toronto (On.) Neil McNeil, 1:54.58; 3, Jeff Hojnacki, Solon, 1:54.64; 4, Janairo Brown, Flint (Mi.) Kearsley, 1:57.07; 5, Damion jSamuels, Dayton Colonel White, 1:57.37; 6, Jamie Clark, Columbus Franklin, 1:57.64.

400-Meter Dash - 1 Dorian Green, Cleveland John Marshall, 48.68; 2, Jason Williams, Cincinnati Princeton, 49.29; 3, Leon Pullen, Dayton Meadowdale, 49.51; 4, Clarence Howard, Cleveland John Adams, 50.46; 5, Maurice Dantzler, Flint (Mi.) Northern, 50.50; 6 Ben Norder, Flint (mi.) Kearsley, 50.71.

300-Meter Intermediate Hurdles - 1, Willie Hibler, Cleveland East Tech, 38.48; 2, Leon Jones, Cleveland Heights, 39.04; 3, Trent Bullock, Austintown Fitch, 39.17; 4, Monte Raymond, Scarborough (On.) Birchmont Partk, 39.55; 5, James Spriggs, Hudson Western Reserve, 39.85; 6, Brian Thomas , Troy (Mi.), 40.04.

200-Meter Dash - 1, Doran Green, Cleveland John Marshall, 21.67; 2, Jonathan Burrell, Cleveland John Marshall, 22.0; 3, Matt Thiry, Warren Champion 22.03; 4, Chris Davis, Scarborough (On.) Birchmont Park, 22.24; 5, Damione Williams, Cleveland John Adams, 22.34; 6, Wendell Faria, Ypsilanti (Mi.), 22.35.

Shuttle Hurdle Relay (intermedialte) - 1, Pickering (On.) Ajax (Bryan Kirton, Dion Trowers, Maurice Kondell, Rodcliff Chung), 60.09; 2, Ann Arbor (Mi.) Pioneer, 61.99; 3, Toledo Whitmer, 62.12; 4, Corunna (Mi.), 62.33; 5, Lexington, 63.13; 6, Maple Heights, 63.18.

4 x 400-Meter Relay - 1, Cleveland John Marshall (Keith Golphin, Jonathan Burrell, Elige Longino, Dorian Green), 3:24.49; 2, Scarborough (On.) Birchmont Park, 3:25.18; 3, Flint (Mi.) Beecher, 3:25.28; 4, Detroit (Mi.) Cooley, 3:26.35; 5, Rootstown, 3:26.59; 6, Detroit (Mi.) Mumford, 3:27.03.

SPECIAL REGULATIONS - ATTENTION

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FOLLOW THE SCHEDULE - Starters in every event must be at the bull pen ready to run ten minutes before the event.

Preliminaries - Preliminaries will be conducted in every event EXCEPT the 1600-meter, 4x 800-meter relay, 4 x 100meter relay, 800-meter run, distance medley, shuttle hurdles, 4 x 1600-meter relay and 3200-meter run which will run in sections against time.

Relay Exchange - The 4×100 meter relay will be run in lanes and the team will exchange batons in their respective lanes. In the other relays the California Exchange will be used and the teams will be placed in position according to the position of the incoming runners.

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Pole Vault and High Jump - The starting height in these events will be determined after all entries are received. Please note that the entry standard for the pole vault is 12 ft. 6 in. and the high jump is 6 ft. 1 in. Pole vaulters must be ready to jump within 2 minutes of their name being called and within 1 1/2 minutes in the high jump or be penalized by the forfeiture of one trial at the height.

Rules - Rules set up by the Ohio High School Athletic Association shall apply to all rulings.

Out-of-State Schools must adhere to their regulations where there is differential between the standards set up by the Ohio High School athletic Association.

Restrictions - Boy's Track - A participant may compete a maximum of four (4) track and field events. The four events may be any combination of track and field events, including relays, or maybe four track events or four field events. The foregoing regulation applies to one and two day meets without exception.

Uniform Rule - The track and field uniform consists of a school issued jersey and shorts, which are not objectionable, and shoes, which may be supplied by the contestant. Any other visible apparel must be of a single color and worn under the uniform jersey and shorts. In relay races each team member shall wear the same color and design of school uniform (jersey and trunks). When other apparel is worn under the school uniform, it shall be of the same color for all teammates choosing to wear them.

300 meter Hurdles - Prelims will be run on the south portion of the track and finish at the north end. The finals will start on the north and finish at the common finish line. Hurdle height is 36 inches.

200 meter - Prelims will be run on the straight away at the north end. The finals will be run on the curve with the finish at the common finish line.