

Michigan High School Girls Indoor Track All-Time Lists

www.michtrack.org – compiled by Jeff Hollobaugh

Updated 2/18/2024 (marks from 23-24 season not included yet)

50 METERS

6.27#	Kaila Jackson (Detroit Renaissance)12	New York/Millrose Games (60)	1/29/2022
6.51#	Taryn Henderson (Farmington Hills Mercy)10	Boston/New Balance Nationals (60)	3/12/2023
6.66#	Jayla Dace (Detroit Renaissance)10	Boston/New Balance Nationals (60)	3/12/2023
6.70#	Olivia Jenkins (Detroit Renaissance)12	New York/NB Nationals (h) (60)	3/12/2022
6.71#	Jenkins	New York/Millrose Games (60)	1/29/2022
6.74#	Keyanna O'Tey (Sturgis)9	New York/NB Nationals (h) (60)	3/12/2022
6.75	Alanna Mestelle (White Pigeon)12	Allendale/GV Inv C-D	3/24/1998
6.78#	Dace	New York/NB Nationals (h) (60)	3/12/2022
6.79	Kanisa Williams (Detroit Cass Tech)11	Merrillville/AAU (55)	2/18/1996
6.79#	Henderson	New York/NB Nationals (60)	3/12/2022
6.83	Teneishia Price (Benton Harbor)12	Allendale/GVSU Inv	3/26/2002
6.83	Shayla Mahan (Detroit Mumford)12	Findlay/Findlay HS Invite (55)	1/20/2007
6.85	Chanese Mendenhall (East Kentwood)10	Allendale/GVSU Div 1/2 Inv	3/20/2007
6.86	Pamela Brown (Flint Northern)12	(60y)	/1984
6.86	Kristi Mullins (Highland Park)10	/1985
6.86#	Madison Sheard (Detroit Renaissance)11	New York/NB Nationals (h) (60)	3/12/2022
6.88	Tierra Youngblood (East Kentwood)12	Allendale/GVSU Div 1/2 Inv	3/20/2007
6.88	Grace Stark (White Lake Lakeland)11	New York/NB Nationals (s) (55)	3/11/2018
6.88#	Elizabeth Anderson (New Boston Huron)11	New York/NB Nationals (h) (60)	3/12/2022
6.89	Shuntia Lucas (Benton Harbor)11	Allendale/GVSU Inv	3/26/2002

Hand-timed:

6.2	Elaine Jones (Detroit Chadsey)11	London, Ontario	2/ 2/1980
6.3	Alfreda Daniels (Detroit Cass Tech)11	Quebec City/Canadian Ch	3/25/1972
6.3	Carrmen Rivers (Detroit MacKenzie)10	London/Western Op (s)	1/31/1976
6.3	Angela Johnson (Detroit Cass Tech)10	London/Western Op (s)	1/31/1976
6.3	Rivers	London/Western Op	1/31/1976
6.3	Rivers	Hamilton	2/19/1977
6.3	Rivers	London	/1978
6.3	Andrea Nranian (Dearborn)11	London	12/ 2/1978
6.3	Vivien McKenzie (Detroit Chadsey)12	/1982
6.3	Teneishia Price (Benton Harbor)12	Allendale/GVSU Inv (h)	3/26/2002
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6.4	Athleen Bowles (Detroit Ford)11	London	12/ 4/1976
6.4	Lisa Glenn (Detroit Cody)10	London	/1982
6.5	Karen Buford (Detroit Southeastern)10	Scarborough/Central Lions	3/13/1971
6.5	Kori Gifford (Bloomfield Hills Andover)12	Burlington	12/15/1979
6.5	Travonia Clay (Muskegon)11	Grand Rapids/MITS	1/28/2003
6.6	Sheila Gillium (MC)?	Ontario Senior Ch	2/24/1973
6.6	Delisa Walton (Detroit Mackenzie)10	London	3/12/1977
6.6	Allison Ware (Detroit Cooley)10	London	3/12/1977

55 METERS (+ = 60y plus .01)

6.79	Kanisa Williams (Detroit Cass Tech)11	Merrillville/National AAU	2/18/1996
6.79#	Kaila Jackson (Detroit Renaissance)12	New York/Millrose Games (60)	1/29/2022
6.80#	Jackson	New York/NB Nationals (60)	3/13/2022
6.83	Shayla Mahan (Detroit Mumford)12	Findlay/Findlay HS Invite	1/20/2007
6.83	Mahan	Findlay/Findlay HS Invite	3/ 3/2007
6.84	Mahan	Findlay/Findlay HS Invite (h)	1/20/2007
6.87+	Pamela Brown (Flint Northern)12	/1984
6.87#	Jackson	New York/NB Nationals (s) (60)	3/13/2022
6.88#	Mahan	New York/National Scholastic (60)	3/11/2007
6.88#	Grace Stark (White Lake Lakeland)11	New York/NB Nationals (s) (60)	3/11/2018
6.89#	Stark	New York/NB Nationals (60)	3/11/2018
6.90	Mahan	Findlay/M-F Athletic Inv	3/ 4/2006
6.90#	Stark	New York/NB Nationals (h) (60)	3/10/2018
6.90#	Jackson	Virginia Beach/adidas Nationals (60)	2/28/2021
6.91#	Jackson	New York/NB Nationals (h) (60)	3/12/2022
6.92#	Jackson	New York/NB Nationals (60) (h)	3/10/2019
6.93	Mahan	Kent/HS Open	2/ 3/2007

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6.95#	Charnell Lynn (Ypsilanti Willow Run)12	Syracuse/NSI (60m).....	3/12/1995
6.95#	Jackson	Virginia Beach/adidas Nationals (h) (60)	2/27/2021
6.97+	Shirley Evans (Detroit Country Day)9	/1985
6.97	Mahan	Findlay/M-F Athletic Inv (h).....	3/ 4/2006
6.97#	Jordan Clark (Southfield Lathrup)12	New York/NB Nationals (h) (60).....	3/12/2011
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6.98	Kendall Baisden (Detroit Country Day)9	Findlay/HS Open.....	1/23/2010
7.00+	Stacey Randolph (Detroit Cass Tech)10	/1985
7.00	Porsche Ries (Detroit Mumford)12	Blacksburg/Virginia Tech Inv.....	1/29/2005
7.01	Elaine Jones (Detroit Chadsey)11	Richfield/Cleveland K of C	2/10/1980
7.02	Vivien McKenzie (Detroit Chadsey)12	Richfield/Cleveland K of C	2/ 6/1982
7.02#	Anavia Battle (Wayne)12	New York/NB Nationals	3/10/2017
7.03+	Carrmann Rivers (Detroit MacKenzie)10	Cleveland	2/14/1976
7.03+	Charmaine Byer (AA Pioneer-TRI)12	/1984
7.07	Kyra Jefferson (Detroit Cass Tech)11	Bowling Green/Black Jack (h).....	1/22/2011
7.07#	Sekayi Bracey (East Kentwood)9	New York/NB Nationals (h) (60).....	3/ 8/2013
7.08#	Madison Meredith (Beverly Hills Groves)12	New York/NB Nationals (60) (h).....	3/11/2016
7.10	Vera Pruitt (Detroit Chadsey)11	Cleveland	2/ /1983
7.10	Tiarra Jones (Detroit Cass Tech)11	East Lansing/Spartan A (h).....	4/ 3/1999
7.10#	Mackenzie Fields (Berkley)10	New York/NB Nationals (h)	3/10/2017
7.11+	Kim Turner (Detroit Mumford)11	Warren	1/13/1978
7.11	Yvette Smiley (Detroit Central)12	Cleveland	/1989
7.12+	Marita Rimpson (Benton Harbor)12	/1985
7.12+	Dawn Adams (Detroit Cooley)12	/1989
7.12#	Teanna Murray (Rochester)12	New York/NB Nationals (60)	3/11/2011
7.13	Vania Nelson (AA Pioneer)12	(hst).....	/1992
7.13	Karla Marshall (Detroit Cass Tech)12	Findlay/MF Inv	3/17/2001
7.13#	Olivia Jenkins (Detroit Renaissance)11	Virginia Beach/adidas Nationals (h) (60)	2/27/2021
7.15#	Tiffani Owens (Ortonville-Brandon)11	New York/NB Nationals (h).....	3/12/2011
7.15#	Savannah Roberson (Ypsilanti Lincoln)12	New York/NB Nationals (60)	3/14/2014
7.15#	Aasia Laurencin (Oak Park)9	New York/NB Nationals	3/10/2017
7.16	Angka Morris (Farmington Hills Mercy)12	Ann Arbor/MITCA State (s).....	3/10/1999
7.17#	Jayla Dace (Detroit Renaissance)9	New York/NB Nationals (60).....	3/12/2022
7.18	Latonya Jones (Saginaw Buena Vista)11	East Lansing/Spartan B	4/ 4/1997
7.18#	Keyanna O'Tey (Sturgis)9	New York/NB Nationals (60)	3/12/2022
7.19+	Shamekia Dunwoody (Detroit Cass T)11	(hst).....	/1991
7.19#	Ashley Keyes (Rochester)12	New York/National Scholastic (60) (h) ...	3/12/2010
7.19#	Berrion Berry (Rochester Stoney Creek)12	New York/NB Nationals (60)	3/ 9/2012
7.19#	Qe'Neisha Young (East Kentwood)9	New York/NB Nationals (h).....	3/10/2017
7.19#	Amani Nuels (Jackson)11	New York/NB Nationals (h) (60).....	3/10/2018
7.21	Melanie Williams (Southfield)12	Hillside/Youth National Inv	2/ 5/2000
7.21	Devin Easter (Big Rapids)11	Allendale/MITS.....	1/11/2003
7.21	Ariss Seals (Detroit Cass Tech)12	Knoxville/Volunteer	2/15/2003
7.21#	Fatouma Conde (Ann Arbor Huron)12	Virginia Beach/adidas Nationals (h) (60)	2/27/2021
Hand-timed:			
6.5y	Alfreda Daniels (Detroit Cass Tech)11	Columbus.....	1/ 8/1972
6.5	Kanisa Williams (Detroit Cass Tech)12	Ann Arbor/MITCA.....	2/14/1997
6.6y	Daniels	Champaign.....	1/13/1973
6.6y	Daniels	Chicago/Op.....	2/12/1972
6.7y	Carolyn Coleman (Ecorse)10	Ypsilanti (h).....	4/13/1968
6.7	Crystal Braddock (AA Pioneer)12	East Lansing/Spartan.....	3/30/1989
6.7	Patrice Verdun (Flint Central)12	East Lansing/Spartan.....	3/30/1989
6.8y	Coleman	Ypsilanti/Michigan AAU.....	4/ 1/1967
6.8y	Coleman	Ypsilanti	4/13/1968
6.8y	Karen Buford (Detroit Southeastern)9	Ypsilanti/Michigan AAU.....	4/ 4/1970
6.8y	Daniels	New York/USA Ch	2/25/1972
6.8y	Daniels	Champaign/Op.....	3/ 4/1972
6.8y	Lynn Smith (Detroit Chadsey)10	Champaign/Op.....	3/ 4/1972
6.8y	Daniels	Columbus	1/ 6/1973
6.8y	Daniels	Champaign.....	1/14/1973
6.8y	Carmann Rivers (Detroit MacKenzie)12	Cleveland/K of C	2/12/1977
6.8y	Andrea Nranian (Dearborn)11	Warren	1/13/1978
6.8y	Rivers	Cleveland/K of C	2/11/1978

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6.8y	Jones	East Lansing	/1980
6.8y	Kori Gifford (Bloomfield Hills Andover)12	East Lansing	/1980
6.8y	Vivien McKenzie (Detroit Mumford)12	East Lansing/Spartan.....	/1982
6.8	Helen Green (Okemos)?	East Lansing/Spartan.....	3/30/1989
6.8y	Kristie Mullins (Highland Park)11	Ann Arbor/MITCA State	3/12/1986
6.8	Tiarra Jones (Detroit Cass Tech)11	Ann Arbor/MITCA (s)	1/29/1999

60 METERS

7.26	Shayla Mahan (Detroit Mumford)12	Lexington/Kentucky Inv.....	2/17/2007
7.26	Kaila Jackson (Detroit Renaissance)12	Louisville/CYUP Cabin Fever.....	1/ 7/2022
7.29	Mahan	Ann Arbor/MITS State.....	3/17/2007
7.30	Jackson	Chicago/CYUP Misfits.....	1/22/2022
7.30	Jackson	Ypsilanti/MITS Champs (s).....	2/26/2022
7.31	Jackson	New York/Millrose Games.....	1/29/2022
7.31	Jackson	Saginaw/SVSU MITS #5.....	2/19/2022
7.31	Jackson	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
7.32	Mahan	Warren/MITS (h)	1/ 4/2007
7.32	Jackson	Ypsilanti/MITS Champs.....	2/27/2022
7.32	Jackson	New York/NB Nationals.....	3/13/2022
7.34	Jackson	Houston/Fastrack Challenge.....	2/ 5/2022
7.35	Mahan	Ann Arbor/MITS State	3/18/2006
7.35	Jackson	Ypsilanti/Huron Relays Large Schools ...	3/26/2022
7.36	Mahan	Lexington/Kentucky Select.....	2/18/2006
7.36	Mahan	New York/National Scholastic (s).....	3/10/2007
7.36	Mahan	Ann Arbor/MITS State (s).....	3/17/2007
7.38	Jackson	Saginaw/SVSU MITS #3.....	1/15/2022
7.39	Jackson	Chicago/CYUP Misfits (h)	1/22/2022
7.39	Jackson	New York/NB Nationals (s).....	3/13/2022
7.40	Mahan	New York/National Scholastic.....	3/11/2007
7.40	Mahan	Ann Arbor/MITS State (h).....	3/17/2007
7.40	Grace Stark (White Lake Lakeland)11	New York/NB Nationals (s)	3/11/2018
7.40	Jackson	Ypsilanti/MITS State.....	3/20/2021
7.41	Stark	Lexington/UK Invitational	2/17/2018
7.41	Jackson	Ypsilanti/LAB MITS #3	12/30/2021
7.42	Mahan	Ypsilanti/MITS.....	2/ 7/2007
7.42	Mahan	Lexington/Kentucky Inv (h).....	2/17/2007
7.42	Stark	New York/NB Nationals	3/11/2018
7.43	Mahan	New York/National Scholastic.....	3/12/2006
7.43	Mahan	Bloomington/Indiana Open.....	1/ 6/2007
7.43	Stark	New York/NB Nationals (h)	3/10/2018
7.43	Jackson	Ypsilanti/MITS State (h)	3/20/2021
7.43	Jackson	Saginaw/SVSU MITS #1	12/11/2021
7.43	Jackson	Louisville/CYUP Cabin Fever (h)	1/ 7/2022
7.44	Jackson	New York/NB Nationals (h)	3/10/2019
7.44	Jackson	Virginia Beach/adidas Nationals	2/28/2021
7.44	Jackson	Ypsilanti/MITS Champs (h)	2/26/2022
7.45	Mahan	New York/National Scholastic (h).....	3/11/2006
7.45	Mahan	New York/National Scholastic (h).....	3/ 9/2007
7.45	Jackson	New York/NB Nationals (h).....	3/12/2022
7.46	Kendall Baisden (Detroit Country Day)10	Bowling Green/Sink	1/30/2011
7.46	Jackson	New York/NB Nationals	3/10/2019
7.46	BreeAna Bates (Dearborn Edsel Ford)11	Ypsilanti/MITS State	2/23/2020
7.46	Jackson	Geneva/Ohio Preview	1/30/2021
7.46	Jackson	Ypsilanti/Lincoln Indoor Classic (h)	4/ 9/2022
7.47	Kanisa Williams (Detroit Cass Tech)12	Windsor/Christmas Op (h).....	12/14/1996
7.47	Mahan	East Lansing/MITS (h)	1/15/2007
7.47	Mahan	East Lansing/MITS.....	1/15/2007
7.47	Stark	Geneva/SPIRE Scholastic	2/11/2018
7.47	Jackson	Ypsilanti/LAB Indoor #4.....	2/19/2021
7.47	Jackson	Ypsilanti/Huron Relays Large (h)	3/26/2022
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7.48	Kyra Jefferson (Detroit Cass Tech)12	Ann Arbor/MITS	2/16/2012
7.50	Porsche Ries (Detroit Mumford)12	Lexington/Kentucky Inv.....	2/19/2005

