

MHSAA LP Regional 01-01 - 10/29/2016 6:42:26 AM
Allendale, MI

D2 Varsity Boys 5000 Meter Run

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Time	Name	Yr Team	Pts

1	Justin Varineau	12 Grand Rapids Christian	15:42.99
1	2 Reid Parsons	11 Comstock Park	16:03.41
2	3 Andrew Hysten	10 Spring Lake	16:06.43
3	4 Mitchell Johnson	12 Fruitport	16:08.94
4	5 Victor Jura	10 Grand Rapids Christian	16:10.77
5	6 Sam Borisch	12 Comstock Park	16:12.37
6	7 Dylan Sykes	12 Grand Rapids Catholic Central	16:19.70
7	8 Micah VanderKooi	9 Grand Rapids South Christian	16:24.48
8	9 Aaron Brink	12 Grand Rapids Christian	16:26.12
9	10 Aaron Simot	12 Fruitport	16:31.86
10	11 Cameron Oleen	11 Fruitport	16:33.14
11	12 Caleb Hodgkinson	10 Grand Rapids Kenowa Hills	16:34.41
12	13 Kyle Messerschmidt	11 Muskegon Oakridge	16:35.70
13	14 Mike Hyatt	11 Muskegon Orchard View	16:36.35
14	15 Ryan Van Orman	12 Grand Rapids Christian	16:37.48
15	16 Tyler Poel	12 Grand Rapids Christian	16:40.95
16	17 Henok Ghirmay	11 Spring Lake	16:48.41
17	18 Sam Terpstra	11 Grand Rapids Christian	16:49.76
18	19 Charlie Kornoelje	12 Grand Rapids Christian	17:01.69
19	20 Brenden Deneen	10 Fruitport	17:04.83
20	21 Cameron Thalhammer	11 Spring Lake	17:12.45
21	22 Ben Hysten	10 Spring Lake	17:14.33
22	23 James Nykamp	12 Grand Rapids South Christian	17:14.61
23			

24	Nick Kleinheksel	9 Fruitport	17:20.45
24			
25	Caleb Velzen	11 Hudsonville Unity Christian	17:21.43
25			
26	Tyler Postema	12 Grand Rapids Kenowa Hills	17:21.65
26			
27	Matt Schmidt	12 Spring Lake	17:21.92
27			
28	Chase Mendham	10 Coopersville	17:22.15
28			
29	Kyle Finn	12 Grand Rapids Catholic Central	17:30.48
29			
30	Marcos Garcia	10 Grand River Preparatory	17:30.83
30			
31	Tylor Carmean	12 Muskegon Oakridge	17:31.10
31			
32	Ben Hofstra	12 Grand River Preparatory	17:35.69
32			
33	Jerad Berkenpas	9 Grand Rapids South Christian	17:40.51
33			
34	Owen Pruim	10 Grand Rapids South Christian	17:42.64
34			
35	Alec Greenway	12 Grand Rapids Kenowa Hills	17:44.03
35			
36	Tyler Warners	11 Grand Rapids South Christian	17:46.61
36			
37	Kyle Cochran	10 Grand Rapids Kenowa Hills	17:47.29
37			
38	Mike Piechocki	12 Hudsonville Unity Christian	17:48.35
38			
39	Nathan Klaassen	11 Hudsonville Unity Christian	17:50.35
39			
40	Josh Hotelling	12 Wyoming Kelloggsville	17:52.59
41	Brad Kingman	10 Comstock Park	17:55.07
40			
42	Travis Hunt	11 Hudsonville Unity Christian	17:55.24
41			
43	Nathan Postma	11 Hudsonville Unity Christian	17:56.16
42			
44	Avrey Smith	11 Grand Rapids Kenowa Hills	17:56.34
43			
45	Jeremy Yow	11 Grand Rapids Kenowa Hills	18:00.89
44			
46	Connor Elliott	9 Grand River Preparatory	18:01.23
45			
47	Isaac Steers	10 Grand Rapids Kenowa Hills	18:01.45
46			
48	Matthew Vanderwall	10 Spring Lake	18:02.47
47			
49	Andrew Taylor	12 Comstock Park	18:04.60
48			
50	Anthony Nykamp	10 Grand Rapids South Christian	18:05.43
49			
51	Kevin Kurgat	11 Grand River Preparatory	18:06.26
50			
52	Angel Perez	12 Allendale	18:12.01
51			

