

Lakewood at Lansing Catholic HS

OFFICIAL 📅 Tue, Apr 16, 2024 📍 Lansing Catholic HS - Father Mac Fields, MI US

Mens Results

100 Meters Varsity - Finals

1.	11	Donald Wells	11.67a	Lake Odessa Lakewood
2.	11	Ren Matias	12.46a	Lansing Catholic
3.	10	Benjamin Possehn	12.53a PR	Lake Odessa Lakewood
4.	10	Jon Raphael	12.56a PR	Lansing Catholic
5.	11	Jackson Thomas	12.56a PR	Lake Odessa Lakewood
6.	12	John Hinton	12.58a PR	Lansing Catholic
7.	11	Ryan Galgoci	12.62a PR	Lake Odessa Lakewood
8.	11	AJ Gates	12.65a PR	Lansing Catholic
9.	10	Kurt Andre Parilla	12.77a PR	Lansing Catholic
10.	11	Braydon Smith	12.77a PR	Lansing Catholic
11.	11	Bruno Cano Fernande...	12.81a	Lake Odessa Lakewood
12.	9	Juwon Shon	12.84a	Lansing Catholic
13.	9	Jackson Bauerle	12.85a	Lansing Catholic
14.	10	Conner Cosme	13.04a	Lake Odessa Lakewood
15.	10	Ethan Matthews	13.05a	Lake Odessa Lakewood
16.	11	Ethan Goodemoot	13.11a	Lake Odessa Lakewood
17.	10	James Crum Jr	13.18a	Lake Odessa Lakewood
18.	9	Cloud James	13.23a PR	Lake Odessa Lakewood
19.	9	Cade D'Haem	13.32a	Lansing Catholic
20.	12	Chris Sims	13.35a PR	Lansing Catholic
21.	11	Finn Keenan	13.37a PR	Lansing Catholic
22.	11	Colm Madden	13.48a	Lansing Catholic
23.	11	Daniel Ismail	13.50a	Lansing Catholic
24.	9	Sean Martin	13.52a	Lansing Catholic
25.	9	Jonathan Freidhoff	13.79a PR	Lake Odessa Lakewood
26.	10	Joe Magaswaren	14.02a PR	Lansing Catholic
27.	9	Dominic Ostrowski	14.56a PR	Lansing Catholic
28.	9	Aidan Dobrzelewski	14.71a	Lansing Catholic
29.	9	Brayden Federau	14.72a	Lake Odessa Lakewood
30.	11	Will Nakfoor	14.96a	Lansing Catholic
31.	9	Aiden Slaughter	15.12a	Lake Odessa Lakewood
	12	Caden Dunkel	SCR	Lake Odessa Lakewood
	11	Eli Kluemper	SCR	Lansing Catholic
	12	Benjamin Scobey	SCR	Lake Odessa Lakewood

200 Meters Varsity - Finals

1.	11	Ren Matias	25.02a SR	Lansing Catholic
2.	10	Jon Raphael	25.35a SR	Lansing Catholic
3.	11	Jackson Thomas	25.79a PR	Lake Odessa Lakewood
4.	9	Michael Goodemoot	25.87a	Lake Odessa Lakewood
5.	11	Ryan Galgoci	26.03a PR	Lake Odessa Lakewood
6.	10	Kurt Andre Parilla	26.04a SR	Lansing Catholic
7.	11	Ethan Goodemoot	26.11a SR	Lake Odessa Lakewood
8.	10	Gavin Rabideau	26.12a PR	Lansing Catholic
9.	11	Bruno Cano Fernande...	26.14a PR	Lake Odessa Lakewood

