



# Michigan Indoor Track Series

Michigan Indoor Track Series Website



# MITS Live Update

-This Friday the 28th of March is the first of three meets at Albion College. Since at Albion has wireless internet at their indoor track facility we will be able to run periodic **live updates** as the meet progresses.

-The Albion College meets are run by the Men's Track and Field Team. Entry revenue and Concession Sales are used to fund their annual training trip to Florida which they have taken for the last 32 years!

-Check in here starting at **6:00pm on Friday the 28th, 2005**. Continue to refresh your browser window to check if the results have been updated. We might even be able to get some photos from the meet displayed minutes after they were taken.  
See you tomorrow.

**Albion College - January 28th, 2005**

**Final Results**

**Boys 55 M Hurdles - Prelims (hand times)**

Place	Name	Result	Club
Heat 1	1 Andrew Sigtrids	8.3	Maple Valley TC
	2 Ken Carns	9.2	Maple Valley TC
	3 Kyle Quakembush	9.7	Animal Farm
	4 Steven Nicholson	10.8	Ann Arbor TC
	5 Nate Richards	12.7	Liberty Striders
Heat 2	1 Josh Hempre	8.1	No Skill
	2 Brandon Thompson		9 Hungry Dogs
	3 Devon Webster	9.5	Animal Farm
	4 Rick Peirce	9.6	Athens TC
	5 Jesse Whrlman	10	SJM TC
Heat 3	1 Michael Ingram	8.1	Second Place
	2 Lonny White	8.1	Cereal City T.C.
	3 Ira Morrer	8.5	Great Lakes T.C.
	4 Garrett Schmidt	8.7	
	5 Rodney Keys	9.5	

**Girls 55 M Hurdles - Prelims**

Place	Name	Result	Club
Heat 1	1 Katie LaValley	8.8	No Skill
	2 Sasha Ramsey	9.7	Jackson T.C.
	3 Jessica Gilber	10	
	4 Lauren Kreha	12	No Skill
Heat 2	1 Abbey Moran	9.4	Great Lakes T.C.
	2 Missy Taylor	9.4	Elite Feet
	3 Tammy Cahow	10.3	C.S. Track
	4 Alexis Wright	11.4	Animal Farm
Heat 3	1 Embriette Hyde	9.3	
	2 Sarah Thomas	9.7	
	3 Kelcie Daniels	10.2	No Skill
	4 Caitlin Flint	11.3	Elite Feet

**Boys 55 M Dash - Prelims**

Place	Name	Result	Club
Heat 1	1 Troanzo Alyoe	6.5	Albion
	2 Steven Nicholson	7.5	Ann Arbor T.C.
	3 Mike Soltis	7.5	Albion
	4 Ben Fox	7.6	Maple Valley
	5 Austin Schafer	8.0	F.F.B.
Heat 2	1 Josh Hempro	6.9	No Skill
	2 Kyle Heather	7.0	Hot Tamales
	3 David Grzesek	7.4	Jackson T.C.
	4 Casey Calligan	7.7	Polar Bear
	5 R. P.	7.8	Ledges

Heat 3	1 Marquan Jennings	7.0	Animal Farm
	2 Michael Sessions	7.0	Polar Bear
	3 Wesley McClelland	7.1	F.F.B.
	4 Michad Paisley	7.5	Maple Valley
	5 Jalen Bill	9.2	Albion
Heat 4	1 Nathan Blackwell	6.6	Kalamazoo T.C.
	2 Troy Harrison	6.8	Grand Rapids T.C.
	3 Ryan Wagner	7.4	Hungry Dogs
	4 John Benner	7.4	F.F.B.
	5 Sebastian Tonke	7.5	Polar Bear
Heat 5	1 Rodney Marshall	6.8	New Level Sports
	2 Santiano Perez	7.0	Albion
	3 Luke Lowmaster	7.5	F.F.B.
	4 Matt Barber	7.7	F.F.B.
	5 Chritian Dale	8.0	Albion
Heat 6	1 Sonny Huff	6.8	Full Circle
	2 James Jackson	6.8	Great Lakes T.C.
	3 Cody Furney	7.3	C.S. Track Club
	4 Jacob Leech	7.3	Mastadins
	5 Tiller Deal	8.0	Allegan
Heat 7	1 Tim Cambell	6.7	Polar Bear
	2 Ira Moorer	7.0	Great Lakes T.C.
	3 Zach Gregory	7.1	Chelsea
	4 Steven Resing	7.6	DEH Lakers
	5 Ryan Knapp	8.5	C.S. Track Club
Heat 8	1 Matt English	7.0	Polar Bears
	2 Steve Herzberg	7.2	Polar Bears
	3 Kyle Ferris	7.4	Delt Lakers
	4 Kegan Certala	8.0	Allegan