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7.50	Qu-Neisha Young (East Kentwood)12	Saginaw/MITS #5.....	2/ 8/2020
7.51	Charnell Lynn (Ypsilanti Willow Run)12	Syracuse/NSI	3/12/1995
7.51	Jordan Clark (Southfield Lathrup)12	New York/NB Nationals (h).....	3/12/2011
7.54	Sekayi Bracey (East Kentwood)12	Lexington/Kentucky Inv.....	2/20/2016
7.55	Tiarra Jones (Detroit Cass Tech)11	Columbus/nic	3/14/1999
7.55	Anavia Battle (Wayne)12	Allendale/MITS.....	12/ 3/2016
7.55	Olivia Jenkins (Detroit Renaissance)11	Ypsilanti/MITS State.....	3/20/2021
7.56	Anna Jefferson (Oak Park)12	Ypsilanti/MITS	2/18/2016
7.56	Leeah Burr (Detroit Renaissance)12	Ypsilanti/MITS Champs.....	2/27/2022
7.56	Jayla Dace (Detroit Renaissance)10	Ypsilanti/LAB #2.....	12/30/2022
7.59	Karla Marshall (Detroit Cass Tech)12	Ann Arbor/State Champs	3/14/2001
7.59	Tamea McKelvy (Oak Park)12	Ypsilanti/Huron Relays (large)	3/25/2017
7.60	Kamryn Tatum (West Bloomfield)9	Boston/New Balance Nationals.....	3/11/2023
7.61	Britten Bowen (Ann Arbor Pioneer)11	Ann Arbor/Spring Preview.....	3/30/2017
7.61	Amani Nuels (Jackson)11	Geneva/SPIRE Scholastic	2/11/2018
7.61	Taryn Henderson (Farmington Hills Mercy)10	Ypsilanti/MITS Finals (s)	2/25/2023
7.62	Shameakia Dunwoody (Detroit Cass T)12	Windsor.....	12/21/1992
7.62	Janae Barksdale (Oak Park)10	Grand Rapids/MITS State (s).....	2/25/2017
7.63	Melanie Williams (Southfield)12	New York/NSI (h).....	3/11/2000
7.63	Madison Meredith (Beverly Hills Groves)12	New York/NB Nationals (h).....	3/11/2016
7.63	Sabree Brooks (Detroit Renaissance)9	Ypsilanti/MITS Finals (s)	2/25/2023
7.65	Dani Drayton (Troy)9	Lexington/Kentucky Inv.....	2/17/2007
7.65	Mackenzie Fields (Berkley)10	New York/NB Nationals (h).....	3/10/2017
7.66	Taylor Manson (East Lansing)12	Saginaw/SVSU D1.....	3/22/2017
7.67	Kristie Mullins (Highland Park)11	/1986
7.67	Keyria Calloway (Detroit Crockett)12	Ann Arbor/MITS State (s).....	3/17/2007
7.67	Cindy Ofili (Ann Arbor Huron)12	Ann Arbor.....	2/16/2012
7.67	Aasia Laurencin (Oak Park)10	Ypsilanti/Huron Relays (large)	3/24/2018
7.67	Kylee Poulton (Holland Black River)12	Grand Rapids/Aquinas Challenge.....	3/29/2022
7.68	Teanna Murray (Rochester)12	New York/NB Nationals	3/11/2011
7.68	Savannah Roberson (Ypsilanti Lincoln)12	New York/NB Nationals	3/14/2014
7.68	Chaniya Madison (Bridgeport)11	Ypsilanti/MITS State (h).....	3/20/2021
7.68	DaKya Cunningham (Berkley)12	Ypsilanti/LAB #9.....	2/18/2023
7.69	Christienne Linton (Romulus)12	Boston/Nike Indoor (h).....	3/15/2009
7.70	Tiffani Owens (Ortonville-Brandon)11	Ypsilanti/MITS State (s)	2/26/2011
7.70	Fatouma Conde (Ann Arbor Huron)12	Ypsilanti/LAB Indoor #9.....	3/ 6/2021
7.70	Chaniya Madison (Bridgeport)12	Saginaw/SVSU MITS #3.....	1/15/2022
7.71	Jewel Davis (Plymouth)12	Ypsilanti/MITS.....	2/ 4/2016
7.71	Priscilla Trainor (Lansing Waverly)10	East Lansing/MSU True Team.....	3/27/2018
7.71	Ke'Vina Finch (Harrison Twp L'Anse Creuse)12	Ypsilanti/MITS Finals (s)	2/25/2023
7.72	Brooke Bogan (Ann Arbor Huron)11	Grand Rapids/MITS State (h).....	2/27/2016
7.72	Reghan Draper (Plymouth)11	Ypsilanti/Huron Relays (large)	3/24/2018
7.72	Miyah Brooks (Oak Park)12	Ypsilanti/Huron Relays (large)	3/24/2018
7.72	Gabrielle Jeffries (Bloomfield Hills)11	Saginaw/SVSU D1.....	3/23/2022
7.73	Jewel Thomas (Southfield Lathrup)11	Ypsilanti/MITS State	2/27/2010
7.73	Berrion Berry (Rochester Stoney Creek)12	Ypsilanti/MITS State	2/25/2012
7.73	Comari Hawkins (East Lansing)12	Ypsilanti/Hall Festival of Champs.....	3/ 6/2022
7.73	Keyanna O'Tey (Sturgis)9	New York/NB Nationals.....	3/12/2022
7.74	Erica Hobson (Detroit Cass Tech)10	Ypsilanti/MITS State	2/27/2010
7.74	Payten Williams (Bridgeport)12	Geneva/SPIRE Scholastic Showcase (h).....	2/10/2019
7.74	Mackenzie Robinson (Ann Arbor Huron)11	Ypsilanti/MITS Champs.....	2/27/2022
7.75	Ashley Keyes (Rochester)12	New York/National Scholastic (h).....	3/12/2010
7.75	Quenee' Dale (Romulus)10	New York/NB Nationals	3/ 9/2012
7.75	Dominique Funchess (Det Renaissance)11	Mt Pleasant/MITS State	2/23/2013
7.75	Madison Eaton (Lake Orion)12	Saginaw/MITS.....	1/19/2019
7.75	Mercedes Chandler (Wyoming Kelloggsville)12	Ypsilanti/MITS State (h).....	2/22/2020
7.76	Ariss Seals (Detroit Cass Tech)12	Lexington/Kentucky Inv (h).....	2/22/2003
7.76	Jessica Jones (Detroit Renaissance)10	Lexington/Kentucky Inv.....	2/22/2003
7.76	Michaela Lewis (Flint Southwestern)12	Ypsilanti/MITS State (s)	2/26/2011
7.76	Jessica Howell (Rochester)12	Mt Pleasant/MITS State	2/23/2013
7.76	Tori Carroll (Detroit Cass Tech)11	Saginaw/MITS State (s).....	2/24/2018
7.76	Elizabeth Anderson (New Boston Huron)12	Ypsilanti/LAB #9.....	2/18/2023
7.77	Vivien McKenzie (Detroit Chadsey)12	/1982

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7.77	Taylor Hopp (Jenison)12	Ypsilanti/MITS State	2/28/2015
7.78	Kate Zang (Rockford)12	Grand Rapids/Aquinas MITS (h)	12/11/2021
7.79	Charmaine Byer (Ann Arbor Pioneer)12	/1984
7.79	Jordan Dunn (Lansing Waverly)12	East Lansing/MSU True Team.....	3/27/2007
7.79	Andriana Smith (Bridgeport)12	Grand Rapids/MITS State.....	2/27/2016
7.79	Mizan Thomas (Detroit Renaissance)11	Ann Arbor/MITS	2/18/2017
7.79	Lindsay Strutz (Hartland)10	Saginaw/MITS (h)	1/20/2018
7.79	Kaitlyn Rush (West Bloomfield)12	Hillsdale/Charger Elite	1/25/2020
7.80	Ann Lampkin (Detroit Redford)12	/1986
7.80	Elise Brown (Jackson)12	East Lansing/MSU Playmakers.....	3/25/2008
7.80	Madaline Hall (Fenton)12	Grand Rapids/MITS State	2/26/2017
7.80	Lindsay Johnson (Detroit Cass Tech)10	Ypsilanti/Hall Festival of Champs.....	3/ 6/2022
7.80	Alexys Wilson (Ypsilanti Lincoln)12	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
7.80	Lauren Wooten (Grand Blanc)10	Ypsilanti/LAB #7	2/ 4/2023
7.81	Chanelle Wright (Detroit Mumford)10	Ann Arbor/MITS State (h).....	3/ 6/2004
7.81	Sarita Dotson (Battle Creek Lakeview)12	Allendale/Laker Challenge	3/21/2013
7.81	Ryen Draper (Plymouth)11	Hillsdale/MITS	1/16/2016
7.81	Jade Sabir (Canton)10	Ann Arbor/MITS	2/10/2017
7.81	Isabella Davis (Rochester Hills Stoney Crk)10	Lexington/Kentucky Inv (h).....	2/18/2017
7.81	Angelica Floyd (Clinton Twp Chippewa Vall)12	Ypsilanti/Huron Relays (large)	3/25/2017
7.81	Demetria Royster (Flushing)11	Ypsilanti/MITS State (s)	2/22/2020
7.81	Nonah Waldron (Oak Park)11	Ypsilanti/LAB MITS #8	2/ 5/2022
7.82	Kynihay Brown (Muskegon)12	Ypsilanti/MITS State (h)	2/28/2015
7.82	Mildrenie Young (Flint Southwestern)12	Ypsilanti/MITS State	2/28/2015
7.82	Chloe Abbott (Northville)12	New York/NB Nationals (h).....	3/11/2016
7.82	Jayla Graham (Detroit Renaissance)11	Ypsilanti/MITS #1	12/11/2022
7.82	Madison Sheard (Detroit Renaissance)12	Ypsilanti/LAB #2.....	12/30/2022
7.82	Lailah Palmer (Beverly Hills Groves)12	Ypsilanti/LAB #9.....	2/18/2023

Hand-timed:

7.3	Charnell Lynn (Inkster)11	(hst).....	/1994
7.3	Tiarra Jones (Detroit Cass Tech)10	Windsor/Xmas Op	12/13/1997
7.4	Lynn	Windsor (7.34)	2/13/1994
7.5	Jones	Windsor/Xmas Youth Open.....	12/13/1997
7.5	Ariss Seals (Detroit Cass Tech)12	Warren/MITS.....	1/24/2003
7.5	Jeanetta Stutts (Detroit Mumford)10	East Lansing/MITS.....	2/ 3/2003

100 METERS

11.82	Kaila Jackson (Detroit Renaissance)11	Ypsilanti/Spring Classic.....	4/10/2021
12.62	Janell Brown (East Lansing)9	Ypsilanti/Spring Classic.....	4/10/2021
13.85	Morgan Boze (Saline)12	Ypsilanti/Spring Classic.....	4/10/2021

Hand-timed:

12.2	Olivia Jenkins (Detroit Renaissance)11	Ypsilanti/Spring Classic.....	4/10/2021
14.2	Julia Inge (Saline)11	Ypsilanti/Spring Classic.....	4/10/2021
14.7	Paige Dewey (East Lansing)11	Ypsilanti/Spring Classic.....	4/10/2021

200 METERS

23.84	Kaila Jackson (Detroit Renaissance)12	Houston/Fastrack Challenge.....	2/ 5/2022
23.89	Kendall Baisden (Detroit Country Day)9	New York/National Scholastic	3/14/2010
23.90	Shayla Mahan (Detroit Mumford)12	New York/National Scholastic (h).....	3/10/2007
23.97	Mahan	New York/National Scholastic	3/12/2006
23.97	Kyra Jefferson (Detroit Cass Tech)11	New York/NB Nationals	3/13/2011
24.00	Jackson	Virginia Beach/AAU Nationals.....	3/13/2021
24.08	Anavia Battle (Wayne)12	New York/NB Nationals (h)	3/11/2017
24.11	Jefferson	New York/NB Nationals (h)	3/10/2012
24.13	Mahan	New York/National Scholastic	3/11/2007
24.13	Baisden	New York/National Scholastic (h).....	3/13/2010
24.14	Baisden	Ypsilanti/MITS State	2/27/2010
24.15	Tamea McKelvy (Oak Park)12	New York/NB Nationals (h).....	3/11/2017
24.16	Leeah Burr (Detroit Renaissance)10	Ypsilanti/MITS State	2/23/2020
24.17	Mahan	Bloomington/Indiana Open.....	1/ 6/2007
24.17	Jefferson	New York/NB Nationals (h).....	3/12/2011
24.19	Jackson	Chicago/Akinosun Elite	2/ 5/2021
24.22	Jackson	Louisville/Coach O Invite.....	1/ 8/2022

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24.23	Battle	Hillsdale/Charger Elite	1/21/2017
24.25	Mahan	Findlay/Findlay HS Invite	1/20/2007
24.30	Jefferson	Roxbury/Nike Indoor	3/14/2010
24.31	Baisden	New York/NB Nationals (h)	3/12/2011
24.31	Jefferson	Ypsilanti/MITS State	2/25/2012
24.34	Dynasty McGee (Ypsilanti)12	New York/NB Nationals	3/11/2011
24.34	Burr	Virginia Beach/AAU Nationals.....	3/13/2021
24.35	Burr	Houston/Fastrack Challenge.....	2/ 5/2022
24.36	Jessica Jones (Detroit Mumford)12	New York/National Scholastic.....	3/13/2005
24.36	Jefferson	Ypsilanti/MITS State	2/26/2011
24.36	Burr	Houston/Lewis Inv.....	1/18/2020
24.36	Burr	Virginia Beach/adidas Nationals (h)	2/26/2021
24.39	Porsche Ries (Detroit Mumford)12	New York/National Scholastic (h).....	3/12/2005
24.42	Jefferson	New York/NB Nationals	3/11/2012
24.43	Jones	New York/National Scholastic (h).....	3/12/2005
24.44	Mahan	New York/National Scholastic (h).....	3/12/2006
24.44	Jackson	Virginia Beach/AAU Nationals (h)	3/12/2021
24.45	Jewel Davis (Plymouth)12	New York/NB Nationals (h).....	3/12/2016
24.46	Ries	New York/National Scholastic.....	3/13/2005
24.46	Jackson	Virginia Beach/adidas Nationals (h)	2/26/2021
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24.55	Taylor Manson (East Lansing)11	New York/NB Nationals (h).....	3/12/2016
24.56	Taryn Henderson (Farmington Hills Mercy)10	Boston/New Balance Nationals (h)	3/11/2023
24.62	Brooke Gray (Brighton)12	Chicago/Akinosun Elite	2/ 5/2021
24.64	Jayla Dace (Detroit Renaissance)10	Boston/New Balance Nationals (h)	3/11/2023
24.67	Savannah Roberson (Ypsilanti Lincoln)12	New York/NB Nationals (h).....	3/15/2014
24.67	Zalonya Eby (Carleton-Airport)12	New York/NB Nationals (h).....	3/10/2017
24.73	Julia Ford (Detroit Cass Tech)10	Windsor/Ontario J-S Ch	2/11/1995
24.73	Paige Patterson (Dearborn Divine Child)12	New York/NB Nationals (h).....	3/ 9/2013
24.77	Melanie Williams (Southfield)12	New York/National Scholastic (h).....	3/11/2000
24.77	Mackenzie Robinson (Ann Arbor Huron)12	Boston/New Balance Nationals (h)	3/11/2023
24.79	Kamryn Tatum (West Bloomfield)9	Boston/New Balance Nationals (h)	3/11/2023
24.82	Nevaeh Burns (Oak Park MS)8	Boston/New Balance Nationals (h)	3/11/2023
24.84	Elizabeth Anderson (New Boston Huron)12	Boston/New Balance Nationals (h)	3/11/2023
24.86	Charnell Lynn (Ypsilanti Willow Run)12	Syracuse/National Scholastic.....	3/12/1995
24.87	Chloe Vines (Oak Park)9	Ypsilanti/MITS.....	12/20/2018
24.87	Comari Hawkins (East Lansing)11	Virginia Beach/adidas Nationals (h)	2/26/2021
24.89	Lindsay Johnson (Detroit Cass Tech)11	Boston/New Balance Nationals (h)	3/11/2023
24.94	Jade Sabir (Canton)12	Ypsilanti/MITS State	2/24/2019
24.95	Tenisha Griggs (Southfield Lathrup)12	Landover/Nike Indoor Classic (h).....	3/13/2004
24.98	Anna Jefferson (Oak Park)12	Ypsilanti/MITS	2/11/2016
24.98	Aasia Laurencin (Oak Park)10	Atlanta/Dunamis Super Meet (h).....	2/ 9/2018
25.00	Katrice Walton (Detroit Cass Tech)10	Windsor/BMJ.....	3/ 4/2000
25.00	Chloe Abbott (Northville)12	Hillsdale/MITS	2/21/2016
25.00	Isabella Davis (Rochester)9	New York/NB Nationals (h).....	3/11/2016
25.01	Alexandria Spruel (Southfield Lathrup)12	Ann Arbor/MITS State	3/ 5/2005
25.02	Elise Glass (Dearborn Edsel Ford)11	Ann Arbor/MITS State	3/17/2007
25.05	Asia Elder (Detroit Renaissance)9	Boston/New Balance Nationals (h)	3/11/2023
25.12	Kai Allen (Detroit Cass Tech)11	Boston/New Balance Nationals (h)	3/11/2023
25.15	Tierra Jones (Detroit Cass Tech)12	Bloomington/NIC	3/12/2000
25.16	Britten Bowen (Ann Arbor Pioneer)12	New York/NB Nationals	3/ 9/2018
25.20	Torisa Johnson (Ann Arbor Pioneer)12	Grand Rapids/MITS State	2/27/2016
25.27	DaKya Cunningham (Berkley)12	Ann Arbor/UM Invitational	1/22/2023
25.29	Jordan Clark (Southfield Lathrup)10	New York/Nat. Scholastic (h)	3/15/2009
25.30	Latasha Jollett (Detroit Mumford)9	Columbus/NIC.....	3/14/1999
25.30	Zaniya King (River Rouge)12	New York/NB Nationals (h).....	3/12/2022
25.32	Gabrielle Edwards (Walled Lk Central)11	New York/NB Nationals (h).....	3/10/2012
25.32	Ryen Draper (Plymouth)12	Ann Arbor/MITS	2/18/2017
25.37	Sekayi Bracey (East Kentwood)12	Ann Arbor/MITS	2/22/2016
25.38	Trinity Bracey (East Kentwood)12	Ypsilanti/MITS State	2/23/2020
25.39	Jada Sabir (Canton)10	Grand Rapids/MITS State (h).....	2/25/2017
25.42	Jayla Graham (Detroit Renaissance)11	Boston/New Balance Nationals (h)	3/11/2023
25.43	Ke'Vina Finch (Harrison Twp L'Anse Creuse)12	Boston/New Balance Nationals (h)	3/11/2023

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25.46	Carlita Taylor (Oak Park MS)8	New York/NB Nationals (h).....	3/ 8/2013
25.46	Lailah Palmer (Beverly Hills Groves)12	Boston/New Balance Nationals (h)	3/11/2023
25.47	Heather Brown (Ann Arbor Pioneer)12	(hst).....	/1991
25.48	Landria Buckley (Romulus)11	Ann Arbor/MITS State	3/ 5/2005
25.52	Elise Brown (Jackson)11	Ann Arbor/MITS State	3/17/2007
25.52	Erica Hobson (Detroit Cass Tech)11	Ypsilanti/MITS State	2/26/2011
25.53	Crystal Lee (Detroit Cass Tech)12	Ann Arbor/State Champs	3/14/2001
25.53	Brook Bogan (Ann Arbor Huron)12	Fayetteville/Arkansas Inv (h).....	1/14/2017
25.53	Janae Barksdale (Oak Park)10	Ypsilanti/MITS	2/ 2/2017
25.54	Taylor Korytkowski (Rockford)12	Ypsilanti/MITS State	2/23/2020
25.57	Payten Williams (Bridgeport)12	New York/NB Nationals (h).....	3/ 8/2019
25.59	Asia Gardner (Westland Glenn)12	Grand Rapids/MITS State	2/27/2016
25.60	Chanell Wright (Detroit Mumford)12	New York/National Scholastic (h).....	3/12/2006
25.60	BreeAna Bates (Dearborn Edsel Ford)11	Hillsdale/Charger Elite	1/25/2020
25.61	Gabrielle Edwards (Walled Lake Central)12	Ypsilanti/MITS	2/ 6/2013
25.61	Nonah Waldron (Oak Park)9	Ypsilanti/MITS.....	1/ 4/2020
25.67	Kristie Mullins (Highland Park)11	/1986
25.67	Caprice Fields (Royal Oak MS)6	Ypsilanti/MITS.....	12/17/2015
25.68	Jakarri Alven (GR Catholic Central)12	Hillsdale/Charger Qualifier	1/19/2019
25.72	Amani Nuels (Jackson)11	Hillsdale/Charger Preview 1-2.....	3/29/2018
25.73	Kiara Moore (Ann Arbor Pioneer)11	Findlay/M-F Athletic Inv	3/ 4/2006
25.73	Priscilla Trainor (Lansing Waverly)9	Mt Pleasant/Chippewa Inv	3/28/2017
25.75	Victoria Chatman (Taylor Kennedy)12	East Lansing/MITS.....	2/14/2007
25.75	Aidia Adams (Saginaw)11	Ypsilanti/MITS State	2/23/2020
25.77	Traci Ball (Detroit Cass Tech)12	Merrillville/National AAU.....	2/27/1998
25.78	Jovonne Tyson-King (Pontiac Northern)10	Ann Arbor/MITS State	3/17/2007
25.78	Jasmine Brathwaite (Grosse Pointe South)12	New York/NB Nationals (h).....	3/14/2014
25.79	Jewel Thomas (Southfield Lathrup)11	New York/National Scholastic (h).....	3/13/2010
25.80	Aisha Osborne (Detroit Mumford)12	Findlay/Oiler Inv	2/13/2009
25.80	Shayla France (L'Anse)11	Ann Arbor/MITS	1/ 8/2010
25.80	Imani Jackson (Detroit Renaissance)12	Ypsilanti/MITS.....	12/19/2019
25.82	Christienne Linton (Romulus)12	Toronto/York Xmas Open	12/ 6/2008
25.82	Shannon McGrath (Brighton)12	Grand Rapids/MITS State	2/26/2017
25.83	Danielle Pierce (Detroit Cass Tech)9	Ontario Ch.....	2/ 8/1987
25.83	Jennifer Lawson (Detroit Renaissance)11	Windsor/BMJ.....	3/ 4/2000
25.85	Emma Thomas (Midland Dow)11	Ann Arbor/UM Invitational	1/22/2023
25.87	Shameakia Dunwoody (Detroit Cass)12	Windsor.....	12/21/1992
25.87	Lela Nelson (Detroit Mumford)12	Ann Arbor/State Champs	3/14/2001
25.87	Kourtney Kennard (Oak Park)12	Ypsilanti/MITS.....	1/ 4/2020
Hand-timed: (+ = 220y - 0.1)			
24.6+	Carolyn Coleman (Ecorse)10	Nat. Jr AAU (h) (24.7)	4/ 6/1968
24.8+	Liz Caldwell (Michigamme TC)10	Ypsilanti/Michigan AAU (24.9)	4/13/1968
24.9	Charnell Lynn (Inkster)11	London.....	12/18/1993
25.0	Carrman Rivers (Detroit Mackenzie)11	/1977
25.3+	Linda Blakely (Detroit Northwestern)10	Pittsburgh, Pa (25.4).....	1/13/1973
25.4	Leona Mathis (Detroit Northwestern)10	Ypsilanti/Indoor Conf.....	4/12/1969
25.4+	Julie Gibson (Detroit Cass Tech)10	Pittsburgh, Pa (25.5).....	2/11/1973
25.4	Taylor Manson (Lansing Waverly)10	East Lansing/MITS.....	1/19/2015
25.5	Keisha Spight (Detroit King)12	Bloomington/Mid-East Inv	3/ 6/1999
25.5	Taylor Lucas (Ann Arbor Huron)10	East Lansing/MITS.....	1/19/2015
25.6+	Marjorie Grimmett (Detroit Chadsey)12	Columbus (25.7)	1/ 4/1974
25.6	Traci Ball (Detroit Cass Tech)10	Ann Arbor/Wolverine Inv	3/30/1996
25.6	Elise Brown (Jackson)11	Hillsdale/MITS.....	1/25/2007
Oversized track:			
23.92	Kaila Jackson (Detroit Renaissance)12	Ypsilanti/MITS Champs.....	2/27/2022
23.96	Shayla Mahan (Detroit Mumford)11	Lexington/Kentucky Select.....	2/18/2006
24.04	Jackson	Ypsilanti/Spring Classic.....	4/10/2021
24.10	Anavia Battle (Wayne)12	Allendale/MITS.....	1/14/2017
24.11	Kendall Baisden (Detroit Country Day)9	Allendale/Big Meet	2/13/2010
24.12	Jackson	Ypsilanti/MITS Champs (h)	2/26/2022
24.18	Leeah Burr (Detroit Renaissance)10	Geneva/SPIRE Showcase	2/ 9/2020
24.19	Battle	Allendale/MITS.....	12/ 3/2016
24.26	Battle	Geneva/SPIRE Scholastic	2/12/2017

