

10/29/05

MEN'S CROSS COUNTRY

LP REGIONAL 7-1 HOLLY AT SPRINGFIELD OAKS

10/22/05

MEN'S 5K Run (Team Results) -- South Lyon High School 59; Walled Lake Central 63; White Lake Lakeland 71; Highland Milford 75; Rochester 168; WalledLake Western 197; Holly 221; WALLED LAKE NORTHERN 229; Farmington High School 234; Swartz Creek 236; Grand Blanc 251; Waterford Kettering High School 284; Watterford Mott 287; NORTH FARMINGTON 378.

MEN'S 5K Run (Individuals) -- 1. Luke Heiman, White Lake Lakeland, 16:13.3; 2. Andrew Keller, South Lyon High School, 16:19.4; 3. Sean Maxwell, Walled Lake Central, 16:20.5; 4. Jake Hill, Walled Lake Central, 16:21.8; 5. Matt Picou, Highland Milford, 16:40.6; 6. Todd Bowmar, WalledLake Western, 16:44.4; 7. Devin McKeown, Highland Milford, 16:45.2; 8. Tony Sanfilippo, Walled Lake Central, 16:50.9; 9. Max Sadler, South Lyon High School, 16:52.4; 10. Erik Ringo, South Lyon High School, 16:56.2; 11. Parker Snavely, White Lake Lakeland, 16:57.5; 12. Ryan Jara, WALLED LAKE NORTHERN, 17:02.3; 13. Andrew McKeachie, Highland Milford, 17:03.3; 14. Tyler Silverthorn, Swartz Creek, 17:04.2; 15. Scott Stevens, Walled Lake Central, 17:05.9; 16. Brent Jacoby, White Lake Lakeland, 17:10.2; 17. Chris Mauney, South Lyon High School, 17:11.2; 18. Bob Feigley, Highland Milford, 17:12.5; 19. Ryan Matson, White Lake Lakeland, 17:17.8; 20. Mihkey Maves, WALLED LAKE NORTHERN, 17:21.1; 21. Jeff Wilson, South Lyon High School, 17:24.2; 22. Keith Button, Farmington High School, 17:27.6; 23. anthony spray, Watterford Mott, 17:30.8; 24. Josh Clements, White Lake Lakeland, 17:33.0; 25. Dan Welch, White Lake Lakeland, 17:43.4; 26. Matt Witkowski, South Lyon High School, 17:44.7; 27. Kyle Fisette, Holly, 17:46.0; 28. Brian Garcia, Rochester, 17:48.5; 29. Jack Bieterman, Rochester, 17:51.3; 30. Chris Follick, White Lake Lakeland, 17:51.9; 31. Devin Smith, Rochester, 17:52.5; 32. Rob Paulson, Highland Milford, 17:54.5; 33. Alex Roth, Walled Lake Central, 17:56.4; 34. Brian Schultz, Rochester, 17:59.7; 35. Michael Billings, Waterford Kettering High School, 18:04.5; 36. Brian Cheadle, WalledLake Western, 18:05.5; 37. Kurt Marth, Holly, 18:06.0; 38. Chris Schniable, WalledLake Western, 18:08.1; 39. James Joseph, Grand Blanc, 18:08.9; 40. kyle evans, Watterford Mott, 18:09.7; 41. Kartikay Chaudhry, Farmington High School, 18:11.1; 42. Chad Reed, South Lyon High School, 18:12.3; 43. Ian Lang, Holly, 18:12.7; 44. Blane Bowen, Grand Blanc, 18:13.4; 45. Nick Eason, Farmington High School, 18:14.2; 46. Bill Ritchie, Rochester, 18:15.5; 47. Tom Doherty, NORTH FARMINGTON, 18:20.3; 48. Verran John, Holly, 18:22.1; 49. Mark Mehringer, WalledLake Western, 18:23.3; 50. Pat Keenan, WALLED LAKE NORTHERN, 18:26.4.

