

to the MITCA (high school coaches) web pages.

Runner's World:

http://www.runnersworld.com
 Runner's World magazine's website is famous for having up-to-date news, articles and other information.

Hanson's Running Shop:

http://runmichigan.com/runfit
 This is the website for Hanson's Running Shops.

Running Fit: http://apin.com/runfit

This is the website for Running Fit Stores.

Total Runner:

http://runmichigan.com/totalrunner
 This is the website for Total Runner Stores.

Enjoy these sites. But not too much. It's still better to spend time running.

RESULTS

Lynnette Atkins Memorial Walk
 USATF Michigan State Championship
 8K Judged Racewalk
 October 4, 1997

Women 35 to 39

- 1. Carolyn Petry, Augusta, MI 46:39
- 2. Jeanette Wilkes, Swartz Creek 54:50
- 3. Debora Snider, Wyoming, MI 57:35

Women 40 to 44

- 1. Stephanie Kozsza, Fenton, MI 50:52
- 2. Louise Wiggins, Columbiaville 59:26

Women 45 to 49

- 1. Ellen Schock, North Street, MI 53:46

Men's 29 and Under

- 1. Kellen Duke, Linden, MI 58:55

Men's 35 to 39

- 1. Gary Morgan, Clarkston, MI 35:51
- 2. David Dunn, Kalamazoo, MI 45:08

Men's 45 to 49

- 1. Bill Reed, Scotts, MI 44:29
- 2. Hank Meyer, Grand Rapids, MI 44:52
- 3. Mark O'Donnell, Grand Blanc 50:34
- 4. Ross Barranco, Howell, MI 50:43
- 5. Danny Wineland, Swartz Creek 57:07

Men's 50 to 54

- 1. Michael Burris, Lawton, MI 48:23

Men's 60 and Over

- 1. Hugh Acton, Kalamazoo, MI 52:40

Association Youth XC Championships

Rogell Park, Detroit, November 8
 (These results were scanned; apologies for any spelling errors.)

<i>Bantam Girls</i>	
Sampson, Kelly	13:41
Leibfritz, Sadie	14:53
Tate, Seirra	15:04
Schiel, Stephanie	15:09
Propst, Rebecca	15:17
Bennett, Kristyn	15:25
Little, Jennifer	15:28
Jezierski, Kelly	15:36
Vanmeter, Giovanna	15:48
Schiel, Kelsey	17:04
Brown, Shanise	17:33
Perez, Samantha	17:43
Hill, Oneka	17:54
Nelson, Amanda	18:11
Cummins-Lanter, Kather	18:28



The Pegasus AC won the senior men's national team championship at the USATF National 10K Road Walk Championship at Niagara Falls last summer. Pictured (L-R): John Hunyady of Metamora, Dan O'Brien of Port Huron, and John Klos of Detroit.

Hoekwater, Monica	18:58
Bauer, Meghan	19:45
Hay, Amber	21:25
<i>Teams</i>	
Fleet Feet Track Club	15
<i>Bantam Boys</i>	
Moore, Mark	13:31
Dell, Mark	14:09
Gallagher, Zachary	14:14
Peters, William	14:25
Guettler, Tyler	14:32
Brents, Darius	14:47
Wildner, Cameron	14:49
Jezierski, Matthew	14:50
Howse, Timothy	14:55
Naras, Mark	15:32
Valley, Kurt	15:35

Payne, Jeremy	15:40
Walters, Matthew	16:25
<i>Teams</i>	
Speedy Feet Track Club	15

<i>Midget Girls</i>	
Cassar, Alexandria	13:26
Webster, Erin	13:45
Bedford, Kristen	14:08
Chemin, Anna	14:25
Hickner, Corey	14:42
Bradley, Ebonie	14:43
MACK, Denetra	14:47
Dushane, Amanday	14:52
Kabisch, Jasamina	15:20
Lupпов, Natasha	15:28
Farrell, Katy	15:38
Longhorst, Sarah	15:40
Dumasius, Casey	16:12
Burnstein, Leah	16:45
Bell, Liz	18:17
Gibson, Clara	18:24
Holcomb, Brandy	18:25
McDonald, Diane	18:48
Redoutey, Erin	18:57
Rubenstein, Alexa	19:10