**Boys 880 Yard Run**

	Place	Name	Result	Club
Heat 1	1	Jay Bilsborrow	2:03.33	Hungry Dogs
	2	Mike Soltis	2:07.90	Albion
	3	Ransom Brown	2:13.41	Hungry Dogs
	4	Ryan Grace	2:17.20	Kalamazoo
	5	Ruhim Hodge	2:20.57	Bangor Vikings
	6	Jordan Dorran	2:21.57	Bangor Vikings
	7	Nathan Blackwell	2:24.38	Kalamazoo
Heat 2	1	Shawn Myers	2:13.76	Liberty Striders
	2	William Eix	2:18.72	Allegan
	3	Brian Hinn	2:20.49	Three Rivers T.C.
	4	Dan Nash	2:24.25	Saranac
	5	Michael Brower	2:29.25	Allegan
	6	Alfredo Careriano	2:29.31	
	7	Justin Durbin	2:34.04	DeHon
	8	John Hernandez	2:49.91	Bangor Vikings

9 Jimmy Palsons

2:58.40 Great Lakes T.C.

**Girls 880 Yard Run**

	<b>Place</b>	<b>Name</b>	<b>Result</b>	<b>Club</b>
Heat 1	1	Abbey Moran	2:30.88	Great Lakes TC
	2	Cara Cremeans	2:32.45	Jackson TC
	3	Erin Batt	2:32.81	Polar Bear
	4	Michelle Sutton	2:33.35	Jackson TC
	5	Katie Crosek	2:33.84	No Skill
	6	Kristen Forstner	2:33.99	Hot Tamales
	7	Kelsey Devereaux	2:34.12	Jackson TC
	8	Jennifer Sutton	2:38.42	Jackson TC
Heat 2	1	Rose Felpausch	2:39.03	
	2	Kathleen Keha	2:39.03	Polar Bear
	3	Amanda Ercher	2:39.64	Flying Frog Brigade
	4	Payne DeVruin	2:41.33	Roadrunners
	5	Ashley Panyne	2:46.01	Allegan
	6	Alisha Nussbaum	2:48.38	Polar Bear
	7	Meagan Neary	2:50.12	Elite Feet
	8	Bethany Billups	2:55.21	Great Lakes TC
Heat 3	1	Nicki Keller	2:53.09	No Skill
	2	Bethany Hersha	2:55.32	Albion TC
	3	Sasha Ramsey	2:56.10	Jackson TC
	4	Jessica Woods	2:56.60	C.S. TC
	5	Morgan Pompey Reeves	3:03.67	Roadrunners
	6	Lisa Weichhand	3:04.37	Roadrunners
	7	Kate Brundige	3:06.06	Roadrunners
	8	Patrice Williams	3:06.82	Jackson TC
	9	Ashley Laplante	3:07.88	Roadrunners
	10	Mindy Freeland	3:08.03	Jackson TC
	11	Danielle Wolfe	3:08.59	Elite Feet
	12	Katrina Hamlin	3:08.63	Elite Feet
	13	Molly Newhouse	3:09.48	Roadrunners
	14	Michelle Hausserman	3:32.10	Sairinac

**Girls Mile Run**

	<b>Place</b>	<b>Name</b>	<b>Result</b>	<b>Club</b>
Heat 1	1	Amelia Bannister	5:24.97	Albion TC
	2	Eileen Creutz	5:27.91	Spirit of Pre
	3	Allie Pugh	5:38.95	Eastside
	4	Karla Martinez	5:43.10	
	5	Beka Bentle	5:47.77	Jackson TC
	6	Abby Woodard	5:54.69	Marshall
	7	Paige Bennett	5:59.73	No Skill
	8	Betsy Adkins	6:00.35	Liberty Striders
	9	Sierra Koker	6:01.62	Jackson TC
	10	Caitlin Noussain	6:03.33	Albion TC
	11	Karen Judd	6:12.63	
	12	Teresa Sabin	6:14.13	
Heat 2	1	Tre Washington	6:06.47	Albion TC
	2	Rose Felpausch	6:08.36	
	3	Sam Draney	6:10.54	Allegan

