

11-8-75
Ann Arbor

3200 Relay

400 dash
Julia

1600 Relay

- 1
- 2
- 3
- 4

- 1
- 2
- 3
- 4

100 hurdles

300 hurdles

100 dash

Kanisa 12.2
LaKesha 12.6

800 Run

800 Relay

- 1
- 2
- 3
- 4

200 dash

1600 Run

Katie 5:26.32
Ebony 6:19.72

Osborn at King

4 X 800	10:45.79	4 X 100	51.34	200 dash
1 Ebony	- 2:39.05	1 Shelise	-	2 Keisha 69.70
2 Nijssha	- 2:45.92	2 Kanisa	-	Takeyla 73.21
3 Katie	- 2:25.0	3 Emily	-	Janelle
4 Roberta	- 2:55.	4 Chantelle	-	Shelise
				2 mile run

100 hurdles		400 dash	
Chantelle	16.15	Janelle	63.49
Tisshema	17.9	Ayobami	60.66
		Kelli	66.06

100 dash		4 X 400	
Emily	12.26	1 Ebony	Kelli
Kanisa	11.99	2 Ayobami	Sharee
LaKasha	12.76	3 Janelle	Ria
Takeyla	13.60	4 Katie	- Jerree
Keisha	13.13		

300 hurdles			
		Tisshema	53.01
			1
			2
			3
			4

4 X 200	146.59	1:51.99	
1 Chantelle	- Shelise	800 dash	
2 Janelle	- Kelli	Nijssha	2:56.3
3 Emily	- Takeyla	3 Roberta	70.01
4 Ayobami	Keisha	4 Ria	70.79
		Akechia	

1600 Run		Ebony	66.40	Long Jump
Katie	5:43.0	Sharee	65.50	LaKasha
		Kimberle	68.75	

4-13-95
Finney at King

4 X 800 10:59.14

- 1 Ebony 2:15.72
- 2 Niyasha 3:01.05
- 3 Katie 2:25.66
- 4 Alechia 2:40.71

4 X 100 52.75

- 1 Kanisa - Shelise 55.12
- 2 LaKisha - Tracey
- 3 Takeyla - Takeyla Tisshema
- 4 Chantelle - Keisha

100 hurdles

- Chantelle 15:04
- Tisshema 14.88

400 dash

- Ayobami 63.48
- Kelli 67.85
- Jeree 77.74
- Kelli

200 dash

- Keisha
- Takeyla
- Shelise
- Tracey

100 dash

- LaKisha 12:5
- Kanisa 12.5

- Niyasha
- Kimberle 91.61
- Tiffani 82.76

- Keisha
- Jeree

- Emily
- Takeyla 13.48
- Keisha

300 hurdles

- Tisshema 56.92

- 4 X 400
- 1 Alechia
- 2 Ayobami
- 3 Ebony

800 dash

- Ebony 3:06.25

4 X 200 1:49.77

- 1 Chantelle - Shelise 1:55.89
- 2 LaKisha - Sharee
- 3 Jeree - Takeyla
- 4 Ayobami - Keisha

- 1 Kimberle
- 2 Sharee 2:48.94
- 3 Roberta
- 4 Niyasha

1600 run

- Katie 5:46.4

- H. Jump
- Neara 4'2"

- 1 Kimberle
- 2 Ria
- 3 Tish
- 4

4-25-95

31.3 Feb 2005
10m 3005

4x800	43.78	10:19.4	King at King	52.10	200 dash
1 Ebony	- Sharee	1 Kanisa			Shelise
2 Alechia	- Kimberle	2 LaKesha	52.07	26.75	LaKesha
3 Cheryl	- Nijssha	3 Shelise		25.88	Kanisa
4 Katie	- Ria	4 Chantelle		27.6	Jeree Keisha

100 hurdles		400 dash		28.54	Takeya
Chantelle	15.38	Kimberle	80.03		Tracey
Tishema		Ayobami	63.84	4:20.17	4x400

100 dash		Julia	66.01	66.88	Ayobami
LaKesha	12.43	Sharee		65.713	Katie
Takeya	13.12	Janelle	65.31	65.87	Julia
Shelise	12.91	Nijssha	68.11	61.74	Cheryl
		Tiffoni	75.52		4:0