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24.29	Jackson	Geneva/Ohio Preview	1/30/2021
24.34	Taylor Manson (East Lansing)11	Lexington/Kentucky Inv	2/20/2016
24.36	Jackson	Ypsilanti/LAB MITS #2	12/17/2021
24.37	Burr	Ypsilanti/MITS Champs	2/27/2022
24.39	Burr	Saginaw/SVSU MITS #5	2/19/2022
24.43	Tamea McKelvy (Oak Park)12	Geneva/SPIRE Scholastic	2/12/2017
24.44	Burr	Geneva/Ohio Preview	1/30/2021
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24.51	Kyra Jefferson (Detroit Cass Tech)11	Johnson City/KTC	2/ 5/2011
24.56	Jewel Davis (Plymouth)12	Saginaw/MITS	2/ 6/2016
24.56	Comari Hawkins (East Lansing)12	Saginaw/SVSU MITS #5	2/19/2022
24.60	Brooke Gray (Brighton)12	Ypsilanti/MITS State	3/20/2021
24.63	Kamryn Tatum (West Bloomfield)9	Ypsilanti/MITS Finals	2/26/2023
24.66	Jessica Jones (Detroit Renaissance)10	Lexington/Kentucky Inv	2/22/2003
24.66	Fatouma Conde (Ann Arbor Huron)12	Ypsilanti/MITS State	3/20/2021
24.75	Anna Jefferson (Oak Park)9	Allendale/MITS	1/11/2014
24.78	Tenisha Griggs (Southfield)11	Lexington/Kentucky Inv	2/22/2003
24.78	Sekayi Bracey (East Kentwood)12	Lexington/Kentucky Inv	2/20/2016
24.79	Elizabeth Anderson (New Boston Huron)12	Ypsilanti/MITS Finals	2/26/2023
24.87	Ryen Draper (Plymouth)12	Geneva/SPIRE Scholastic	2/12/2017
24.87	Ke'Vina Finch (Harrison Twp L'Anse C)12	Ypsilanti/LAB Youth National Invite	2/11/2023
24.88	Jade Sabir (Canton)11	Saginaw/MITS State	2/25/2018
24.88	Mackenzie Robinson (Ann Arbor Huron)11	Ypsilanti/LAB MITS #2	12/17/2021
24.91	Nevaeh Burns (Oak Park MS)8	Ypsilanti/MITS Finals	2/26/2023
24.93	Savannah Roberson (Ypsilanti)12	Kent/HS Open	3/ 2/2014
24.95	Aasia Laurencin (Oak Park)10	Saginaw/MITS	1/20/2018
24.99	BreeAna Bates (Dearborn Edsel Ford)11	Lexington/UK Inv	2/15/2020
24.99	Lailah Palmer (Beverly Hills Groves)12	Ypsilanti/MITS Finals	2/26/2023
25.00	Chloe Abbott (Northville)12	Geneva/SPIRE Showcase	2/13/2016
25.00	Zaniya King (River Rouge)12	Ypsilanti/MITS Champs	2/27/2022
25.02	Janae Barksdale (Oak Park)10	Saginaw/MITS	2/ 4/2017
25.04	Dynasty McGee (Ypsilanti)12	Findlay	1/23/2011
25.04	Trinity Bracey (East Kentwood)12	Lexington/UK Inv	2/15/2020
25.06	Isabella Davis (Rochester Hills Stoney Creek)9	Lexington/Kentucky Inv	2/20/2016
25.06	Amani Nuels (Jackson)11	Geneva/SPIRE Scholastic	2/11/2018
25.09	Britten Bowen (Ann Arbor Pioneer)12	Saginaw/MITS State	2/25/2018
25.10	Olivia Jenkins (Detroit Renaissance)12	Ypsilanti/MITS Champs	2/27/2022
25.10	Sabree Brooks (Detroit Renaissance)9	Ypsilanti/LAB #9	2/18/2023
25.11	Jayla Dace (Detroit Renaissance)10	Ypsilanti/LAB #9	2/18/2023
25.12	Alexys Wilson (Ypsilanti Lincoln)12	Ypsilanti/MITS Champs	2/27/2022
25.15	Kai Allen (Detroit Cass Tech)11	Geneva/Spire Scholastic	2/ 5/2023
25.17	Taryn Henderson (Farmington Hills Mercy)10	Ypsilanti/LAB #7	2/ 4/2023
25.18	DaKya Cunningham (Berkley)12	Ypsilanti/LAB #9	2/18/2023
25.19	Jayla Dace (Detroit Renaissance)9	Ypsilanti/MITS Champs (h)	2/26/2022
25.20	Gabrielle Edwards (Walled Lk Central)11	Lexington/Kentucky Inv	2/18/2012
25.20	Grace Stark (White Lake Lakeland)11	Saginaw/MITS	1/20/2018
25.21	Chloe Vines (Oak Park)11	Fort Wayne/Blackwell Inv	1/ 2/2021
25.25	Elise Glass (Dearborn Edsel Ford)12	Lexington/Kentucky Inv	2/23/2008
25.25	Bridgette Owens-Mitchell (Southfield)12	Lexington/Kentucky Inv	2/20/2010
25.26	Kate Zang (Rockford)12	Allendale/GVSU Big Schools	3/24/2022
25.27	Taylor Korytkowski (Rockford)12	Lexington/UK Inv	2/15/2020
25.28	Alona Olshevskva (Westland Glenn)12	Saginaw/MITS State	2/25/2018

300 METERS

38.16	Kendall Baisden (Detroit Country Day)11	New York/NB Nationals	2/ 3/2012
38.89	Leeah Burr (Detroit Renaissance)12	Chicago/CYUP Misfits	1/22/2022
39.10	Chloe Vines (Detroit Renaissance)12	Chicago/CYUP Misfits	1/22/2022
39.15	Comari Hawkins (East Lansing)12	New York/Millrose Games	1/29/2022
39.35	Gabrielle Jeffries (Bloomfield Hills)11	Chicago/CYUP Misfits	1/22/2022
39.43	Burr	New York/Millrose Games	1/29/2022
39.51	Vines	New York/Millrose Games	1/29/2022
39.53	Kyra Jefferson (Detroit Cass Tech)12	New York/NB Nationals	2/ 3/2012
39.63	Julia Ford (Detroit Cass Tech)10	London/Season's Opener	12/ 4/1994

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39.80	Anna Jefferson (Oak Park)11	New York/Armory Track Inv	1/31/2015
39.84	Hawkins	Chicago/CYUP Misfits	1/22/2022
39.90	A. Jefferson	New York/Armory Inv	2/ 6/2016
40.01#	Neveah Burns (Oak Park MS)8	Boston/New Balance Nationals	3/11/2023
40.06#	Burr	New York/NB Nationals (h) (400)	3/11/2022
40.07	Vines (Oak Park)	Virginia Beach/Showcase	1/16/2021
40.17#	Burns	Boston/New Balance Nationals (400) (h)	3/10/2023
40.34	Tracey Ball (Detroit Cass Tech)12	Ann Arbor/MITCA State	3/18/1998
40.42	Deanna Vogel (Tecumseh)12	Ann Arbor/MITCA State	3/18/1998
40.42	Nonah Waldron (Oak Park)11	Chicago/CYUP Misfits	1/22/2022
40.66#	Gabrielle Jeffries (Bloomfield Hills)11	New York/NB Nationals (h) (400)	3/11/2022
40.80	Waldron	New York/Millrose Games	1/29/2022
40.90#	Burr	New York/NB Nationals (h) (400)	3/12/2022
41.00#	Lindsay Johnson (Detroit Cass Tech)11	Boston/New Balance Nationals (400) (h)	3/10/2023
41.01	Morgan Roundtree (Oak Park)10	Chicago/CYUP Misfits	1/22/2022
41.05	Kari Manns (Detroit Chadsey)12	London	1/ 2/1982
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41.06#	Elizabeth Anderson (New Boston Huron)12	Boston/New Balance Nationals (400) (h)	3/10/2023
41.20	Ann Lampkin (Detroit Redford)12	/1986
41.26	Keisha Spight (Detroit King)11	Ann Arbor/MITCA State	3/18/1998
41.27	Melanie Williams (Detroit King)10	Ann Arbor/MITCA State	3/18/1998
41.29#	Alexys Wilson (Ypsilanti Lincoln)12	New York/NB Nationals (h) (400)	3/11/2022
41.44#	Kelis Hunter-Young (Oak Park)11	Boston/New Balance Nationals (400)	3/10/2023
41.49	Cayla Hawkins (East Lansing MS)8	Chicago/CYUP Misfits	1/22/2022
41.56	Taryn Henderson (Farmington Hills Mercy)9	Chicago/CYUP Misfits	1/22/2022
41.64	Shameakia Dunwoody (Det Cass T)12	Windsor	1/12/1992
41.82	Julia Ford (Detroit Boynton MS)7	Windsor/Invitational.....	1/17/1993
41.90	Sydni Clark (Southfield)12	London/Season Opener.....	11/29/2008
41.95	Najah Howard (Detroit Northern)11	Ann Arbor/MITCA State	3/18/1998
41.95#	Gabrielle Jeffries (Bloomfield Hills)12	Boston/New Balance Nationals (400)	3/10/2023
Oversized Track:			
39.62	Neveah Burns (Oak Park MS)8	Ypsilanti/LAB #3	1/ 7/2023
39.67	Mackenzie Robinson (Ann Arbor Huron)12	Ypsilanti/LAB #3	1/ 7/2023
39.70	Elizabeth Anderson (New Boston Huron)12	Ypsilanti/LAB #1	12/17/2022
40.66	Christienne Linton (Romulus)12	Allendale/MITS.....	1/10/2009
40.71	Taryn Henderson (Farmington Hills Mercy)10	Ypsilanti/LAB #1	12/17/2022
40.79	Kai Allen (Detroit Cass Tech)11	Ypsilanti/LAB #1	12/17/2022
41.15	Lailah Palmer (Beverly Hills Groves)12	Ypsilanti/LAB #1	12/17/2022
41.22	Meg Bellino (Monroe St Mary)12	Allendale/MITS.....	1/10/2009
41.38	Aisha Osborne (Detroit Mumford)12	Allendale/MITS.....	1/10/2009
41.38	Morgan Roundtree (Oak Park)11	Ypsilanti/LAB #1	12/17/2022
41.40	Nonah Waldron (Oak Park)12	Ypsilanti/LAB #1	12/17/2022
41.87	Dynasty McGee (Flint Southwestern)10	Allendale/MITS.....	1/10/2009
400 METERS			
53.23	Kendall Baisden (Detroit Country Day)9	New York/National Scholastic	3/14/2010
54.23	Baisden	New York/NB Nationals	3/13/2011
54.58	Baisden	New York/National Scholastic (h).....	3/13/2010
54.61	Anna Jefferson (Oak Park)10	New York/NB Nationals (h)	3/15/2014
54.79	Jessica Jones (Detroit Mumford)12	New York/National Scholastic	3/13/2005
54.86	Dynasty McGee (Ypsilanti)12	New York/NB Nationals	3/13/2011
55.22	Taylor Manson (East Lansing)11	New York/NB Nationals (h)	3/12/2016
55.22	Jada Roundtree (Oak Park)12	Virginia Beach/adidas Nationals	2/28/2021
55.22	Neveah Burns (Oak Park MS)8	Boston/New Balance Nationals (h)	3/10/2023
55.25	McGee	Ypsilanti/MITS State	2/26/2011
55.37	Baisden	New York/NB Nationals (h)	3/12/2011
55.42	Jones	New York/National Scholastic (h).....	3/12/2005
55.42	Jefferson	New York/NB Nationals (h)	3/12/2016
55.52	Jefferson	Grand Rapids/MITS State	2/27/2016
55.53	McGee	Ypsilanti/MITS	2/ 9/2011
55.57	Leeah Burr (Detroit Renaissance)11	Virginia Beach/AAU Nationals.....	3/14/2021
55.61	Burns	Boston/New Balance Nationals	3/11/2023
55.65	Burns	Ann Arbor/UM Invitational	1/22/2023

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55.81	Roundtree	Ypsilanti/MITS State	2/23/2020
55.83	Burr	New York/NB Nationals (h).....	3/11/2022
56.01	Jefferson	Ypsilanti/MITS State	2/28/2015
56.02	McGee	Ann Arbor/MITS State	3/17/2007
56.02	Jefferson	New York/NB Nationals (h)	3/14/2015
56.04	Baisden	Ypsilanti/MITS	1/14/2010
56.06	Roundtree (26.70/29.36)	Virginia Beach/adidas Nationals (h)	2/26/2021
56.09	Chloe Abbott (Northville)12	New York/NB Nationals (h)	3/12/2016
56.15	Janae Barksdale (Oak Park)10	New York/NB Nationals	3/10/2017
56.19	Baisden	New York/National Scholastic (7/8).....	3/16/2008
56.20	McGee	Roxbury/Nike Indoor	3/14/2010
56.22	Jones	Ann Arbor/MITS State	3/ 5/2005
56.22	Latipha Cross (Southfield)11	Ypsilanti/MITS State	2/26/2011
56.29	Gabrielle Jeffries (Bloomfield Hills)11	New York/NB Nationals (h).....	3/11/2022
56.30	Vines	Ypsilanti/MITS State	2/23/2020
56.36	McGee	Roxbury/Nike Indoor (h).....	3/13/2010
56.38	Dorriann Coleman (Oak Park)9	New York/NB Nationals	3/13/2015
56.40	Jefferson	Ypsilanti/MITS	12/18/2014
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56.46	Lauren Burnett (Macomb Dakota)12	New York/NB Nationals	3/ 8/2013
56.49	Geena Gall (Grand Blanc)12	Warren/MITS.....	2/25/2005
56.62	Jewel Davis (Plymouth)12	New York/NB Nationals (h)	3/12/2016
56.63	Paige Patterson (Dearborn Divine Child)12	New York/NB Nationals (h)	3/ 9/2013
56.65	Mackenzie Sullivan (Farmington Hills Mercy)11	Ypsilanti/MITS State	2/23/2020
56.66	Chloe Vines (Oak Park)9	New York/NB Nationals	3/ 9/2019
56.68	Comari Hawkins (East Lansing)11	Virginia Beach/adidas Nationals (h)	2/26/2021
56.82	Elizabeth Anderson (New Boston Huron)12	Ann Arbor/UM Invitational	1/22/2023
56.86	Aisha Osborne (Detroit Mumford)12	Findlay/HS Invite II	3/ 7/2009
56.88	Miyah Brooks (Oak Park)12	New York/NB Nationals	3/ 9/2018
56.89	Johnyce Powell (Oak Park)12	Ypsilanti/MITS State	2/28/2015
56.95	Victoria Chatman (Taylor Kennedy)12	Ann Arbor/MITS State	3/17/2007
56.97	Nonah Waldron (Oak Park)11	Chicago/Akinosun Inv	1/16/2022
57.03	Brianna Holloway (Oak Park)12	New York/NB Nationals	3/11/2016
57.04	Julia Ford (Detroit Cass Tech)10	Windsor/Ontario JS Ch	2/11/1995
57.06	Imani Jackson (Detroit Renaissance)12	Ypsilanti/MITS State	2/23/2020
57.13	Brooke Bogan (Ann Arbor Huron)12	New York/NB Nationals	3/10/2017
57.21	Lindsay Johnson (Detroit Cass Tech)11	Boston/New Balance Nationals (h)	3/10/2023
57.30	Carlita Taylor (Oak Park MS)8	Ann Arbor/MITS	2/13/2013
57.32	Kelis Hunter-Young (Oak Park)11	Boston/New Balance Nationals.....	3/10/2023
57.45	Kiara Moore (Ann Arbor Pioneer)12	Ann Arbor/MITS State	3/17/2007
57.45	Alexys Wilson (Ypsilanti Lincoln)12	New York/NB Nationals (h).....	3/11/2022
57.52	Tamyra Todd (Oak Park)11	Ypsilanti/MITS State	2/23/2020
57.62	Nevaeh Burns (Oak Park MS)7	New York/NB Nationals (h).....	3/11/2022
57.66	Mya Georgiadis (Ann Arbor Huron)12	Staten Island/Nike Nationals (h).....	3/11/2022
57.67	Liliane Aittama (South Lyon East)12	New York/Nike Nationals.....	3/10/2023
57.73	Erica Shepard (Detroit Cass Tech)12	Warren/MITCA	1/ 8/1993
57.75	Ersula Farrow (Oak Park)12	Ann Arbor/MITS	1/ 2/2015
57.84	Hailey Mayes (Ann Arbor Pioneer)12	Fayetteville/Arkansas Inv (h).....	1/14/2017
57.85	Taryn Henderson (Farmington Hills Mercy)10	Boston/New Balance Nationals.....	3/10/2023
57.86	Alexandria Marshall (Farm. Hills Mercy)12	Ann Arbor/MITS Final	3/ 8/2003
57.88	Emma Thomas (Midland Dow)11	Ypsilanti/EMU MITS	2/ 5/2023
57.96	Chika Amene (Southfield Christian)12	New York/NB Nationals	3/ 9/2018
58.01	Isabella Davis (Rochester Hills Stoney Crk)12	Ypsilanti/MITS State	2/24/2019
58.01	Brooke Gray (Brighton)12	Virginia Beach/adidas Nationals (h)	2/26/2021
58.02	Sharda Grace (Detroit Mumford)12	Ann Arbor/MITS State	3/ 5/2005
58.05	Tamea McKelvy (Oak Park)12	Ann Arbor/MITS	1/28/2017
58.06	Samari Finney (Warren Mott)10	Ypsilanti/MITS State	2/23/2020
58.08	Chloe Foster (Ann Arbor Skyline)11	Ypsilanti/MITS.....	2/11/2016
58.09	Carlita Taylor (Oak Park)12	Ann Arbor/MITS	1/28/2017
58.15	Amelia Bannister (Albion)9	Hillsdale/MITS.....	3/ 3/2006
58.16	Davonne Bolden (Rochester)12	Ann Arbor/MITS	2/12/2014
58.17	Jenaie Edwards (Detroit Denby)11	Ann Arbor/MITS State	3/13/2002
58.17	Isabel Olds (Trenton)11	New York/NB Nationals	3/11/2016

