

55M DASH

MEET RECORD: KRISTIE MULLINS, MOTOR CITY 6.8 1986
1996 CHAMPION: KANISA WILLIAMS, MOTOR CITY 6.8

ENTRIES

1.	KANISA WILLIAMS	MOTOR CITY	6.45
2.	DEANNA VOGEL*	SPEED CONNECTION	7.12
3.	TAMERA CRAIG	RAPTORS	7.15
4.	ANGKA MORRIS?	CHEETAH	7.16
5.	MESHIA MOTON**	MOTOR CITY	7.20
6.	ADA MALLOY	F.O.T.C.	7.22
7.	NICOLE LEWIS	KGF GAZELLES	7.28
8.	NYOTA PIEH*	ANN ARBOR YOUTH TC	7.30
9.	ANGELA EDWARDS	TK CLUB	7.35
10.	MACY MOORE	MIDLAND TC	7.40
11.	TUNISHIA HAYDEN*	YPSI AREA WOMEN'S TC	7.40
12.	KELIDEA SMITH***	LADY ROAD RUNNER	7.40
13.	ARISS SEALS?	MAXIMUM OUTPUT	7.46
14.	AKILAA WASHINGTON**	LADY ROAD RUNNER	7.47
15.	ALESHA ASHLEY*	ALBION TC	7.49
16.	JONEIGH SLAUGHTER*	ANN ARBOR YOUTH TC	7.50
17.	CATHRISHA HOUSE**	TIGER STRIDERS	7.50
18.	NICOLE HERRING*	WAYNE/WESTLAND	7.50
19.	CHERISE MERRITT*	MOTOR CITY COLTS	7.50
20.	ERIN ANDERSON?	DET. CHEETAH	7.50
21.	TANISHA WILLIAMS**	YPSI AREA WOMEN'S TC	7.50
22.	LATRICE COLEMAN?	TIGER STRIDERS	7.50
23.	TANEHA BAKER	WEST BLOOMFIELD TC	7.51
24.	SHANTIA DELAUGHTER**	MOTOR CITY COLTS	7.52
25.	DANIELLE BEACH?	DET. CHEETAH	7.56
26.	LATOYA BROWN?	KGF GAZELLES	7.58
27.	MARIA DURHAM***	ANN ARBOR YOUTH TC	7.60
28.	RACHEL LAWRENCE?	L.A.R.C.	7.60
29.	KHARA QUINEY*	YPSI AREA WOMEN'S TC	7.60
30.	DANYALE McCREARY**	MOTOR CITY COLTS	7.60
31.	KORINTH PATTERSON*	YPSI AREA WOMEN'S TC	7.60
32.	MONICA NESBITT***	YPSI AREA WOMEN'S TC	7.60
33.	APRIL HICKS**	ANN ARBOR YOUTH TC	7.60
34.	BRIDGETT LAMAR*	YPSI AREA WOMEN'S TC	7.60
35.	CHRISTIE ASAM	SPEED RACERS	7.60

300M DASH
MEET RECORD: VIVIAN MCKENZIE, MOTOR CITY 38.5 1982
1996 CHAMPION: JULIA FORD, MOTOR CITY :40.9

ENTIRES

1.	TRACEY BALL*	MOTOR CITY	:40.5
2.	MELANIE WILLIAMS***	LADY ROAD RUNNER	:40.91
3.	JULIA FORD	MOTOR CITY	:41.9
4.	DEANNA VOGEL*	SPEED CONNECTION	:41.9
5.	KENDAL WILLIS	ANN ARBOR YOUTH TC	:42.2
6.	TAMEKA CRAIG	RAPTORS	:42.4
7.	LATOSHA JOLLET?	DET. CHEETAHS	:42.6
8.	ANGKA MORRIS?	DET. CHEETAHS	:42.96
9.	LAURA JACOBSON	RUSH	:43.3
10.	NAJAH HOWARD**	ESKIES	:43.4
11.	LIZ OKOONKWO*	ANN ARBOR YOUTH TC	:43.4
12.	ADA MALLOY	F.O.T.C.	:43.4
13.	NYOTA PIEH*	ANN ARBOR YOUTH TC	:43.5
14.	AJA HUNTER?	ANN ARBOR YOUTH TC	:43.6
15.	MIA MALLOY*	F.O.T.C.	:43.6
16.	BRANDY WERDLOW***	MOTOR CITY COLTS	:43.8
17.	AMY SOPER	RUSH	:43.8
18.	KIESHA SPIGHT**	LADY ROAD RUNNER	:43.84
19.	JULIE EPTON*	ANN ARBOR YOUTH TC	:43.9
20.	LATRICE COLEMAN?	TIGER STRIDERS	:43.9
21.	JONEIGH SLAUGHTER*	ANN ARBOR YOUTH TC	:44.0

