



Pioneer Track & Field 2005

Don Sleeman

Coaches



Head Coach
Don Sleeman



Asst. Coach
Chris Cerniglia



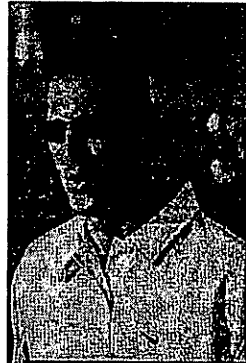
Asst. Coach
Bryon Kimmey



Asst. Coach
Dan Kusch

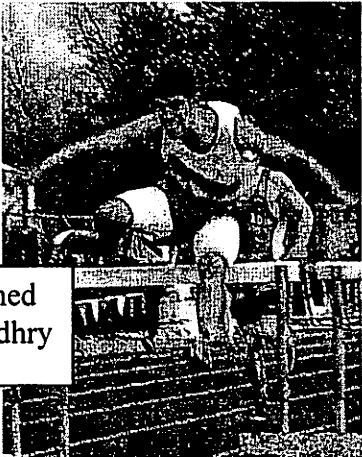


Asst. Coach
Dave Plummer

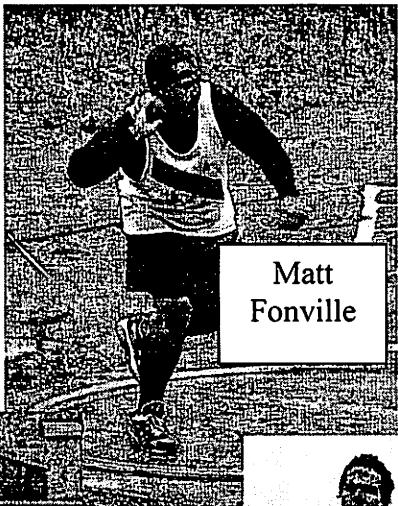


Asst. Coach
Steve Schlecht

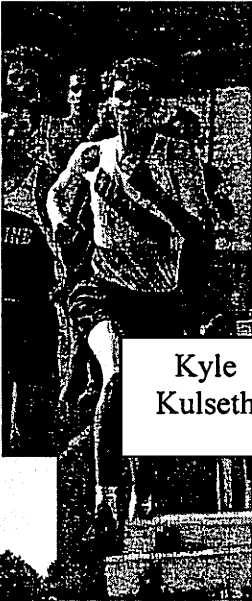
Class of 2005



Ahmed
Chaudhry



Matt
Fonville



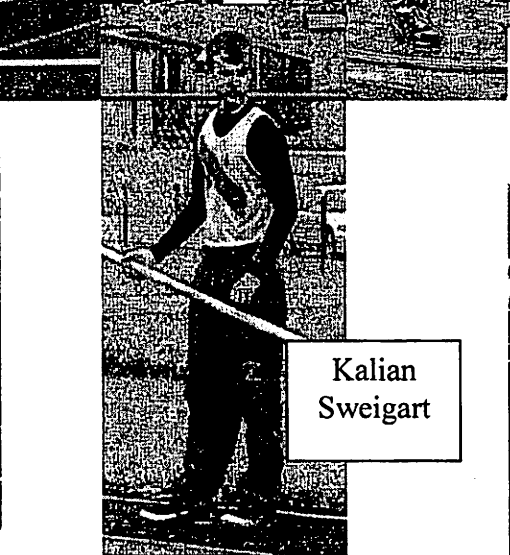
Kyle
Kulseth



Dan
Mullin



Jon
Sebolt



Kalian
Sweigart



Johannes
Widmalm-Delphonse

Joe
Yonkoski





Mike Adamson



Aaron Amin



Eric Anderson



Pedro Arruda

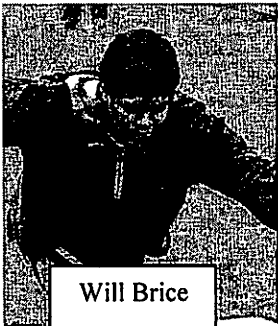


Will Barden



Lang Burghardt

Class of 2006



Will Brice



Kevin Callender



Leo Callender



Yan Charniauski



Peter Christmas



Paul Corbett



David Del Zoppo



Laurence Dottery



David Hanss



Jae Kim



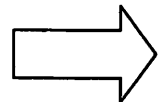
Paul Kimeldorf



Craig Marlatt

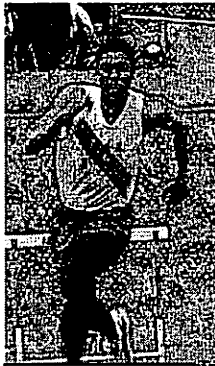


Sean Morin

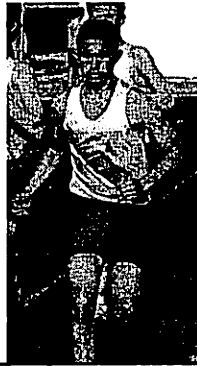




Peter Park



Tino Phelan



Ashwin Rameshbapu

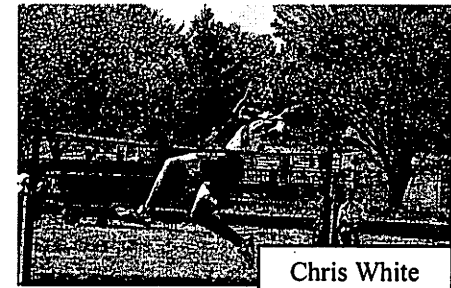


Niko Thomas



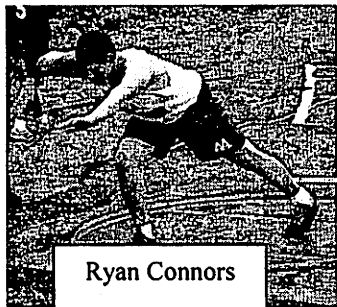
Paul Wells

Class of 2006



Chris White

Class of 2007



Ryan Connors



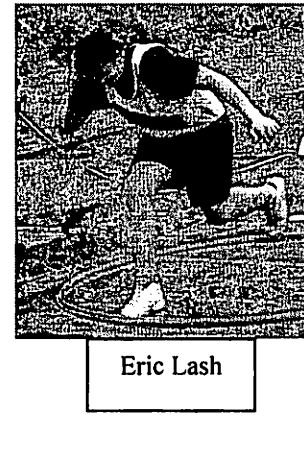
Jamie Fogel



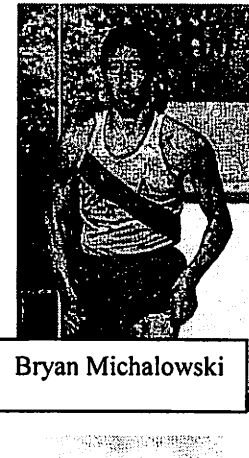
Tommy Held



Isaac Kim



Eric Lash



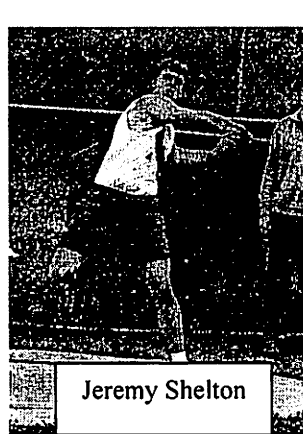
Bryan Michalowski



Nick Ochal



Nick Rivard



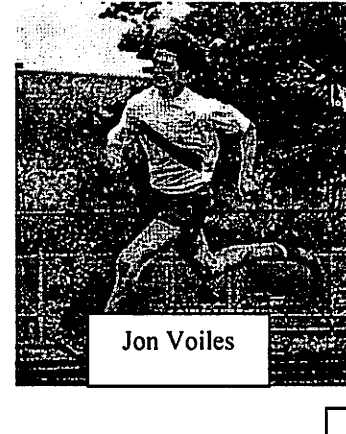
Jeremy Shelton



John Strader



Paul Versluis



Jon Voiles



Mike Weisbuch

Missing: Greg Lockridge

Class of 2008



MJ Ahmad



Sean Beck



Charlie Cavell



Andrew Copp



Joe Crawley



Walter Crosby



Taylor DeLuca



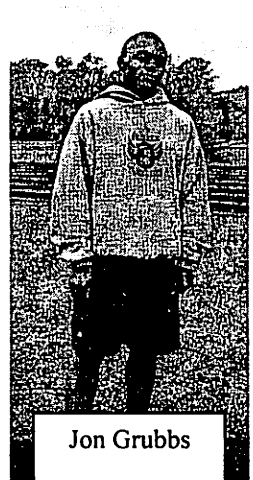
Chris Fortson



Dennis Fortson



Jwan Fortson



Jon Grubbs



Jon Henrichs



Jared Jones



Max King



John Marchello



Paul McGuckin



Noah Mosberg



Kinshuk Rajan



James Smith



James Wade



Jacob Whiten



Nick Tselios

Missing: Theo Blackwell

50th Annual Kermit N. Ambrose Huron River Relays @ E.M.U.'s Bob Parks Track, Boys D1 Results – March 26, 2005

E-mail from Coach Sleeman – 3/26/05:

We started out very well for the season with a 2nd place in the Huron Relays. Complete results are on www.emich.edu/athletics. Detoit Mumford won the meet and they have won the State Finals for the last two years. Currently, they are in the driver's seat because they have athletes who can place at the state level whereas most of our points came from relays not contested at the state level. We can do well at the state if our 4 X 800, 4 X 100, 4 X 200 and 4 X 400 relays improve. We continue to suffer the lack of highly qualified experienced sprinters but do have some excellent prospects to work with. Our field events are o.k. with a vaulter and a couple of long jumpers but need help in the high jump and throws. Our hurdlers can do well in the highs with the two most experienced and they should do even better in the intermediates. Our usual strong contingent of distance runners is somewhat depleted but we have two that can do it on the state level. All in all we are a strong team but need some serious development as the season progresses if we want to win the league, regional and state. coach sleeman

Men - Team Rankings - 14 Events Scored: (1) Detroit Mumford-73; (2) Ann Arbor Pioneer-63; (3) Lansing Sexton-61.50; (4) Fort Wayne Wayne-59.25; (5) Saline-51.25; (6) Southfield-51; (7) Monroe-35.75; (8) Livonia Churchill-30.25; (9) Toledo Central Catholic-23; (10) Canton-22.50; (11) Toledo Start-19.50; (12) Birmingham Brother Rice-19; (13) Detroit Catholic Central-17; (14) Jackson-15.50; (15) Dearborn-14; (16) Toledo St.Francis-14; (17) Toledo Bowsher-13; (18) Warren DeLaSalle-12; (19) Anchor Bay-9; (20) Grand Rapids Ottawa Hills-6; (21) Brighton-4; (22) River Rouge-3; (23) Farmington-1.50.

Event 1 Boys Pole Vault: (1) **Kalian Sweigart (Ann Arbor Pioneer) 12-06.00;** (2) Christian Althaus (Saline) 12-00.00; (2) Billy Breslin (Livonia Churchill) 12-00.00; (4) Mike Dimick (Toledo Start) 11-06.00; (4) Derek Reeves (Canton) 11-06.00; (6) Jared Fox (Toledo Bowsher) 11-00.00; (7) Kyle Mason (Farmington) 10-06.00; (7) Logan Ray (Fort Wayne Wayne) 10-06.00.

Event 2 Boys High Jump: (1) Antony Fabode (Anchor Bay) 6-02.00; (2) Oterias Brown (Jackson) 6-00.00; (2) Jon Allen (Lansing Sexton) 6-00.00; (4) Chris Staples (Southfield) 5-10.00; (4) William McCoy (Toledo Start) 5-10.00; (4) Arian Johnson (Lansing Sexton) 5-10.00; (7) Scott Hoy (Saline) 5-08.00; (7) Chris Rennert (Monroe) 5-08.00; (7) Kenny Hopkins (Fort Wayne Wayne) 5-08.00; (7) Chuck Elstone (Livonia Churchill) 5-08.00.

Event 3 Boys Long Jump: (1) Jon Allen (Lansing Sexton) 22-00.00; (2) Marcus Grayson (Fort Wayne Wayne) 21-05.50; (3) Shayne York (Toledo St.Franci) 20-07.00; (4) Chris Willis (Toledo Central C) 20-04.00; (5) **Ahmed Chaudhry (Ann Arbor Pioneer) 19-06.50;** (6) William White (River Rouge) 19-05.50; (7) Francisco Beltran (Livonia Churchil) 19-04.25; (8) Charles Phillips (Detroit Mumford) 18-09.25; (14) **Paul Versluis (Ann Arbor Pioneer) 17-11.75.**

Event 4 Boys Shot Put: (1) Jon Boles (Lansing Sexton) 55-03.00; (2) Gerald Gersham (Southfield) 54-10.00; (3) Nick Barrett (Detroit Catholic) 48-02.00; (4) Adam Schneider (Dearborn) 47-04.00; (5) Vincent Helmuth (Saline) 47-03.00; (6) Jon Smart (Detroit Catholic) 47-02.00; (7) Chris Douglas (Toledo Start) 46-01.00; (8) Lester Brewer (Southfield) 45-06.00.

Event 5 Boys 60 Meter Dash

Preliminaries (19) **Joe Yonkoski (Ann Arbor Pioneer) 7.67.**

Finals (1) Tayan Jackson (Detroit Mumford) 7.04; (2) Keith Lewis (Detroit Mumford) 7.13; (3) Angelo Williams (Jackson) 7.20; (4) Kevin Lawson (Lansing Sexton) 7.26; (5) Omar Simmons (Toledo Start) 7.39; (6) Phillip Flowers (Grand Rapids Ott) 7.43; (7) DeAndre Binion (Fort Wayne Wayne) 7.46; (8) Ross Weaver (Southfield) 7.69.

Event 6 Boys 60 Meter Hurdles

Preliminaries (7) **David Hanss (Ann Arbor Pioneer) 9.07.**

Semi-Finals (8) **David Hanss (Ann Arbor Pioneer) 9.14.**

Finals (1) Chris Brautzsch (Fort Wayne Wayne) 8.33; (2) Tymel Dodd (Lansing Sexton) 8.35; (3) Rodney Preston (Canton) 8.59; (4) Derek Washington (Fort Wayne Wayne) 8.90; (5) Brad Zymontowicz (Detroit Catholic) 8.92; (6) Walter Starghill (Southfield) 8.99; (7) **David Hanss (Ann Arbor Pioneer) 9.11;** (8) Marcus Jackson (Lansing Sexton) 9.46.

Event 7 Boys 1600 Meter Run (1) John Black (Birmingham Broth) 4:24.06; (2) Blake Figgins (Detroit Mumford) 4:31.98; (3) Kenny Wassus (Monroe) 4:36.83; (4) Pete Loy (Warren DeLaSalle) 4:38.81; (5) Andrew Link (Toledo Central C) 4:41.66; (6) Stephan Maxe (Livonia Churchil) 4:45.24; (7) Curtis Begley (Saline) 4:50.12; (8) Jordan Lee (Toledo Bowsher) 4:55.82; (18) **Nick Ochal (Ann Arbor Pioneer) 5:12.51.**

Event 8 Boys 3200 Meter Run (1) Aaron Bachman (Saline) 9:57.74; (2) Justin Heck (Monroe) 10:08.92; (3) **Craig Marlatt (Ann Arbor Pioneer) 10:26.83;** (4) Connor Schultz (Livonia Churchil) 10:28.42; (5) Matt Neely (Brighton) 10:53.80; (6) Chris Finn (Toledo Central C) 11:09.74; (7) Sean Ruff (Toledo Bowsher) 11:12.68; (8) Jacob Belknap (Dearborn) 11:13.13.

