

Track and field: Roundup



Wayne Memorial's Jennifer Anderson didn't hit paydirt in Rockford but she still placed fifth in the long jump.

Associated Press

Mumford stars in rerun

Girls top Pioneer for second straight title; Mumford boys team takes second.

By Ted Kalfan

ROCKFORD—A dominant group of sprinters helped the Detroit Mumford girls team win its second consecutive Division 1 state track and field championship Saturday.

Mumford grabbed control early and finished with 60 points. Ann Arbor Pioneer was second with 30 and Clarkston third 10.

Mumford senior Jessica Jones set a Division 1 record in winning the 400 meters in 52.23. She also won the 200 in 50.05 and was part of the Division 1 record-winning 800 relay (6:22.2).

Sophomore Shylia Mahan set a Division 1 record in the 800 (5:09 seconds), and was part of the winning 400-1,600 relay (10:12.2).

"We didn't take anything for granted," Mumford coach Marc Parker said. "We know if we run the way we're capable of, we'll do well. But we have so much respect for the Pioneer program and the quality of that team, we knew it would be difficult."

fact. Our girls did prove themselves today."

In the boys meet, Flint Carmans-Ainsworth Junior Ahmad Rashad anchored the winning 1,600 relay and clinched the Cavalier victory over Mumford — in the race and meet.

"I gave it everything I had," said Rashad of his 47-second split in the relay (team time of 20:29). Mumford's was 2:00. "We weren't sure (about the standings). I knew it was close. That was tough. It was a real tough day."

Carmans-Ainsworth had 53 points. Mumford 43. Romulus 35 and Preckory 20.5.

Despite ailing foot and flu, Rashad won the 100 (in a Division 1 record 10:07 seconds) and 200 (1:25, missing the state mark of 1:13) and also anchored the second-place 400 relay.

Just two days after the funeral of his mother, Kathryn Rashad, Rashad put on a memorable performance, having a hand in 38 of Carmans-Ainsworth's 53 points.

"It was a tough week but I just had to get through it," said Rashad, who on Tuesday in the county meet ran the nation's best high-school time in the 200 (1:05). "The victory was extra satisfying for Carmans-Ainsworth."

which was second to Mumford at last year's state championship.

Several athletes had standout performances.

Senior Ekana Dunning (Kalamazoo Central) retethered third state championship in the shot put with a throw of 43 feet.

Clarkston junior Henry Morgan won the 1,600 and 3,200, and was part of the winning 3,200 relay that set an all-division record of 9:55, chopping eight seconds off the old mark.

Grand Blanc senior Geneva Gall lowered her all-division mark in the 800 (5:09.00).

Livonia Churchill junior Ryan Sims set a Division 1 record in the pole vault (15 feet).

Muskegon senior Justin Switzer defended his 1,600 championship, running 4:09.8.

Division 3
At Comstock Park High School, Frankforton took the Division 3 boys title with 29 points, edging Detroit Country Day which had 21.5.

Nyle Holman of Country Day won the long jump with a leap of 27 inches. The Country Day boys relay team of **James Gray, Erik Williams, Martin Canfield and Chris Backer** finished first in 1:29.6.

In the girls competition, Goodrich was a runaway winner with 53 points. Aikton was second with 44 and Detroit Crockett finished third (19 points).

Early Cross of Annada finished first in the high jump, clearing 7 feet, 2 inches. **Raphe Calloway** of Detroit Crockett won the 800 dash with a time of 2:13 seconds.

Division 4
The dynamic foursome of **David Calmes, Thaddeus Whalton, Cortez Smith and Anthony Bowman** combined to win the 400 and 800 relays at Detroit St. Martin dePorres took the boys title with 53 points. Fowler was second with 42.

William Fulmer of Inkster won the 800 dash in 2:27. Saginaw Valley Lutheran edged Rochester Hills Lutheran Northwest for the girls title, 46-44.

Lutheran Northwest's 3,200 relay team of **Laura Bell, Lindsay Louder, Telle Bell and Heather McDaniel** finished first in 11:13.14. **Sophie Bracken** of Birmingham keeper won the discs, with a throw of 127-7. **Manique Lee** of New Haven took the 800 dash in 2:42.

You can reach Ted Kalfan at (313) 224-6006, or ted.kalfan@dfpnews.com. Detroit News wire services contributed.

Track and field: Division 2

Renaissance, Ypsilanti's Ofili star

Detroit school wins girls' track title, while Ofili races to three first-place finishes.

By Don Vander Veen

SPRINT TO THE DETROIT NEWS
CALEDONIA — After a one-year hiatus, Detroit Renaissance reclaimed its reign as the top girls track team by running away with Saturday's Division 2 state championship at Caledonia High School.

The Renaissance girls who saw their streak of consecutive state titles end at seven with a runner-up finish to Ypsilanti in 2004 — returned to their championship form behind strong performances from Elenia Logan, Amber Hey, Kiam Smith, Renee Henderson, Lesley Hale, Laki Alborn, Shary Hale and Kelly Sampson.

Entering the final event, Renaissance had already built an insurmountable lead over second-place Ypsilanti. For good measure, the 1,600-relay team of Logan, Hale, Sampson and Hey won the event by more than four seconds over Mt. Pleasant for a final total of 80 points, 42 ahead of second-place Ypsilanti (38). Cadillac was third with 25, followed by Lansing Waverly (13) and Grand Rapids Kenowa Hills (12).

"We were upset about not winning last year," Renaissance coach Rick Mivler said. "We wanted eight straight, but Ypsilanti took it away from us. The girls ran extremely well today. It was a great team effort."

Renaissance also won the 200 relay and 800 relay, and was second in the 400 relay. Flanders, a freshman, won the 800, while another Renaissance ninth-grader, Shary Hale, was third in the 800.

Competing in her final high school event, Ypsilanti senior Tiffany Ofili rocked out of the state's most prolific track and field careers with three first-place finishes, including two state records.

Ofili set a Division 2 state record with a long jump of 48-1.25 and set a new standard in the 100 hurdles at 1:29. She also won the 300 hurdles and was second to Cadillac's Alanna Cole in the 300. Cole doubled up as the 300-meter champion.

Ofili, who is headed to the University of Michigan to continue her education and run track, ended her high school career as a seven-time state champion and 10-time medalist.

Katherine Johnson of Birmingham Marian was the state champion in the high jump at 5-foot-7.

Don Vander Veen is a Prentiss writer.

State DFP 6-4-2005

Clipped By:



jeffhollobaugh
Tue, Jan 1, 2019