600M RUN

MEET RECORD: ERIKA SHEPARD, MOTOR CITY 1:31.6 1993
1996 CHAMPION: EULISTA CLEMMONS, DET. BLAZERS 1:36.3

ENTRIES

1.	KATIE CHAPMAN	MOTOR CITY	1:39.1
2.	AMY SOPER	RUSH	1:41
3.	MICHELLE KLINE	JACKSON TC	1:42.56
4.	ADA JONES	MOTOR CITY COLTS	1:42.68
5.	LAUR A JACOBSON	RUSH	1:44.1
6.	NICHOLE GARRETT	NEWBURGH TC	1:45.6
7.	EMILY MAGNER*	ANN ARBOR YOUTH TC	1:45.7
8.	CLAUDIA SELL***	ANN ARBOR YOUTH TC	1:45.8
9.	VICKEY SACKETT	LEDGES TC	1:46.8
10.	WENDY ETUE**	MARSHALL TC	1:47
11.	JULIE EPTON*	ANN ARBOR YOUTH TC	1:47.1
12.	RASHIDA BRADLEY?	DET. CHEETAH	1:47.34
13.	RACHEL GEHRLS?	DET. CHEETAH	1:47.4
14.	IMANI WILLIAMS***	LADY ROAD RUNNER	1:48.0
15.	ANISHA HALE*	MI. EXPRESS TC	1:48.24
16.	JULIA STEVENSON?	DET. CHEETAH	1:48.5
17.	JAMEE BERG*	NORTH KENT RUNNING	1:48.6
18.	KHARA QUINEY*	YPSI AREA WOMEN'S TC	1:48.7
19.	SUSAN DUERR	YPSI AREA WOMEN'S TC	1:48.8

1600M RUN
MEET RECORD: LAURA MATSON, ANDOVER 4:57.2 1985
1996 CHAMPION: CARRIE GOULD, RIVERBEND STRIDERS 5:14.0

ENTRIES

1.	BETHANY BREWSTER*	WILLIAMS TC	5:10
2.	MEGAN FITZGERALD**	NO BARRIER HARRIERS	5:12.3
3.	KATIE CLIFFORD	NORTH KENT RUNNING	5:14
4.	EMILY MAGNER*	ANN ARBOR YOUTH TC	5:19.1
5.	ERIN LEONARD*	ANN ARBOR YOUTH TC	5:20.9
6.	ADA JONES	MOTOR CITY COLTS	5:23.4
7.	KELLY TRAVIS*	LIVONIA TC	5:24.9
8.	CLAUDIA SELL***	ANN ARBOR YOUTH TC	5:26.9
9.	ANGIE LEFERE	ELSIE	5:28
10.	MARNE SMILEY	NO BARRIER HARRIERS	5:28.2
11.	KERRIE CARD*	NORTH KENT RUNNING	5:30.8
12.	EMILY BLAKESLEE***	NORTH KENT RUNNING	5:31.4
13.	KAREN ENGLISH	NORTH KENT RUNNING	5:34
14.	JORDAN HARTMAN***	NORTH KENT RUNNING	5:34
15.	VERONICA QUACKENBUSH	WINTER WARRIORS	5:35
16.	NORA COLLIGAN***	N.K.R.C.	5:36
17.	SHARON DICKIE*	GENESEE TC	5:36.5
18.	KELSIE GOULD*	RIVERBEND STRIDERS	5:36.54
19.	LORNA CAMP	L.A.R.C.	5:36.6
20.	MICHELLE KLEIN*	VALLEY RUNNERS	5:37
21.	JENNY LYJIREN	NO BARRIER HARRIERS	5:37.1
22.	MICHELLE MARTIN	NO BARRIER HARRIERS	5:37.6
23.	ANGELA SCHNEIDER	NO BARRIER HARRIERS	5:40.3
24.	NICOLE BOLTON	LIVONIA TC	5:41
25.	KATIE ZIMMERMAN	L.A.R.C.	5:41.4
26.	SHAWN KEMP**	RED TIDE	5:42
27.	JACKIE BUCHOLZ	BATTLE ALLEY	5:42.1
28.	ANNE RICHTMYER**	ANN ARBOR YOUTH TC	5:42.5
29.	AMY SOPER	RUSH	5:42.5
30.	MARY HUFNAGER***	SPIRIT OF PRE	5:42.8
31.	MARJORIE BROOKS	WAYNE/WESTLAND	5:43
32.	LAURA SAXTON*	LAKE STRIDERS	5:44
33.	JAMEE BERG*	NORTH KENT RUNNING	5:44
34.	ALEXIS BOWSER**	L.A.R.C.	5:44.3
35.	STACIE SELICH*	MIDLAND TC	5:44.8
36.	KATHRYN HORNER	RCR TC	5:45
37.	AKEIA MCCARTHA	MICA EXPRESS	5:45