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58.21	Re'Anna Blair (East Lansing)12	East Lansing/MSU True Team.....	3/29/2016
58.21	Morgan Roundtree (Oak Park)11	Ann Arbor/UM Invitational	1/22/2023
58.25	Sydney Benson (Grosse Pointe North)12	Ypsilanti/MITS	2/11/2016
58.28	London Renfroe (Ann Arbor Pioneer)10	New York/NB Nationals	3/ 9/2012
58.28	Jade Sabir (Canton)9	Bowling Green/Sink Inv.....	1/23/2016
58.30	Tamiko Powell (Detroit Cass Tech)11	Ontario Ch.....	2/ 8/1987
58.30	Talia Wickett (Harper Wds Chandler Park)11	Ypsilanti/MITS State	2/23/2020
58.33	Kylee King (Oak Park)10	Ypsilanti/Huron Relays Large Schools ...	3/26/2022
58.34	Kayla Schoenle (Milford)12	Bowling Green/Sid Sink Open.....	1/31/2010
58.35	Maya Long (Ann Arbor Huron)12	Ypsilanti	2/ 7/2012
58.46	Nicole VacaGuzman (Grandville)11	New York/NB Nationals (h).....	3/15/2014
58.47	Marquita McGowan (Detroit DePorres)12	Ann Arbor/State Champs	3/14/2001
58.49	Ann Lampkin (Detroit Redford)12	/1986
58.49	Sheena Loving (Flint Central)12	Saginaw/SVSU Inv D1	3/20/2003
58.55	Ramzee Fondren (Detroit Renaissance)11	Ypsilanti/MITS	2/ 7/2007
58.59	Asia Smith (Flushing)12	Ypsilanti/MITS State	2/24/2019
58.61	Alexandra Cunningham (Detroit Ren)9	Landover/Nike Classic (h).....	3/15/2003
58.65	Jada Sabir (Canton)10	Ann Arbor/MITS	2/10/2017
58.68	Infinite Rowe (Pontiac)9	New York/NB Nationals	3/ 8/2013
58.69	Erin Dowd (Brighton)12	Hillsdale/Charger Last Chance	2/21/2016
58.70	Sydni Clark (Southfield)12	Ypsilanti/Holiday Classic	12/28/2008
58.70	Meg Bellino (Monroe St Mary)12	Ypsilanti/MITS	1/15/2009
58.71	Janae Coleman (Oak Park MS)7	Boston/New Balance Nationals.....	3/ 9/2023
58.72	Kaniya Weatherspoon (Napoleon)12	Ann Arbor/MITS	1/16/2015
58.78	Rebecca Adamcheck (Livonia Stevenson)12	Ypsilanti/Great Lakes.....	12/27/2009
58.78	Aubrey Wilberding (Birmingham Seaholm)11	Ypsilanti	2/ 7/2012
58.79	Paige Cataldo (Bloomfield Hills Marian)12	Ypsilanti/MITS State	2/27/2010
58.79	Shekinah Johnson (Salem)12	Ypsilanti/MITS State	2/28/2015
58.81	Lauren Fortson (Ann Arbor Pioneer)12	Landover/Nike Indoor Classic	3/13/2004
58.84	Donae Adams (Canton)9	Grand Rapids/MITS State	2/27/2016
58.86	Jamillah Bowman (Ann Arbor Pioneer)12	Saginaw/SVSU Class A.....	3/25/1999
58.87	Angie Brooks (Ortonville-Brandon)12	Mt Pleasant/MITS State championships	2/29/2008
58.88	Adaysha Parker (Wyandotte)10	Ypsilanti/MITS State	2/25/2012
58.90	Vera Pruitt (Detroit Chadsey)?	Ypsilanti	12/28/1982
Hand-timed (+ = 440y - 0.3):			
56.1+	Delisa Walton (Detroit Mackenzie)12	Hamilton.....	/1979
56.9	Julia Ford (Detroit Cass Tech)10	Windsor/Christmas Op.....	12/17/1994
56.9	Jamillah Bowman (Ann Arbor Pioneer)12	Ann Arbor/Wolverine Inv	3/30/1999
57.0	Vivian McKenzie (Detroit Chadsey)12	/1982
57.3	Rochelle Collins (Detroit Immaculata)10	Hamilton.....	3/ 6/1976
57.4+	Mary Hokanson (Michigammas TC)?	Nat. Jr AAU.....	4/ 6/1968
57.5+	Allison Ware (Detroit Cooley)11	Warren (57.8).....	1/13/1978
57.5+	Erica Shepard (Detroit Cass Tech)12	Warren (57.8).....	1/ 8/1993
57.6	Wendy Truvillion (Detroit Pershing)12	/1982
57.7	Kim Watts (Detroit MacKenzie)?	Chicago.....	3/15/1975
57.7	Keisha Spight (Detroit King)12	Bloomington/Mid-East Inv	3/ 6/1999
57.9+	Cheryl Gillium (Detroit Cass Tech)?	Cleveland/K of C (58.2).....	2/12/1977
58.0	Angela Sibbey (Detroit Mumford)?	/1981
58.0+	Tamika Powell (Detroit Cass Tech)11	Warren/Macomb HS	2/ 6/1987
58.1+	Sue Parks (Ypsilanti)10	Ypsilanti (58.4y).....	3/23/1972
Oversized Track:			
53.99	Kendall Baisden (Detroit Country Day)9	Akron/Rubber City.....	2/20/2010
54.21	Neveah Burns (Oak Park MS)8	Ypsilanti/MITS Finals.....	2/26/2023
54.30	Anna Jefferson (Oak Park)10	Lexington/Kentucky Inv.....	2/22/2014
54.31	Baisden	Seattle/Brooks.....	2/27/2011
54.43	Baisden	Lexington	2/19/2011
54.46	Baisden	Akron/Fields.....	1/15/2011
54.59	Taylor Manson (East Lansing)11	Lexington/Kentucky Inv.....	2/20/2016
54.59	Jada Roundtree (Oak Park)12	Ypsilanti/MITS State	3/20/2021
54.84	Leeah Burr (Detroit Renaissance)10	Saginaw/MITS #4.....	2/ 1/2020
54.87	Jefferson	Geneva/SPIRE Scholastic	2/15/2014
54.96	Jessica Jones (Detroit Mumford)12	Lexington/Kentucky Inv.....	2/19/2005
55.07	Burr	Ypsilanti/MITS State.....	3/20/2021

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55.09	Dynasty McGee (Ypsilanti)12	Geneva/GaReat.....	2/12/2011
55.10	Latipha Cross (Southfield)11	Geneva/GaReat.....	2/12/2011
55.10	Taryn Henderson (Farmington Hills Mercy)10	Ypsilanti/MITS Finals.....	2/26/2023
55.16	Roundtree	Youngstown/YSU Open #1	1/ 9/2021
55.34	Jefferson	Geneva/SPIRE Showcase	2/13/2016
55.36	Comari Hawkins (East Lansing)12	Ypsilanti/MITS Champs.....	2/27/2022
55.53	McGee	Allendale/MITS.....	2/19/2011
55.53	Manson	Geneva/SPIRE Showcase	2/13/2016
55.54	Jefferson	Allendale/Gazelle Winter Classic	1/ 9/2016
55.61	Burr	Geneva/Ohio Preview	1/30/2021
55.65	Janae Barksdale (Oak Park)10	Lexington/Kentucky Inv.....	2/18/2017
55.65	Miyah Brooks (Oak Park)12	Saginaw/MITS State	2/25/2018
55.68	Roundtree	Saginaw/MITS #4.....	2/ 1/2020
55.86	Victoria Chatman (Taylor Kennedy)12	Lexington/Kentucky Inv.....	2/17/2007
55.86	Jewel Davis (Plymouth)12	Saginaw/MITS.....	1/23/2016
55.86	Dorriann Coleman (Oak Park)12	Saginaw/MITS.....	1/20/2018
55.90	McGee	Akron/Fields.....	1/15/2011
55.99	Jefferson	Geneva/SPIRE Scholastic Open.....	1/16/2015
56.00	Roundtree	Saginaw/MITS.....	1/20/2018
56.04	Manson	Lexington/UK Inv.....	2/21/2015
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56.06	Chloe Vines (Oak Park)9	Lexington/UK Invitational	2/16/2019
56.20	Imani Jackson (Detroit Renaissance)12	Geneva/SPIRE Showcase	2/ 9/2020
56.23	Mackenzie Sullivan (Farmington H Mercy)11	Geneva/SPIRE Showcase	2/ 9/2020
56.24	Gabrielle Jeffries (Bloomfield Hills)11	Ypsilanti/MITS Champs.....	2/27/2022
56.29	Hailey Mayes (Ann Arbor Pioneer)12	Lexington/Kentucky Inv.....	2/18/2017
56.31	Nonah Waldron (Oak Park)11	Ypsilanti/LAB MITS #2	12/17/2021
56.41	Cayla Hawkins (East Lansing MS)6	Ypsilanti/MITS Finals.....	2/26/2023
56.46	Lauren Burnett (Macomb Dakota)12	Allendale/MITS.....	2/16/2013
56.66	Chloe Abbott (Northville)12	Geneva/SPIRE Showcase	2/13/2016
56.80	Lindsay Johnson (Detroit Cass Tech)11	Ypsilanti/MITS Finals.....	2/26/2023
56.84	Johnyce Powell (Oak Park)12	Saginaw/MITS.....	12/20/2014
56.86	Morgan Roundtree (Oak Park)11	Ypsilanti/MITS Finals.....	2/26/2023
56.87	Mya Georgiadis (Ann Arbor Huron)12	Ypsilanti/MITS Champs.....	2/27/2022
56.87	Alexys Wilson (Ypsilanti Lincoln)12	Ypsilanti/MITS Champs.....	2/27/2022
56.89	Nicole VacaGuzman (Grandville)11	Allendale/Laker Challenge	3/19/2014
56.93	Brooke Bogan (Ann Arbor Huron)12	Geneva/SPIRE Scholastic	2/12/2017
57.00	Brooke Gray (Brighton)12	Geneva/Ohio Preview	1/30/2021
57.01	Carlita Taylor (Oak Park)12	Geneva/SPIRE Scholastic	2/12/2017
57.03	Aisha Osborne (Detroit Mumford)12	Akron/Rubber City Inv.....	2/21/2009
57.14	Landria Buckley (Romulus)11	Lexington/Kentucky Inv.....	2/19/2005
57.14	Elizabeth Anderson (New Boston Huron)12	Saginaw/SVSU #2	1/ 7/2023
57.15	Nevaeh Burns (Oak Park MS)7	Ypsilanti/LAB Midwest Winter Inv.....	2/12/2022
57.26	Isabella Davis (Rochester H Stoney Creek)12	Lexington/UK Invitational	2/16/2019
57.28	Tamyra Todd (Oak Park)12	Ypsilanti/MITS State.....	3/20/2021
57.30	Brianna Holloway (Oak Park)12	Lexington/Kentucky Inv.....	2/20/2016
57.30	Kelis Hunter-Young (Oak Park)11	Ypsilanti/MITS Finals.....	2/26/2023
57.36	Erin Dowd (Brighton)12	Saginaw/SVSU D1/2.....	3/23/2016
57.43	Ersula Farrow (Grosse Pointe South)10	Allendale/MITS.....	2/16/2013
57.50	Dynasty McGee (Flint Southwestern)10	Allendale/GVSU Holiday Open	12/12/2008
57.51	Jakarri Alven (GR Catholic Central)12	Lexington/UK Invitational	2/16/2019
57.57	Janae Coleman (Oak Park MS)7	Ypsilanti/MITS Finals.....	2/26/2023
57.62	Donae' Adams (Detroit Renaissance)12	Geneva/SPIRE Scholastic Showcase	2/10/2019
57.65	Kamryn Tatum (West Bloomfield)9	Ypsilanti/LAB #2.....	12/30/2022
57.68	Jade Sabir (Salem)9	Geneva/SPIRE Showcase	2/13/2016
57.68	Jayla Jones (Oak Park)12	Saginaw/MITS #4.....	2/ 1/2020
57.76	Chika Amene (Southfield Christian)12	Saginaw/MITS State	2/25/2018
57.77	Erinma Elibe (Gibraltar Carlson)12	Lexington/Kentucky Inv.....	2/23/2008
57.79	Isabel Olds (Trenton)11	Geneva/SPIRE Showcase	2/13/2016
57.82	Ramzee Fondren (Detroit Renaissance)11	Akron/Last Chance Rubber City Open....	3/ 3/2007
57.84	Kayla Schoenle (Milford)12	Lexington/Kentucky Inv.....	2/20/2010
57.89	Mackenzie Robinson (Ann Arbor Huron)12	Ypsilanti/LAB #6.....	1/28/2023
57.90	Kylee King (Oak Park)10	Ypsilanti/LAB MITS #8	2/ 5/2022

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57.93 Samari Finney (Warren Mott)10 Lexington/UK Inv..... 2/15/2020

500 METERS

1:17.0#	Katie Chapman (Detroit Cass Tech)11	Ann Arbor/MITCA (600)	3/13/1996
1:17.22	Jada Roundtree (Oak Park)12	Virginia Beach/Showcase	1/17/2021
1:17.71	Nicole Martin (Woodhaven)12	Blacksburg/Virginia Tech	1/30/1999
1:17.9#	Ashley Patten (Lake Orion)10	Ann Arbor/State Ch (600).....	3/15/2000
1:18.5#	Eulista Clemons (Detroit NW)12	Ann Arbor/MITCA (600)	3/13/1996
1:18.90	Julia Stevenson (Det. Renaissance)11	Blacksburg/Virginia Tech	1/30/1999
1:19.4	Adrienne Hunter (AA Pioneer)11	/1995
1:19.6#	Maya Cadwell (Detroit Cass Tech)12	Ann Arbor/State Ch (600).....	3/15/2000
1:19.7#	Chapman	Ann Arbor/MITCA State (600).....	3/12/1997
1:19.9#	Najah Howard (Detroit Northern)12	Ann Arbor/MITCA State (600).....	3/10/1999
1:20.4#	Hanne Ringnes (Shelby-NOR)12	Ann Arbor/MITCA State (600).....	3/10/1999
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1:20.8#	Natasha Shockley (Detroit Mumford)12	Ann Arbor/MITCA State (600).....	3/10/1999
1:22.5#	Shannon Vesey (Detroit King)10	Ann Arbor/MITCA State (600).....	3/10/1999
1:23.0#	Nika Whitehead (AA Pioneer)10	Ann Arbor/MITCA (600)	3/13/1996

600 YARDS

1:21.4	Rochelle Collins (Detroit Immaculata)11	Detroit/AFL-CIO	3/18/1977
1:22.6	Ella Willis (Detroit Pershing)9	Detroit	3/25/1973
1:23.0	Delisa Walton (Detroit MacKenzie)10	USTFF	2/16/1977
1:23.4	Collins	Detroit/AFL-CIO	2/22/1975
1:23.5	Walton	Warren/Macomb Op.....	3/ 4/1978
1:24.1	Erica Shepard (Detroit Cass Tech)12	Ann Arbor/MITCA.....	1/27/1993
1:24.2	Wendy Truvillion (Detroit Pershing)?	/1982
1:24.2	Shepard	Ann Arbor/MITCA State	3/16/1993
1:24.4	Ann Lampkin (Detroit Redford)12	Ann Arbor/MITCA State	3/12/1986
1:24.6	Shepard	Albion/MITCA.....	2/ 6/1993

1:25.6	Sue Parks (Ypsilanti)11	Ypsilanti/EMU Inv.....	/ 7/1973
1:25.8	Tamiko Powell (Detroit Cass Tech)11	Ann Arbor/MITCA State	3/11/1987
1:27.0	Sharon Armstrong (Detroit Kettering)11	Ann Arbor/MITCA State	3/12/1986
1:27.2	Katie Chapman (Detroit Cass Tech)12	Warren	2/23/1996
1:27.4	Karen Surratt (AA Pioneer)12	Ann Arbor/MITCA State	3/12/1986
1:27.4	Kristi Westerby (Troy)?	Ann Arbor/MITCA State	3/ 1/1989
1:27.8	Cynthia Dixon (Detroit Chadsey)?	East Lansing	1/23/1981
1:27.9	Stephanie White (Detroit Redford)12	Ann Arbor/MITCA State	3/16/1993
1:28.0	Alison Ware (Detroit Cooley)12	Warren/PSL Ch.....	3/24/1979
1:28.0	Laurette Mallard (Harper Creek)?	Ann Arbor/MITCA State	3/16/1983

600 METERS

1:32.0	Rochelle Collins (Detroit Immaculata)11	London.....	3/12/1977
1:32.3	Collins	London.....	/1978
1:32.7	Collins	London/Western Open.....	1/31/1976
1:32.9	Delisa Walton (Detroit Mackenzie)11	London/Season's Opener	12/ 2/1978
1:33.12	Dorriann Coleman (Oak Park)9	New York/Armory Track Inv	1/31/2015
1:33.9	Walton	London.....	/1978
1:34.54	Kylee King (Oak Park)10	Chicago/CYUP Misfits.....	1/22/2022
1:34.7	Erica Shepard Detroit Cass Tech)12	Windsor/Invitational.....	1/17/1993
1:34.91	Kendall Baisden (Bloomfield St Regis)8	Toronto/AO Relays	2/ 8/2009
1:34.9	Collins	London/Season's Opener	12/ 4/1976
1:35.01	Ashley Patten (Lake Orion)10	Ann Arbor/State Champs	3/15/2000
1:35.0	Walton	London/Western Open.....	1/31/1976
1:35.2	Collins	London/Indoor Games	3/22/1975
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1:35.35	King	New York/Millrose Games.....	1/29/2022
1:35.4#	Ersula Farrow (Oak Park)12	Ypsilanti/MITS State (800)	2/28/2015
1:35.6	Alison Ware (Detroit Cooley)12	London.....	12/ 2/1978
1:36.29	Julia Ford (Detroit Cass Tech)10	Windsor.....	2/25/1995
1:36.3	Eulista Clemons (Detroit Northwestern)12	Ann Arbor/MITCA State	3/13/1996
1:36.3	Katie Chapman (Detroit Cass Tech)11	Ann Arbor/MITCA State	3/13/1996