Event 9 Boys 4x50 Meter Shuttle Hurdle (1) Fort Wayne Wayne 30.95; (2) **Ann Arbor Pioneer (Hanss, Chaudhry, Voiles, I. Kim) 33.56;** (3) Saline 33.86; (4) Dearborn 34.26; (5) Southfield 34.46; (6) Livonia Churchill 34.79; (7) Birmingham Brother Rice 34.89; (8) Grand Rapids Ottawa Hills 35.72; (9) Canton 35.99; (10) Monroe 36.98.

Event 10 Boys 4x200 Meter Relay (1) Detroit Mumford 1:32.14; (2) Southfield 1:32.36; (3) Lansing Sexton 1:36.79; (4) Birmingham Brother Rice 1:37.68; (5) Toledo Bowsher 1:38.61; (6) **Ann Arbor Pioneer (Versluis, I. Kim, Voiles, Fortson) 1:40.14;** (7) Detroit Catholic Central 1:40.59; (8) Jackson 1:41.13; (9) Toledo Central Catholic 1:41.56; (10) Anchor Bay 1:42.13.

Event 11 Boys 4x400 Meter Relay (1) Detroit Mumford 3:27.54; (2) Fort Wayne Wayne 3:31.06; (3) Lansing Sexton 3:34.13; (4) **Ann Arbor Pioneer (Hanss, Yonkoski, Gould, Park) 3:34.25**; (5) Canton 3:35.75; (6) Toledo Central Catholic 3:36.81; (7) Saline 3:37.16; (8) Toledo Start 3:40.99; (9) Southfield 3:45.26; (10) Toledo St.Francis 3:45.89.

Event 12 Boys 1600 Sprint Medley (1) Detroit Mumford 3:40.44; (2) Southfield 3:43.04; (3) **Ann Arbor Pioneer(Yonkoski, Park, Fortson, Gould) 3:43.95**; (4) Fort Wayne Wayne 3:46.27; (5) Lansing Sexton 3:49.49; (6) Monroe 3:50.80; (7) Canton 3:52.14; (8) Livonia Churchill 3:54.05; (9) Toledo Start 3:55.09; (10) Saline 3:58.67.

Event 13 Boys 4x800 Meter Relay (1) Detroit Mumford 8:07.17; (2) Saline 8:07.53; (3) **AnnArborPioneer(Kulseth,Christmas,Callender,Gould) 8:18.59**; (4) Monroe 8:23.63; (5) Fort Wayne Wayne 8:41.09; (6) Southfield 8:42.10; (7) Toledo Central Catholic 8:43.07; (8) Livonia Churchill 8:46.72; (9) Toledo St.Francis 8:49.00; (10) Dearborn 8:55.22.

Event 14 Boys Distance Medley: (1) Detroit Mumford 10:54.04; (2) Monroe 10:59.30; (3) Saline 11:03.35; (4) Warren DeLaSalle 11:10.67; (5) **AnnArbor Pioneer(Anderson,Park,Corbett,Christmas) 11:19.63**; (6) Toledo St.Francis 11:22.11.



Part of a March 31, 2005 E-mail from Coach Sleeman:

ALERT! We have canceled the meet for Sat due to predicted snow and then rain on Sat. I see no reason to have anyone get sick this early in the season. We are off to a great start. Let's everyone work hard to put together a complete team ready to take on any competition we face with confidence and a desire to do our best.
coach sleeman

Pioneer Indoor Invitational @ U.M. Indoor Track – April 9, 2005

E-Mail from Coach Sleeman – 4/9/05:

Everyone should know how well the team did today at our indoor meet at U of M hosted b Pioneer. We were third out of 14 teams with Grand Blanc winning with 58 pts, Romulus 2nd with 58 pts, Pioneer 3rd with 53 pts and West Bloomfield 4th with 51 pts. We had many excellent performances and I hope the parents of the athletes were there to see their son run.

Jwuan Fortson threw the shot 39 ft for an excellent frosh effort and Coach Cerniglia was very excited for him. Kalian Sweigart was 1st in the pole vault with a 13' effort and just missed at 13'7". This was his second win of the season. Mohamud Yusuf had an excellent first time effort in the high jump with excellent jumps at 5'6" and just missing at 5'8". He is definitely at least a 6' jumper this year (his first for track). In the 60m Joe Yonkoski continues to improve and had the best time on the team. He and teammates Jae Kim, Dennis Fortson, and Isaac Kim just missed the finals of the 60m. Their times indicate we will have an excellent 400m relay outdoors though; especially since Joe, Isaac, Dennis and David Hanss were 3rd in the 800m relay with their best time of the season. The work horse of the meet was definitely Peter Christmas, a jr, who won the 1600m in a personal best of 4:27.9 and then won the 800m in 2:00.8. Pete finished the day with a 54.0 leg on the 1600m relay that was second. Also on the 1600m relay was Joe Yonkoski with a best lead off ever of 52.4. Pete then ran 2nd leg. Dennis Fortson was third in 53.9, his first 400 ever and he's only a freshman. David Hanss was the anchor in 51.8 and just missed winning after going for the win a little early and getting nipped at the wire. The 3200m relay was made up of two freshmen, a Jr. and a Sr returning to running after a year and half hiatus. The two freshmen did very well with times of 2:15 (M J Ahmad) and 2:12.4 (Chris Fortson). Both showed they definitely have a future in the 800. Chris came back on a 1600m relay with a time of 55.3, which was a personal best. Mike Weisbach got his 400 off to a good start for the season with a time of 55.3. Three freshmen, Taylor DeLuca, Jonathan Henrichs, and Kinshuk Rajan all had personal bests in the 1600m. Another sign of future success was in the three non-varsity 800m relays with all of the athletes running very well and getting excellent handoffs of the baton so as to keep it going without letup.

The officials (starter, and clerks of course) commented very favorably about how well the parents officiating the finish line did their jobs. They said it was great to see such efficiency from the finish judges. This is a real compliment from professional officials who see a lot of less than great officiating. The athletic director from Lincoln was very impressed that so many parents were willing to come help since he struggles to get the kind of help we had today. Lincoln will host the regional meet so maybe we could help him out. Next week we will host the League Jamboree and I am sure it will go very well due to the parents who are doing such a great job. All in all the team showed we can have much success this season. Pete Christmas said it very well when he said, "the win is more important than the time." Too many are too worried about the time. The best thing to do is just getting in the race and is competitive and the time will take care of itself as the athletes do their best to make the team a success.

Men - Team Rankings - 14 Events Scored: (1) Grand Blanc High School-80; (2) Romulus High School-58; (3) **Ann Arbor Pioneer High School-53**; (4) West Bloomfield High School-51; (5) Canton High School-39; (6) Brother Rice High School-34; (7) Monroe High School-26; (8) Lincoln High School-25; (8) Northville High School-25; (10) Catholic Central High School-22; (11) Brighton High School-14; (12) Edsel Ford High School-5; (13) Saint Mary's High School-2.

Event 1 Boys Shot Put (1) Mizell, Craig (Grand Blanc) 52-00.50; (2) Smart, Jon (Catholic Central) 51-11.50; (3) Barrett, Nick (Catholic Central) 50-07.50; (4) Sawtelle, Darris (Brother Rice) 50-07.00; (5) Dillon, Shane (Lincoln) 46-05.00; (6) Rutkowski, Phil (Brother Rice) 44-04.50; (27) **Morin, Sean (Ann Arbor TC) 37-01.00**; (28) **Fortson, Jwuan (Pioneer) 36-11.00**; (33) **Connors, Ryan (Pioneer) 34-00.50**; (36) **Lash, Eric (Pioneer) 31-03.50**; Adamson, Mike (Ann Arbor TC) ND.

Event 2 Boys High Jump (1) Shanoski, Alan (Northville) 6-06.00; (2) Packnett, Ronald (Grand Blanc) 6-04.00; (3) Gatlin, Mike (Lincoln) 6-00.00; (4) Price, Anthony (Romulus) 6-00.00; (5) Vermeulen, Derek (West Bloomfield) 6-00.00; (6) Barnes, Andre (West Bloomfield) 5-10.00; (13) **Yusef, Mohamed (Pioneer) 5-06.00**; **White, Chris (Pioneer) NH**; **Hesterly, Chris (Pioneer) NH**.

Event 3 Boys Pole Vault (1) **Sweigart, Kalian (Pioneer) 13-00.00**; (2) Reeves, Derek (Canton) 12-06.00; (3) Todd, Kelly (Brighton) 12-00.00; (4) Fulton, Justin (Lincoln) 11-06.00; (5) Yassay, Mike (Northville) 11-06.00; (6) Nichols, Jeff (Grand Blanc) 10-06.00.

Event 4 Boys Long Jump (1) Williams, Eric (Lincoln) 21-00.75; (2) Ingram, Mark (Grand Blanc) 20-10.50; (3) Turner, Terrence (West Bloomfield) 20-06.75; (4) Johnson, Darnell (Brother Rice) 20-01.50; (5) Price, Anthony (Romulus) 19-08.50; (6) Smith, Marcus (Grand Blanc) 19-06.50; (9) Voiles, Jon (Pioneer) 18-08.25; (12) Versluis, Paul (Pioneer) 18-06.25; (25) Amin, Aaron (Pioneer) 16-04.50.

Event 5 Boys 4x60 Meter Shuttle Hurdle (1) Romulus High School 'A' 37.20; (2) Grand Blanc High School 'A' 37.30; (3) Ann Arbor Pioneer High School 'A' (Hanss, Voiles, Versluis, I.Kim) 37.60; (4) Brighton High School 'A' 37.70; (5) Catholic Central High School 'A' 38.30; (6) Brother Rice High School 'A' 39.40.

Event 6 Boys 4x800 Meter Relay (1) West Bloomfield High School 'A' 8:23.26; (2) Grand Blanc High School 'A' 8:25.78; (3) Brother Rice High School 'A' 8:34.73; (4) Brighton High School 'A' 8:45.84; (5) Monroe High School 'A' 8:56.20; (6) Canton High School 'A' 8:58.18; (7) Ann Arbor Pioneer High School 'A' (Widmalm-Delphonse, Corbett, L.Callender, Park) 9:01.24.

Event 7 Boys 60 Meter Hurdles

Preliminaries

(5) Hanss, David (Pioneer) 8.96.

Semi-Finals

(9) Hanss, David (Pioneer) 9.21.

Finals

(1) Kinney, Daniel (Romulus) 8.36; (2) Tilmon, Sam (Romulus) 8.41; (3) Preston, Rodney (Canton) 8.44; (4) Zygmuntowicz, Brad (Catholic Central) 8.76; (5) Kim, Do Yean (Saint Mary's) 8.78; (6) Turner, Dante (Grand Blanc) 8.98.

Event 8 Boys 60 Meter Dash

Preliminaries

(13) Yonkoski, Joe (Pioneer) 7.61; (14) Kim, Jae (Ann Arbor TC) 7.65; (17) Kim, Isaac (Pioneer) 7.77; (18) Fortson, Dennis (Pioneer) 7.78; (23) Amin, Aaron (Ann Arbor TC) 7.91; (24) Smith, James (Ann Arbor TC) 7.92.

Semi-Finals

(12) Kim, Jae (Ann Arbor TC) 7.59; (13) Yonkoski, Joe (Pioneer) 7.62; (14) Kim, Isaac (Pioneer) 7.64 2; (17) Fortson, Dennis (Pioneer) 7.76; (20) Smith, James (Ann Arbor TC) 7.90; (23) Amin, Aaron (Ann Arbor TC) 8.04.

Finals

(1) Crawford, Mario (Romulus) 7.17; (2) Ingram, Mark (Grand Blanc) 7.19; (3) Piwowar, Eric (Canton) 7.27; (4) Young, Adam (West Bloomfield) 7.29; (5) Palombo, Michael (Catholic Central) 7.34; (6) Burns, Richard (Lincoln) 7.40.

Event 9 Boys 1600 Meter Run (1) Christmas, Peter (Pioneer) 4:28.32; (2) Sanseverino, Cole (Monroe) 4:30.15; (3) Turnbull, Jasen (Northville) 4:33.96; (4) Vollmar, Curtis (Grand Blanc) 4:37.77; (5) Abdulla, Zak (Edsel Ford) 4:40.24; (6) Anderson, Mark (Edsel Ford) 4:47.32; (14) Ochal, Nick (Pioneer) 4:58.09; (26) Corbett, Paul (Pioneer) 5:16.33; Henrichs, Jonathan (Ann Arbor TC) NT; DeLuca, Taylor (Ann Arbor TC) NT; Rajan, Kinshuk (Ann Arbor TC) NT.

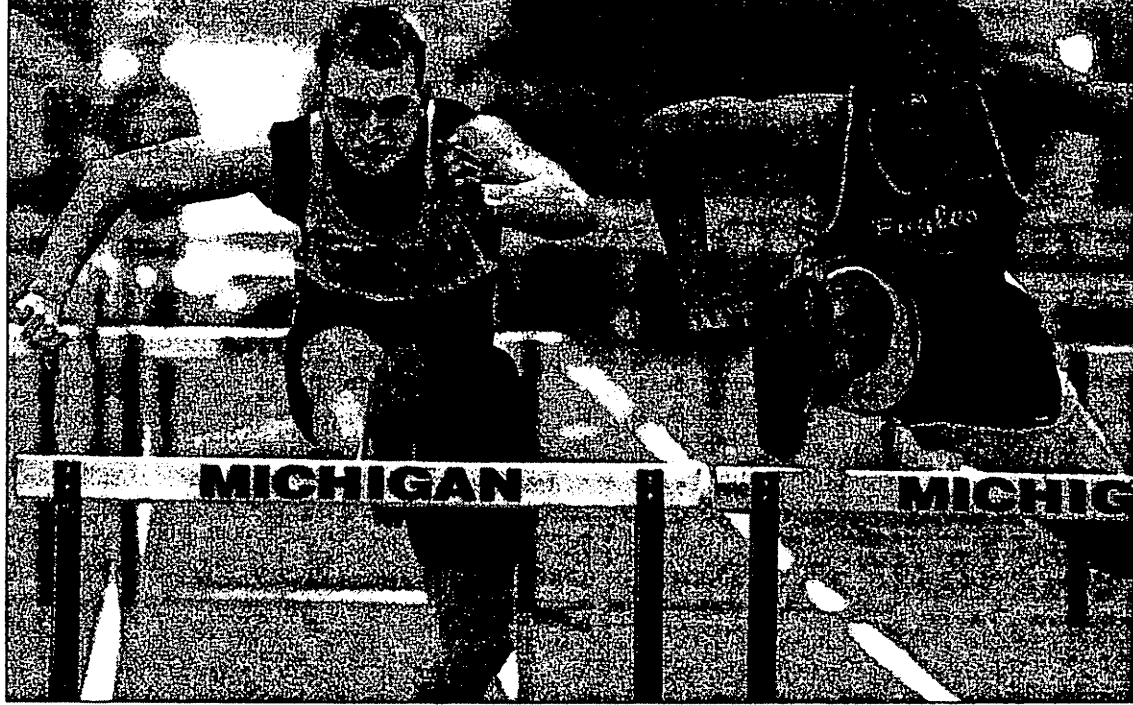
Event 10 Boys 400 Meter Dash (1) Barnes, Andre (West Bloomfield) 52.00; (2) Azizi, Cyrus (Canton) 52.18; (3) Valentine, Kelvin (Romulus) 52.86; (4) Evans, Kris (Monroe) 53.31; (5) Bejster, Kevin (Edsel Ford) 53.76; (6) Steele, Matt (Grand Blanc) 53.79; (9) Chaudry, Ahmed (Pioneer) 54.88; (10) Weisbuch, Michael (Pioneer) 55.42; (30) Blackwell, Theo (Ann Arbor TC) 1:07.32.

