

MHSAA LP Regional 14-02 - 10/30/2015 8:18:59 PM  
Uncle John's Cider Mill, St. Johns, MI

Varsity Girls 5000 Meter Run

Name	Yr	Team	Time	Pts
1 Hannah Adler	10	DeWitt	19:07.30	1
2 Kate O'Connell	10	East Grand Rapids	19:12.40	2
3 Jami Reed	9	Ada Forest Hills Eas	19:15.70	3
4 Katie Vitou	10	DeWitt	19:23.30	4
5 Ashley Shipps	9	DeWitt	19:24.10	5
6 Cecelia Stalzer	9	Mason	19:24.40	6
7 Amanda Young	11	Haslett	19:25.20	7
8 Ollie Updike	10	Fowlerville	19:35.30	8
9 Audrey Whiteside	9	East Grand Rapids	19:36.20	9
10 Sarah Cannon	10	East Grand Rapids	19:37.30	10
11 Abby Theodorsdottir	9	East Grand Rapids	19:37.50	11
12 Rachel Vanboxtel	12	Ada Forest Hills Eas	19:38.30	12
13 Lauren Lasceski	9	St. Johns	19:38.50	13
14 Alyssa Baumgarten	12	Williamston	19:46.40	14
15 Hannah Jones	10	Williamston	19:47.50	15
16 Claire Benedict	9	Ada Forest Hills Eas	19:49.10	16
17 Charlotte Etienne	12	East Grand Rapids	19:52.40	17
18 Bridget Parker	12	Fowlerville	19:58.10	18
19 Anna Laffrey	12	East Grand Rapids	20:00.90	19
20 Ellie Drake	11	East Grand Rapids	20:01.10	20
21 Chloe Wandell	10	Ionia	20:06.00	21
22 Jen Eaton	12	St. Johns	20:07.40	22
23 Emma Roedel	12	Fowlerville	20:08.70	23
24 Lidia Clarizio	10	Haslett	20:11.00	24
25 Teresa Myles	12	Belding	20:13.40	25
26 Allyson Diebel	9	Ionia	20:17.30	26
27 Milah Montle	12	St. Johns	20:17.50	27
28 Madison Pullen	11	Ada Forest Hills Eas	20:20.10	28
29 Victoria Wittenbach	10	Belding	20:32.50	29
30 Brecken Simon	11	St. Johns	20:36.80	30
31 Amberlee Kreis	11	Williamston	20:38.70	31
32 Madeline Guter	10	Ada Forest Hills Eas	20:39.60	32
33 Gabrielle Harris	11	Williamston	20:41.80	33
34 Emily Wohlfert	12	St. Johns	20:49.20	34
35 Stephanie Robinson	10	DeWitt	20:49.70	35
36 Ashley Brzozowski	12	DeWitt	20:56.50	36
37 Natale Yabs	9	DeWitt	20:56.70	37
38 Anna Bowman	9	Ada Forest Hills Eas	20:56.90	38
39 Kara Johnson	10	DeWitt	20:57.70	39
40 Susanna Henry	10	Haslett	20:58.10	40
41 Kassidi Gross	10	Belding	20:59.70	41
42 Alexa Syrjala	11	Belding	21:04.70	42
43 Kaylee Shattuck	12	Ionia	21:12.60	43
44 Kiersten Reeves	11	Ionia	21:15.00	44
45 Anna McCastle	9	St. Johns	21:19.40	45
46 Rachel Rigotti	10	Fowlerville	21:20.60	46
47 Callie Jones	11	Mason	21:29.60	47
48 Jessica Pekrul	10	Haslett	21:29.80	48
49 Emma Busch	11	Haslett	21:31.80	49
50 Lauren Sinnaeve	9	Mason	21:40.10	50

