

10/29/05

MEN'S CROSS COUNTRY

LP REGIONAL 22-3 HOLLY AT SPRINGFIELD OAKS

10/22/05

MEN'S 5K Run (Team Results) -- Williamston 21; Macomb Luthern North 103; Lake Fenton 122; Detroit Country Day 149; Almont 152; Montrose 169; Perry 173; Detroit Crockett 214; Clawson 233; Madison Heights Bishop Foley 251; Durand 256; Goodrich 266; Byron 267.

MEN'S 5K Run (Individuals) -- 1. Christopher Pankow, Williamston, 16:17.4; 2. Kyle Smith, Lake Fenton, 16:20.6; 3. Matthew Lutzke, Williamston, 16:26.2; 4. Daniel Nix, Williamston, 16:48.9; 5. Karl Stathakis, Macomb Luthern North, 17:09.9; 6. David Ash, Williamston, 17:14.3; 7. Tyler Sharp, Williamston, 17:16.7; 8. Brenden Cleary, Clawson, 17:17.6; 9. Delorean Peek, Detroit Crockett, 17:27.3; 10. Pat Lawrence, Almont, 17:32.0; 11. Stephen Pierson, Montrose, 17:36.4; 12. Tom Uhl, Almont, 17:41.1; 13. Luis Theis, Williamston, 17:41.2; 14. Rob Vrooman, Macomb Luthern North, 17:41.9; 15. Ken Beck, Montrose, 17:42.2; 16. Steffen Carlisle, Williamston, 17:44.3; 17. Jimmy Parker, Perry, 17:51.5; 18. Kevin Brener, Macomb Luthern North, 18:04.0; 19. Brett Smith, Lake Fenton, 18:06.1; 20. Colin Naimy, Madison Heights Bishop Foley, 18:13.5; 21. Jeremy Gauthier, Goodrich, 18:16.3; 22. Dale Brundidge, Detroit Country Day, 18:20.4; 23. Joey Keener, Detroit Country Day, 18:22.3; 24. Tony Rasch, Perry, 18:23.7; 25. Ben Howard, Byron, 18:26.2; 26. Anthony Byard, Lake Fenton, 18:32.3; 27. Marius Miliunas, Detroit Country Day, 18:33.9; 28. Andrey Kloka, Clawson, 18:49.4; 29. Shane White, Montrose, 18:56.3; 30. Aaron Brandt, Macomb Luthern North, 18:58.3; 31. Jack Vasicek, Durand, 18:59.6; 32. Ja'Monte Brown, Detroit Crockett, 19:01.2; 33. Spencer Jackman, Detroit Country Day, 19:03.5; 34. Andrew Young, Lake Fenton, 19:04.2; 35. Adam McIntosh, Perry, 19:10.5; 36. Nathan Schilling, Macomb Luthern North, 19:15.9; 37. Zach Cain, Almont, 19:24.5; 38. Chris Reske, Almont, 19:27.3; 39. Andreas Koerner, Macomb Luthern North, 19:33.1; 40. Matt Shaw, Durand, 19:37.1; 41. Matt McCormick, Lake Fenton, 19:42.9; 42. Charles Hummer, Madison Heights Bishop Foley, 19:44.7; 43. Brett Lewandowski, Macomb Luthern North, 19:46.9; 44. Jose Rivera, Detroit Country Day, 19:54.0; 45. Braden Guttridge, Perry, 19:57.0; 46. Josh White, Durand, 20:12.6; 47. Matt McCormick, Byron, 20:20.5; 48. Ryan Warner, Goodrich, 20:21.6; 49. Christopher Cohen, Detroit Crockett, 20:25.4; 50. Travis Tekiele, Montrose, 20:32.3.

51. Sal Timpa, Byron, 20:33.8; 52. Henry Strachan, Perry, 20:40.7; 53. Jon Meza, Detroit Country Day, 20:43.5; 54. Chusley Farrow, Detroit Crockett, 20:54.5; 55. Stephen Savonne, Almont, 21:00.5; 56. Patrick Cooper-McCann, Madison Heights Bishop Foley, 21:03.4; 57. Mike Cassidy, Almont, 21:06.7; 58. Eric Jarvis, Clawson, 21:10.1; 59. Brad Svenson, Detroit Country Day, 21:12.6; 60. Justin Kulwicki, Madison Heights Bishop Foley, 21:16.7; 61. Derrick Schroeder, Goodrich, 21:23.7; 62. Andy Myers, Durand, 21:24.5; 63. Zach Gavagan, Lake Fenton, 21:41.3; 64. Taylor Kirk, Montrose, 21:46.6; 65. Leroy Collins, Goodrich, 21:56.8; 66. Anders Christopherson, Byron, 22:04.1; 67. Scott Steiber, Clawson, 22:15.9; 68. Don Tobias, Almont, 22:35.2; 69. Tom Gibson, Montrose, 22:39.5; 70. Ramsey Beard, Detroit Crockett, 23:48.5; 71. Aaron Patrick, Goodrich, 24:22.0; 72. Michael Sloan, Clawson, 24:39.1; 73. Zach Forster, Madison Heights Bishop Foley, 24:50.7; 74. Jereme Slaughter, Detroit Crockett, 24:50.9; 75. Tom Trastevere, Madison Heights Bishop Foley,

