



2000 Upper Peninsula MHSAA Track & Field Finals

Girls Class C

June 3, 2000 at Kingsford High School

TEAM SCORING - Ishpeming Westwood 60; St. Ignace 50; Ironwood 33; Calumet 30; Houghton 18.33; Iron Mountain 18; Manistique 17.33; Ishpeming 10.50; Newberry 8.50; Hancock 8; Norway 5; Stephenson 5; Negaunee 4; Stambaugh West Iron County 2; Munising 2; Gwinn 0.33.

DISCUS -- 1. Martha Frantti, Calumet, 117-1; 2. Micaela Kelso, St. Ignace, 102-5; 3. Jamie Sarvello, Ishpeming, 100-5; 4. Andrea Smith, Ironwood, 98-3; 5. Jessica DeMille, Stephenson, 94-3.50.

POLE VAULT -- 1. Amy Hokenson, Manistique, 9-0 (Ties MHSAA Upper Peninsula Class C Record - Tied Record, 9-0, Deb Palmer, Stephenson, 1998); 2. Pam Balduc, Ironwood, 9-0; 3. Kate Ruegg, St. Ignace, 8-6; 4T. Melissa Besola, Ishpeming, 8-0; T. Amber Payment, Newberry, 8-0.

SHOT PUT -- 1. Andrea Smith, Ironwood, 34-10; 2. Amber Payment, Newberry, 33-11; 3. Micaela Kelso, St. Ignace, 33-1; 4. Maia Johnson, Stambaugh West Iron County, 31-3.50; 5. Adelynn Villmann, Houghton, 31-2.

HIGH JUMP -- 1. Heidi Helminen, Calumet, 5-1; 2. Jenny Swanson, Ishpeming Westwood, 5-0; 3. Gwen Storm, Calumet, 4-10; 4. Kristen Ruppe, Ironwood, 4-10; 5T. Heather Wittanen, Houghton, 4-8; T. Trisha Barney, Gwinn, 4-8; T. Amy Hokenson, Manistique, 4-8.

LONG JUMP -- 1. Kylee Anderson, Ishpeming, 15-7.50; 2. Heidi Helminen, Calumet, 15-6; 3. Cacey McGrath, Ironwood, 15-3.75; 4. Brita Randell, Calumet, 15-2; 5. Sheila Peterson, Calumet, 14-8.75.

3,200-METER RELAY -- 1. Ishpeming Westwood, 10:02.68 (Hannah Vissering, Crystal Vivian, Shelly Ruspakka, Jessica; 2. Houghton, 10:08.12; 3. Calumet, 10:24.19; 4. St. Ignace, 10:26.06; 5. Ironwood, 10:30.34.

110-METER HURDLES -- 1. Kaitlyn Wood, Houghton, 16.21; 2. Cacey McGrath, Ironwood, 16.31; 3. Jenny Swanson, Ishpeming Westwood, 16.50; 4. Brittany Fila, Norway, 16.53; 5. Sheila Peterson, Calumet, 17.12.

100-METER DASH -- 1. Eryn Mercer, St. Ignace, 12.87; 2. Misty Quayle, Ishpeming Westwood, 13.28; 3. Kristen Pedo, Iron Mountain, 13.40; 4. Karolyn Getzen, St. Ignace, 13.44; 5. Ashley Verran, Hancock, 13.56.

800-METER RELAY -- 1. St. Ignace, 1:48.65 (Marielle Calcaterra, Karolyn Getzen, Kate Ruegg, Eryn Merce (New MHSAA Upper Peninsula Class C Record - Old Record, 1:49.5, St. Ignace, 1995); 2. Ishpeming Westwood, 1:49.34; 3. Iron Mountain, 1:50.06; 4. Manistique, 1:52.78; 5. Ironwood, 1:53.40.

1,600-METER RUN -- 1. Lisa Weber, Manistique, 5:28.25; 2. Jessica Koski, Ishpeming Westwood, 5:29.56; 3. Hannah Vissering, Ishpeming Westwood, 5:30.19; 4. Susan Gilbert, Munising, 5:31.15; 5. Timi Barron, Houghton, 5:33.62.

4,00-METER RELAY -- 1. Iron Mountain, 53.15 (Jeanna Dinnocenzo, Catherine Lundy, Kristen Pedo, Katy Vros; 2. Negaunee, 53.43; 3. St. Ignace, 53.56; 4. Ironwood, 53.59; 5. Manistique, 53.90.

400-METER DASH -- 1. Ashley Verran, Hancock, 1:01.25; 2. Misty Quayle, Ishpeming Westwood, 1:01.90; 3. Marielle Calcaterra, St. Ignace, 1:02.19; 4. Hilary Lucarelli, Ishpeming Westwood, 1:02.68; 5. Eliza Weinert, Iron Mountain, 1:03.50.

300-METER LOW HURDLES -- 1. Cacey McGrath, Ironwood, 46.40; 2. Kaitlyn Wood, Houghton, 47.65; 3. Brittany Fila, Norway, 47.87; 4. Jenny Swanson, Ishpeming Westwood, 48.96; 5. Kate Hosking, Iron Mountain, 49.50.

800-METER RUN -- 1. Jessica Koski, Ishpeming Westwood, 2:27.31; 2. Nora Hyrkas, Calumet, 2:29.34; 3. Shelly Ruspakka, Ishpeming Westwood, 2:30.32; 4. Lisa Weber, Manistique, 2:31.56; 5. Chelsea Finco, Ironwood, 2:33.25.

200-METER DASH -- 1. Eryn Mercer, St. Ignace, 26.81; 2. Misty Quayle, Ishpeming Westwood, 27.59; 3. Kate Ruegg, St. Ignace, 27.88; 4. Hilary Lucarelli, Ishpeming Westwood, 28.18; 5. Ashley Verran, Hancock, 28.25.

3,200-METER RUN -- 1. Hannah Vissering, Ishpeming Westwood, 11:45.93; 2. Lisa Granskog, Stephenson, 12:17.43; 3. Marhette Suida, Newberry, 12:34.31; 4. Randi Johnson, St. Ignace, 12:41.59; 5. Katie Horn, St. Ignace, 12:41.63.

1,600-METER RELAY -- 1. St. Ignace, 4:14.43 (Randi Johnson, Marielle Calcaterra, Karolyn Getzen, Eryn Me; 2. Iron Mountain, 4:15.59; 3. Ishpeming Westwood, 4:16.38; 4. Houghton, 4:20.68; 5. Ironwood, 4:21.34.