51. Tyler Gatlin, Swartz Creek, 18:32.1; 52. Douglas Williams, Grand Blanc, 18:36.8; 53. Zachary Boyda, Waterford Kettering High School, 18:39.2; 54. Kurry Tran, Waterford Kettering High School, 18:43.8; 55. Jordan Wascha, Swartz Creek, 18:44.8; 56. Dejonique Chappell, Pontiac Northern, 18:46.9; 57. Travis Gordon, Swartz Creek, 18:47.4; 58. Jeffrey Crandell, Grand Blanc, 18:48.0; 59. Khirby Williams, Pontiac Northern, 18:48.4; 60. Jeff Hancock, Highland Milford, 18:49.0; 61. Brett Burdick, Grand Blanc, 18:50.3; 62. Nathaniel Burnell, Swartz Creek, 18:53.5; 63. Mike Zito, Rochester, 18:55.5; 64. John Troost, Farmington High School, 18:57.1; 65. Alex Nolan, Waterford Kettering High School, 19:00.1; 66. Manuel Fielder, Farmington High School, 19:01.8; 67. Aaron Grider, Farmington High School, 19:02.7; 68. Matt Smalley,

Holly, 19:04.6; 69. Kyle Kyle Lipischack, Holly, 19:06.9; 70. Jon Rhodes, WalledLake Western, 19:08.7; 71. Greg Watson, WALLED LAKE NORTHERN, 19:09.1; 72. Tim Gumz, Rochester, 19:09.5; 73. Scot Balsis, NORTH FARMINGTON, 19:10.0; 74. Samuel Jolley, Grand Blanc, 19:11.9; 75. maxime bellemare, Watterford Mott, 19:12.4; 76. Joe Perry, Highland Milford, 19:15.2; 77. aaron idunate, Watterford Mott, 19:16.7; 78. nick schoonover, Watterford Mott, 19:17.4; 79. Kevin Stolla, Walled Lake Central, 19:21.1; 80. Dan Stecher, WALLED LAKE NORTHERN, 19:24.5; 81. Derek Wood, Waterford Kettering High School, 19:26.2; 82. Kevin Whinnery, Farmington High School, 19:28.0; 83. Jason Mahakian, WalledLake Western, 19:30.1; 84. Shad Servo, Walled Lake Central, 19:34.7; 85. Mike Chou, WalledLake Western, 19:40.6; 86. Tony Blower, Swartz Creek, 19:44.6; 87. Mike Jaisle, NORTH FARMINGTON, 19:45.2; 88. Kwame Rowe, Pontiac Northern, 19:59.4; 89. Matt Brown, NORTH FARMINGTON, 20:00.2; 90. john thoel, Watterford Mott, 20:02.7; 91. Britton Bush, Waterford Kettering High School, 20:04.2; 92. Dan Kipper, NORTH FARMINGTON, 20:05.6; 93. Jamison Curtis, Swartz Creek, 20:12.0; 94. Matthew Muccioli, NORTH FARMINGTON, 20:14.0; 95. matt Grundy, Watterford Mott, 20:16.5; 96. Joey LaValle, Holly, 20:24.8; 97. Charles McMahon, WALLED LAKE NORTHERN, 20:39.2; 98. Christopher Hamilton, Grand Blanc, 20:46.6; 99. Pete Woolcox, WALLED LAKE NORTHERN, 21:15.7; 100. Ben Kaplan, NORTH FARMINGTON, NF.

10/29/05

WOMEN'S CROSS COUNTRY

LP REGIONAL 7-1 HOLLY AT SPRINGFIELD OAKS

10/22/05

WOMEN'S 5K Run (Team Results) -- Highland Milford 64; Rochester 90; WALLED LAKE NORTHERN 93; White Lake Lakeland 150; Grand Blanc 152; Waterford Kettering High School 181; Holly 189; WalledLake Western 202; Farmington Hills Mercy 209; Watterford Mott 236; Farmington High School 240; NORTH FARMINGTON 290; South Lyon High School 291; Swartz Creek 342; Walled Lake Central 400.

