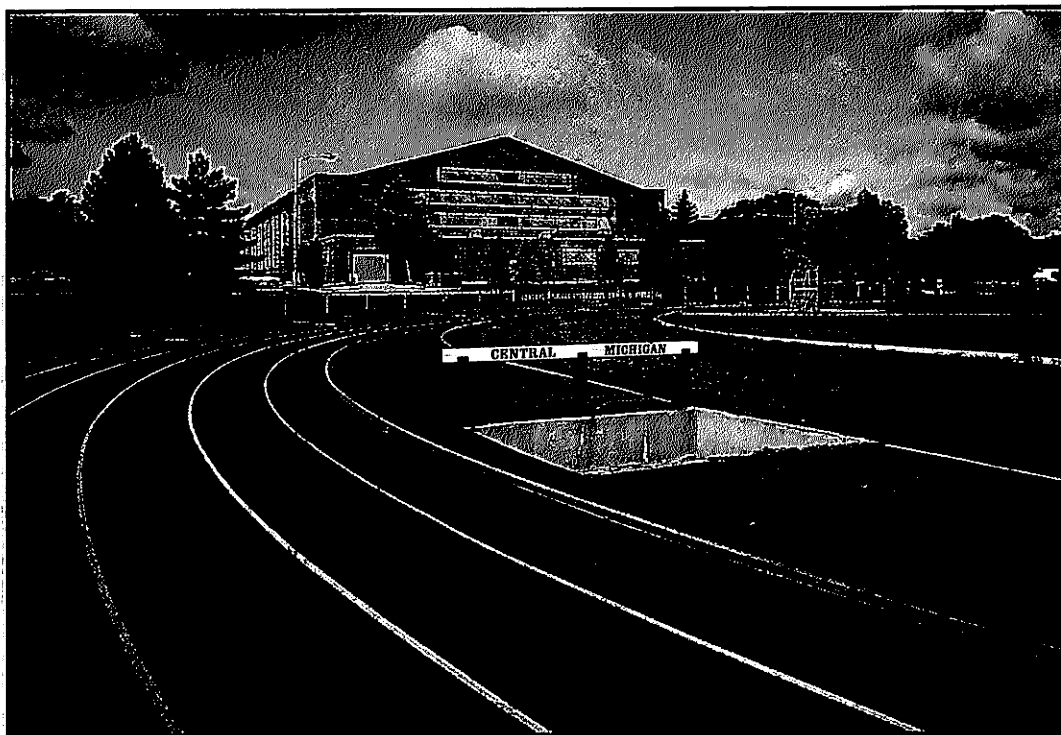




# 53rd Annual Lyle Bennett Relays



**Bennett Track Mt. Pleasant, MI**

**April 23-24, 1993**



**Boys and Girls  
Classes A & C  
9:00 a.m.  
Friday, April 23**

**Boys and Girls  
Classes B & D  
9:00 a.m.  
Saturday, April 24**



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# 53rd Annual CMU Lyle Bennett Relays

## Schedule of Events

### Friday, April 23 Classes A & C

### Saturday, April 24 Classes B & D

C and A	9 a.m.	Pole vault	D and B
C and A	9 a.m.	Long jump (girls) (followed by boys)	D and B
C and A	9 a.m.	High jump (boys) (followed by girls)	D and B
C and A	9 a.m.	Shot put (girls) (followed by boys)	D and B
C and A	9 a.m.	Discus (boys) (followed by girls)	D and B
C then A	9 a.m.	3200-meter run	D then B
C then A		110-meter high hurdles (boys)	D then B
C then A		100-meter hurdles (girls)	D then B
C then A		Distance medley relay	D then B
C then A		Sprint medley relay	D then B
		—Lunch—	
	1:15 p.m.	Honor presentations	
C then A	1:25 p.m.	High hurdles finals Dr. Al Thomas	D then B
C then A		100-meter finals	D then B
C then A		1600-meter run	D then B
C then A		4 x 100-meter relay	D then B
C then A		4 x 800-meter relay	D then B
C then A		4 x 400-meter relay	D then B
		Freshman 4 x 400 relay exhibition	
		Team trophy presentation	

Scoring				
Relay		Individual		
Place	Points	Place	Points	
1	14	1	10	
2	12	2	8	
3	10	3	6	
4	8	4	5	
5	6	5	4	
6	5	6	3	
7	3	7	2	
8	2	8	1	

Table of Contents	
Schedule of Events .....	1
Relays Officials .....	2
Welcome .....	3
1992 Results .....	4-7
CMU and You Day .....	8
Bennett Relays Information .....	9
Bennett Relays History .....	10-11
Honor Coaches and Teams .....	12-14
List of Past Winners .....	15
Events and Records .....	16-17
CMU Track Outlook .....	20-21
Michigan Special Olympics .....	22
CMU Admissions Information .....	23
Sports Medicine .....	24
Physical Education and Sport .....	25
CMU Stars Who Made It Big .....	26
Maps of Bennett Track, Campus and Mount Pleasant .....	28-29
Miscellaneous Records .....	30-31
CMU Sports Camps .....	32

Future Relays Dates
<b>1994—April 29 &amp; 30</b> Fri., Classes B & D; Sat., A & C
<b>1995—April 28 &amp; 29</b> Fri., Classes A & C; Sat., B & D

# The People Who Make It Happen

## OFFICIALS

Meet Director .....	Craig Fuller
Assistant Director .....	Brad Fairchild
Referee .....	Geraldine Jackson
Course Clerk .....	Jed Hopfensperger
Assistant Clerks .....	Andy Shalley Greg Parker
Starters .....	Jim MacLean Eldon Dean Jill Baker
Head Timer .....	Jeff Hartnagle
Head Finish Judge .....	Joe Watters
Assistant Finish Judge .....	Mindy Hawley
Head Field Judge .....	Mark Drumheller
Discus .....	Kevin McGraw
Shot Put .....	Ron Finch Nana Kwabi Connie Claus
High Jump .....	Ben Ludka Rachelle Pline
Long Jump .....	Matt Burton Cara Baker
Pole Vault .....	Chad Cutshall Andy Bryant
Chief Inspector .....	Jeff Gonn
Exchange Judges, Hurdle Crew and Timers & Judges .....	CMU Students & Staff
Scoring .....	David Halls Brad Fairchild Dan Hamilton
Head Trainer .....	Dan Whitted ATC
Announcers .....	Ted Rockett Brian Vier
Photographers .....	Robert Barclay Peggy Brisbane Scott Eagle Alan Nyiri
Secretary/Results .....	Paula Erskin
Awards .....	Kelly McDevitt
Program .....	David Halls
Advertising .....	Damon Powell
Printer .....	Pleasant Graphics

## STARTERS

The trio of starters, **Jim MacLean**, **Eldon Dean** and **Jill Baker**, bring plenty of experience to the track. MacLean has worked as assistant starter with long-time Relays official Al Thomas. Dean has been assistant starter with "the grand old man of Michigan high school track" himself, Kermit Ambrose. Baker is an experienced starter from Cedar Springs who has worked extensively in the Grand Rapids area.



Craig Fuller

Meet Director **Craig Fuller** can't seem to get away from the Bennett Relays. In 1974 he won the mile run at the Relays for Class B Mt. Pleasant. In 1981-82 he coached Mt. Pleasant Sacred Heart Academy to third and second place finishes in Class D. From 1983-85 Fuller was meet director, and now he's back for his sixth year, his third in a row. He is currently the Chipewas' assistant coach.



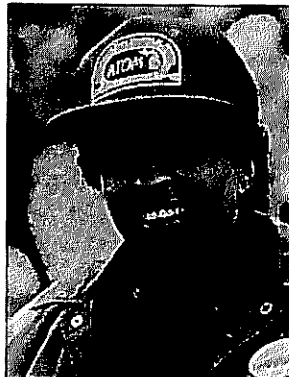
Brad Fairchild

**Brad Fairchild** will help organize the Relays as assistant director. Fairchild is a 1990 graduate of Ferris State University and joined the CMU women's track program as an assistant coach working with weight events, fall conditioning and meet management. He is also pursuing a master's degree in sports administration.



Jed Hopfensperger

**Jed Hopfensperger** has been associated with the Bennett Relays since he was a student at CMU in the late 1970s. He will serve again as course clerk. He has also filled a number of other positions in past years. Hopfensperger, currently of Midland, qualified for the Olympic trials in 1984 in three events—the 5,000- and 10,000-meter runs and the marathon.



Geraldine Jackson

**Geraldine Jackson** is the meet referee for the third consecutive year. Jackson is the coordinator of athletics for the Detroit Recreation Department. She has been a sports official for 33 years and has refereed track and field extensively throughout the state, including State meets and Detroit Public Schools championships. Jackson is a member of the Association of Track Officials of Michigan.

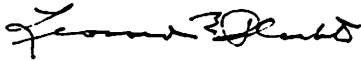
# Welcome to Central Michigan University and the 1993 Lyle Bennett Relays

Dear Student Athlete,

Welcome to the 53rd annual Central Michigan University Lyle Bennett Relays track meet. It gives me great pleasure to welcome you to this outstanding event.

This two-day track meet is an excellent opportunity for you to test your skills against some of the best competition in the state. It will give you an indicator early in the season of some goals you may wish to set for yourself for personal growth and team enhancement. It may also provide some victories and defeats. What it most certainly will do is make you glad you came and participated, and you can triumph in knowing that you did your best.

Sincerely,



Leonard E. Plachta  
President

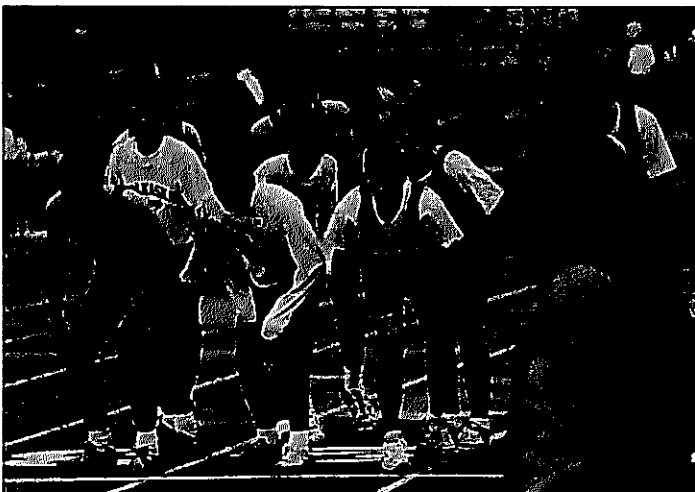


Leonard Plachta

## Coaches Make Bennett Relays Bigger and Better

Central Michigan University and Central Michigan track and field are proud to sponsor the 53rd Annual Lyle Bennett Relays. Last year's meet attracted a record number of 215 teams to Mt. Pleasant.

We believe that the meet's structure now makes it one of the best run meets of its size in the country. We are still continuously striving to improve the meet for the participants. Communication from the coaches has



been the number one factor in the improvement of this meet. Please let us know what you think. Fill out and return the questionnaire enclosed in your Coach's packet.

High school coaches and athletes know the great effort and work that go into hosting a home track meet. This is where our Central Michigan students and staff play such an important role. The vast majority of those helping out with the relays are volunteers. To that group of track fans, we extend a warm Chippewa thank you.

Please remember to mark us on your calendars in the coming years. Only teams attending the meet in the last three years will be sent meet information in the future. The Relays are always held the last full weekend in April each year.

Good luck,  
Craig Fuller  
Meet Director

**Dates for 1994 Relays April 29 & 30  
Friday, Classes B & D Saturday, Classes A & C**

# 1992 Team Standings Class A

## GIRLS CLASS A

Place	School	Score
1.	Greenville	108
2.	Mt. Pleasant	78
3.	Sarnia St. Pats, Ontario	37
4.	Owosso	35
(tie) 5.	Assumption, Ontario	34
5.	Toledo Scott, Ohio	34
(tie) 7.	Detroit ML King	30
7.	Muskegon Reeths-Puffer	30
(tie) 9.	Lansing Sexton	28
9.	Marian	28
9.	Muskegon Mona Shores	28
12.	Cameron Heights, Ontario	23
13.	Cadillac	22
14.	Detroit Northern	20
15.	North Albion, Ontario	19
16.	West Bloomfield	18
(tie) 17.	Detroit Cooley	10
17.	Flint Northwestern	10
19.	Detroit Henry Ford	8
20.	Holly	6
21.	Elmira District, Ontario	3
	Detroit Southeastern	
	Flint Central	
	Grand River, Ontario	
	Lansing Everett	
	Marquette	



**Champion Girls Class A Greenville**

Greenville's superiority in the relays and Mt. Pleasant's depth separated them from the Girls Class A field. Leslee Lake led Greenville to its first Bennett Relays Championship with wins in the 100-M Dash, Sprint Medley Relay and 1600-M Relay. Mt. Pleasant, the home crowd's favorite, placed 3 athletes each in the 100-M Hurdles and High Jump, but couldn't catch Greenville. Sarnia St. Patricks, one of 8 teams from Ontario and Ohio to enter the Girls Class A Relays, finished third.

