

10/30/04

MEN'S CROSS COUNTRY

L.P. DIV. 1 REGIONAL 2 AT GRAND LEDGE

10/30/04

at Ledge Meadows Golf Course

MEN'S 5K RUN (Team Results) -- Pinckney 44; Rockford 73; Howell 90; Okemos 120; Brighton 137; East Kentwood 157; Grand Ledge 161; Owosso 228; Hartland 234; Jackson 242; Holt 267; Lansing Eastern 293.

MEN'S 5K RUN (Individuals) -- 1. Riak Mabil, Grand Ledge, 16:15.2; 2. Ian Boyle, Pinckney, 16:34.4; 3. Nick Katsefaras, Pinckney, 16:44.8; 4. John Wilson, Howell, 16:54.1; 5. Andrew Hawks, Rockford, 16:56.4; 6. Marcel Franklin, Lansing Eastern, 16:57.6; 7. Derek Shortt, Brighton, 16:59.6; 8. Levi Hohl, Pinckney, 17:02.4; 9. Jordan Smith, Owosso, 17:02.7; 10. Chase Boggs-Smitley, Okemos, 17:06.5; 11. Richard Byler, Jackson, 17:08.6; 12. Brian Marcinkowski, Howell, 17:16.1; 13. Nate Angle, Rockford, 17:19.6; 14. Zak Noles, Pinckney, 17:26.5; 15. Stephan Larson, Rockford, 17:28.1; 16. Dylan Manion, East Kentwood, 17:29.8; 17. Brenden Marcum, Pinckney, 17:31.3; 18. Jason Leiby, Grand Ledge, 17:33.5; 19. Kris Shear, Rockford, 17:39.1; 20. Brad Johnson, Okemos, 17:45.8; 21. Sean Johnston, Rockford, 17:46.8; 22. Adam French, Howell, 17:47.3; 23. Trey Baughman, Okemos, 17:48.1; 24. Aaron Kosty, East Kentwood, 17:48.7; 25. Logan Hatfield, Howell, 17:49.1; 26. Dave Suchanek, Brighton, 17:49.5; 27. Sam Dolato, Howell, 17:49.8; 28. John Manby, East Kentwood, 17:50.9; 29. Matt Cousino, Okemos, 17:51.9; 30. Dave Herbert, Brighton, 17:52.6; 31. Jake Hohl, Pinckney, 17:55.5; 32. Matt Neely, Brighton, 17:56.1; 33. Erik Poyhonen, Pinckney, 18:02.3; 34. Josh Siira, Hartland, 18:04.3; 35. Kenny Walker, Holt, 18:08.4; 36. Alex Perrin, East Kentwood, 18:09.8; 37. Kyle Hines, Jackson, 18:10.3; 38. Barry McCardel, Okemos, 18:13.1; 39. Drew Wilson, Holt, 18:15.3; 40. Shawn Litchfield, Owosso, 18:18.2; 41. Travis Hughes, Howell, 18:19.3; 42. Tom Gienapp, Brighton, 18:21.2; 43. Joshua Black, Hartland, 18:23.2; 44. Andrew Wasson, Grand Ledge, 18:25.7; 45. Dan Volk, Rockford, 18:27.3; 46. Dan Lucas, Grand Ledge, 18:29.3; 47. Thomas Correll, Hartland, 18:30.0; 48. Kevin Vermeer, Rockford, 18:30.7; 49. Andrew Helvie, Owosso, 18:37.0; 50. Kevin Tague, Okemos, 18:38.4.