Event 11 Boys 800 Meter Run (1) Christmas, Peter (Pioneer) 2:01.40; (2) Bleicher, Jimi (Grand Blanc) 2:02.38; (3) Turnbull, Jasen (Northville) 2:05.86; (4) Sanseverino, Cole (Monroe) 2:06.75; (5) Vermeulen, Derek (West Bloomfield) 2:08.45; (6) Farrell, Tommy (Northville) 2:10.12; (18) Cavell, Charlie (Ann Arbor TC) 2:16.55; (20) Widmalm-Delphonse, Johannes (Pioneer) 2:18.93; (31) Ahmad, Mujahed (Ann Arbor TC) 2:29.25.

Event 12 Boys 4x200 Meter Relay (1) West Bloomfield High School 'A' 1:35.28; (2) Brother Rice High School 'A' 1:35.54; (3) Grand Blanc High School 'A' 1:36.06; (4) Ann Arbor Pioneer High School 'A' (Yonkoski, Hanss, D.Fortson, I.Kim) 1:36.83; (5) Romulus High School 'A' 1:37.22; (6) Lincoln High School 'A' 1:37.67; (12) Ann Arbor Pioneer High School 'B' (J.Kim, Weisbuch, Voiles, Versluis) 1:40.13; (17) Ann Arbor Track Club 'A' (Amin, Wade, K.Callender, Michalowski) 1:44.45; (19) Ann Arbor Track Club 'B' (Marchello, McGuckin, Dottery, Green) 1:48.38.

Event 13 Boys 3200 Meter Run (1) Black, John (Brother Rice) 9:28.97; (2) Wassus, Kenny (Monroe) 9:39.10; (3) Vollmar, Curtis (Grand Blanc) 10:04.44; (4) Anderson, Eric (Pioneer) 10:18.47; (5) Orr, Colin (West Bloomfield) 10:18.86; (6) Marlatt, Craig (Pioneer) 10:22.28; (12) Charniauski, Yan (Ann Arbor TC) 10:46.53; (21) Fogel, Jamie (Ann Arbor TC) 12:01.00.

Event 14 Boys 4x400 Meter Relay (1) Canton High School 'A' 3:32.33; (2) Ann Arbor Pioneer High School 'A' (Park, Christmas, Yonkoski, Hanss) 3:32.55; (3) Romulus High School 'A' 3:35.12; (4) West Bloomfield High School 'A' 3:36.61; (5) Grand Blanc High School 'A' 3:40.91; (6) Lincoln High School 'A' 3:41.47; (12) Ann Arbor Pioneer High School 'B' (Weisbuch, D.Fortson, Widmalm-Delphonse, ___) 3:50.20; (13) Ann Arbor Track Club 'A' 3:54.30.



Rodney Preston of Canton High School, left, battles Daniel Kinney of Romulus in the 60-meter hurdles. Preston finished in third place.

Pioneer leads the locals

Christmas flies in distance events at boys indoor meet

BY JEFF ARNOLD
News Sports Reporter

At this stage of the season, Peter Christmas puts more of a priority on the way he finishes a race rather than on the final numbers that register on the stopwatch.

Yet, the Pioneer junior on Saturday combined two top-notch runs with a personal-best in the mile, pacing his team to a third-place finish at the Pioneer Indoor Invitational at the University of Michigan.

Christmas posted a time of 4:28.32 in the 1,600 to go along with another first-place finish in the 800, setting the tone for a season in which he is just starting to catch his stride.

"I felt really good about the way I ran," Christmas said. "Right now, I'm just looking to do my best and not let up. I know my team will do what it's supposed to do and we'll get done what we need to get done."

Pioneer, which finished the indoor event with a team score of 53 points, placed third behind Grand Blanc (80) and Romulus (58). Canton placed fifth while Lincoln tied for eighth and Brighton finished 11th in the 14-team field.

Besides Christmas' effort, the Pioneers also got a win from Kalian Sweigart in the pole vault. Sweigart finished the event with a top effort of 13 feet,

placing him just ahead of Canton's Derek Reeves (12-6). Brighton's Kelly Todd and Lincoln's Justin Fulton finished third and fourth, respectively.

"We had a really strong run and that's what we like to see," Pioneer coach Don Sleeman said. "Third place — I'm really happy with that. I'd rather win, but third's not bad."

Canton coach Bob Richardson also left Saturday's meet encouraged, especially after the manner the Chiefs captured a come-from-behind in the 1,600 relay. Anchor David Calille used a late surge to pass Pioneer's David Hanss down the stretch, providing Canton with instant lesson in finishing every race strong.

The Chiefs, who also got a second-place finishes from Cyrus Azizi (400 dash) and a third-place effort from Rodney Preston (60 hurdles), will compete this spring with a youthful nucleus, making efforts like that provided from their relay serve as a dose of inspiration.

"I think our young guys grew up real fast today," Richardson said. "(The finish to the 4x400 relay) was something we needed. We've got a lot of young kids and they needed to witness that."

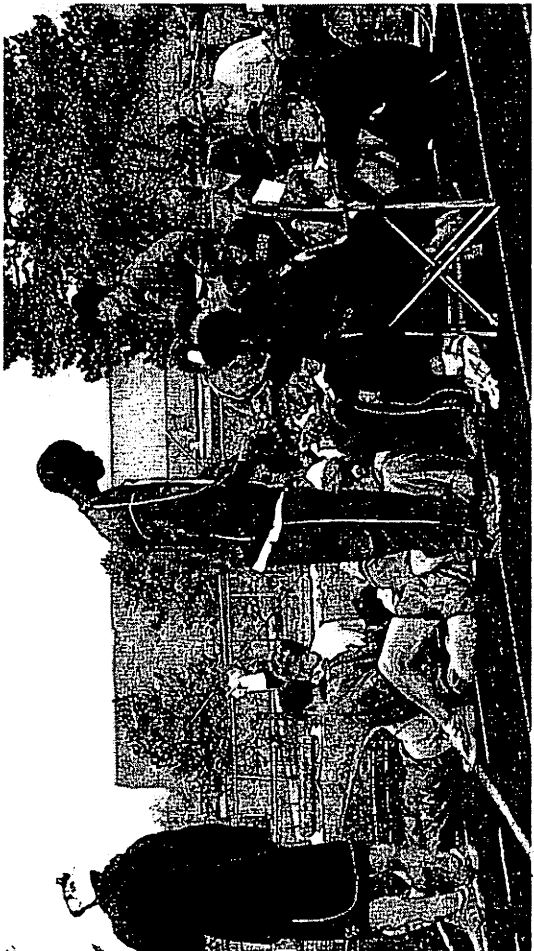
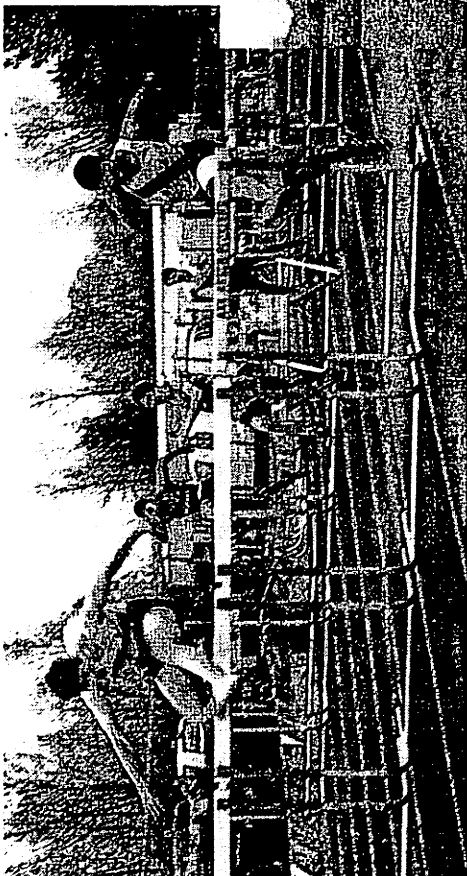
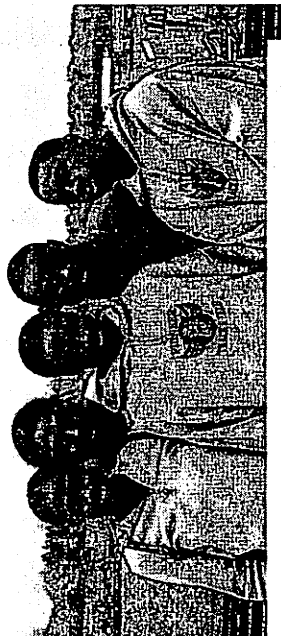
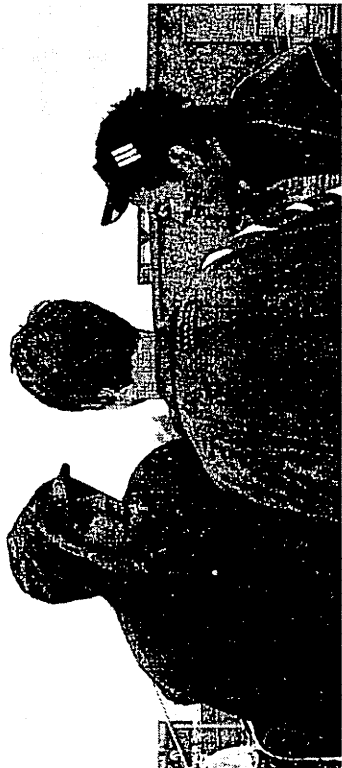
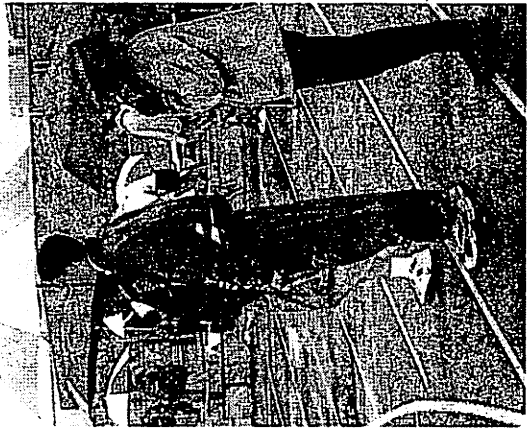
Jeff Arnold can be reached at jarnold@annarbornews.com or at (734) 994-6812.



Peter Christmas of Pioneer won the 1,600 run in a personal-best time of 4 minutes, 28.32 seconds. He also won the 800.

E-Mail from Coach Sleeman - 4/10/05:

It's a gorgeous day out and everyone should get out and run on their own, especially the distance runners who need a solid long easy run. We need to figure out who is doing what this coming Fri and Sat. Everyone will run either Fri or Sat. If you feel you are being left out you should speak up. We will be running against teams on Sat that put a premium on team scores and will run their best athletes multiple times to score as many points as possible. Since everyone scores we need a similar attitude - namely to have everyone do their best so everyone can enjoy the success of the team not just your personal success. Personal success for the good of the team benefits everyone. We demonstrated we can do it yesterday and we need to keep building on that experience. In that light everyone needs to realize everyone needs to be at the meet until after the 1600m relay and support your teammates before and after you are through your competition. The more support you give each other the greater likelihood you will succeed. coach sleeman



J.V. Jamboree @ Saline – April 15, 2005

E-Mail from Coach Sleeman – 4/15/05:

We had great efforts today with the young guys on the team. Jon Voiles won the HH, We did very well in the 100m with Aaron Amin running first in 11.8. Paul McGuckin also ran very well in the 100. The 3200 relay was second with all the members running very well. Jon (Portath doubled back to the 800 and ran it well also. James Wade edged out Chris Fortson 54.1 to 54.4 to win the 400m in his first ever effort. the 800m relay easily won. The 1600m relay easily won. All in all it was a very exciting meet and Pioneer dominated Brighton, Saline, Huron, and Chelsea. Hopefully the varsity will do it tomorrow also.

Pole Vault: Voiles (Pioneer) 9-06.

Shot Put: Adamson (Pioneer) 29-00.

Discus: Adamson (Pioneer) 91-01.

4 X 800m Relay: Pioneer (Porath, Widmalm-Delphonse, Cavell, Burghardt) 9:08.2.

110m High Hurdles (39"): (1) Voiles (Pioneer) 17.6.

100m Dash: Amin (Pioneer) 11.87; Smith (Pioneer) 12.25; Michalowski (Pioneer) 12.3; Beck (Pioneer) 12.33; McGuckin (Pioneer) 12.42; Dottery (Pioneer) 12.44; Grubbs (Pioneer) 12.44; Wells (Pioneer) 12.5; Zhang (Pioneer) 12.52; Marchello (Pioneer) 12.56; Hesterly (Pioneer) 12.66; Blackwell (Pioneer) 12.68; Phelan (Pioneer) 13.15; Lockridge (Pioneer) 13.4; Mosberg (Pioneer) 13.47; Whiten (Pioneer) 14.0; Jiang (Pioneer) 14.1; Davis (Pioneer) 14.23.

4 X 200m Relay: Pioneer (K.Callender, Arruda, Weisbuch, Wade) 1:39.69.

1600m Run: Corbett 4:56.2; Ochal 5:06.6; Deluca 5:10.0; Charniauski 5:17.6; Fogel 5:22.9; Rajan 5:24.6; Del Zoppo 5:26.0; Crawley 5:44.3; Rameshbapu 5:53.0; Held 6:02.0; Kimeldorf 6:26.0.

4 X 100m Relay: Pioneer (Beck, Smith, Amin, Dottery) ____; Pioneer (Grubbs, Jiang, Lockridge, Zhang) ____; Pioneer (McGuckin, Michalowski, Davis, Phelan) ____.

400m Dash: Wade (Pioneer) 54.0; C. Fortson (Pioneer) 54.7; Arruda (Pioneer) 55.53; Widmalm-Delphonse (Pioneer) 55.53.

300m Intermediate Hurdles (36"): Versluis (Pioneer) 45.8; Beck (Pioneer) 49.2.

800m Run: Porath 2:13.1; Ochal 2:16.4; Burghardt 2:19.8; Corbett 2:23.6; Rajan 2:26.0; King 2:28.0; Del Zoppo 2:30.8.

200m Dash: Amin (Pioneer) 24.4; Wells (Pioneer) 25.0; Michalowski (Pioneer) 25.4; McGuckin (Pioneer) 25.75; Dottery (Pioneer) 25.95; Marchello (Pioneer) 26.09; Grubbs (Pioneer) 26.44; Hesterly (Pioneer) 26.5; Blackwell (Pioneer) 26.75; Smith (Pioneer) 27.15; Lockridge (Pioneer) 27.8; Phelan (Pioneer) 27.8; Mosberg (Pioneer) 28.1; Jiang (Pioneer) 29.2.

3200m Run: (3) Cavell 10:51.0; (6) Deluca 11:21.0; (10) Charniauski 11:30.0; (13) Fogel 11:53.0.