## BOYS CLASS A

Place	School	Score
1.	Flint Kearsley	114
2.	Lansing Sexton	87
3.	Ann Arbor Huron	56
4.	Cadillac	55
5.	Detroit Mumford	51
6.	Cameron Heights, Ontario	43
7.	Saginaw	39
(tie) 8.	Flint Northwestern	33
8.	Muskegon Mona Shores	33
10.	Greenville	24
11.	Assumption, Ontario	23
12.	Midland Dow	18
13.	Owosso	17
14.	Muskegon Reeths-Puffer	16
(tie) 15.	Holly	13
15.	Sarnia St. Pat's, Ontario	13
17.	Bluevale, Ontario	10
18.	West Bloomfield	6
	Cheboygan	
	Detroit Cooley	
	Detroit Henry Ford	
	Detroit Southeastern	
	North Albion, Ontario	



**Champion Boys Class A Flint Kearsley**

Distance runner Gary Kinnee paced Flint Kearsley to its first ever title over 10 time champion Lansing Sexton, ending Sexton's two year winning streak. Ann Arbor Huron edged Cadillac 56 - 55 for third place. Kinnee won the 3200-M Run, The 1600-M Run, and led Kearsley to a win in the Distance Medley Relay. Detroit Mumford showed up with a squad of sprinters, snatching the 400-M Relay and Sprint Medley Relay, but Sean McKillop of Bluevale (an Ontario school) won the competitive 100-M Dash.

# 1992 Team Standings Class B

## GIRLS CLASS B

Place	School	Score
1.	Hillsdale	81
2.	Flint Beecher	67 <sup>6/7</sup>
3.	Corunna	56 <sup>6/7</sup>
4.	Petoskey	48
5.	Sault Ste. Marie	42
6.	Gaylord	39 <sup>6/7</sup>
7.	Ludington	33 <sup>6/7</sup>
8.	Cheboygan	32
9.	Fowlerville	30
10.	Portland	25
11.	Muskegon Orchard View	22
12.	Grand Rapids Kenowa Hills	21
13.	Dearborn Heights Robichaud	20
14.	Houghton Lake	18 <sup>1/2</sup>
15.	Vassar	15 <sup>6/7</sup>
16.	Kalkaska	12
(tie) 17.	Fenton	10
17.	Mt. Morris	10
19.	East Grand Rapids	9
20.	South Haven	6
21.	Durand	4
22.	Chippewa Hills	2 <sup>1/2</sup>
23.	Linden	2
24.	Midland Bullock Creek	1
(tie) 25.	Birch Run	<sup>6/7</sup>
25.	Ovid-Elsie	<sup>6/7</sup>



**Champion Girls Class B Hillsdale**

Hillsdale won only one event but took 4 second places while topping a competitive field in Girls Class B. Hillsdale did well in both sprints and distances, and beat Flint Beecher in the 400-M Relay by 1/100th of a second. The high jump was an officials' nightmare, as 7 jumpers reached 4-6 with identical misses, forcing a 7-way tie for sixth place and the awarding of <sup>6/7</sup> of a point to each team involved. Beecher ended up second, followed by Corunna and 1991 Champion Petoskey in fourth.

## BOYS CLASS B

Place	School	Score
1.	Flint Beecher	120
2.	Chippewa Hills	80
3.	Linden	71
4.	Sault Ste. Marie	57
5.	Corunna	53
6.	Midland Bullock Creek	34
7.	South Haven	29
8.	East Grand Rapids	26
9.	Muskegon Orchard View	19
10.	Fenton	18
11.	Ovid-Elsie	17
12.	Ludington	16
13.	Dearborn Heights Robichaud	15
14.	Grand Rapids Kenowa Hills	14
(tie) 15.	Birch Run	12
15.	Gaylord	12
17.	Houghton Lake	11
18.	Petoskey	10
19.	Durand	9
(tie) 20.	Hillsdale	8
20.	Harrison	8
22.	Armada	5
23.	Portland	4
24.	Cheboygan	3
	Hillsdale	
	Kalkaska	
	Mt. Morris	



**Champion Boys Class B Flint Beecher**

Flint Beecher won for the 13th time since 1977 as Beecher Track dominated the Boys Class B Field for the second year in a row. Beecher won 5 events, including 3 relays, en route to the victory. Midland Bullock Creek finished 6th, winning the 400-M Relay by edging Beecher in 45.08 to 45.09 seconds. Success in the field events helped Chippewa Hills to second place, its strongest showing ever at the Bennett Relays, with Linden finishing third. Bob Bailey and Marty Howard placed 1-2 in the Pole Vault, and Kevin Ray won the Shot Put and placed second in the Discus for Chippewa Hills.



# 1992 Team Standings Class C

## GIRLS CLASS C

Place	School	Score
1.	Maple Valley	147
2.	Lake City	69
3.	Clare	51
4.	Montague	48
5.	Coleman	40
6.	Hart	38
7.	Kingsley	36
(tie) 8.	Charlevoix	30
8.	New Haven	30
10.	Riverview Gabriel Richard	26
11.	Ewart	23
12.	Byron	22
13.	Shelby	20
14.	Pine River	12
(tie) 15.	Comstock Park	8
15.	Harbor Springs	8
17.	Benzie Central	4
	Boyne City	
	East Jordan	
	Pine River	
	Rudyard	



**Champion Girls Class C Maple Valley**

Maple Valley won 8 of 13 events and coasted to a 147-69 victory over second place Lake City. Charlevoix and Coleman won the only relay events Maple Valley didn't claim. Mindy Shoup won the 1600-M Run, Janet Bouldrey won the Long Jump, and each was on two of Maple Valley's winning relay teams. Stacy Robinson won the 100-M Dash and helped Clare to a third place showing. Maple Valley was the only girls team that managed to repeat as champions in 1992, making it two in a row.

## BOYS CLASS C

Place	School	Score
1.	Clare	103
2.	Charlevoix	86
3.	Lake City	63
4.	Ewart	55
5.	Hart	45
6.	Byron Area	38
7.	Boyne City	36
8.	Benzie Central	28
9.	Detroit Country Day	25
10.	Coleman	24
(tie) 11.	Royal Oak Shrine	20
11.	Maple Valley	20
13.	Riverview Gabriel Richard	17
(tie) 14.	Kingsley	16
14.	New Haven	16
14.	St. Ignace	16
17.	Montague	14
18.	Southfield Christian	13
19.	Rudyard	9
20.	Pine River	4
21.	Comstock	3
	East Grand Rapids	
	East Jordan	
	Shelby	



**Champion Boys Class C Clare**

Clare won the Boys Class C title for the third time in the last five years despite 5 first places by Charlevoix, beating Charlevoix 105 to 86. Matt Smith, the Class C Outstanding Athlete of the meet, led Charlevoix with a win in the 1600-M Run and helped on two of his team's 4 relay victories. But Clare's depth and multiple point scoring in individual events overcame Charlevoix's superior relay speed. Lake City finished third on the strength of Stacey Minthorn's 3200-M Run victory and strong finishes in the distance relays. Nine different teams won events in a balanced field, with 21 teams scoring points.



# 1992 Team Standings Class D

## GIRLS CLASS D

Place	School	Score
(tie) 1.	Fowler	80
1.	Glen Lake	80
3.	Bath	52
4.	Pickford	51
5.	Akron-Fairgrove	49
6.	North Muskegon	42
7.	Portland St. Patrick	33 <sup>1</sup> / <sub>2</sub>
8.	Posen	33
9.	Central Lake	32
(tie) 10.	Fairview	26 <sup>1</sup> / <sub>2</sub>
10.	Hale	26 <sup>1</sup> / <sub>2</sub>
(tie) 12.	Cedarville	25
12.	Walkerville	25
14.	Detroit Lutheran West	14
15.	Battle Creek St. Philip	12
(tie) 16.	Johannesburg-Lewiston	7
16.	Webberville	7
16.	Wyoming Lee	7
19.	Mt. Pleasant Sacred Heart	5
20.	Mio AuSable	3 <sup>1</sup> / <sub>2</sub>
21.	Brimley	1
22.	Augres-Sims	
	Beal City	
	Bellaire	
	Gaylord St. Mary's	
	Plymouth Christian	
	Pontiac Oakland Catholic	



**Champion Girls Class D Fowler and Glen Lake (on page 9)**

Maple City Glen Lake took 5 firsts to Fowler's one first place, but Glen Lake needed a win, and got it, in the final 1600-M Relay to catch Fowler for a tie in Girls Class D. It was only the 6th tie in Bennett Relays history, and the first ever for a girls championship trophy. Fowler's depth showed in the 100-M Dash and Long Jump, with 4 individuals placing. Bath's distance runners helped Bath to edge the pack for 3rd place. Glen Lake's Marnie Peplinski broke the Long Jump record, the only record set during the two days of cold, windy, wet weather.

## BOYS CLASS D

Place	School	Score
1.	Detroit Lutheran West	85
2.	Webberville	74
3.	Fowler	66
(tie) 4.	Akron-Fairgrove	56
4.	Onokama	56
6.	Bellaire	38
7.	Portland St. Patrick	33
8.	Mio AuSable	29 <sup>1</sup> / <sub>2</sub>
(tie) 9.	Pickford	24
9.	Walkerville	24
11.	Glen Lake	21
12.	Fairview	18
13.	Battle Creek St. Philip	16 <sup>1</sup> / <sub>2</sub>
(tie) 14.	Mt. Pleasant Sacred Heart	16
14.	Wyoming Lee	16
16.	Free Soil	15
17.	Central Lake	13
(tie) 18.	Posen	10
18.	Peck	10
20.	Hale	7
(tie) 21.	Pontiac Oakland Catholic	5
21.	Beal City	5
23.	Burt Township Grand Marais	4
(tie) 24.	Brimley	3
24.	Flint Holy Rosary	3
24.	Cedarville	3
27.	Augres-Sims	0
	Gaylord St. Mary's	
	Johannesburg-Lewiston	
	Maple Valley	
	Plymouth Christian	
	Rudyard	



**Champion Boys Class D Detroit Lutheran West (1991 Squad)**

Detroit Lutheran West won its 4th straight Boys Class D Crown, but it was perhaps its hardest fought title as 26 teams reached the scoreboard. Webberville edged out Lutheran West in the 1600-M Relay by a split second, but lost the overall trophy, 85-74. Fowler finished third and Akron-Fairgrove and Onokama tied for fourth, with Onokama winning two distance relays, The Medley and the 3200-Meter. Lutheran West rode to victory in the sprints, led by firsts in the Sprint Medley Relay, the 400-M Relay, and Reggie Dalton's 100-M Dash triumph. Three Webberville pole vaulters finished in the top 8, including Brandon McCarty in the top spot.

*The Best of Both Worlds*

# *CMU & You Day*

*Saturday, October 2, 1993*

*CMU & You Day* is open to all college-bound high school students and community college transfer students. Visitors will spend the entire day learning more about CMU's distinctive difference--from quality of academic programs to the many opportunities to prepare for career success.

Don't miss your opportunity to meet with faculty, students and staff, tour Central's beautiful campus, learn more about financing your education, and to meet with academic and admissions advisers who will explain how you can be a part of Central and its traditions.

## *Agenda*

*Saturday, October 2, 1993*

9:00 a.m. - noon

- \* Meet with CMU faculty, staff and students.
- \* Take a special guided tour of campus.
- \* Pick up free football tickets at the IET Building by noon. Tickets are available for other guests at a reduced rate.
- \* Admissions counselors and CMU students will answer questions about the university and discuss the admissions process and financial aid opportunities.

1-4 p.m.  
Kelly/Shorts Stadium

- \* See Central play Ball State University in a Mid-American Conference matchup.

**For more information, contact:**

**Admissions Office  
Central Michigan University  
Warriner Hall 105  
Mount Pleasant, Michigan 48859  
Telephone (517) 774-3076**

# 1993 Relays Information

This meet has the approval of the State High School Athletic Association and the National Federation for Michigan, Ohio and Ontario Athletics.

## Eligibility

Only athletes eligible for high school athletics under the Michigan High School Athletics Association rules are eligible to compete.

## Awards

Trophies will be awarded to team class champions and runners-up. Winning relay teams will receive trophies and all athletes running on the top five relay teams will be awarded medals. The first five places in individual events will receive medals. Outstanding meet performers in each class will receive awards. Honor coaches will receive awards at 1:15 on the track.

## Dashes

The hurdles and 100-meter dash prelims will be conducted at the same time on opposite straight-aways of the track.

## High Jump

### Girls

- A—4'7"
- B—4'6"
- C—4'5"
- D—4'3"

### Boys

- A—5'8"
- B—5'7"
- C—5'6"
- D—5'5"

Three inch raise first time, two inch raise until five or fewer athletes remain, then one inch raise.

## Long Jump

Jumps less than 16' for boys and 12' for girls will not be measured. Three jumps in prelims, best nine qualify for finals.

## Future Relays Dates

1994—April 29 & 30

Fri., Classes B & D; Sat., A & C

1995—April 28 & 29

Fri., Classes A & C; Sat., B & D

**Coaches**—changes come through your input at the relays. Please fill out and return the questionnaire after the meet.



TOWARD CENTURY II  
CENTRAL MICHIGAN UNIVERSITY  
1892-1992

## Scoring

Relay		Individual	
Place	Points	Place	Points
1	14	1	10
2	12	2	8
3	10	3	6
4	8	4	5
5	6	5	4
6	5	6	3
7	3	7	2
8	2	8	1

## Sprint Medley Relay

400-200-200-800 (run in that order)

## Distance Medley Relay

1200-400-800-1600

## Pole Vault

### Boys

- A—11'6"
- B—11'
- C—10'6"
- D—10'

Six inch raise until five or fewer athletes remain, then four inch raise.