53	Liam Perdue	12 Grand Rapids Catholic Central	18:12.39
52			
54	Austin Bouma	10 Hudsonville Unity Christian	18:13.48
53			
55	Cody VanKlompberg	12 Hudsonville Unity Christian	18:14.57
54			
56	Keegan MacGeorge	11 Allendale	18:15.74
55			
57	Raven Lockard	12 Fruitport	18:15.95
56			
58	Jesus Ferral Dorantes	10 Wyoming Godwin Heights	18:18.18
57			
59	Aidan VanderTuin	12 Grand Rapids Catholic Central	18:19.77
58			
60	Peyton Sharlow	10 Fruitport	18:21.25
59			
61	Ryan Sprague	10 Coopersville	18:21.56
60			
62	Max Klein	9 Grand Rapids Catholic Central	18:23.30
61			
63	Nick Stapleton	10 Grand Rapids Catholic Central	18:29.77
62			
64	Matthew Taylor	10 Comstock Park	18:30.29
63			
65	Linus Guerra	11 Grand River Preparatory	18:33.76
64			
66	Matthew Jones	10 Muskegon Oakridge	18:36.26
65			
67	Christian Halquist	12 Grand River Preparatory	18:41.45
66			
68	Tarik Salyer	10 Coopersville	18:44.40
67			
69	Joe Fordney	9 Allendale	18:46.40
68			
70	Dakota Riemersma	9 Allendale	18:47.31
69			
71	Adam Werkema	12 Grand River Preparatory	18:48.66
70			
72	Brad Hotovy	12 Allendale	18:51.32
71			
73	Joe Negen	12 Spring Lake	18:51.72
72			
74	Alec Walstra	12 Grand Rapids South Christian	18:53.09
73			
75	Alejandro Hoban	11 Grand Rapids Catholic Central	19:04.33
74			
76	Pierce Marshall	12 Allendale	19:05.70
75			
77	Nico Benitez	10 Coopersville	19:16.09
76			
78	Sam Racalla	11 Comstock Park	19:17.52
77			
79	Nathan Masser	10 Muskegon Oakridge	19:24.54
78			
80	Henry Austin	10 Allendale	19:49.56
79			

81	Mikael Wheeler	11 Muskegon Oakridge	19:50.02
80			
82	Owen Kittendorf	9 Comstock Park	19:52.08
81			
83	Caleb Sidock	12 Muskegon Orchard View	19:53.31
82			
84	Carson Spraug	12 Coopersville	19:59.52
83			
85	Tim Dean	12 Coopersville	19:59.69
84			
86	Ian Irish	10 Coopersville	20:00.50
85			
87	Moise Aisien	11 Wyoming Godwin Heights	20:22.05
86			
88	Aryel Rodriguez	10 Wyoming Godwin Heights	20:25.52
87			
89	Donald Timmer	12 Muskegon Orchard View	20:33.05
88			
90	Grady Sakshaug	11 Wyoming Kelloggsville	20:39.21
91	Brandon Voss	9 Muskegon Orchard View	20:41.78
89			
92	Zach Tindall	11 Muskegon Oakridge	21:09.22
90			
93	Kevin Ton	9 Wyoming Kelloggsville	21:13.43
94	Sheldon Brott	9 Muskegon Oakridge	21:32.00
91			
95	John Lagac	9 Muskegon Orchard View	21:32.89
92			
96	Erik Daniels	10 Wyoming Godwin Heights	21:42.01
93			
97	Anthony Wilson	12 Wyoming Godwin Heights	22:19.96
94			
98	Emilio Avila	12 Wyoming Godwin Heights	22:32.26
95			
99	Devin Liang	11 Wyoming Kelloggsville	22:37.93
100	Ben Davis	10 Muskegon Orchard View	24:37.49
96			

D2 Varsity Boys 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)
1 Grand Rapids Christian	46	1	5	9	15	16	18
1 Justin Varineau	15:42.99						
5 Victor Jura	16:10.77						
9 Aaron Brink	16:26.12						
15 Ryan Van Orman	16:37.48						
16 Tyler Poel	16:40.95						
18 Sam Terpstra	16:49.76 *						
19 Charlie Kornoelje	17:01.69 *						