4 X 400m Relay: Pioneer (Versluis, Porath, Widmalm-Delphonse, Corbett) ____; Pioneer (Weisbuch, C.Fortson, Arruda, K.Callender) ____.

SEC Jamboree @ Pioneer – April 16, 2005

Men - Team Rankings - 17 Events Scored: (1) Saline H.S. - 748; (2) Lincoln H.S. - 710.50; (3) Ann Arbor Pioneer H.S. - 599; (4) Adrian H.S. - 566; (5) Chelsea H.S. - 542; (6) Dexter H.S. - 475; (7) Temperance-Bedford H.S. - 470.50; (8) Tecumseh H.S. - 169.

Shot Put: (1) Helmuth (Saline) 50-10.50; (2) Everett (Saline) 47-07.50; (3) Dillon (Lincoln) 46-07.50; (4) Rodgers (Chelsea) 45-10.75; (5) Emerson (Adrian) 44-07.00; (6) Fonville (Pioneer) 43-11.50; (18) Morin (Pioneer) 38-09.75; (23) Lash (Pioneer) 33-03.50.

Discus: (1) Helmuth (Saline) 165-07; (2) Casey (Lincoln) 141-08; (3) Fonville (Pioneer) 130-00; (4) Everett (Saline) 124-09; (5) Brezee (Chelsea) 123-09; (6) Egvedt (Bedford) 123-03; (6) Askew (Lincoln) 123-03; (14) Sebolt (Pioneer) 112-00; (15) Lash (Pioneer) 110-07.

Pole Vault: (1) Lynch (Bedford) 13-06.00; (2) Cousineau (Bedford) 12-06.00; (3) Fulton (Lincoln) J12-06.00; (4) Sweigart (Pioneer) J12-06.00; (5) Althaus (Saline) 12-00.00; (6) Hartbarger (Bedford) J12-00.00; (14) Voiles (Pioneer) 9-00.00; (NH) J. Smith (Pioneer).

High Jump: (1) Gatlin (Lincoln) 6-00.00; (2) McGehee (Lincoln) J6-00.00; (3) Whitehead (Dexter) J6-00.00; (4) Hubbard (Adrian) 5-08.00; (5) Leadley (Dexter) J5-08.00; (6) Donovan (Bedford) 5-06.00; (6) Hoy (Saline) 5-06.00; (7) Girard (Chelsea) J5-06.00; (9) White (Pioneer) J5-06.00; (NH) Hesterly (Pioneer).

Long Jump: (1) Williams (Lincoln) 20-10.00; (2) Howard (Adrian) 20-03.00; (3) Foreman (Lincoln) 20-01.25; (4) Wesson (Adrian) 20-00.50; (5) Segura (Bedford) 19-04.50; (5) Althaus (Saline) 19-04.50; (7) Versluis (Pioneer) 19-00.25; (9) Sebolt (Pioneer) 18-03.75; (22) Amin (Pioneer) 16-00.50.

4 X 800m Relay: (1) Saline H.S. 'A' 8:12.00; (2) Dexter H.S. 'A' 8:12.34; (3) Ann Arbor Pioneer 'A' (Kulseth, Barden, L. Callender, Park) 8:23.28.

110m High Hurdles (39"): (1) McGehee (Lincoln) 15.37; (2) Hanss (Pioneer) 16.10; (3) Maniaci (Saline) 16.44; (4) Hackett (Saline) 16.55; (5) Post (Saline) 16.64; (6) Hubbard (Adrian) 16.83; (10) I. Kim (Pioneer) 17.26; (18) Versluis (Pioneer) 19.18.

100 m Dash: (1) Russell (Adrian) 11.12; (2) Chevalier (Dexter) 11.28; (3) Williams (Lincoln) 11.33; (4) Clayton (Saline) 11.41; (5) Esch (Chelsea) 11.44; (6) Johnson (Lincoln) 11.51; (9) Yonkoski (Pioneer) 11.69; (11) J. Kim (Pioneer) 11.91; (16) Fortson (Pioneer) 12.10.

4 X 200m Relay: (1) Adrian H.S. 'A' 1:32.14; (2) Lincoln H.S. 'A' 1:32.87; (3) Ann Arbor Pioneer H.S. 'A' (I. Kim, Hanss, Park, Yonkoski) 1:33.11.

1600m Run: (1) Williams (Dexter) 4:21.93; (2) Lewis (Chelsea) 4:31.04; (3) Girard (Chelsea) 4:31.93; (4) Bishop (Saline) 4:32.65; (5) Folk (Bedford) 4:33.23; (6) Bachman (Saline) 4:35.19; (7) Christmas (Pioneer) 4:38.20; (9) Anderson (Pioneer) 4:39.94; (17) Burghardt (Pioneer) 4:59.01.

4 X 100m Relay: (1) Lincoln H.S. 'A' 44.67; (2) Adrian H.S. 'A' 45.42; (3) Ann Arbor Pioneer H.S. 'A' (I. Kim, J. Kim, ? , ?) 45.72.

400m Dash: (1) Laskowsky (Adrian) 51.04; (2) Esch (Chelsea) 51.05; (3) Park (Pioneer) 52.44; (4) Yonkoski (Pioneer) 52.47; (5) Burchyett (Saline) 52.49; (6) Fortson (Pioneer) 52.81.

300m Intermediate Hurdles (36"): (1) McGehee (Lincoln) 39.84; (2) Hanss (Pioneer) 40.41; (3) Foreman (Lincon) 41.72; (4) Lauver (Adrian) 42.08; (5) Cousineau (Bedford) 43.07; (6) Schick (Saline) 43.34; (10) I. Kim (Pioneer) 44.31; (15) Chaudhry (Pioneer) 45.94.

800m Run: (1) Williams (Dexter) 1:57.46; (2) Bishop (Saline) 1:59.27; (3) Araiz (Bedford) 2:01.18; (4) Kyler (Lincoln) 2:02.54; (5) Girard (Chelsea) 2:03.06; (6) Patterson (Saline) 2:03.41; (9) Anderson (Pioneer) 2:07.06; (11) Callender (Pioneer) 2:08.71; (14) Kulseth (Pioneer) 2:10.28.

200m Dash: (1) Russell (Adrian) 22.10; (2) Chevalier (Dexter) 22.50; (3) Williams (Lincoln) 22.70; (4) Yonkoski (Pioneer) 23.20; (5) Johnson (Lincoln) 23.30; (5) Burns (Lincoln) 23.30; (5) Burchyett (Saline) 23.30; (9) J. Kim (Pioneer) 23.80; (11) Chaudhry (Pioneer) 24.10.

3200m Run: (1) Jackson (Dexter) 9:46.74; (2) Nalli (Dexter) 9:46.77; (3) Lewis (Chelsea) 9:56.09; (4) Bachman (Saline) 10:01.55; (5) Christmas (Pioneer) 10:04.66; (6) April (Dexter) 10:09.93; (7) Marlatt (Pioneer) 10:12.58; (DNF) Stensones-Fornaess (Pioneer).

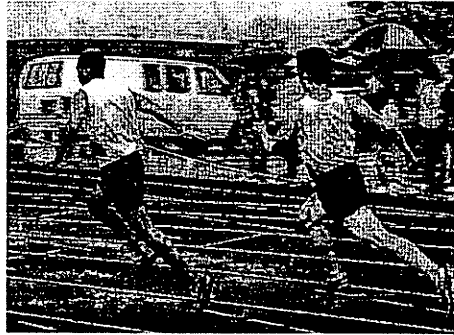
4 X 400m Relay: (1) Ann Arbor Pioneer H.S. 'A' (Park, Hanss, Fortson, Gould) 3:29.99; (2) Saline H.S. 'A' 3:30.64; (3) Adrian H.S. 'A' 3:31.72.

The Ann Arbor News – April 17, 2005



ROBERT CHASE THE ANN ARBOR NEWS
Pioneer's Paul Versluis competes in the long jump during the SEC Jamboree at Pioneer High School on Saturday. Versluis finished seventh for the Pioneers.





Coed Dual vs. Bedford @ Pioneer – April 26, 2005

Men - Team Rankings - 17 Events Scored: (1) Pioneer - 88; (2) Bedford - 49.

Shot Put: (1) Egtvedt (Bedford) 43-04.50; (2) Fonville (Pioneer) 42-01; (3) Hartbarger (Bedford) 41-00.50.

Discus: (1) Egtvedt (Bedford) 114-01; (2) Fonville (Pioneer) 113-09; (3) Lash (Pioneer) 109-04.

High Jump: (1) Donovan (Bedford) 5-09; (2) White (Pioneer) 5-08; (3) Lazette (Bedford) 5-04.

Long Jump: (1) Chaudhry (Pioneer) 20-03.50; (2) Segura (Bedford) 18-07.25; (3) Versluis (Pioneer) 18-06.25.

Pole Vault: (1) Lynch (Bedford) 13-00; (2) Sweigart (Pioneer) 12-00; (3) Cousineau (Bedford) 11-00.

4 X 800m Relay: (1) Bedford 8:38.76; (2) Pioneer 8:53.44.

110m High Hurdles (39"): (1) Hanss (Pioneer) 15.72; (2) Chaudhry (Pioneer) 16.3; (3) Cousineau (Bedford) 17.15.

100 m Dash: (1) Yonkoski (Pioneer) 11.45; (2) J. Kim (Pioneer) 11.59; (3) Thomas (Pioneer) 11.65.

4 X 200m Relay: (1) Pioneer "A" 1:36.96; (2) Pioneer "B" 1:39.16; (3) Bedford "A" 1:47.49.

1600m Run: (1) Christmas (Pioneer) 4:34.90; (2) Folk (Bedford) 4:44.14; (3) Fuller (Bedford) 4:51.2.

4 X 100m Relay: (1) Pioneer "A" 45.78; (2) Pioneer "B" 48.30; (3) Bedford "A" 48.37.

400m Dash: (1) Ariaz (Bedford) 53.23; (2) Weisbuch (Pioneer) 53.65; (3) Park (Pioneer) 53.68.

300m Intermediate Hurdles (36"): (1) Chaudhry (Pioneer) 41.88; (2) Hanss (Pioneer) 42.97; (3) Cousineau (Bedford) 43.16.

800m Run: (1) Christmas (Pioneer) 2:01.92; (2) Folk (Bedford) 2:05.9; (3) Ariaz (Bedford) 2:07.37.

200m Dash: (1) J. Kim (Pioneer) 23.92; (2) Yonkoski (Pioneer) 24.08; (3) I. Kim (Pioneer) 24.21.

3200m Run: (1) Marlatt (Pioneer) 10:27.64; (2) Gulbranson (Bedford) 10:45.67; (3) Ochal (Pioneer) 10:53.86.

4 X 400m Relay: (1) Pioneer "A" ____; (2) Bedford ____; (3) Pioneer "B" ____.

Holly 9 & 10 Relay Invitational @ Holly H. S. – April 30, 2005

Men - Team Rankings: (1) Novi - 91.50; (2) Milford - 59; (3) Lake Orion - 39; (4) Flushing - 31; (5) Ann Arbor Pioneer - 28; (6) Brighton - 27; (7) Pinckney - 24; (8) Walled Lake West - 21; (9) Hartland - 20; (10) Detroit Catholic Central - 13; (11) Walled Lake Central - 12.50; (11) Holly - 12.50; (13) Troy Athens - 12; (14) Walled Lake North - 10.5; (15) Plymouth Salem - 10; (16) Ann Arbor Huron - 7; (17) Dexter - 6; (18) Saline - 5; (19) University Jesuit - 4; (19) Plymouth Canton White - 4; (21) Farmington - 2; (21) Plymouth Canton Red - 2; (23) Flint Southwest Academy - 0; (23) Farmington Hills Harrison - 0.

Shot Put Relay: Lash (Pioneer) 34-02; Wade (Pioneer) 25-03.

Discus Relay: Lash (Pioneer) 111-0; Wade (Pioneer) 70-0.

8 Mile Relay: Pioneer (Cavell-10:59.9, Fogel-11:45.5, Henrichs-11:57.8, Rajan-11:58.6, Rivard-12:16.5, Crawley-12:32.4; King-12:51.1; Held-13:13.1)

Distance Medley Relay (800m, 400m, 1200m, 1600m): Pioneer (Ahmad-2:17.1, King-1:03.1, Cavell-3:54.8, Rajan-5:39.5) 12:54.5.

Splitter Medley Relay (400m, 200m, 100m, 800m): (5) Pioneer (Weisbuch-53.5, Beck-31.9, C.Fortson-21.1, Ochal-2:16.6) 4:02.1.

4 X 800m Relay: (1) Novi 8:45.50; (2) Pioneer (Deluca, C.Fortson, Ahmad, Ochal) 8:53.20; (3) Flushing 8:53.70; (4) Ann Arbor Huron 9:09.9; (5) Saline 9:10.10; (6) Walled Lake Central 9:10.30.

4 X 200m Relay: Pioneer (Beck, Weisbuch, Michalowski, Jones) 1:40.1.

4 X 100m Relay: Pioneer (Mosberg, Jones, Michalowski, McGuckin) ____.

4 X 400m Relay: (1) Pioneer (C.Fortson, Wade, Weisbuch, D.Fortson) 3:34.7.

Railsplitter Relays @ Ypsilanti Lincoln – April 30, 2005

Men - Team Rankings: (1) Lincoln - 72; (2) Saline - 71.5; (3) Ann Arbor Pioneer - 59; and five other teams.

Shot Put Relay: (5) Pioneer (Fonville-44-09, Shelton-34-08, Morin 37-09) 117-02.

Discus Relay: Pioneer (Fonville 108-05, Connors-97-0.50, Shelton-105-07) 310-12.50.

Long Jump Relay: (2) Pioneer (Chaudhry-21-0, Voiles-18-10, Versluis-19-0.50) 58-10.50.

Pole Vault Relay: (1) Pioneer (Sweigart-13-0, Voiles-9-0) 22.0.

4 X 1600m Relay: (2) Pioneer (Anderson-4:42.5, Christmas-4:29.1, Barden-4:55.1, Marlatt-4:52.7) 18:59.4.

Shuttle Relay: (3) Pioneer (Versluis-17.3, Chaudhry-15.2; Voiles-16.6, Hanss-15.5) 1:04.7.

4 X 200m Relay: (4) Pioneer (Yonkoski-23.14, Park-23.4, Thomas-22.98, Hanss-22.83) 1:32.3.

Splitter Medley Relay (100m, 100m, 200m, 400m): (5) Pioneer (J.Kim-11.83, K.Callender-10.7, Thomas-23.9, Yonkoski-51.6) 1:38.

4 X 800 Relay: (2) Pioneer (Christmas-2:01.2, Widmalm-Delphonse-2:07.1, Anderson-2:08.3, Corbett-2:11.5) ____.

4 X 100m Relay: Pioneer (Voiles, K.Callender, J.Kim, Thomas) 45.8.

4 X 400m Relay: (1) Pioneer (Yonkoski-53.6, Park-51.54, Chaudhry-52.0, Hanss-51.2) 3:28.4.

Coed Dual vs. Saline @ Pioneer – May 3, 2005

Men - Team Rankings - 17 Events Scored: (1) Ann Arbor Pioneer - 71; (2) Saline - 66.

Pole Vault: (1) Althaus (Saline) 13-0; (2) Sweigart (Pioneer) 12-06; (3) Munsell (Saline) 10-06; Voiles (Pioneer) 7-06.

