

Boys

QUAL TRACK MEET SCORE SHEET Date 5/15 5/16 Meet of OK Red Conference Maplewood at Georgetown

EVENT	1ST PLACE	ID	2ND PLACE	3	3RD PLACE	6	4TH PLACE	4	5TH PLACE	2	6		
SHOT PUT	Adam Keirst	RKF	Eric Vandekerck	47' 10 1/2" GV	Brendan Croach	47' 8 1/2" WD	Colbi Dykhouse	45' 10" GH	Ph. I Hamstra	45' 4" GH	Justin	44' 2" GV	
	54' 4" RKF		Vincent Mayfield	19' 11 1/2" GV	JEFF SEYMOUR	19' 8 1/2" HD	JEFF SEYMOUR	19' 8 1/2" HD	TREVOR FEARNS	19' 8 1/2" HD	ERIC	19' 1 1/2" WD	
LONG JUMP	C.J. HOOPER	J	20' 3/4" EK	Ph. I. Beemer	13'	MS	Bill Jeannot	13'	MS	Andy Patterson	12' 6" H	Dave Arnez	12' 6" GH
	21' 1/4" J		Eric Miranesh	14' 6" EK	Ph. I. Allen	13' 6" WD	Ph. I. Beemer	13' 5" EK	Ph. I. Hamstra	128' 3" GH	Ph. I. Hamstra	128' 3" GH	Ph. I. Hamstra
Pole Vault	Adam Keirst	RKF	Colbi Dykhouse	157' 6" GH	Ph. I. Allen	135' 6" WD	CHRIS PASHANUS	6' 0" GV	GUY FLOM	5' 10" WD	GUY FLOM	5' 10" WD	GUY FLOM
	157' 10" RKF		Sean Doyle	6' 2" H	CHRIS LECLERC	6' 2" GH	CHRIS PASHANUS	6' 0" GV	CHRIS PASHANUS	5' 10" WD	GUY FLOM	5' 10" WD	GUY FLOM
Discus	Luke Myers	MS	6' 4" MS	Holland	8:14	West Ottawa	8:20	MONA SHAW	8:25	Grand Haven	8:29	Grand Haven	8:36
	6' 4" MS		Rochford	7:59	West Ottawa	4:5.3	West Ottawa	4:20.2 RKF	Holland	4:5.3	Grand Haven	4:6.0	Grand Haven
High Jump	Rochford	7:59	Holland	8:14	West Ottawa	8:20	MONA SHAW	8:25	Grand Haven	8:29	Grand Haven	8:36	Grand Haven
3200m Relay	AMBER ISMAIL	WD	GREG MACZUK	15.3	RE	SCOTT ANDERSON	15.4	RE	VINCENT MAYFIELD	15.7	H	CHRIS CLARK	11.3
	15.2	WD	SOPHY TENG	11.1	WD	CJ HOOPER	11.2	J	STEVE SABRE	11.3	WD	CHRIS CLARK	11.3
100 M. DASH	KIP PAUL	EK	HOLLAND	1:32.3	ROCKFORD	1:32.5	W. OTTAWA	1:32.6	ADY MARTIN	4:21.4	HD	NICHOL HOWARD	4:21.4
	11.0	EK	BEANS SMITH	4:19.7	RKF	SETH FOLKERSTAD	4:20	RKF	ADY MARTIN	4:20.2	RKF	HOLLAND	4:20.2
800 M. Relay	East Kentwood	1:32.0	BEANS SMITH	4:19.7	RKF	SETH FOLKERSTAD	4:20	RKF	ADY MARTIN	4:20.2	RKF	HOLLAND	4:20.2
	DATHAN RITZUMER	4:05.9	RKF	WEST OTTAWA	44.3	ROCKFORD	45.3	HOLLAND	45.3	CHRIS LECAIR	51.7	GH	MATT WOOD
1600 M. Run	East Kentwood	4:05.9	RKF	WEST OTTAWA	44.3	ROCKFORD	45.3	HOLLAND	45.3	CHRIS LECAIR	51.7	GH	MATT WOOD
400 M. Relay	CJ HOOPER	J	CHAD REHKOPF	50.1	J	KEVIN HAMILTON	51.5	GH	CHRIS LECAIR	51.7	GH	MATT WOOD	52.4
	44.3		NOAH SCHWABER	40.8	RKF	VINCENT MAYFIELD	41.0	EK	ADY MARTIN	41.1	RKF	ADY MARTIN	41.1
400 M. DASH	SCOTT ANDERSON	50.1	J	KEVIN HAMILTON	51.5	GH	CHRIS LECAIR	51.7	GH	MATT WOOD	52.4	WD	ERIC TRIGGS
	50.1	J	NOAH SCHWABER	40.8	RKF	VINCENT MAYFIELD	41.0	EK	ADY MARTIN	41.1	RKF	ADY MARTIN	41.1
300 M. Low Hurdles	DATHAN RITZUMER	4:05.9	RKF	WEST OTTAWA	44.3	ROCKFORD	45.3	HOLLAND	45.3	CHRIS LECAIR	51.7	GH	MATT WOOD
	4:05.9	RKF	ERIC CRUTCHERS	1:58	MS	ADY MARTIN	1:59.0	RKF	SETH FOLKERSTAD	1:59.8	RKF	SETH FOLKERSTAD	1:59.8
200 M. Run	1:55.6	RKF	ERIC CRUTCHERS	1:58	MS	ADY MARTIN	1:59.0	RKF	SETH FOLKERSTAD	1:59.8	RKF	SETH FOLKERSTAD	1:59.8
	1:55.6	RKF	ERIC CRUTCHERS	1:58	MS	ADY MARTIN	1:59.0	RKF	SETH FOLKERSTAD	1:59.8	RKF	SETH FOLKERSTAD	1:59.8
200 M. DASH	CJ HOOPER	J	CHAD REHKOPF	50.1	J	KEVIN HAMILTON	51.5	GH	CHRIS LECAIR	51.7	GH	MATT WOOD	52.4
	22.6	J	NOAH SCHWABER	40.8	RKF	VINCENT MAYFIELD	41.0	EK	ADY MARTIN	41.1	RKF	ADY MARTIN	41.1
3200 Run	DATHAN RITZUMER	4:05.9	RKF	WEST OTTAWA	44.3	ROCKFORD	45.3	HOLLAND	45.3	CHRIS LECAIR	51.7	GH	MATT WOOD
	4:05.9	RKF	KYLE FUJIMOTO	9:34.9	RKF	ADY MARTIN	9:40.6	RKF	BEANS SMITH	9:42.0	RKF	BEANS SMITH	9:42.0
1600 Run	Rochford	3:25.3	MS	SHOES	3:26.2	3:32.4	3:32.4	GH	3:33.0	GH	3:33.0	WEST	3:33.7
	3:25.3		MS	SHOES	3:26.2	3:32.4	3:32.4	GH	3:33.0	GH	3:33.0	WEST	3:33.7