## Discus

Throws less than 110' for boys and 75' for girls will not be measured. Three throws in prelims, best nine qualify for finals.

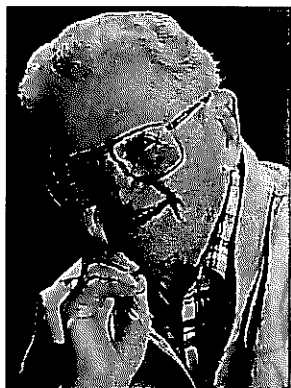
## Shot Put

Throws less than 40' for boys and 25' for girls will not be measured. Three puts in prelims, best nine qualify for finals.



Class D Co-Champion Glen Lake

# Names Help Tell a Story



Lyle Bennett

**Bennett Track. Finch Fieldhouse. Dan Rose Arena.** The names on the Central Michigan University campus, like the names of the residence halls and academic buildings, offer a glimpse into the history of the campus and the school. Lyle Bennett, Ron Finch and Dan Rose all worked at the early Central Michigan Relays, or Chippewa Relays, when the high school track meet was in its infancy. They gave it a start, developed and improved the meet until the Relays was the largest high school track meet in the

country. Others contributed as well: Al Thomas, Kermit Ambrose, Bill Podoll . . . the list could continue.

The CMU Relays was named after Lyle Bennett in recognition of his long association with the meet, devotion to track and field, and contributions to Central Michigan University as a teacher and coach. The track was resurfaced and improved and renamed Bennett Track in 1987. Bennett coached track for 24 years, winning 11 conference titles. He was a three sport letter winner from 1925-27 in baseball, football and track. Bennett later coached football at CMU from 1947-49, taking over from

Ron Finch, who coached for 10 years. Bennett was inducted into the National Track Coaches Association Hall of Fame in 1961.



Bennett coached CMU great Jim Podoley in the 1950s. Podoley went on to star in the NFL.

## Bennett Relays History

The first CMU High School Relays track meet was run in 1938 with homemade wooden hurdles put together by a shop class, 38 teams and just a handful of events. In the next twenty years the Relays grew to be the largest high school track meet in the nation.

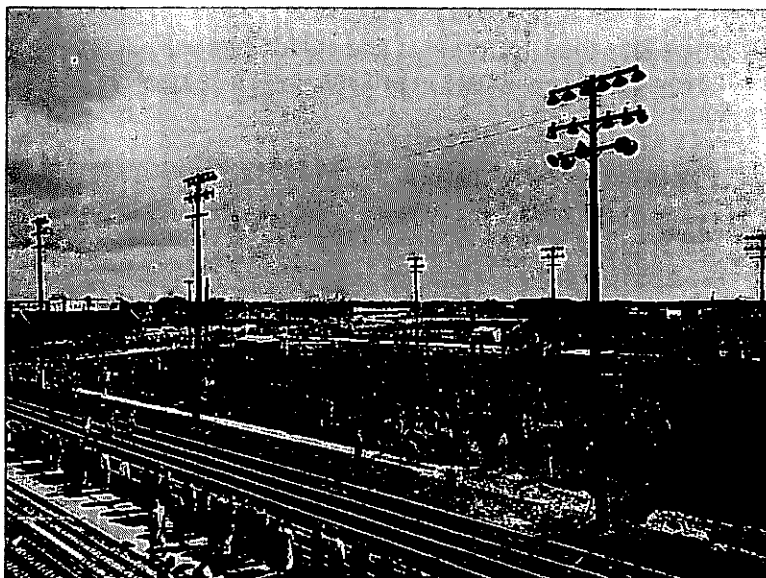
Ron Finch, the CMU football coach at the time, organized the first meet. He wanted to promote track and field in the area and make use of a fine facility. There was no meet in the northern or central part of the state which would allow top athletes from various regions to compete and compare their skills.

Under the direction of Al Thomas in the late 1950s and early 1960s the CMU Relays reached its heyday. As many as 3,300 athletes from nearly 200 schools participated in the two-day meet — and this was before girls were invited to compete in 1976.

Other changes over the years included running some events or the entire meet indoors in

Finch Fieldhouse during bad weather and having some collegiate athletes compete, though in separate events.

Some quick math will reveal that in 1993, 56 years after the first CMU Relays, the 53rd Annual Relays will be held. For three years during World War II the meet was canceled. Gasoline shortages and high prices restricted travel at that time, and meet organizers chose to cancel the meet rather than hold a watered-down version.



Bennett Track was called Alumni Field and was the site of both CMU football and track in 1950.

# Top Performances in Bennett Relays History

## If this is an even year. . .

Fowler's girls team has won the Relays in Class C in 1984, 1986, 1988, and 1990, and they tied for first in 1992.

## How about that?

Former Detroit Free Press writer Hal Schram (nicknamed "The Swami" for his predictions of game scores), who covered high school athletics longer than anyone dared admit they remembered, competed in the very first Chippewa Relays in 1938.

## It's a long way from Mount Pleasant.

CMU sports star and NFL great Jim Podoley ran in one of the early CMU Relays for Mount Morris High.

## Those medals are really made of gold.

Hayes Jones won five medals at the 1956 CMU Relays, four years before winning a gold medal in the 1960 Olympics.

## But can he jump that high today?

One of the most durable records in meet history was set at the very first Relays in 1938. Flint Central's Floyd Bates jumped an incredible 6-foot 5 and 3/4 inches in setting a high jump record that lasted 30 years.

## Where was she in '87?

Shirley Evans of Detroit Country Day won the Girls Class C 100-meter dash in 1985 as a freshman and again in 1986 and 1988. Country Day didn't enter in 1987, however, preventing a sweep.

## What did they feed 'em back then?

Rob Johnson, currently the coach at Clare High, threw the shot put 58-6 for Vassar in 1965, a record that still stands.

## Runner and (record book) writer.

In 1984 as Detroit East Catholic dominated the Boys Class



D Relays, Roger Willhight set a record in the 100-meter dash and led East Catholic to records in three relays and victories in the other two.

## But which one was she?

Basketball playing twins Paula and Pam McGee stormed the Relays in 1979, leading Flint Northern to meet record wins in the 400-meter, 800-meter, sprint medley, and 1600-meter relays and the 110-meter hurdles and shot put.

## In a class of his own.

Mike Sargent of Flint Powers won the discus and shot put in 1983, setting a Class B mark in the discus. Powers moved up to Class A in 1984, and again Sargent won both events, this time setting the shot put record.

## Way to go, coach.

Akron-Fairgrove owns the throwing events in Class D, especially the girls events. Throughout the 1980s teammates Renee Naert, Sheri Stone and Alisa Swan took turns holding the shot put and discus records. Renee's brother Jeff is also a former record holder.

## Outstanding Athlete Awards

Outstanding Athlete Awards were presented to these individuals who stood out in each class.

**Leslee Lake** led Greenville to victory in Girls Class A, breezing to a first place finish in the 100-meter dash and helping her team to wins in the sprint medley and 1600-meter relays and to a second place finish in the 400-meter relay.

**Gary Kinnee** showed Flint Kearsley the way to the Boys Class A title, winning the 3200- and 1600-meter runs and pacing the way to first in the distance medley relay.

Petoskey finished fourth in Girls Class B, but **Katy Hollbacher** earned the Outstanding Athlete award by winning the 3200-meter run and leading Petoskey to a win in the distance medley relay and second place in the 1600-meter relay.

**Barry Deese** accounted for most of Linden's points in Boys Class B while winning the 3200- and 1600-meter runs

and helping third place Linden to runner-up finishes in the sprint medley and distance medley relays.

Maple Valley won the Girls Class C crown with **Janet Bouldrey** taking the long jump and contributing to firsts in the sprint medley and 1600-meter relays.

**Matt Smith** won the 1600-meter run in Boys Class C and ran on runner-up Charlevoix's winning distance medley relay and 3200-meter relay squads.

**Marnie Peplinski** broke the only meet record set during the two days of the 1992 Relays with a 17-9 long jump. She also won the 100-meter hurdles and helped Glen Lake to a Girls Class D co-championship with Fowler by running on Glen Lake's winning sprint medley relay squad.

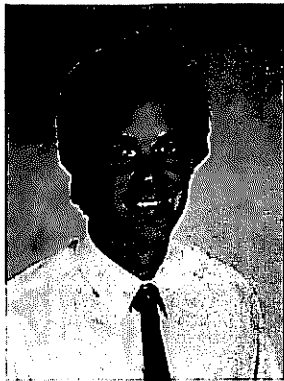
**Reggie Dalton**, of Boys Class D Champion Detroit Lutheran West, won the 100-meter dash and the long jump and led Lutheran West to firsts in the sprint medley and 400-meter relays.

# 1993 Bennett Relays Honor Coaches

By Dan Hamilton

It is traditional for organizers of the Bennett Relays to recognize coaches who have helped their teams achieve success at this event and at local, regional and state levels. This year's honorees, through their hard work and dedication, share a common bond of helping high school athletes reach their potential. A successful track program can't always be measured by wins and losses or by trophies accumulated, but the coaches and their teams have found success by any standard. The Relays' officials would like to thank the coaches for providing the photos.

## Hillsdale Coach Pat Pastula



Pat Pastula

Pat Pastula has seen many things in his 15 years of coaching, but one thing he has yet to experience is a losing season. Hillsdale has had 17 consecutive winning seasons and has won nine of the last 14 Twin Valley Conference Championships.

Hillsdale earned conference and regional titles last year and placed third in the Class B State Championships. Eight girls on the squad earned MHSAA All-State honors and four were crowned state champions.

Pastula hopes to continue the winning tradition this spring while relying on a young squad. "We lost a ton of people from last year, but we've got a good group coming in," Pastula said.

Hillsdale's only returning senior is Shannon Dye, who paced the state champion 3200-meter relay team and placed second in the 1600-meters at the Bennett Relays last year. Dye also earned All-State and Academic All-State honors.

Along with Dye, Pastula expects sophomore high-jumper Barb Fatchett to lead the team to another successful season.

"We're excited about coming to the Bennett Relays. It's such a doggone competitive meet that it's almost like a mini state championship," Pastula said. "I'm humbled to be recognized at this event. I think it's a reflection of the quality of kids we've had in our program the past several years."



Hillsdale with Coach Pat Pastula (back row, third from left)



Hillsdale's winning 1992 Relays squad



Shannon Dye



Karen Lagassee



## Mount Pleasant Coach Dave Meyers

The ties between Mount Pleasant coach Dave Meyers and the Bennett Relays are long and deep. Lyle Bennett coached Meyers in track and field at Central Michigan University in the late 1950s. At the 1970 Bennett Relays, Meyers' Mt. Pleasant squad included

current meet director Craig Fuller.

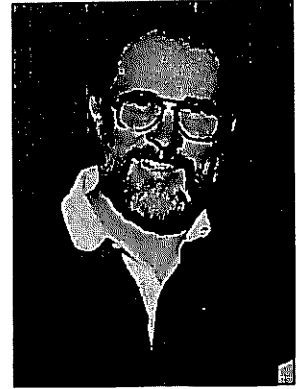
"Having one of my former runners involved in the selection process makes this honor even more special for me," said Meyers.

Last year, the Class A Oilers finished second in the White Pine Conference but didn't attend the Bennett Relays.

"We're glad to be back this year," Meyers said. "This meet is well-run and has a lot of tradition. Plus, we don't have to take a long bus ride anywhere."

Meyers brings a young team to this year's Relays and will look for leadership from seniors Tony Hendon (sprints), Joel Jacobs (shot put and discus) and Vinnie Kequm (shot put and discus). He also expects big things from sophomore Joe DeGutis in the middle distances.

Meyers, a 32-year coaching veteran, still holds the CMU record in the 440-yard dash with a time of 46.50. He also placed fifth in the 1960 Olympic Trials.

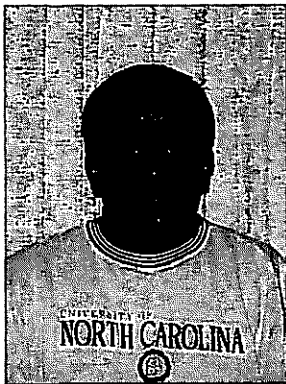


Dave Meyers



Mount Pleasant

## Maple Valley Coach Gary Hamilton



Gary Hamilton

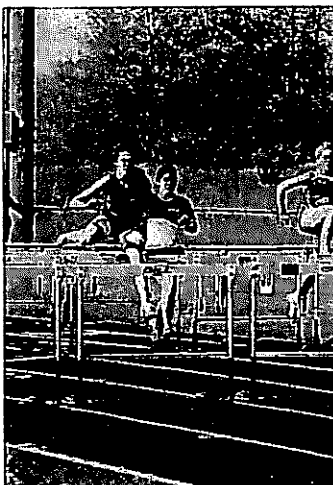
There is little coach Gary Hamilton's Maple Valley squad can do to top their 1992 showing. The team experienced a dream season by winning the Class C State Championship after going 12-0 in dual meets and capturing the Southern Michigan Athletic Association and regional titles. But with the quality of talent Hamilton has returning, a repeat performance is not out of the question.