Discus: (1) Helmuth (Saline) 142-03; (2) Everett (Saline) 134-03; (3) Sebolt (Pioneer) 124-03; Lash (Pioneer) 122-07; Shelton (Pioneer) 106-11; Morin (Pioneer) 106-09; Fonville (Pioneer) 101-11; Tselios (Pioneer) 92-03; Connors (Pioneer) 76-10; Whiten (Pioneer) 64-04.

Shot Put: (1) Helmuth (Saline) 53-10; (2) Fonville (Pioneer) 47-0; (3) Everett (Saline) 45-04.50; Morin (Pioneer) 40-07.25; Tselios (Pioneer) 38-01.25; Shelton (Pioneer) 36-09.25; Connors (Pioneer) 34-08.50; Lash (Pioneer) 34-02.25; Whiten (Pioneer) 28-07.75.

High Jump: (1) Hoy (Saline) 5-10; (1) White (Pioneer) 5-10; (3) Abair (Saline) 5-08; Versaluis (Pioneer) 5-02.

Long Jump: (1) Chaudhry (Pioneer) 20-08; (2) Versluis (Pioneer) 19-09; (3) Voiles (Pioneer) 19-07.50.

4 X 800m Relay: (1) Saline 8:33.32; (2) Pioneer (Barden, Widmalm-Delphonse, Corbett, L.Callender) 8:49.83; (3) Saline 8:59.79.

110m High Hurdles (39"): (1) Hackett (Saline) 15.97; (2) Chaudhry (Pioneer) 16.07; (3) Post (Saline) 16.18; (4) Hanss (Pioneer) 16.4.

100 m Dash: (1) Yonkoski (Pioneer) 11.46; (2) King (Saline) 11.47; (3) J. Kim (Pioneer) 11.70; Amin (Pioneer) 11.98; Arruda (Pioneer) 12.07; Thomas (Pioneer) 12.22; I. Kim (Pioneer) 12.26; Michalowski (Pioneer) 12.36; Callender (Pioneer) 12.42; McGuckin (Pioneer) 12.50; Beck (Pioneer) 12.71; Wells (Pioneer) 12.84; Jones (Pioneer) 15.13.

4 X 200m Relay: (1) Pioneer (Yonkoski, Park, Thomas, Hanss) 1:32.95; (2) Saline 1:35.68; (3) Saline 1:43.76.

1600m Run: (1) Bachman (Saline) 4:27.03; (2) Christmas (Pioneer) 4:29.36; (3) Bishop (Saline) 4:33.97; Gould (Pioneer) 4:44.3; Corbett (Pioneer) 4:48.9; Burghardt (Pioneer) 5:03.5; Deluca (Pioneer) 5:04.4; Cavell (Pioneer) 5:05.5; Del Zoppo (Pioneer) 5:16.3; Fogel (Pioneer) 5:16.9; Charniauski (Pioneer) 5:18.1; King (Pioneer) 5:21.9; Rivard (Pioneer) 5:24.5; Rajan (Pioneer) 5:25.3; Henrichs (Pioneer) 5:27.4; Strader (Pioneer) 5:28.6; Rameshbapu (Pioneer) 5:32.7; Kimeldorf (Pioneer) 6:18.9.

4 X 100m Relay: (1) Pioneer (Yonkoski, Arruda, Thomas, J.Kim) 45.04; (2) Saline 45.64.

400m Dash: (1) Park (Pioneer) 51.36; (2) Burchyett (Saline) 51.89; (3) D. Fortson (Pioneer) 52.42; Weisbuch (Pioneer) 53.1; C. Fortson (Pioneer) 53.2; Wade (Pioneer) 55.1; Michalowski (Pioneer) 56.7; Callender (Pioneer) 58.1; McGuckin (Pioneer) 58.3; Wells (Pioneer) 1:00.6; Dottery (Pioneer) 1:02.6; Mullin (Pioneer) 1:02.9; Davis (Pioneer) 1:04.6; Lockridge (Pioneer) 1:08.8.

300m Intermediate Hurdles (36"): (1) Chaudhry (Pioneer) 41.18; (2) Hanss (Pioneer) 41.72; (3) Hackett (Saline) 42.97; I. Kim (Pioneer) 43.7; Versluis (Pioneer) 45.0; Voiles (Pioneer) 45.8.

800m Run: (1) Bishop (Saline) 2:01.29; (2) Patterson (Saline) 2:02.31; (3) Kulseth (Pioneer) 2:03.31; Anderson (Pioneer) 2:07.2; L. Callender (Pioneer) 2:09.7; Widmalm-Delphonse (Pioneer) 2:10.7; Ahmad (Pioneer) 2:16.7; Burghardt (Pioneer) 2:20.9; Corbett (Pioneer) 2:20.9; Fogel (Pioneer) 2:23.1; King (Pioneer) 2:24.3; Del Zoppo (Pioneer) 2:31.8; Rajan (Pioneer) 2:33.2.

200m Dash: (1) Yonkoski (Pioneer) 23.11; (2) Burchyett (Saline) 23.53; (3) J. Kim (Pioneer) 23.56; C. Fortson (Pioneer) 24.1; Thomas (Pioneer) 24.1; Arruda (Pioneer) 24.7; Voiles (Pioneer) 24.7; Versluis (Pioneer) 25.2; Wade (Pioneer) 25.3; Michalowski (Pioneer) 25.4; McGuckin (Pioneer) 25.7; Phelan (Pioneer) 27.0; Wells (Pioneer) 27.2; Mosberg (Pioneer) 27.8.

3200m Run: (1) Bachman (Saline) 9:54.16; (2) Christmas (Pioneer) 10:03.41; (3) Marlatt (Pioneer) 10:05.93; Anderson (Pioneer) 10:27.7; Cavell (Pioneer) 10:48.1; Deluca (Pioneer) 11:05.3; Charniauski (Pioneer) 11:39.2.

4 X 400m Relay: (1) Pioneer (Weisbuch, Park, Chaudhry, Hanss) 3:29.09; (2) Saline 3:30.57; (3) Pioneer 3:54.06.

Mile relay lifts Pioneer over Saline

Pioneers take meet's
final event for 71-66
track and field victory

By Tom Ivers

In a robbery of a surprise, the final meet between the track teams from Pioneer and Saline high schools came down to the final event Tuesday night.

When Pioneer's David Hanss made a 1/4 mile difference on the final straightaway, the Pioneers had a victory in the 1,600-meter relay and a 71-66 dual meet win over their closest Southeastern Conference Red Division rival.

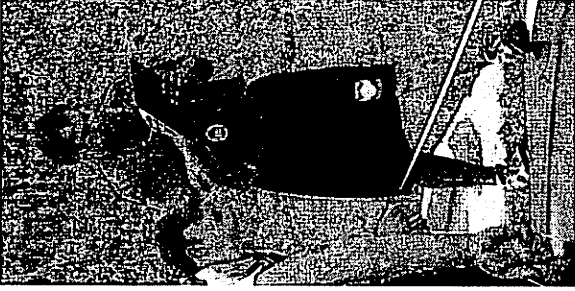
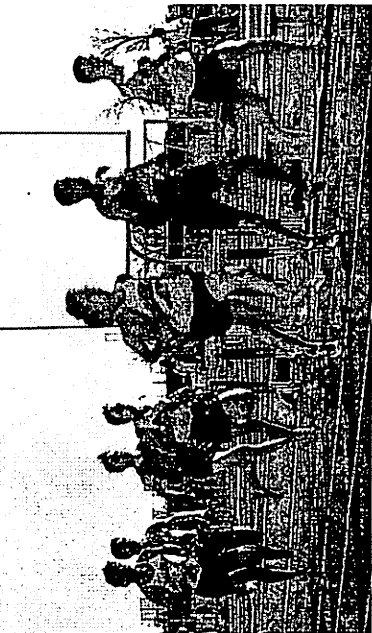
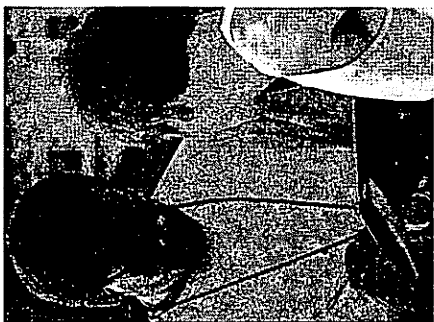
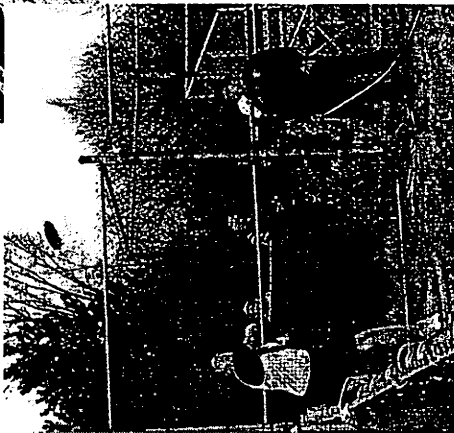
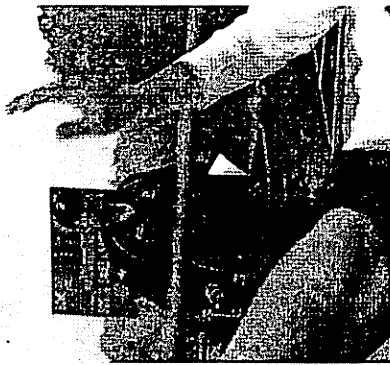
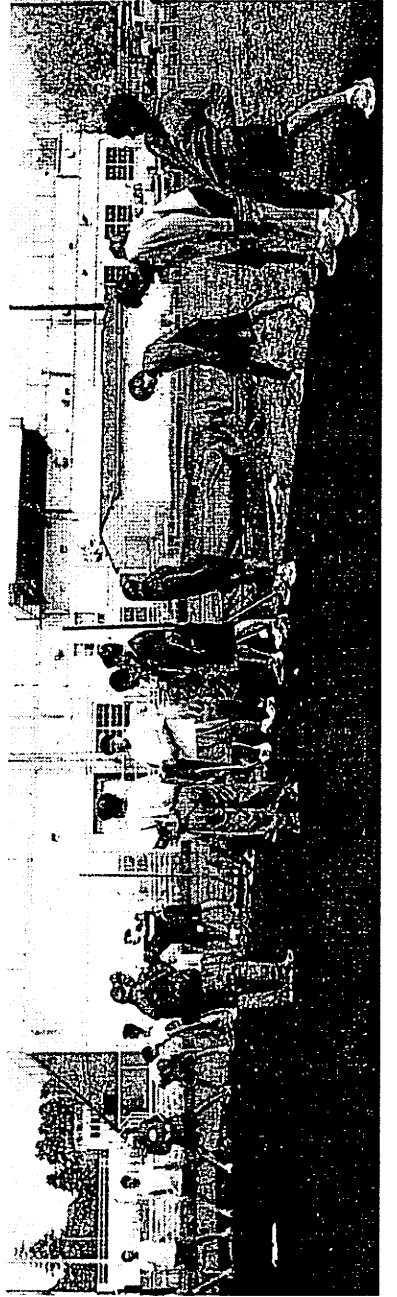
"It was a special dual meet between two really good teams," Pioneer coach Don Niceman said. "Both of us knew it was going to come down to the mile relay."

Joe Yonkoski won the 100- and 200-meter dashes and led off two of Pioneer's winning relays, while Ahmed Chaudhry won the high jump and the 300 hurdles in addition to finishing second in the 110 hurdles and running the third leg of the 1,600 relay.

Vince Heimuth won both throwing events for Saline, and Aaron Bachman won the 1,600 and 3,200 runs.



Ann Arbor News
May 4, 2005



Tory Clark Invitational @ Adrian – May 7, 2005

E-Mail from Coach Sleeman – 5/8/05:

Yesterday was a great day for the men's track team despite some "distractions". The team was second in a small but very competitive field with 118 points to Lincoln's 137 points. We could have scored more if we had had Peter Christmas and Joe Yonkoski run more but we were more focused on getting better races in specific events and wanted them fresher for those races. Peter responded with a season best of 1:58 and first in the 800m. He was closely followed by Takashi Gould coming back from injuries and getting second in 2:00.6 after being 1:27.4 at the 600m. He obviously is very close to busting a good one. Kyle Kulseth was 5th in a solid 2:04.5, his second best after a recent 2:03.3. He also is close to being where the team needs him. In the 3200m relay the team was second with so. Mike Weisbuch running a first time ever 800 in 2:07. (he came back in the 400 with a 53.3 on very sore blisters). Frosh Chris Fortson ran 2:05.3 to improve on a previous 2:08.3. (He came back in the 400 with a 52.8). Johannes Widmalm-Delphonse continues to run solid 2:08s, and frosh M J Ahmad ran a very competitive 2:12.6 on the anchor. In the 400m Dennis Fortson (no relation) ran 52.0 for 4th and Peter Park ran 52.4 for 5th. They came back on the 4 x 400 in 51.7 and 51.9 along with Joe Yonkoski's lead off 52.2 and David Hanss' 50.8 for a season best of 3:26.5. David came to the meet from the S.A.T.s and won the 300 I H in a season best of 39.7. Ahmed Chaudhry was a close second in 39.9, also a season best. In the 100m so. Isaac Kim was 5th in 11.2, a season and personal best. Jae Kim (no relation) was 7th in 11.4. Jon Voiles ran an excellent HH race getting 4th in 16.7 and this will really help on Tues. Hanss did not run due to the S.A.T.s and we held Ahmed out so he could run more relays. Joe Yonkoski had two great leadoff races in the 4 x 2 and the 4 x 1. We were 44.3 in the 4 x 1 which is the best of the season. Ahmed was 2nd, Niko Thomas was 3rd, and Jae Kim was anchor. 44.1 at the regional automatically goes to the state finals. The 4 x 2 did well but we need more times in the 22s and not the 23s. Joe Yonkoski led off in 22.8, Ahmed was 23.8, Niko was 23.5, and Jae was 23.3 for 1:33.4. The 1600 was a challenge for the 1600 runners when they did not run the fast heat when the clerk eliminated the slow heat without adequate notification and our runners were left standing in the clerking area. They ran a second heat with just the four of them. Eric Anderson led the entire distance and finally placed 3rd on a time basis with a 4:40. Craig Marlatt was 5th in 4:43 (his best ever). Eric had to really push the pace to get any kind of quality time which cost him quite a bit. I know he would have run closer to 4:35 had he been in the first race. He has a season best of 4:39 so that's not a stretch. Both Eric and Craig came back in the 3200 with Craig placing 4th and Eric getting 6th. We struggled in the field events but were able to get more points than typical due to some excellent efforts. Kalian Sweigart won the vault with a 13' 6" effort. Chis White was 4th in the HJ with 5' 8". He just recently went 6' 0" for the first time after being stuck at 5' 6" for a long time so he is laying the ground work for an excellent performance at the regional at Lincoln where he jumped the 6'. Matt Fonville continues to do very well in the shot and discus as a first year senior. He threw the shot 46' 1" for 3rd and the discus 128' 11" for 6th. He also has a shot (no pun) at doing well at the regional meet. The other throwers are all improving at a steady rate and we hope they will be in a scoring position soon. They are mostly freshmen and sophomores so the future looks bright in that area. The LJ was a struggle for us after they all qualified for the regional at the meet last Tues but did not do as well Sat. They have the ability though so they will bounce back next Tues when we return to Adrian for the dual meet. We have an excellent chance to win all three league dual meets this year by winning next Tues. The close one was Saline which we won last Tues with a victory in the 4 x 4 when we were tied 66 to 66 with only the relay left. That was a great dual meet and the team showed they have what it takes to do it again and then go on to the Regional and win it and qualify a bunch to the state finals. Next Tues the field events begin at 4:30 and the running events at 5:00 at Adrian. Athletes are excuses at 2 and we leave at 2:15.