Womens Results

100 Meters Varsity - Finals

1.	11	Julia Sambaer	14.72a	Lansing Catholic
2.	12	Aurora Kenyon	14.77a PR	Lansing Catholic
3.	11	Ella Fischette	15.11a	Lansing Catholic
4.	11	Hayley Merryfield	15.18a	Lake Odessa Lakewood
5.	12	Jasmine Stewart	15.24a PR	Lake Odessa Lakewood
6.	9	Olivia Wever	15.44a PR	Lansing Catholic
7.	9	Quinn Johns	15.59a PR	Lansing Catholic
8.	11	Sophia Alvarado	16.21a PR	Lansing Catholic
9.	9	ALINA LIN	16.29a PR	Lansing Catholic
10.	11	Ava Sullivan	17.56a	Lansing Catholic
	12	Kylie Walkington	SCR	Lake Odessa Lakewood
	12	Isabella McNett	SCR	Lake Odessa Lakewood

200 Meters Varsity - Finals

1.	10	Frances Melinn	29.06a SR	Lansing Catholic
2.	9	Olivia Riley	29.43a	Lansing Catholic
3.	11	Ella Pricco	30.13a SR	Lansing Catholic
4.	11	Julia Sambaer	30.75a SR	Lansing Catholic
5.	9	Skylarr Anderson	30.76a	Lake Odessa Lakewood
6.	11	Hayley Merryfield	30.80a PR	Lake Odessa Lakewood
7.	11	Ella Fischette	30.86a PR	Lansing Catholic
8.	12	Aurora Kenyon	31.03a PR	Lansing Catholic
9.	12	Jasmine Stewart	31.30a PR	Lake Odessa Lakewood
10.	10	Taylor Carpenter	32.98a	Lake Odessa Lakewood
11.	11	Sophia Alvarado	34.65a	Lansing Catholic
12.	9	ALINA LIN	34.72a PR	Lansing Catholic
13.	11	Ava Sullivan	34.73a PR	Lansing Catholic
	12	Isabella McNett	SCR	Lake Odessa Lakewood
	9	Ada Keilen	SCR	Lansing Catholic
	12	Kylie Walkington	SCR	Lake Odessa Lakewood

400 Meters Varsity - Finals

1.	10	Frances Melinn	1:04.91a PR	Lansing Catholic
2.	9	Isabella Yun	1:13.47a PR	Lansing Catholic
3.	10	Stella Lipinski	1:16.02a SR	Lansing Catholic
4.	9	Catherine Wildern	1:19.64a PR	Lansing Catholic

800 Meters Varsity - Finals

1.	9	Grace Wonch	2:28.30a	Lansing Catholic
2.	11	Kaitlin Ludwig	2:38.27a PR	Lansing Catholic
3.	9	Jayda Miller	3:24.12a PR	Lake Odessa Lakewood

10.	11	Braydon Smith	26.32a	PR	Lansing Catholic
11.	9	Jackson Bauerle	26.54a	PR	Lansing Catholic
12.	10	Ethan Matthews	26.62a		Lake Odessa Lakewood
13.	10	James Crum Jr	26.78a		Lake Odessa Lakewood
	11	Eli Kluemper	26.92a		Lansing Catholic
14.	11	Daniel Ismail	27.05a	PR	Lansing Catholic
15.	9	Cloud James	27.34a	PR	Lake Odessa Lakewood
16.	9	Conor Gallagher	27.38a	PR	Lansing Catholic
17.	9	Cade D'Haem	27.76a	PR	Lansing Catholic
18.	9	Jonathan Freidhoff	28.62a	PR	Lake Odessa Lakewood
19.	9	Sean Martin	28.94a		Lansing Catholic
20.	9	Aidan Dobrzelewski	29.06a	PR	Lansing Catholic
	10	Joe Magaswaren	29.48a	PR	Lansing Catholic
21.	11	Colm Madden	29.62a		Lansing Catholic
22.	9	Aiden Slaughter	30.06a		Lake Odessa Lakewood
	9	Brayden Federau	30.54a		Lake Odessa Lakewood
	9	Dominic Ostrowski	30.90a	PR	Lansing Catholic
	11	Will Nakfoor	31.31a	PR	Lansing Catholic
	12	Caden Dunkel	SCR		Lake Odessa Lakewood
	12	Benjamin Scobey	SCR		Lake Odessa Lakewood
	9	Riley Epkey	SCR		Lansing Catholic
	12	Elijah Jablonski	SCR		Lake Odessa Lakewood

