

U. of Windsor

7.30

12-1-94

	H	H	F
60 meters			
Julia			7.67
Chantelle			7.68
Janelle			8.00
Kanisa			7.47

Hand time

1500 meters

J. A. Behnke 4:29.

Akechia 5:30.77

600 meters

Eulista 1:40.13

Ebony 1:55.91

Ayobami 1:46.76

Monique 1:52.95

Katke 1:38.49

High Jump
Akechia

Janelle - 8.00

Kanisa - 7.47

Julia - 7.67

Chantelle - 7.68

U. of Western Ont.
12-3-94

600meters	H	H	F		4 X 400 Relay
Kanisa	7.90	7.83	7.83	2nd	60.70 1 Chantelle
					62.92 2 Janelle
					57.38 3 Julia
1500meters					59.63 4 Katie
Alechia		5:27.05			<u>4:00.63</u> 1st.

600meters
Katie 1:39.8
Ayobami 1:46.6
Eulista 1:40.2

300meters
Julia 39.6 New record 1st.
Chantelle 41.8
Janelle 45.1
Kanisa 46.7
Ayobami 44.3

1000meters
Alechia 3:25.9

U. of Windsor

7.36
8.01

12-17-94

	H	H	F
60 hurdles			
Tishema			12.
Cheryl			9.77
60 dash			
Kanisa 3rd	7.69		7.74
Keisha	8.41		

800 dash
2nd. Katie 2:19.20
70.6 Nysha
Justin 2:09

400 dash
Chony 65.2

High Jump
Akechia ~~2.00~~

4 X 200 Relay
1 Janelle

Janelle 63.9

~~2.00~~

2 Julia

Ayobami 61.7

new record

~~2.00~~

3 Kanisa

Julia 56.9 1st

1500 meters

4 Katie

Monique

J.P. 4:35.3

200 dash

Justin 4:25.6 29.45 1

Monique

Sharma 28.80

27.72 2

Sharma

Shelise 28.0

27.24 3

Ayobami

28.23 4

Shelise

152 64

1-6-95
Macomb C. C.

8.01
7.64 4 7.49
7.65

60 yd. Hurdles				440 yd. Dash		1 mile Relay	
Tissheema		10.48		Tiffoni	76.38	1 Kelli	4:26.14
Phantelle		8.68	8.36	Sharma	66.93	4 Chantelle	
Keisha		10.06	9.75	Roberta	76.90	3 Julia	
Tissheema	7.53	8.01		Shelise		2 Sharma	
60 yd dash				Sherry	72.38		5:17.9
Kanisa	6.99	7.01	7.09	Kimberle	70.98	3 Nyssha	
Ebony	7.92	7.79		Kelli	70.50	2 Tiffani	
Monique				Jeree	71.57	1 Tissheema	
Ayobami	7.68	7.5		Sharee	71.75	4 Jeree	
LaKesha	7.42	7.32	7.48	Iman			5:18.7
Keisha	7.42	7.3	7.6	Tanisha		1 Roberta	
1 mile run				Aina	77.08	2 Sherry	
Katie				Janelle		3 Kimberle	
Akechia	6:15.78			Julia	59.73	4 Sharee	
Nyssa	7:20.50			Stephanie B.			
						1 Tiffoni	
						2 Iman	
						3 Tissheema	
						4 Tanisha	

High Jump
Akechia 4'4"
Nedra 4'7"

880 yd dash
Ebony

					2:54.29	1
						2
Long Jump	Shot Put	Akechia		2:42.95		3
LaKesha	15'	Ayobami		2:39.96		4
Nedra	14'	Eulista				
		Monique		2:58.64		

1-15-95

Baldwin-Wallace College

55 meters

1st. Kanisa 7.20

27.57 1 Ayobami

28.24 2 Janelle

60.92 3 Julia

2:29.79 4 Katie

800 meters

2nd Katie 2:23.50

4:26.52

400 meters

1st Julia 57.80

5th Janelle 62.60

3rd Ayobami 62.00

200 meters

1st. Kanisa 26.10

1-20-95
 Macomb C. C.

