Lake Superior State University MANAGER LSSU - HIGH SCHOOL INDOOR TRACK MEET Page 1 LSSU NORRIS CENTER - S.A.C. - Wednesday 01/26/00 COMPLETE RESULTS - ALL ROUNDS Women's 55 Meter Dash State: 6.79 Kanisa Wiliams - Detroit Cass Tech 1996 1 # MITCA Qual Mark: 9.50 Preliminaries - Results - Wednesday 01/26/00 Top 6 Advance By Time PLACE ATHLETE NAME YR SCHOOL _____ _____ 1 Cahill, NatalieSO Soo Stryders7.6 #2 Morrison, GabbySO Soo Stryders7.9 #3 Hutt, AngieJR Soo Stryders8.0 #4 Morrison, RachelSO Soo Stryders8.2 #5 Miller, MarySoo Stryders8.4 #5 Pretrangelo, AndreaSO Soo Stryders8.4 #7 Slater, LeslieSO Soo Stryders8.5 #7 Adams, HeatherJR Soo Stryders8.5 # Finals - Results - Wednesday 01/26/00 PLACE ATHLETE NAME YR SCHOOL _____ _____ 1 Cahill, NatalieSO Soo Stryders8.0 #2 Morrison, RachelSO Soo Stryders8.2 #2 Hutt, AngieJR Soo Stryders8.2 #4 Morrison, GabbySO Soo Stryders8.4 #5 Pretrangelo, AndreaSO Soo Stryders8.6 #

Women's 300 Meter Run

Hy-Tek's MEET

TIME

TIME

State: 40.34 Tracy Ball - Detroit Cass Tech 1998 # MITCA Qual Mark: 43.70

Finals - Results - Wednesday 01/26/00

PLACE	ATHLETE NAME	YR	SCHOOL	TIME
=====		==		
1	Morrison, Gabby	SO	Soo Stryders	46.4
2	Schairbaum, Laura	SR	Bridge St. Track Club	48.5
3	Miller, Mary		Soo Stryders	50.6
4	Mahoney, Lindsey	SR	Bridge St. Track Club	55.4
-	Slater, Leslie	SO	Soo Stryders	DNF

Women's 600 Meter Run State: 1:32.00 Rochelle Collins - Detroit Immaculata ! 1977 # MITCA Qual Mark: 1:46.00 Finals - Results - Wednesday 01/26/00 YR SCHOOL PLACE ATHLETE NAME TIME _____ 1 Malette, TerahSoo Stryders2:04.02 Pearson, AshleySO North Track Action2:07.33 Tebeau, BetsySO Bridge St. Track Club2:25.14 Mosoryak, JenniferSO Bridge St. Track Club2:49.2 1 Malette, Terah Soo Stryders 2:04.0 Women's 1,000 Meter Run ! State: 2:54.50 Rochelle Collins - Detroit Immaculata 1975 Finals - Results - Wednesday 01/26/00 PLACE ATHLETE NAME YR SCHOOL TTME _____ 1 Paul, MichelleSR Delta Runners3:21.02 Morrison, RachelSO Soo Stryders4:04.03 Nicholas, TaffettaSR North Track Action4:13.04 Tebeau, BetsySO Bridge St. Track Club4:18.05 Brooks, MarileeSR Bridge St. Track Club5:11.0 Women's 1,600 Meter Run State: 4:54.83 Sharon Van Tuyl - Portage Northern 1997 # MITCA Qual Mark: 5:40.00 Finals - Results - Wednesday 01/26/00 YR SCHOOL PLACE ATHLETE NAME TIME ======= SR Delta Runners 1 Odell, Krista 5:35.9 # 2 Paul, MichelleSR Delta Runners5:49.53 Ulrich, LizFR Bridge St. Track Club6:42.04 Lawrence, KayceFR Soo Stryders7:12.0 Women's 2 Mile Run 3200M State: 10:33.70 Sharon Van Tuyl - Portage Northern 1997 1 # MITCA Qual Mark: 12:25.00 Finals - Results - Wednesday 01/26/00