3200M RUN
MEET RECORD: MICHELLE BEWS, MAPLE 10:45.4 1984
1996 CHAMPION: SHARON VANTUYL, MAD DOG TC 10:47.4

ENTRIES

1.	SHARON VANTUYL*	MAD DOG TC	10:47.2
2.	MEGAN FITZGERALD**	NO BARRIER HARRIERS	11:17.3
3.	ERIN LEONARD*	ANN ARBOR YOUTH TC	11:39.3
4.	KELLY TRAVIS*	LIVONIA TC	11:44
5.	MARNE SMILEY***	NO BARRIER HARRIERS	11:48.3
6.	SHANNON STEPHENS	NO BARRIER HARRIERS	11:49.1
7.	JORDAN HARTMANN***	NORTH KENT RUNNING	11:50.8
8.	VERONICA QUAKENBUSH	WINTER WARRIORS	11:54
9.	KERRIE CARD*	NORTH KENT RUNNING	11:56
10.	ADA JONES	MOTOR CITY COLTS	12:08
11.	JENNY LYJINEN	NO BARRIER HARRIERS	12:13.1
12.	ANGELA SCHNEIDER	NO BARRIER HARRIERS	12:15.8
13.	KELLY McNEILANCE	LIVONIA TC	12:18
14.	MICHELLE MARTIN	NO BARRIER HARRIERS	12:18.6
15.	HEATHER BOWBEER*	ANN ARBOR YOUTH TC	12:21.7
16.	AMANDA DUSENDANG**	NORTHKENT RUNNING	12:22
17.	NORA COLLIGAN***	NORTH KENT RUNNING	12:23