51	Kathleen Stattelma	10	Williamston	21:42.20	51
52	Megan Ivey	12	Williamston	21:46.40	52
53	Mariah Fedewa	9	Portland	21:49.90	53
54	Morgan Redetzke	12	Ada Forest Hills Eas	21:54.60	54
55	Ellie Mallek	11	Portland	22:09.80	55
56	Emily Peterson	9	Ionia	22:10.10	56
57	Amanda Maurer	10	Williamston	22:10.30	57
58	Hannah Gruber	9	Portland	22:13.50	58
59	Payton Simon	10	St. Johns	22:15.00	59
60	Lauren McDowell	10	Belding	22:15.20	60
61	Ryaira Hester	12	Lansing Waverly	22:16.50	61
62	Kailen Brennan	10	Portland	22:21.90	62
63	Maelynn Huhn	9	Portland	22:34.30	63
64	Samantha Long	12	Lansing Waverly	22:42.50	64
65	Kelsey Stahlin	12	Belding	22:42.70	65
66	Sophia Spalding	9	Fowlerville	23:12.70	66
67	Leah Higgins	12	Fowlerville	23:32.80	67
68	Rachel Hamilton	12	Haslett	23:35.90	68
69	Courtney Rife	10	Fowlerville	23:42.20	69
70	Haley Presley	9	Mason	24:06.40	70
71	Brittnee Morey	12	Lansing Sexton	24:12.10	
72	Rachel Pohl	12	Portland	24:16.40	71
73	Ashlyn Pifer	9	Mason	24:31.50	72
74	Christy Smith	12	Belding	24:37.00	73
75	Allena Mulville	12	Mason	24:57.30	74
76	Meguire Gross	12	Portland	25:15.50	75
77	Sarah Milner	10	Lansing Eastern	25:28.40	
78	Laurel Pung	9	Lansing Waverly	25:30.00	76
79	Alexys Roundtree	11	Ionia	25:55.00	77
80	Delaney Torrey	9	Mason	26:07.60	78
81	Katlyn Tews	11	Lansing Eastern	26:57.90	
82	Sydney Maldonado	11	Lansing Waverly	27:19.30	79
83	Arianna Salinas	11	Lansing Waverly	27:28.80	80
84	Jona Alexander	9	Lansing Eastern	27:50.40	
85	Kimberlyn Hollon-Mors	9	Ionia	27:53.40	81

Varsity Girls 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 East Grand Rapids	49	2	9	10	11	17	19	20
2 Kate O'Connell			19:12.40					
9 Audrey Whiteside			19:36.20					
10 Sarah Cannon			19:37.30					
11 Abby Theodorsdottir			19:37.50					
17 Charlotte Etienne			19:52.40					
19 Anna Laffrey			20:00.90 *					
20 Ellie Drake			20:01.10 *					
Total Time: 1:37:56			Average: 19:35.16			1-5 Split: 40		
2 DeWitt	81	1	4	5	35	36	37	39
1 Hannah Adler			19:07.30					
4 Katie Vitou			19:23.30					
5 Ashley Shipps			19:24.10					
35 Stephanie Robinson			20:49.70					
36 Ashley Brzozowski			20:56.50					