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1:36.4	Lamika Harper (Detroit Cass Tech)12	London/Season's Opener	11/30/1991
1:36.9	Cheryl Omar (Detroit Cass Tech)12	Ypsilanti/MITCA	3/ 8/1995
1:37.1#	Taryn Chapko (St Johns)12	Ypsilanti/MITS State (800)	2/23/2020
1:37.2#	Lucy Petee (Mason)12	Ypsilanti/MITS State (800)	2/23/2020
1:37.58	Hanne Ringnes (Shelby-NOR)12	Ann Arbor/MITCA State	3/10/1999
1:37.84	Maya Cadwell (Detroit Cass Tech)12	Ann Arbor/State Champs	3/15/2000
1:37.93	Sierra Tate (Farmington Hills Harrison)12	Bloomington/Indiana Open.....	1/ 6/2007
1:37.99	Ann Lampkin (Detroit Redford)12	/1986
1:38.13	Dominique Brown (Detroit Mumford)11	Bloomington/Indiana Open.....	1/ 6/2007
1:38.1	Shaunetta Smith (Detroit Mumford)12	Ann Arbor/MITCA State	3/13/1996
1:38.40	Najah Howard (Detroit Northern)12	Ann Arbor/MITCA State	3/10/1999
1:38.5	Stacy Thomas (Flint Southwestern)10	(hst).....	/1994
1:38.6	Ijnanya Alhamsi (Detroit Ford)11	Windsor.....	1/21/1990
1:38.89	Lauren Bickerdt (Detroit Renaissance)9	New York/Millrose Games.....	1/29/2022
1:39.00#	Sarah Coyne (Plymouth)12	New York/NB Nationals (800).....	3/13/2022
1:39.5	Charlotte Williams (Detroit Pershing)11	/1989
1:39.6	April Boyce (Southfield)12	Ann Arbor/MITCA State	3/13/1996
1:39.6	Amy Soper (Haslett)12	Ann Arbor/MITCA State	3/12/1997
Oversized Track:			
1:37.08	Kylee King (Oak Park)11	Ypsilanti/LAB #1	12/17/2022
1:38.37	Lauren Bickerdt (Detroit Renaissance)10	Ypsilanti/LAB #1	12/17/2022
1:38.66	Payton Scheffler (Woodhaven)11	Ypsilanti/LAB #1	12/17/2022
1:39.32	Leah Thomas (Oak Park MS)8	Ypsilanti/LAB #1	12/17/2022

800 METERS

2:06.30	Rachel Forsyth (Ann Arbor Pioneer)10	Chicago/Meet of Champions.....	3/ 5/2022
2:08.34	Zofia Dudek (Ann Arbor Pioneer)12	Ypsilanti/MITS.....	2/ 2/2020
2:08.38	Ersula Farrow (Oak Park)12	New York/NB Nationals	3/15/2015
2:08.77	Geena Gall (Grand Blanc)12	Ann Arbor/MITS State.....	3/ 5/2005
2:08.92	Farrow (Grosse Pointe South)	New York/NB Nationals	3/16/2014
2:09.31	Lauren Burnett (Macomb Dakota)12	New York/NB Nationals	3/ 9/2013
2:09.50	Taryn Chapko (St Johns)12	Ypsilanti/MITS.....	2/ 2/2020
2:10.2+	Delisa Walton (Detroit Mackenzie)11	Columbus/USTFF (2:10.9y)	2/25/1978
2:10.4	Walton	Burlington/XMas Inv.....	12/14/1979
2:10.62	Gall	Landover/Nike Indoor Classic	3/13/2005
2:10.87	Lucy Petee (Mason)12	Ypsilanti/MITS State	2/23/2020
2:11.00	Farrow	Bowling Green/Sid Sink	1/24/2015
2:11.29	Farrow	Ypsilanti/MITS State	2/28/2015
2:11.2+	Sue Parks (Ypsilanti)10	Louisville/Mason-Dixon (2:11.9y).....	2/12/1972
2:11.45	Gall	Ann Arbor/MITS	2/18/2005
2:11.5+	Parks	New York/AAU (2:12.2y).....	2/23/1973
2:11.6+	Rochelle Collins (Detroit Immaculata)12	Columbus/USTFF (2:12.3y)	2/25/1978
2:11.7+	Parks	Ypsilanti/EMU Inv (2:12.4y).....	1/19/1973
2:11.7+	Walton	(2:12.4y).....	/1978
2:11.88	Becca Addison (Grand Haven)11	Allendale/MITS.....	2/23/2008
2:11.9+	Parks	New York/AAU (2:12.6y).....	2/22/1974

2:12.10	Alice Hill (Ann Arbor Pioneer)11	New York/NB Nationals	3/13/2016
2:12.10	Megan Worrel (Troy)12	New York/NB Nationals	3/11/2018
2:12.39	Sarah Forsyth (Ann Arbor Pioneer)12	Chicago/Meet of Champions.....	3/ 5/2022
2:12.69	Ramzee Fondren (Det. Renaissance)11	Ann Arbor/MITS State.....	3/17/2007
2:13.36	Cookie Baugh (Ann Arbor Pioneer)12	Chicago/Meet of Champions.....	3/ 5/2022
2:13.45	Jeaniae Edwards (Detroit Denby)12	Landover/Nike Indoor.....	3/16/2003
2:13.84	Sarah Coyne (Plymouth)12	New York/NB Nationals.....	3/13/2022
2:13.85	Kylee King (Oak Park)10	Chicago/Akinosun Inv	1/16/2022
2:13.8+	Pam Bagian (Lincoln Park)12	Ypsilanti/Michigan AAU (2:14.5)	4/ 4/1970
2:13.90	Dorriann Coleman (Oak Park)9	Ypsilanti/MITS State	2/28/2015
2:13.90	Amber Gall (Shepherd)12 (65.4/68.5)	Ypsilanti/MITS State	2/24/2019
2:13.99	Jamie Morrissey (Rochester Adams)12	New York/NB Nationals	3/ 9/2013
2:14.00	Melanie Helder (Hudsonville)12	New York/NB Nationals	3/11/2018
2:14.22	Madison Osterberg (Jackson Lumen Christi)11	Ypsilanti/EMU MITS #2.....	1/15/2023
2:14.26	Anna Jensen (Midland Jefferson MS)8	Ann Arbor/MITS	1/29/2016
2:14.57	Brook Handler (Rochester)12	Ypsilanti/MITS State	2/26/2011

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2:14.67	Amelia Bannister (Albion MS)8	Ann Arbor/MITS State.....	3/ 5/2005
2:14.86	Mia Rogan (Saline)12	Boston/New Balance Nationals.....	3/11/2023
2:14.91	Liliane Aittama (South Lyon East)12	New York/Nike Nationals.....	3/11/2023
2:14.94	Gillian Fiene (Holland Christian)12	Ypsilanti/MITS State.....	2/24/2019
2:14.96	Margaret Coney (East Grand Rapids)10	New York/NB Nationals.....	3/11/2018
2:15.0+	Theresa Rulison (East Lansing)12	Ypsilanti/EMU Pentathlon (2:15.7y).....	/1970
2:15.13	Lauren Fulcher (Troy)12	New York/NB Nationals.....	3/ 8/2019
2:15.35	Kennedy Beazley (Saline)12	Mt Pleasant/MITS State.....	2/22/2014
2:15.35	Jackie Feist (Birmingham Groves)12	New York/NB Nationals.....	3/16/2014
2:15.57	Payton Scheffler (Woodhaven)11	Ypsilanti/EMU MITS #2.....	1/15/2023
2:15.58	Anne Forsyth (Ann Arbor Pioneer)11	Ann Arbor/MITS.....	1/28/2017
2:15.72	Aubrey Wilberding (Birmingham Seaholm)11	New York/NB Nationals.....	3/ 9/2012
2:15.73	Megan O'Neil (Remus Chippewa Hills)12	Mt Pleasant/MITS State.....	2/22/2014
2:15.73	Anna Petr (East Grand Rapids)12	Ypsilanti/MITS.....	2/ 2/2020
2:15.7+	Ella Willis (Detroit Pershing)12	Ypsilanti/Jr USTFF (2:16.4y).....	1/12/1976
2:15.82	Abbey Carvey (Farmington)11	Ypsilanti/MITS State.....	2/23/2020
2:15.88	Aiden Harrand (Buckley)11	Ypsilanti/EMU MITS #2.....	1/15/2023
2:15.93	Stephanie Morgan (Clarkston)9	Warren/MITS.....	2/24/2006
2:16.06	Lauren Kiley (Plymouth)12	Chicago/Meet of Champions.....	3/ 5/2022
2:16.19	Elizabeth Dalrymple (Clarkston)11	Ypsilanti/MITS.....	2/ 3/2018
2:16.28	Caitlin Rose (Grand Blanc)12	New York/NB Nationals.....	3/10/2019
2:16.37	Megan Weschler (Wyandotte)12	Roxbury/Nike Indoor.....	3/14/2010
2:16.3	Mickey Tupper (Detroit Redford)9	Scarborough/C Lions (h).....	3/13/1971
2:16.47	Aimee Keenan (Rockford)12	Landover/Nike Indoor.....	3/10/2001
2:16.48	Erika Rapp (Pinckney)11	Ypsilanti/MITS.....	2/ 3/2018
2:16.57	Sydney Benson (Grosse Pointe North)12	Grand Rapids/MITS State.....	2/27/2016
2:16.59	Ashley Patten (Lake Orion)11	Landover/Nike Indoor.....	3/10/2001
2:16.67	Yasmine Mansi (Northville)11	Ypsilanti/MITS State.....	2/23/2020
2:16.70	Victoria Heiligenthal (Milford)12	Ypsilanti/MITS State.....	2/24/2019
2:16.82	Judy Rector (Hanover-Horton)12	Ypsilanti/MITS.....	2/ 2/2019
2:16.84	Karrigan Smith (St Johns)12	Mt Pleasant/Chippewa Inv.....	3/25/2015
2:16.86	Emily Wall (Midland Dow)11	Grand Rapids/MITS State.....	2/27/2016
2:16.93	Sara Kroll (Livonia Churchill)12	Roxbury/Nike Indoor.....	3/14/2010
2:16.95	Annie Fuller (Manistee)12	Mt Pleasant/Chippewa Inv.....	3/25/2015
2:16.95	Gabby Hentemann (Grand Haven)11	New York/NB Nationals.....	3/ 9/2018
2:16.95	Sophie Novak (Lake Orion)11	Ypsilanti/MITS.....	2/ 2/2020
2:17.07	Kayla Windemuller (Holland Christian)12	Ypsilanti/MITS.....	2/ 3/2018
2:17.09	Lani Bloom (Ithaca)10	Hillsdale/Charger Elite.....	1/25/2020
2:17.10	Rachel Felstow (Romeo)12	New York/NB Nationals.....	3/13/2022
2:17.11	Allison Rand (Jackson Lumen Christi)12	New York/NB Nationals.....	3/ 8/2019
2:17.16	Emma DeVries (GR WM Aviation)11	Boston/New Balance Nationals.....	3/11/2023
2:17.23	Karenna Duffy (L'Anse Creuse North)11	Ann Arbor/MITS.....	1/28/2017
2:17.2+	Patti Ford (Lincoln Park)10	Ypsilanti.....	/1970
2:17.41	Layla Jordan (Goodrich)10	New York/Nike Nationals.....	3/12/2023
2:17.48	Christina Farrow (Det. Renaissance)12	Ann Arbor/MITS.....	1/12/2008
2:17.56	Natalie Kessler (Ann Arbor Skyline)12	New York/Nike Nationals.....	3/11/2023
2:17.66	Alison Ziehl (Rochester Hills Stoney Creek)12	Ypsilanti/MITS State.....	2/24/2019
2:17.67	Erica Shepard (Detroit Cass Tech)12	Windsor/Invitational.....	12/19/1992
2:17.71	DeDe Lofton (Detroit Mumford)12	Ypsilanti/MITS State.....	2/27/2010
2:17.75	Megan Vitale (Livonia Ladywood)12	Ypsilanti/MITS State.....	2/26/2011
2:17.76	Haley Meier (Grosse Pointe South)9	Ypsilanti/MITS State.....	2/27/2010
2:17.87	Katherine Forsyth (Royal Oak)12	New York/NB Nationals.....	3/ 9/2018
2:17.90	Audrey Belf (Birmingham Seaholm)11	Ann Arbor/MITS.....	1/16/2014
2:17.91	Jayla Fleming (Oak Park)12	New York/NB Nationals.....	3/13/2015
2:17.92	Jayla Jones (Oak Park)12	Ypsilanti/MITS State.....	2/23/2020
2:18.03	Martha Shomsky (GR-homeschool)12	Ypsilanti/MITS.....	2/ 2/2020
2:18.15	Liza Boudreau (Ann Arbor Pioneer)12	Ypsilanti/MITS State.....	2/27/2010
2:18.2+	Sue Dudley (Michigamme TC)12	National Junior AAU (2:19.0y).....	4/ 6/1968
2:18.2	Natalie Webb (Woodhaven)11	Warren/MITS.....	1/ 4/2007
2:18.2	Marissa Treece (Maple City Glen Lake)12	Mt Pleasant/MITS.....	2/ 6/2007
2:18.30	Julia Flynn (Traverse City Central)12	Grand Rapids/Aquinas MITS #3.....	2/ 6/2022
2:18.33	Abby VanderKooi (Western Mich Christian)10	Grand Rapids/MITS.....	2/ 1/2020
2:18.35	Mackenzie Sullivan (Farmington H Mercy)11	Ypsilanti/MITS.....	2/ 2/2020

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2:18.3+	Francie Kraker (Ann Arbor)12	Cleveland/KC (2:19.1y).....	3/19/1965
2:18.42	Devon Rupley (Northville)10	Landover/Nike Indoor Classic (h).....	3/ 9/2002
2:18.46	Sylvia Sanok Dufallo (Ann Arbor Pioneer)11	Ypsilanti/EMU MITS #2.....	1/15/2023
2:18.68	Hannah Palomino (Troy)12	Ypsilanti/MITS.....	2/ 3/2018
2:18.6	Ijenanya Alhamissi (Dearborn Fordson)10	East Lansing/Spartan.....	3/30/1989
2:18.6	Linsey Blaisdell (Rockford)12	Hillsdale/MITS.....	3/ 1/2001
Oversized track:			
2:08.62	Rachel Forsyth (Ann Arbor Pioneer)10	Geneva/SPIRE Scholastic.....	2/ 6/2022
2:09.21	Ersula Farrow (Oak Park)12	Lexington/UK Inv.....	2/21/2015
2:10.17	Farrow (Grosse Pointe South)	Geneva/SPIRE Scholastic.....	2/15/2014
2:10.18	Amelia Bannister (Albion)9	Lexington/Kentucky Select.....	2/18/2006
2:10.41	Lani Bloom (Ithaca)12	Saginaw/SVSU Distance Fest.....	2/12/2022
2:10.51	Bloom	Ypsilanti/MITS Champs.....	2/27/2022
2:10.7+	Sue Parks (Ypsilanti)11	Champaign/C AAU (2:11.4y).....	1/13/1973
2:10.90	Audrey DaDamio (Birmingham Seaholm)12	Youngstown/YSU Open #3.....	1/13/2021
2:10.93	Farrow	Lexington/Kentucky Inv.....	2/22/2014
2:11.16	Farrow	Saginaw/MITS.....	2/ 7/2015
2:11.3+	Parks	Champaign (2:12.0y).....	1/14/1972
2:11.51	Madison Osterberg (Jackson Lumen Christi)11	Ypsilanti/MITS Finals.....	2/26/2023
2:11.60	R. Forsyth	Saginaw/SVSU MITS #3.....	1/15/2022
2:11.63	Farrow	Akron/Inv.....	2/ 9/2014
2:11.96	Osterberg	Saginaw/SVSU Distance Festival.....	2/11/2023
2:11.99	Megan Worrel (Troy)12	Saginaw/MITS State.....	2/25/2018
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2:12.77	Becca Addison (Grand Haven)12	Allendale/MITS.....	2/21/2009
2:12.85	Julia Flynn (Traverse City Central)12	Allendale/GVSU MITS #4.....	1/29/2022
2:13.32	Margaret Coney (East Grand Rapids)10	Saginaw/MITS State.....	2/25/2018
2:13.33	Sarah Forsyth (Ann Arbor Pioneer)12	Saginaw/SVSU MITS #3.....	1/15/2022
2:13.42	Cookie Baugh (Ann Arbor Pioneer)12	Geneva/SPIRE Scholastic.....	2/ 6/2022
2:13.58	Melanie Helder (Hudsonville)12	Saginaw/MITS State.....	2/25/2018
2:13.58	Payton Scheffler (Woodhaven)11	Ypsilanti/MITS Finals.....	2/26/2023
2:13.89	Ramzee Fondren (Det. Renaissance)9	Lexington/Kentucky Inv.....	2/19/2005
2:13.89	Stephanie Morgan (Clarkston)9	Kent/Open.....	3/ 5/2006
2:14.02	Kylee King (Oak Park)10	Lexington/UK Invitational.....	2/19/2022
2:14.20	Mia Rogan (Saline)12	Saginaw/SVSU Distance Festival.....	2/11/2023
2:14.21	Emma DeVries (GR WM Aviation)11	Allendale/GVSU #5.....	2/18/2023
2:14.22	Megan Postma (Holland West Ottawa)12	Allendale/GVSU #5.....	2/18/2023
2:14.31	Taryn Chapko (St Johns)10	Saginaw/MITS State.....	2/25/2018
2:14.60	Aiden Harrand (Buckley)11	Saginaw/SVSU Distance Festival.....	2/11/2023
2:14.75	Dorriann Coleman (Oak Park)9	Lexington/UK Inv.....	2/21/2015
2:14.96	Katie Osika (Waterford Mott)11	Saginaw/SVSU D1.....	3/22/2017
2:15.11	Valerie Beeck (Grand Haven)10	Allendale/GVSU Laker Challenge.....	3/23/2023
2:15.58	Martha Shomsky (GR-homeschool)10	Saginaw/MITS State.....	2/25/2018
2:15.61	Elizabeth Dalrymple (Clarkston)10	Saginaw/Distance Festival.....	2/11/2017
2:15.66	Arienne Olson (Holland West Ottawa)11	Allendale/GVSU Big Schools.....	3/24/2022
2:15.68	Emily Wall (Midland Dow)11	Saginaw/SVSU D1/2.....	3/23/2016
2:15.70	Anne Forsyth (Ann Arbor Pioneer)11	Allendale/Gazelle Winter Classic.....	1/ 8/2017
2:15.84	Alice Hill (Ann Arbor Pioneer)12	Geneva/SPIRE Scholastic.....	2/12/2017
2:15.87	Victoria Heiligenthal (Milford)11	Saginaw/MITS State.....	2/25/2018
2:16.02	Natalie Kessler (Ann Arbor Skyline)12	Ypsilanti/MITS Finals.....	2/26/2023
2:16.11	Jessica Jazwinski (Hart)10	Allendale/GVSU #4.....	1/28/2023
2:16.13	Emmry Ross (Onsted)10	Ypsilanti/MITS Finals.....	2/26/2023
2:16.37	Rachel DaDamio (Birmingham Seaholm)12	Saginaw/MITS.....	2/ 7/2015
2:16.43	Jayden Harberts (Macomb Dakota)11	Ypsilanti/LAB #9.....	2/18/2023
2:16.44	Judy Rector (Hanover-Horton)11	Saginaw/MITS State.....	2/25/2018
2:16.48	Sarah Coyne (Plymouth)12	Ypsilanti/LAB Midwest Winter Inv.....	2/12/2022
2:16.56	Anna Jensen (Midland Dow)9	Saginaw/MITS.....	12/10/2016
2:16.57	Rachel Felstow (Romeo)12	Saginaw/SVSU MITS #3.....	1/15/2022
2:16.58	Megan Vitale (Livonia Ladywood)12	Lexington.....	2/19/2011
2:16.68	Hannah Palomino (Troy)11	Saginaw/Distance Festival.....	2/11/2017
2:16.70	Allison Chmielewski (Roscommon)11	Ypsilanti/LAB Indoor #8.....	2/26/2023
2:16.72	Sydney Benson (Grosse Pointe North)12	Lexington/Kentucky Inv.....	2/20/2016
2:16.74	Layla Jordan (Goodrich)10	Ypsilanti/MITS Finals.....	2/26/2023

