

**MITCA BOYS INDOOR TRACK SCHEDULE 1994**

Wed.	January	19	Eastern Michigan University	Co-ed	5:00p.m.
Thur.		20	Central Michigan University	Co-ed	6:00p.m.
Wed.		26	Saginaw Valley State University	Boys Only	6:00p.m.
Fri.		28	University of Michigan	Boys Only	6:30p.m.
Wed.	February	2	Saginaw Valley State University	Girls Only	6:00p.m.
Thur.	February	3	Central Michigan University	Co-ed	6:00p.m.
Sat. .		5	Albion College	Co-ed	10:00a.m.
Tues.		8	Hillsdale College	Co-ed	6:00p.m.
Sat.		12	Albion College	Co-ed	10:00a.m.
Tues.		15	Eastern Michigan University	Co-ed	5:00p.m.
Wed.		16	Saginaw Valley State University	Boys Only	6:00p.m.
Thur.		17	University of Michigan	Boys Only	6:30p.m.
		17	Central Michigan University	Co-ed	6:00p.m.
Fri.		18	Hillsdale College	Co-ed	6:00p.m.
Tues.		22	Spring Arbor College	Co-ed	7:00p.m.
Wed.	March	2	Michigan State University	Co-ed	6:00p.m.
Wed.		18	University of Michigan State Indoor Championships	Boys Only	6:30p.m.

THESE ARE THE ONLY QUALIFYING MEETS FOR THE INDOOR CHAMPIONSHIP MEET

NO SPIKES ARE TO BE WORN AT ANY OF THESE MEETS EXCEPT THE CHAMPIONSHIP MEET

ALL RELAY TEAMS ARE TO WEAR THE SAME COLOR AND STYLE OF SHIRT

- VERY IMPORTANT** - ATHLETES MUST USE CLUB NAME NOT SCHOOL NAME WHEN FILLING OUT EVENT CARDS AND REPORTING TO THE RECORDERS TABLE
- NO PERFORMANCE WILL BE ACCEPTED FOR THE CHAMPIONSHIP MEET UNLESS THE CLUB NAME IS USED
  - NO PERFORMANCE WILL BE ACCEPTED FOR THE CHAMPIONSHIP MEET UNLESS THE ATHLETE IS A MEMBER OF A MITCA REGISTERED CLUB
  - ADULT OFFICIALS ARE NEEDED AT ALL MEETS - PLEASE VOLUNTEER

**REGISTRATION FORM**  
**MITCA BOYS TRACK CLUB**

NO. \_\_\_\_\_

CLUB NAME \_\_\_\_\_

SCHOOL AFFILIATE \_\_\_\_\_

COACH'S NAME \_\_\_\_\_

COACH'S ADDRESS \_\_\_\_\_

No. Street

City Zip Phone

REGISTRATION FEE - \$25.00 - NO SCHOOL ISSUED CHECKS

LATE REGISTRATION FEE - \$50.00 - AFTER FEBRUARY 25

MAKE CHECK PAYABLE TO CHUCK JANKE

MAIL TO: CHUCK JANKE 10728 HEWITT BROOKLYN, MICHIGAN 49230 517-592-5483

**REGISTRATION FORM**  
**MITCA BOYS TRACK CLUB**

NO. \_\_\_\_\_

CLUB NAME \_\_\_\_\_

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INFORMATION PERTAINING TO MEETS

UNIVERSITY OF MICHIGAN - Athletes register by purchasing event cards - \$1.00 per event - \$2.00 per relay

6:30 - Field Events	55 Dash - semis
6:30 - 55 High Hurdles - prelims & semis	55 Highs - final
300 Dash	3200 Relay
55 Dash - prelims	3200 Run
600 Run	55 Dash - final
1600 Run	1600 Relay

BOYS ONLY

NO SPIKES

NO DRESSING FACILITIES

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SPRING ARBOR COLLEGE - EVERYONE PAYS \$2.00 FEE AT THE DOOR

Fieldhouse opens 6:00p.m.

7:00 - Field Events  
7:15 - 50 Highs - prelims, semis, and finals  
8:00 - 300 Dash  
Mile Run  
880 Run  
Two Mile Run  
600 Run

NOTE - 300 dash can not start until the completion of the long jump and the shot put - start time is tentative

CO-ED - GIRLS EVENTS WILL PRECEDE BOYS EVENTS - NO SPIKES - NO DRESSING FACILITIES

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ALBION COLLEGE - Registration begins 9:00 a.m. - EVERYONE pays \$2.00

10:00 - Field Events - <u>NO POLE VAULT</u>	
10:00 - 55m Highs - prelims	Mile Run
55m Dash - prelims	300 Dash
55m Highs - semis	55m Highs - final
55m Dash - semis	55m Dash - final
600 Run	Two Mile Run