	37	Natale Yabs					20:56.70	*	
	39	Kara Johnson					20:57.70	*	
		Total Time:	1:39:41				Average:	19:56.18	1-5 Split: 1:50
3	Ada Forest Hills Eas	91		3	12	16	28		32 38 54
	3	Jami Reed					19:15.70		
	12	Rachel Vanboxtel					19:38.30		
	16	Claire Benedict					19:49.10		
	28	Madison Pullen					20:20.10		
	32	Madeline Guter					20:39.60		
	38	Anna Bowman					20:56.90	*	
	54	Morgan Redetzke					21:54.60	*	
		Total Time:	1:39:43				Average:	19:56.56	1-5 Split: 1:24
4	St. Johns	126		13	22	27	30		34 45 59
	13	Lauren Lasceski					19:38.50		
	22	Jen Eaton					20:07.40		
	27	Milah Montle					20:17.50		
	30	Brecken Simon					20:36.80		
	34	Emily Wohlfert					20:49.20		
	45	Anna McCastle					21:19.40	*	
	59	Payton Simon					22:15.00	*	
		Total Time:	1:41:30				Average:	20:17.88	1-5 Split: 1:11
5	Williamston	144		14	15	31	33		51 52 57
	14	Alyssa Baumgarten					19:46.40		
	15	Hannah Jones					19:47.50		
	31	Amberlee Kreis					20:38.70		
	33	Gabrielle Harris					20:41.80		
	51	Kathleen Stattelmann					21:42.20		
	52	Megan Ivey					21:46.40	*	
	57	Amanda Maurer					22:10.30	*	
		Total Time:	1:42:37				Average:	20:31.32	1-5 Split: 1:56
6	Fowlerville	161		8	18	23	46		66 67 69
	8	Ollie Updike					19:35.30		
	18	Bridget Parker					19:58.10		
	23	Emma Roedel					20:08.70		
	46	Rachel Rigotti					21:20.60		
	66	Sophia Spalding					23:12.70		
	67	Leah Higgins					23:32.80	*	
	69	Courtney Rife					23:42.20	*	
		Total Time:	1:44:16				Average:	20:51.08	1-5 Split: 3:38
7	Haslett	168		7	24	40	48		49 68 -
	7	Amanda Young					19:25.20		
	24	Lidia Clarizio					20:11.00		
	40	Susanna Henry					20:58.10		
	48	Jessica Pekrul					21:29.80		
	49	Emma Busch					21:31.80		
	68	Rachel Hamilton					23:35.90	*	
		Total Time:	1:43:36				Average:	20:43.18	1-5 Split: 2:07
8	Ionia	190		21	26	43	44		56 77 81
	21	Chloe Wandell					20:06.00		
	26	Allyson Diebel					20:17.30		
	43	Kaylee Shattuck					21:12.60		
	44	Kiersten Reeves					21:15.00		
	56	Emily Peterson					22:10.10		
	77	Alexys Roundtree					25:55.00	*	
	81	Kimberlyn Hollon-Morseau					27:53.40	*	
		Total Time:	1:45:01				Average:	21:00.20	1-5 Split: 2:05
9	Belding	197		25	29	41	42		60 65 73

25	Teresa Myles					20:13.40			
29	Victoria Wittenbach					20:32.50			
41	Kassidi Gross					20:59.70			
42	Alexa Syrjala					21:04.70			
60	Lauren McDowell					22:15.20			
65	Kelsey Stahlin					22:42.70	*		
73	Christy Smith					24:37.00	*		
	Total Time: 1:45:06				Average: 21:01.10			1-5 Split: 2:02	
10	Mason	245	6	47	50	70	72	74	78
6	Cecelia Stalzer					19:24.40			
47	Callie Jones					21:29.60			
50	Lauren Sinnaeve					21:40.10			
70	Haley Presley					24:06.40			
72	Ashlyn Pifer					24:31.50			
74	Allena Mulville					24:57.30	*		
78	Delaney Torrey					26:07.60	*		
	Total Time: 1:51:12				Average: 22:14.40			1-5 Split: 5:08	
11	Portland	291	53	55	58	62	63	71	75
53	Mariah Fedewa					21:49.90			
55	Ellie Mallek					22:09.80			
58	Hannah Gruber					22:13.50			
62	Kailen Brennan					22:21.90			
63	Maelynn Huhn					22:34.30			
71	Rachel Pohl					24:16.40	*		
75	Meguire Gross					25:15.50	*		
	Total Time: 1:51:10				Average: 22:13.88			1-5 Split: 45	
12	Lansing Waverly	360	61	64	76	79	80	-	-
61	Ryaira Hester					22:16.50			
64	Samantha Long					22:42.50			
76	Laurel Pung					25:30.00			
79	Sydney Maldonado					27:19.30			
80	Arianna Salinas					27:28.80			
	Total Time: 2:05:18				Average: 25:03.42			1-5 Split: 5:13	