<i>Midget Boys</i>	
Mathis, Matthew	13:33
Bedford, Ryan	13:26
Shields, Adam	13:28
Anderson, Nicholas	13:31
Flynn, Brandon	13:56
Fisher, Nicholas	13:58
Hammond, Matthew	13:59
Peters, Matthew	14:03
Fuller, Andrew	14:18
Cole, Christopher	14:50
Sparks, Keiths	15:11
Barilovich, Nick	15:33
Heck, Christian	15:55
Grays, Reginald	16:48
Naras, Joe	17:13

<i>Youth Girls</i>	
Rossio, Anne	21:42
Eyler, Rachel	22:25
Kramer, Katie	23:03
Schmidt, Catherine	23:03
Snell, Kristy	23:47
Ortner, Hillary	24:14
Taylor, Sarah	24:19
Essenmacher, Dawn	24:15
Kittle, Bethany	24:45
Pitcher, Jessica	25:00
Codington, Clarissa	25:51
Bastien, Shannon	25:57
Martin, Melissa	26:05
Stover, Melodee	26:11
Fisher, Laura	26:26
Sherzer, Rachel	26:39
Webster, Elizabeth	26:39
Walker, Alicia	27:22
Sykes, Becky	27:23
Heck, Devon	27:29
Blan, Nicole	28:16
<i>Teams</i>	
Step One Track Club	15

<i>Youth Boys</i>	
Roberts, Patrick	18:52
Johnson, Matthew	19:16

Winter 1997-8

Moore, Timothy	19:17
Little, Craig	19:53
Michaels, Marc	19:55
Avenius, Mark	19:57
Warner, Donnie	20:17
Grant, Keith	20:24
Jacques, Jason	20:25
Hammond, Mark II	20:28
Lockhart, Patrick	20:50
Dell, Mario	21:08
Cromar, Aaron	21:18
Baksa, James	21:29
Piotrowski, Nick	21:55
Pappas, Christopher	22:09
Wildner, Rory	22:12
Nousain, Bryan	22:28
Norwood, Greg	22:39
Smith, Ryan	22:50
Bailey, Ben	22:58
Penzien, Jeremy	23:11
Nousain, Shelby	23:17
Jones, Anthony	23:29
Beard, Lucas	23:35
Vanmeter, Miles	23:44
Tobkin, Adam	24:22
Hobbs, Ryan	24:50
Sterling, Michael	24:58
Walker, Darius	25:05
Howse, Scott	25:43
Adams, Turayl	27:21
<i>Teams</i>	
Raptors Track Club	15
ABCD Combo	56
Swift Track Club 63	

Intermediate Girls

Flohr, Alyson	22:28
Moll, Cami	23:35
Schmidt, Julia	24:08
Patterson, Stephanie	24:16
Webster, Shannon	24:24
Moncion, Renee	24:39
Lauer, Stephanie	25:08
Sella, Nicole	25:22
Tuttle, Nicole	25:37
Desanto, Cara	25:49
Rentz, Sarah	26:03
Hufnagel, Mary	26:47
Vasen, Jamie	27:35
Momanu-Pfruender, Lisa	27:53
Wilhelmsen, Julie	30:13
Johnson, Angelyan	36:50

Intermediate Boys

Mobley, Todd	19:29
Sage, David	19:37
Little, Jon	19:40
Armstrong, Andrew	19:40
Burt, Josh	19:42
Hanway, James	19:50
Haver, Matthew	20:11
Hughes, Kevin	20:31
Bearden, Christopher	20:46
Leach, Prescott	20:49
Acosta, Victor	20:58
Adler, Dan	21:04
Anderson, Matthew	21:08
Warner, Aaron	21:17
Toloff, Christopher	21:32

Toller, Kevin	21:34
Burke, Dan	21:51
Keyes, Justin	22:09
Penzien, Kevin	22:11

First Annual Board of Governor's Awards Banquet
Saturday March 21, 1998
 Balduck Park Recreation Center
 Canyon and Warren (enter from Warren)
 Detroit, Michigan

Schedule
 5pm Reception
 5:30 Catered Dinner
 6:15 Guest Speaker
 7:00 Awards Presentation
 8:00 Raffle
 8:30 end

To reserve tickets or for information, call 882-1687. Reservations must be received by March 14.