4 Kaili McKnight	6:13.85	Liberty Striders
5 Bailey Waterhouse	6:14.38	Roadrunners
6 Khrystie Schine	6:18.81	Allegan
7 Lauren Fitch	6:32.31	Elite Feet
8 Melinda Palinkas	6:33.33	Sairinac
9 Melissa Green	6:46.42	Polar Beer
10 Sonia DeGroff	6:52.51	Flying Frog Brigade
11 Laura Hersha	6:53.42	Liberty Striders
12 Brittany Shubnell	7:08.30	Roadrunners
13 Chelsea Delisle	7:32.67	Roadrunners

**Men's High Jump**

Place	Name	Result	Club
1	Donald Kinnee	6' 0"	Hungry Dogs
2	Nick Archer	5' 10"	Lakers
3	Steven Nicholson	5' 8"	Ann Arbor TC
4	Garrett Schmidt	5' 6"	
	Michael Ingram	5' 6"	2nd Place
6	Steve Rising	5' 4"	Delton Lakers
7	Claude Miller	5' 4"	Novi
8	Evan Smith	5' 4"	Maple Valley
9	Ian Girard	5' 4"	Speed Connection
10	Rick Pierce	5' 4"	Athens
11	Luke Lowmaster	5' 2"	Flying frog Brigade
	Kyle Ferris	5' 2"	Lakers

**Men's Shot Put**

Place	Name	Result	Club
1	Rob Veldt	51' 0"	Grand Rapids TFC
2	Luke Decker	49' 5"	Athens
3	Torrey Lee	43' 8"	Albion
4	Tyler Jones	40' 9.5"	Albion
5	Zach Carman	39' 8.5"	Hungry Dogs
6	Brad Wentzel	39' 3"	Allegan
7	Daniel Coney	38' 3"	Albion
8	Shaw McCavit	37' 4"	Polar Bear
9	Matt DeGroot	35' 11"	Hungry Dogs
9	Sean Foulkes	35' 11"	Athens
11	Dan Nash	34' 9.5"	
12	Tyler Wattles	32' 4"	Athens
13	Sam Sierra	30' 1"	FFB
14	Romello Cannon	18' 3.5"	

**Women's Shot Put**

Place	Name	Result	Club
1	Sarah Gilmore	33' 11"	Mastadons
2	Hillary Weyenberg	33' 4"	Road Runners
3	Charity Sunderman	31' 9"	Jackson
4	Marquerite Johnson	31' 0"	Mastadons
5	Megan Whitis	30' 6"	FFB
6	Brittany Gilmartin	29' 8"	Ledges
7	Kristina Lymon	26' 6"	Albion
8	Allyssa Paul	25' 8.5"	Road Runners
9	Brandy Janeway	20' 11"	FFB
10	China McAff	8' 11"	Mac

**Women's High Jump**

Place	Name	Result	Club
1	Rose Feldpausch	4' 8"	
2	Nicki White	4' 6"	C-S

3 Shannon Kohlitz	4' 6"	Jackson
4 Cara Creameans	4' 6"	Marshall
5 Missy Taylor	4' 6"	Elite Feet
6 Cassandra Wissink	4' 2"	Marshall