The tenth-year coach is looking for senior co-captains Mindy Shoup and Jennifer Phenix to excel in the relays and hurdles while providing leadership for the rest of the team. Sophomores Sarah Leep

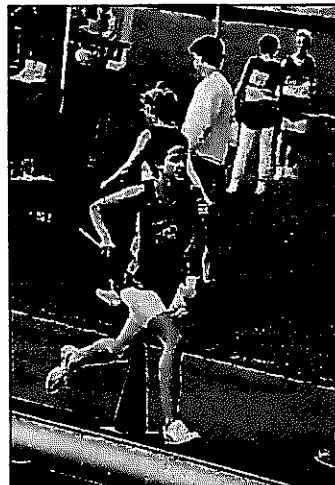
and Holly Taylor will give the squad a boost in the 3200-meter run and high jump.

Maple Valley won the Class C competition at the Bennett Relays for the second consecutive time last year and is looking forward to a return visit.

"It's a classy meet, the kids really enjoy it," Hamilton said. "There are a good variety of races and the facilities are excellent. It's nice to be honored, but my athletes deserve the credit."



Jennifer Phenix



Mindy Shoup



Maple Valley



## Glen Lake Coach Bill Brendal

The staff of the Bennett Relays would like to salute retired Glen Lake coach Bill Brendel who capped off his 17-year career in style last year when his team won the Northwest Conference and the Class D Regional and State Championships.

Glen Lake was undefeated in dual meets during the 1992 season and tied for first place with Fowler here at the Bennett Relays.

Under Brendel's direction, hurdler Marnie Peplinski and sprinter Theresa Proost each won three individual state titles and both were members of the winning 1600-meter relay team. They also participated in the Midwest "Meet of Champions." Only one meet record was set during the unfavorable weather conditions at the 1992 Bennett Relays. Peplinski, who was named the girls Class D "Outstanding Athlete,"



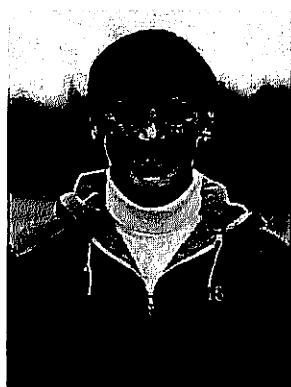
Bill Brendal's Glen Lake squad, which won the 1992 Girls Class D Bennett Relays title.

broke a 7-year-old long jump record with a leap of 17'9" in the cold and rain.

This season, first-year head

coach Doug Greer inherits a young squad, but hopes to continue the winning tradition that Brendel established.

## Caro Coach Karen Michalak



Karen Michalak

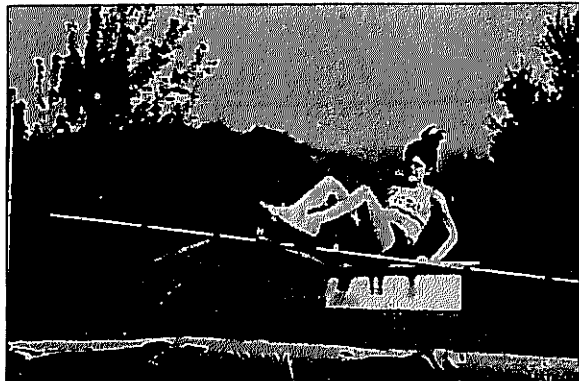
Karen Michalak is looking for her team to step up to the next level as she enters her 11th season of coaching at Caro High School.

In 1992, Caro placed second in the Tri-Valley Conference and had a pair of runners nearly qualify for the State Championships. This year's squad wants more.

"It will be difficult because our numbers are down a bit, but we're a determined bunch," Michalak said. "I'm counting on our seniors to set the tone."

Leading the way among that senior class are sprinter Michelle Roller and hurdler Gina Ecken, both of whom narrowly missed going to the state meet.

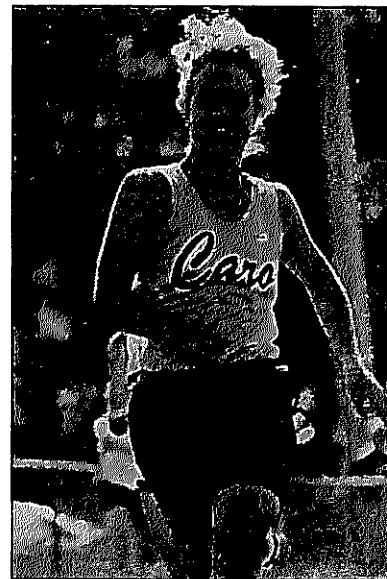
"We're involved in a lot of relays," Michalak said. "But I like the traditional format at the Bennett Relays."



Eve Nichols



Candra Baker



Michelle Roller

# Team Champions

## Girls Class A

1992	Greenville
1991	Agincourt, Ontario
1990	Detroit Henry Ford
1989	Detroit Cass Tech
1988	Ann Arbor Pioneer
1987	Detroit Cass Tech
1986	Detroit Henry Ford
1985	Lansing Everett
1984	Lansing Sexton
1983	Grand Rapids Ottawa Hills
1982	Lansing Sexton
1981	Grand Rapids Ottawa Hills

## Girls Class B

1992	Hillsdale
1991	Petoskey
1990	Detroit De Porres
1989	Detroit De Porres
1988	Detroit De Porres
1987	River Rouge
1986	Flint Beecher
1985	Flint Beecher
1984	Flint Carmen
1983	River Rouge
1982	Corunna
1981	Saginaw MacArthur

## Girls Class C

1992	Maple Valley
1991	Maple Valley
1990	East Jordan
1989	Morley Stanwood
1988	Morley Stanwood
1987	Morley Stanwood
1986	Detroit Country Day
1985	Detroit Country Day
1984	Burton Bentley
1983	Burton Bentley
1982	Whitehall
1981	St. Louis

## Girls Class D

1992	(tie) Fowler
	Glen Lake
1991	Pickford
1990	Fowler
1989	Pickford
1988	Fowler
1987	Akron-Fairgrove
1986	Fowler
1985	Akron-Fairgrove
1984	Fowler
1983	Fowler
1982	Akron-Fairgrove
1981	Marion

## Girls Class A-B

1980	Grosse Pointe North
1979	Flint Northern
1978	Grand Rapids Union
1977	Detroit Bishop Borgess
1976	Detroit Bishop Borgess

## Girls Class C-D

1980	St. Louis
1979	Shepherd
1978	Flint Hamady
1977	St. Charles
1976	Bath

## Boys Class A

1992	Flint Kearsley
1991	Lansing Sexton
1990	Lansing Sexton
1989	Detroit Murray-Wright
1988	Detroit Cooley
1987	Lansing Sexton
1986	Lansing Sexton
1985	Lansing Everett
1984	Lansing Sexton
1983	Detroit Cooley
1982	Lansing Sexton
1981	Lansing Sexton
1980	Lansing Sexton
1979	Flint Northwestern
1978	Grosse Pointe North
1977	Grosse Pointe North
1976	Grosse Pointe North
1975	Flint Southwestern
1974	Ann Arbor Pioneer
1973	Grosse Pointe North
1972	Grosse Pointe North
1971	Detroit Kettering
1970	Port Huron
1969	Midland
1968	Flint Central
1967	Pontiac Central
1966	Flint Central
1965	Flint Central
1964	Birmingham Seaholm
1963	(tie) Birmingham Seaholm
	Flint Northern
1962	Lansing Sexton
1961	Lansing Sexton
1960	Birmingham
1959	Farmington
1958	Flint Northern
1957	Flint Northern
1956	Pontiac
1955	Pontiac
1954	Saginaw High
1953	Saginaw Arthur Hill
1952	Saginaw Arthur Hill
1951	Saginaw Arthur Hill
1950	Flint Northern
1949	Saginaw High
1948	Saginaw Arthur Hill
1947	Saginaw High

## Boys Class B

1992	Flint Beecher
1991	Flint Beecher
1990	Beaverton
1989	Northview
1988	Flint Beecher
1987	Flint Beecher
1986	Flint Beecher
1985	Flint Beecher
1984	Flint Beecher
1983	Flint Beecher
1982	Flint Beecher
1981	Flint Beecher
1980	Flint Beecher
1979	Sparta
1978	Flint Beecher
1977	Flint Beecher
1976	Grand Rapids Northview
1975	River Rouge
1974	Linden
1973	Midland Bullock Creek
1972	Mount Morris
1971	Holly
1970	(tie) Rockford
	Midland Dow
1969	Bloomfield Hills Lanser
1968	Cranbrook
1967	Cranbrook
1966	Cranbrook
1965	River Rouge
1964	River Rouge
1963	River Rouge
1962	River Rouge
1961	Ecorse
1960	Cranbrook
1959	Cranbrook
1958	River Rouge
1957	River Rouge
1956	Inkster
1955	(tie) Inkster
	River Rouge
1954	Mount Pleasant
1953	Mount Pleasant
1952	Mount Pleasant
1951	Ecorse
1950	Ecorse
1949	Birmingham
1948	Birmingham
1947	Alma

## Boys Class C

1992	Clare
1991	New Haven
1990	Kingsley
1989	Clare
1988	(tie) Clare
	Detroit Lutheran West
1987	Charlevoix
1986	Whitehall
1985	Houghton Lake
1984	Flint Hamady
1983	Flint Hamady
1982	Flint Hamady
1981	(tie) Detroit Country Day
	St. Louis
1980	Detroit Benedictine
1979	Whitehall
1978	Whitehall
1977	Unionville-Sebewaing
1976	Wyoming Lee
1975	Unionville-Sebewaing
1974	Detroit Servite
1973	Detroit Country Day
1972	Battle Creek St. Philip
1971	Detroit Country Day
1970	Shepherd
1969	Shepherd
1968	Detroit Country Day
1967	TC St. Francis
1966	Haslett
1965	Battle Creek St. Philip
1964	Battle Creek St. Philip
1963	Boys' Voc. School
1962	Montrose
1961	Muskegon Reeths-Puffer
1960	Haslett
1959	Flint Dye
1958	Boyne City
1957	Boyne City
1956	Reed City
1955	Reed City
1954	Marlette
1953	St. Louis
1952	Reed City
1951	Shepherd
1950	Milan
1949	Charlevoix
1948	Algonac
1947	Charlevoix

## Boys Class D

1992	Detroit Lutheran West
1991	Detroit Lutheran West
1990	Detroit Lutheran West
1989	Detroit Lutheran West
1988	Bellaire
1987	Detroit East Catholic
1986	Webberville
1985	Detroit East Catholic
1984	Detroit East Catholic
1983	Detroit East Catholic
1982	Detroit East Catholic
1981	Detroit East Catholic
1980	Detroit Country Day
1979	Detroit Country Day
1978	Ann Arbor Gabriel Richard
1977	Michigan Lutheran Seminary
1976	Ann Arbor St. Thomas
1975	Michigan Lutheran Seminary
1974	Pickford
1973	Pickford
1972	Unionville
1971	Unionville
1970	Pickford
1969	Unionville
1968	Unionville
1967	Unionville
1966	Kinde North Huron
1965	Pickford
1964	Pickford
1963	Pickford
1962	Pickford
1961	Pickford
1960	Pickford
1959	Pickford
1958	Brethren
1957	Brethren
1956	Pickford
1955	Brethren
1954	Brethren
1953	Brethren
1952	Brethren
1951	Brethren
1950	Flint MSD
1949	Flint MSD
1948	Flint MSD
1947	None

# CMU Lyle Bennett Relays Girls Records

## 3200-Meter Run

Class	School	Names	Yr.	Rec.
A	Ann Arbor Pioneer	Seana Arnold	1988	10:54.91
B	East Grand Rapids	Heather Slay	1988	10:44.4
C	Freeland	Jennie Hunter	1983	11:34.5
D	Battle Creek St. Philip	Mary Lantinga	1990	11:09.9

## Long Jump

Class	School	Names	Yr.	Rec.
A	Detroit Cass Tech	Trinette Johnson	1989	19-1½
B	Fowlerville	Angela Moore	1988	18-2
C	Ewart	Carrie Isanhart	1988	17-8
D	Glen Lake	Marnie Peplinski	1992	17-9

## High Jump

Class	School	Names	Yr.	Rec.
A	Livonia Ladywood	Rebecca Willey	1991	5-7
B	Chesaning	Jeanne Alvarez	1979	5-5
	Flint Beecher	Angela Harris	1986	5-5
C	Morley-Stanwood	Chris Vredenberg	1986	5-4
	Flat Rock	Clarissa Jones	1988	5-4
	Clare	Jennifer Denton	1988	5-4
	Flat Rock	Clarissa Jones	1990	5-4
D	Northport	Kaye Leighton	1979	5-6

## Shot Put

Class	School	Names	Yr.	Rec.
A	Flint Northern	Pam McGee	1979	43-0
B	Hemlock	Sue Breternitz	1984	40-2
C	Morley-Stanwood	Sharon Nelson	1980	40-6¼
D	Akron-Fairgrove	Sheri Stone	1983	36-11

## Discus

Class	School	Names	Yr.	Rec.
A	Flint Northwestern	Starry Hodge	1985	120-11
B	Flint Beecher	Sharon Granberry	1983	140-6
C	Byron	Theresa Hall	1991	129-7
D	Akron-Fairgrove	Alisa Swan	1986	121-8¾

## 100-Meter Dash

Class	School	Names	Yr.	Rec.
A	Muskegon Mona Shores	Cathy Fitzpatrick	1982	:11.99
B	River Rouge	Stacey Selman	1984	:12.04
C	Detroit Country Day	Shirley Evans	1985	:11.87
D	Fowler	Becky Klein	1983	:12.64

