

TRACK & FIELD

High school boys O-K Meet of Champions

At Rogers

SHOT PUT - 1. Brett Organek (Grandville) 56-1 1/4 (meet record); 2. Robert Gaines (East Kentwood) 50-0 3/4; 3. Kevin Stone (Wayland) 49-5 1/4.

HIGH JUMP - 1. Jeff Lowe (Zeeland) 6-6; 2. Todd Wiersma (Hudsonville) 6-4; 3. Jeff Waters (Zeeland) 6-4.

LONG JUMP - 1. Ed Barnes (Northview) 21-5 1/2 (meet record); 2. Troy Kimball (Forest Hills Northern) 20-9 1/4; 3. Craig Cuzzio (West Ottawa) 20-9.

POLE VAULT - 1. Ben Robbins (Grand Haven) 14-6 (meet record); 2. Jamie Mauer (Sparta) 14-0; 3. Ty Ashoy (Mona Shores) 13-6.

DISCUS - 1. Brett Organek (Grandville) 189-7 (meet record); 2. Matt Riggs (Forest Hills Central) 151-2; 3. Jeremy Frisch (Grand Haven) 145-0.

3,200 METER RELAY - 1. East Kentwood 8:15.00; 2. South Christian 8:15.68; 3. Sparta 8:23.46.

110 HURDLES - 1. Todd Wiersma (Hudsonville) 14:80; 2. Ed Barnes (Northview) 14:83; 3. Craig Cuzzio (West Ottawa) 15:08.

100 - 1. Brad Fields (East Kentwood) 10:83; 2. Mike Burt (East Kentwood) 11:08; 3. Shawn Smith (Lowell) 11:10.

800 RELAY - 1. East Kentwood 1:31.66; 2. Forest Hills Central 1:32.78; 3. Coopersville 1:33.15.

1800 - 1. Jeremy Hurley (Wyoming Park) 4:33.07; 2. Derek Vrugink (Hudsonville) 4:34.61; 3. Rob Sutherland (West Ottawa) 4:34.81.

400 RELAY - 1. East Kentwood 44:22; 2. West Ottawa 44:69; 3. Forest Hills Central 44:91.

400 - 1. Jeff Faber (Holland) 51:03; 2. Brett Bunker (Sparta) 51:33; 3. John Saboo (Lowell) 51:85.

300 HURDLES - 1. Ed Barnes (Northview) 39:30 (meet record); 2. Todd Wiersma (Hudsonville) 39:52; 3. Jason Austin (East Kentwood) 40:36.

800 - 1. Bill Quick (Coopersville) 1:58.85; 2. Vince Hut (South Christian) 1:58.96; 3. Darrin Tokic (Wyoming Park) 1:59.94.

200 - 1. Brad Fields (East Kentwood) 22:07; 2. Jason Williams (East Grand Rapids) 22:67; 3. Danna Shumper (Coopersville) 23:07.

3,200 - 1. Oust (Cedar Springs) 9:42.49 (meet record); 2. Robert Hyde (Goshw Higgins) 9:48.35; 3. Peter Parbel (Caledonia) 10:00.91.

1,600 RELAY - 1. Hudsonville 3:30.27; 2. South Christian 3:31.75; 3. Lowell 3:32.36.

High school girls O-K Meet of Champions

At Rogers

SHOT PUT - 1. Sade Trudeau (Grandville) 39-2 1/4 (meet record); 2. Dalynne Sapp (Hudsonville) 36-11 1/4; 3. Becki Baldus (Grand Haven) 35-4 1/2.

LONG JUMP - 1. Cara Plog (Middleville) 16-4 1/2; 2. Ange York (Grandville) 15-8; 3. Amy Molenaar (Hamilton) 15-7.

HIGH JUMP - 1. Alicia Bernier (West Ottawa) 5-6 (meet record); 2. Katherine Varda (Forest Hills Central) 5-4; 3. Val Stark (South Christian); Jennifer Collins (Byron Center) 5-2.

DISCUS - 1. Ann Zystra (Calvin Christian) 125-5 (meet record); 2. Kristin Heeringa (Calvin Christian) 118-1; 3. Becki Baldus (Grand Haven) 117-11.

3,200 METER RELAY - 1. Hudsonville 9:47.16 (meet record); 2. South Christian 9:51.77; 3. Plover 9:57.52.

100 HURDLES - 1. Alicia Bernier (West Ottawa) 14:23 (meet record); 2. Ange York (Grandville) 15:35; 3. Val Stark (South Christian) 18:02.

100 - 1. Renee Pardon (Comstock Park) 12:55 (meet record); 2. Rachel Meyer (Kenowa Hills) 12:72; 3. Angela Schae (Holland) 12:80.

800 RELAY - 1. West Ottawa 1:47.17 (meet record); 2. Grandville 1:49.71; 3. Middleville 1:50.15.

1800 - 1. Molly Lor (East Kentwood) 5:04.43; 2. Betsy Haverkamp (South Christian) 5:10.50; 3. Erin Keeran (Plover) 5:21.19.

400 RELAY - 1. Holland 51:31; 2. West Ottawa 51:47; 3. Kenowa Hills 51:90.

400 - 1. Heather Gowan (Lowell) 59:39 (meet record); 2. Sue Box (Wyoming Park) 1:00.23; 3. Kim Russell (East Kentwood) 1:00.62.

300 HURDLES - 1. Alicia Bernier (West Ottawa) 44:57 (meet record); 2. Missy Hys (Grandville) 46:32; 3. Nora Phillips (Coopersville) 46:38.

800 - 1. Alicia Bizzon (Middleville) 2:20.39 (meet record); 2. Molly Lor (East Kentwood) 2:20.72; 3. Rebecca Tractschel (West Ottawa) 2:22.31.

200 - 1. Heather McCann (West Ottawa) 25:07; 2. Angela Schae (Holland) 25:25; 3. Rachel Meyer (Kenowa Hills) 25:33.

3000 - 1. Betsy Haverkamp (South Christian) 11:19.73; 2. Betsy Dymouse (South Christian) 11:50.83; 3. Diane Green (Plover) 11:54.25.

1,600 RELAY - 1. Grandville 4:10.47; 2. East Kentwood 4:11.11; 3. Wayland 4:11:57.

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