25:18.3; 76. Lionell Brown, Detroit University, 25:55.4; 77. Ben Eikey, Goodrich, 26:13.7; 78. Dustin Drlik, Durand, 31:29.5; 79. Nick Hapiak, Byron, 32:47.0; 80. Patrick Dean, Durand, 34:48.6; 81. Kevin Smith, Byron, NF; 82. John Coleman, Detroit Crockett, NF; 83. Andrew Fauth, Goodrich, NF; 84. 1, Detroit Fredrick Douglass, NF; 85. 2, Detroit Fredrick Douglass, NF; 86. 3, Detroit Fredrick Douglass, NF; 87. 4, Detroit Fredrick Douglass, NF; 88. 5, Detroit Fredrick Douglass, NF; 89. 6, Detroit Fredrick Douglass, NF; 90. 7, Detroit Fredrick Douglass, NF; 91. 1, Detroit Consortium, NF; 92. 2, Detroit Consortium, NF; 93. 3, Detroit Consortium, NF; 94. 4, Detroit Consortium, NF; 95. 5, Detroit Consortium, NF; 96. 6, Detroit Consortium, NF; 97. 7, Detroit Consortium, NF; 98. a, Harper Woods, NF; 99. b, Harper Woods, NF; 100. c, Harper Woods, NF.

101. d, Harper Woods, NF; 102. e, Harper Woods, NF; 103. f, Harper Woods, NF; 104. g, Harper Woods, NF; 105. James Barksdale, Detroit University, NF; 106. James Everett, Detroit University, NF; 107. Victor Everett, Detroit University, NF; 108. DeAndre Glover, Detroit University, NF; 109. Clifton Howard, Detroit University, NF; 110. Robert Warson, Detroit University, NF; 111. Andrew Barclay, Williamston, NF.

10/29/05

WOMEN'S CROSS COUNTRY

LP REGIONAL 22-3 HOLLY AT SPRINGFIELD OAKS

10/22/05

WOMEN'S 5K Run (Team Results) -- Goodrich 32; Macomb Luthern North 66; Perry 112; Williamston 153; Madison Heights Bishop Foley 166; Detroit Country Day 169; Byron 206; Almont 233; Lake Fenton 239; Durand 244; Montrose 259; Detroit Crockett 276; Clawson 283.

WOMEN'S 5K Run (Individuals) -- 1. Kaitlin Omara, Goodrich, 18:39.9; 2. Kelsey Krych, Goodrich, 19:32.6; 3. Elizabeth Horcha, Durand, 19:41.7; 4. Kelsey Meyers, Goodrich, 19:45.2; 5. Carissa Hudson, Macomb Luthern North, 19:56.4; 6. Alissa Ott, Detroit Country Day, 20:00.0; 7. Mary Haiderer, Goodrich, 20:14.4; 8. Lindsey Healy, Madison Heights Bishop Foley, 20:23.4; 9. Misty Pollok, Williamston, 20:28.4; 10. Amber Siegle, Macomb Luthern North, 20:32.6; 11. Melloni Diem, Montrose, 20:37.6; 12. Shannon Morehouse, Clawson, 20:38.4; 13. Marie Burkland, Almont, 20:44.1; 14. Alycia Wright, Macomb Luthern North, 20:44.8; 15. Allison Benjamin, Perry, 20:54.6; 16. Ellen Hayward, Perry, 20:57.5; 17. Sara Gerhardt, Macomb Luthern North, 21:00.8; 18. Kayla Omara, Goodrich, 21:08.8; 19. Samantha Minkler, Goodrich, 21:21.5; 20. Erika Devriendt, Macomb Luthern North, 21:23.1; 21. Kayla Benjamin, Perry, 21:31.0; 22. Nikki Klender, Byron, 21:33.7; 23. Chelsi Morey, Lake Fenton, 21:34.3; 24. Morgan Griggs, Detroit Country Day, 21:39.6; 25. Laura Haiderer, Goodrich, 21:41.1; 26. Mena Gehart, Macomb Luthern North, 21:44.3; 27. Andrea Carabell, Macomb Luthern North, 21:47.7; 28. Danielle Paniccia, Madison Heights Bishop Foley, 21:59.9; 29. Linsey Payne, Perry, 22:09.9; 30. Aubree Swab, Williamston, 22:11.2; 31. Blaize Baumgartner, Perry, 22:13.5; 32. Pearlina Spratt, Detroit Crockett, 22:25.0; 33. Jillian Gatesy, Williamston, 22:28.7; 34. Natalya Drummond, Williamston, 22:29.1; 35.