#### Varsity Boys 5000 Meter Run

Name	Yr	Team	Time	Pts	
1	Dillan	Haviland	10 St. Johns	16:20.20	1
2	Ben	Geer	12 Mason	16:29.30	2
3	Cade	Vruggink	11 East Grand Rapids	16:30.50	3
4	Matthew	Levitt	12 East Grand Rapids	16:33.10	4
5	Aaron	Davis	10 Williamston	16:36.50	5
6	Josiah	Quinn	12 St. Johns	16:46.90	6
7	Nathan	Maurer	12 Williamston	16:54.50	7
8	Garrett	Smith	12 Williamston	16:56.40	8
9	Cooper	Thieme	12 Ada Forest Hills Eas	16:57.70	9
10	Andrew	Periard	9 East Grand Rapids	16:58.70	10
11	Nick	MacGeorge	12 East Grand Rapids	17:00.30	11
12	Chris	Davis	10 Fowlerville	17:06.10	12
13	Thomas	Westrick	9 Ada Forest Hills Eas	17:08.30	13
14	Reid	Grunewald	12 East Grand Rapids	17:10.60	14
15	Jacob	Grubb	11 Ada Forest Hills Eas	17:11.10	15
16	Mason	Berridge	11 St. Johns	17:11.40	16
17	Easton	Schultz	12 East Grand Rapids	17:17.50	17
18	John	Bowen	12 Williamston	17:18.40	18

19	Thomas Stever	10	Ada Forest Hills Eas	17:22.00	19
20	Grant Robitaille	12	Williamston	17:26.90	20
21	Clay Boak	12	Fowlerville	17:29.90	21
22	Nolan Wirth	11	St. Johns	17:30.50	22
23	Brad McMahon	11	Haslett	17:31.90	23
24	Trevor Luznak	10	St. Johns	17:35.00	24
25	Tristin Ward	12	Ionia	17:35.70	25
26	Joey Fox	10	St. Johns	17:37.20	26
27	Quentin Johnson	12	Ada Forest Hills Eas	17:41.20	27
28	Joe Meston	10	East Grand Rapids	17:42.70	28
29	Patrick Hintz	10	Haslett	17:44.30	29
30	Kenny Stalzer	10	Mason	17:44.80	30
31	Ben Darmofal	9	Mason	17:49.50	31
32	Jake Van Ess	12	Ionia	17:51.10	32
33	Chase East	12	Fowlerville	17:52.90	33
34	Tyler Esch	9	Ionia	17:53.70	34
35	Trent Stuewe	9	Mason	17:58.00	35
36	Nate Spencer	10	Mason	17:59.20	36
37	Kenneth Abraham	9	Williamston	18:00.90	37
38	Alejandro Salais	11	Lansing Eastern	18:05.60	38
39	Patrick D'Haene	11	DeWitt	18:09.60	39
40	Keith Kasper	9	Ionia	18:12.50	40
41	Tyler Evans	12	Haslett	18:14.70	41
42	Cameron Ross	12	Ionia	18:18.30	42
43	John Muir	11	Williamston	18:21.60	43
44	Joshua Ryan	12	DeWitt	18:21.80	44
45	Jacob Melvin	10	Ionia	18:23.50	45
46	Andrew Menard	10	St. Johns	18:24.30	46
47	David Karston	12	Ada Forest Hills Eas	18:25.20	47
48	Alex Seneca	9	Mason	18:29.20	48
49	Cameron Mahlich	11	Ionia	18:32.50	49
50	Bryce Schafer	11	DeWitt	18:33.30	50
51	Oliver Alvesteffer	9	Portland	18:33.50	51
52	Tom Hundt	12	Lansing Eastern	18:37.40	52
53	Austin Muylle	11	Lansing Eastern	18:41.40	53
54	Jacob Weeda	11	Ada Forest Hills Eas	18:42.00	54
55	Royce Braman	11	Belding	18:42.30	55
56	Kyle Evans	12	DeWitt	18:43.50	56
57	Sean Fisher	12	Lansing Waverly	18:45.80	57
58	Garren Lattig	9	Mason	18:46.00	58
59	Justin McMaster	11	Belding	18:50.90	59
60	Micah Williams	11	Haslett	18:58.50	60
61	Evan Hamp	11	DeWitt	19:08.70	61
62	Hunter Sutton	12	Fowlerville	19:09.00	62
63	Josh Anderson	11	Lansing Waverly	19:21.20	63
64	Tommy Myles	10	Belding	19:22.60	64
65	Mauricio Barrera	10	DeWitt	19:22.90	65
66	Blake Flynn	11	Belding	19:25.40	66
67	Kyle Vanlake	9	DeWitt	19:30.10	67
68	Karmasie Humes	12	Lansing Waverly	19:31.50	68
69	Tristyn Burford	11	Lansing Eastern	19:32.60	69
70	Cory Mayhew	12	Lansing Eastern	19:32.80	70
71	Caleb Woloszyn-Duffy	11	Lansing Waverly	19:41.40	71
72	Gaven Beckler	10	Lansing Waverly	19:42.10	72
73	Mike Cary	9	Lansing Eastern	19:48.40	73
74	Jared Mitteer	10	Belding	19:50.20	74
75	Eamon Duff	11	Portland	19:50.40	75

