

10/30/04

MEN'S CROSS COUNTRY

L.P. DIV. 2 REG. 17

AT LOWELL HIGH SCHOOL

10/30/04

MEN'S 5K RUN (Team Results) -- Grand Rapids Christian 65; East Grand Rapids 90; Lowell 108; Grand Rapids Catholic Central 125; Lake Odessa-Lakewood 132; Caledonia 148; Wayland Union 161; Hudsonville Unity Christian 187; Grand Rapids South Christian 204; Byron Center 249; Holland Christian 271; Middleville-Thornapple Kellogg 308; Hastings 367; Wyoming Park 408.

MEN'S 5K RUN (Individuals) -- 1. Corey Thelen, Lake Odessa-Lakewood, 16:55.0; 2. Nate DeHaan, Grand Rapids South Christian, 17:09.6; 3. Joel Schut, Grand Rapids Christian, 17:13.2; 4. John Hayes, East Grand Rapids, 17:18.6; 5. Craig Vachon, Grand Rapids Catholic Central, 17:33.3; 6. Joel Martinez, Grand Rapids Catholic Central, 17:34.5; 7. Bill Stroo, Grand Rapids Christian, 17:35.5; 8. Peter Meyer, East Grand Rapids, 17:36.3; 9. Eric Schumm, Lowell, 17:37.8; 10. Kirk Post, Caledonia, 17:40.2; 11. Tom Vander Jagt, Hudsonville Unity Christian, 17:44.4; 12. Steve Ellison, Lowell, 17:45.3; 13. Leek Deng, East Grand Rapids, 17:50.3; 14. Mike Vandenberg, Grand Rapids Christian, 17:50.6; 15. Luke Taylor, Caledonia, 17:51.0; 16. Mario Fritz, Wayland Union, 17:51.3; 17. Casey Schrock, Lake Odessa-Lakewood, 17:57.6; 18. Randy Kooiker, Wayland Union, 18:00.0; 19. Bryan Kuyper, Grand Rapids Christian, 18:04.9; 20. Jesse Schrock, Lake Odessa-Lakewood, 18:05.2; 21. Neil LaVoie, Grand Rapids Catholic Central, 18:08.1; 22. Jeff Christians, Grand Rapids Christian, 18:09.3; 23. Drew Farrington, Grand Rapids Catholic Central, 18:13.0; 24. Levi Dykstra, Grand Rapids South Christian, 18:16.4; 25. Ethan Sims, Grand Rapids Creston, 18:20.5; 26. David Schmidt, Grand Rapids Christian, 18:21.7; 27. Scott Ammon, East Grand Rapids, 18:21.9; 28. Justin Boldt, Hudsonville Unity Christian, 18:23.8; 29. Andy Mark, Lowell, 18:24.3; 30. Jon Riddle, Lowell, 18:25.1; 31. Mitch Solon, Lowell, 18:31.0; 32. Mitch O'Connell, Byron Center, 18:31.5; 33. Jared Baragar, Wyoming Park, 18:34.1; 34. Kyle Mast, Holland Christian, 18:36.3; 35. Joel Lumbert, Byron Center, 18:36.8; 36. Marshal Kooiker, Wayland Union, 18:37.4; 37. Dan Reitberg, Grand Rapids Christian, 18:43.7; 38. Ryan Possehn, Lake Odessa-Lakewood, 18:45.8; 39. John Goebel, Caledonia, 18:46.5; 40. Shad Reed, East Grand Rapids, 18:46.9; 41. Alex TenElshof, Caledonia, 18:47.6; 42. Ryan Bosma, Hastings, 18:50.0; 43. David Mohr, Hudsonville Unity Christian, 18:51.5; 44. Ian Kirkwood, Wayland Union, 18:52.1; 45. Sam Baker, Grand Rapids South Christian, 18:52.8; 46. David Villerot, Caledonia, 18:54.6; 47. Josh Schierbeek, Hudsonville Unity Christian, 18:59.5; 48. David Mart, Holland Christian, 19:02.0; 49. Chad Huizinga, Byron Center, 19:07.3; 50. Paul Prescott, Wayland Union, 19:09.0.