400 Meters Varsity - Finals

1.	11	Donald Wells	51.83a	PR	Lake Odessa Lakewood
2.	9	Michael Goodemoot	54.92a	PR	Lake Odessa Lakewood
3.	12	Vin Nguyen	56.07a	PR	Lansing Catholic
4.	10	Gavin Rabideau	57.05a	PR	Lansing Catholic
5.	10	Hayden Richey	59.65a	SR	Lansing Catholic
6.	11	Bruno Cano Fernandez...	59.94a	PR	Lake Odessa Lakewood
7.	9	Sean Martin	1:02.49a	PR	Lansing Catholic
	12	Caden Dunkel	SCR		Lake Odessa Lakewood

800 Meters Varsity - Finals

1.	11	Riley Johnson	2:16.36a	SR	Lake Odessa Lakewood
2.	9	Finn Korte	2:19.93a	PR	Lansing Catholic
3.	9	Bryce Goodemoot	2:27.39a		Lake Odessa Lakewood
4.	10	Blaise Demko	2:36.50a		Lansing Catholic
5.	9	Dominic Collier	2:40.00a	PR	Lansing Catholic
6.	9	James Tennes	2:40.02a		Lansing Catholic

1600 Meters Varsity - Finals

1.	10	Lucas Gates	4:54.61a	PR	Lansing Catholic
2.	11	Riley Johnson	5:01.93a	PR	Lake Odessa Lakewood
3.	9	Téo Krumm	5:02.83a	PR	Lansing Catholic
4.	9	Everett Beach	5:04.88a	PR	Lansing Catholic
5.	10	Blaise Demko	5:05.13a		Lansing Catholic
6.	9	Finn Korte	5:06.07a	PR	Lansing Catholic
7.	9	Bryce Goodemoot	5:14.93a		Lake Odessa Lakewood
8.	9	James Tennes	5:27.47a	PR	Lansing Catholic
9.	10	JP Bohr	5:29.66a	PR	Lansing Catholic
10.	9	Kaden Rohrbacher	5:41.37a		Lake Odessa Lakewood
11.	10	Paul Tabit	5:57.75a	PR	Lansing Catholic
12.	9	Dominic Collier	6:02.22a	PR	Lansing Catholic
	11	Hudson Goethals	SCR		Lake Odessa Lakewood

1600 Meters Varsity - Finals

1.	12	Tessa Roe	5:02.93a	SR	Lansing Catholic
2.	9	Grace Wonch	5:35.33a		Lansing Catholic
3.	10	Kate Coffey	6:43.21a	PR	Lansing Catholic
4.	10	Brianna VanZwoll	7:02.15a	SR	Lansing Catholic
5.	12	Nadia Martin	7:06.22a	PR	Lake Odessa Lakewood
	9	Jayda Miller	SCR		Lake Odessa Lakewood

3200 Meters Varsity - Finals

1.	12	Tessa Roe	11:22.23a	SR	Lansing Catholic
2.	9	Amanda Ludwig	14:29.52a	PR	Lansing Catholic
3.	12	Nadia Martin	15:03.82a	PR	Lake Odessa Lakewood
4.	10	Brianna VanZwoll	15:30.08a		Lansing Catholic

100m Hurdles Varsity - Finals

1.	10	Frances Melinn	18.68a		Lansing Catholic
2.	11	Lexi Keith	21.43a	PR	Lansing Catholic
3.	9	Ada Keilen	21.45a	PR	Lansing Catholic

300m Hurdles Varsity - Finals

1.	9	Olivia Wever	59.27a	PR	Lansing Catholic
2.	11	Lexi Keith	1:00.05a	PR	Lansing Catholic
3.	9	Ada Keilen	1:02.89a	PR	Lansing Catholic