WOMEN'S 5K Run (Individuals) -- 1. Carlie Green, Highland Milford, 19:09.3; 2. Rachel Quaintance, WALLED LAKE NORTHERN, 19:29.8; 3. Jessica Lupinacci, WalledLake Western, 19:36.7; 4. Sara Schultz, Holly, 19:42.0; 5. Jennifer Martin, Farmington Hills Mercy, 19:45.4; 6. Emily Morgridge, Highland Milford, 19:49.1; 7. Ashton Williams, WALLED LAKE NORTHERN, 19:50.1; 8. Tiffany Abrahamian, Rochester, 19:50.4; 9. Michaela. Crew, White Lake Lakeland, 19:54.0; 10. Janelle Lindman, Farmington High School, 19:55.2; 11. Olivia Kramer, Rochester, 20:01.0; 12. Kristina Kohn, Grand Blanc, 20:02.1; 13. Megan Brackins, Waterford Kettering High School, 20:02.4; 14. Cassandra Adamson, WALLED LAKE NORTHERN, 20:03.8; 15. Kristen Olsen, WALLED LAKE NORTHERN, 20:04.4; 16. Sarah Martens, Highland Milford, 20:05.9; 17. Becky Allor, White Lake Lakeland, 20:06.1; 18. Katelyn Sass, Rochester, 20:09.1; 19. Rachael Wessel, WalledLake Western, 20:19.4; 20. Marissa Baranowski, Highland Milford, 20:25.2; 21. Emily DeRusha, Highland Milford, 20:28.7; 22. Amanda Putnam, Rochester, 20:38.0; 23. Courtney Hughes, Grand Blanc, 20:43.7; 24. Tiffanie Honer, Waterford Kettering High School, 20:49.8; 25. Catherine MacDonald, NORTH FARMINGTON, 20:50.7; 26. ornela mirashi, Watterford Mott, 20:51.8; 27. alyssa osika, Watterford Mott, 20:53.8; 28. Ariel Loza,

Waterford Kettering High School, 20:57.1; 29. Kristina Rikkonen, Farmington High School, 21:01.9; 30. Lyndsay Jaworski, Highland Milford, 21:02.1; 31. Kelly Kobylczyk, Rochester, 21:03.7; 32. Amy Lecureux, South Lyon High School, 21:04.9; 33. Johanna Nordin, Highland Milford, 21:07.7; 34. Rachael Hogarth, White Lake Lakeland, 21:09.0; 35. Erica Christensen, Grand Blanc, 21:09.1; 36. Katelyn Rocheleau, Farmington Hills Mercy, 21:11.6; 37. Stacey St. Clair, Holly, 21:12.0; 38. Erin Schroeder, Grand Blanc, 21:13.7; 39. Kelsey Hill, White Lake Lakeland, 21:14.3; 40. Grace Harcz, Swartz Creek, 21:21.3; 41. Angela Pridmore, South Lyon High School, 21:22.1; 42. Ashley Liebe, Walled Lake Central, 21:30.3; 43. Hillary Howell, Waterford Kettering High School, 21:32.2; 44. Morgan Newman, Grand Blanc, 21:33.1; 45. Sarah North, South Lyon High School, 21:33.4; 46. Sara Papple, Holly, 21:35.8; 47. Anna Step, Farmington Hills Mercy, 21:39.7; 48. kristen matsumoto, Watterford Mott, 21:41.7; 49. Jordan Kus, NORTH FARMINGTON, 21:42.4; 50. Jackie Phipps, Holly, 21:44.8.