## 100-Meter Hurdles

Class	School	Names	Yr.	Rec.
A	Lansing Sexton	Angela Swain	1983	:14.52
B	Robichaud	Rita Harden	1991	:14.95
C	Flint Hamady	Laurie Byrd	1978	:15.1
D	DeTour	Gwen Wilkie	1984	:15.28

## 3200-Meter Relay

Class	School	Yr.	Rec.
A	Ann Arbor Pioneer	1988	9:42.46
B	Ludington	1983	10:04.8
C	Benzie Central	1983	9:59.8
D	Fowler	1985	10:22.08

## 800-Meter Relay

Class	School	Yr.	Rec.
A	Lansing Everett	1985	1:42.69
B	Flint Beecher	1985	1:44.01
C	Whitehall	1980	1:45.9
D	Akron-Fairgrove	1985	1:49.66

## 1600-Meter Relay

Class	School	Yr.	Rec.
A	Agincourt, Ont.	1991	3:59.46
B	Flint Beecher	1985	4:04.20
C	St. Louis	1980	4:09.6
D	Fowler	1983	4:12.9

## Sprint Medley Relay (400, 200, 200, 800)

Class	School	Yr.	Rec.
A	Detroit Cass Tech	1987	4:13.68
B	East Grand Rapids	1987	4:18.75
C	Whitehall	1985	4:23.80
D	Fowler	1983	4:26.5

## 400-Meter Relay

Class	School	Yr.	Rec.
A	Ann Arbor Pioneer	1988	:49.08
B	Flint Beecher	1979	:49.9
C	Stephen Leacock, Ont.	1985	:50.13
D	Michigan Lutheran Sem.	1978	:52.2

## 1600-Meter Run

Class	School	Names	Yr.	Rec.
A	Lansing Everett	Ava Udvardia	1985	5:13.51
B	Hemlock	Julie Watson	1985	5:11.94
C	Carson City Crystal	Penny Pennington	1983	5:22.04
D	Battle Creek St. Philip	Mary Lantinga	1990	5:15.31

## Distance Medley Relay (1200, 400, 800, 1600)

Class	School	Yr.	Rec.
A	Grosse Pointe North	1980	12:37.9
B	Petoskey	1991	12:59.48
C	St. Louis	1981	13:05.32
D	Mt. Pleasant Sacred Heart	1981	13:33.80

# CMU Lyle Bennett Relays Boys Records

## 3200-Meter Run

Class	School	Names	Yr.	Rec.
A	Grosse Pte. North	Joe Schmidt	1983	9:27.8
B	Corunna	Jeff Hough	1987	9:22.23
C	Unionville-Sebewaing	Kirk Scharich	1983	9:25.7
D	Central Lake	Mike Richardson	1991	9:39.59

## 3200-Meter Relay

Class	School	Yr.	Rec.
A	Detroit Cass Tech	1988	7:55.95
B	Flint Beecher	1983	7:55.8
C	Clare	1979	8:14.3
D	Webberville	1986	8:26.80

## Long Jump

Class	School	Names	Yr.	Rec.
A	Lansing Everett	Scott Reed	1983	23-10
B	Detroit E. Catholic	Willy Scott	1988	24-1¾
C	O.L. St. Mary's	Joe Jefferson	1988	22-11½
D	Akron-Fairgrove	Edwin Aymer	1983	22-6½

## Distance Medley Relay (1200, 400, 800, 1600)

Class	School	Yr.	Rec.
A	Midland	1980	10:37.7
B	Cadillac	1980	10:37.1
C	Whitehall	1978	10:42.6
D	Akron-Fairgrove	1978	10:52.4

## Pole Vault

Class	School	Names	Yr.	Rec.
A	Warren Fitz.	Dave Lipinski	1974	15-6
B	Corunna	Scott Curtis	1989	15-4
C	Clare	Don Teall	1974	14-0
D	Webberville	Scott Hale	1986	14-0½

## 800-Meter Relay

Class	School	Yr.	Rec.
A	Lansing Everett	1985	1:27.12
B	Detroit East Catholic	1988	1:29.41
C	Detroit Benedictine	1980	1:30.8
D	Detroit Lutheran West	1990	1:32.3

## High Jump

Class	School	Names	Yr.	Rec.
A	Sarnia North	Pete Running	1975	6-8¾
	Toronto Powers	R. Demarchi	1975	6-8¾
B	Saginaw B.V.	Derrick Futrell	1977	6-10
C	Fulton	Mike Pfeil	1991	6-8½
D	Brimley	John Payment	1989	6-8

## 1600-Meter Run

Class	School	Names	Yr.	Rec.
A	East Kentwood	Mark Reinardy	1985	4:19.62
B	Petoskey	John Goble	1983	4:26.1
C	Orchard Lake St. Mary's	D. Tupolinski	1985	4:24.16
D	Allendale	Dave Woday	1985	4:35.24

## Shot Put

Class	School	Names	Yr.	Rec.
A	Flint Powers	Mike Sargent	1984	60-11½
B	Vassar	Rob Johnson	1965	58-6
C	Shelby	Aaron Gowell	1988	61-7
D	Akron-Fairgrove	Jeff Naert	1986	56-5½

## 1600-Meter Relay

Class	School	Yr.	Rec.
A	Detroit Cooley	1991	3:15.88
B	Flint Beecher	1988	3:19.63
C	Williamston	1988	3:27.18
D	Detroit East Catholic	1984	3:30.49

## Discus

Class	School	Names	Yr.	Rec.
A	Muskegon Mona Shores	Mark Debniaik	1980	166-4
B	Midland Bullock Creek	Paul Cochran	1986	174-3
C	Shelby	Aaron Gowell	1987	154-5½
D	Akron-Fairgrove	Jeff Naert	1986	160-10

## Sprint Medley Relay (400, 200, 200, 800)

Class	School	Yr.	Rec.
A	Detroit Cass Tech	1988	3:32.14
B	Flint Beecher	1983	3:36.8
C	Michigan Luthern Sem.	1985	3:40.49
D	Allendale	1983	3:41.0

## 110-High Hurdles

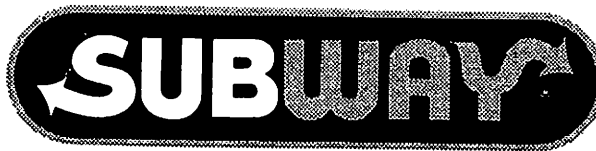
Class	School	Names	Yr.	Rec.
A	Lansing Sexton	Roger Ware	1986	0:13.57
B	Flint Beecher	Andre Hall	1984	0:14.12
C	New Haven	Derek Thacker	1979	0:14.6
D	Detroit East Catholic	Robert Hall	1983	0:14.45

## 100-Meter Dash

Class	School	Names	Yr.	Rec.
A	Muskegon Mona Shores	Jay Morgan	1990	:10.3
B	Flint Carman	Patrick Marsh	1984	:10.77
C	Royal Oak Shrine	Jason Childress	1990	:10.9
	Detroit De Porres	David Benjamin	1989	:10.9
D	Detroit East Catholic	Robert Willhight	1984	:10.60

## 400-Meter Relay

Class	School	Yr.	Rec.
A	Lansing Sexton	1987	0:42.30
B	Detroit East Catholic	1988	0:43.68
C	Detroit Lutheran West	1988	0:43.72
D	Detroit East Catholic	1984	0:43.76



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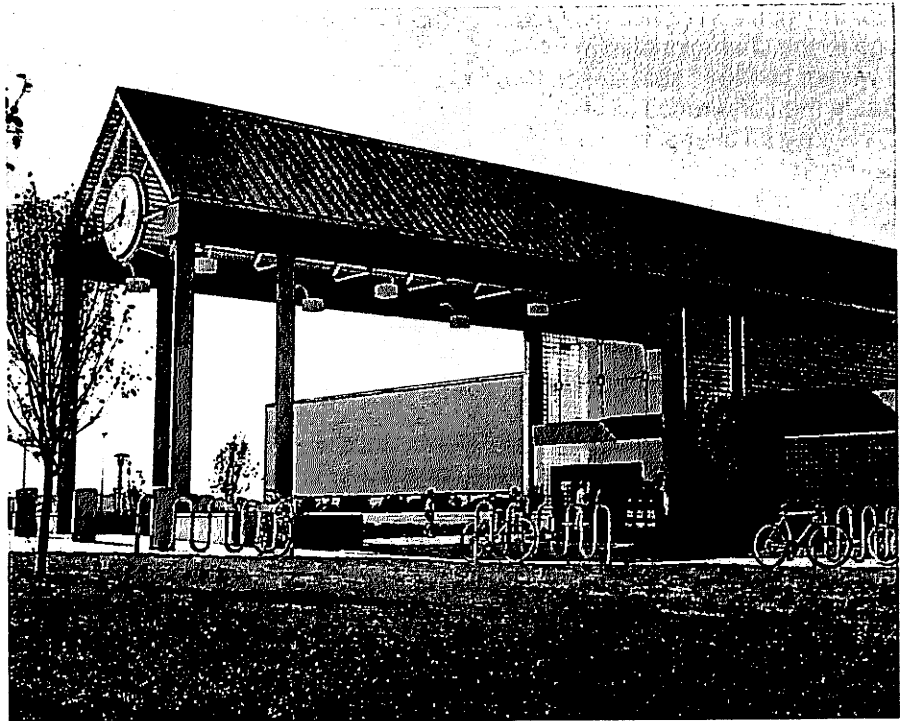
**SUBWAY**

Central Michigan University opened a year-long celebration in June marking its centennial year 1892-1992. Since its founding as a college for teachers and business people, CMU has graduated more than 100,000 students. Throughout its first century, the university has expanded the areas of study that it offers to 80 majors and 90 minors, with 16,500 students taking classes in a broad range of subjects.

CMU's main campus is on 854 acres located in Mt. Pleasant, a town of about 25,000 in the heart of Michigan's Lower Peninsula. A tradition of academic excellence, convenient size and location, and economy are some of the reasons that Central Michigan University remains one of the state's most popular four-year institutions.

CMU is NCAA affiliated and has team participation in eight intercollegiate sports for men and eight for women, and offers 36 intramural or club sports. The Chippewas compete in the Mid-American Conference.

The Chippewa athletic program has seen many improvements in recent years, including Theunissen Stadium, the improvements to Bennett Track, the varsity softball field and the new Student Activities Center addition to Rose Center. In the 1970's CMU made the transition from Division II to NCAA Division I and joined the MAC.



*Central's new Student Activities Center houses fitness equipment, racquetball courts, swimming pools and modern space for a variety of sports and activities.*

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# Chippewas Aim to Make Run at MAC Title

After losing five athletes to injury prior to the 1992 Mid-American Conference (MAC) meet, Coach Jim Knapp's goal for the men's track and field team for the 1993 season is to go to the championship meet healthy.

"If we are healthy," said Coach Knapp, "we may be hard to beat at the conference meet."

The team is off to a good start. Everyone is healthy to start the season and has been focusing on weights and flexibility during the winter months. The Chippewas have been chosen to finish fifth this year in a preseason coaches' poll. CMU was fifth in 1992. The Chippewas placed sixth at the 1993 MAC Invitational indoor meet.

"Eastern is the favorite in the conference but not a hands-down favorite," said Coach Knapp.

The following is an event-by-event rundown for the 1993 track season.

Bill Stricklen (Richmond, Jr.) and Deren Pershinske (Engadine, Sr.) are expected to lead the Chippewas in the distance events. Both are coming off good cross country seasons, and Stricklen ran especially well during the indoor season. Chris Long (Sandusky, Jr.) also will contribute. Long ran a personal best 31:06 in the 10,000-meters at the Southeast Missouri Relays.

Chuck Fair (Detroit, Jr.) and Garry Warrick (Warren, Jr.) are the leaders in the middle distances. Chuck was all-MAC in the 800-meters last season, while Garry just missed being all-conference. "We are looking for big things from Garry," said Coach Knapp. Keith Seybert (Mount Pleasant, Sr.) will return to the Chippewas this season after missing 1992 with an injury.

Courtland Pitt (Detroit, Sr.) will be the Chippewas' number one hurdler this season. Pitt was the MAC "Athlete of the Year" in 1992 and also was all-conference in both the high and intermediate hurdles. Knapp believes Pitt is an all-American contender.

Marc Brown (Flint, Jr.) and Chris Oliver (Flint, Jr.) will join Pitt in the hurdle events. Both of these athletes placed in the indoor conference invitational in 1992.

A couple of two-sport stars will lead CMU in the sprints.

Eric Johnson (Grand Rapids, So.) will move from the football field to the track for the 1993 outdoor season. Johnson had four record-breaking indoor performances in



Coach Jim Knapp



Eric Johnson

1992 but will concentrate on outdoor this season. Leo Griffin (Detroit, Jr.), another football player, will return to the track after not competing in 1992. Griffin was all-conference two years ago.

Scott Eagle (Fowlerville, Sr.) and Ben Ludka (Traverse City, Jr.) will return to compete in the high jump for the Chippewas in 1993. "Both are consistent seven-foot jumpers," said Coach Knapp. Both Eagle and Ludka were all-conference in 1992.

In the long jump and triple jump, two redshirt freshmen will lead the way. Brandon Wynn (Muskegon Heights) and Matt Burton (West Branch) will be competing for the Chippewas. "This is an area where we need some good performances," said Knapp.