PLACE ATHLETE NAME YR SCHOOL TIME _____ 1 Odell, Krista SR Delta Runners 12:13.1 # 2 Kik, MelissaFR Soo Stryders3 Lawrence, KayceFR Soo Stryders4 Miller, MarySoo Stryders 15:47.7 15:47.9 15:53.0 Women's 55 Meter High Hurdles State: 8.17 Kenyetta Grigsby - River Rouge 1994 # MITCA Qual Mark: 7.60 Finals - Results - Wednesday 01/26/00 PLACE ATHLETE NAME YR SCHOOL TIME ===== 1 Press, KristenSO Soo Stryders2 Duesing, SarahJR Soo Stryders3 Payment, AmberSR Unattached4 Adams, HeatherJR Soo Stryders5 Fountain, AshleySO Soo Stryders 9.0 9.0 10.2 10.3 11.1 Women's 4x200 Meter Relay State: 1:41.38 Detroit Cass Tech 1998 # MITCA Qual Mark: 1:53.20 Finals - Results - Wednesday 01/26/00 PLACE RELAY AFFILIATION TIME _____ _____ 1 SOO Soo Stryders 2:00.1 2 SOO "B" Soo Stryders 2:05.1 Women's 4x800 Meter Relay State: 9:39.88 Ann Arbor Pioneer 1998 # MITCA Qual Mark: 10:52.00 Finals - Results - Wednesday 01/26/00 PLACE RELAY AFFILIATION TIME 1 SOO Soo Stryders 11:53.0 Women's Shot Put State: 46'03.00" Alana Robinson 1998 # MITCA Qual Mark: 33'06.00"

Finals - Results - Wednesday 01/26/00

PLACE	ATHLETE NAME	ΥR	SCHOOL	MARK
=====	=======================================	==	=======================================	
1	Bishop, Ashley	SO	Soo Stryders	35'08.00" #
2	Meyers, Jan	SR	North Track Action	34'02.00" #
3	Bovin, Stefanie	JR	North Track Action	29'06.00"
4	Marchetti, Cassie	SR	Soo Stryders	28'06.00"
5	Bishop, Mandy	SR	Soo Stryders	26'01.00"
6	Williams, Jami	SR	Soo Stryders	25'04.00"

Men's 55 Meter Dash

! State: 6.28 Tyrone Wheatley - D.born Hts.Robichaud 1991

Preliminaries - Results - Wednesday 01/26/00 Top 6 Advance By Time

PLACE ATHLETE NAME

YR SCHOOL

=====		==		=====
1	Campbell, Justin	SR	North Track Action	6.5
2	Beckman, Jeremiah	SR	Manistique High School	6.8
3	Rocker, Eric	JR	Unattached	6.9
3	Sebert, Josh	SR	Fast Crackers	6.9
5	Wozniak, Kyle	SR	Soo Stryders	7.0
6	Tyrrell, Dave	SR	Manistique High School	7.1
6	Bergman, Tony	JR	Unattached	7.1
8	Wodzinski, Pat	SR	Soo Stryders	7.2
9	Drumheller, Jason	SR	Soo Stryders	7.3
9	Robinette, Clint	SR	Soo Stryders	7.3
11	Shearer, Tony	JR	Round Lake Track Club	7.5
12	Lustila, Larry	JR	Unattached	7.6

Finals - Results - Wednesday 01/26/00

PLACE	ATHLETE NAME	YR	SCHOOL	TIME
=====	=======================================	==	=======================================	=====
1	Campbell, Justin	SR	North Track Action	6.5
2	Sebert, Josh	SR	Fast Crackers	6.8
3	Wozniak, Kyle	SR	Soo Stryders	7.1
3	Beckman, Jeremiah	SR	Manistique High School	7.1
5	Rocker, Eric	JR	Unattached	7.6
6	Tyrrell, Dave	SR	Manistique High School	7.7