60 Hurdles				2 mile relay		1 mile Relay	
Shirone				1 Ebony	60.57	1 Chantelle	
Chantelle	8.48	8.30		2 Akechia	68.18	2 Ebony	
Keisha				3 Katie	58.64	3 Julia	
				4 Sharma	64.42	4 Janelle	
							4:11.0

300 dash		Long Jump	
Sherry		Nedra	3
Julia	36.32	La Kesha	4
Janelle	38.93		
Kanisa	38.09		
Kimberle	43.66		
			1 Monique
			2 Nijesha
			3 Kimberle
			4 Kelli

600 yds		Shot Put	
Ebony	1:47.73	1	Sherry
Jereel	1:55.45	2	Sharee
		3	Jereel
		4	Tiffoni

1-27-95
U. of Michigan

10:28.2

1 4:02.74

55 hurdles

Chantelle			
Keisha			

3200 Relay

- 1 Ebony 2:49.39
- 2 Aleckia 2:32.57
- 3 Katie 2:26.32
- 4 Sharma 2:39.72

1600 Relay

- 1 Ayobami 62.63
- 2 Janelle 60.81
- 3 Julia 57.72
- 4 Katie 61.58

55 dash

Sherry	7.51	7.6	
Kanisa	6.99	6.9	
LaKisha			

600 dash

- Niyssha 2:00.71
- Kimberle 2:28.96
- Jesse
- Roberta 2:11.17

- 4:21.96 67.03
- 1 Sharma 68.34
- 2 Ebony 66.36
- 3 Aleckia 60.23
- 4 Eulista

300 dash

Shelise	
Ayobami	44.04
Kelli	
Julia	38.90
Janelle	43.20

- ~~Aina~~
- Eulista 1:40.79

- 1 Eulista
- 2 Niyssha
- 3 Roberta
- 4 Sherry

800 Relay

Shari	
Monique	
Tiffani	50.17
Tishema	48.93

- 1 Kanisa 27.14
- 2 Kelli 30.02
- 3 Tishema 29.37
- 4 Tiffani

H. Jump
Nedra
Aleckia

- 1
- 2
- 3
- 4

L. Jump
Nedra

2-2-95

Eastern Michigan U.

55 hurdles

Keisha			
Chantelle	8.82	8.58	

600 dash

Katie
 Eufista
 Alechia 1:51.94
 Ebony 1:53.41

Long Jump

Nedra

300 dash

Julia
 Danelle 44.31
 Ayobami
 Shelsea 45.32
 Roberta

Sharna
 Ayobami 1:47.47

High Jump

Nedra

4'

55 dash

Kanisa	6.95	6.80	6.94
Sherry			
Tishema	7.58	7.71	
Kelli			

Hillsdale College
2-3-95

1st. 55 hurdles
Chantelle | 8.32 / 8.48 |

Macomb C.C.
2-10-95

Event	Participant	Time	Rank	Participant
60 hurdles	Chantelle			Ayobami
	Keisha			Janelle
				Sharee
				Shelise
60 dash	LaKesha			Tiffoni
	Sherry			Jeree 70.78
	Tracy			Kelli
	Tishema			Kimberle 73.22
	Chalise			Aina
				Tramaine
Long Jump	Nedra			Ariane
	LaKesha			Ria 74.68
				Dawn
				Andrea
				Jovan
High Jump	Aleckia			Eulista
	Nedra			
880 dash				

Event	Rank	Participant
4 x 400 Relay	1	Ayobami
	2	Janelle
	3	Chantelle
	4	Eulista
100 dash	1	Roberta
	2	Shelise
	3	Jeree
	4	Kimberle
200 dash	1	Tramaine
	2	Aina
	3	Sharee
	4	Tishema
400 dash	1	Ria
	2	Andrea
	3	Kelli
	4	Sherry