4x100 Relay Varsity - Finals

1.	9	Olivia Riley	56.61a		Lansing Catholic - A
	11	Lexi Keith			
	11	Julia Sambaer			
	12	Makena Snitgen			
2.	11	Hayley Merryfield	58.88a		Lake Odessa Lakewood - A
	10	Taylor Carpenter			
	12	Jasmine Stewart			
	9	Skylarr Anderson			

4x200 Relay Varsity - Finals

1.	9	Olivia Riley	1:57.22a		Lansing Catholic - A
	11	Ella Pricco			
	9	Isabella Yun			
	10	Frances Melinn			
2.	11	Hayley Merryfield	2:03.82a		Lake Odessa Lakewood - A
	10	Taylor Carpenter			
	12	Jasmine Stewart			
	9	Skylarr Anderson			
3.	11	Ella Fischette	2:08.48a		Lansing Catholic - B
	9	Quinn Johns			
	11	Lexi Keith			
	12	Aurora Kenyon			

4x400 Relay Varsity - Finals

1.	11	Kaitlin Ludwig	4:48.25a		Lansing Catholic - A
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3200 Meters Varsity - Finals

1.	10	Lucas Gates	10:43.32a	PR	Lansing Catholic
2.	9	Everett Beach	11:21.65a	PR	Lansing Catholic
3.	11	Joseph Treadwell	12:10.26a		Lansing Catholic
4.	9	Kaden Rohrbacher	12:28.70a		Lake Odessa Lakewood
5.	11	Hudson Goethals	12:35.96a	SR	Lake Odessa Lakewood
6.	10	JP Bohr	12:37.71a		Lansing Catholic
7.	10	Paul Tabit	13:13.85a		Lansing Catholic

110m Hurdles Varsity - Finals

1.	10	Leland VanAlstine	15.92a	PR	Lansing Catholic
2.	12	Shane Raffler	16.16a	PR	Lake Odessa Lakewood
3.	11	Ryan Galgoci	17.49a	SR	Lake Odessa Lakewood
4.	12	Colt Endsley	17.63a		Lake Odessa Lakewood
5.	10	Benjamin Possehn	19.19a		Lake Odessa Lakewood
6.	10	Jack Griffin	20.76a		Lansing Catholic

300m Hurdles Varsity - Finals

1.	12	Shane Raffler	42.21a	PR	Lake Odessa Lakewood
2.	10	Leland VanAlstine	43.60a		Lansing Catholic
3.	10	Benjamin Possehn	50.42a		Lake Odessa Lakewood
4.	10	Jack Griffin	53.12a	SR	Lansing Catholic
	11	Ryan Galgoci	SCR		Lake Odessa Lakewood

4x100 Relay Varsity - Finals

1.	10	Leland VanAlstine	46.84a		Lansing Catholic - A
	10	Jon Raphael			
	11	Ren Matias			
	11	AJ Gates			
2.	10	Kurt Andre Parilla	49.19a		Lansing Catholic - B
	9	Jackson Bauerle			
	9	Juwon Shon			
	11	Braydon Smith			
3.	11	Bruno Cano Fernandez Vegue	49.28a		Lake Odessa Lakewood - A
	10	Ethan Matthews			
	11	Jackson Thomas			
	10	Conner Cosme			
4.	11	Ethan Goodemoot	51.98a		Lake Odessa Lakewood - B
	9	Jonathan Freidhoff			
	9	Cloud James			
	10	James Crum Jr			

4x200 Relay Varsity - Finals

1.	9	Michael Goodemoot	1:37.87a		Lake Odessa Lakewood - A
	12	Elijah Jablonski			
	12	Shane Raffler			
	11	Donald Wells			
2.	11	Ren Matias	1:40.85a		Lansing Catholic - A
	10	Jon Raphael			
	11	Braydon Smith			
	9	Juwon Shon			
3.	9	Conor Gallagher	1:45.77a		Lansing Catholic - B

