

TRACK & FIELD

High school boys John Bos Meet

At Forest Hills Northern

DISCUS - Shawn Alpers (Traverse City) 169-7; Mike VanderBeeke (Hudsonville) 147-9; Matt Riggs (FH Central) 141-8

SHOT PUT - Shawn Alpers (Traverse City) 56-1 1/2; Eric Start (Christian) 52-8; Robert Gaines (Kentwood)

LONG JUMP - Troy Kumble (FH Northern) 22-3/4; Ed Barnes (Northnew) 21-10; Ray Chapin (Kentwood) 21-8

HIGH JUMP - Scott VanderWeil (Christian) 6-4; Rod Sharp (Traverse City) 6-4; Jeff Gregory (Traverse City) 6-4

POLE VAULT - Joe Thomas (Traverse City) 15-0; (tie) Bob Bailey (Chippewa Hills) 14-6; Josh Howe (Traverse City) 14-6

3200 METER RELAY - Traverse City 8:03.1; Christian 8:09.9; South Christian 8:16.1

100 - Nolan Moore (Christian) 10:67; Brad Fields (Kentwood) 10:67; S. Smith (Lowell) 11:13

110 HURDLES - Rob Sharp (Traverse City) 14:40; Todd Wiersma (Hudsonville) 14:51; Ed Barnes (Northnew) 14:84

800 RELAY - Rockford 1:31.2; Union 1:31.5; Kentwood 1:32.2

1600 - Andy Hayes (Traverse City) 4:26.8; Neil Murphy (Holland) 4:29.1; Rob Sutherland (West Ottawa) 4:30.7

400 RELAY - East Kentwood 43.9; West Ottawa 44.1; Union 44.2

400 - Jim MacLean (Mt. Pleasant) 50.5; Ryan Meyers (Ottawa Hills) 51.5; Steve Davis (Rockford) 51.2

300 HURDLES - Craig Komoelje (Christian) 39:34; Steve Crooks (Belding) 40:00; Todd Westmass (Jenison) 40:60

800 - Dan Reed (Kentwood) 1:57.64; Vince Hutz (South Christian) 1:57.83; Rob Sutherland (West Ottawa) 1:59.61

200 - Nolan Moore (Christian) 21.63; Jared Vogler (Rockford) 22.31; Jason Williams (East Grand Rapids) 22.69

3200 - Robert Hyde (Godwin Heights) 9:41.6; Paul Low (Mt. Pleasant) 9:48.8; Jeff Parsons (Northnew) 9:47.0

1600 RELAY - Traverse City 3:26.5; South Christian 3:26.8; West Ottawa 3:27.6

John Bos Meet

High school girls

At Forest Hills Northern

HIGH JUMP - Paula Krinen (Catholic Central) 5-2; Tammie Zaagman (Christian) 5-2; Alicia Bernier (West Ottawa) 5-2

SHOT PUT - Sadie Trudeau (Grandville) 39-6 1/2; Ten Spaman (Rockford) 37-4 1/2; Sarah Cowenhoven (Christian) 36-7

DISCUS - Ann Zylstra (Calvin Christian) 131-5; Liz Mast (Caledonia) 119-0; Kristin Heeringa (Calvin Christian) 116-6

LONG JUMP - Robyn Eley (Traverse City); Carla Ploeg (Middleville); Amanda Wolf (Godwin Heights)

3200 RELAY - East Kentwood 9:44.05; South Christian 9:47.05; Hudsonville 9:48.01

100 HURDLES - Alicia Bernier (West Ottawa) 14.93; Angie York (Grandville) 15.42; Amber Visser (Rockford) 15.85

100 - Renee Pardon (Comstock Park) 12.47; Rachel Meyer (Kenowa Hills) 12.81; Latura Wallace (Ottawa Hills) 12.82

800 RELAY - West Ottawa 1:47.2; Ottawa Hills 1:47.4; East Kentwood 1:48.4

1600 - Molly Lon (East Kentwood) 5:13.2; Jodee Cuson (Christian) 5:24.2; Beth Hoezee (Hudsonville) 5:27

400 RELAY - Holland 50.7; Ottawa Hills 50.9; Creston 51.02

400 - Kim Russell (East Kentwood) 59.5; Sue Blok (Wyoming Park) 1:00.1; Shanda Kodde (Wayland) 1:00.3

300 HURDLES - Alicia Bernier (West Ottawa) 45.08; Jennifer Rotschäfer (Christian) 45.57; Missey Hills (Grandville) 46.52

800 - Alicia Batson (Middleville) 2:21.87; Sarah Koochle (Middleville) 2:22.18; Rebecca Traschel (West Ottawa) 2:22.57

200 - Renee Pardon (Comstock Park) 25.61; Robyn Eley (Traverse City) 25.91; Latura Wallace (Ottawa Hills) 25.91

3200 - Molly Lon (East Kentwood) 10:44.1; Betsy Haverkamp (South Christian) 10:53.1; Jenny Lalonde (Catholic Central) 11:23

1600 RELAY - East Kentwood 4:07.3; Wayland 4:00.08; Mt. Pleasant 4:09.5

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