Men's 300 Meter Run

! State: 35.53 Keith Wheeler - Troy 1987

Finals - Results - Wednesday 01/26/00

PLACE ATHLETE NAME

YR SCHOOL

TIME

TIME

_____ ____

	<pre>Beckman, Jeremiah Rocker, Eric Bergman, Tony Abramson, Tony Anderson, John Tyrrell, Dave Shearer, Tony Hiltunea, Dan Lawler, Trevor</pre>	SR Manistique High School JR Unattached JR Unattached FR Soo Stryders JR Soo Stryders SR Manistique High School JR Round Lake Track Club FR Unattached JR Rudyard	39.1 39.9 40.4 40.6
			Л
	_	Fuqua - Detroit Cass Tech 199	4
	Finals - Results	s - Wednesday 01/26/00	
-	ATHLETE NAME	YR SCHOOL == =================================	TIME
	<u> </u>	SO North Track Action	1:46.3 1:57.6
	Men's 1,0	000 Meter Run	
	! State: 2:36.72 Brandon	Jiles - Detroit Mumford 199	9
	Finals - Results	s - Wednesday 01/26/00	
PLACE	ATHLETE NAME	YR SCHOOL	TIME
	=======================================	== ====================================	
=====			
1 2 3 4 5 6	Selph, Gordon Shannon, Tom Stabile, Chris D'Angelo, Geno Lawler, Trevor Kucharczyk, Eric Lewis, Jake	SO Round Lake Track Club Soo Stryders Soo Stryders SO North Track Action JR Rudyard JR Pickford High School SR Pickford High School	2:57.0 3:00.0 3:08.0 3:15.0 3:19.0 3:24.9 3:49.0
1 2 3 4 5 6	Shannon, Tom Stabile, Chris D'Angelo, Geno Lawler, Trevor Kucharczyk, Eric Lewis, Jake	Soo Stryders Soo Stryders SO North Track Action JR Rudyard JR Pickford High School	3:00.0 3:08.0 3:15.0 3:19.0 3:24.9
1 2 3 4 5 6	Shannon, Tom Stabile, Chris D'Angelo, Geno Lawler, Trevor Kucharczyk, Eric Lewis, Jake Men's 1,6	Soo Stryders Soo Stryders SO North Track Action JR Rudyard JR Pickford High School SR Pickford High School	3:00.0 3:08.0 3:15.0 3:19.0 3:24.9
1 2 3 4 5 6	Shannon, Tom Stabile, Chris D'Angelo, Geno Lawler, Trevor Kucharczyk, Eric Lewis, Jake Men's 1,6 ! State: 4:13.10 Steve E	Soo Stryders Soo Stryders SO North Track Action JR Rudyard JR Pickford High School SR Pickford High School	3:00.0 3:08.0 3:15.0 3:19.0 3:24.9
1 2 3 4 5 6 7	Shannon, Tom Stabile, Chris D'Angelo, Geno Lawler, Trevor Kucharczyk, Eric Lewis, Jake Men's 1,6 ! State: 4:13.10 Steve E	Soo Stryders Soo Stryders SO North Track Action JR Rudyard JR Pickford High School SR Pickford High School 600 Meter Run 11iott - Pontiac Central 1975	3:00.0 3:08.0 3:15.0 3:19.0 3:24.9
1 2 3 4 5 6 7 7	Shannon, Tom Stabile, Chris D'Angelo, Geno Lawler, Trevor Kucharczyk, Eric Lewis, Jake Men's 1,6 ! State: 4:13.10 Steve E Finals - Results	Soo Stryders Soo Stryders SO North Track Action JR Rudyard JR Pickford High School SR Pickford High School 600 Meter Run 11iott - Pontiac Central 1975 s - Wednesday 01/26/00 YR SCHOOL	3:00.0 3:08.0 3:15.0 3:19.0 3:24.9 3:49.0

5 Lewis, Nick8 Soo Stryders6 Gurnoe, AdamSO Soo Stryders7 McNamara, ShaneUnattached8 Rossman, SethJR Unattached 5:36.0 5:37.0 5:48.0 6:08.0 Men's 2 Mile Run 3200M ! State: 9:00.39 Todd Williams - Monroe 1987 Finals - Results - Wednesday 01/26/00 PLACE ATHLETE NAME YR SCHOOL TIME _____ __ ____ I Moore, DanJR Soo Stryders11:24.72 Popenhagen, JoshSO Round Lake Track Club11:26.93 Gurnoe, AdamSO Soo Stryders10:114 McNamara, ShapeSo soo Stryders10:11 _____ 4 McNamara, ShaneUnattached12:44.15 Rossman, SethJR Unattached13:16.4 12:44.1 Men's 55 Meter High Hurdles ! State: 7.26 Roget Ware - Lansing Sexton 1987 Finals - Results - Wednesday 01/26/00 PLACE ATHLETE NAME YR SCHOOL TIME _____ ____ 1 Lawler, Trevor JR Rudyard 2 Lustila, Larry JR Unattached 8.7 JR Unattached 2 Lustila, Larry 9.7 Men's 4x400 Meter Relay ! State: 3:20.80 Detroit Central 1982 Finals - Results - Wednesday 01/26/00 PLACE RELAY AFFILIATION TIME _____ ______ 1 TV Tahqumenon Valley 3:58.0 2 SOO Soo Stryders 4:00.0 Men's 4x800 Meter Relay ! State: 7:55.40 Flint Northern 1975 Finals - Results - Wednesday 01/26/00 PLACE RELAY AFFILIATION TIME _____ ______ 1 SOO Soo Stryders 9:15.0

Men's Shot Put

! State: 63'03.25" T.J. Duckett - Kalamazoo - Norrix 1999

Finals - Results - Wednesday 01/26/00

PLACE	ATHLETE NAME	YR	SCHOOL	MARK
=====	=======================================	==	=======================================	
1	Little, Nathaniel	SR	Unattached	44'09.00"
2	Sawyer	SO	Unattached	44'06.00"
3	Lasslett, Casey	JR	Unattached	43'09.00"
4	Rivard, Ryan	JR	Unattached	42'09.00"
5	Southwell, Ben	SR	North Track Action	38'00.00"
6	Lento, Bob	JR	Unattached	37'03.00"
7	Richards, James	SR	Round Lake Track Cl	19'09.00"

—