2	Fruitport	69	4	10	11	20	24	56
59								
	4	Mitchell Johnson	16:08.94					
	10	Aaron Simot	16:31.86					
	11	Cameron Oleen	16:33.14					
	20	Brenden Deneen	17:04.83					
	24	Nick Kleinheksel	17:20.45					
	56	Raven Lockard	18:15.95	*				
	59	Peyton Sharlow	18:21.25	*				
3	Spring Lake	90	3	17	21	22	27	47
72								
	3	Andrew Hysten	16:06.43					
	17	Henok Ghirmay	16:48.41					
	21	Cameron Thalhammer	17:12.45					
	22	Ben Hysten	17:14.33					
	27	Matt Schmidt	17:21.92					
	47	Matthew Vanderwall	18:02.47	*				
	72	Joe Negen	18:51.72	*				
4	Grand Rapids South Christian	134	8	23	33	34	36	49
73								
	8	Micah VanderKooi	16:24.48					
	23	James Nykamp	17:14.61					
	33	Jerad Berkenpas	17:40.51					
	34	Owen Pruum	17:42.64					
	36	Tyler Warners	17:46.61					
	49	Anthony Nykamp	18:05.43	*				
	73	Alec Walstra	18:53.09	*				
5	Grand Rapids Kenowa Hills	153	12	26	35	37	43	44
46								
	12	Caleb Hodgkinson	16:34.41					
	26	Tyler Postema	17:21.65					
	35	Alec Greenway	17:44.03					
	37	Kyle Cochran	17:47.29					
	43	Avrey Smith	17:56.34					
	44	Jeremy Yow	18:00.89	*				
	46	Isaac Steers	18:01.45	*				
6	Comstock Park	159	2	6	40	48	63	77
81								
	2	Reid Parsons	16:03.41					
	6	Sam Borisch	16:12.37					
	40	Brad Kingman	17:55.07					
	48	Andrew Taylor	18:04.60					
	63	Matthew Taylor	18:30.29					
	77	Sam Racalla	19:17.52	*				
	81	Owen Kittendorf	19:52.08	*				
7	Hudsonville Unity Christian	185	25	38	39	41	42	53
54								
	25	Caleb Velzen	17:21.43					
	38	Mike Piechocki	17:48.35					
	39	Nathan Klaassen	17:50.35					
	41	Travis Hunt	17:55.24					
	42	Nathan Postma	17:56.16					
	53	Austin Bouma	18:13.48	*				
	54	Cody VanKlompberg	18:14.57	*				
8	Grand Rapids Catholic Central	207	7	29	52	58	61	62
74								
	7	Dylan Sykes	16:19.70					

	29	Kyle Finn	17:30.48						
	52	Liam Perdue	18:12.39						
	58	Aidan VanderTuin	18:19.77						
	61	Max Klein	18:23.30						
	62	Nick Stapleton	18:29.77	*					
	74	Alejandro Hoban	19:04.33	*					
9		Grand River Preparatory	221	30	32	45	50	64	66
70									
	30	Marcos Garcia	17:30.83						
	32	Ben Hofstra	17:35.69						
	45	Connor Elliott	18:01.23						
	50	Kevin Kurgat	18:06.26						
	64	Linus Guerra	18:33.76						
	66	Christian Halquist	18:41.45	*					
	70	Adam Werkema	18:48.66	*					
10		Muskegon Oakridge	267	13	31	65	78	80	90
91									
	13	Kyle Messerschmidt	16:35.70						
	31	Tylor Carmean	17:31.10						
	65	Matthew Jones	18:36.26						
	78	Nathan Masser	19:24.54						
	80	Mikael Wheeler	19:50.02						
	90	Zach Tindall	21:09.22	*					
	91	Sheldon Brott	21:32.00	*					
11		Allendale	314	51	55	68	69	71	75
79									
	51	Angel Perez	18:12.01						
	55	Keegan MacGeorge	18:15.74						
	68	Joe Fordney	18:46.40						
	69	Dakota Riemersma	18:47.31						
	71	Brad Hotovy	18:51.32						
	75	Pierce Marshall	19:05.70	*					
	79	Henry Austin	19:49.56	*					
12		Coopersville	314	28	60	67	76	83	84
85									
	28	Chase Mendham	17:22.15						
	60	Ryan Sprague	18:21.56						
	67	Tarik Salyer	18:44.40						
	76	Nico Benitez	19:16.09						
	83	Carson Spraug	19:59.52						
	84	Tim Dean	19:59.69	*					
	85	Ian Irish	20:00.50	*					
13		Muskegon Orchard View	365	14	82	88	89	92	96
-									
	14	Mike Hyatt	16:36.35						
	82	Caleb Sidock	19:53.31						
	88	Donald Timmer	20:33.05						
	89	Brandon Voss	20:41.78						
	92	John Lagac	21:32.89						
	96	Ben Davis	24:37.49	*					
14		Wyoming Godwin Heights	417	57	86	87	93	94	95
-									
	57	Jesus Ferral Dorantes	18:18.18						
	86	Moise Aisien	20:22.05						
	87	Aryel Rodriguez	20:25.52						
	93	Erik Daniels	21:42.01						
	94	Anthony Wilson	22:19.96						