**Boy's Mile Run**

	Place	Name	Result	Club
Heat 1	1	Ian Girard	4:43.08	Flower Power
	2	Jeff Maxfield	4:43.73	Polar Bear
	3	Trent Denhof	4:46.72	
	4	Dan Lewis	4:48.55	Flower Power
	5	Kyle Hines	4:50.43	Jackson
	6	Steve Tobochnik	4:57.38	Animal Farm
	7	Michael Mayday	4:58.96	Liberty Striders
	8	Justin Todd	5:00.40	C.S. Track
	9	Greg Farnum	5:00.83	New Level Sports
	10	Ryan Grau	5:05.05	Kalamazoo
Heat 2	1	Aaron Parson	4:57.57	Albion
	2	Mike Sloan	4:58.45	Polar Bear
	3	Ben Ruthruff	4:58.77	Second Place
	4	Brett Leech	5:00.72	Mach
	5	Josh McAlary	5:00.90	Mach
	6	Clinton Inderbitzin	5:01.39	Allegan
	7	Tyler Morrison	5:02.58	East Side
	8	Chris Jurasek	5:02.88	Albion
	9	Paul Oliver	5:07.00	
	10	Dan Lucas	5:21.75	Ledges
	11	Felix Carreon	5:26.40	Hungry Dogs
Heat 3	1	Shawn McCurdy	5:05.89	Three Rivers T.C.
	2	Nathan Martin	5:07.31	Three Rivers T.C.
	3	Kent Jones	5:18.42	
	4	Zack Havens	5:23.25	Albion
	5	Nick Thalen	5:31.55	Ledges
	6	Mike Hall	5:35.32	
	7	Domonic Craig	5:35.94	Albion
	8	Mike Pasley	5:43.48	Maple Valley
	9	Tom Sobleskey	5:46.89	Olivet
	10	Nathan Bennerd	5:52.24	
	11	Evan Smith	5:54.05	Maple Valley
	12	Jesse Wilder	6:08.21	F.F.B.
	13	Seth Wolbert	6:12.24	Animal Farm
	14	Kevin K	6:12.66	
	15	Jared Thelan	6:28.72	
	16	Sam Sierra	6:30.94	F.F.B.
	17	Jimmi Parsons	7:02.91	Great Lakes T.C.

**Women's Long Jump**

Place	Name	Result	Club
1	Katlyn D	14' 10"	VHS
2	Lawen Kreha	13' 7"	FHC
3	Sam Draney	12' 11.5"	HT
4	Kat Brenditch	11' 5.25"	VHS
5	Khari D	10' 10"	

**Men's Long Jump**

Place	Name	Result	Club
	1 Rodney Marshall	19' 2"	BC
	2 Lonny White	19' 1.5"	BC
	3 Toronzo L	19" 0.5"	Albion
	4 Kenny Karns	18' 4.5"	Maple Valley
	5 Nick Archar	17' 5"	Delton
	6 Luke Lowmaster	16' 3"	FFB
	7 Allan Kush	15' 11"	Three Rivers
	8 Zack Gregory	15' 9"	FP
	9 Evan Smith	15' 2"	Maple Valley
	9 Darius Williams	15' 2"	Jackson
	11 Dion Mi	15' 1"	Albion
	12 Todd At	14' 5.5"	Albion
	13 Christian Dole	14' 0"	Albion
	14 Austin Schaffer	13' 8"	FFB
	15 Tyler Wattoles	13' 3"	Athens
	16 Sean Foulkes	12' 2"	Athens
	17 Sam Lymon	11' 4.75"	Albion

**Boys 440 yard Dash**

	Place	Name	Result	Club
Heat 1	1	Mike Soltis	54.87	Albion
	2	Kyle Heather	55.67	Hot Tamales
	3	Ryan Wagner	59.27	Hungry Dogs
Heat 2	1	James Jackson	55.82	Great Lakes
	2	Matt English	57.34	Polar Bear
	3	Brandon Thompson	1:01.56	Hungry Dogs
Heat 3	1	Steve Herzberg	57.51	Polar Bear
	2	Justin Todd	59.29	C.S. Track
	3	Luke Lowmaster	1:03.33	FFB
Heat 4	1	Cody Furkey	58.84	C.S. Track
	2	Sebastian Tonke	58.99	Polar Bear
	3	Shawn Myers	66.52	Liberty Striders
Heat 5	1	Kenny Carns	1:00.91	Maple Valley
	2	Wesley McClellan	1:01.73	Flying Frog Brigade
	3	Ryan J Deneau	1:05.30	Three Rivers TC
Heat 6	1	David Grzesek	1:00.79	Animal Farm
	2	Chris Jurasek	1:01.95	Albion TC
	3	Casey Calligan	1:07.17	Polar Bear TC
Heat 7	1	Kyle Quakenbush	1:02.13	Animal Farm
	2	Darius Williams	1:03.89	Jackson TC
	3	Michael Sessions	1:08.56	Polar Bear TC
Heat 8	1	Ben Fox	1:01.54	Maple Valley
	2	Matt Barber	1:06.99	Flying Frog Brigade
	3	Marquan Jennings	1:07.12	Animal Farm
Heat 9	1	John Benner	1:01.34	Flying Frog Brigade
	2	Tailer Deal	1:06.42	Allegan
	3	Austin Schaffer	1:08.83	Flying Frog Brigade