Men - Team Rankings: (1) Lincoln-137; (2) Ann Arbor Pioneer-118; (3) Adrian-73; (3) Romulus-73; (5) Monroe-69; (6) Jefferson-23; (7) LSC-6.

Shot Put: (1) Phinezy (Jefferson) 50-02.75; (2) Dillon (Lincoln) 48-04.50; (3) Fonville (Pioneer) 46-01; (4) Emerson (Adrian) 45-01.50; (5) Hanks (Lincoln) 44-08; (6) Geldelian (Monroe) 42-04; (7) Hawkins (Monroe) 41-08; (8) Gritzmaker (Adrian) 41-03.50; Shelton (Pioneer) 38-0.50; Tselios (Pioneer) 36-06.

Discus: (1) Phinezy (Jefferson) 145-07; (2) Casey (Lincoln) 144-06; (3) Valentine (Romulus) 134-01; (4) Emerson (Adrian) 131-09.50; (5) Hawkins (Monroe) 131-01; (6) Fonville (Pioneer) 128-11; Sebolt (Pioneer) 123-03; Lash (Pioneer) 112-04; Shelton (Pioneer) 103-0.

High Jump: (1) Gatlin (Lincoln) 6-01; (2) McGehee (Lincoln) 5-11; (2) Price (Romulus) 5-11; (4) White (Pioneer) 5-08; (4) James (Romulus) 5-08; (4) Hubbard (Adrian) 5-08; Versluis (Pioneer) 5-02.

Long Jump: (1) Williams (Lincoln) 21-05.50; (2) Howard (Adrian) 21-02; (3) Wesson (Adrian) 20-05.50; (4) Price (Romulus) 20-04.50; (5) Foreman (Lincoln) 20-0; (6) Chaudhry (Pioneer) 19-03.75; Versluis (Pioneer) 19-01; Sebolt (Pioneer) 19-0.50.

Pole Vault: (1) Sweigart (Pioneer) 13-06; (2) Fulton (Lincoln) 13-0; (3) Grotbeck (LSC) 11-06; (4) Malnar (Monroe) 11-0; (5) Hamann (Adrian) 10-06; (6) Mullinix (Adrian) 10-0; Voiles (Pioneer) 9-06.

4 X 800m Relay: (1) Lincoln 8:18.30; (2) Pioneer (Weisbuch, C.Fortson, Widmalm-Delphonse, Ahmad) 8:33.39; (3) Adrian 8:38.46; (4) Monroe 8:44.29; (5) Romulus 9:18.93; (6) Jefferson 9:22.46.

110m High Hurdles (39"): (1) McGehee (Lincoln) 14.76; (2) Tilmon (Romulus) 14.85; (3) Foreman (Lincoln) 16.53; (4) Voiles (Pioneer) 16.64; (5) Scott (Adrian) 16.84; (6) Hubbard (Adrian) 16.96; (7) Lewis (Monroe) 17.13; (8) Malnar (Monroe) 17.61; **I. Kim (Pioneer) 18.1; Versluis (Pioneer) 18.1.**

100 m Dash: (1) Perry (Romulus) 10.65; (2) Russell (Adrian) 10.85; (3) Williams (Lincoln) 10.92; (4) Burns (Lincoln) 10.93; (5) **I. Kim (Pioneer) 11.13**; (6) Daulton (Adrian) 11.14; (7) Johnson (Adrian) 11.42; (8) **J. Kim (Pioneer) 11.43; Amin (Pioneer) 11.8; Jones (Pioneer) 12.3.**

4 X 200m Relay: (1) Lincoln 1:30.54; (2) Adrian 1:31.39; (3) **Pioneer (Yonkoski, Chaudhry, Thomas, J.Kim) 1:33.41**; (4) Romulus 1:34.15.

1600m Run: (1) Wassus (Monroe) 4:26.61; (2) Sansevering (Monroe) 4:30.88; (3) **Anderson (Pioneer) 4:40.22**; (4) Kyler (Lincoln) 4:43.09; (5) **Marlatt (Pioneer) 4:43.93**; (6) Dague (Jefferson) 4:48.86; **Corbett (Pioneer) 4:56.9; Ochal (Pioneer) 4:57.2.**

4 X 100m Relay: (1) Lincoln 43.99; (2) **Pioneer (Yonkoski, Chaudhry, Thomas, I.Kim) 44.29**; (3) Romulus 45.14; (4) Adrian 45.28; (5) Monroe 47.30.

400m Dash: (1) Evans (Monroe) 48.99; (2) Valentine (Romulus) 49.99; (3) Laskowsky (Adrian) 50.50; (4) **D. Fortson (Pioneer) 51.97**; (5) **Park (Pioneer) 52.37**; (6) **C. Fortson (Pioneer) 52.85**; **Weisbuch (Pioneer) 53.3.**

300m Intermediate Hurdles (36"): (1) **Hanss (Pioneer) 39.70**; (2) **Chaudhry (Pioneer) 39.87**; (3) Tilmon (Romulus) 40.73; (4) McGehee (Lincoln) 41.75; (5) Malnar (Monroe) 42.57; (6) Foreman (Lincoln) 42.85; **Versluis (Pioneer) 44.2; I. Kim (Pioneer) 44.8.**

800m Run: (1) **Christmas (Pioneer) 1:58.00**; (2) **Gould (Pioneer) 2:00.53**; (3) Kyler (Lincoln) 2:01.57; (4) Dunstan (Lincoln) 2:04.17; (5) **Kulseth (Pioneer) 2:04.48**; **Barden (Pioneer) 2:08.47.**

200m Dash: (1) Perry (Romulus) 22.09; (2) Evans (Monroe) 22.10; (3) Russell (Adrian) 22.11; (4) E. Williams (Lincoln) 22.58; (5) A. Williams (Lincoln) 22.82; (6) Laskowsky (Adrian) 23.11; (7) **Thomas (Pioneer) 23.49**; (8) Burns (Lincoln) 23.70; **Amin (Pioneer) 24.4; Wade (Pioneer) 24.7; Jones (Pioneer) 25.9.**

3200m Run: (1) Wassus (Monroe) 9:45.18; (2) Heck (Monroe) 10:03.38; (3) Sansevering (Monroe) 10:17.19; (4) **Marlatt (Pioneer) 10:23.99**; (5) Dague (Jefferson) 10:35.24; (6) **Anderson (Pioneer) 10:42.00; Burghardt (Pioneer) 11:22.8.**

4 X 400m Relay: (1) **Pioneer (Yonkoski, Park, D.Fortson, Hanss) 3:26.42**; (2) Adrian 3:29.03; (3) Romulus 3:29.39; (4) Lincoln 3:36.17; (5) Monroe 3:47.37.

E-Mail from Coach Sleeman – 5/8/05:

Everyone needs to run some today. we will not train hard tomorrow with the dual on tues so after a hard day sat it really helps to run easily today to get any stiffness out. stretch also. we are close to achieving the most in a long time so everyone needs to stay focused as the year end distractions kick in and interfere with our focus. we have laid the groundwork in a lot of events to qualify for state so this is no time to let up. so far these events look good for state qualifiers:

pole vault Kalian

high jump Chris

long jump all of them

shot put Matt

discus Jon, Eric, Matt are all possible

4 x 800 Takashi, Peter, and any number of other possibilities with Kyle, C Fortson, Mike leading the way

HH if David gets some turn over

100 if anyone gets to the regional final and runs 11.1

4 x 200 with a 1.5 second improvement

1600 Peter is strong, Takashi depending on the coming week, Eric with a huge improvement in the next week

4 x 100 only . 3 and better hand offs

400 Peter and Dennis look good

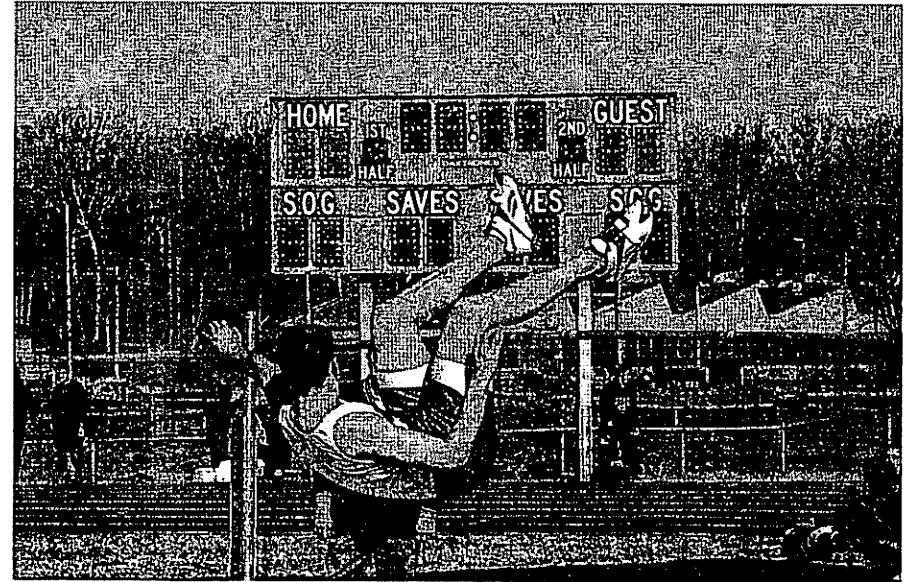
300 IH David and Ahmed are under the standard and are the best in the area

800 Takashi, Peter can definitely make it and others could with a quality race that day if they can qualify for the regional in the next week

200 Niko and Joe both look good and could do it

3200 Peter has the best shot but Craig is coming on and could get the standard

4 x 400 we're the best in the area and should win it with no let down.



Coed Dual vs. Adrian @ Adrian – May 10, 2005

Men - Team Rankings - 17 Events Scored: (1) Ann Arbor Pioneer-91; (2) Adrian-47.

Shot Put: (1) Fonville (Pioneer) 46-03; (2) Emerson (Adrian) 46-0; (3) Williams (Adrian) 41-0.

Discus: (1) Fonville (Pioneer) 126-01; (2) Emerson (Adrian) 125-0; (3) Lash (Pioneer) 118-09.

High Jump: (1) White (Pioneer) 5-10; (2) Hubbard (Adrian) 5-08; (3) Stuckey (Adrian) 5-08.

Long Jump: (1) Wesson (Adrian) 20-11.50; (2) Howard (Adrian) 20-08.50; (3) Versluis (Pioneer) 49-03.50.

Pole Vault: (1) Sweigart (Pioneer) 13-11; (2) Haman (Adrian) 10-06; (3) Mullinix (Adrian) 10-0.

4 X 800m Relay: (1) Pioneer (Widmalm-Delphonse, Barden, Callender, Corbett) 8:55.81; (2) Adrian 9:51.0.

110m High Hurdles (39"): (1) Hanss (Pioneer) 15.02; (2) D. Fortson (Pioneer) 15.29; (3) Scott (Adrian) 15.72.

100 m Dash: (1) J. Kim (Pioneer) 11.27; (2) Emerson (Adrian) 11.52; (3) I. Kim (Pioneer) 11.56; Callender (Pioneer) 11.5; Thomas (Pioneer) 11.6; Amin (Pioneer) 11.7;

Michalowski (Pioneer) 11.8; Arruda (Pioneer) 11.9; McxGuckin (Pioneer) 12.0; Dottery (Pioneer) 12.14; Jones (Pioneer) 12.2; Phelan (Pioneer) 12.72.

4 X 200m Relay: (1) Pioneer (C.Fortson, Park, Thomas, D.Fortson) 1:33.05; (2) Adrian 1:35.44.

1600m Run: (1) Christmas (Pioneer) 4:38.01; (2) Anderson (Pioneer) 4:39.06; (3) Gould (Pioneer) 4:48.18; Corbett (Pioneer) 4:55.5; Marlatt (Pioneer) 5:03.4; Burghardt (Pioneer) 5:04.5; King (Pioneer) 5:08.6; Fogel (Pioneer) 5:11.2; Del Zoppo (Pioneer) 5:17.6; Rajan (Pioneer) 5:18.9; Rivard (Pioneer) 5:19.2; Charniauski (Pioneer) 5:19.6; Strader (Pioneer) 5:35.0; Rameshbapu (Pioneer) 5:37.0; Crawley (Pioneer) 5:40.0; Held (Pioneer) 5:52.9; Kimeldorf (Pioneer) 6:17.7.

4 X 100m Relay: (1) Pioneer (Amin, Hanss, Thomas, J.Kim) 45.0; (2) Adrian 45.94; (3) Adrian 46.31.

400m Dash: (1) Russell (Adrian) 51.76; (2) Weisbuch (Pioneer) 52.23; (3) Park (Pioneer) 52.33; C. Fortson (Pioneer) 52.8; Wade (Pioneer) 54.3; Michalowski (Pioneer) 55.4; Dottery (Pioneer) 58.5; Wells (Pioneer) 59.0.

300m Intermediate Hurdles (36"): (1) D. Fortson (Pioneer) 41.41; (2) Hanss (Pioneer) 44.05; (3) Versluis (Pioneer) 44.61; Beck (Pioneer) 54.1; White (Pioneer) 54.1.

800m Run: (1) Gould (Pioneer) 1:59.6; (2) Christmas (Pioneer) 1:59.8; (3) Laskowsky (Adrian) 1:59.9; Callender (Pioneer) 2:01.8; Barden (Pioneer) 2:02.0; Widmalm-Delphone (Pioneer) 2:06.4; Ahmad (Pioneer) 2:11.9; Corbett (Pioneer) 2:17.7; Burghardt (Pioneer) 2:19.2; King (Pioneer) 2:21.8; Rajan (Pioneer) 2:24.1; Del Zoppo (Pioneer) 2:26.0; Rivard (Pioneer) 2:26.4; Rameshbapu (Pioneer) 2:26.9; Strader (Pioneer) 2:27.7; Fogel (Pioneer) 2:29.0; Crawley (Pioneer) 2:29.8; Henrichs (Pioneer) 2:29.8; Charniauski (Pioneer) 2:30.3; Held (Pioneer) 2:30.7; Kimeldorf (Pioneer) 2:42.0.
200m Dash: (1) White (Adrian) 22.74; (2) Olsen (Adrian) 23.28; (3) J. Kim (Pioneer) 23.49; Thomas (Pioneer) 23.3; Amin (Pioneer) 23.9; K. Callender (Pioneer) 24.6; McGuckin (Pioneer) 25.0; Arruda (Pioneer) 25.2; Phelan (Pioneer) 25.2; Wells (Pioneer) 25.7; Dottery (Pioneer) 26.3.
3200m Run: (1) Christmas (Pioneer) 9:53.42; (2) Marlett (Pioneer) 10:25.6; (3) Anderson (Pioneer) 10:33.13; Cavell (Pioneer) 10:37.6; Deluca (Pioneer) 10:48.3; Ochal (Pioneer) 10:07.2.
4 X 400m Relay: (1) Adrian 3:26.48; (2) Pioneer (D.Fortson, Wade, Weisbuch, Park) 3:29.88; (3) Adrian 3:41.3.