Kanisa	11.94	Alechia	66.28	69.10	Janelle	
		300 hurdles	70.84	2	Alechia	
		Keisha		22.473	Ebony	
		Tishema	56.65	71.98	4	Nijssha

4x200	46.59	Cheryl	51.34		
1 Janelle	- Tracer	4 Kelli	51.87	1	Sharee
2 Julia	- Keisha			2	Nijssha
3 Chantelle	- Shelise			3	Roberta
4 Ayobami	- Takeya	800 dash		4	Jeree

1600 Run	H. Jump	Ebony	2.52.00	Long Jump	
Katie	5.52.60	Nedra 4'8"	Roberta	LaKesha	
Jovan		Nedra		Nedra	

H-27-95
Cass at Central

H X 800 2:45.94
1 Ebony 10:35.93
2 Akechia 2:38.34
3 Cheryl 2:38.93
4 Katie 2:32.75

H X 100
1 Kanisa
2 LaKisha 52:22
3
4 CharStelle

Long Jump
LaKisha
Nedra
High Jump
Nedra

100 hurdles
Chantelle 16.24
Kisha

400 dash
Kimberle
Tiffoni
Julia
Roberta

200 dash
Jere
Takeya
Tracey

100 dash
LaKisha 12.70
Kanisa 12.61
Taletha 13.33

Ayobami
Akechia
Nedra

Sharce
H X 400
1 Ebony
2 Cheryl
3 Kelli
4 Akechia

H X 200
1 Chantelle -
2 Julia - 1:48:57
3 LaKisha
4 Takeya

300 hurdles
Tishema
Cheryl

1 Niysha
4 Tishema
2 Roberta
3 Jere

1600 Run

800 dash
Ebony
Ria
Niysha

Westwood High School
4-29-95

High Jump		Sprint Medley Relay		1600 Run	
Nedra	4'9"	400 Julia	55.5	Nijssha	6:35.0
		200 Ayobami		H:11.4	1st.
Long Jump		200 Tracey			
LaKisha	16.0	800 Katie	2:22		
		800 Relay	1:44.9		1st.
300 hurdles		1 Ayobami			
Keisha		2 Julia	24.3		
Cheryl	45.4	3 Chantelle	25.5		T
	10:07.2	4 Tracey			
3200 Relay					
2 Keisha		400 Relay	49.08		1st.
1 Ebony		1 Kanisa			
3 Cheryl	2:36.17	2 LaKisha			
4 Katie	2:20.31	3 Keisha			
		4 Chantelle			
100 dash					
LaKisha	12.4	1600 Relay	4:01.11		1st
Kanisa	11.9	1 Ayobami	62.61		
	1st.	2 Katie	60.40		
100 hurdles		3 Julia	58.67		
Chantelle	15.83	4 Cheryl	59.49		T
	3rd				

5-2-95

Southeastern at King

25.55
26.98
27.10

27.72
28.07

27.10 Keisha

High J.
Nedra

1600 Run
Niyssha 6:37.56

200 dash
24.60 Chantelle

10:23.57 Roberta 6:59.18

27.31 Shelise Kelli

3200 Relay
4X100 Relay

27.72 Tabeta

1 Ebony 2:42.67

1 Kanisa

27.07 Trashi Ayobami

2 Alechia 2:32.42

2 LaKesha

26.28 LaKesha

3 Cheryl 2:41.49

3 Shelise

28.67 Jeree

4 Katie 2:26.99

4 Chantelle

26.96 Sharee

Kimberle

100 dash

400 dash 50-70

30.62 Tiffoni

Tabeta 13.24

Ayobami

25.55 Kanisa

Shelise 12.81

Julia

H X 410

LaKesha 18.06

Janelle 63.50

1 Ayobami 64.12

Kanisa

Kimberle 68.88

2 Katie 62.03

Keisha

Ria

3 Julia 59.53

4 Janelle 69.87

300 hurdles

H X 200 144.87

1:50.18

Kelli 48.30

2 Alechia

1 Ayobami - Shelise

Keisha 49.1

1 Janelle

2 Janelle - Tishema

Cheryl

3 Ebony

3 Julia - LaKesha

Tishema 56.33

4 Kelli

4 Chantelle - Tabeta

Niyssha 246.67

800 dash

1 Niyssha

1 Jeree 1:52.53

Alechia 2:26.6

2 Roberta

2 Sharee

Ebony 2:45.29

3 Ria

3 Kelli

Katie 2:26.17

4 Tishema

Keisha

Roberta
Nedra 3:02.21

Wayne High School - Dayton, Ohio

Friday

3200 Relay
 1 Ebony
 2 Sharee
 3 Roberta
 4 Jerce

Medley Relay 4:08.15
 200 Shalise Kanisa 25.
 200 ~~LaKisha~~ Chantelle 24.39
 400 Ayobami 57.64
 800 Katie 2:20.43