51. Matt Kooiker, Wayland Union, 19:09.3; 52. Justin Kucharczyk, Caledonia, 19:11.1; 53. Alex Gilbert, Wayland Union, 19:16.1; 54. Tim Wilson, Middleville-Thornapple Kellogg, 19:16.9; 55. Keith Winshester, Middleville-Thornapple Kellogg, 19:21.0; 56. Dante Gonzalez, Byron Center, 19:22.0; 57. Ethan Fuller, Middleville-Thornapple Kellogg, 19:23.5; 58. Jason Sterkenburg, Lake Odessa-Lakewood, 19:25.8; 59. Matt Disselkoen, Grand Rapids South Christian, 19:27.4; 60. Nicholas Cramer, Caledonia, 19:28.3; 61. Kenny Hayes, Lowell, 19:29.3; 62. Ryan Hoezee, Hudsonville Unity Christian, 19:30.7; 63. Michael Westendorp, Holland Christian, 19:37.6; 64. Dan Prins, Holland

Christian, 19:40.3; 65. Mike Lewis, East Grand Rapids, 19:44.7; 66. Michael Forman, Lake Odessa-Lakewood, 19:48.4; 67. Kellen Mouw, Holland Christian, 19:49.8; 68. Corey Postma, Wyoming Rogers, 19:52.3; 69. Aaron Schutter, Hudsonville Unity Christian, 20:01.9; 70. Mike Berryman, Middleville-Thornapple Kellogg, 20:02.5;!

71. Josh Van Dyken, Hudsonville Unity Christian, 20:03.6; 72. Shea Mead, Grand Rapids Catholic Central, 20:04.6; 73. Cameron Bowman, Grand Rapids Catholic Central, 20:05.2; 74. Michael Weber, Holland Christian, 20:05.8; 75. Casey Randolph, Lowell, 20:07.1; 76. Michael Perez, Holland Christian, 20:08.3; 77. Corey Rayner, Lake Odessa-Lakewood, 20:09.1; 78. Kurt Reitsma, Grand Rapids South Christian, 20:14.1; 79. Matt Miller, Middleville-Thornapple Kellogg, 20:15.7; 80. A.J. Singleterry, Hastings, 20:19.6; 81. Ryan VanKuilenburg, Middleville-Thornapple Kellogg, 20:20.5; 82. Jesse Ellwood, Hastings, 20:24.2; 83. Josh Rubino, Byron Center, 20:31.5; 84. Joel Maiville, Hastings, 20:32.9; 85. Lance VanPutten, Middleville-Thornapple Kellogg, 20:34.5; 86. Tim Sheldon, Byron Center, 20:37.0; 87. Ryan Fleischmann, Grand Rapids South Christian, 20:51.3; 88. Jordan Kimble, Hastings, 21:03.3; 89. Kyle Lusted, Byron Center, 21:04.9; 90. Tyler Lancaster, Hastings, 21:09.6; 91. Cullen Hillary, Grand Rapids Catholic

Central, 21:15.3; 92. Rusty Burgdorf, Hastings, 21:17.6; 93. Alex Maxwell, Wyoming Park, 21:19.0; 94. Paul Abissi, East Grand Rapids, 21:27.4; 95. Matt Dudek, Grand Rapids Creston, 21:29.8; 96. Jon Bentzen, Grand Rapids South Christian, 21:41.1; 97. Jason McGarry, Grand Rapids Creston, 23:18.5; 98. Mike Dabkowski, Grand Rapids Creston, 24:02.2; 99. Jacob Holst, Wyoming Park, 25:28.0; 100. Jeremy Lubbers, Wyoming Rogers, 25:48.0.