CO-ED - GIRLS EVENTS WILL PRECEDE BOYS EVENTS - NO SPIKES - NO DRESSING FACILITIES

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HILLSDALE COLLEGE - Registration begins 5:00 p.m.- EVERYONE pays \$2.00

6:00 - Long Jump and Shot Put	300 Dash
High Jump will follow Shot	1600 Run
6:00 - 55m Highs - prelims & semis	600 Run
55m Dash - prelims & semis	800 Run
55m Highs - final	3200 Run
55m Dash - final	1600 Relay

7:30 Pole Vault - will start 30 minutes after 55 dash final

CO-ED - GIRLS EVENTS WILL PRECEDE BOYS EVENTS - NO SPIKES - NO DRESSING FACILITIES

**SAGINAW VALLEY STATE UNIVERSITY - Registration begins 5:00 - EVERYONE pays \$2.00**

6:00 - Field Events	300 Dash
6:00 - 3200 Run	600 Dash
3200 Relay	800 Relay
55m Highs	1600 Run
55m Dash	1600 Relay

**BOYS ONLY**

**NO SPIKES**

**NO DRESSING FACILITIES**

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**CENTRAL MICHIGAN UNIVERSITY - Registration begins 5:00 - EVERYONE pays \$2.00**

January 20

6:00 - Field Events - PV, SP, HJ Only	60 Dash - final
6:00 - 60 Dash - prelims & semis	300 Dash
60 Highs - prelims & semis	One Mile Run
880 Run	One Mile Relay
60 Hurdle - finals	

February 3

6:00 - Field Events - LJ, SP, HJ Only	1000 Run
6:00 - Two Mile Relay	60 Highs - final
Two Mile run	60 Dash - final
60 Dash - prelims & semis	One Mile Run
60 Highs - prelims & semis	One Mile Relay

February 17

6:00 - Field Events	60 Highs - final
6:00 - Two Mile Relay	60 Dash - final
Two Mile Run	300 Dash
60 Dash - prelims & semis	One Mile Run
60 Highs - prelims & semis	One Mile Relay
1000 Run	

**SPECIAL NOTE - The Pole Vault will begin at 4:00. Opening height is 12'. The long jump will follow the conclusion of the pole vault.**

**CO-ED -GIRLS EVENTS WILL PRECEED BOYS EVENTS - NO SPIKES - NO DRESSING FACILITIES**  
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**EASTERN MICHIGAN UNIVERSITY** - Registration begins 4:00 p.m. - Event cards -  
\$1.00 per event - \$2.00 per relay

5:00 - Field Events(girls precede boys)  
Pole Vault

5:00 - 55 Highs prelims & semis	55 Dash - final
300 Dash(limited entry)	600 Run(limited entry)
55 Dash - prelims & semis	3200 Relay
3200 Run	1600 Run
55 Highs - final	1600 Relay

NO DOUBLING - 55 Dash, 300, 600

NO DOUBLING - 1600 Run, 3200 Run

CO-ED - GIRLS EVENTS WILL PRECEDE BOYS EVENTS - NO SPIKES - NO DRESSING FACILITIES

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**MICHIGAN STATE UNIVERSITY** - Athletes register by purchasing event cards - \$1.00  
per event - \$2.00 per relay

6:00 - Field Events(girls will precede boys in high jump and shot put, long  
jump will be together)

6:15 - 55 Highs - prelims  
300 Dash  
55 Highs - semis  
1600 Run  
600 Run  
55 Highs - finals  
3200 Relay  
1600 Relay

CO-ED - GIRLS EVENTS WILL PRECEDE BOYS EVENTS - NO SPIKES - NO DRESSING  
FACILITIES

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**MEET DIRECTORS:**

Central Michigan University - Jim Knapp - CMU  
Eastern Michigan University - Bob Parks - EMU  
Saginaw Valley State University - Jim Nesbitt - SVSU  
Albion College - Dave Egnatuk - Albion College  
Hillsdale College - Bill Lundberg - Hillsdale College  
Spring Arbor College - Bill Bippis - Spring Arbor College  
University of Michigan - Chuck Janke - Jackson  
Michigan State University - Chuck Janke - Jackson  
Jack Arnold - Ann Arbor

INFORMATION PERTAINING TO MITCA INDOOR CHAMPIONSHIP MEET

DATE: WEDNESDAY MARCH 16, 1994 - UNIVERSITY OF MICHIGAN

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ADMISSION: Competing athletes-no charge - All others \$2.00

TENTATIVE TIME SCHEDULE:

6:45	Field Events	8:35	55 Meter High Hurdles- final
7:00	55 Meter High Hurdles- prelims & semis	8:40	55 Meter Dash- final
7:25	55 Meter Dash- prelims	8:40	AWARDS
7:40	600 Meter Dash- 2 heats	8:45	3200 Meter Relay
7:50	60 Meter Dash- semis	9:00	3200 Meter Run
8:00	1600 Meter Run - 2 heats	9:10	AWARDS
8:15	AWARDS	9:15	1600 Meter Relay - 2 heats
8:20	300 Meter Dash- 3 heats	9:25	AWARDS