51. Tyler Morrison, Okemos, 18:39.9; 52. Ben Stacey, Grand Ledge, 18:43.8; 53. Phil Guajardo, East Kentwood, 18:45.4; 54. John Siira, Hartland, 18:46.1; 55. Dave Appold, Holt, 18:46.8; 56. Keith Larmont, Hartland, 18:49.0; 57. Will Dulworth, Jackson, 18:49.6; 58. Justin Eiseler, Owosso, 18:52.9; 59. Dave Gillis, Brighton, 18:53.6; 60. Scott Kentner, Grand Ledge, 18:54.6; 61. Matt Sornson, Brighton, 18:54.8; 62. Matt Perry, Howell, 18:57.9; 63. Timothy Tyson, Hartland, 18:58.3; 64. Paul Walworth, East Kentwood, 19:01.0; 65. Thomas Lynch, Lansing Eastern, 19:02.6; 66. Scott Osteras, Hartland, 19:04.8; 67. Kyle Cryderman, Holt, 19:05.9; 68. Lance Hines, Jackson, 19:06.5; 69. Eddy Burkhead, Jackson, 19:08.1; 70. Michael Dulworth, Jackson, 19:15.3; 71. Greg Appold, Holt, 19:25.3; 72. Tyler Mohlman, Owosso, 19:33.7; 73. Tony Sampson, Lansing Eastern, 19:48.7; 74. Chris Kennedy, Lansing Eastern, 20:01.6; 75. Andy Christopherson, Lansing Eastern, 20:11.1; 76. Ben Wheaton, Holt, 20:12.4; 77. Andrew Custer, Jackson, 20:20.5; 78. Zach Fowler, East Kentwood, 20:30.4; 79. Jason Westbrook, Owosso, 20:33.5; 80. Vinnie Richardson, Lansing Eastern, 20:51.0; 81. Matt Darling, Holt, 21:23.0; 82. Craig Viavada, Lansing Eastern, 21:33.7; 83. Andy Dicks, Grand Rapids Central, 21:55.9; 84. Jordan Malkaski, Owosso, 22:14.8; 85. Nate McKay, Grand Rapids Central, 22:41.9; 86. Jose Fabian, Grand Rapids Central, 24:31.6; 87.

Kas Bowman, Lansing Everett, 25:43.9; 88. Guillermo Peralta, Lansing Everett, 28:17.8.

10/30/04

WOMEN'S CROSS COUNTRY

L.P. DIV. 1 REGIONAL 2 AT GRAND LEDGE

10/30/04

at Ledge Meadows Golf Course

WOMEN'S 5K RUN (Team Results) -- Rockford 50; Okemos 58; Brighton 110; Grand Ledge 118; Jackson 132; East Kentwood 177; Pinckney 182; Hartland 212; Holt 228; Howell 235; Owosso 279; Lansing Eastern 306; Lansing Everett 420.

WOMEN'S 5K RUN (Individuals) -- 1. Rachel Wittum, Rockford, 18:43.0; 2. Kristina Olsen, Jackson, 18:55.4; 3. Nora Kiilunen, Brighton, 19:04.0; 4. Katie Haines, Rockford, 19:07.9; 5. Allie Pugh, Okemos, 19:13.2; 6. Emily Langenberg, Grand Ledge, 19:21.0; 7. Lynsey Ardingo, Pinckney, 19:33.1; 8. Danielle Dakroub, Okemos, 19:46.5; 9. Ashley Scullion, East Kentwood, 19:47.3; 10. Allison Rademacher, Grand Ledge, 19:51.6; 11. Kara Butler, Okemos, 19:59.9; 12. Shannon Kohlitz, Jackson, 20:14.7; 13. Andi Owens, Rockford, 20:15.3; 14. Brittany Quinn, Hartland, 20:22.5; 15. Amy Markham, Rockford, 20:26.3; 16. Jessica King, Okemos, 20:40.0; 17. Kaitlin Baker, Rockford, 20:40.8; 18. Teresa Buiocchi, Okemos, 20:44.1; 19. Ali Nichols, Brighton, 20:45.6; 20. Jennifer Johnson, Howell, 20:48.2; 21. Stephanie Veiner, Brighton, 20:49.3; 22. Rachel Fessenden, Holt, 20:51.6; 23. Emma Crosby, Rockford, 20:53.4; 24. Heather Wittum, Rockford, 20:55.1; 25. Leigh Schoonmaker, Grand Ledge, 20:55.7; 26. Ashley Gardynik, Howell, 21:15.0; 27. Alyssa Curtis, Brighton, 21:20.4; 28. Sara Parks, East Kentwood, 21:23.0; 29. Michelle Sutton, Jackson, 21:28.0; 30. Jackie Douches, Okemos, 21:30.3; 31. Alexandra Lowe, Okemos, 21:31.4; 32. Brittany Jensen, Pinckney, 21:32.3; 33. Jade Smith, Owosso, 21:35.0; 34. Katie Higgins, Pinckney, 21:38.6; 35. Marque Smith, Owosso, 21:42.2; 36. Megan Simon, Grand Ledge, 21:46.0; 37. Angela Perry, Lansing Eastern, 21:47.8; 38. Marie Woolworth, Jackson, 21:52.5; 39. Lauren Turk, Hartland, 21:58.5; 40. Jackie Cooney, Brighton, 21:59.7; 41. Amanda Westman, Grand Ledge, 22:01.6; 42. Shanahan Abby, East Kentwood, 22:03.9; 43. Nicole Corriveau, Hartland, 22:10.3; 44. Emily Urban, Grand Rapids Central, 22:12.4; 45. Chelsie Heard, East Kentwood, 22:15.6; 46. Elizabeth Huber, Holt, 22:19.3; 47. Nicole Naidoo, Brighton, 22:20.0; 48. Alyse Babich, Brighton, 22:23.0; 49. Liz Woods, Holt, 22:24.9; 50. Missy Darling, Holt, 22:27.5.

