

MACOMB COMMUNITY COLLEGE  
HIGH SCHOOL INDOOR TRACK MEET RESULTS  
JANUARY 30, 2004 - WOMEN

**60M Hurdles**

1.	Cross, Emily	Team Green	10.02
2.	Sabra, Jennifer	MI Accelerators	10.09
3.	Jakubowski, Allison	Team Green	10.42
4.	Fowke, Sara	Team Green	10.43
5.	McCauley, Auvielle	MI Accelerators	10.44
6.	Hitchcock, Andrea	Lotown	10.72

**200M Dash**

1.	Buckley, Lanbria	MI Accelerators	26.32
2.	White, Tonia	MI Accelerators	26.65
3.	Browner, Heather	Motor City	26.76
4.	Flowers, Joycelynn	MI Accelerators	27.38
4.	Osborne, Aisha	Detroit PAL	27.38
6.	Webb, Jasmin	Motor City	27.39

**3200M Run**

1.	Smeltzer, Rebekah	Lk Erie Striders	11:06.9
2.	Button, Rachael	Front Line	11:42.6
3.	Hoffman, Alicia	Lk Erie Striders	11:50.9
4.	Meernik, Kaitlyn	Runnin' Gear	12:20.8
5.	Ferrans, Cristie	Herb's Runners	12:39.1
6.	Bailey, Shannon	Front Line	12:45.4

**(Hand Timed)****400M Dash**

1.	Sampson, Kelly	Cheetah	62.02
2.	Yinson, Shana	Motor City	62.61
3.	Anderson, Sha'Tina	Herb's Runners	63.63
4.	Mayer, Micaela	Cheetah	64.85
5.	Kowalski, Tricia	Express	64.98
6.	Thomas, Johnelle	Speed Zone	65.36

**800M Run**

1.	Fondren, Ramzee	Motor City	2:21.84
2.	Smith, Lyndsay	Runnin' Gear	2:27.92
3.	Maddox, Shanique	Motor City	2:36.20
4.	Nordquist, Gillian	Runnin' Gear	2:36.79
5.	Horne, Katie	Detroit Cheetah	2:37.83
6.	Gorz, Elizabeth	Cheetah	2:39.29

**1600M Relay**

1.	MI Accelerators	(A Team)	4:19.70
2.	MI Accelerators	(B Team)	4:21.87
3.	Cheetah		4:22.04
4.	Speed Zone		4:26.11
5.	Motor City		4:28.58
6.	MI Accelerators	(C Team)	4:48.06

**Long Jump**

1.	Howard, Brittany	MI Accelerators	16' 7"
2.	Anderson, Jennifer	MI Accelerators	16' 3 3/4"
3.	Dooley, Alexandra	MI Accelerators	15' 5"
4.	McMillan, Whitney	Team Green	14' 11 3/4"
5.	Kowalski, Trisha	Express	14' 11 1/4"
6.	McCauley, Aurielle	MI Accelerators	14' 8"

**High Jump**

1.	Lis, Christina	Unattached	5' 0"
2.	Nazarowft, Atea	Melonheads	4' 10"
3.	Fraeyman, Carly	Romeo	4' 8"
4.	Ogg, Kim	Wonderdogs	
4.	House, Melody	Melonheads	4' 8"
6.	Levakov, Tigona	Dynamic Duo	4' 8"
		Airport	4' 6"

**Shot Put**

1.	Braden, Sophie	Birmingham	35' 7 1/4"
2.	Redd, Shavone	Denby	30' 5"
3.	Wilson, Shawndra	Unattached	30' 4"
4.	Jakubowski, Allison	Team Green	29' 5"
5.	Shabazz, Sareasa	Road Runners	28' 3 3/4"
6.	Moorehead, Tyra	Detroit PAL	26' 2 3/4"

**Pole Vault**

1.	Ernst, Jessica	Melonheads	9' 0"
2.	Jones, Lindsey	Bluewater	9' 0"
3.	Williams, JQ	P.C.T.C.	8' 6"
4.	Turak, Stacey	Bluewater	8' 6"
5.	Royer, Stephanie	G.P.S.	8' 0"
6.	O'Brien, Tiffany	P.C.T.C.	7' 0"

**Distance Medley Relay**

1.	Cheetah	12:40.6
2.	Runnin' Gear	12:50.4
3.	Lake Erie Striders	13:32.4

**(Hand Timed)**

4.	No Barrier Harriers	(Team A)	14:11.1
5.	No Barrier Harriers	(Team B)	14:20.9
6.	No Barrier Harriers	(Team C)	14:42.7