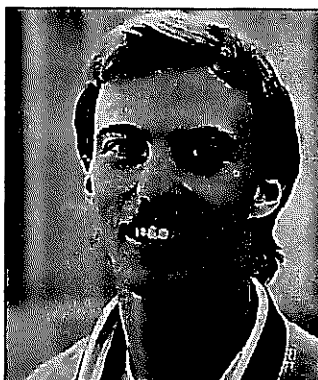
Scott Stanley (Charlotte, Sr.) and Glen Jenkins (Taylor, Jr.) are expected to lead CMU in the throwing events. Both were all-conference athletes in 1992.

There are some promising new faces in this area, according to Coach Knapp. "I usually don't talk about new athletes," said Knapp. "I don't want to create an atmosphere for the athlete. They need to create their own atmosphere." Coach Knapp did mention one newcomer, Kevin McGraw (Haslett, So.). Kevin comes to CMU as a transfer from Hillsdale College. "Kevin has looked very good this fall," said Knapp.

In the javelin, Tim Hansen (Fowlerville, Sr.) will return for another season. Hansen was all conference in 1992 and had his top three throws at the 1992 conference meet. Hansen also will try the decathlon in 1993.



Courtland Pitt in action at Bennett Track



Deren Pershinski



Scott Eagle



# Chippewas Look for Improvement in 1993

The 1993 Central Michigan University women's track team looks forward to a year of solid competition and hard work.

"We have some high goals set for the season. We are trying to take this group and install confidence and aggressiveness," said head coach Keela Yount.

Although the team is made up of mostly juniors and freshmen, competition in all events is expected to be strong.

"We are solid in each of our events with our talent and numbers," said Yount. "We are optimistic about our future. Our team lies with a group of juniors and freshmen. We have an outstanding freshman class."

Yount is currently in her ninth year of coaching at CMU. She was named MAC Coach of the Year in 1989 for the cross country season. She also received this honor in 1986 for cross country and in 1985 for track and field. She coached the program's first track all-American, Chris Cooper, as well as coaching a two-time qualifier for the NCAA in cross country, Suzy Somers. Yount became Central Michigan's first woman to earn four varsity letters in both cross country and track, while also earning all-conference recognition as a Chippewa runner.

Ellen Carpenter is in her third year as an assistant coach for the women's track program.

Carpenter will coach the sprints, jumps, hurdles and heptathletes at Central. She also is responsible for fall conditioning, recruiting, academics and meet management.

The highly touted freshman class features a trio of sprinters: Patricia Rowe (Kitchener, Ont.), Theresa Proost (Empire) and Pam McKiernan (Richmond). Marnie Peplinski (Maple City) and Chloe Parker (Dimondale) will run the hurdles, and Janet Bouldrey (Nashville) will run middle distances.

Peplinski also will compete in the heptathlon. She placed seventh in the pentathlon at the MAC Invitational indoor meet in February and set an indoor school record with a 8.20 clocking in the 55-meter hurdles. Incidentally, Peplinski and Bouldrey won Outstanding Athlete awards at the 1992 CMU Bennett Relays. Peplinski led Class D Glen Lake High School to a co-championship with Fowler. Bouldrey led Maple Valley to a championship in Class C.



Coach Keela Yount



Nana Kwabi

The Chippewas will be trying to improve on their eighth place finish at the 1992 MAC Championships. CMU was sixth at the 1993 MAC Invitational indoor meet.

CMU will be led by co-captains Kara Baker (Columbiaville, Jr.), Rachele Pline (DeWitt, Jr.) and Kelli Gilchrist (Colon, So.). Gilchrist and Kelly DeLange (Fair Haven, Jr.) are the top returnees in the distance runs.

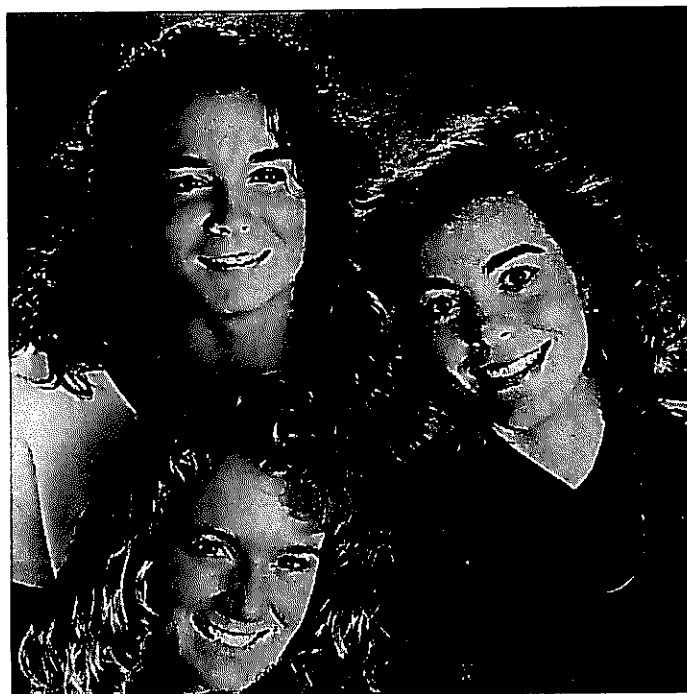
Karen Thelen (Lansing, Jr.) and Kim Blouw (Wyoming, Jr.) will lead CMU in the middle distances. Nana Kwabi (Windsor, So.) set a CMU indoor record in the shot put and is expected to do well in the throwing events. Pline high jumped 5-8 indoors, also a record, and wants to improve on that.

The team will rely on the veterans for experience and guidance. "They know the program and the competition. They're focused in the right direction. They know the conference and should be contenders for the top places," said Yount.

"We are ready to see what we can do," said Yount. "It will be interesting. I am excited to sit back and see how well we will do."



The CMU women's track team



Co-captains Kara Baker, Rachele Pline, and Kelli Gilchrist

# T O G E T H E R   W E   W I N



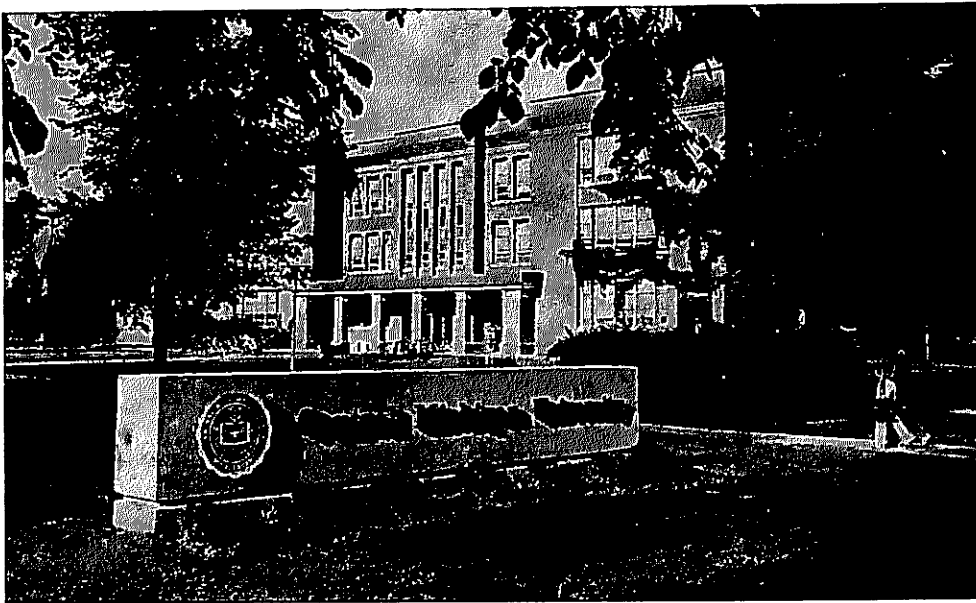
In Michigan, more than 20,000 athletes with mental impairments annually train and compete in a variety of Olympic-type sports. Since 1968, Special Olympics has provided year-round opportunities for individuals with mental retardation to show society what they CAN accomplish. Today, athletes with and without mental impairments compete in a number of inclusive sporting events, including softball and bowling.

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# Sports Medicine

## Sports Medicine Program

### Your Career in Sports Medicine

As an athletic trainer you would be a counselor, healer, educator, and friend to athletes. Your job would be tremendously demanding and just as rewarding as you contribute to the lives and health of young men and women. CMU will give you one of the best opportunities to do just that through the curriculum for athletic trainers.

Sports medicine is defined as the prevention, care, and treatment of athletic injuries. As such, you would be on the "first line of defense." Prevention would be foremost, but prompt, professional treatment and accurate rehabilitation procedures would be cornerstones of your job.

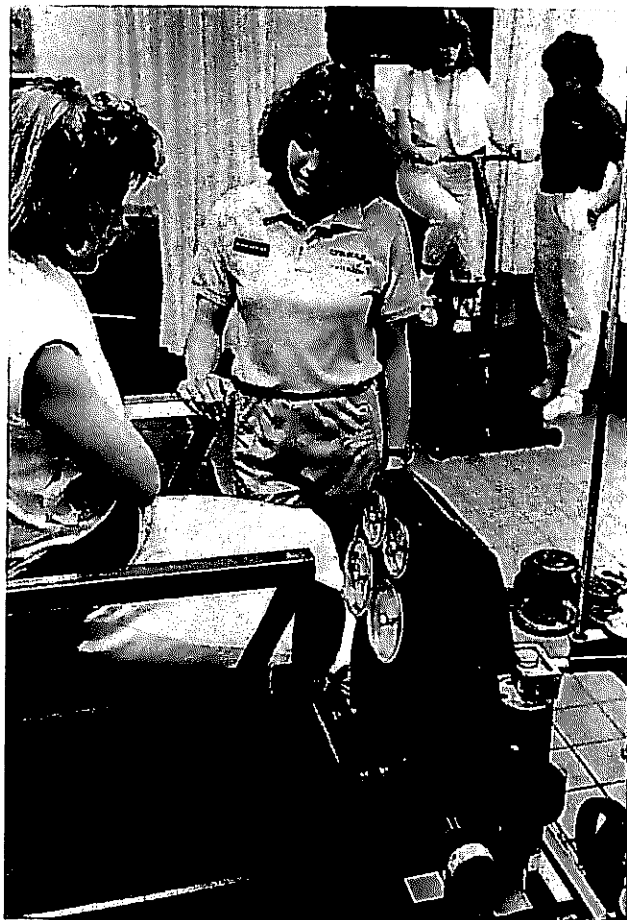
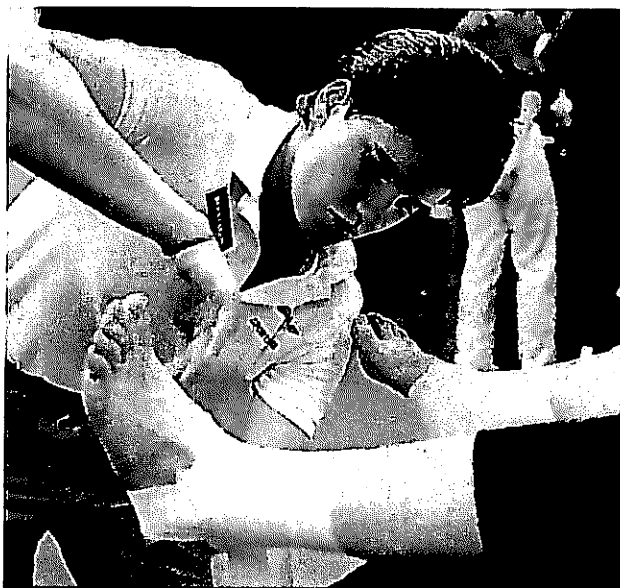
The need for high school trainers is apparent, but the number of available jobs will depend upon administrators recognizing the need. Opportunities are rapidly expanding in sports medicine clinics and in industrial health facilities.

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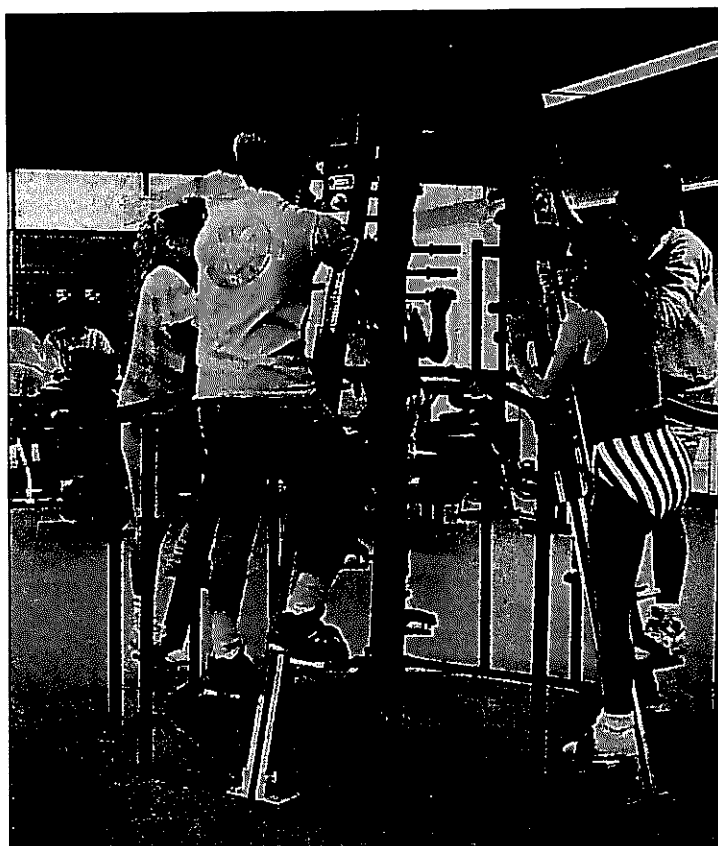
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# Your Career in Physical Education and Sport

In today's market, the professional careers possible through academic preparation in physical education and sport is very diversified and can involve more than teaching. Although teaching will always be a popular career choice, your degree may qualify you for many other types of challenging sport-related occupations. The continuing interest in leisure pursuits, as well as today's tremendous emphasis on physical fitness and good health, will result in many available positions in this profession.