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2:16.75	Amber Gall (Shepherd)11
2:16.75	Liliane Aittama (South Lyon East)12
2:16.81	Carlie Martella (Gaylord)12
2:16.83	Katherine Forsyth (Royal Oak)12
2:17.00	Cambria Tiemann (Fenton)10
2:17.18	Janae Coleman (Oak Park MS)7
2:17.28	Sylvia Sanok Dufallo (Ann Arbor Pioneer)11
2:17.34	Jayla Fleming (Oak Park)11
2:17.37	Emily Cooper (Ann Arbor Pioneer)12
2:17.45	Adit Dau (Grand Rapids Ottawa Hills)12
2:17.46	Haley Hoogenraad (Zeeland West)12
2:17.46	Mallory Ferguson (Clarkston)10
2:17.65	Ava Maginity (Boyne City)12
2:17.66	Lauren Bickerdt (Detroit Renaissance)10
2:17.70	Maggie Farrell (Battle Creek Lakeview)12
2:17.71	Jayla Jones (Oak Park)10
2:17.89	Carlyn Arteaga (Spring Lake)11

Saginaw/MITS State	2/25/2018
Ypsilanti/LAB Youth National Invite	2/11/2023
Saginaw/Distance Festival	2/11/2017
Geneva/SPIRE Showcase	2/11/2018
Saginaw/Distance Festival	2/11/2017
Ypsilanti/LAB #7	2/ 4/2023
Allendale/GVSU #4	1/28/2023
Geneva/SPIRE Open	1/17/2014
Allendale/GVSU #4	1/28/2023
Allendale/GVSU MITS #2.....	12/18/2021
Allendale/Laker Challenge D1/2.....	3/23/2016
Lexington/Kentucky Inv	2/18/2017
Ypsilanti/MITS Finals.....	2/26/2023
Ypsilanti/LAB #9	2/18/2023
Allendale/GVSU D1/2	3/23/2017
Lexington/UK Invitational	2/17/2018
Allendale/Laker Challenge	3/19/2014

1000 YARDS

2:32.8	Sue Parks (Ypsilanti)11
2:33.7	Parks
2:34.9	Parks
2:36.4	Parks
2:36.6	Ella Willis (Detroit Pershing)11
2:37.8	Parks
2:38.0	Donna Donakowski (DH Riverside)12
2:42.4	Willis
2:43.2	Laura Matson (BH Andover)11
2:43.9	Matson

Detroit	3/24/1973
Ypsilanti	2/14/1974
.....	/1972
Ypsilanti	12/12/1971
Ypsilanti	1/11/1975
Ypsilanti	1/ 8/1971
.....	/1983
Detroit/AFL-CIO (14-19).....	2/6-8/1976
Ann Arbor/MITCA State	3/13/1985
.....	/1986

2:45.70	Bridget Mann (AA Pioneer)9
2:47.6	Kelly Geiger (West Bloomfield)?
2:47.9	Aimee Landry (Rochester)?
2:48.3	Rochelle Collins (Detroit Immaculata)11
2:49.0	Seanna Arnold (AA Pioneer)10
2:49.3	Cathy Ackley (Hart)11
2:49.6	Danielle Harpell (AA Pioneer)10
2:50.7	Katie Chapman (Detroit Cass Tech)12
2:51.9	Athalee Norman (Detroit Mumford)12
2:51.9	Marne Smiley (SH Stevenson)11
2:52.4	Gabrielle Brown (AA Pioneer)10
2:52.5	Sarah Pepera (Ortonville Brandon)12
2:53.0	Dawn Juola (Lansing ?)?
2:54.4	Rachel Campbell (SH Stevenson)12
2:54.8	Kelly Betzoid (SH Stevenson)?
2:55.9	Jenni Fitzgerald (SH Stevenson)10

Ann Arbor/MITCA.....	1/26/1990
Ann Arbor/MITCA State	3/14/1984
Hamilton, Ont	2/28/1981
Ypsilanti/Green & White	1/ 8/1977
Ann Arbor/MITCA State	3/12/1986
Ann Arbor/MITCA State	3/11/1987
Ann Arbor/MITCA State	3/11/1987
Warren	1/ 5/1996
Ann Arbor/MITCA State	3/11/1987
Roseville/MITCA	2/ 5/1999
Ann Arbor/MITCA State	3/11/1987
Roseville/MITCA	2/26/1999
Ypsilanti/Green & White	1/ 8/1977
Roseville/MITCA	2/26/1999
Ann Arbor/MITCA State	3/14/1984
Roseville/MITCA	2/ 5/1999

1000 METERS

2:48.39	Ersula Farrow (Oak Park)12
2:54.5	Rochelle Collins (Detroit Immaculata)9
2:57.6#	Zofia Dudek (Ann Arbor Pioneer)11
2:58.3#	Audrey DaDamio (Birmingham Seaholm)12
2:59.20	Kaitlyn Hynes (DeWitt)12
2:59.24#	DaDamio
2:59.2#	Hannah Meier (Grosse Pointe South)11
2:59.4	Collins
3:00.28	Cookie Baugh (Ann Arbor Pioneer)11
3:00.6#	Dudek
3:00.77#	Judy Rector (Hanover-Horton)12
3:00.7#	Haley Meier (Grosse Pointe South)11
3:02.0#	Audrey DaDamio (Birmingham Seaholm)10
3:02.4#	Rylee Robinson (Waterford Mott)12

New York/Armory Invitational.....	1/30/2015
Ann Arbor	1/24/1975
New York/NB Nationals (1M).....	3/10/2019
Chicago/CYUP Misfits Inv (3200).....	2/20/2021
Chicago/CYUP Misfits.....	2/20/2021
Virginia Beach/adidas Nationals (1M)	2/28/2021
New York/NB Nationals (1M).....	3/11/2012
London	3/12/1977
Chicago/CYUP Misfits.....	2/20/2021
Ypsilanti/MITS State (1600).....	2/24/2019
New York/NB Nationals (1M).....	3/10/2019
New York/NB Nationals (1M).....	3/11/2012
Ypsilanti/MITS State (1600).....	2/24/2019
Ypsilanti/MITS State (1600).....	2/24/2019

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3:03.1#	Caitlin Rose (Grand Blanc)12	Ypsilanti/MITS State (1600).....	2/24/2019
3:04.38	Layla Jordan (Goodrich)10	Chicago/CYUP Misfits.....	1/21/2023
3:04.3#	Anastasia Tucker (Midland Dow)12	Ypsilanti/MITS State (1600).....	2/24/2019
3:04.3#	Jami Reed (Forest Hills Eastern)12	Ypsilanti/MITS State (1600).....	2/24/2019
3:04.9#	Linsey Blaisdell (Rockford)12	Landover/Nike Indoor (mile).....	3/11/2001
3:06.0	Emily Magner (AA Pioneer)11	Ann Arbor/Wolverine Inv.....	3/27/1997
3:06.5	Kraus (Ann Arbor Pioneer)	Ann Arbor/Wolverine Invitational.....	3/26/2002
3:06.7#	Kalin Toedebusch (Rockford)12	Landover/Nike Indoor (DMR).....	3/10/2001
3:06.9	Rachel Eyler (Ann Arbor Pioneer)9	Ann Arbor/Wolverine Inv.....	3/30/1999

Oversized Track:

2:51.04	Judy Rector (Hanover-Horton)12	Saginaw/Breen Elite.....	2/16/2019
2:53.27	Taryn Chapko (St Johns)11	Saginaw/Breen Elite.....	2/16/2019
2:53.45	Caitlin Rose (Grand Blanc)12	Saginaw/Breen Elite.....	2/16/2019
2:53.73	Sophie Novak (Lake Orion)10	Saginaw/Breen Elite.....	2/16/2019
2:55.71	Rylee Robinson (Waterford Mott)12	Saginaw/Breen Elite.....	2/16/2019
2:56.30	Lauren Fulcher (Troy)12	Saginaw/Breen Elite.....	2/16/2019
2:56.43	Elizabeth Dalrymple (Clarkston)12	Saginaw/Breen Elite.....	2/16/2019
2:56.64	Victoria Heiligenthal (Milford)12	Saginaw/Breen Elite.....	2/16/2019
2:56.96	Elizabeth Bulat (Rochester)12	Saginaw/Breen Elite.....	2/16/2019
2:57.51	Erika Rapp (Pinckney)12	Saginaw/Breen Elite.....	2/16/2019
2:58.18	Allison Rand (Jackson Lumen Christi)12	Saginaw/Breen Elite.....	2/16/2019

1500 METERS

4:25.47#	Zofia Dudek (Ann Arbor Pioneer)11	New York/NB Nationals (1M).....	3/10/2019
4:25.4#	Hannah Meier (Grosse Pointe South)11	New York/NB Nationals (1M).....	3/11/2012
4:26.17#	Han. Meier	New York/NB Nationals (1M).....	3/ 9/2013
4:30.62#	Han. Meier	New York/NB Nationals (mile).....	3/13/2011
4:31.00#	Rachel Dadamio (Birmingham Seaholm)12	New York/NB Nationals (mile).....	3/15/2015
4:31.36#	Brook Handler (Rochester)12	New York/NB Nationals (mile).....	3/13/2011
4:32.3#	Dudek	Ypsilanti/MITS State (1600).....	2/24/2019
4:35.26#	Anne Forsyth (Ann Arbor Pioneer)11	New York/NB Nationals (mile).....	3/12/2017
4:35.42#	Lani Bloom (Ithaca)12	Staten Island/Nike Nationals (1M).....	3/11/2022
4:35.89#	Ericka VanderLende (Rockford)12	Boston/NB Indoor GP (1M).....	1/26/2019
4:36.00#	Audrey DaDamio (Birmingham Seaholm)10	New York/NB Nationals (1M).....	3/10/2019
4:36.42#	Linsey Blaisdell (Rockford)12	Landover/Nike Indoor (mile).....	3/11/2001
4:36.74#	Lexa Barrott (Northville)12	New York/NB Nationals (1M).....	3/13/2016
4:37.1#	Donna Donakowski (DH Riverside)12	/1983
4:37.9#	Karenna Duffey (L'Anse Creuse North)11	Grand Rapids/MITS State (1600).....	2/26/2017
4:38.15#	Nicole Bohnsack (Rockford)10	Landover/Nike Indoor (mile).....	3/10/2002
4:38.39#	Han. Meier	Roxbury/Nike Indoor (mile).....	3/12/2010
4:38.5	Jackie Ford (Lincoln Park)11	Ypsilanti/Indoor Conference.....	4/12/1969
4:38.6#	Anna Jensen (Midland Dow)9	Grand Rapids/MITS State (1600).....	2/26/2017
4:39.03#	Gabby Hentemann (Grand Haven)12	New York/NB Nationals (1M).....	3/10/2019
4:39.0#	Meier	Ypsilanti/MITS State (1600).....	2/27/2010
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4:39.6#	Lisa Senakiewicz (Davison)11	Ann Arbor/MITS State (1600).....	3/ 6/2004
4:39.8#	Maggie Farrell (Battle Creek Lakeview)12	Grand Rapids/MITS State (1600).....	2/26/2017
4:39.95#	Christy Goodison (SH Stevenson)10	Syracuse/NSI.....	/1992
4:40.04#	Judy Rector (Hanover-Horton)12	New York/NB Nationals (1M).....	3/10/2019
4:40.16#	Haley Meier (Grosse Pointe South)10	New York/NB Nationals (mile).....	3/13/2011
4:40.48#	Sophie Novak (Lake Orion)10	New York/NB Nationals (1M).....	3/ 9/2019
4:40.53#	Shannon Osika (Waterford Mott)9	Landover/Nike Classic (h) (mile).....	3/15/2008
4:40.92#	Ana Barrott (Northville)11	New York/NB Nationals (mile).....	3/11/2017
4:41.60#	Sarah Coyne (Plymouth)12	New York/NB Nationals (1M).....	3/13/2022
4:41.65#	Lisa Luecke (Allen Park)12	New York/NB Nationals (1M).....	3/13/2022
4:42.0#	Sarah Kroll (Livonia Churchill)12	Ypsilanti/MITS State (1600).....	2/27/2010
4:42.41#	Rachel Coleman (Northville)12	New York/NB Nationals (1M).....	3/15/2014
4:42.82#	Caitlin Rose (Grand Blanc)12	New York/NB Nationals (1M).....	3/ 9/2019
4:42.9#	Katie Hoebet (Ann Arbor Pioneer)10	Ypsilanti/MITS State (1600).....	2/27/2010
4:43.10#	Karrigan Smith (St Johns)12	New York/NB Nationals (mile).....	3/15/2015
4:43.8#	Rachel Bonner (Port Huron)11	Ypsilanti/MITS State (1600).....	2/28/2015
4:44.20#	Lauren Burnett (Macomb Dakota)12	New York/NB Nationals (1M).....	3/ 9/2013
4:44.43#	Jackie Feist (Birmingham Groves)12	New York/NB Nationals (1M).....	3/15/2014

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4:44.8 Carol Frederick (Michigammas TC)11	Ypsilanti/Michigan AAU..... 4/ 4/1970
4:44.9# Alex Leptich (Saline)11	Mt Pleasant/MITS State (1600)..... 2/28/2009
4:45.0 Pam Bagian (Lincoln Park)12	Ypsilanti/Michigan AAU..... 4/ 4/1970
4:45.61# Mia Garcia (Pinckney)9	New York/NB Nationals (mile)..... 3/12/2017
4:45.79# Hannah Smith (Traverse City West)9	New York/NB Nationals (mile)..... 3/11/2018
4:45.7# Bethany Brewster (Sag. Valley Luth)11	Ann Arbor/MITCA State (1600)..... 3/12/1997
4:45.9# Rachel Wittum (Rockford-North Kent)8	Ann Arbor/MITS Final 3/ 8/2003
Oversized Track:	
4:24.3# Zofia Dudek (Ann Arbor Pioneer)12	Saginaw/MITS #5..... 2/ 8/2020

1600 METERS

4:39.35+ Hannah Meier (Grosse Pointe South)12	New York/NB Nationals (4:40.97) 3/ 9/2013
4:40.97+ Han. Meier	New York/NB Nationals (4:42.60) 3/11/2012
4:43.23+ Zofia Dudek (Ann Arbor Pioneer)11 (70.1, 72.3, 71.0, 71.5)	New York/NB Nationals (4:44.88) 3/10/2019
4:46.46+ Audrey DaDamio (Birmingham Seaholm)12	Virginia Beach/adidas Nat (4:48.13) 2/28/2021
4:46.83+ Han. Meier	New York/NB Nationals (4:48.50) 3/13/2011
4:47.98+ Rachel DaDamio (Birmingham Seaholm)12	New York/NB Nationals (4:49.66) 3/15/2015
4:48.62 Abby Vanderkooi (Western Mich Christian)10	Grand Rapids/MITS 2/ 1/2020
4:48.87+ Brook Handler (Rochester)12	New York/NB Nationals (4:50.55) 3/13/2011
4:49.55 Dudek (70.7, 73.4, 73.9, 71.6)	Ypsilanti/MITS State 2/24/2019
4:50.78+ Lani Bloom (Ithaca)12	Staten Island/Nike Nationals (4:52.47)... 3/12/2022
4:50.9# DaDamio	Chicago/CYUP Misfits Inv (3200)..... 2/20/2021
4:51.46# DaDamio	Virginia Beach/Showcase (1M) 1/16/2021
4:51.48+ Emma Squires (Petoskey)12	Virginia Beach/adidas Nat (4:53.18) 2/28/2021
4:52.72+ Anne Forsyth (Ann Arbor Pioneer)11	New York/NB Nationals (4:54.42) 3/12/2017
4:53.04+ Audrey Belf (Birmingham Seaholm)12	Roxbury/NB Nationals GP (4:54.74) 2/ 7/2015
4:53.12+ Bethany Brewster (Saginaw Valley Luth)11	Allendale/GV Inv (4:54.83)..... 3/25/1997
4:53.3+ Donna Donakowski (Dearborn H Riverside)12	(4:55.0)..... /1983
4:53.57 Squires	Chicago/CYUP Misfits..... 2/19/2021
4:53.59+ DaDamio	New York/NB Nationals (4:55.30) 3/10/2019
4:54.06+ Rachel Bonner (Port Huron)11	New York/NB Nationals (4:55.77) 3/15/2015
4:54.11 Belf	Ypsilanti/Huron Relays I..... 3/22/2014
4:54.19+ Lexa Barrott (Northville)12	New York/NB Nationals (4:55.90) 3/13/2016
4:54.2# Linsey Blaisdell (Rockford)12	Landover/Nike Indoor (4:56.02) 3/11/2001
4:54.30+ Ericka VanderLende (Rockford)12	Boston/NB Indoor GP (4:56.01) 1/26/2019
4:54.38 Han. Meier	Ann Arbor/MITS 2/ 4/2011
4:54.43 Julia Flynn (Traverse City Central)12	Grand Rapids/Aquinas MITS #3 2/ 6/2022
4:54.75 Karenna Duffey (L'Anse Creuse North)11	Grand Rapids/MITS State 2/26/2017
4:55.19+ Han. Meier	Roxbury/Nike Indoor (4:56.91)..... 3/12/2010
4:55.32 Han. Meier	Ypsilanti/MITS State 2/26/2011
4:55.37+ Nicole Bohnsack (Rockford)10	Landover/Nike Indoor (4:57.10) 3/10/2002
4:55.43 DaDamio	Ypsilanti/Huron Relays (large) 3/23/2019
4:55.49 Handler	Ann Arbor/MITS 2/ 4/2011
4:55.49 Rylee Robinson (Waterford Mott)12	Ypsilanti/MITS State 2/24/2019
4:55.67+ Barrott	New York/NB Nationals (4:57.39) 3/15/2015
4:55.75+ Kenzie Weiler (Cedar Springs)12	New York/NB Nationals (4:57.47) 3/15/2015
4:55.91+ Katie Clifford (GR West Catholic)12	Allendale/GV Inv (4:57.63)..... 3/25/1997
4:55.98 DaDamio	Ypsilanti/MITS State 2/24/2019
4:56.30 Vanderkooi	Grand Rapids/MITS 2/ 9/2019
4:56.34 Han. Meier	Ypsilanti/MITS State 2/27/2010
4:56.43+ Jenny Morgan (Clarkston)11	HST (4:58.15) /2005
4:56.4 Rachel Coleman (Northville)12	Ann Arbor/Spring Preview..... 3/26/2014
4:56.91 Lisa Senakiewicz (Davison)11	Ann Arbor/MITS State 3/ 6/2004
4:56.91+ Gabby Hentemann (Grand Haven)12	New York/NB Nationals (4:58.64) 3/10/2019
4:56.92 Haley Meier (Grosse Pointe South)10	Ypsilanti/MITS State 2/26/2011
4:56.98 Bloom	Ypsilanti/MITS State 2/23/2020
4:57.09 Belf	Bowling Green/Sid Sink 1/24/2015
4:57.0+ Lori Bennett (Livonia Ladywood)9	Ypsilanti (4:58.7) 12/28/1977
4:57.2+ Laura Matson (BH Andover)11	Ann Arbor/MITCA State (4:58.9) 3/13/1985
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4:57.58+ Clara James-Heer (Forest Hills Central)9	Virginia Beach/adidas Nat (4:59.31) 2/28/2021
4:57.74+ Christy Goodison (SH Stevenson)10	Syracuse/NSI (4:59.47)..... /1992