101. Glen Slingerland, Wyoming Park, 26:00.0; 102. Jonny Klemmer, Wyoming Park, 29:24.0; 103. Kevin Klemmer, Wyoming Park, 29:37.0; 104. Nick Bolks, Wyoming Park, NF; 105. Dagoberto Lopez, Grand Rapids Creston, NF; 106. Jacob Russell, Grand Rapids Creston, NF; 107. Brandon Walenga, Grand Rapids Creston, NF.

10/30/04

WOMEN'S CROSS COUNTRY

L.P. DIV. 2 REG. 17 AT LOWELL HIGH SCHOOL

10/30/04

WOMEN'S 5K RUN (Team Results) -- East Grand Rapids 42; Grand Rapids Christian 61; Grand Rapids South Christian 94; Lake Odessa-Lakewood 132; Hudsonville Unity Christian 138; Wayland Union 151; Grand Rapids Catholic Central 181; Lowell 183; Caledonia 209; Middleville-Thornapple Kellogg 222; Holland Christian 351; Byron Center 372.

WOMEN'S 5K RUN (Individuals) -- 1. Nikki Brown, East Grand Rapids, 19:16.2; 2. Jessica Armstrong, Wayland Union, 19:17.1; 3. Laura Malnor, East Grand Rapids, 19:17.8; 4. Lori Burgess, Grand Rapids South Christian, 19:34.5; 5. Jessica Koster, Grand Rapids Christian, 19:36.7; 6. Becca Bauman, Grand Rapids Catholic Central, 19:49.3; 7. Jennifer Anderson, Grand Rapids Christian, 20:04.7; 8. Rebecca Winchester, Middleville-Thornapple Kellogg, 20:08.0; 9. Kaitlin Diemer, Grand Rapids South Christian, 20:16.9; 10. Kristina Buschle, East Grand Rapids, 20:19.7; 11. Raeanne Lohner, East Grand Rapids, 20:26.2; 12. Rebecca Van Regenmorter, Hudsonville Unity Christian,

20:35.9; 13. Debbie Speyer, Grand Rapids Christian, 20:37.3; 14. Kelsey Ver Kaik, Hudsonville Unity Christian, 20:42.9; 15. Sarah Brewer, Wayland Union, 21:00.2; 16. Carrie Hoogland, Grand Rapids Christian, 21:06.8; 17. Erin Cvengros, East Grand Rapids, 21:15.0; 18. Erin Wilson, Grand Rapids Catholic Central, 21:16.1; 19. !

Jess Naber, Grand Rapids

South Christian, 21:19.3; 20. Maisha Seebeck, Grand Rapids Christian, 21:21.1; 21. Dana Nichols, Lake Odessa-Lakewood, 21:22.3; 22. Sadie Catt, Lake Odessa-Lakewood, 21:23.2; 23. Karen Judd, Lowell, 21:25.2; 24. Andrea Schedlbauer, Caledonia, 21:32.1; 25. Tina Bult, Grand Rapids Christian, 21:34.2; 26. Ashley Barcroft, Lake Odessa-Lakewood, 21:35.3; 27. Monica Fitzpatrick, Lowell, 21:35.9; 28. Jessika Blackport, Lake Odessa-Lakewood, 21:38.7; 29. Megan Dornbos, Hudsonville Unity Christian, 21:47.0; 30. Kristin Haagsma, Grand Rapids South Christian, 21:48.3; 31. Abbie Debiak, Lowell, 21:49.2; 32. Anna VanWyk, Grand Rapids South Christian, 21:50.4; 33. Jessica Brenner, East Grand Rapids, 21:51.9; 34. Jessica Jager, Grand Rapids Christian, 21:53.3; 35. Rachel King, Lake Odessa-Lakewood, 22:02.3; 36. Emma Dalrymple, Grand Rapids Catholic Central, 22:02.6; 37. Jess Roodvoets, Grand Rapids South Christian, 22:03.8; 38. Stephanie DeYoung, Wayland Union, 22:06.1; 39. Kellie Honderd!

