

CLASS A REGIONAL

AT HOUSEMAN FIELD

05/22/99

TEAM SCORING - East Kentwood 120; Rockford 106; West Ottawa 50; Jenison 48; Hudsonville 21; Zeeland 20; Lowell 19; Grand Rapids Ottawa Hills 18; Grandville 18; Grand Haven 17; Mona Shores 17; Forest Hills Northern 13; Forest Hills Central 12; Reeths-puffer 12; Grand Rapids Christian 10; Holland 7; Northview 6; Grand Rapids Union 5; Greenville 4; Muskegon 4.

DISCUS -- 1. Jon Bieneman, Rockford, 178-4; 2. Colin Christopher, Grand Rapids Ottawa Hills, 155-4; 3. Nick Hoeve, Hudsonville, 148-9; 4. Nick Vanderploeg, Forest Hills Northern, 146-8; 5. Adam Kieft, Rockford, 143-7; 6. Bryan Kading, Greenville, 134-10.

SHOT PUT -- 1. Colin Christopher, Grand Rapids Ottawa Hills, 53-5.50; 2. Bill Stouffer, Lowell, 50-8.25; 3. Bejay Sias, Reeths-puffer, 48-4.65; 4. Adam Kieft, Rockford, 46-6.50; 5. Jack Schumacher, East Kentwood, 46-3.30; 6. Joe Farber, Jenison, 45-11.75.

HIGH JUMP -- 1. Nate Blevins, Forest Hills Central, 6-6; 2. Lucas Myers, Mona Shores, 6-4; 3. Jon Wiering, Lowell, 6-2.30; 4. Jeremy Knoester, Grand Rapids Christian, 6-2.20; 5. Dan Smith, East Kentwood, 6-2.10; 6. Mike Williams, Lowell, 6-2.

POLE VAULT -- 1. Chip Owen, West Ottawa, 15-3; 2. Jimmie Freeman, East Kentwood, 15-0; 3. Andy Patterson, Holland, 14-0; 4. Erik Mirandette, East Kentwood, 13-6.01; 5. Brian Beach, Hudsonville, 13-6; 6. Rodd Moon, Mona Shores, 13-0.

LONG JUMP -- 1. Chris Hooper, Jenison, 21-4; 2. Mark Holden, Forest Hills Northern, 20-8.50; 3. Jeremy Knoester, Grand Rapids Christian, 20-5.75; 4. T. Jimmie Freeman, East Kentwood, 20-5.50; 5. T. Bret Sholes, Hudsonville, 20-5.50; 6. Mike Austin, Zeeland, 20-2.25.

3200 METER RELAY -- 1. Rockford, 7:58.70 (Seth Folkertsma, Andy Martin, Dathan Ritzenhein, Jason H; 2. Zeeland, 8:02.60; 3. East Kentwood, 8:10.90; 4. West Ottawa, 8:14.40; 5. Hudsonville, 8:22.60; 6. Grand Haven, 8:27.20.

110M HURDLES -- 1. Jimmie Freeman, East Kentwood, 14.70; 2. Mark Deneau, Jenison, 15.10; 3. Dave Seastrom, Reeths-puffer, 15.20; 4. Trevor Carlson, West Ottawa, 15.21; 5. Calvin Northrup, Greenville, 15.22; 6. Greg Maczka, Rockford, 15.60.

100 METER DASH -- 1. Kip Paul, East Kentwood, 11.10; 2. Pat Whalen, Grand Haven, 11.20; 3. Sophy Teng, West Ottawa, 11.30; 4. Curtis Hickman, Grand Rapids Union, 11.31; 5. Adam Geerlings, Hudsonville, 11.60; 6. Mark Holden, Forest Hills Northern, 11.61.

800 METER RELAY -- 1. Jenison, 1:30.40 (Spencer Vereecken, Brett McCarty, Chris Hooper, Mark De; 2. East Kentwood, 1:30.41; 3. West Ottawa, 1:32.00; 4. Hudsonville, 1:32.60; 5. Rockford, 1:32.61; 6. Greenville, 1:32.80.

1600 METER RUN -- 1. Jason Hartmann, Rockford, 4:18.90; 2. Dathan Ritzenhein, Rockford, 4:19.20; 3. Andy Martin, Rockford, 4:23.40; 4. Josh Ruch, East Kentwood, 4:24.70; 5. Seth Folkertsma, Rockford, 4:31.00; 6. Micah Howard, Holland, 4:32.40.

400 METER RELAY -- 1. East Kentwood, 43.60 (Jermaine Bridges, Kevin Yokom, Justin Gretzinger, Rayhan; 2. Jenison, 43.70; 3. West Ottawa, 44.10; 4. Muskegon, 44.20; 5. Hudsonville, 44.30; 6. Rockford, 44.70.

400 METER DASH -- 1. Victor Woods, East Kentwood, 49.00; 2. Seth Leyendecker, Grandville, 49.10; 3. T.j. Stark, Northview, 49.80; 4. Jermaine Bridges, East Kentwood, 50.80; 5. Frank Gorman, Forest Hills Central, 51.00; 6. Brent Alferink, Zeeland, 51.30.

300M INTERM. HURDLES -- 1. Jimmie Freeman, East Kentwood, 39.60; 2. Trevor Carlson, West Ottawa, 39.90; 3. Mark Deneau, Jenison, 41.00; 4. Gabe Sargent, Grand Haven, 41.30; 5. Greg Maczka, Rockford, 41.70; 6. Joel Webley, East Kentwood, 41.80.

800 METER RUN -- 1. Jason Hartmann, Rockford, 1:55.80; 2. Seth Folkertsma, Rockford, 1:59.70; 3. Dathan Ritzenhein, Rockford, 2:00.70; 4. Jeff Ortowski, Lowell, 2:00.80; 5. Chris Vanslooten, Zeeland, 2:01.00; 6. Mark Carson, Jenison, 2:02.10.

200 METER DASH -- 1. Seth Leyendecker, Grandville, 22.00; 2. Kip Paul, East Kentwood, 22.40; 3. Victor Woods, East Kentwood, 22.50; 4. Pat Whalen, Grand Haven, 22.60; 5. Nahum Barnett, East Kentwood, 22.70; 6. Curtis Hickman, Grand Rapids Union, 22.90.

3200 METER RUN -- 1. Jason Hartmann, Rockford, 9:16.00; 2. Dathan Ritzenhein, Rockford, 9:18.40; 3. Scott Nagelkerke, Zeeland, 9:24.40; 4. Andy Martin, Rockford, 9:37.80; 5. Rayhan Ismail, East Kentwood, 9:46.10; 6. Brian Smith, Rockford, 9:48.60.

1600 METER RELAY -- 1. East Kentwood, 3:25.00 (Nahum Barnett, Josh Ruch, Kevin Hamilton, Victor Woods); 2. Mona Shores, 3:27.40; 3. West Ottawa, 3:27.70; 4. Jenison, 3:29.00; 5. Zeeland, 3:29.40; 6. Rockford, 3:29.50.