Lotoczky, Edward

Lotoczky, Edward	22:25
Walle, Eric	22:42
Wallace, Clint	22:58
Birdsong, Johnnie	22:58
Jiles, Brandon	23:13
Frost, Nick	23:24
Dickie, Benjamin	23:30
Blaha, James	23:42
Durigon, Kevin	23:57
James, Kistopher	24:09
Davis, Ryan	24:29
Gorhan, Matthew	26:24
Marcoux, Benjamin	26:44
Watts, Timothy	27:58
Martens, Michael	28:08
<i>Teams</i>	
Raptors Track Club	18
Ann Arbor Track Club 40	

Young Women

Gow, Christine	24:16
Dalton, Katie	25:22
Pitcher, Nicole	27:11
Schiell, Danielle	28:16
Fradette, Colleen	28:59
Johnson, Veronica	29:38

Young Men

Evans, Benjamin	19:13
Secord, Sean	19:15
Desilets, Jordan	19:21
Sager, Anthony	19:22
Avenius, Kevin	19:38
Ollesvig, Richard	19:40

Bauer, Richard	19:41
Gill, Jasper	19:50
Jacobs, Tim	19:56
Berman, Jonathan	20:02
Stoll, Nathan	20:10
Smith, Jeremy	20:20
Irwin, Mike	20:23
Pobursky, Paul	20:24
Penzien, Mark	20:32
Brumbaugh, Timothy	20:35
Eggleston, Kirk	20:38
Eisenga, Jason	20:49
Wincek, Zachary	20:54
Solano, Valentin	20:54
Donoghue, Kenneth	21:11
Cochan, Benjamin	21:26
Babcock, Jason	21:30
Gutteridge, Matthew	21:34
Medley, Andrew	21:45
Peraio, Jamie	21:51
Barbara, Adam	22:03
Keyes, Joshua	22:19
Blum, John	22:25
Gale, Manuir	23:26
Lancaster, Jason	23:39
Thomas, Bradley	23:50
<i>Teams</i>	
Sunset Striders	15
Raptors Track Club	49

Open & Masters Association Championships
 Rogell Park, Detroit, November 8.
 Distance: approximately 6 kilometers

Open Men

Nathan Clason, Cornerstone	20:07
Randy Powell, Cornerstone	21:07
Nathan Smith, Cornerstone	22:24
Eric Potter, Cornerstone	23:04
Nate Van Horton, Cornerstone	23:21
First Open Team: Cornerstone College (Clason, Powell, Smith, Potter, Van Horton)	

Open Women

Erin Courtright, Cornerstone	22:24
Rebekah Haviland, Cornerstone	27:08
Alice Arvidson, Cornerstone	27:18
Christi Olson, Cornerstone	30:32
First Open Team: Cornerstone College (Courtright, Haviland, Arvidson, Olson)	

Masters Men

M40 Stan Ford, Motor City Striders	19:37
M45 Mike Stone, Motor City	22:50
M50 Richard Ferguson, Motor City	23:21
M70 Jim Forshee, Motor City	26:50

Masters Women

W40 Carol Rice, Motor City	28:23
W45 Donna Olson, Motor City	27:49
Vickie Putnam, Motor City	29:07
First W40-29 Team: Motor City Striders (Rice, Olson, Putnam)	
W50 Jeanne Bocci, Motor City	45 +
W60 Merion Knight, Motor City	32:03
Chris Swanson, Motor City	32:24
First W50-59 Team: Motor City Striders (Bocci, Knight, Swanson)	