Heat 10	1 Alex Ayers 2 Devin Webster 3 Michael Mayday	1:01.49 1:08.29 1:11.92	Animal Farm Liberty Striders
Heat 11	1 Nate Richards 2 Mike Gearhart 3 Tyler Wattles	1:05.95 1:11.31 1:13.08	Liberty Striders Olivet Athens
Heat 12	1 Allan Kosh 2 Ryan Knapp 3 Sean Foulkes	1:16.95 1:21.70 1:23.93	Three Rivers CS TC Athens TC
Heat 11	1 Nate Richards 2 Mike Gearhart 3 Tyler Wattles	1:05.95 1:11.31 1:13.08	Liberty Striders Olivet Athens
Heat 12	1 Allan Kosh 2 Ryan Knapp 3 Sean Foulkes	1:16.95 1:21.70 1:23.93	Three Rivers CS TC Athens TC
Heat 13	1 Michael Paisley 2 Alfredo Cateriano 3 Christian Dale	1:03.47 1:05.32 1:18.02	Maple Valley Albion
Heat 14	1 Todd Atchison 2 Dion Mitchell 3 Sam Lymon	1:02.73 1:06.13 1:26.88	Albion Albion Albion
Heat 15	1 Aaron Parson 2 Steve Tobochnik 3 Zack Havens	58.17 1:02.78 1:05.41	Albion Animal Farm Albion
Heat 16	1 Claude Miller 2 Jimmy Parsons	1:03.51 1:23.43	Novi Track Greenlakes

**Boys 55m Hurdle Semi-Finals**

	<b>Place</b>	<b>Name</b>	<b>Results</b>	<b>Club</b>
Semi 1	1	Michael Ingram	8.39	Second Place
	2	Andrew Sigfrids	8.66	Kalamazoo
	3	Kenny Carns	9.10	Maple Valley
	4	Devon Webster	9.33	Lox Norris
	5	DQ	DQ	
Semi 2	1	Josh Kempro	8.08	No Skill
	2	Lannic White	8.21	New Level Sports
	3	Garrett Schmidt	8.59	
	4	Brandon Thompson	9.01	Hungry Dogs
	5	Rodney Keys	9.51	

**Women's 55 M Dash Semi-Finals**

	<b>Place</b>	<b>Name</b>	<b>Result</b>	<b>Club</b>
Semi 1	1	Stephanie Staubus	7.52	Ledges
	2	Emriette Hyde	8.13	
	3	Porshia Pearson	8.24	Great Lakes TC

	4 Missi Taylor	8.50	Elite Feet
	5 Amanda Eicher	8.51	Flying Frog Brigade
Semi 1	1 Kelsey Debruir	8.18	Roadrunners
	2 Erin Dillion	7.96	Elite Feet
	3 Dynasty McGee	8.10	T-Mac
	4 Krista Casey	8.09	Albion TC

**Women's 55 M Hurdle Semi-Finals**

(hand times)

	Place	Name	Result	Club
Semi 1	1	Katie LaValley	8.86	No Skill
	2	Missi Taylor	9.58	Elite Feet
	3	Sarah Thomas	9.63	No Skill
	4	Kelcie Daniels	9.99	No Skill
	5	Kaitlin Flint	11.61	Elite Feet
Semi 2	1	Abbey Moran	9.17	Great Lakes
	2	Emriette Hyde	9.54	
	3	Sasha Ramsen	9.61	Jackson
	4	Jessica Gilbert	9.99	
	5	Tammy Cahow	13.66	C.S. TC

**Boys 55 M Dash Semi-Final**

	Place	Name	Result	Club
Semi 1	1	Toranzo Lymon	6.79	Albion TC
	2	James Jackson	6.84	Great Lakes
	3	Sonny Huff	6.97	Full Circle
	4	Josh Hempro	7.11	No Skill
	5	Tatiana Perez	7.28	Albion TC
Semi 2	1	Nathan Blackwell	6.95	Kalamazoo
	2	Rodney Marshall	6.99	New Level Sports
	3	Troy Harrison	7.00	Rams TC
	4	Ira Moorner	7.06	Great Lakes TC
	5	Tim Campbell	7.25	Polar Bear

**Boys 55 M Dash Final**

Place	Name	Result	Club
1	Toranzo Lymon	6.68	Albion TC
2	Nathan	6.90	Kalamazoo
3	James Jackson	6.92	Great Lakes
4	Sunny Huff	6.98	Full Circle
5	Rodney Marshall	7.01	New Level

