

10/28/06

MEN'S CROSS COUNTRY

5K RUN

AT GRAND VALLEY STATE UNIV.

10/28/06

MEN'S 5K RUN (Team Results) -- G R Forest Hills Eastern 42; Calendonia 85; Grand Rapids Christian 94; Hastings 110; Cedar Springs 138; Grand Rapids Forest Hills Northern 167; Grand Rapids Catholic Central 204; Middleville Thornapple Kellogg 237; East Grand Rapids 238; Grand Rapids Northview 266; Lake Odessa Lakewood 291; Grand Rapids Creston 315; Grand Rapids Central 389; Grand Rapids Ottawa Hills 426.

MEN'S 5K RUN (Individuals) -- 1. Tyler Emmorey, Cedar Springs, 17:42.8; 2. Alex Bergquist, G R Forest Hills Eastern, 18:11.2; 3. Ryan Bosma, Hastings, 18:13.4; 4. Justin Kucharczyk, Calendonia, 18:15.9; 5. Seth Bjorlie, G R Forest Hills Eastern, 18:16.2; 6. Ethan Sims, Grand Rapids Creston, 18:21.7; 7. Alex Tenelshof, Calendonia, 18:22.2; 8. Keith Winchester, Middleville Thornapple Kellogg, 18:28.1; 9. Jimmy McKeiver, Grand Rapids Catholic Central, 18:30.3; 10. Louis Albertini, G R Forest Hills Eastern, 18:31.7; 11. Gabe Gunnink, Grand Rapids Christian, 18:32.1; 12. Chad Scott, G R Forest Hills Eastern, 18:32.8; 13. Adam Leenheer, G R Forest Hills Eastern, 18:33.3; 14. Will VandenHeuvel, Grand Rapids Christian, 18:39.6; 15. Alex Green, Grand Rapids Northview, 18:40.4; 16. A.J. Singleterry, Hastings, 18:41.7; 17. Dan Rietberg, Grand Rapids Christian, 18:47.7; 18. Nick Lannen, Grand Rapids Forest Hills Northern, 18:54.0; 19. Geoffrey Albaugh, Grand Rapids Catholic Central, 18:55.7; 20. Erik Bates, G R Forest Hills Eastern, 18:59.4; 21. Glenn Galle, Cedar Springs, 19:01.5; 22. Jay Ferris, G R Forest Hills Eastern, 19:01.8; 23. Luke Taylor, Calendonia, 19:02.0; 24. Luke DeJong, Grand Rapids Christian, 19:03.9; 25. Brian Wilder, Calendonia, 19:07.2; 26. Ben Diefenbach, Calendonia, 19:07.5; 27. Jesse Ellwood, Hastings, 19:09.2; 28. Eric Doornbos, Grand Rapids Christian, 19:10.1; 29. Zeth Hearld, Grand Rapids Forest Hills Northern, 19:12.0; 30. Alex Kimble, Hastings, 19:17.9; 31. Ethan Fuller, Middleville Thornapple Kellogg, 19:19.4; 32. Mike Stokley, Cedar Springs, 19:20.6; 33. Matt LaFave, Grand Rapids Forest Hills Northern, 19:20.9; 34. Troy Dailey, Hastings, 19:22.3; 35. Ethan Jonker, Belding, 19:24.2; 36. Scott Ammon, East Grand Rapids, 19:25.1; 37. Lukas VanderLinden, Grand Rapids Christian, 19:30.4; 38. Kort Alexander, Calendonia, 19:43.6; 39. Tyler Case, Cedar Springs, 19:54.0; 40. Lukas Weekley, Grand Rapids Christian, 19:54.9; 41. Dane Schils, Hastings, 19:56.5; 42. Billy Quint, Lake Odessa Lakewood, 19:57.0; 43. Shane Hanson, Grand Rapids Forest Hills Northern, 19:59.8; 44. Andrew Spiker, East Grand Rapids, 20:00.6; 45. Tyler Lancaster, Hastings, 20:04.6; 46. Jerrad Hoxie, Grand Rapids Forest Hills Northern, 20:06.9; 47. Tylor Smith, Cedar Springs, 20:09.8; 48. Nick Cramer, Calendonia, 20:10.9; 49. Andy Malnor, East Grand Rapids, 20:12.3; 50. Calvin Baker, Grand Rapids Northview, 20:12.6.

51. Blake Blocker, Lake Odessa Lakewood, 20:12.9; 52. Nick Bongiorno, Grand Rapids Catholic Central, 20:17.9; 53. Jake Gebhardt, Cedar Springs, 20:22.2; 54. David Ordway, Middleville Thornapple Kellogg, 20:28.7; 55. Miguel Martinez, Lake Odessa Lakewood, 20:29.3; 56. Travis Verdier, East Grand Rapids, 20:30.6; 57. Kenneth Gildersleeve, Grand Rapids Forest Hills Northern, 20:34.2; 58. Mike Lewis, East Grand Rapids, 20:36.5; 59. Alec Trierweiler, East Grand Rapids, 20:39.1; 60. Adam Looman, Grand Rapids