D2 Varsity Girls 5000 Meter Run

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Time	Name	Yr Team	Pts

1	1 Megan Schenkel	12 Grand Rapids Christian	19:32.02
2	2 Sadie Heeringa	11 Grand Rapids Christian	19:37.11
3	3 Anna Winkle	9 Grand Rapids South Christian	19:39.09
4	4 Abby Jonker	12 Grand Rapids Christian	19:45.39
5	5 Lydia Michele	11 Grand Rapids Christian	19:50.53
6	6 Josie Rice	12 Grand Rapids South Christian	19:56.08
7	7 Kori Baumann	9 Allendale	19:57.03
8	8 Sarah MacLachlan	12 Grand Rapids Catholic Central	19:57.73
9	9 Bekah Vanderhelm	12 Allendale	19:59.64
10	10 Maria Poortenga	11 Grand Rapids Christian	20:00.71
11	11 Sarah VanDyke	11 Grand Rapids Christian	20:02.59
12	12 Megan Velzen	9 Hudsonville Unity Christian	20:02.90
13	13 Christina Berna	11 Allendale	20:04.53
14	14 Katie Westfall	11 Grand Rapids Kenowa Hills	20:06.65
15	15 Julia Bajt	9 Spring Lake	20:10.14
16	16 Camilla Bjelland	12 Grand Rapids Christian	20:13.57
17	17 Sophie Trudgon	9 Grand Rapids Catholic Central	20:18.89
18	18 Eva Tilton	9 Spring Lake	20:29.19
19	19 Caroline Lake	12 Grand Rapids Catholic Central	20:40.49
20	20 Julia Adams	12 Grand Rapids Catholic Central	20:43.40
21	21 Jenna Hoekwater	12 Grand Rapids South Christian	20:44.84
22	22 Eden VanderWeele	10 Grand Rapids South Christian	20:45.85
23	23 Jozlyn VanTol	10 Grand Rapids South Christian	20:48.66
24	24 Sevia Suits	11 Allendale	20:50.45