**Girls 55 M Dash Final**

Place	Name	Result	Club
1	Stephanie Starebus	7.40	Legends
2	Embriette Hyde	8.11	
3	Krista Casey	8.13	Albion TC
4	Dynasty Mcgee	8.27	T-Mac

**Women's 55 M Hurdle Finals**

Place	Name	Result	Club
	1 Katie LaValley	9.11	No Skill
	2 Embriette Hyde	10.00	
	3 Missi Taylor	10.03	Elite Feet
	4 Sasha Ramsey	10.16	Jackson TC
	5 Abbey Marie	10.32	Great Lakes

**2 Mile - Boys & Girls**

Place	Name	Result	Club
	1 Jay Bilsborrow	9:57.40	Hungry Dogs
	2 Tim Lzngenberg	10:16.21	Legends
	3 Michael Mayday	10:42.72	Liberty Striders
	4 Ben Ruthruff	11:26.27	2nd Place
	5 Alex Munger	11:53.67	Flying Frog Brigade
	6 Dan Nash	11:23.30	Sarinac
	7 Emily Lzengenberg	11:23.21	Ledges
	8 Megean Freeland		
	9 Felix Carrean	12:16.93	Hungry Dogs
	10 Nicki Keller	12:30.00	No Skill
	11 Sam Darary	13:24.56	Allegan
	12 Jeresa Sabin	13:38.88	
	13 Khrystie Sehanz	13:39.73	Allegan
	14 Alexa Geider	14:33.40	Ann Arbor
	15 Melinda Palinkus	15:26.76	Sarinac

**Girls 440 yard Dash**

Heat	Place	Name	Result	Club
Heat 1		1 Katie Kiosek	1:05.06	No Skill
		2 Erin Dillon	1:06.43	Elite
		3 Porchia Pearson	1:11.21	Great Lakes
Heat 2		1 Chelsea Crawford	1:07.62	Allegan
		2 Amanda Eicher	1:10.00	FFB
		3 Dynasty McGee	1:12.29	Team Mich
Heat 3		1 Cara Caremeans	1:05.10	Jackson TC
		2 Kalsie Daniells	1:05.69	No Skill
		3 Michelle Sutton	1:07.79	Jackson TC
Heat 4		1 Jennifer Sutton	1:08.13	Jackson TC
		Sasha Ramsey	1:08.13	Jackson TC
		3 Patrice Williams	1:16.31	Jackson TC
Heat 5		1 Caitlin Debruim	1:08.74	Vicksburg Road Runners
		2 Julia Carpenter	1:09.41	Elite
		3 Bethany Hersha	1:12.90	Albion TC
Heat 6		1 Micki White	1:14.40	CS
		2 Jessica Woods	1:15.20	CS
		3 Tammy Cahon	1:16.23	CS
Heat 7		1 Christal Sleight	1:12.97	Albion TC
		2 Khari Diske	1:19.24	Albion TC
		3 Bethany Billups	1:23.29	Great Lakes
Heat 8		1 Carly Stone	1:12.23	Allegan

	2	Bobbie Clark	1:21.90	CS
	3	Sierra Furney	1:26.24	CS
Heat 9	1	Lisa Lueichand	1:14.23	Roadrunners
	2	Katie Brundige	1:14.28	Roadrunners
	3	Kelsey Debruin	1:18.96	Roadrunners
Heat 10	1	Ashley Laplante	1:15.51	Roadrunners
	2	Molly Newhouse	1:16.41	Roadrunners
Heat 11	1	Anissa Walton	1:25.63	Great Lakes
	2	China Mcgee	1:29.67	T-Mac
	3	Shaunta Ridley	1:30.89	Albion TC
Heat 12	1	Wendy Freeland	1:24.05	Jackson TC
	2	Alexis White	1:27.32	Animal Farm
	3	Samantha Lymon	1:48.29	Albion TC
Heat 13	1	Sierra Koker	1:16.25	Jackson TC
	2	Karin Judd	1:17.52	Lowell

**Boy's 55 M Hurdle - Final**

Place	Name	Result	Club
1	Josh Hembrough	8.39	No Skill
2	Michael Ingrin	8.49	Second Place
3	Garrett Schmidt	8.50	
4	Lonnie White	8.56	New Level
5	Andrea Sigfried	8.57	Kalamazoo