, Hudsonville Unity Chri

stian, 22:13.2; 40. Kendra Ross, Caledonia, 22:17.0; 41. Lauren Hollis, Caledonia, 22:24.2; 42. Bianca Stubbs, East Grand Rapids, 22:32.0; 43. Emily Bosma, Grand Rapids South Christian, 22:33.4; 44. Molly Brummel, Hudsonville Unity Christian, 22:35.6; 45. Teri Padding, Hudsonville Unity Christian, 22:36.1; 46. Stephanie Rossman, Caledonia, 22:44.5; 47. Amy Misak, Wayland Union, 22:46.5; 48. Natalie Hoag, Middleville-Thornapple Kellogg, 22:47.0; 49. Emily Otis, Wayland Union, 22:50.0; 50. Emily Gerard, Lowell, 22:56.4.

51. Chaney Robinson, Middleville-Thornapple Kellogg, 22:56.6; 52. Rebekah Woods, Lowell, 23:00.3; 53. Kristyn Roszell, Grand Rapids Catholic Central, 23:08.7; 54. Natalie Blackmer, Lake Odessa-Lakewood, 23:14.0; 55. Kersta Gustafson, Middleville-Thornapple Kellogg, 23:15.3; 56. Brittany Raffler, Lake Odessa-Lakewood, 23:16.1; 57. Emily Hauschild, Lowell, 23:20.8; 58. Maddison Zych, Caledonia, 23:24.4; 59. Jenna Church, Lowell, 23:24.8; 60. Sarah Hawkins, Middleville-Thornapple Kellogg, 23:25.3; 61. Sarah Rooks, Holland Christian, 23:25.6; 62. Sara Sterkenburg, Wayland Union, 23:25.9; 63. Brittany Jacques, Caledonia, 23:27.7; 64. Michelle Miedema, Hudsonville Unity Christian, 23:50.7; 65. Kaitlyn Mast, Holland Christian, 23:56.2; 66. Becky Haisma, Byron Center, 24:05.2; 67. Kerrie Schultz, Middleville-Thornapple Kellogg, 24:16.6; 68. Amy Andrusiak, Grand Rapids Catholic Central, 24:21.8; 69. Katie Hekman, Caledonia, 24:25.5; 70. Mary Hickner, Grand Rapids Catholic Central, 2!

4:46.6; 71. Jessica Pirr

one, Wayland Union, 24:49.0; 72. Marci Diaz, Byron Center, 24:55.8; 73. Casey Vandam, Holland Christian, 25:06.0; 74. Susan Graham, Wyoming Rogers, 25:07.6; 75. Katie Wolfe, Byron Center, 25:08.6; 76. Cara Walcott, Holland Christian, 25:09.3; 77. Bethany Kitzrow, Middleville-Thornapple Kellogg, 25:15.2; 78. Elizabeth Gehan, Grand Rapids Creston, 25:19.1; 79. Leah Compagner, Holland Christian, 25:22.4; 80. Kristina Foster, Byron Center, 25:27.3; 81. Jodi Datema, Holland Christian, 25:30.0; 82. Molly Marcus, Holland Christian, 25:41.1; 83. Laura Perschbacher, Grand Rapids Catholic Central, 25:43.5; 84. Kathlyn Rounds, Hastings, 26:35.2; 85. Janette VanderPoel, Wyoming Rogers, 27:33.6; 86. Kelsi Jewell, Grand Rapids Creston, 27:59.2; 87. Betsy Acker, Hastings, 28:02.8; 88. Tina Emelander, Byron Center, 28:06.2; 89. Lara Green, Byron Center, 28:14.7; 90. Dani Hodges,

Hastings, 28:53.0; 91. Uyen Uyen Nguyen, Grand Rapids Creston, 32:52.0; 92.
Brianna Huyack, Grand Rapids Creston, !
NF; 93. Sarah Russell,
Grand Rapids Creston, NF; 94. Courtney Osborn, Wyoming Rogers, NF.