25	Taylor Rebone	9 Spring Lake	20:59.76
25			
26	Faith Clark	9 Fruitport	21:03.27
26			
27	Emily Bajema	10 Grand Rapids Kenowa Hills	21:08.34
27			
28	Aubrey Meindertsma	11 Grand Rapids South Christian	21:09.97
28			
29	Isabella Vruwink	12 Hudsonville Unity Christian	21:11.25
29			
30	Megan Gough	11 Comstock Park	21:16.16
30			
31	Yanely Lopez	9 Grand Rapids Kenowa Hills	21:20.19
31			
32	Candice Baker	12 Grand Rapids South Christian	21:20.73
32			
33	Elise Marshall	11 Grand Rapids Catholic Central	21:24.39
33			
34	Grace Visser	12 Hudsonville Unity Christian	21:28.47
34			
35	Hannah Gaffner	11 Hudsonville Unity Christian	21:29.93
35			
36	Karmyn VonEhr	12 Grand Rapids Catholic Central	21:33.36
36			
37	Maggie Cooper	9 Spring Lake	21:38.21
37			
38	Rose Henke	9 Spring Lake	21:38.63
38			
39	Brianna Bredeweg	9 Allendale	21:47.05
39			
40	Maggie Holmes	9 Spring Lake	22:01.75
40			
41	Kendra E. Johnson	11 Fruitport	22:11.95
41			
42	Holly Werkema	10 Grand River Preparatory	22:16.98
43	Madison Rose	12 Muskegon Orchard View	22:18.95
44	Tia Postema	10 Grand Rapids Kenowa Hills	22:19.63
42			
45	Maddy Windberg	11 Spring Lake	22:20.85
43			
46	Joslyn Fox	12 Grand Rapids Catholic Central	22:22.70
44			
47	Mackenzie Broekstra	11 Comstock Park	22:24.43
45			
48	Aubrey Doucette	11 Grand Rapids Kenowa Hills	22:24.82
46			
49	Katana Daniely	12 Fruitport	22:26.73
47			
50	Anneke Herzog	9 Hudsonville Unity Christian	22:34.46
48			
51	Amber Mango	11 Allendale	22:40.11
49			
52	Erica Green	10 Grand Rapids Kenowa Hills	22:46.10
50			
53	Kallie Fehler	11 Fruitport	22:46.82
51			

54	Jessica Chojnacki	12 Allendale	22:49.29
52			
55	Emma Schuiling	10 Coopersville	22:58.99
53			
56	Sarah Six	12 Muskegon Oakridge	23:01.96
54			
57	Megan Wallinga	11 Coopersville	23:12.40
55			
58	Taylor Renick	12 Muskegon Orchard View	23:21.93
59	Meselech Beld	11 Hudsonville Unity Christian	23:37.71
56			
60	Brianne Elliott	11 Grand Rapids Kenowa Hills	23:43.64
57			
61	Jessica Osmun	11 Comstock Park	23:45.94
58			
62	Vanessa Flores	12 Wyoming Godwin Heights	23:46.31
63	Violet Shippert	11 Grand River Preparatory	24:17.71
64	Molly Ketner	11 Comstock Park	24:24.04
59			
65	Katie Haley	9 Coopersville	24:24.60
60			
66	Becca Glass	11 Coopersville	24:38.64
61			
67	Michele Mueller	12 Fruitport	24:39.84
62			
68	Tabitha Ransom	10 Wyoming Godwin Heights	25:00.35
69	Britta DeLong	10 Hudsonville Unity Christian	25:05.37
63			
70	Marek Brott	12 Muskegon Oakridge	25:20.49
64			
71	Analiza Sanchez	10 Fruitport	25:24.92
65			
72	Jossilyn Maycroft	11 Coopersville	25:30.51
66			
73	Celine Smith	9 Muskegon Oakridge	25:35.05
67			
74	Alaina Dockery	9 Muskegon Orchard View	25:36.51
75	MaKayla Rykse	11 Coopersville	25:45.59
68			
76	Thy Nguyen	11 Wyoming Kelloggsville	25:49.40
77	Jordan Siler	11 Coopersville	26:00.55
69			
78	Madison Dutton	12 Muskegon Oakridge	26:17.48
70			
79	Jade Treptow	9 Muskegon Oakridge	26:22.31
71			
80	Caitlynn Christiansen	12 Fruitport	26:32.47
72			
81	Marinoel Aisien	9 Wyoming Godwin Heights	26:58.69
82	Kaitlyn Sullivan	11 Comstock Park	27:04.21
73			
83	Sylvia Kooiker	9 Wyoming Godwin Heights	27:32.77
84	Renee Fuggit	11 Wyoming Kelloggsville	27:49.96
85	Morgan Kott	11 Comstock Park	28:11.73
74			
86	Emma Clawson	11 Comstock Park	29:55.41
75			