55M HURDLES

MEET RECORD: JANICE ROWLEY, CASS TECH 8.0 1983
POLLY JOHNSON, VIKING 8.0 1985
KENYATTA GRIGSBY, RIVER ROUGE 8.0 1996

ENTRIES

1.	AYESHA GEORGE	ANN ARBOR YOUTH TC	8.0
2.	ROBYN WOOLFOLK*	ANN ARBOR YOUTH TC	8.1
3.	KENDALL WILLIS	ANN ARBOR YOUTH TC	8.2
4.	LISA CLOUSE*	MAMDUBADU	8.3
5.	TANISHA WILLIAMS**	YPSI AREA WOMEN'S TC	8.7
6.	LESLIE TUTWILER	MOTOR CITY COLTS	8.78
7.	BRANDY PICKENS	RIVER BEND STRIDERS	8.8
8.	ANGEL PRINGLE**	ANN ARBOR YOUTH TC	8.8
9.	ANDREA MCGREW*	RAPTORS	8.9
10.	TIFFANY POWELL	ANN ARBOR YOUTH TC	8.9
11.	OLIVIA DUKES*	NEW CLOUD EXTREMES	9.1
12.	MARILEE MOSLEY***	ANN ARBOR YOUTH TC	9.2
13.	MACY MOORE	MIDLAND TC	9.3
14.	ANN SEARS*	MARSHALL TC	9.3
15.	MAIA KNOX*	YPSI AREA WOMEN'S TC	9.3
16.	CASSIE TEEPLE**	SOUTH LYON TC	9.4
17.	HEATHER HOUTZ**	RUSH	9.4
18.	NATASHA SHOCKLEY**	MOTOR CITY COLTS	9.5
19.	DANA LANGOLF	BIG DOGS	9.5
20.	BREANNE WILCOX**	OWOSSO HURRICANES	9.5
21.	APRIL SAXTON?	JORDAN JOHNSON	9.5

HIGH JUMP

MEET RECORD: JENNY ENGELHARDT B.C. GLIDERS - 5'9" 1996

ENTRIES

1.	AYESHA GEORGE	ANN ARBOR YOUTH TC	5'8"
2.	MAIA KNOX*	YPSI AREA WOMEN TC	5'6"
3.	BECKY NUSSBAUM	ANN ARBOR YOUTH TC	5'3"
4.	FARRAH SEWELL	OWOSSO HURRICANES	5'3"
5.	MELISSA GOMEZ	MITCHELL TC	5'2"
6.	LATOYA CHANDLER***	WAYNE/WESTLAND TC	5'0"
7.	BRANDY PICKEN	RIVERBEND STRIDERS	5'0"
8.	ERICKA CHALKER	HOOKER ROAD CREW	5'0"
9.	ASHLEY GRIEVE**	L.A.R.C.	4'11"
10.	TRACY STEHLIK*	OWOSSO HURRICANES	4'11"
11.	TANISHA WILLIAMS**	YPSI AREA WOMEN TC	4'11"
12.	TONI TOLBERT**	B & W TC	4'11"
13.	CATHERINE NICKOLOFF	MUSKEGON	4'11"

LONG JUMP

MEET RECORD: TRINETTE JOHNSON MOTOR CITY TC 18'11" 1988
1996 CHAMPION: KENYATTA GRIGSBY RIVER ROUGE 18'5"

ENTRIES

1.	ROBYN WOOLFOLK*	ANN ARBOR YOUTH TC	17'8"
2.	JONEIGH SLAUGHTER*	ANN ARBOR YOUTH TC	17'7.5"
3.	APRIL SAXTON***	JORDAN-JOHNSON	16'10"
4.	TANISHA WILLIAMS**	YPSI AREA WOMEN'S TC	16'8.5"
5.	MAIA KNOX*	YPSI AREA WOMEN'S TC	16'6"
6.	CASSIE TEEPLE**	SOUTH LYON TC	16'5.5"
7.	ANDREA MCGREW	RAPTORS	16'0.75"
8.	ANGELA EDWARDS	T K CLUB	16'0.5"
9.	MACY MOORE	MIDLAND TC	16'0"
10.	ANGEL PRINGLE**	ANN ARBOR YOUTH TC	15'10.5"
11.	MARILEE MOSELY***	ANN ARBOR YOUTH TC	15'10.5"
12.	LESLIE TUTWILER	MOTOR CITY COLTS	15'9.25"
13.	STACY SPENCER**	ANN ARBOR YOUTH TC	15'2"
14.	ANDY DESENZIO	RED TIDE	15'1"
15.	KHARA QUINEY*	YPSI AREA WOMEN'S TC	15'1"
16.	LATRICE COLEMAN***	TIGER STRIDERS	14'11.5"
17.	GRETCHEN SWIHART***	RUSH	14'10.5"
18.	BRANDI MADDOX*	WAYNE/WESTLAND	14'9"
19.	MONICA NESBITT**	YPSI AREA WOMEN'S TC	14'8"
20.	TUNISHIA HAYDEN*	YPSI AREA WOMEN'S TC	14'8"