51. Katie Uitti, Pinckney, 22:34.7; 52. Jennifer Sutton, Jackson, 22:36.3; 53. Courtney Kilbourn, Owosso, 22:40.4; 54. Amber Ellett, Hartland, 22:42.1; 55. Morgan Britt, East Kentwood, 22:47.0; 56. Cara Rohloff, Grand Ledge, 22:48.0; 57. Meggan Watts, Howell, 22:50.9; 58. Abby Dulworth, Jackson, 22:55.3; 59. Chelsea Miller, Howell, 22:55.8; 60. Jeanette St. Onge, Pinckney, 22:56.3; 61. Linda Haslett, Jackson, 22:59.8; 62. Kim Venta, Pinckney, 23:18.9; 63. Andrea Grimm, Lansing Eastern, 23:20.4; 64. Laurie Anderson, Hartland, 23:24.7; 65. Kate Brewer, Holt, 23:25.9; 66. Anne Kelly, Lansing Eastern, 23:28.0; 67. Chelsea Champlin, Hartland, 23:30.3; 68. Rachel Porter, Holt, 23:38.7; 69. Laura Lloyd, Lansing Eastern, 23:40.2; 70. Jennifer Klingbiel, Grand Ledge, 23:56.3; 71. Talitha Taylor, Holt, 24:08.6; 72. Emily Miller, Pinckney, 24:12.6; 73. Allison Ulrich, East Kentwood, 24:15.1; 74. Abby Goetz, East Kentwood, 24:16.3; 75. Melissa Perry, Lansing Eastern, 24:20.5; 76. Lauren Crawford, Howell, 24:27.2; 77. Liz Valsek, Owosso, 24:55.3; 78. Nichole Sanchez, Lansing Everett, 25:09.0; 79. Erica

Mertz, Lansing Eastern, 25:16.2; 80. Blake Cady, Howell, 25:30.7; 81. Christine Corcoran, Hartland, 25:43.5; 82. Suzie Ziel, Lansing Eastern, 25:51.0; 83. Amber Cheeney, Lansing Everett, 26:38.4; 84. Kelsey Jo Ritter, Owosso, 26:50.7; 85. Caitlin Anderson, Howell, 27:47.8; 86. Megan Holmes, Owosso, 28:09.0; 87. Melissa Potts, Lansing Everett, 28:43.1; 88. Kathryn Martilotta, Grand Rapids Central, 29:27.8; 89. Victoria Foster, Lansing Everett, 37:21.5; 90. Jennifer Flanders, Lansing Everett, 37:32.6.