800 Relay 1:40.06
 1 Kanisa 26.82
 2 Julia LaKisha 25.71
 3 Chantelle 24.38
 4 Tracey 25.48

Distance Medley
 800 Ebony 2:41.62
 400 Janelle Ayobami 62.60
 1200 Nijssha 4:22.17
 1600 Akchia 5:51.25

Saturday

Sprint Medley 1:53.57
 100 Shalise 13.65
 100 Keisha 13.43
 200 Sharee 26.05
 400 Janelle 61.38

100 hurdles 51.84 / 50.93
 1 Chantelle 15.29 / 15.30
 2 Tishieame 18.79
 27.9
 100 dash 26.27
 1 Kanisa 12.19 / 12.34 / 11.85 - 355.76

2 LaKisha 12.52
 1600 Run
 1 Ebony 6:17.14
 2 Nijssha 6:40.39

400 Relay 48.52
 1 Kanisa
 2 LaKisha
 3 Tracey
 4 Chantelle

800 dash
 1 Katie 2:17.05
 2 Akchia 2:30.6
 300 hurdles
 Tishieame
 2 Kelli

200 dash
 1 Shalise
 2 Tracey
 3:57.97
 1600 Relay 60.72
 2 Ayobami
 4 Katie 58.59
 3 Julia 56.14
 1 Janelle 62.54

High Jump
 Nedra 4'8"
 Long Jump
 Jerce
 Nedra

400 dash
 1 Ayobami 60.65
 2 Julia 57.26

5-9-95
Derby at King

H X 800	H X 100 50.69	200 dash
1 Ebony	1 Kanisa	Chantelle 25.0
2 Aleckia	2 LaKisha	Tracey 26.30
3 Cheryl	3 Chantelle	Takyla 28.48
4 Katie	4 Janelle	LaKisha 26.30
		27.85 Sharee-Janelle 27.2

100 dash	400 dash	Tiffoni 30.82
Kanisa 12.41	Julia	Kimberle 27.7

LaKisha 12.66	Ayobami 62.01	4 X 400
Janelle 13.37	Nedra	1 Ayobami
Takyla 13.73	Kimberle 70.72	2 Ebony
Keisha	Ebony 66.13	3 Julia
Kelli		4 Katie

H X 200 1:45.01	300 hurdles	
1 Kanisa 27.24	Keisha	1 Aleckia
2 Chantelle 24.83	Tisskema 49.7	2 Nedra
3 LaKisha 26.26	Kelli 53.41	3 Kelli
4 Tracey 26.03	Cheryl 47.65	4 Nijsha

100 Hurdles		1 Shelise
Cheryl Omar 15.55	800 dash	2 Kimberle
	Nijsha	3 Roberta
	Roberta	4 Keisha

100 Hurdles	Aleckia 2:40.07
Cheryl 15.55	Katie 2:21.40
	Ria

5-11-95

10:00: Kettering at King

4x800 relay	400 dash	100mH	200 dash
1 Ebony 2:35.0	Julia 58.65	Tisshema 19:02	Chantelle 25.65
2 Akechia 2:34.35	Ayobami 62.90	Cheryl 17.07	Akechia 29.12
3 Cheryl 2:27.54	Roberta		Kimberle 29.67
4 Katie 2:22.86	Ebony 45.76		Janelle 27.96
	Nedra		Tiffani 31.08

100 dash	Tiffani 71.37		Sharee
Shelise 12:88	300 hurdles		LaKisha 26.75
Kanisa 11:83	Keisha 56.77	1:54.85	Takeyla 28.51
LaKisha 12:08	Tisshema 53.25	4x200	Tracy 26.22
Takeyla 13.3	Kelli	1. Tisshema	Shelise 27.71
Keisha 13:12	Cheryl 50.75	2. Keisha	Katie 28.22
Kelli		3. Takeyla	