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4:57.79	Rachel Forsyth (Ann Arbor Pioneer)9	Chicago/Illinois Meet of Champions.....	3/ 6/2021
4:57.87+	Sophie Novak (Lake Orion)10	New York/NB Nationals (4:59.60)	3/ 9/2019
4:57.94	Allison Chmielewski (Roscommon)11	Chicago/Illinois Meet of Champions.....	3/ 6/2021
4:58.18	Anna Jensen (Midland Dow)9	Grand Rapids/MITS State	2/26/2017
4:58.26+	Shannon Osika (Waterford Mott)9	Landover/Nike Indoor (5:00.00y).....	3/15/2008
4:58.45	Jayden Harberts (Macomb Dakota)10	Ypsilanti/Huron Relays Large Schools ...	3/26/2022
4:58.46	Maggie Farrell (Battle Creek Lakeview)12	Ann Arbor/MITS	1/28/2017
4:58.59	Caitlin Rose (Grand Blanc)12	Hillsdale/Charger Elite	1/26/2019
4:58.65	Janee Jones (Goodrich)12	Ann Arbor/MITS State	3/ 5/2005
4:58.68	Olivia Theis (Lansing Catholic)12	East Lansing/MSU True Team.....	3/27/2018
4:58.99#	Sarah Coyne (Plymouth)12	New York/NB Nationals (1M).....	3/13/2022
4:59.02+	Ana Barrott (Northville)11	New York/NB Nationals (5:00.76)	3/11/2017
4:59.65#	Lisa Luecke (Allen Park)12	New York/NB Nationals (1M).....	3/13/2022
4:59.68	Rachel Bonner (Port Huron)12	Grand Rapids/MITS State	2/27/2016
4:59.72	Lauren Kiley (Plymouth)12	Ypsilanti/Huron Relays Large Schools ...	3/26/2022
4:59.85	Ersula Farrow (Oak Park)12	Ann Arbor/MITS	1/ 2/2015
4:59.90	Jaden Theis (Lansing Catholic)11	East Lansing/True Team Inv	3/27/2019
5:00.13	Ellie Leonard (Jenison)12	Mt Pleasant/MITS State	2/22/2014
5:00.53+	Sharon Van Tuyl (Portage Northern)11	Allendale/GV Inv (5:02.28)	3/25/1997
5:00.60	Valerie Wierenga (Grandville)10	Mt Pleasant/MITS State	2/22/2014
5:00.62	Megan Goethals (Rochester)12	East Lansing/MITS.....	118/2010
5:00.65	Rachel McCardell (Birmingham Seaholm)12	Ypsilanti/Huron Relays (large)	3/24/2018
5:00.88	Sarah Kroll (Livonia Churchill)12	Ypsilanti/MITS State	2/27/2010
5:00.94	Katie Hoevet (Ann Arbor Pioneer)12	Ann Arbor.....	1/12/2012
5:00.95+	Alex Leptich (Saline)11	Boston/Nike Indoor (5:02.67)	3/15/2009
5:01.18	Karrigan Smith (St Johns)11	Mt Pleasant/MITS State	2/22/2014
5:01.28	Kyla Christopher-Moody (West Bloomfield)10	Ann Arbor/MITS	1/28/2017
5:01.36	Aiden Harrand (Buckley)11	Mt Pleasant/CMU MITS #1	2/ 5/2023
5:01.38	Erin Finn (West Bloomfield)10	Ypsilanti/Huron Relays.....	3/26/2011
5:01.62	Maddy Trevisan (Farmington)12	Grand Rapids/MITS State.....	2/27/2016
5:02.14	Jacalyn Overdier (Ann Arbor Pioneer)12	Ann Arbor/Spring Preview.....	3/30/2017
5:02.27+	Judy Rector (Hanover-Horton)12	New York/NB Nationals (5:04.03)	3/10/2019
5:02.28	Jordann McDermitt (Davison)12	East Lansing/MITS.....	1/20/2014
5:02.32	Madison Osterberg (Jackson Lumen Christi)11	Ypsilanti/EMU MITS	2/ 5/2023
5:02.36	Gabrielle Anzelone (Grand Blanc)12	Ypsilanti/MITS State	2/26/2011
5:02.67+	Victoria Heiligenthal (Milford)11	New York/NB Nationals (5:04.43)	3/10/2018
5:02.80	Arienne Olson (Holland West Ottawa)12	Grand Rapids/Aquinas MITS	2/11/2023
5:02.98	Sarah Kettel (Lansing Capital Homeschool)11	Ann Arbor/MITS	1/22/2015
5:02.98	Taryn Chapko (St Johns)12	Hillsdale/Charger Elite	1/25/2020
5:03.04	Jamie Krzyminski (Corunna)12	Saginaw/SVSU Inv II.....	4/21/2000
5:03.20	Holly Bullough (Traverse City St Francis)12	Grand Rapids/MITS	1/29/2016
5:03.6+	Pam Bagian (Lincoln Park)12	New York/AAU (5:04.8).....	2/28/1970
5:03.73+	Jackie Feist (Birmingham Groves)12	New York/NB Nationals (5:05.50)	3/15/2014
5:03.7	Marissa Treece (Maple City Glen Lake)12	Mt Pleasant/MITS	2/ 6/2007
5:03.99+	Mia Garcia (Pinckney)9	New York/NB Nationals (5:05.76)	3/12/2017
5:04.15+	Sara Barron (HW Notre Dame)12	New York/NB Nationals (5:05.92)	3/11/2012
5:04.17+	Madi Wood (Saline)9	New York/NB Nationals (5:05.94)	3/10/2019
5:04.26+	Lauren Burnett (Macomb Dakota)12	New York/NB Nationals (5:06.03)	3/ 9/2013
5:04.5	Kalin Toedebusch (Rockford)11	Mt Pleasant/Circuit.....	3/ 1/2000
5:04.6	Emily Blakeslee (Rockford)12	Mt Pleasant/Circuit.....	3/ 1/2000
5:04.88	Abby Rentschler (Saline)12	Ypsilanti/MITS State	2/28/2015
5:04.93+	Avery Evenson (Hartland)11	New York/NB Nationals (5:06.70)	3/11/2012
5:04.93+	Hannah Smith (Traverse City West)9	New York/NB Nationals (5:06.70)	3/11/2018
5:04.95	Katie Danyko (Sterling H Stevenson)12	Saginaw/MITS.....	2/13/2002
5:05.03	Stephanie Morgan (Clarkston)9	Saginaw/MITS.....	2/ 1/2006
5:05.07+	Elianna Shwayder (Saline)12	New York/NB Nationals (5:06.83)	3/15/2014
5:05.19	Mary Richmond (Frankenmuth)11	Mt Pleasant/CMU MITS #1 (1M).....	2/ 5/2023
5:05.42	Adelyn Ackley (Hart)12	Grand Rapids/MITS	2/ 9/2019
5:05.45	Rachel Wittum (Rockford)8	Ann Arbor/MITS Final	3/ 8/2003
5:05.65	Kelsie Schwartz (Warren Regina)9	Ypsilanti/MITS State	2/26/2011
5:05.67#	Taylor Pangburn (Grand Ledge)12	Boston/New Balance Nationals (1M)	3/12/2023
5:05.75	Becca Addison (Grand Haven)11	Allendale/MITS.....	2/16/2008
5:05.88	Alexa Keiser (Fenton)9	Ann Arbor/MITS	1/28/2017

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5:05.9	Melissa Miller (Portland)12	Mt Pleasant/Circuit.....	3/ 1/2000
Oversized Track:			
4:40.65	Audrey DaDamio (Birmingham Seaholm)12	Geneva/SPIRE Showcase	2/ 7/2021
4:41.64+	Hannah Meier (Grosse Pointe South)11	Seattle/Brooks (4:43.28)	2/26/2012
4:41.85	Zofia Dudek (Ann Arbor Pioneer)12	Saginaw/MITS #5.....	2/ 8/2020
4:42.56+	Rachel Forsyth (Ann Arbor Pioneer)10	Allendale/GVSU MITS #4 (4:44.20)	1/29/2022
4:44.76	Han. Meier	Allendale/MITS.....	2/16/2013
4:45.24	Haley Meier (Grosse Pointe South)12	Allendale/MITS.....	2/16/2013
4:45.80	R. Forsyth	Kent/HS Meet #3.....	2/27/2022
4:46.43+	Hal. Meier	Seattle/Brooks (4:48.10)	2/26/2012
4:46.77	Julia Flynn (Traverse City Central)12	Ypsilanti/MITS Champs.....	2/27/2022
4:47.59	Han. Meier	Allendale	2/18/2012
4:47.74	Erin Finn (West Bloomfield)12	Allendale/MITS.....	2/16/2013
4:48.99+	Arianne Olson (Holland West Ottawa)11	Allendale/GVSU MITS #4 (4:50.67)	1/29/2022
4:50.85	Hay. Meier	Allendale	2/18/2022
4:51.48	R. Forsyth	Saginaw/SVSU MITS #3	1/15/2022
4:51.61	Sophie Novak (Lake Orion)11	Geneva/SPIRE Showcase	2/ 9/2020
4:52.10	A. DaDamio	Saginaw/MITS #4.....	2/ 1/2020
4:52.22	R. Forsyth	Geneva/SPIRE Showcase	2/ 7/2021
4:52.81+	Audrey Belf (Birmingham Seaholm)12	Allendale/Gazelle Elite (4:54.51).....	1/31/2015
4:52.86	Sarah Forsyth (Ann Arbor Pioneer)12	Kent/HS Meet #3.....	2/27/2022
4:53.03	Olson	Ypsilanti/MITS Champs.....	2/27/2022
4:53.10	Judy Rector (Hanover-Horton)12	Geneva/SPIRE Scholastic Showcase....	2/10/2019
4:53.33	R. Forsyth	Ypsilanti/SEC Invite.....	3/23/2023
4:53.35+	Rachel DaDamio (Birmingham Seaholm)12	Allendale/Gazelle Elite (4:55.06).....	1/31/2015
4:53.61	Jessica Jazwinski (Hart)9	Ypsilanti/MITS Finals.....	2/26/2023
4:53.64	Shannon Osika (Waterford Mott)12	Seattle/Brooks.....	2/27/2011
4:53.69	R. Forsyth	Youngstown/YSU Open #3	1/13/2021
4:53.82+	Novak	Allendale/Gazelle Elite (4:55.53).....	1/11/2020
4:53.94	Anna Jensen (Midland Jefferson MS)8	Saginaw/MITS.....	12/12/2015
4:53.98+	Jensen	Allendale/Gazelle Sports Elite (4:55.69) .	1/ 7/2017
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4:54.08+	Ericka VanderLende (Rockford)12	Allendale/Winter Classic (4:55.79)	1/ 5/2019
4:54.14+	Taryn Chapko (St Johns)12	Lexington/UK Inv (4:55.85)	2/15/2020
4:54.3+	Anne Forsyth (Ann Arbor Pioneer)12	Allendale/MITS (4:56.0)	1/ 6/2018
4:54.7+	Rachel McCardell (Birmingham Seaholm)12	Allendale/MITS (4:56.4)	1/ 6/2018
4:55.21	Lani Bloom (Ithaca)12	Saginaw/MITS.....	1/ 8/2022
4:55.2+	Kayla Windemuller (Holland Christian)12	Allendale/MITS (4:56.9)	1/ 6/2018
4:55.39	Ali Wiersma (Allendale)12	Allendale	2/18/2012
4:55.39+	Jayden Harberts (Macomb Dakota)10	Allendale/GVSU MITS #4 (4:57.11).....	1/29/2022
4:55.42+	Karrigan Smith (St Johns)12	Allendale/Gazelle Elite (4:57.14).....	1/31/2015
4:55.53	Avery Evenson (Hartland)12	Allendale	2/18/2012
4:55.71	Sara Barron (HW Notre Dame)12	Allendale	2/18/2012
4:55.77+	Maggie Farrell (Battle Creek Lakeview)12	Allendale/Gazelle Sports Elite (4:57.49) .	1/ 7/2017
4:55.90	Brook Handler (Rochester)12	Allendale/MITS.....	2/19/2011
4:55.99+	Sarah Kettel (Lansing Capital Homeschool)11	Allendale/Gazelle Elite (4:57.71).....	1/31/2015
4:56.33+	Rachel Bonner (Port Huron)11	Allendale/Gazelle Elite (4:58.05).....	1/31/2015
4:56.37+	Amber Gall (Shepherd)12	Saginaw/Distance Festival (4:58.09).....	2/ 9/2019
4:56.46	Rachele Schulist (Zeeland West)12	Allendale/Laker	3/22/2012
4:56.61	Sarah Coyne (Plymouth)12	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
4:56.71	Arianne Olson (Holland West Ottawa)12	Allendale/GVSU Laker Challenge	3/23/2023
4:57.00+	Kenzie Weiler (Cedar Springs)12	Allendale/Gazelle Elite (4:58.73).....	1/31/2015
4:57.14	Haley Deighan (Birmingham Seaholm)12	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
4:57.24	Clara James-Heer (Grand Rapids MS)8	Saginaw/MITS #4.....	2/ 1/2020
4:57.2+	Sue Parks (Ypsilanti)11	Champaign/C AAU (4:58.9)	1/14/1973
4:57.5+	Gabby Hentemann (Grand Haven)11	Allendale/MITS (4:59.2)	1/ 6/2018
4:57.60	Lauren Kiley (Plymouth)12	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
4:57.72	Ersula Farrow (Grosse Pointe South)9	Allendale	2/18/2012
4:57.94	Annika Sandman (Lowell)12	Allendale/GVSU Laker Challenge	3/23/2023
4:58.00+	Anna Petr (East Grand Rapids)12	Allendale/Gazelle Elite (4:59.73).....	1/11/2020
4:58.15+	Rachel Coleman (Northville)12	Allendale/MITS (4:59.88)	1/11/2014
4:58.31	Aiden Harrand (Buckley)11	Allendale/GVSU #4	1/28/2023
4:58.38+	Caitlin Rose (Grand Blanc)12	Saginaw/Distance Festival (5:00.12).....	2/ 9/2019

Michigan High School Girls Indoor Track All-Time Lists

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4:58.48+	Cookie Baugh (Ann Arbor Pioneer)12	Allendale/GVSU MITS #4 (5:00.22)	1/29/2022
4:58.49+	Karenna Duffey (L'Anse Creuse North)12	Saginaw/MITS (5:00.23)	2/10/2018
4:58.6+	Megan Worrel (Troy)12	Allendale/MITS (5:00.3)	1/ 6/2018
4:58.73	Emma Squires (Petoskey)11	Saginaw/MITS #4.....	2/ 1/2020
4:58.86+	Lexa Barrott (Northville)11	Allendale/Gazelle Elite (5:00.60).....	1/31/2015
4:59.05+	Alexa Keiser (Fenton Schmidt)8	Saginaw/Distance Festival (5:00.79).....	2/13/2016
4:59.07	Allie Arnsman (Grandville)12	Allendale/GVSU Laker Challenge	3/23/2023
4:59.18	Allison Chmielewski (Roscommon)11	Ypsilanti/MITS State.....	3/20/2021
4:59.43	Payton Scheffler (Woodhaven)10	Ypsilanti/MITS Champs.....	2/27/2022
4:59.47	Ana Barrott (Northville)11	Geneva/SPIRE Scholastic	2/12/2017
4:59.70	Gabrielle Anzelone (Grand Blanc)12	Lexington	2/19/2011
4:59.74+	Lisa Luecke (Allen Park)12	Allendale/GVSU MITS #4 (5:01.48)	1/29/2022
4:59.86	Annie Fuller (Manistee)12	Allendale/MITS.....	2/21/2015
4:59.93	Rylee Robinson (Waterford Mott)11	Saginaw/SVSU D1.....	3/21/2018
4:59.93	Emily Cooper (Ann Arbor Pioneer)12	Ypsilanti/SEC Invite.....	3/23/2023
5:00.0+	Hannah Smith (Traverse City West)9	Allendale/MITS (5:01.7)	1/ 6/2018
5:00.41+	Emily Wall (Midland Dow)11	Saginaw/Distance Festival (5:02.16).....	2/13/2016
5:00.71+	Adit Dau (GR Ottawa Hills)10	Allendale/Gazelle Elite (5:02.46).....	1/11/2020
5:01.00	Sylvia Sanok Dufallo (Ann Arbor Pioneer)11	Ypsilanti/SEC Invite.....	3/23/2023
5:01.17+	Maddy Trevisan (Farmington)12	Saginaw/Distance Festival (5:02.92).....	2/13/2016
5:01.24	Lindsay Burdette (Hanover-Horton)12	Allendale	2/18/2012
5:01.25+	Madelyn Frens (Grand Rapids Christian)10	Allendale/Gazelle Elite (5:03.00).....	1/11/2020
5:01.33	Ersula Farrow (Oak Park)12	Saginaw/MITS.....	12/20/2014
5:01.36	Elizabeth Dalrymple (Clarkston)12	Geneva/SPIRE Scholastic Showcase ...	2/10/2019
5:01.47	Taylor Pangburn (Grand Ledge)12	Ypsilanti/MITS Finals.....	2/26/2023
5:01.95+	Megan O'Neil (Remus Chippewa Hills)12	Allendale/MITS (5:03.71)	1/11/2014
5:02.15	Adelyn Ackley (Hart)11	Allendale/MITS Gazelle Elite.....	2/17/2018
5:02.22	Elena Figueroa (St Joseph)10	Ypsilanti/MITS Finals.....	2/26/2023
5:02.52+	Kyla Christopher-Moody (West Bloomfield)12	Saginaw/Distance Festival (5:04.28).....	2/ 9/2019
5:02.57+	Emma Wilson (Romeo)12	Saginaw/Distance Festival (5:04.33).....	2/13/2016
5:02.71	Jamie Morrissey (Rochester Adams)12	Allendale/MITS.....	2/16/2013
5:02.88+	Erika Rapp (Pinckney)11	Saginaw/MITS (5:04.64)	2/10/2018
5:02.89+	Karrigan Smith (St Johns)11	Allendale/MITS (5:04.65)	1/11/2014
5:02.94	Emily Tomes (GR Catholic Central)11	Allendale/GVSU #1	12/ 2/2022
5:03.05	Sophie Novak (Lake Orion)12	Ypsilanti/MITS State.....	3/20/2021
5:03.42	Mary Richmond (Frankenmuth)11	Ypsilanti/MITS Finals.....	2/26/2023
5:03.49	Rylee Tolson (Stockbridge)10	Saginaw/MITS.....	1/18/2020
5:03.61+	Yasmine Mansi (Northville)11	Allendale/Gazelle Elite (5:05.38).....	1/11/2020
5:03.65	Lauren Burnett (Macomb Dakota)12	Allendale/MITS.....	2/16/2013
5:03.86	Kelly Schubert (Manistee)12	Allendale	2/18/2012