Pioneer Last Chance Inv. @ Pioneer – May 14, 2005

E-Mail from Coach Sleeman – 5/14/05:

Pioneer won the meet today with 191 points. Brighton had 106, Dearborn 100.5, Sexton 53, Adrian 25.5, and Cath Cent 20. We had some excellent performances and were able to finish the meet just as a rain squall hit us. In the LJ Ahmed Chaudhry was 1st with a season best of 20' 10 1/2". Jon Voiles was 3rd in 19' 11/4". In the PV Kalian Sweigart won with a 13' 3" effort and then went to 14' 2" and just missed. Jon Sebolt was 2nd in the Discus with a 125' 8" effort. Chris White has done 6' in HJ but struggled today and got 4th in 5' 6". In the 3200 relay we improved on the season with an 8:16.1. Johannes Widmalm led off in 2:07.4, Takashi Gould was 2:00.3, Will Barden was 2:10.6, and Pete Christmas was 1:57.6. Peter then came back to the 1600 and won in 4:33.5 with Eric Anderson right with him at the same time (a personal best and Regional qualifier). Takashi then ran the 400 for the first time and got 2nd in 51.6. Peter Park was 4th in 53.1. Takashi then ran 50.6 on the 1600 relay for the best relay time of the year. Ahmed Chaudhry was 2nd in the IH in 39.7, a season best, and second in the meet. David Hanss was 4th in 40.3 after a slow start. In the 800 relay we continue to struggle even as we win. The time was 1:34.1 and we need to run 1:31.2 to qualify for state. The 400 relay was first in 45.4 and we need to improve there also. The 1600 relay continues to look good with many athletes in the high 51s and low 52s along with Takashi at 50+ and David Hanss at 50+. We improved in the 100m with Jae Kim getting second in 11.2. Ahmed was also 11.2 in 3rd and that will help the relay. Niko Thomas was 11.4 and that will help in the relay also if he can run the same way as the open. In the HH David Hanss was second in 15.4 and is sloooooowly improving. Jon Voiles continues to improve as a soph and is down to 16.2. In the 800m Peter Christmas won again in 2:00.9 and then ran a relay leg in 55.3. "My legs were tired". Peter is definitely coming on strong and has the attitude of being very competitive. After the 800m, even though he was very tired, he came up to me and said, "what leg am I running on the relay". He just assumes he will and does it very willingly. We got some improvement in the 200 with Niko Thomas second in 23.3, Peter Park 3rd in 23.6, and Pedro Arruda 6th in 24.3. We didn't have anyone run the 3200. Our best shot putter was in Chicago with his community high school forum and so did not compete. The Regional is next Fri at Lincoln and we are in good shape to do very well and qualify many athletes to the State Final. They just have to stay focused and not allow distractions of any kind.

Men - Team Rankings: (1) Ann Arbor Pioneer-191; (2) Brighton-106; (3) Dearborn-100.5; (4) Sexton-53; (5) Adrian-25.5; (6) Catholic Central-20.

4 X 800m Relay: Pioneer (Widmalm-Delphonse-2:07.4, Gould-2:00.9, Barden-2:10.6, Christmas-1:57.6) 8:16.1; Pioneer (Fogel-2:21.4, Del Zoppo-2:23.7, Rivard-2:17.2, King-2:25.8) ____; Pioneer (Rajan-2:21, Rameshbapu-2:23, Strader-2:23, Crawley-2:28) ____; Pioneer (Deluca-2:12.2, Ochal-2:12.9, Burghardt-2:20.4; ____-2:17) ____.

110m High Hurdles (39"): Hanss 15.4; Voiles 16.2; Fortson 16.48; Versluis 18.47; Beck 21.0.

100 m Dash: J. Kim 11.2; Chaudhry 11.3; Thomas 11.33; Amin 11.8; Beck 12.0; K. Callender 12.0; McGuckin 12.1; Michalowski 12.1; Dottery 12.2; Jones 12.37; Wells 12.4; Phelan 12.7; Mosberg 12.8.

4 X 200m Relay: Pioneer (Yonkoski-24.0, Park-23.5, Thomas-23.2, Hanss-23.4) 1:33.4.

1600m Run: Christmas 4:33.5; Anderson 4:33.5; Marlatt 4:55.5; Cavell 5:01.8; Held 5:45.2; Kimeldorf 6:18.

4 X 100m Relay: Pioneer (Yonkoski, Chaudhry, Thomas, J.Kim) 45.2; Pioneer (Amin, K.Callender, Arruda, Beck) 46.8.

400m Dash: Gould 51.6; Park 53.1; Wade 55.0; Michalowski 57.5.

300m Intermediate Hurdles (36"): Chaudhry 39.7; Hanss 40.3; Versluis 44.1; Beck 48.6.

800m Run: Christmas 2:00.9; Kulseth 2:05.1; Fortson 2:05.7; Weisbuch 2:06.7; Callender ____; Widmalm-Delphonse 2:09.4; Ahmad 2:13.3; Deluca 2:14.5; Ochal 2:16.6; Burghardt 2:19.1; King 2:19.6; Fogel 2:21.1; Rivard 2:24.6; Cavell 2:26.3; Rameshbapu 2:26.7; Rajan 2:27.5; Anderson 2:28.2; Crawley 2:28.4; Strader 2:29.7; Held 2:30.8; Kimeldorf 3:02.1.

200m Dash: Thomas 23.3; Park 23.6; K. Callender 24.5; Arruda 24.7; Michalowski 24.8; Amin 24.9; Dottery 25.1; Phelan 25.5.

4 X 400m Relay: Pioneer (Park-56.8, D.Fortson-53.9, Gould-50.6, Hanss-53.3) ___; Pioneer (Weisbuch-54.4, Chaudhry-53.0, C.Fortson-56.5, Yonkoski-54.3) ___; Pioneer (K.Callender-58.1, Wade 55.1, Christmas-55.7, Versluis-59.7) ___; Pioneer (Amin-1:01.5, Voiles-58.9, Anderson-1:03.2, Ahmad-1:03.3) ___; Pioneer (Thomas-1:05.4, Arruda-1:10.0, Widmalm-Delphonse-59.2, Barden-1:02.4) ___.

The Ann Arbor News – May 15, 2005

HONOR ROLL

ATHLETE OF THE DAY

Erin Humphrey, Lincoln track – The junior won the 200- and 400-meter dashes, was on the winning 1,600 relay and finished second in the 100 dash at the Jackson Northwest Invitational.

OTHER TOP PERFORMERS

Rajae Marable, Pioneer track – The sophomore won the 100 hurdles and 100 dash, was on the winning 400 relay and was second in the long jump at the Lakeland Invitational.

LaPell Powell, Ypsilanti track – The junior won the 200 and 400 as Ypsilanti won at Huron's River

Rat Invitational

Peter Christmas, Pioneer track – He won the 800 and 1,600 as Pioneer won its invitational.

Sean Yergeau, Lincoln lacrosse – He had six goals and three assists in the unbeaten Rat-splitters' 18-0 win over Davison.

David Irwin, Ypsilanti baseball – The junior right-hander threw a three-hitter with one strikeout and two walks in his first varsity win, a 2-1 decision over Huron.

Tom Brelfin, Manchester baseball – In three games, the senior pitcher-first baseman had eight hits, including a 5-for-5 game, and seven RBIs. He also pitched a five-hitter as the Flying Dutchmen placed second at the Britton-Deerfield Tournament.

Track champs: Pioneer, Ypsilanti boys; Pinckney girls

Teams excel at Pioneer, Huron-hosted events

From Local Reports

Two area prep track meets produced three area team champions Saturday. The Pioneer High School boys team won the invitational it hosted across town at Huron's River. Rat Invitational, the Pinckney girls and the Ypsilanti boys were champions.

Ypsilanti scored 140 points. The next two were Berario (68.5) and Pinckney (67). LaPell Powell led Ypsilanti by

winning the 200- and 400-meter dashes. He was the meet's boys track most valuable athlete. The Braves also got individual wins from Woodell Payne (long jump) and Ken Drummond (shot put), and the Braves won the 400 and 1,600 relays.

Other area individual champs were Huron's Ryan Tubb (110 hurdles), Saline's Vincent Hamlin (discus), Greenhills' Will Rhoden (high jump) and Sean Masters (100), and Pinckney's Ian Boyle (1,500) and Nick Katsouris (3,200). Saline won the 3,200 relay. Hamlin was the field event MVP. Pinckney won the girls title with 184.5 points. Livonia

Churchill was second (110) and Saline third (77.8).

Pinckney's individual champs were Sara Drumball (100 hurdles, 300 hurdles), Lindsay Long (long jump), Chelsen Oestreich (shot put), Bailey Smeiers (high jump) and Lynsey Ardigo (3,200). The Pirates won the 800 relay.

Other local winners were Huron's Brianna Scott (100 dash) and Liz Levostinski (800), Greenhills' Alexa Glancie (1,600), and Saline's Michael Brokus (pole vault).

Pioneer's boys won their meet with 191 points and Brighton was second with 108. Dearborn was third (100.5).



Jackson J.V. Inv. @ Jackson H.S. – May 18, 2005

- Shot Put:** (1) Vance 41-0.50; (2) Hindere (Chelsea) 41-0; (3) DeVol (Chelsea) 39-06.75; (4) Copedge (Everett) 39-03; (5) Norton (Holt) 39-01; (6) Ernst (Chelsea) 38-10.50.
- Discus:** (1) Ganong (Grand Ledge) 132-09.50; (2) Phan (East Lansing) 122-07; (3) Wright (Grand Ledge) 119-03; (4) Abair (Saline) 116-08.50; (5) J. Fortson (Pioneer) 115-10.50; (6) Johnson (Chelsea) 112-08.
- High Jump:** (1) Paquette (Grand Ledge) 5-08; (1) Deming (Grand Ledge) 5-08; (3) Clayton (Jackson) 5-06; (3) Newton (Okemos) 5-06; (3) Varma (Huron) 5-06; (3) Kantola (Dexter) 5-06.
- Long Jump:** (1) Umstend (Dexter) 18-09.50; (2) Lottes (Waverly) 18-05; (3) Robledo (Everett) 18-04.75; (4) Dyer (Grand Ledge) 18-0; (5) Bushong (Grand Ledge) 17-10; (6) Baker (Adrian) 17-0.
- Pole Vault:** (1) Mauer (Grand Ledge) 10-06; (2) Schooley (Grand Ledge) 10-0; (3) Arnett (Adrian) 9-0; (4) Moustafa (East Lansing) 9-0; (4) Stegenga (Saline) 9-0; (4) Monahan (Saline) 9-0.
- 4 X 800m Relay:** (1) Pioneer (Widmalm-Delphonse, Barden, Ahmad, Ochal) 8:35.2; (2) Saline 8:37.0; (3) Grand Ledge 8:42.7; (4) Okemos 8:50.0; (5) Huron 9:03.0; (6) Dexter 9:32.2.
- 100m High Hurdles (39"): (1) Voiles (Pioneer) 16.32; (2) McGrath (Chelsea) 16.53; (3) Lamont (Everett) 16.54; (4) Varma (Huron) 16.98; (5) Croom (East Lansing) 17.10; (6) Crawford (Western) 17.27; Versluis (Pioneer) 18.5.**
- 100 m Dash:** (1) Davidson (Lincoln) 11.17; (2) Dunn (Sexton) 11.39; (3) Zill (Saline) 11.53; (4) Murchison (Holt) 11.60; (5) Smith (Pioneer) 11.62; (5) Todd (Holt) 11.62; Amin (Pioneer) 11.8; Callender (Pioneer) 12.0; Jones (Pioneer) 12.0; Dottery (Pioneer) 12.1; Arruda (Pioneer) 12.2; McGuckin (Pioneer) 12.2; Wells (Pioneer) 12.2; Phelan (Pioneer) 12.3; Marchello (Pioneer) 12.4; Zhang (Pioneer) 12.4; Mosberg (Pioneer) 12.7; Jiang (Pioneer) 14.0.
- 4 X 200m Relay:** (1) Sexton 1:38.4; (2) Adrian 1:39.0; (3) Grand Ledge 1:39.5; (4) Lincoln 1:39.9; (5) East Lansing 1:40.7; (6) Saline 1:41.1; Pioneer (D.Fortson, Voiles, Versluis, Weisbuch) DQ.
- 1600m Run:** (1) Oliverio (Saline) 4:49.8; (2) Masters (Grand Ledge) 4:51.8; (3) Corbett (Pioneer) 4:52.8; (4) Itkin (Huron) 4:53.9; (5) Martin (Dexter) 4:54.6; (6) Baughman (Okemos) 4:55.5; (7) Novak (Saline) 4:57.5; (8) King (Pioneer) 4:57.8; (9) George (Saline) 5:00.2; Fogel (Pioneer) 5:09; Del Zoppo (Pioneer) 5:10.1; Rivard (Pioneer) 5:10.5; Rajan (Pioneer) 5:12.3; Henrichs (Pioneer) 5:15.5; Strader (Pioneer) 5:22.8; Rameshbapu (Pioneer) 5:36.4; Kimeldorf (Pioneer) 6:03.3.
- 4 X 100m Relay:** (1) Everett 46.1; (2) Sexton 46.7; (3) Lincoln 46.9; (4) Pioneer (Amin, K.Callender, Jones, Arruda) 47.0; (5) Holt 47.3; (6) Adrian 47.6; Pioneer (Beck, McGuckin, Phelan, Mosberg) 48.2.

400m Dash: (1) D. Fortson (Pioneer) 52.2; (2) C. Fortson (Pioneer) 53.4; (3) Wade (Pioneer) 53.9; (4) Galvin (Adrian) 55.1; (5) Mason (Grand Ledge) 55.4; (6) Newton (Okemos) 55.7.

300m Intermediate Hurdles (36"): (1) Varma (Huron) 43.1; (2) Jackson (Sexton) 43.4; (3) Zill (Saline) 43.9; (4) Gilliland (Grand Ledge) 44.2; (5) Carpenter (Chelsea) 45.0; (6) Versluis (Pioneer) 45.2.

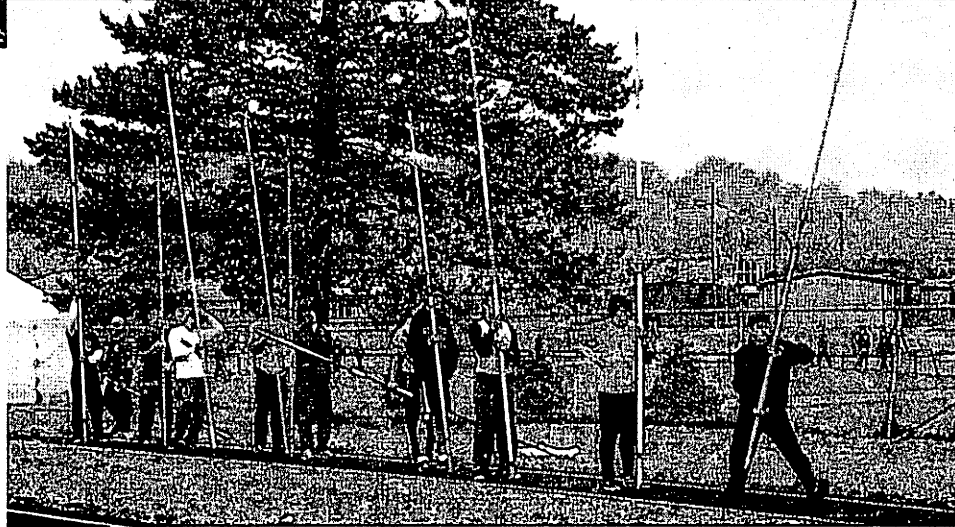
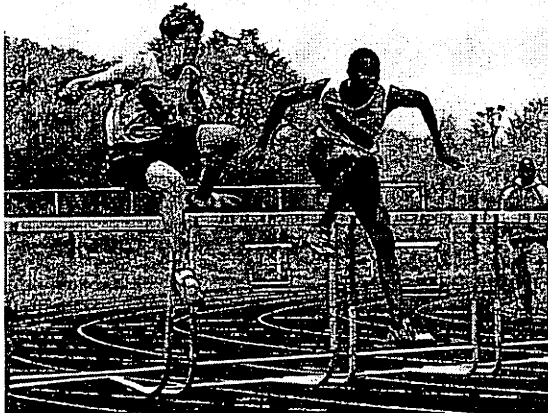
800m Run: (1) Widmalm-Delphonse (Pioneer) 2:07.5; (2) Wilson (Adrian) 2:07.9; (3) Dyer (Grand Ledge) 2:08.9; (4) Ahmad (Pioneer) 2:09.2; (5) Nixon (Grand Ledge) 2:09.9; (6) Tatsak (Adrian) 2:10.0.

