

SOUTHFIELD TRACK NEWSLETTER

VOL XVI: No 5

04-19-94

Double Dual MeetSouthfield - Seaholm - Kimball
at Southfield

Meet Results: Southfield evens dual meet recrd with wins over Seaholm 81-47
and Kimball 100-28. West Bloomfield Invitational is next.

Weather: Sunny; 66F; Wind NW, 15mph

bill johansson - 399-9603

Starter: Kevin Kabacinski; 4:30p - 7:22p

Shot Put

Carlson SE 43-10.5
Piernik SE 42-04
Ingram S 39-05.5
Peck SE 37-05.5
Martins K 35-03.5
O'Grady K 34-10.5
Cormack S 29-09.5
Harris S 29-02
Crowe S 27-01

Discus Throw

Piernik SE 133-06
Carlson SE 113-09
Twomey SE 105-03
Harris S 102-03
Ingram S 100-01
O'Grady K 100-01
Church K 98-01
Carrie K 95-10
Cormack S 85-11
Crowe S 80-04

High Jump

Isaac S 5-10
Schredler SE 5-08
Thomas SE 5-02
Masterson K 5-02
Ohman K 5-02

Long Jump

Webster K 19-03.25
Austin S 19-01.25
Trimmer SE 18-04.5
Schredler SE 17-08.5
EMcNair S 15-11
DMcNair S 15-09.25

110m High Hurdles

Burton S 14.8
LGarrett S 16.1
TJackson S 16.6
Grover SE 19.4
Diguiseppe SE 20.4
Morgan SE 20.7

100M Dash

Floyd S 11.2
Trimmer SE 11.7
Smith SE 11.8
Swann K 11.9
Story S 12.0
Austin S 12.0
Brown S 12.3
Wiggins S 12.7
Harrell S 17

1600m Run

Inglis SE 4:57.1
Crymes S 63 76 75 76 5:03.0
Wheeler SE 5:10.4
Riley S 75 83 82 76 5:15.6
Drake S 76 83 82 75 5:15.9
DGarrett S 74 85 82 86 5:16.5
Smith S 83 94 97 83 5:57.0

200m Dash

LGarrett S 23.4
Austin S 24.3
Story S 24.7
Vlaming K 24.9
Brown S 25.0
Wiggins S 25.8
Palermo SE 26.0
Masterson K 26.4
Borman SE 27.2
Harrell S 34.1

3200m Run

Cleninson K 11:03.0
Woolard SE 11:24.0
Crymes S 72 78 82 86 89 91 94 94 11:24.4
Simpson K 11:24.8
Zielinski K 11:39.0
Riley S 75 87 91 85 91 94 92 81 11:40.2

400m Dash

Sherrod S 54.7
Brown S 56.2
Inglis SE 56.7
Webster K 56.9
Ingram S 57.3
Dancik SE 57.6
English S 59.8
Cormack S 64.5

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800m Run

Halbert	SE		2:11.4
Isaac	S	66 65	2:11.6
Laws	K		2:16.2
McCloud	K		2:19.0
Gellasch	K		2:20.0
Bey	S	67 73	2:20.8
Weems	S	68 81	2:29.0
Harrell	S	73 105	2:57.7

300m Intermediate Hurdles

Floyd	S	40.2
Burton	S	41.9
TJackson	S	44.6
Grover	SE	48.5
Risenberger	SE	52.4
Mellor	SE	54.8

4x100m Relay

Southfield	S	47.9	Jackson-Burton-EMcNair-DMcNair
Seaholm	SE	51.8	
Kimball	K	dnf	

4x200m Relay

Southfield	S	1:35.1	Floyd/22.7-LGarrett/23.4-Burton/24.3-DMcNair/24.5
Seaholm	SE	1:43.5	
Kimball	K	1:47.3	

4x400m Relay

Southfield	S	3:38.3	LGarrett/54.5-Floyd/54.4/Isaac/54.9-Sherrod/54.4
Seaholm	SE	3:49.6	
Southfield b	S	3:49.1	DMcNair/59.3-TJackson/57.7-Brown/56.6-Ingram/57.5
Kimball	K	3:57.5	
Southfield c	S	4:09.6	English/62.1-Gibbs/57.9-Weems/63.6-Story/66.0
Southfield d	S	4:17.2	DGarrett/62.7-Bey/63.8-Peterson/63.0-Smith/67.7
Southfield e	S	4:58.9	Wiggins/68.1-Harris/72.3-Cormack/68.5-Harrell/90.0

4x800m Relay

Southfield	S	8:53.9	Sherrod/64/67/2:11-Ingram/60/73/2:13-Bey/66/76/2:21-Isaac/63/69/2:11
Kimball	K	9:01.8	
Southfield b	S	9:17.3	DGarrett/64/73/2:16-Drake/68/72/2:20-Peterson/66/73/2:19-Gibbs/62/72/2:14
Seaholm	SE	9:43.2	