Christina Watson, Perry, 22:32.5; 36. Allison Frownfelter, Lake Fenton, 22:36.8; 37. Michelle Nelson, Byron, 22:39.2; 38. Shantice Spratt, Detroit Crockett, 22:40.5; 39. Katie Ryan, Detroit Country Day, 22:47.2; 40. Emily Williams, Byron, 22:49.5; 41. Alaina Maten, Madison Heights Bishop Foley, 22:56.9; 42. Casey Lake, Montrose, 22:58.6; 43. Krystal Marcus, Byron, 23:02.5; 44. Kristin Adamczyk, Madison Heights Bishop Foley, 23:05.0; 45. Michelle Sabourin, Madison Heights Bishop Foley, 23:05.2; 46. Amanda Cummings, Detroit Country Day, 23:08.0; 47. Claire Gatesy, Williamston, 23:10.2; 48. Andrea Stone, Durand, 23:14.5; 49. Morgan Hagerty, Williamston, 23:16.2; 50. Helen Komova, Clawson, 23:17.0.

51. Kelsey Bragg, Lake Fenton, 23:26.6; 52. Emily Schumacher, Almont, 23:29.3; 53. Ellen Glinski, Almont, 23:33.6; 54. Ashleigh Eberly, Detroit Country Day, 23:37.1; 55. Brianne Burgoon, Detroit Country Day, 24:00.3; 56. Monica Francis, Clawson, 24:01.7; 57. Ann Marta, Almont, 24:04.9; 58. Lauren Rogers, Almont, 24:18.1; 59. Charlotte Eichman, Lake Fenton, 24:26.0; 60. Temi Fregene, Detroit Country Day, 24:28.7; 61. Sara Petrucha, Durand, 24:29.9; 62. Aja Hawkins, Detroit Crockett, 24:32.6; 63. Paige Talbot, Williamston, 24:39.4; 64. Megan Jacobson, Byron, 24:43.8; 65. Holly Fink, Durand, 24:53.4; 66. Koh Leigh Kleinhans, Montrose, 25:01.8; 67. Kendell Davenport, Durand, 25:12.5; 68. Candace Battle, Detroit Crockett, 25:17.4; 69. Katie Feher, Montrose, 25:31.1; 70. Katie Roe, Lake Fenton, 25:46.5; 71. Meaghan Biggs, Montrose, 25:59.0; 72. Gina McCormick, Byron, 26:06.8; 73. Elizabeth Laforest, Montrose, 26:32.3; 74. Elizabeth Dean, Durand, 27:46.1; 75. Ashleigh Ocenasek, Perry, 28:01.1; 76. Teeka Hayes, Detroit Crockett, 28:13.4; 77. Caitlin Demsky, Madison Heights Bishop Foley, 28:19.3; 78. Lisa Golding, Montrose, 28:23.0; 79. Rachel Long, Almont, 28:43.0; 80. Trinell Stevenson, Detroit Crockett, 28:47.8; 81. Megan Hudson, Clawson, 29:34.6; 82. Jennifer Wisniewski, Lake Fenton, 29:46.8; 83. Krystal Bostic, Detroit University, 30:16.6; 84. Echele West, Detroit Crockett, 31:08.1; 85. V'lecea Hunter, Detroit University, 31:37.6; 86. Giovanna Womack, Detroit University, 32:40.6; 87. Brittany LeFlore, Detroit University, 33:28.5; 88. Amanda Zerilli, Clawson, 33:40.0; 89. Rachel LaHaie, Almont, NF; 90. Sylvia Hancasky, Madison Heights Bishop Foley, NF; 91. Megan L'Esperance, Byron, NF; 92. Jite Hunter, Detroit University, NF; 93. Jasmine Nunnelly, Detroit University, NF; 94. Narenthia Samuel-Miller, Detroit University, NF; 95. Lindsey Malachowski, Durand, NF; 96. a, Detroit Fredrick Douglass, NF; 97. b, Detroit Fredrick Douglass, NF; 98. c, Detroit Fredrick Douglass, NF; 99. d, Detroit Fredrick Douglass, NF; 100. e, Detroit Fredrick Douglass, NF.

101. f, Detroit Fredrick Douglass, NF; 102. g, Detroit Fredrick Douglass, NF; 103. h, Detroit Consortium, NF; 104. i, Detroit Consortium, NF; 105. j, Detroit Consortium, NF; 106. k, Detroit Consortium, NF; 107. l, Detroit Consortium, NF; 108. m, Detroit Consortium, NF; 109. n, Detroit Consortium, NF; 110. ab, Harper Woods, NF; 111. ac, Harper Woods, NF; 112. ad, Harper Woods, NF; 113. ae, Harper Woods, NF; 114. af, Harper Woods, NF; 115. ag, Harper Woods, NF; 116. ah, Harper Woods, NF.