Northview, 20:41.6; 61. Andrew Stepanovich, Grand Rapids Forest Hills Northern, 20:43.8; 62. Logan McIntyre, Cedar Springs, 20:45.7; 63. Dan Walen, Grand Rapids Catholic Central, 20:46.9; 64. John VanHammen, Grand Rapids Catholic Central, 20:51.7; 65. Nathan Weeks, Belding, 20:53.1; 66. Brian Chambers, Grand Rapids Northview, 20:58.1; 67. Brandon Quillan, Grand Rapids Creston, 21:00.3; 68. Dwayne Clark, Grand Rapids Central, 21:04.1; 69. Miguel Abreiu, Grand Rapids Central, 21:04.4; 70. Kevin Brainard, Grand Rapids Catholic Central, 21:10.2; 71. Alex Axtell, East Grand Rapids, 21:10.5; 72. Raymond Jackson, Grand Rapids Ottawa Hills, 21:11.4; 73. Tim Nagi, Lake Odessa Lakewood, 21:13.0; 74. Mike Berryman, Middleville Thornapple Kellogg, 21:15.2; 75. JR Nathan LaVire, Middleville Thornapple Kellogg, 21:31.5; 76. Nic Wise, Grand Rapids Catholic Central, 21:33.2; 77. Richie Noyce, Lake Odessa Lakewood, 21:34.8; 78. Luis Fabian, Grand Rapids Central, 21:47.6; 79. Jason Sterkenburg, Lake Odessa Lakewood, 21:52.2; 80. Niko Brown, Grand Rapids Creston, 22:03.5; 81. Ben Ripley, Grand Rapids Northview, 22:22.9; 82. Mike Pifer, Lake Odessa Lakewood, 22:23.4; 83. Tim Olsen, Middleville Thornapple Kellogg, 22:28.0; 84. Derico Sanders, Grand Rapids Creston, 22:31.3; 85. Cameron Doyle, Grand Rapids Northview, 22:51.5; 86. Matt Hight, Grand Rapids Creston, 22:51.8; 87. Tim Etter, Middleville Thornapple Kellogg, 23:12.5; 88. Kevon Alexander, Grand Rapids Ottawa Hills, 23:20.0; 89. Dan Hess, Grand Rapids Central, 23:27.3; 90. Ben Wayward, Grand Rapids Northview, 23:27.7; 91. Norvon Cottingham, Grand Rapids Ottawa Hills, 23:50.9; 92. Josh Deeren, Belding, 24:10.3; 93. Ethan Aikens, Belding, 24:22.3; 94. Montay Lee, Grand Rapids Ottawa Hills, 24:30.9; 95. Michael Baker, Grand Rapids Ottawa Hills, 24:35.9; 96. James Shamel, Grand Rapids Creston, 25:24.1; 97. Luis Torres, Grand Rapids Central, 25:37.8; 98. Jacob Russell, Grand Rapids Creston, 26:53.1; 99. Luke Baylis, Belding, NF; 100. Ryan Brady, Belding, NF.

101. Travis Rauch, Belding, NF; 102. Randy Boston, Grand Rapids Ottawa Hills, NF; 103. Kenneth Dandridge, Grand Rapids Ottawa Hills, NF; 104. Yardail Perdue, Grand Rapids Ottawa Hills, NF.

10/28/06

WOMEN'S CROSS COUNTRY

5K RUN

AT GRAND VALLEY STATE UNIV.

10/28/06

WOMEN'S 5K RUN (Team Results) -- Grand Rapids Christian 45; East Grand Rapids 55; G R Forest Hills Eastern 100; Grand Rapids Forest Hills Northern 129; Cedar Springs 142; Grand Rapids Catholic Central 180; Calendonia 203; Middleville Thornapple Kellogg 213; Hastings 233; Grand Rapids Northview 240; Lake Odessa Lakewood 274; Belding 340.

WOMEN'S 5K RUN (Individuals) -- 1. Alyssa Penning, Grand Rapids Christian, 20:28.6; 2. Rebecca Winchester, Middleville Thornapple Kellogg, 21:09.1; 3. Katy Cramer, Cedar Springs, 21:22.6; 4. Nikki Brown, East Grand Rapids, 21:23.9; 5. Raeanne Lohner, East Grand Rapids, 21:26.1; 6. Ashley Botham, G R Forest Hills Eastern, 21:41.3; 7. Carly Plank, Grand Rapids Northview, 21:44.6; 8. Alison Tuuk, Grand Rapids Christian, 21:44.9; 9. Stephanie Malburg, Grand Rapids Forest Hills Northern, 21:54.7; 10. Stephanie Rossman, Calendonia, 21:56.1; 11. Bailey Benson, Grand Rapids Christian, 22:02.3; 12. Andrea Beukema, Grand Rapids Christian, 22:02.5; 13. Tina Bolt, Grand Rapids Christian, 22:05.8; 14. Kristina Buschle, East Grand Rapids, 22:06.1; 15. Jenny Dunten, East Grand Rapids, 22:09.4; 16. Leah Warners, Grand Rapids Christian, 22:14.2; 17. Lauren Grunewald, East Grand Rapids, 22:15.0; 18.