SHOT PUT

MEET RECORD: SONYA PAYNE, BRAVE RAT TC 44'10" 1986
1996 CHAMPION: ALANA ROBINSON BIG 10 TC 41'8"

ENTRIES

1.	ALANA ROBINSON*	R & B FIELD	41'4"
2.	LA SHON PEOPLES	SHIN SPLINTER	37'5"
3.	TRACY YIIRS	LEDEES TC	37'1"
4.	JANE LUDTKE*	NEW CLOUD EXTREMES	36'10"
5.	NICOLE BROWN**	TIGER STRIDERS	36'6"
6.	FARRAH SEWELL	OWOSSO HURRICANES	36'6"
7.	KAILA STORY*	ANN ARBOR YOUTH TC	36'1"
8.	NYRHE ROYAL	EASTSIDE TC	35'3"
9.	LIZ KOERNER	RUSH	35'1"
10.	EMILY AUSTRENG***	EASTSIDE TC	34'6"
11.	RACHEL SHEWSBURY**	LEVAGOOD TC	33'6"
12.	ANGELA EDWARDS	T K CLUB	33'0"
13.	CHRISTINA DOUGLASS**	ANN ARBOR YOUTH TC	32'10"

800 M RELAY

**MEET RECORD: MOTOR CITY
(PIERCE, SMILEY, JOHN, GADIE) 1:44.2 1988
1996 CHAMPION: ANN ARBOR YOUTH 1:47.8**

ENTRIES

1.	LADY ROAD RUNNER	1:45.70
2.	ANN ARBOR YOUTH -A	1:47.30
3.	DETROIT CHEETAH	1:48.44
4.	ANN ARBOR YOUTH -B	1:50.70
5.	F.O.T.C.	1:51.26
6.	YPSI-AREA WOMEN-A	1:51.80
7.	MOTOR CITY COLTS	1:53.30
8.	ANN ARBOR YOUTH -C	1:53.50
9.	RAPTERS	1:54.00
10.	ESKIES	1:54.00
11.	ANN ARBOR YOUTH -D	1:54.30
12.	YPSI-AREA WOMEN-B	1:54.90
13.	ANN ARBOR YOUTH -E	1:55.20
14.	RUSH	1:55.30

1600 M RELAY

**MEET RECORD: MOTOR CITY
(BELL, CHAPMAN, FORD, BALL) 3:58.4 1996**

ENTRIES

1.	ANN ARBOR YOUTH -A	4:07.90
2.	MOTOR CITY	4:09.79
3.	DETROIT CHEETAH -A	4:11.30
4.	LADY ROAD RUNNER	4:13.48
5.	RUSH	4:17.20
6.	MOTOR CITY COLTS -A	4:20.60
7.	ANN ARBOR YOUTH -B	4:20.80
8.	DETROIT CHEETAH -B	4:23.30
9.	YPSI-AREA WOMEN	4:27.30
10.	MOTOR CITY COLTS -B	4:29.40
11.	NORTH KENT RUNNING	4:30.40
12.	ANN ARBOR YOUTH -C	4:30.90
13.	ANN ARBOR YOUTH -D	4:33.90
14.	ESKIES	4:34.00

3200 M RELAY

**MEET RECORD: ANN ARBOR YOUTH
(MAGNER, LEONARD, HUNTER, TIMMER) 9:46.8 1996**

ENTRIES

1.	NO BARRIER HARRIER -A	10:01.6
2.	ANN ARBOR YOUTH -A	10:04.2
3.	NORTH KENT RUNNING	10:13.0
4.	L.A.R.C. -A	10:21.2
5.	NO BARRIER HARRIER -B	10:33.5
6.	DETROIT CHEETAH	10:36.0
7.	ANN ARBOR YOUTH -B	10:36.4
8.	GENESEE T.C.	10:42.0
9.	LIVONIA T.C.	10:44.0
10.	SPIRIT OF PRE -A	10:45.0
11.	OWOSSO HURRICANES	10:52.0
12.	SPIRIT OF PRE -B	10:53.0
13.	L.A.R.C. -B	10:53.9
14.	ANN ARBOR YOUTH -C	10:57.5
15.	RED TIDE	11:00.0