If you are interested in a career in physical education and sport, you must work well with people. Many physical education jobs are created out of popular demand; without people, there would be no job. Because of this, your patience, perseverance and personality will be advantageous. Two other necessary characteristics, which sometimes are taken for granted because they are so essential, are good physical and mental health. These, along with enthusiasm, creativity and dedication will help assure your success in the areas of physical education and sport.



Physical fitness at CMU's Student Activity Center

## Highlights of the CMU Program

The department of physical education and sport offers several teaching options leading to a Bachelor of Science Degree in Education. A major in physical education provides the greatest teaching flexibility as it leads to obtaining a K-12 teaching certificate. The department also offers a

combined major/minor in physical education and dance. Other teaching areas leading to certificates include three minors in the areas of elementary physical education, secondary physical education and special physical education.

An increasing number of students have selected one of the non-teaching programs which generally lead to either a Bachelor of Applied Arts Degree or a Bachelor of Science Degree. The department offers both a major and a minor in sports studies. This major or minor is most often combined with another major or minor that would enhance entry into the sports industry. Majors or minors in business administration, marketing, management, journalism, broadcasting, recreation or health fitness are examples.

Students interested in the allied health profession of athletic training are encouraged to investigate the sports medicine major. This nonteaching major leads to a Bachelor of Science Degree, and is an accredited educational program which incorporates specific coursework and a variety of clinical experiences to prepare the student to become a certified athletic trainer (ATC). This demanding major consists of three semesters of selected coursework and clinical observation; four semesters of advanced coursework and directed clinical experiences; and a 15-week field experience. The sports medicine major meets all the standards of the National Athletic Trainers Association and qualifies the student to sit for the national certification exam for athletic trainers.

If you are interested in coaching you may enroll in the coaching minor. This minor will prepare you to coach in a public school, private school, recreation program or community athletic program.

Career Possibilities			
Education	Professional Dance/Theater	Sports Studies	Allied Health
Elementary physical educator	Dance performance	Facilities management	Athletic training
Secondary physical educator	Dance production	Athletic administration	Fitness consulting
Special physical educator	Teaching	Sports information	Exercise physiology
Coach	Choreography	Sports broadcasting	
	Dance therapy	Sports journalism	
		Athletic director	
		Coaching	

# CMU Stars Who Made It BIG

In the 100-year history of Central Michigan University (1892-1992) the Chippewas have progressed a long way from a 14-5 loss in football in 1896. The century has seen the rise of CMU to a Mid-American Conference power with championships in football, baseball, field hockey, gymnastics, cross country, wrestling, softball and basketball in the last five years.

CMU competes against Michigan State, Kentucky and the University of Nevada-Las Vegas. Compare that to when the Chippewas played a schedule that included Bay City High School, the Saginaw YMCA and the Midland Athletic Club. By the way, Central Michigan avenged that 1896 football loss to Alma College by winning a rematch 8-4 that same year.

## Dan Majerle

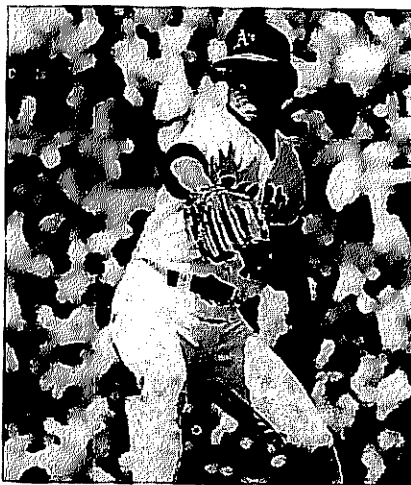


Basketball prowess at CMU has advanced as well, from a team that began by beating Clare High School in 1904 to one that took the MAC by storm (with "Thunder" and "Lightning") in 1987 and sent "Thunder" Dan Majerle on to stardom in the NBA.

Dan Majerle's phenomenal success has surprised most people, including some from his hometown of Traverse City. Majerle was the best player

on a bad team until he rallied the Chippewas from a 7-11 MAC record one year to a 14-2 first place finish in 1986-87. He was a first-round NBA draft pick of the Phoenix Suns in 1988, a move the Suns were ridiculed for until his gutsy style of play won over fans and helped him make the U.S. Olympic team. That catapulted him to hero status in the Phoenix area. Now a NBA All-Star, Majerle has his own line of clothing, endorsement contracts and a huge fan following in the Phoenix area.

## Curt Young

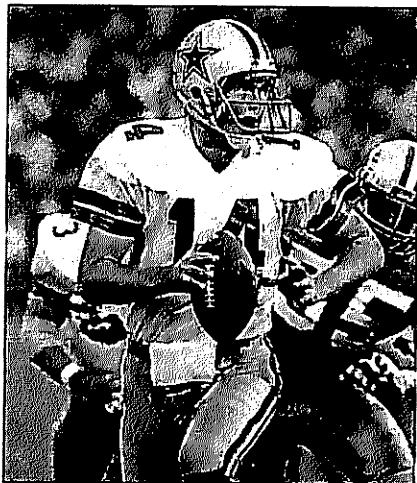


Left-hander Curt Young pitched during the early years of CMU's domination of baseball in the MAC. The Chippewas won nine championships from 1977-90, including five in a row in the mid-1980s. Young had his best years pitching for the Oakland A's, going 9-4 in 1984, his rookie year. During his best three years

as a starter for Oakland, Young was 37-24 with 12 complete games and two shutouts.

Young is currently with the Yankee organization. He struggled through the first half of 1992 with Kansas City before going to New York, finishing the year with a 4-2 record. With the Yankees he was 3-0 with only 10 walks and one homerun allowed in 43 innings.

## Gary Hogeboom



Gary Hogeboom started at quarterback just two years at CMU, but he led the Chippewas to their first MAC title in 1979. After years as a back-up to Danny White at Dallas, Hogeboom finally got his chance to start for the Cowboys, then for the Indianapolis Colts and Phoenix Cardinals. He also played for

Washington during more than 10 years in the NFL.

## Tom Minkel



Tom Minkel has been a three-time wrestling All-American and an Olympic athlete and coach during his distinguished career. Minkel posted a 73-13-1 record from 1969-71 and is the only CMU wrestler to never lose a match in a dual meet. Minkel earned the only spot in his weight class on the 1980 U.S. Olympic team but was not allowed to compete because of the boycott. He is a four-time national champion in Greco-

Roman wrestling at 149-pounds and was the coach of the 1992 U.S. Olympic team.



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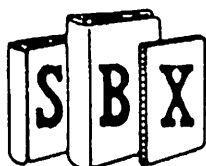
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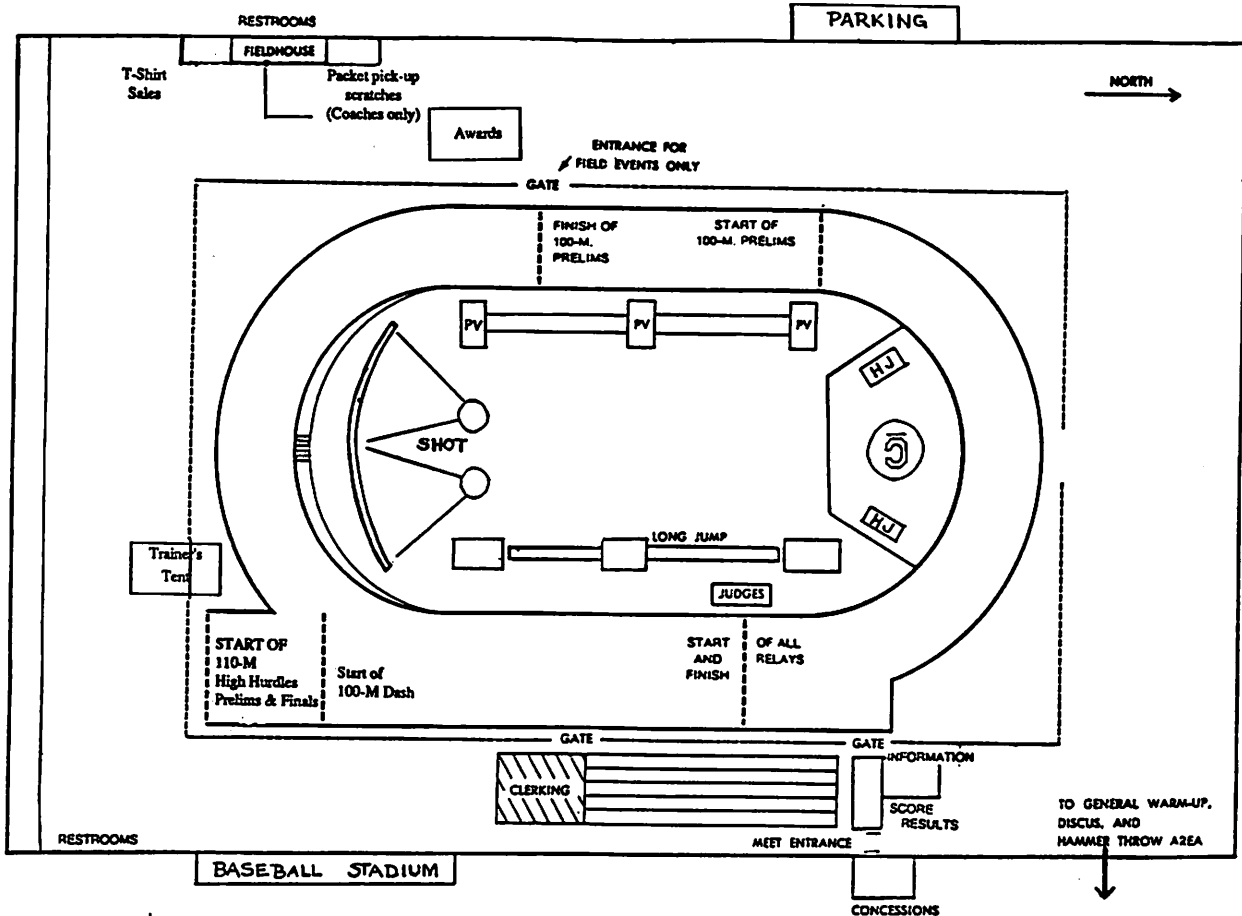


