

SOUTHFIELD TRACK NEWSLETTER

VOL XVI: No 3

03-31-94

1994 Practice Meet**Southfield - Brother Rice
at Southfield**

Meet Results: Southfield begins 1994 dual meet campaign with practice meet with Brother Rice.

Weather: Sunny; 50F; Wind S, 15mph

Starter: Mike Jordan; 12:00 noon - 2:15 pm

Shot Put

Foggio	B	38-11
Ingram	S	37-05
Sabol	B	37-02
Telford	B	36-07.75
Ide	B	35-10
Blythe	B	34-03.25
Kern	B	33-05.5
Potts	S	32-08.25
DMcNair	S	30-06.5
Bellar	B	30-02.25
Harris	S	29-02.25
Crowe	S	26-04

Discus Throw

Telford	B	137-11
Ide	B	111-00
Sabol	B	110-05
Harris	S	100-00
Kern	B	93-10
Blythe	B	93-09
Foggio	B	92-02
Potts	S	89-00
Ingram	S	85-08
Crowe	S	73-06
Cormack	S	63-00
Harris	S	52-06

High Jump

Ubom	B	6-00
Bridges	B	5-10
Harrison	B	5-10
Cazeno	B	5-08
Isaac	S	5-08
Hereford	S	5-06
Harris	S	5-03
Benefield	B	5-00

Long Jump

Burton	S	18-05.25
EMcNair	S	17-08.5
Benefield	B	17-07.25
Cazeno	B	17-05.75
DMcNair	S	17-02
Bridges	B	17-02
Alexander	S	16-06.5
Marshall	B	16-05.75
Eli	B	15-09.75
Wiggins	S	14-06.25

110m High Hurdles

Burton	S	15.3
LGarrett	S	15.8
Ferri	B	16.6
Duffield	B	17.5
Mayes	B	17.5
Rushmon	B	18.2
DMcNair	S	19.7

100M Dash

Floyd	S	11.0
Bouchard	B	11.6
Ely	B	11.7
Marshall	B	11.7
Austin	S	12.1
Story	S	12.1
Alexander	S	12.3
Wiggins	S	12.4
Ubom	B	12.6
Potts	S	13.1

200m Dash

Floyd	S	22.6
Davis	B	23.5
Ubom	B	23.9
Bouchard	B	24.0
Kirk	B	24.4
Austin	S	24.6
Rushmon	B	25.0
Story	S	25.3
EMcNair	S	25.8
Brown	S	
Potts	S	

1600m Run

Juett	B		5:13.5
Salach	B		5:14.4
Riley	S	69 76 85 75	5:14.6
no name	B		5:17.4
no name	B		5:18.9
no name	B		5:20.7
DGarrett	S	69 78 94 97	5:48.0

3200m Run

Gass	B	11:12.6
Harrison	B	11:14.6
EBecker	B	11:23.4
Juett	B	11:47.0
Lawson	B	12:07.0
Salach	B	12:10.0
CBecker	B	12:10.0

400m Dash

Sherrod	S	55.1
EMcNair	S	56.3
Cooley	B	57.2
DMcNair	S	57.9
Armstrong	B	58.3
BHarris	S	59.3
Peterson	S	62.4
Drake	S	66.4
Cormack	S	71.0

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Crawford	B		2:13.9
Harrison	B		2:14.0
Wietchec	B		2:22.0
Riley	S	68 76	2:23.8
McAllister	B		2:24.0
Vartabedian	B		2:26.0
Crumley	B		2:31.0

300m Intermediate Hurdles

Burton	S	42.4
Duffield	B	43.8
Ferri	B	44.6
Rushmon	B	47.3

4x100m Relay

Southfield	S	48.0	Alexander-Brown-Burton-Deruso
Brother Rice	B	DNF	

4x200m Relay

Southfield	S	1:40.1	Floyd/23.0-LGarrett/23.0-Brown/25.4-Deruso/28.7
Brother Rice	B	1:43.6	

4x400m Relay

Southfield	S	3:35.5	LGarrett/54.3-Floyd/53.4/Isaac/53.0-Sherrod/54.8
Brother Rice	B	3:46.8	

4x800m Relay

Brother Rice	B	8:40.2	
Southfield	S	9:23.6	
			Sherrod/66/69/2:15-Hereford/65/74/2:19-Bey/72/82/2:34-Isaac/64/71/2:15
Southfield b	S	9:44.6	
			DGarrett/64/79/2:23-Ingram/66/74/2:20-RSmith/79/84/2:43-EMcNair/63/76/2:19