	800 dash	4 Kim	4x400
4x200 1:43.74	? Katie 2:24.86	4x100 54.18	1 Ayobami
1 LaKisha	Nijssha	Shelise	2 Katie
2 Julia	Akechia	Jeree	3 Julia
3 Chantelle		Keisha	4 Cheryl
4 Tracy		Janelle	4x200

50.68	High Jump	1. Kanisa 1:50.35
4x100	Nedra	2. Janelle
1 Kanisa		3. Ayobami
2 LaKisha	Long Jump	4. Shelise
3 Chantelle	Jeree	
4 Tracy	LaKisha	
	Nedra	1600
		Roberta 7:10.71

5-13-95
Superintendents Relay

9:49.23

H X 800 300 hurdles medley relay
 1 Ebony 2:37.44 1 Cheryl 45.36 800 Ayobami 2:29.6
 2 Akechia 2:31.46 2 Tishema 400 Janelle 61.1
 3 Cheryl 2:22.27 1200 Nijscha 4:35.7
 4 Katie 2:17.24 800 dash 1600 Ebony
 1 Katie

100 dash 2 Akechia
 1 LaKisha 12.76 12.18 12.52 400 dash
 2 Kanisa 12.4 200 dash 1 Julia 57.10
 12.06 12.08 1 Chantelle 25.44 2 Ayobami 61.2
 800 Relay 2 Kisha 27.50

1 LaKisha 1:40.23
 2 Chantelle 1600 Relay
 3 Julia 1 Ayobami 40.59 100 hurdles
 4 Tracy 2 Katie 59.57 6th Tishema 18.5
 3 Julia 56.37 3:57.19

1600 run 4 Cheryl 59.64
 1 800
 2 High Jump Katie 2:18.94
 48.4 Nedra 5'8" Akechia 2:36.35

400 Relay
 1 Kanisa Long Jump
 2 LaKisha LaKisha 16'
 3 Keisha Nedra 16'5"
 4 Chantelle

5-16-95
Northern at King

High Jump	800 Relay 1:41.10	800 dash
Media	1 Chantelle	Nyssa 28.63
	2 Julia	Ebony 27.98
Long Jump	3 Emily	Akechia
Jerec	4 Tracey	
Media		

	1600 Run	200 dash
	Nyssa 7:06.1	Shelise
	Roberta	Chantelle
3200 Relay		Shree 27.07
1 Akechia 2:31.62	400 Relay 4:49.32	Tracey 26.15
2 Ayobami 2:37.63	1 Kanisa	Tiffani 30.40
3 Cheryl 2:27.86	2 LaKisha	Cheryl 26.05
4 Katie 2:34.23	3 Emily	Keisha
100 hurdles	4 Chantelle	Kimberle 29.59
Tishema 16.2		LaKisha 26.76

	400 dash	1600 Relay
100 dash	Jerec	1 Cheryl
LaKisha 12.80	Julia 57.82	2 Ayobami
Takeya 13.13	Ayobami 60.92	3 Julia
Keisha 13.58	Kimberle 75.43	4 Katie
Shelise	Tiffani	
Kanisa 12.26	30 Hurdles	
Kelli 13.62	Kelli 51.27	
	Keisha 54.50	
	Tishema 55.62	
	Cheryl	

5-18-95

Murray Wright at King

52.50

4 x 800
1 Akechia
2 Ayobami
3 Janelle
4 Ebony

400 Relay
1 Kanisa Keisha
2 LaKisha Takeyla
3 Emily Sharee
4 Chantelle Shelise

200 dash
Shelise
Sharee
Keisha
Kimberle
Janelle
Takeyla
Tracy

100 hurdles^a
Tishema 14.14
Cheryl 14.92

400 dash
Cheryl 60.21
Kimberle 69.25

100 dash
Kanisa
LaKisha 12.3
Shelise 13.49
Takeyla 12.77
Kelli 13.24
Keisha 13.24

Ebony
Tifoni 71.39
Akechia
Jeree 73.64
300 hurdles
Keisha
Tishema 75.18
Kelli 74.27