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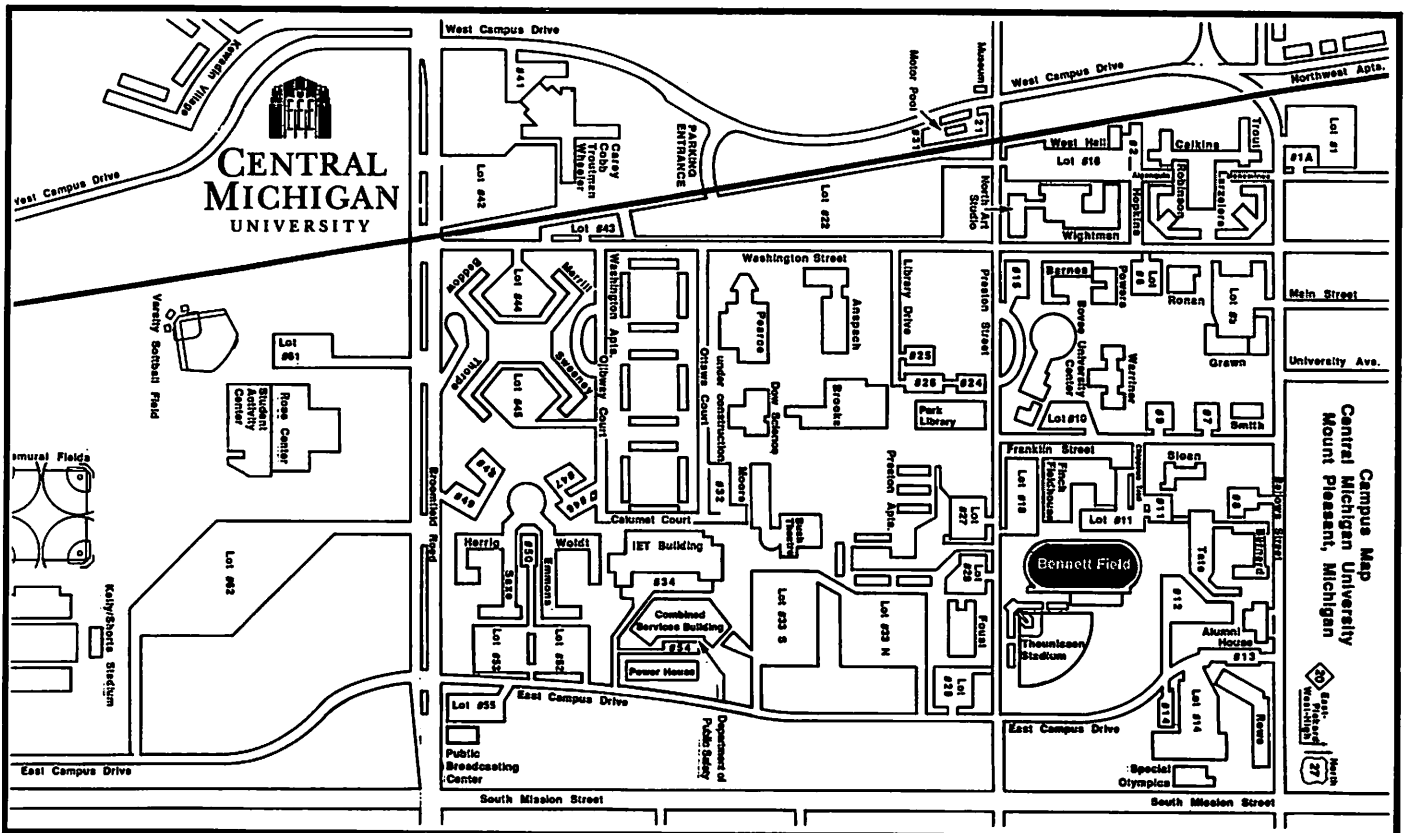
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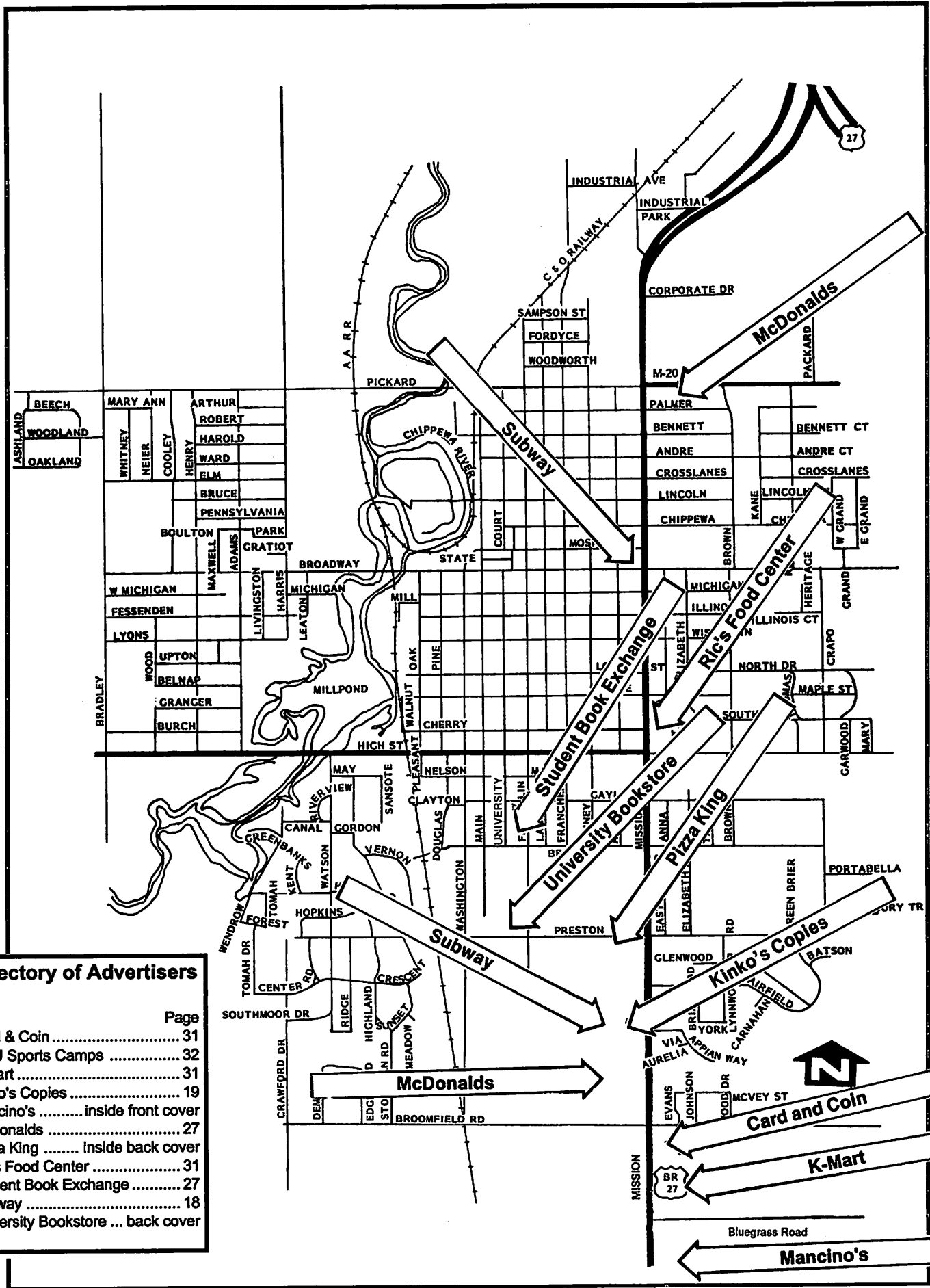


# Bennett Track



# CMU Campus





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	Page
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Subway .....	18
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# Michigan High School Records in CMU Bennett Relays Events

## TRACK AND FIELD (Girls)

Event	School-Competitors	Record	Year
100-Meter Dash	Detroit-Chadsey (Vivien McKenzie) .....	11.70	1982
	Southgate-Aquinas (Paulette Bryant) .....	11.70	1984
	Ann Arbor-Pioneer (Crystal Braddock) .....	11.70	1988
100-Meter 33" Hurdles	Ann Arbor-Huron (Nikki Williams) .....	14.29	1985
400-Meter Relay	Detroit-Cass Technical (Stacey Randolph, Angie Jones Cynthia Merritt, Dana McKeithen) .....	47.81	1985
	Benton Harbor (Michelle Rimpson, Linda McMillion, Sandra Rice, Carolyn Ferguson) .....	1:39.2	1984
800-Meter Relay	Flint-Northern (Alisha Johnson, Marlene Isabelle, Carleen Isabelle, Pamela Brown) .....	3:49.5	1983
1600-Meter Relay	Bloomfield Hills-Andover (Laura Matson) .....	4:45.20	1985
1600-Meter Run	West Bloomfield (Amira Danforth, Tracy Abbott, Maureen Reed, Stacy Abbott) .....	9:17.46	1988
3200-Meter Relay	Midland (Kayla Skelly) .....	10:46.3	1982
3200-Meter Run	Parchment (Donna Wright) .....	150' 7"	1984
Discus	Capac (Ellie Hayden) .....	5' 11 <sup>1</sup> / <sub>4</sub> "	1980
High Jump	Flint-Central (Lorri Thornton) .....	19' 7"	1979
Long Jump	Temperance-Bedford (Karen Sapp) .....	45' 7"	1983
Shot Put-8 lb. 13 oz.			

## TRACK AND FIELD (Boys)

Event	School-Competitors	Record	Year
100-Meter Dash	Jackson (Corey Pryor) .....	10.40	1987
110-Meter High Hurdles	Detroit-Central (Thomas Wilcher) .....	13.6	1982
400-Meter Relay	Detroit-Central (Michael Thomas, William White, Marc Jett, Thomas Wilcher) .....	41.7	1982
	Lansing-Everett (Andy Bunnell, Rod Whittington Chuck Phillips, Ken Thompson) .....	1:26.77	1985
800-Meter Relay	Detroit-Cooley (Robert Adams, David Norman, Raphael Johnson, Marco West) .....	3:16.05	1991
1600-Meter Relay	Kentwood-East Kentwood (Brian Hyde) .....	4:12.74	1991
1600-Meter Run	Monroe (Derek Bork, Matt Schroeder Chris Brown, Tim Pitcher) .....	7:41.29	1988
3200-Meter Relay	Walled Lake-Walled Lake Western (Brian Grosso) .....	8:59.20	1989
3200-Meter Run	Grandville (Brett Organek) .....	196' 5"	1992
Discus	Brimley-Brimley Area (John Payment) .....	7' 1"	1989
High Jump	Lansing Everett (Marcel Richardson) .....	23' 11 <sup>1</sup> / <sub>2</sub> "	1988
Long Jump	Owosso (Toby VanPelt) .....	15' 10"	1989
Pole Vault	Middleville-Thornapple-Kellogg (Gary VanElst) .....	63' 7"	1968
Shot Put			

## Miscellaneous CMU Bennett Relays Records

### Most Team Championships

#### Boy's Teams

Class A	10	Lansing Sexton	1961-62, 80-82, 84, 86-87, 90-91
Class B	13	Flint Beecher	1977-78, 80-88, 91-92
Class C	4	Detroit Country Day	1968, 71, 73, 81
Class D	11	Pickford	1956, 59-65, 70, 73-74

#### Girl's Teams

Class A	2	Lansing Sexton	1982, 84
		Grand Rapids Ottawa Hills	1981, 83
		Detroit Bishop Borgess	1976-77
		Detroit Henry Ford	1986, 90
		Detroit Cass Tech	1987, 89
Class B	3	Detroit De Porres	1988-90
		Morley-Stanwood	1987-89
Class C	3		
Class D	6	Fowler	1983-84, 86, 88, 90, 92

### Most consecutive team championships

Flint Beecher	9	Class B Boys	1980-88
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### Oldest record standing

Boy's	1965	Rob Johnson	Vassar Class B	Shot Put	58-6
Girl's	1978	Laurie Byrd	Flint Hamady Class C	100 M Hurdles	15.1
	1978	Michigan Lutheran Seminary	Class D	400 M Relay	52.2

# Bennett Track Records In Relays Events

## Women's Events


Event	Record	Year	
100-Meter Dash	Gina Temprow (EMU)	11.50	1983
100-Meter Hurdles	Rochelle Kimbrough (Ohio)	13.86	1983
Shot Put	Jodi Reidel (KSU)	47-1	1983
Discus	Beth Manson (BGSU)	164-0	1988
High Jump	Daniell Frances (Ohio)	5-11	1983
Long Jump	Angela Springer (EMU)	20-3	1988
400-Meter Relay	Eastern Michigan University	45.69	1988
800-Meter Relay	Lansing Everett H.S.	1:42.69	1985
1600-Meter Relay	Eastern Michigan University	3:39.80	1988
3200-Meter Relay	Saginaw Valley State College	9:15.5	1982
Sprint Medley Relay (400, 200, 200, 800)	Western Region Ontario	4:12.34	1985
1600-Meter Run	Lee Ann Pinder (Western Region Ontario)	5:10.78	1985
3200-Meter Run	Heather Slay (East Grand Rapids H.S.)	10:44.4	1988
Distance Medley Relay (1200, 400, 800, 1600)	Grosse Pointe North H.S.	12:37.9	1980

## Men's Events

Event	Record	Year	
100-Meter Dash	Randy Smith (MSU)	10.2	1978
110-Meter Hurdles	Roger Ware (Lansing Sexton)	13.57	1986
Shot Put	Bruno Pauletto (CMU)	64-8	1978
Pole Vault	Curt Geerlings (CMU)	17-3 <sup>1</sup> / <sub>2</sub>	1981
Discus	Paul Cochran (Ferris State)	183- <sup>3</sup> / <sub>4</sub>	1990
High Jump	Scott Eagle (CMU)	7-1	1991
	Kevin Flowers (Miami, Ohio)	7-1	1988
Long Jump	Al Ogunfeyimi (Ohio)	25-8 <sup>1</sup> / <sub>2</sub>	1978
400-Meter Relay	Eastern Michigan University	40.16	1988
800-Meter Relay	Lansing Everett H.S.	1:27.12	1985
1600-Meter Relay	Western Michigan University	3:08.65	1988
3200-Meter Relay	Flint Beecher High School	7:55.8	1983
Sprint Medley Relay (400, 200, 200, 800)	Central Michigan University	3:24.07	1989
1600-Meter Run	Paul Self (Western Region Ontario)	4:19.57	1985
3200-Meter Run	Jeff Hough (Corunna H.S.)	9:22.23	1987
Distance Medley Relay (1200, 400, 800, 1600)	Cadillac H.S.	10:37.1	1980

**Dates for 1994 Relays-April 29 & 30**  
 Friday, Classes B & D      Saturday, A & C

**Dates for 1995 Relays-April 28 & 29**  
 Friday, Classes A & C      Saturday, B & D





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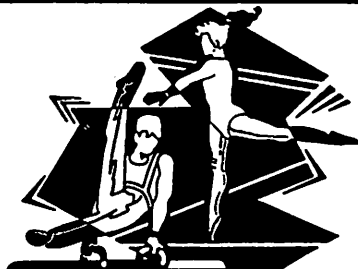



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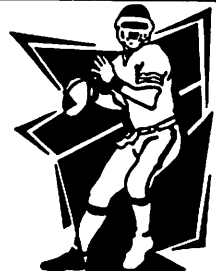


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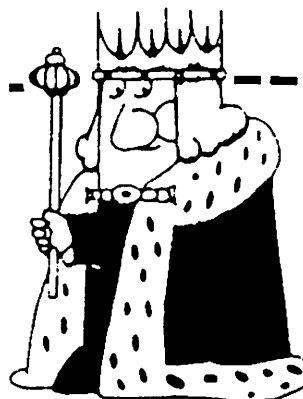
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