51. Dayna Krukowski, White Lake Lakeland, 21:45.6; 52. Sara Michayluk, Holly, 21:46.7; 53. Erin Whinnery, Farmington High School, 21:48.9; 54. Anna Kotov, WalledLake Western, 21:51.2; 55. Stephanie Baugher, WALLED LAKE NORTHERN, 21:54.5; 56. Julia Kowalski, Farmington Hills Mercy, 21:59.3; 57. Kaitlin Baarck, Rochester, 22:00.6; 58. lizzy jones, Watterford Mott, 22:02.1; 59. Olivia Vostal, NORTH FARMINGTON, 22:03.1; 60. Dasha Dokshina, WalledLake Western, 22:04.1; 61. Powell Alanna, Holly, 22:05.5; 62. Jaime Minshall, WALLED LAKE NORTHERN, 22:08.5; 63. Eyo-Doris Nsien, Grand Blanc, 22:11.7; 64. Brindar Sandhu, Farmington High School, 22:21.0; 65. Theresa Kowaiski, Farmington Hills Mercy, 22:21.3; 66. Chelsea Burke, WalledLake Western, 22:27.2; 67. Katie Johnson, Swartz Creek, 22:27.9; 68. Lindsey Boyle, Holly, 22:38.0; 69. Hayli Richardson, White Lake Lakeland, 22:39.1; 70. Rachel Reyna, Swartz Creek, 22:40.0; 71. Emily Rustad, White Lake Lakeland, 22:47.5; 72. Ashleigh Buike, Swartz Creek, 22:52.5; 73. Sarah Miller, Waterford Kettering High School, 22:58.7; 74. Hannah Brinza, Farmington Hills Mercy, 23:01.8; 75. Lauren Quaintance, WALLED LAKE NORTHERN, 23:02.2; 76. Andrea Dube, NORTH FARMINGTON, 23:06.8; 77. kelsey chapman, Watterford Mott, 23:07.4; 78. Kendra Socks, Rochester, 23:08.4; 79. Katie Woods, Walled Lake Central, 23:11.5; 80. Carolina Guimaraes, WalledLake Western, 23:22.3; 81. Robin Moore, NORTH FARMINGTON, 23:23.5; 82. Carolyn Kropinak, Waterford Kettering High School, 23:26.2; 83. Alena Gerasimova, South Lyon High School, 23:26.4; 84. Kristin Mason, Farmington High School, 23:41.3; 85. Katie O'Donnell, Farmington Hills Mercy, 23:42.7; 86. Cimone Safilian, Walled Lake Central, 23:48.5; 87. Carolyn Cooley, Farmington High School, 23:52.9; 88. Alexandria Legutko, Grand Blanc, 23:53.2; 89. kathy rooney, Watterford Mott, 24:03.1; 90. Brittany Stierwalt, South Lyon High School, 24:08.2; 91. Jamie Hill, Walled Lake Central, 24:14.1; 92. Ashley Wall, Waterford Kettering High School, 24:14.8; 93. Savanna Cunningham, Swartz Creek, 24:30.1; 94. Hill Shelby, Watterford Mott, 24:37.1; 95. Svenja Marchand, South Lyon High School, 24:39.5; 96. Lindsay Erdmann, South Lyon High School, 24:45.1; 97. Kara Brown, Swartz Creek, 24:54.0; 98. Rachel Staran, NORTH FARMINGTON, 24:56.2; 99. Stephanie Ray, WalledLake Western, 25:04.5; 100. Rachel Jacquin, Farmington High School, 25:18.5.

101. Raksha Hemanth, NORTH FARMINGTON, 25:22.8; 102. Stephanie Walden, Walled Lake Central, 26:07.8; 103. Amanda David, Walled Lake Central, 26:28.3; 104. Katelyn Berry, Swartz Creek, NF; 105. Bianca Butler, Walled Lake Central, NF; 106. Katara Logan, Pontiac Northern, NF; 107. 2, Pontiac Northern, NF; 108. 3, Pontiac Northern, NF; 109. 4, Pontiac Northern, NF; 110. 5, Pontiac Northern, NF; 111. 6, Pontiac Northern, NF; 112. 7, Pontiac Northern, NF.

