

11/02/04

MEN'S CROSS COUNTRY

L.P. DIV. 4 REGIONAL 30 AT CARSON CITY

10/30/04

at Fish Creek Sportsman's Club

MEN'S 5K RUN (Team Results) -- Grand Rapids Covenant Christian 46; Wyoming Tri-Unity Christian 88; Grand Rapids NorthPointe Christian 89; Beal City 109; Blanchard Montabella 137; Hudsonville Freedom Baptist 139; Coleman 159; Saugatuck 171; Holton 207.

MEN'S 5K RUN (Individuals) -- 1. Seth Campbell, Grand Rapids NorthPointe Christian, 17:16.9; 2. Matthew Hanko, Grand Rapids Covenant Christian, 17:28.4; 3. Wes Muller, Grand Rapids NorthPointe Christian, 17:37.5; 4. Drew Blake, Coleman, 17:43.6; 5. Glen Barker, North Muskegon, 17:51.3; 6. Nicholas Schipper, Grand Rapids Covenant Christian, 18:06.1; 7. Victor Ramirez, Wyoming Lee, 18:07.4; 8. Karl Dykstra, Grand Rapids Covenant Christian, 18:18.9; 9. Erick Mogg, Beal City, 18:21.4; 10. Jason Moss, Hudsonville Freedom Baptist, 18:21.6; 11. Matthew Hendricks, Wyoming Tri-Unity Christian, 18:21.9; 12. Tim Woodbury, Beal City, 18:22.8; 13. Bryant Smith, Mount Pleasant Sacred Heart, 18:32.8; 14. Brett Harrell, Wyoming Tri-Unity Christian, 18:46.6; 15. Nick Tloczynski, North Muskegon, 18:47.2; 16. Kevan Siebelink, Saugatuck, 18:54.1; 17. Seth Kalsbeek, Grand Rapids Covenant Christian, 19:04.3; 18. Nathan Donahue, Wyoming Tri-Unity Christian, 19:16.5; 19. Mike Snyder, Blanchard Montabella, 19:17.5; 20. Joe Gates, Coleman, 19:18.4; 21. Leighton Cusack, Grand Rapids NorthPointe Christian, 19:24.9; 22. Mattlock Simmons, Holton, 19:26.9; 23. Roth Samuel, Hudsonville Freedom Baptist, 19:27.2; 24. Jonathan Kuiper, Grand Rapids Covenant Christian, 19:28.9; 25. Snellink Josiah, Hudsonville Freedom Baptist, 19:29.6; 26. Ben Kamps, North Muskegon, 19:30.8; 27. Justin Christensen, Wyoming Tri-Unity Christian, 19:35.4; 28. Will Gibbons, Saugatuck, 19:36.7; 29. Jason Koole, Grand Rapids Covenant Christian, 19:37.5; 30. Paul Ayers, Blanchard Montabella, 19:40.1; 31. Ryan Walker, Beal City, 19:41.3; 32. Ben Rau, Grand Rapids Covenant Christian, 19:42.6; 33. Chad Schafer, Beal City, 19:54.8; 34. Jairo Calvo, Wyoming Lee, 19:55.0; 35. Austin Metz, Grand Rapids NorthPointe Christian, 19:55.7; 36. Zeke Kutchin, Blanchard Montabella, 19:56.7; 37. Nicholas Brown, Coleman, 19:58.2; 38. Isaiah Nagelkerk, Wyoming Tri-Unity Christian, 19:59.0; 39. Andrew Shaw, Blanchard Montabella, 19:59.8; 40. Matt Deja, Blanchard Montabella, 20:01.4; 41. Kris Grey, Holton, 20:02.3; 42. Jordan Stine, Blanchard Montabella, 20:03.9; 43. Phil Videtich, Big Rapids Crossroads, 20:06.0; 44. Nathan Mast, Grand Rapids North Hills Classical, 20:06.9; 45. Adam Valteau, Saugatuck, 20:11.3; 46. Jared Chulski, Grand Rapids North Hills Classical, 20:20.3; 47. David Esch, Beal City, 20:22.6; 48. Tyler Mitchell, Big Rapids Crossroads, 20:24.3; 49. Wade Scott, Grand Rapids NorthPointe Christian, 20:28.4; 50. Joe Bechtel, Beal City, 20:30.5.

51. Jon Hellwarth, Wyoming Tri-Unity Christian, 20:41.6; 52. Adam Looman, Grand Rapids NorthPointe Christian, 20:45.0; 53. Ed McDaniel, Beal City, 20:47.5; 54. Andrew Malenfant, Holton, 20:56.1; 55. Hayes Brian, Hudsonville Freedom Baptist, 20:56.1; 56. Ben Voss, Mount Pleasant Sacred Heart, 21:09.8; 57. Steve Vargas, Wyoming Lee, 21:14.2; 58. Kleis Benjamin, Hudsonville Freedom Baptist, 21:18.4; 59. William Ferriby, North Muskegon, 21:50.0; 60. Lucas Hinton, Blanchard Montabella, 22:20.4; 61. Jonathan Hoshor, Saugatuck, 22:23.3; 62. Nathan Miller, Big Rapids Crossroads, 22:24.0; 63. Derek VanSpronsen, Wyoming Tri-Unity Christian, 22:27.7; 64. Moss Ray, Hudsonville Freedom Baptist, 22:55.9; 65. Blake Harrison, Saugatuck, 23:00.1; 66. James