	11	Ella Pricco			
	9	Grace Wonch			
	10	Stella Lipinski			
2.	9	Isabella Yun	5:13.45a		Lansing Catholic - B
	9	Quinn Johns			
	9	Olivia Wever			
	9	Catherine Wildern			

4x800 Relay Varsity - Finals

1.	10	Stella Lipinski	12:01.70a		Lansing Catholic - A
	9	Amanda Ludwig			
	10	Brianna VanZwoll			
	10	Kate Coffey			

Shot Put Varsity - Finals

1.	11	Kara Fedewa	25' 6.5		Lake Odessa Lakewood
2.	12	Makena Snitgen	25' 5		Lansing Catholic
3.	12	Annabelle Stank	24' 9.5		Lake Odessa Lakewood
4.	12	Allison Spence	21' 10		Lansing Catholic
5.	10	AnnaLeah Comstock	21' 7.5		Lansing Catholic
6.	9	Katie Eagle	20' 5		Lansing Catholic
7.	12	Jasmyn Erb	19' 0		Lake Odessa Lakewood
8.	12	Elena Sanchez	18' 10		Lake Odessa Lakewood

Discus Varsity - Finals

1.	12	Annabelle Stank	94' 0.5		Lake Odessa Lakewood
2.	11	Kara Fedewa	87' 11		Lake Odessa Lakewood
3.	12	Allison Spence	75' 2.25	SR	Lansing Catholic
4.	12	Makena Snitgen	69' 10	PR	Lansing Catholic
5.	10	AnnaLeah Comstock	66' 4.75	PR	Lansing Catholic
6.	12	Elena Sanchez	60' 10.5	PR	Lake Odessa Lakewood
7.	9	Katie Eagle	58' 10.75	PR	Lansing Catholic
8.	12	Jasmyn Erb	54' 9.75	PR	Lake Odessa Lakewood

High Jump Varsity - Finals

1.	11	Ella Pricco	4' 6	PR	Lansing Catholic
2.	9	Olivia Riley	4' 4		Lansing Catholic
3.	11	Lexi Keith	4' 0		Lansing Catholic
	11	Sophia Alvarado	NH		Lansing Catholic

Pole Vault Varsity - Finals

1.	10	Taylor Carpenter	9' 0	SR	Lake Odessa Lakewood
2.	9	Catherine Wildern	6' 6		Lansing Catholic
3.	9	Skylarr Anderson	6' 0		Lake Odessa Lakewood

Long Jump Varsity - Finals

1.	9	Avery Miller	14' 1		Lansing Catholic
2.	11	Kara Fedewa	12' 4.25	PR	Lake Odessa Lakewood
3.	9	ALINA LIN	11' 8	PR	Lansing Catholic
4.	9	Isabella Yun	11' 6.5	PR	Lansing Catholic
5.	12	Elena Sanchez	11' 2	PR	Lake Odessa Lakewood

- 12 Vin Nguyen
- 10 Kurt Andre Parilla
- 9 Sean Martin

4x400 Relay Varsity - Finals

1. 11 Riley Johnson 3:47.60a Lake Odessa Lakewood - A
 12 Shane Raffler
 12 Colt Endsley
 11 Donald Wells
2. 10 Leland VanAlstine 3:53.97a Lansing Catholic - A
 11 AJ Gates
 12 Vin Nguyen
 10 Blaise Demko
3. 11 Ryan Galgoci 4:01.14a Lake Odessa Lakewood - B
 10 Benjamin Possehn
 9 Bryce Goodemoot
 9 Cloud James
 9 Finn Korte SCR Lansing Catholic - B
 9 Téo Krumm
 10 Hayden Richey
 9 Everett Beach

4x800 Relay Varsity - Finals

1. 10 Lucas Gates 9:34.73a Lansing Catholic - B
 9 Téo Krumm
 10 Blaise Demko
 9 Everett Beach
2. 10 Hayden Richey 9:44.22a Lansing Catholic - A
 9 James Tennes
 11 Joseph Treadwell
 10 JP Bohr
3. 9 Bryce Goodemoot 9:56.73a Lake Odessa Lakewood - A
 9 Kaden Rohrbacher
 11 Hudson Goethals
 11 Riley Johnson