1600 Relay
1 Cheryl
2 Ayobami
3 Julia
4 Katie

800 Relay 1:43.81
1 LaKisha
2 Julia
3 Chantelle
4 Tracey

800 dash
Roberta
Nijssa
Katie

Long Jump
Jeree
LaKisha
Nedra

1600 Run
Nijssa
Roberta 6:40.57

High Jump
Nedra

5-20-95

State Regional Monroe

9:38.27

48.2

4 X 800 Relay

4 X 100 Relay

200 dash

Aleshia 2:29.27

1 Kanisa

24.9

Chantelle

Ayobami 2:29.17

2 LaKisha

24.0

Tracey

Cheryl 2:21.25

3 Emily

Shelise

Kati 2:18.58

4 Chantelle

27.3

Jerre

Talaya

100 hurdles

400 dash

27.1

Sheree

Tishema

Julia 56.64

27.7

Janelle

Cheryl

Ayobami 60.11

Kimberle

100 dash

Janelle 63.87

27.3

Keisha

Kanisa 11.84

Roberta 68.04

LaKisha 12.40

3:58.10

1600 Relay

Talaya

300 hurdles

1 Cheryl 59.04

Keisha

Cheryl 45.08

2 Ayobami 60.55

Shelise

Kelli 51.47

3 Julia 58.28

Kelli

Keisha 55.28

4 Kati 60.11

Emily 12.18

Tishema 51.78

800 Relay 1:40.97

Long Jump

1 LaKisha 25.86

800 Run

16' 2 1/2" Nedra

2 Julia 25.00

Aleshia 2:35.36

Jerre

3 Chantelle 23.96

Kati 2:19.15

4 Tracey 25.90

2:18.69

1600 Run

Ebony 2:41.97

High Jump

Roberta

Niysha 2:47.53

Nedra

Jerre

City Meet
5-25-95

HX 800	9:58.3	HX 100	49.01	200 dash
1 Akechia	2:32.57	1 Kanisa		1 Sharee
2 Ayobami	2:40.32	2 LaKisha	24.8	2 Chantelle
3 Katie	2:18.42	3 Emily	25.8	3 Tracey
4 Cheryl	2:26.95	4 Chantelle		4 Tareyla

100 hurdles		400 dash		3200 Run
1 Tishema		1 Ayobami	60.52	1 Mirisha
2 Cheryl		2 Janelle	66.42	2 Roberta
		3 Julia	57.02	3
		4 Jerec		4

100 dash		300 hurdles		4x400 relay
1 LaKisha	12:40	1 Cheryl	60.41	1 Ayobami
2 Kanisa	12:06	2 Keisha	51.26	2 Katie
3 Shelise		3 Tishema	52.17	3 Julia
4 Emily	12:40	4 Kelli	50.72	4 Janelle

800 relay		800 dash		Long Jump
1 LaKisha		1 Akechia	2:43.62	LaKisha
2 Julia		2 Katie	2:18	Jerec
3 Chantelle		3 Ebony	2:41.60	Medra
4 Tracey		4 Medra		

1600 Run				High Jump
1 Akechia	5:46			Medra
2 Ebony	6:07			
3 LaKisha	6:11			

P.L. 2/Chad Meet
May 27, 1995

100 LaKesha 1st 12.8

200 Chantelle 1st. 25.7

800 Katie 1st. 2:20.1

400 Julia 1st. 56.7

Ayobami 2nd 61.0

400K. 1st 50.7

800K. 2nd 1:50.1

1600K. 1st 4:02.7

Long Jump LaKesha 4th 15'6"

Nedra 6th 14'11"

State Meet 6-3-95
Lagimod

~~3200 Relay~~
1 Akechia
2 Ayobami
3 Katie
4 Cheryl

400 dash
Julia 2nd 57.41
Ayobami

~~300 hurdles~~
Cheryl

100 dash
Kanisa 1st 12.3
Emily 4th 12.5
LaKisha

800 Run
Katie 2nd 2:16.17

800 Relay 1st 1:41.0
1 LaKisha

200 dash
Chantelle 1st 25.83

2 Julia
3 Chantelle
4 Tracey

1600 Relay 1st 3:57.45
1 Ayobami
2 Katie
3 Julia
4 Cheryl

400 Relay 1st 48.38

1 Kanisa
2 LaKisha
3 Emily
4 Chantelle

L. Jump
Medra