200m Dash: (1) Davidson (Lincoln) 23.1; (2) Vick (Everett) 23.7; (3) Umstead (Dexter) 24.0; (3) Robledo (Everett) 24.0; (5) Hayes (Everett) 24.3; (6) Jackson (Sexton) 24.4; Arruda (Pioneer) 24.3; Amin (Pioneer) 24.7; Smith (Pioneer) 24.9; Dottery (Pioneer) 25.2; McGuckin (Pioneer) 25.2; Callender (Pioneer) 25.4; Zhang (Pioneer) 25.7; Phelan (Pioneer) 26.1; Mosberg (Pioneer) 26.4; Wells (Pioneer) 26.4; Jiang (Pioneer) 28.8.

3200m Run: (1) Cavell (Pioneer) 10:25.8; (2) Williams (Grand Ledge) 10:44.2; (3) Flegel (Grand Ledge) 10:45.1; (4) Kentner (Grand Ledge) 10:45.3; (5) Lucas (Grand Ledge) 10:47.7; (6) Rhine (Saline) 10:48.6; (7) Engle (Adrian) 11:21.0; (8) Gomez (Adrian) 11:27.0; (9) Fogel (Pioneer) 11:27.2.

4 X 400m Relay: (1) Pioneer (Wade, D.Fortson, Weisbuch, C.Fortson) 3:35.1; (2) Pioneer (Barden, Widmalm-Delphonse, K.Callender, Versluis) 3:45.5; (3) Sexton 3:45.6; (4) Grand Ledge 3:46.9; (5) Huron 3:48.2; (6) Okemos 3:50.0; (7) Saline 3:51.8; (8) Saline 3:51.9; (9) Everett 3:54.6





Ahmed Chaudhry

- School Pioneer
- Class: Senior
- Sports: Football and track and field
- Top sports moment: Competing at the Adidas outdoor championships in North Carolina
- Hobby: Playing basketball
- Favorite subject: Health Sciences
- Athlete I admire: Muhammad Ali
- Community/school involvement: Chaudhry volunteers in the physical therapy department at the University of Michigan Hospital
- Academics: 3.6 GPA
- Future: Chaudhry will attend Albion College in the fall

*The Ann Arbor News -
May 29, 2005*

Regional Track (Division 1) Championships @ Ypsilanti Lincoln – May 20, 2005

Men - Team Rankings – 17 Events Scored: (1) Ypsilanti Lincoln-108; (2) Saline-81; (2) Romulus-81; (4) Ann Arbor Pioneer-50; (5) Monroe-39; (6) Ann Arbor Huron-35; (7) Jackson Vikings-31.50; (8) Temperance Bedford-29; (9) Truman Cougars-25; (10) Belleville-22; (11) John F. Kennedy-15.50; (12) Woodhaven-5; (13) Lincoln Park-4; (14) Southgate Anderson-1; (15) Wyandotte Roosevelt-0.

Shot Put: (1) Helmuth (Saline) 53-04; (2) Everett (Saline) 48-07.50; (3) Hanks (Ypsi Lincoln) 48-04.50; (4) Fonville (Pioneer) 47-08.50; (5) Woods (Belleville) 47-04.50; (6) Kish (Woodhaven) 46-03.

Discus: (1) Helmuth (Saline) 174-02; (2) Casey (Ypsi Lincoln) 146-06; (3) Hawkins (Monroe) 145-01; (4) Woods (Belleville) 138-04; (5) Valentine (Romulus) 133-11; (6) Foster (Huron) 132-0.

High Jump: (1) D. Brooks (JFK) 6-05; (2) Gatlin (Ypsi Lincoln) 6-03; (2) Price (Romulus) 6-03; (4) Brown (Jackson Vikings) 6-01; (4) McGehee (Ypsi Lincoln) 6-01; (6) Hoy (Saline) 5-11; (6) T. Brooks (JFK) 5-11; **White (Pioneer) 5-11?**

Long Jump: (1) Williams (Ypsi Lincoln) 23-05.50; (2) Harrell (Truman Cougars) 22-05.50; (3) Foreman (Ypsi Lincoln) 21-10.50; (4) Badowsky (Lincoln Park) 21-09.50; (5) Brooks (JFK) 21-07; (6) Chaudhry (Pioneer) 21-05.

Pole Vault: (1) Lynch (Temperance Bedford) 15-0; (2) Sweigart (Pioneer) 14-0; (3) Althaus (Saline) 13-0; (3) Cousineau (Temperance Bedford) 13-0; (3) Fulton (Ypsi Lincoln) 13-0; (3) McMillan (Huron) 13-0.

4 X 800m Relay: (1) Saline 8:04.30; (2) Pioneer (Christmas, Kulseth, C.Fortson, Gould) 8:06.30; (3) Ypsi Lincoln 8:18.30; (4) Monroe 8:23.10; (5) Belleville 8:39.70; (6) Woodhaven 8:40.60.

110m High Hurdles (39"): (1) Kinney (Romulus) 14.20; (2) Tabb (Huron) 14.50; (3) Tilmon (Romulus) 14.70; (3) McGehee (Ypsi Lincoln) 14.70; (5) Phillips (Belleville) 14.80; (6) Brooks (JFK) 15.0; **D. Fortson (Pioneer) 16.4 (prelim) & 16.1 (semi); Hanss (Pioneer) 15.7 (prelim) & 15.6 (semi).**

100 m Dash: (1) Williams (Jackson Vikings) 10.70; (2) Harrell (Truman Cougars) 11.00; (2) Johnson (Ypsi Lincoln) 11.00; (4) Williams (Ypsi Lincoln) 11.10; (5) Crawford (Romulus) 11.30; (5) Bynum (Truman Cougars) 11.30; **I. Kim (Pioneer) 11.26 (prelim) & 11.3 (semi); J. Kim (Pioneer) 11.25 (prelim) & 11.1 (semi).**

4 X 200m Relay: (1) Ypsi Lincoln 1:29.90; (2) Romulus 1:30.60; (3) Jackson Vikings 1:31.60; (4) Belleville 1:32.20; (5) Huron 1:32.80; (6) Pioneer (Yonkoski, Hanss, Thomas, J.Kim) 1:32.90.

1600m Run: (1) Folk (Temperance Bedford) 4:23.10; (2) Daoud (Huron) 4:25.50; (3) Christmas (Pioneer) 4:27.20; (4) Bachman (Saline) 4:29.00; (5) Bishop (Saline) 4:35.20; (6) Breen (Woodhaven) 4:37.40; **Anderson (Pioneer) 4:42.9.**

4 X 100m Relay: (1) Ypsi Lincoln 43.20; (2) Truman Cougars 43.90; (3) Belleville 44.0; (4) Saline 44.60; (5) Huron 44.70; (6) Romulus 44.80; **Pioneer (Yonkoski, Chaudhry, Thomas, J.Kim) 44.8.**

400m Dash: (1) Evans (Monroe) 49.80; (2) Valentine (Romulus) 51.20; (3) Weisbuch (Pioneer) 51.80; (4) Park (Pioneer) 52.20; (5) Brown (Jackson Vikings) 52.60; (5) Ypoungblom (Saline) 52.60.

300m Intermediate Hurdles (36"): (1) Kinney (Romulus) 39.20; (2) Tilmon (Romulus) 39.60; (3) Wells (Romulus) 39.70; (3) McGehee (Ypsi Lincoln) 39.70; (5) Wilson (Huron) 39.90; (6) Chaudhry (Pioneer) 40.40; **D. Fortson (Pioneer) 41.6; Hanss (Pioneer) 40.4.**

800m Run: (1) Bishop (Saline) 1:56.80; (2) Patterson (Saline) 1:57.70; (3) Kyler (Ypsi Lincoln) 1:58.10; (4) Ariaz (Temperance Bedford) 1:58.60; (5) Bojaj (Woodhaven) 1:59.40; (6) Werner (Monroe) 2:00.10; **Barden (Pioneer) 2:05.3; Gould (Pioneer) 2:08.4.**

200m Dash: (1) Williams (Jackson Vikings) 21.60; (2) Williams (Ypsi Lincoln) 22.60; (3) Crawford (Romulus) 22.80; (4) Burns (Ypsi Lincoln) 22.90; (5) Brooks (JFK) 23.10; (6) Norwood (Southgate Anderson) 23.20; **Arruda (Pioneer) 24.1 (prelim); Thomas (Pioneer) 23.5 (prelim) & 23.4 (semi).**

3200m Run: (1) Wassus (Monroe) 9:28.00; (2) Sanseverino (Monroe) 9:36.70; (3) Lisull (Huron) 9:43.0; (4) Daoud (Huron) 9:44.60; (5) Bachman (Saline) 9:45.20; (6) Christmas (Pioneer) 9:53.20; **Marlatt (Pioneer) 10:14.6.**

4 X 400m Relay: (1) Pioneer 3:25.70; (2) Romulus 3:26.60; (3) Saline 3:27.20; (4) Ypsi Lincoln 3:28.0; (5) Belleville 3:38.10; (6) Huron 3:40.30.

S.E.C. League (Red Division) Championships @ Bedford – May 25, 2005

Men - Team Rankings - 17 Events Scored: (1) Saline-96; (2) Ann Arbor Pioneer-95; (3) Adrian-62; (4) Bedford-45.

Shot Put: (1) Helmuth (Saline) 51-11; (2) Everett (Saline) 48-01; (3) Fonville (Pioneer) 46-01; (4) Emerson (Adrian) 43-06.50.

Saline sneaks past Pioneer in boys track

From Local Reports

TEMPERANCE - When the final relay had been run, Saline High School boys track coach Jack Crabtree calculated his personal point totals and figured the Hornets had fallen short of Pioneer.

But when the official results were posted, Saline had done just enough to clinch a Southeastern Conference Red Division championship Wednesday, slipping past the Pioneers by one point.

"It was a great meet, no doubt about it," Crabtree said. "Both (Saline and Pioneer) hung in there close. It was a great day."

As expected, the meet came down to the day's final event - the 1,600 relay - which was the difference in Pioneer's dual-meet victory over Saline this year. Pioneer won, in 3:24.4, nipping Adrian (3:24.5) and Saline (3:24.5).

"It was just a great, great meet," Pioneer coach Don Sleeman said. "The kids just dug in."

Vince Helmuth provided Saline with a win in the shot put (51 feet, 11 inches), and Carter Bishop won the 800 run.

Discus: (1) Helmuth (Saline) 164-06.50; (2) Sebolt (Pioneer) 139-0; (3) Emmerson (Adrian) 131-09; (4) Everett (Saline) 128-0; (5) J. Fortson (Pioneer) 127-09.50.

High Jump: (1) Donovan (Bedford) 6-02; (2) Hoy (Saline) 6-0; (3) White (Pioneer) 5-10; (4) Pascoe (Saline) 5-08; (5) Abair (Saline) 5-06.

Long Jump: (1) Howard (Adrian) 21-09.75; (2) Chaudhry (Pioneer) 20-06; (3) Chang (Bedford) 20-01; (4) Althaus (Saline) 19-10.75; (5) Versluis (Pioneer) 19-02.25.

Pole Vault: (1) Lynch (Bedford) 14-0; (2) Sweigart (Pioneer) 13-06; (3) Hartbarger (Bedford) 13-0; (3) Althaus (Saline) 13-0; (5) Cousineau (Bedford) 12-0.

4 X 800m Relay: (1) Saline 8:07.2; (2) Pioneer (Christmas, Kulseth, C.Fortson, Weisbuch) 8:13.4; (3) Bedford 8:29.3; (4) Adrian 8:42.9.

110m High Hurdles (39"): (1) Hackett (Saline) 15.6; (2) Chaudhry (Pioneer) 16.0; (3) D. Fortson (Pioneer) 16.0; (4) Cousineau (Bedford) 16.2; (5) Voiles (Pioneer) 16.7; (6) Hanss (Pioneer) 16.9.

100 m Dash: (1) Russell (Adrian) 11.0; (2) Clayton (Saline) 11.4; (3) Trott (Saline) 11.5; (4) Dalton (Adrian) 11.6; (5) Walker (Adrian) 11.7; (6) J. Kim (Pioneer) 11.7.

4 X 200m Relay: (1) Adrian 1:31.5; (2) Saline 1:34.4; (3) Bedford 1:39.5; Pioneer DQ.

1600m Run: (1) Christmas (Pioneer) 4:19.9; (2) Bishop (Saline) 4:23.5; (3) Folk (Bedford) 4:23.6; (4) Bachman (Saline) 4:25.9; (5) Anderson (Pioneer) 4:35.6; (6) Begley (Saline) 4:40.6.

4 X 100m Relay: (1) Saline 43.7; (2) Adrian 44.2; (3) Pioneer (Yonkoski, Chaudhry, Thomas, J.Kim) 44.7; (4) Bedford 46.3.

400m Dash: (1) Laskowsky (Adrian) 50.4; (2) Weisbuch (Pioneer) 51.2; (3) Park (Pioneer) 51.2; (4) Patterson (Saline) 51.6; (5) Youngbloom (Saline) 52.2; (6) Araiz (Bedford) 52.3.

300m Intermediate Hurdles (36"): (1) Chaudhry (Pioneer) 39.5; (2) D. Fortson (Pioneer) 40.7; (3) Hanss (Pioneer) 41.3; (4) Cousineau (Bedford) 41.4; (5) Post (Saline) 42.3.

800m Run: (1) Bishop (Saline) 1:59.9; (2) Araiz (Bedford) 2:00.4; (3) Widmalm-Delphonse (Pioneer) 2:03.2; (4) L. Callender (Pioneer) 2:03.2; (5) Tucker (Bedford) 2:03.9.

200m Dash: (1) Russell (Adrian) 22.6; (2) White (Adrian) 23.1; (3) Laskowsky (Adrian) 23.2; (4) Yonkoski (Pioneer) 23.3; (5) Trott (Saline) 23.4.

3200m Run: (1) Christmas (Pioneer) 9:46.6; (2) Bachman (Saline) 9:59.4; (3) Folk (Bedford) 10:05.7; (4) Marlatt (Pioneer) 10:13.6; (5) Anderson (Pioneer) 10:16.9.

4 X 400m Relay: (1) Pioneer (Weisbuch, D.Fortson, Park, Hanss) 3:24.4; (2) Adrian 3:24.5; (3) Saline 3:24.7; (4) Bedford 3:38.2.