2-11-95
Albion College

55 hurdles
Chantelle

55 dash			
Janelle	7.32	7.28	7.47
Chantelle	6.91	6.89	6.94

300 dash	
Janelle	38.41

2-11+12-95

U. of Windsor
Ontario Juvenile + Senior Championship

400 meters

1st. Julia 57.04

600 meters

1st Kanisa = 7.80

1st Kanisa Williams 7.71 ✓

800 meters

Ebony 2:46.14

200 meters

1st. Julia 24.73 ✓

Kanisa 26.25

U. of Michigan
20.2-16-95

55 hurdles
2nd Chantelle 8.6

H X 200 relay
4 Ayobami
2 Chantelle
3 Julia
1 Tracey
1:47.3

55 dash
Keisha
Tisshema 7.9
Tracey 7.8

300
Ayobami 42.7
Julia 40.5

~~H X 400
1 Chantelle
2 Janelle
3 Julia
4 Katie~~

600 dash
Katie
Akechia
Ebony 1:48.0

Friday March 3, 1995
Hillsdale College

55 hurdles					1600 Relay
Chantelle				8.64	
55 dash					2
					3
					4

300 dash	
Julia	40.93
Ayobami	43.22

600

800

Wed, March 8th
Eastern Michigan

55 hurdles
Chantelle 8.48

3200 Relay

1
2 Ebony
3
4 Katie

300 dash
Ayobami 42.99
Janelle 44.
Julia 39.86
Sharee 47.10

4x400

4 Janelle 62.44
3 Ayobami 61.70
2 Julia 59.59
1 Chantelle 61.73

55 m

Tishema
Kanisa 6.90 7.13
Lakesha 7.14 7.52

4x400

600 m
Akechia 1:48.5
Niysha 1:57.
Ebony
Cheryl 1:36

1 Sharee 1:18.36
2 Ebony 1:08.79
3 Niysha 1:09.76
4 Akechia 1:07.56

225.15
198.36

1:06.99

Tues. March 14th.
U. of Michigan

1:44.4

3200 relay

- 1 ~~Nijasha~~
- 2 ~~Chony~~
- 3 ~~Alecdia~~
- 4 ~~Katie~~

800 relay

- 1 Kanisa 27.4
- 2 Julia 25.19
- 3 Emily 26.60
- 4 Chantelle 25.27

1:49.85

55 hurdles

Chantelle	8.64	8.46	8.48
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- 1 Shelise 27.94

- 2 Janelle 27.51

- 3 Ayobami 26.63

- 4 Tracey 27.78

55 dash

Kanisa	6.83	6.94	
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LaKisha	7.25	7.46	
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Tishema			
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300 dash

Julia 39.46

Ayobami 42.03

Janelle 43.68

600 dash

Cheryl 1:36.

3-18-95
 Huron River Relay
 Eastern Michigan U.

Middle Distance Relay 7:04.12 1st
 800 Alechia 2:35.38
 400 Ayoobami 62.52
 400 Katie 64.47
 800 Cheryl 2:21.81

~~4x800 Relay~~
 1 ~~Ebonny~~
 2 ~~Alechia~~
 3 ~~Katie~~
 4 ~~Cheryl~~

4:07.93

4x200 1:44.15 1st
 1 LaKisha 26.99
 2 Julia 24.65
 3 Emily 26.17
 4 Chantelle 25.43

4x400 1st
 1 Julia 57.46
 2 Katie 64.11
 3 Cheryl 59.50
 4 Janelle 66.56

4x55 27.4 1st
 1 Kanissa
 2 Chantelle
 3 Emily
 4 Julia

Long Jump
 LaKisha

Sprint Medley 2:54.61 1st
 400 Janelle 62.15
 200 Chantelle 27.13
 200 LaKisha 26.14
 400 Cheryl 59.09

High Jump

Univ. Western Ont.
12-2-95

60 hurdles
Chantelle | | | |

60 dash
Kanisa | 7.64 | 7.77 | 7.64 | new meet record

300 dash
Julia