76	Hunter Milanowski	9	Belding	19:57.20	76
77	Aaron Pieper	10	Fowlerville	20:11.10	77
78	Owen Kilpatrick	10	Lansing Eastern	20:12.90	78
79	John Ryan	11	Haslett	20:14.40	79
80	Blaine Rosier	9	Portland	20:29.20	80
81	Daniel Wagner	12	Lansing Waverly	20:33.20	81
82	Wesley Broadbent	12	Fowlerville	20:53.40	82
83	Anthony Page	10	Lansing Sexton	20:54.30	
84	Ethan Jensen	10	Portland	21:00.30	83
85	Noah Lynch	9	Haslett	21:01.20	84
86	Sam Alvesteffer	10	Portland	21:01.50	85
87	Michael Wetzel	9	Haslett	21:13.40	86
88	Zac Brown	11	Belding	21:19.30	87
89	Spencer Lee	9	Lansing Waverly	21:21.10	88
90	Aiden Pung	9	Portland	21:34.70	89
91	Thomas McGee	10	Lansing Sexton	21:56.90	
92	Khanh Le	12	Lansing Sexton	22:45.00	
93	Cullen Rapson	9	Portland	23:07.90	90

Varsity Boys 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 East Grand Rapids	42	3	4	10	11	14	17	28
3 Cade Vruggink			16:30.50					
4 Matthew Levitt			16:33.10					
10 Andrew Periard			16:58.70					
11 Nick MacGeorge			17:00.30					
14 Reid Grunewald			17:10.60					
17 Easton Schultz			17:17.50 *					
28 Joe Meston			17:42.70 *					
Total Time: 1:24:14		Average: 16:50.64				1-5 Split: 41		
2 Williamston	58	5	7	8	18	20	37	43
5 Aaron Davis			16:36.50					
7 Nathan Maurer			16:54.50					
8 Garrett Smith			16:56.40					
18 John Bowen			17:18.40					
20 Grant Robitaille			17:26.90					
37 Kenneth Abraham			18:00.90 *					
43 John Muir			18:21.60 *					
Total Time: 1:25:13		Average: 17:02.54				1-5 Split: 51		
3 St. Johns	69	1	6	16	22	24	26	46
1 Dillan Haviland			16:20.20					
6 Josiah Quinn			16:46.90					
16 Mason Berridge			17:11.40					
22 Nolan Wirth			17:30.50					
24 Trevor Luznak			17:35.00					
26 Joey Fox			17:37.20 *					
46 Andrew Menard			18:24.30 *					
Total Time: 1:25:24		Average: 17:04.80				1-5 Split: 1:15		
4 Ada Forest Hills Eas	83	9	13	15	19	27	47	54
9 Cooper Thieme			16:57.70					
13 Thomas Westrick			17:08.30					
15 Jacob Grubb			17:11.10					
19 Thomas Stever			17:22.00					