87 Veronica Lamkin
76

12 Muskegon Oakridge

31:07.98

D2 Varsity Girls 5000 Meter Run Team Scores

Team (7)	Pts	1	2	3	4	5	(6)
1 Grand Rapids Christian 16	22	1	2	4	5	10	11
1 Megan Schenkel	19:32.02						
2 Sadie Heeringa	19:37.11						
4 Abby Jonker	19:45.39						
5 Lydia Michele	19:50.53						
10 Maria Poortenga	20:00.71						
11 Sarah VanDyke	20:02.59 *						
16 Camilla Bjelland	20:13.57 *						
2 Grand Rapids South Christian 32	75	3	6	21	22	23	28
3 Anna Winkle	19:39.09						
6 Josie Rice	19:56.08						
21 Jenna Hoekwater	20:44.84						
22 Eden VanderWeele	20:45.85						
23 Jozlyn VanTol	20:48.66						
28 Aubrey Meindertsma	21:09.97 *						
32 Candice Baker	21:20.73 *						
3 Allendale 52	92	7	9	13	24	39	49
7 Kori Baumann	19:57.03						
9 Bekah Vanderhelm	19:59.64						
13 Christina Berna	20:04.53						
24 Sevia Suits	20:50.45						
39 Brianna Bredeweg	21:47.05						
49 Amber Mango	22:40.11 *						
52 Jessica Chojnacki	22:49.29 *						
4 Grand Rapids Catholic Central 44	97	8	17	19	20	33	36
8 Sarah MacLachlan	19:57.73						
17 Sophie Trudgon	20:18.89						
19 Caroline Lake	20:40.49						
20 Julia Adams	20:43.40						
33 Elise Marshall	21:24.39						
36 Karmyn VonEhr	21:33.36 *						
44 Joslyn Fox	22:22.70 *						
5 Spring Lake 43	133	15	18	25	37	38	40
15 Julia Bajt	20:10.14						
18 Eva Tilton	20:29.19						
25 Taylor Rebone	20:59.76						
37 Maggie Cooper	21:38.21						
38 Rose Henke	21:38.63						
40 Maggie Holmes	22:01.75 *						
43 Maddy Windberg	22:20.85 *						

6	Hudsonville Unity Christian	158	12	29	34	35	48	56
63								
	12 Megan Velzen	20:02.90						
	29 Isabella Vruwink	21:11.25						
	34 Grace Visser	21:28.47						
	35 Hannah Gaffner	21:29.93						
	48 Anneke Herzog	22:34.46						
	56 Meselech Beld	23:37.71 *						
	63 Britta DeLong	25:05.37 *						
7	Grand Rapids Kenowa Hills	160	14	27	31	42	46	50
57								
	14 Katie Westfall	20:06.65						
	27 Emily Bajema	21:08.34						
	31 Yanely Lopez	21:20.19						
	42 Tia Postema	22:19.63						
	46 Aubrey Doucette	22:24.82						
	50 Erica Green	22:46.10 *						
	57 Brianne Elliott	23:43.64 *						
8	Fruitport	227	26	41	47	51	62	65
72								
	26 Faith Clark	21:03.27						
	41 Kendra E. Johnson	22:11.95						
	47 Katana Daniely	22:26.73						
	51 Kallie Fehler	22:46.82						
	62 Michele Mueller	24:39.84						
	65 Analiza Sanchez	25:24.92 *						
	72 Caitlynn Christiansen	26:32.47 *						
9	Comstock Park	265	30	45	58	59	73	74
75								
	30 Megan Gough	21:16.16						
	45 Mackenzie Broekstra	22:24.43						
	58 Jessica Osmun	23:45.94						
	59 Molly Ketner	24:24.04						
	73 Kaitlyn Sullivan	27:04.21						
	74 Morgan Kott	28:11.73 *						
	75 Emma Clawson	29:55.41 *						
10	Coopersville	295	53	55	60	61	66	68
69								
	53 Emma Schuiling	22:58.99						
	55 Megan Wallinga	23:12.40						
	60 Katie Haley	24:24.60						
	61 Becca Glass	24:38.64						
	66 Jossilyn Maycroft	25:30.51						
	68 MaKayla Rykse	25:45.59 *						
	69 Jordan Siler	26:00.55 *						
11	Muskegon Oakridge	326	54	64	67	70	71	76
-								
	54 Sarah Six	23:01.96						
	64 Marek Brott	25:20.49						
	67 Celine Smith	25:35.05						
	70 Madison Dutton	26:17.48						
	71 Jade Treptow	26:22.31						
	76 Veronica Lamkin	31:07.98 *						