ALL PARTICIPANTS MUST BE FROM MITCA REGISTERED CLUBS

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BASIC CRITERIA FOR QUALIFICATION:

55 Dash & 55 Hurdles - 24 fastest times run in semi-final or final heats at the qualification meets  
300 Dash - 18 fastest times from the qualification meets  
600 Dash - 12 fastest times from the qualification meets  
1600 Run - 18 - 20 fastest times from the qualification meets - 2 heats  
3200 Run - 10 -12 fastest times from the qualification meets - 1 heat  
3200 Relay - 8 - 10 fastest times from the qualification meets  
1600 Relay - 12 fastest times from the qualification meets  
Field Events - 8 - 12 best performances from the qualification meets

PLEASE NOTE

DISTANCE RUNNERS MAY RUN EITHER THE 1600 OR 3200 - NOT BOTH

SPRINTERS - HURDLERS MAY RUN ONLY ONE - 300 DASH, OR 600 DASH, OR 55 DASH, OR 55 HURDLES

ALL RELAY TEAMS MUST WEAR IDENTICAL SHIRTS (IF POSSIBLE - OTHER THAN WHITE)

ATHLETES MAY WEAR PIN SPIKES FOR THE CHAMPIONSHIP MEET

ANY MITCA MEET THAT AN ATHLETE COMPETES IN AFTER HE COMPETES IN A MEET OR SCRIMMAGE FOR HIS HIGH SCHOOL MUST COUNT AS ONE OF HIS ALLOWABLE TWO OUTSIDE COMPETITIONS

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SELECTION COMMITTEE:

Pole Vault	Don Marsh	313	736	1912
High Jump	Bill Wehrwein	313	475	3772
Long Jump and 600	Martin Crane	313	686	2800
Shot Put	Duane Raffin	313	634	8539
55 and 300	Dave Gordon	313	851	7029
55 Hurdles	Norb Badar	313	238	1478
1600 and 3200 Runs	Don Sleeman	313	426	5430
1600 Relay and 3200 Relay	Chuck Janke	517	592	5483

TO: MITCA REGISTERED BOYS TRACK CLUBS  
FROM: CHUCK JANKE - DIRECTOR MITCA BOYS INDOOR TRACK MEETS  
RE: REGISTRATION OF MITCA BOYS TRACK CLUBS FOR 1994

Enclosed is a registration form for boys track clubs only.  
Also enclosed is some pertinent information pertaining to indoor track - PLEASE READ IT CAREFULLY. The boys schedule will be similar to last years schedule and hopefully will be finalized by the first of January. All meet information and the schedule will be mailed to all registered clubs as soon as it is completed.

REGISTRATION FEE: \$25.00  
\$50.00 after February 25

MAKE CHECKS PAYABLE TO CHUCK JANKE - NO SCHOOL ISSUED CHECKS

MAIL TO: CHUCK JANKE  
10728 HEWITT  
BROOKLYN, MICHIGAN 49230

QUESTIONS AND OR REGISTRATION FOR MITCA GIRLS INDOOR TRACK SHOULD BE DIRECTED TO:

JACK ARNOLD  
3252 ALPINE DR.  
ANN ARBOR, MICHIGAN 48108  
313 677 1623

**PLEASE READ CAREFULLY**

1. Pertaining to MITCA club registration:
  - a. No school issued checks can be used to pay the club registration fee.
  - b. Club name should not include any part of the school name.

**EXAMPLE:** Flint Northern Viking High School

**DO NOT USE:** Flint Northern, or Northern,  
or Vikings as any part  
of the club name

**YOU MAY USE:** Flint(as in city) and/or  
your imagination.

2. Pertaining to MITCA track meets
  - a. Do not use school transportation(buses, vans etc.)
  - b. Do not use any school issued checks to pay entry fees.
  - c. Do not use any school issued wearing apparel or wearing apparel that could be construed as school issue. In order to stay above suspicion do not wear any apparel that has your school name on it. If you use a club name on what you wear it should appear the same way as explained above as per 1-b. It is also suggested that the wearing apparel be of different colors than your official school colors.
  - d. Athletes should be instructed to use the club name not the school name when filling out entry cards and/or reporting place finish.
  - e. If more than 3 athletes from the same school are participating in a meet the coach may not act as an official in the meet - starter - referee - timer - finish judge - head field judge - or as an inspector. In order to stay above suspicion coaches should remain in the stands and off the the infield area.
  - f. Any MITCA meets that an athlete competes in after he competes in a meet or scrimmage for his high school must be counted as one(1) of his allowable two(2) outside competitions.