	27	Quentin Johnson			17:41.20			
	47	David Karston			18:25.20 *			
	54	Jacob Weeda			18:42.00 *			
	Total	Time: 1:26:21			Average: 17:16.06		1-5 Split: 44	
5	Mason		134	2	30	31	35	36 48 58
	2	Ben Geer			16:29.30			
	30	Kenny Stalzer			17:44.80			
	31	Ben Darmofal			17:49.50			
	35	Trent Stuewe			17:58.00			
	36	Nate Spencer			17:59.20			
	48	Alex Seneca			18:29.20 *			
	58	Garren Lattig			18:46.00 *			
	Total	Time: 1:28:01			Average: 17:36.16		1-5 Split: 1:30	
6	Ionia		173	25	32	34	40	42 45 49
	25	Tristin Ward			17:35.70			
	32	Jake Van Ess			17:51.10			
	34	Tyler Esch			17:53.70			
	40	Keith Kasper			18:12.50			
	42	Cameron Ross			18:18.30			
	45	Jacob Melvin			18:23.50 *			
	49	Cameron Mahlich			18:32.50 *			
	Total	Time: 1:29:52			Average: 17:58.26		1-5 Split: 43	
7	Fowlerville		205	12	21	33	62	77 82 -
	12	Chris Davis			17:06.10			
	21	Clay Boak			17:29.90			
	33	Chase East			17:52.90			
	62	Hunter Sutton			19:09.00			
	77	Aaron Pieper			20:11.10			
	82	Wesley Broadbent			20:53.40 *			
	Total	Time: 1:31:49			Average: 18:21.80		1-5 Split: 3:05	
8	Haslett		232	23	29	41	60	79 84 86
	23	Brad McMahon			17:31.90			
	29	Patrick Hintz			17:44.30			
	41	Tyler Evans			18:14.70			
	60	Micah Williams			18:58.50			
	79	John Ryan			20:14.40			
	84	Noah Lynch			21:01.20 *			
	86	Michael Wetzell			21:13.40 *			
	Total	Time: 1:32:44			Average: 18:32.76		1-5 Split: 2:43	
9	DeWitt		250	39	44	50	56	61 65 67
	39	Patrick D'Haene			18:09.60			
	44	Joshua Ryan			18:21.80			
	50	Bryce Schafer			18:33.30			
	56	Kyle Evans			18:43.50			
	61	Evan Hamp			19:08.70			
	65	Mauricio Barrera			19:22.90 *			
	67	Kyle Vanlake			19:30.10 *			
	Total	Time: 1:32:57			Average: 18:35.38		1-5 Split: 1:00	
10	Lansing Eastern		282	38	52	53	69	70 73 78
	38	Alejandro Salais			18:05.60			
	52	Tom Hundt			18:37.40			
	53	Austin Muylle			18:41.40			
	69	Tristyn Burford			19:32.60			
	70	Cory Mayhew			19:32.80			
	73	Mike Cary			19:48.40 *			
	78	Owen Kilpatrick			20:12.90 *			
	Total	Time: 1:34:30			Average: 18:53.96		1-5 Split: 1:28	

11	Belding	318	55	59	64	66	74	76	87
	55	Royce Braman							18:42.30
	59	Justin McMaster							18:50.90
	64	Tommy Myles							19:22.60
	66	Blake Flynn							19:25.40
	74	Jared Mitteer							19:50.20
	76	Hunter Milanowski							19:57.20 *
	87	Zac Brown							21:19.30 *
	Total	Time: 1:36:12		Average:	19:14.28				1-5 Split: 1:08
12	Lansing	331	57	63	68	71	72	81	88
	57	Sean Fisher							18:45.80
	63	Josh Anderson							19:21.20
	68	Karmasie Humes							19:31.50
	71	Caleb Woloszyn-Duffy							19:41.40
	72	Gaven Beckler							19:42.10
	81	Daniel Wagner							20:33.20 *
	88	Spencer Lee							21:21.10 *
	Total	Time: 1:37:02		Average:	19:24.40				1-5 Split: 57
13	Portland	374	51	75	80	83	85	89	90
	51	Oliver Alvesteffer							18:33.50
	75	Eamon Duff							19:50.40
	80	Blaine Rosier							20:29.20
	83	Ethan Jensen							21:00.30
	85	Sam Alvesteffer							21:01.50
	89	Aiden Pung							21:34.70 *
	90	Cullen Rapson							23:07.90 *
	Total	Time: 1:40:55		Average:	20:10.98				1-5 Split: 2:28