Brianna Clifford, East Grand Rapids, 22:17.8; 19. Kelsey Schonhard, Grand Rapids Catholic Central, 22:18.8; 20. Kelli VanderLaan, Grand Rapids Christian, 22:23.0; 21. Haley Kammeraad, G R Forest Hills Eastern, 22:32.0; 22. Lauren Anderson, Hastings, 22:32.7; 23. Morgan Smith, G R Forest Hills Eastern, 22:36.8; 24. Morgan Bissell, G R Forest Hills Eastern, 22:38.2; 25. Nicolette Keller, Grand Rapids Forest Hills Northern, 22:45.0; 26. Anne Kennedy, G R Forest Hills Eastern, 22:45.6; 27. Jessika Blackport, Lake Odessa Lakewood, 22:48.2; 28. Breeann Ovokaitys, Cedar Springs, 23:02.0; 29. Stephanie Harthorn, Cedar Springs, 23:12.9; 30. Kelcie Daniels, Grand Rapids Forest Hills Northern, 23:13.1; 31. Katelin Hillier, Grand Rapids Forest Hills Northern, 23:16.1; 32. Emma Dalrymple, Grand Rapids Catholic Central, 23:19.3; 33. Allisa Brouwer, G R Forest Hills Eastern, 23:25.6; 34. Paige Bennett, Grand Rapids Forest Hills Northern, 23:30.6; 35. Melanie Truer, Middleville Thornapple Kellogg, 23:31.6; 36. Julie Kieling, Cedar Springs, 23:33.2; 37. Danielle Tooley, G R Forest Hills Eastern, 23:35.7; 38. Katie Samuelson, East Grand Rapids, 23:36.5; 39. Maria Ervin, Grand Rapids Forest Hills Northern, 23:38.4; 40. Kendel Grant, Calendonía, 23:52.0; 41. Emily Rossman, Calendonía, 23:59.8; 42. Jen Gast, Grand Rapids Catholic Central, 24:04.4; 43. Hannah Sluggett, Grand Rapids Catholic Central, 24:04.6; 44. Betsy Grant, Grand Rapids Catholic Central, 24:05.0; 45. Alyssa Case, Hastings, 24:05.9; 46. Erika Bauer, Cedar Springs, 24:15.3; 47. Kelly Ball, Grand Rapids Catholic Central, 24:16.5; 48. Emma Ordway, Middleville Thornapple Kellogg, 24:17.7; 49. Katie Ponsetto, Hastings, 24:18.0; 50. Alyssa Petz, Calendonía, 24:19.4.

51. Amanda Jackson, Grand Rapids Northview, 24:22.9; 52. Brooke Whitaker, Grand Rapids Forest Hills Northern, 24:24.2; 53. Molly Smith, Hastings, 24:24.9; 54. Kolanowski Kristen, Grand Rapids Northview, 24:26.6; 55. Mandy Mann, Cedar Springs, 24:30.1; 56. Emily Urban, Grand Rapids Central, 24:30.7; 57. Lesley Albert, Belding, 24:32.5; 58. Kelsey Webster, Middleville Thornapple Kellogg, 24:38.8; 59. Brittany Raffler, Lake Odessa Lakewood, 24:50.7; 60. Britnee Barta, Lake Odessa Lakewood, 25:03.3; 61. Mary Basel, Grand Rapids Northview, 25:10.9; 62. Sadie Catt, Lake Odessa Lakewood, 25:13.8; 63. Maddie Zych, Calendonía, 25:15.3; 64. PeriAnne Murphy, Calendonía, 25:15.9; 65. Kayleigh DelCotto, Hastings, 25:16.8; 66. Christine Kemme, Belding, 25:18.8; 67. Sunny DeJong, Calendonía, 25:35.8; 68. Emily Evers, Grand Rapids Catholic Central, 25:37.9; 69. Abby Murphy, Grand Rapids Northview, 25:43.6; 70. Natalie Blackmer, Lake Odessa Lakewood, 25:46.9; 71. Tonya Videan, Belding, 25:53.4; 72. Kylie Schultz, Middleville Thornapple Kellogg, 25:57.0; 73. Emily VanSlooten, Grand Rapids Northview, 25:59.5; 74. Janelle Wiesen, Belding, 26:06.0; 75. Monica Dean, Cedar Springs, 26:14.7; 76. Kate Wilson, Middleville Thornapple Kellogg, 26:16.7; 77. Aabett Powell, Belding, 26:32.8; 78. Leah Niemchick, Grand Rapids Northview, 26:35.5; 79. Kate Dykhuis, Grand Rapids Creston, 26:47.8; 80. Alyssa Thornton, Hastings, 26:58.4; 81. Madelaine McCann, Grand Rapids Central, 27:48.2; 82. Becky Davis, Hastings, 28:09.8; 83. Kelsey Krey, Middleville Thornapple Kellogg, 28:57.3; 84. Brianna Huyck, Grand Rapids Creston, 31:41.9; 85. Mikayla Treynor, Belding, NF; 86. Alyssa Bauer, Lake Odessa Lakewood, NF.