Shot Put Varsity - Finals

1. 12 Troy Chen 44' 8 Lansing Catholic
2. 10 Conner Cosme 35' 9 Lake Odessa Lakewood
3. 10 Gavin McGarry 32' 11 Lake Odessa Lakewood
4. 12 Chris Sims 31' 8 PR Lansing Catholic
5. 12 John Hinton 30' 3 PR Lansing Catholic
6. 11 Ethan Goodemoot 29' 5 SR Lake Odessa Lakewood
7. 12 Justin Nyugen 27' 9 Lansing Catholic
8. 11 Isaac Medina 27' 7 PR Lansing Catholic
9. 11 Finn Keenan 26' 7.5 PR Lansing Catholic
10. 9 Clay Endsley 25' 8.5 Lake Odessa Lakewood
10. 10 Will Crockett 25' 8.5 PR Lansing Catholic
12. 11 Will Nakfoor 22' 8.5 Lansing Catholic
13. 9 Jordan Kenyon 20' 11 Lansing Catholic
14. 12 Micheal Sambaer 16' 9 SR Lansing Catholic
 12 Benjamin Scobey SCR Lake Odessa Lakewood

Discus Varsity - Finals

1.	12	Chris Sims	106' 7.75 PR	Lansing Catholic
2.	10	Conner Cosme	99' 2.5 SR	Lake Odessa Lakewood
3.	12	Troy Chen	97' 10.5	Lansing Catholic
4.	10	Gavin McGarry	95' 2.5 PR	Lake Odessa Lakewood
5.	12	John Hinton	91' 4.25	Lansing Catholic
6.	11	Finn Keenan	86' 6 PR	Lansing Catholic
7.	12	Justin Nyugen	81' 4.5	Lansing Catholic
8.	11	Isaac Medina	75' 8	Lansing Catholic
9.	11	Jackson Thomas	68' 4.5 PR	Lake Odessa Lakewood
10.	9	Jordan Kenyon	67' 7 PR	Lansing Catholic
11.	11	Will Nakfoor	65' 9	Lansing Catholic
12.	10	Will Crockett	64' 5.25 PR	Lansing Catholic
13.	9	Clay Endsley	62' 0.75	Lake Odessa Lakewood
	12	Benjamin Scobey	SCR	Lake Odessa Lakewood

High Jump Varsity - Finals

1.	12	Elijah Jablonski	5' 4	Lake Odessa Lakewood
2.	12	Colt Endsley	5' 2	Lake Odessa Lakewood
3.	9	Aiden Slaughter	5' 0	Lake Odessa Lakewood
4.	11	Daniel Ismail	5' 0	Lansing Catholic
	11	Colm Madden	NH	Lansing Catholic
	9	Kaden Rohrbacher	SCR	Lake Odessa Lakewood

Pole Vault Varsity - Finals

1.	11	AJ Gates	11' 0	Lansing Catholic
2.	9	Riley Epkey	9' 3 PR	Lansing Catholic
3.	9	Brayden Federau	7' 0	Lake Odessa Lakewood

Long Jump Varsity - Finals

1.	9	Jackson Bauerle	16' 6.75 PR	Lansing Catholic
2.	12	Elijah Jablonski	16' 3.25	Lake Odessa Lakewood
3.	9	Conor Gallagher	15' 7.25	Lansing Catholic
4.	9	Jonathan Freidhoff	15' 6.5 PR	Lake Odessa Lakewood
5.	11	Colm Madden	15' 1.5 PR	Lansing Catholic
6.	9	Juwon Shon	14' 10.25	Lansing Catholic
7.	9	Everett Beach	14' 6	Lansing Catholic
	12	Colt Endsley	ND	Lake Odessa Lakewood
	12	Caden Dunkel	SCR	Lake Odessa Lakewood
	9	Aiden Slaughter	ND	Lake Odessa Lakewood

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