Heine, Mount Pleasant Sacred Heart, 23:12.4; 67. Brett Schulte, Mount Pleasant Sacred Heart, 23:54.6; 68. Tyler Pindell, Saugatuck, 24:06.7; 69. Marcus Brown, Coleman, 25:29.8; 70. Zac Patterson, Holton, 25:30.8; 71. Michael VanDerZanden, Pentwater, 26:13.1; 72. Julian Mogg, Coleman, 27:10.5; 73. Andrew Stair, Holton, 31:07.4.
11/02/04 WOMEN'S CROSS COUNTRY

L.P. DIV. 4 REGIONAL 30 AT CARSON CITY
10/30/04

at Fish Creek Sportsman's Club

WOMEN'S 5K RUN (Team Results) -- Big Rapids Crossroads 31; Grand Rapids NorthPointe Christian 53; Beal City 80; North Muskegon 92; Saugatuck 100; Blanchard Montabella 151; Wyoming Tri-Unity Christian 179.

WOMEN'S 5K RUN (Individuals) -- 1. Tricia Rozeboom, Saugatuck, 19:45.5; 2. Rebecca Monroe, Big Rapids Crossroads, 19:53.6; 3. Rebecca Campbell, Grand Rapids NorthPointe Christian, 20:51.1; 4. Lauren Stelma, Grand Rapids NorthPointe Christian, 21:11.5; 5. Katie Thorne, Big Rapids Crossroads, 21:13.6; 6. Stacy Leyder, Big Rapids Crossroads, 21:33.8; 7. Eileen Brunner, Mount Pleasant Sacred Heart, 21:40.9; 8. Angela Murphy, Beal City, 21:42.7; 9. Nicole Erler, Big Rapids Crossroads, 21:45.0; 10. Amanda Grycki, North Muskegon, 21:52.5; 11. Rachel Thorne, Big Rapids Crossroads, 21:57.0; 12. Amy Kamps, North Muskegon, 22:09.0; 13. Betsy Witte, Grand Rapids NorthPointe Christian, 22:11.5; 14. Andrea Rockwood, North Muskegon, 22:24.9; 15. Holli Helmer, Blanchard Montabella, 22:27.2; 16. Jessica Wyalda, Grand Rapids NorthPointe Christian, 22:31.5; 17. Elisha Richards, Beal City, 22:42.8; 18. Brittany Marchiando, Beal City, 22:45.7; 19. Lisa Trainor, Beal City, 22:48.1; 20. Heather Carlson, Grand Rapids NorthPointe Christian, 22:52.4; 21. Jessica Siebelink, Saugatuck, 22:55.2; 22. Jessie Kleino, Saugatuck, 23:15.0; 23. Justine Schafer, Beal City, 23:19.6; 24. Ellie Steiger, Saugatuck, 23:31.7; 25. Nichole McGillis, Blanchard Montabella, 23:33.6; 26. Liz Szymanski, Mount Pleasant Sacred Heart, 23:37.2; 27. Jessi Byl, Grand Rapids NorthPointe Christian, 23:43.0; 28. Joy Kamphuis, Grand Rapids NorthPointe Christian, 23:44.5; 29. Anna Hardy, North Muskegon, 23:51.6; 30. Sarah Vogel, Wyoming Tri-Unity Christian, 23:55.0; 31. Kristina Veenstra, Wyoming Tri-Unity Christian, 24:03.9; 32. Sarah Gross, Beal City, 24:08.1; 33. Carrie Sheets, Blanchard Montabella, 24:08.8; 34. Hannah Holmberg, North Muskegon, 24:53.5; 35. Jacobs Holly, Hudsonville Freedom Baptist, 25:11.0; 36. Cora Thompson, Wyoming Lee, 25:17.6; 37. Samantha Schafer, Beal City, 25:29.8; 38. Dana Erley, Pentwater, 25:32.3; 39. Jensine Leung, Wyoming Lee, 25:34.0; 40. Jurgens Jackie, Hudsonville Freedom Baptist, 25:43.6; 41. Caryn Reynolds, Big Rapids Crossroads, 26:10.4; 42. Chelsea Johnson, Saugatuck, 26:35.4; 43. Elaina VanderVeen, Wyoming Tri-Unity Christian, 26:37.3; 44. Jessica Bailey, North Muskegon, 26:42.6; 45. Christa Bonin, North Muskegon, 26:42.9; 46. Krista McCoy, Mount Pleasant Sacred Heart, 26:47.3; 47. Monica Jensen, Blanchard Montabella, 26:48.3; 48. Kara Oakley, Saugatuck, 26:49.2; 49. Markie Rutter, Saugatuck, 27:14.4; 50. Diane Bergsma, Wyoming Tri-Unity Christian, 27:53.7.

51. Amanda Chiamulera, Blanchard Montabella, 28:02.2; 52. Sherri Anthony, Holton, 28:06.3; 53. Sarah VanZanten, Wyoming Tri-Unity Christian, 28:36.9; 54. Sarah Malburg, Pentwater, 29:22.3; 55. Patricia Malburg, Pentwater, 31:19.4; 56. Brenda VanDerZanden, Pentwater, 32:12.0.