ONE MILE (no conversions)

4:40.97	Hannah Meier (Grosse Pointe South)12	New York/NB Nationals	3/ 9/2013
4:42.60	Han. Meier	New York/NB Nationals	3/11/2012
4:44.88	Zofia Dudek (Ann Arbor Pioneer)12	New York/NB Nationals	3/10/2019
4:48.13	Audrey DaDamio (Birmingham Seaholm)12	Virginia Beach/adidas Nationals	2/28/2021
4:48.50	Han. Meier	New York/NB Nationals	3/13/2011
4:49.66	Rachel Dadamio (Birmingham Seaholm)12	New York/NB Nationals	3/15/2015
4:50.55	Brook Handler (Rochester)12	New York/NB Nationals	3/13/2011
4:52.47	Lani Bloom (Ithaca)12	Staten Island/Nike Nationals	3/12/2022
4:53.13	DaDamio	Virginia Beach/Showcase	1/16/2021
4:53.18	Emma Squires (Petoskey)12	Virginia Beach/adidas Nationals	2/28/2021
4:54.42	Anne Forsyth (Ann Arbor Pioneer)11	New York/NB Nationals	3/12/2017
4:54.74	Audrey Belf (Birmingham Seaholm)12	Roxbury/NB Nationals GP.....	2/ 7/2015
4:54.83	Bethany Brewster (Sag. Valley Luth)11	Allendale/GV Inv	3/25/1997
4:55.0	Donna Donakowski (DH Riverside)12	HST.....	/1983
4:55.30	A. DaDamio	New York/NB Nationals	3/10/2019
4:55.77	Rachel Bonner (Port Huron)11	New York/NB Nationals	3/15/2015
4:55.90	Lexa Barrott (Northville)12	New York/NB Nationals	3/13/2016
4:56.02	Linsey Blaisdell (Rockford)12	Landover/Nike Indoor.....	3/11/2001
4:56.91	Han. Meier	Roxbury/Nike Indoor	3/12/2010
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4:57.10	Nicole Bohnsack (Rockford)10	Landover/Nike Indoor.....	3/10/2002

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4:57.47	Kenzie Weiler (Cedar Springs)12	New York/NB Nationals	3/15/2015
4:57.63	Katie Clifford (GR West Catholic)12	Allendale/GV Inv	3/25/1997
4:58.15	Jenny Morgan (Clarkston)11	HST	/2005
4:58.64	Gabby Hentemann (Grand Haven)12	New York/NB Nationals	3/10/2019
4:58.7	Lori Bennett (Livonia Ladywood)5	Ypsilanti	12/28/1977
4:58.9	Laura Matson (BH Andover)11	Ann Arbor/MITCA State	3/13/1985
4:59.31	Clara James-Heer (Forest Hills Central)9	Virginia Beach/adidas Nationals	2/28/2021
4:59.47	Christy Goodison (SH Stevenson)10	Syracuse/NSI	/1992
4:59.60	Sophie Novak (Lake Orion)10	New York/NB Nationals	3/ 9/2019
5:00.00	Shannon Osika (Waterford Mott)9	Landover/Nike Indoor.....	3/15/2008

Oversized Track:

4:43.28	Hannah Meier (Grosse Pointe South)11	Seattle/Brooks.....	2/26/2012
4:44.20	Rachel Forsyth (Ann Arbor Pioneer)10	Allendale/Gazelle Elite	1/29/2022
4:48.10	Haley Meier (Grosse Pointe South)11	Seattle/Brooks.....	2/26/2012
4:50.67	Arienne Olson (Holland West Ottawa)11	Allendale/Gazelle Elite	1/29/2022
4:54.51	Audrey Belf (Birmingham Seaholm)12	Allendale/Gazelle Elite	1/31/2015
4:55.06	Rachel DaDamio (Birmingham Seaholm)12	Allendale/Gazelle Elite	1/31/2015
4:55.53	Sophie Novak (Lake Orion)11	Allendale/Gazelle Elite	1/11/2020
4:55.69	Anna Jensen (Midland Dow)9	Allendale/Gazelle Elite	1/ 7/2017
4:56.0	Anne Forsyth (Ann Arbor Pioneer)12	Allendale/Gazelle Elite	1/ 6/2018
4:56.4	Rachel McCardell (Birmingham Seaholm)12	Allendale/Gazelle Elite	1/ 6/2018
4:56.4	Ericka VanderLende (Rockford)11	Allendale/Gazelle Elite	1/ 6/2018
4:56.55	Audrey DaDamio (Birmingham Seaholm)11	Allendale/Gazelle Elite	1/11/2020
4:56.80	Julia Flynn (Traverse City Central)12	Allendale/Gazelle Elite	1/29/2022
4:56.9	Kayla Windemuller (Holland Christian)12	Allendale/Gazelle Elite.....	1/ 6/2018
4:57.11	Jayden Harberts (Macomb Dakota)10	Allendale/Gazelle Elite	1/29/2022
4:57.14	Karrigan Smith (St Johns)12	Allendale/Gazelle Elite	1/31/2015
4:57.49	Maggie Farrell (Battle Creek Lakeview)12	Allendale/Gazelle Elite	1/ 7/2017
4:57.71	Sarah Kettel (Lansing Capital Homeschool)11	Allendale/Gazelle Elite	1/31/2015
4:58.05	Rachel Bonner (Port Huron)11	Allendale/Gazelle Elite	1/31/2015
4:58.73	Kenzie Weiler (Cedar Springs)12	Allendale/Gazelle Elite	1/31/2015
4:58.9	Sue Parks (Ypsilanti)11	Champaign/Central AAU.....	1/14/1973
4:59.2	Gabby Hentemann (Grand Haven)11	Allendale/Gazelle Elite	1/ 6/2018
4:59.73	Anna Petr (East Grand Rapids)12	Allendale/Gazelle Elite	1/11/2020
4:59.88	Rachel Coleman (Northville)12	Allendale/Gazelle Elite	1/11/2014
4:59.94	Sarah Forsyth (Ann Arbor Pioneer)12	Allendale/Gazelle Elite	1/29/2022

2000 METERS

6:06.0#	Audrey DaDamio (Birmingham Seaholm)12	Chicago/CYUP Misfits Inv (3200).....	2/20/2021
6:20.35#	DaDamio	Virginia Beach/Showcase (2M)	1/17/2021
6:22.1#	DaDamio	Virginia Beach/757 Showcase (2M)	1/30/2021
6:25.9#	Erin Finn (West Bloomfield)11	New York/NB Nationals (5K).....	3/ 9/2012

2000 STEEPLECHASE

7:42.94	Mia Garcia (Pinckney)12	Mt Pleasant/MITS	1/ 7/2020
7:50.10	Jessica Denver (Imlay City)10	Mt Pleasant/MITS	1/16/2019
7:57.51	Remington Hobson (Montrose)12	Mt Pleasant/MITS	1/17/2018
8:17.02	Samantha Hill (Chesaning)12	Mt Pleasant/MITS	1/17/2018
8:18.57	Ellie Reynolds (Flushing)9	Mt Pleasant/MITS	1/17/2018
8:22.83	Abigail Kiaunis (Reed City)10	Mt Pleasant/MITS	1/16/2019

3000 METERS

9:15.2#	Audrey DaDamio (Birmingham Seaholm)12	Chicago/CYUP Misfits Inv (3200).....	2/20/2021
9:31.30#	Audrey Belf (Birmingham Seaholm)11	New York/NB Nationals (2M)	3/16/2014
9:32.33#	DaDamio	Virginia Beach/adidas Nationals (2M)	2/27/2021
9:32.5#	DaDamio	Virginia Beach/757 Showcase (2M)	1/30/2021
9:33.72#	DaDamio	Virginia Beach/Showcase (2M)	1/17/2021
9:34.74#	Megan Goethals (Rochester)12	Roxbury/Nike Indoor (2M).....	3/13/2010
9:43.0#	Maggie Farrell (Battle Creek Lakeview)12	New York/NB Nationals (2M)	3/12/2017
9:43.3#	Erin Finn (West Bloomfield)11	New York/NB Nationals (5K).....	3/ 9/2012
9:43.98#	Belf	New York/NB Nationals (2M)	3/ 9/2013
9:44.26#	Belf	New York/NB Nationals (2M)	3/15/2015
9:45.05#	Sarah Kettel (Lansing Capital Homeschool)11	New York/NB Nationals (2M)	3/15/2015

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9:45.88#	Ericka VanderLende (Rockford)11	New York/NB Nationals (2M)	3/11/2018
9:45.96	Jaden Theis (Lansing Catholic)10	Grand Rapids/Gardiner Inv	3/24/2018
9:46.06#	Kayla Windemuller (Holland Christian)12	New York/NB Nationals (2M)	3/11/2018
9:48.08#	Windemuller	New York/NB Nationals (2M)	3/12/2017
9:49.89#	Maddy Trevisan (Farmington)12	New York/NB Nationals (2M)	3/13/2016
9:49.8#	Goethals	Ypsilanti/MITS State (3200)	2/27/2010
9:55.56#	Emma Squires (Petoskey)12	Virginia Beach/adidas Nationals (2M)	2/27/2021
9:55.9#	Sharon Van Tuyl (Portage Northern)11	Ann Arbor/MITCA State (3200)	3/12/1997
9:56.44#	Noelle Adriaens (Pinckney)12	New York/NB Nationals (2M)	3/10/2019
9:58.0	Miriam Boyd (Port Huron)11	Louisville	2/11/1978
9:58.2#	Goethals	Mt Pleasant/MITS State (3200).....	2/28/2009
9:58.7#	Kettel	Ypsilanti/MITS State (3200)	2/28/2015
9:59.0#	Belf	Ypsilanti/MITS State (3200)	2/28/2015
9:59.6#	Marissa Treece (Maple City Glen Lake)12	Ann Arbor/MITS State (3200)	3/17/2007
10:00.08#	Kenzie Weiler (Cedar Springs)11	New York/NB Nationals (2M)	3/16/2014
10:00.44#	Valerie Wierenga (Grandville)10	New York/NB Nationals (2M)	3/16/2014
10:01.66#	Jessi Larson (Saline)10	New York/NB Nationals (2M)	3/13/2016
10:01.8#	Ali Wiersma (Allendale)12	Ypsilanti/MITS State (3200)	2/25/2012
10:04.09#	Kalin Toedebusch (Rockford)12	Landover/Nike Indoor (2M)	3/11/2001
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10:04.38#	Jayden Harberts (Macomb Dakota)10	New York/NB Nationals (2M).....	3/11/2022
10:05.65#	Anna Petr (East Grand Rapids)12	New York/NB Nationals (2M)	3/ 8/2019
10:06.02#	Emma Wilson (Romeo)12	New York/NB Nationals (2M)	3/13/2016
10:06.07#	Annika Sandman (Lowell)12	Boston/New Balance Nationals (2M)	3/10/2023
10:06.55	Clara James-Heer (Grand Rapids MS)6	Staten Island/Hershey USATF	3/11/2018
10:07.0#	Gabrielle Anzelone (Grand Blanc)10	Mt Pleasant/MITS State (3200).....	2/28/2009
10:07.90#	Ana Barrott (Northville)11	New York/NB Nationals (2M)	3/12/2017
10:08.68#	Rachel Coleman (Northville)12	New York/NB Nationals (2M)	3/16/2014
10:08.70#	Lexa Barrott (Northville)11	New York/NB Nationals (2M)	3/13/2015
10:09.07#	Nicole Hanson (Clarkston)12	New York/NB Nationals (2M)	3/11/2016
10:09.5#	Emily Blakeslee (Rockford)12	Bloomington/NIC (2M)	3/12/2000
10:10.03#	Ashlyn Nagel (Bay City Western)11	New York/NB Nationals (2M)	3/ 8/2019
10:10.0#	Lindsey Burdette (Hanover-Horton)12	Ypsilanti/MITS State (3200)	2/25/2012
10:10.1#	Anna Jensen (Midland Dow)9	Ann Arbor/MITS (3200).....	1/15/2017
10:10.48#	Mary Richmond (Frankenmuth)11	Boston/New Balance Nationals (2M)	3/10/2023
10:10.75#	Haley Deighan (Birmingham Seaholm)12	New York/NB Nationals (2M).....	3/11/2022
10:11.09#	Allie Arnsman (Grandville)12	Boston/New Balance Nationals (2M)	3/10/2023
10:12.03#	Kelsie Schwartz (Grosse Pt South)10	New York/NB Nationals	3/ 9/2012
10:12.1#	Jamie Krzyminski (Corunna)12	East Lansing/Circuit (3200).....	2/22/2000
10:12.4#	Linsey Blaisdell (Rockford)12	Ann Arbor/MITS (3200).....	2/23/2001
10:12.4#	Bekah Smeltzer (Monroe Jefferson)9	Ann Arbor/MITS State (3200).....	3/ 6/2004
10:12.55#	Madison Troy (Grandville)10	New York/NB Nationals (2M)	3/11/2016
10:13.15#	Allison Chmielewski (Roscommon)12	New York/NB Nationals (2M).....	3/11/2022
10:13.7#	Kelly Schubert (Manistee)12	Ypsilanti/MITS State (3200)	2/25/2012
10:14.85#	Madeline Rehm (White Lake Lakeland)12	New York/NB Nationals (2M)	3/ 8/2019
10:15.05#	Faith Smith (Jackson Lumen Christi)12	New York/NB Nationals (2M).....	3/11/2022
10:15.19#	Ava Strenge (Battle Creek St Phillip)12	Hillsdale/Charger Opener (3200)	1/ 8/2017
10:15.5#	Sammy Mondry (Grandville)11	Ypsilanti/MITS State (3200)	2/25/2012
10:16.31#	Anne Forsyth (Ann Arbor Pioneer)10	New York/NB Nationals (2M)	3/13/2016
10:17.48#	Christina Sawyer (Tecumseh)12	New York/NB Nationals (2M)	3/12/2017
10:17.70#	Madison Clor (Romeo)12	Boston/New Balance Nationals (2M)	3/10/2023
10:19.1#	Alexa Keiser (Fenton)11	Ypsilanti/MITS State (3200)	2/23/2019
10:19.68#	Kayla Fortino (Saline)12	New York/NB Nationals (2M)	3/ 8/2019
10:19.69+	Grace Nolan (Clarkston)12	New York/NB Nationals (5K).....	3/ 8/2019
10:19.9#	Maryssa Depies (Muskegon Reeths-Puffer)12	Grand Rapids/MITS State (3200).....	2/25/2017
10:20.1	Kayla Skelly (Midland)12	/1982
10:20.1#	Megan Fitzgerald (SH Stevenson)10	Ann Arbor/MITCA State (3200).....	3/12/1997
10:20.3#	Kelli Jackson (Hudsonville)12	Ypsilanti/MITS State (3200)	2/28/2015
10:20.5#	Grace Cutler (Royal Oak)10	Ypsilanti/MITS State (3200)	2/28/2015
10:20.7#	Peyton Witt (Portage Northern)12	Ypsilanti/MITS State (3200)	2/23/2019
10:20.9#	Nicole Zeinstra (Black River)12	Ypsilanti/MITS State (3200)	2/25/2012
10:21.0#	Sharon Dickie (Grand Blanc)12	Ann Arbor/MITCA State (3200).....	3/18/1998
10:22.3#	Kaitlyn St. Bernard (Monroe Jefferson)12	Ypsilanti/MITS (3200)	12/21/2017

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3200 METERS

9:51.28 Audrey DaDamio (Birmingham Seaholm)12	Chicago/CYUP Misfits Inv 2/20/2021
10:03.94+ DaDamio	Virginia Beach/757 Show (10:07.46)..... 1/30/2021
10:07.1# Megan Goethals (Rochester)12	Roxbury/Nike Indoor (10:10.14) 3/13/2010
10:07.36+ Audrey Belf (Birmingham Seaholm)11	New York/NB Nationals (10:10.90) 3/16/2014
10:07.60+ DaDamio	Virginia Beach/adidas Nat (10:11.14)..... 2/27/2028
10:10.41# DaDamio	Virginia Beach/Showcase (2M) 1/17/2021
10:13.76+ Maggie Farrell (Battle Creek Lakeview)12	New York/NB Nationals (10:17.34) 3/12/2017
10:18.85+ Belf	New York/NB Nationals (10:22.46) 3/ 9/2013
10:19.35+ Marissa Treece (Maple City-Glen Lake)12	New York/National Scholastic (10:22.96)3/11/2007
10:20.09+ Belf	New York/NB Nationals (10:23.70) 3/15/2015
10:20.77+ Kayla Windemuller (Holland Christian)12	New York/NB Nationals (10:24.39) 3/11/2018
10:21.71+ Ericka VanderLende (Rockford)11	New York/NB Nationals (10:25.33) 3/11/2018
10:23.15+ Windemuller	New York/NB Nationals (10:26.78) 3/12/2017
10:23.4# Erin Finn (West Bloomfield)11	New York/NB Nationals (5K)..... 3/ 9/2012
10:23.61+ Sarah Kettel (Lansing Capital Homeschool)11	New York/NB Nationals (10:27.24) 3/15/2015
10:24.78 A. DaDamio	Ypsilanti/MITS State 2/22/2020
10:26.98 Goethals	Ypsilanti/MITS State 2/27/2010
10:27.96+ Maddy Trevisan (Farmington)12	New York/NB Nationals (10:31.62) 3/13/2016
10:31.78 Belf	Mt Pleasant/MITS State 2/22/2014
10:32.90 Belf	Ypsilanti/MITS State 2/28/2015
10:33.7 Sharon Van Tuyl (Portage Northern)11	Ann Arbor/MITCA State 3/12/1997
10:33.21+ Valerie Wierenga (Grandville)10	New York/NB Nationals (10:36.90) 3/16/2014
10:33.32 Kettel	Ypsilanti/MITS State 2/28/2015
10:33.81 Goethals	Mt Pleasant/MITS State 2/28/2009
10:33.94+ Kenzie Weiler (Cedar Springs)11	New York/NB Nationals (10:37.63) 3/16/2014
10:34.24+ Noelle Adriaens (Pinckney)12	New York/NB Nationals (10:37.94) 3/10/2019
10:34.40 Treece	Ann Arbor/MITS State 3/17/2007
10:36.43 Lauren Brasure (Rockford)12	Mt Pleasant/MITS State 2/22/2014
10:37.38 Belf	Mt Pleasant/MITS State 2/23/2013
10:37.42 Finn	Ann Arbor 2/16/2012
10:38.10 Rachel Forsyth (Ann Arbor Pioneer)9	Chicago/Illinois Meet of Champions 3/ 5/2021
10:38.59 Emma Squires (Petoskey)12	Chicago/CYUP Misfits Inv 2/20/2021
10:38.97 Rylee Tolson (Stockbridge)10	Ypsilanti/MITS State 2/22/2020
10:39.0 Linsey Blaisdell (Rockford)12	Allendale/MITS 2/17/2001
10:39.56# Jayden Harberts (Macomb Dakota)10	New York/NB Nationals (2M)..... 3/11/2022
10:39.7+ Michelle Bews (Birmingham Seaholm-AUS)12	East Lansing/Spartan (10:43.4) 3/31/1984
10:39.82+ Bekah Smeltzer (Monroe Jefferson)10	Landover/Nike Indoor (10:43.55) 3/12/2005
10:40.12 Jessi Larson (Saline)10	Ypsilanti/MITS 2/11/2016
10:40.56 Ali Wiersma (Allendale)12	Ypsilanti/MITS State 2/25/2012
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10:40.69+ Kalin Toedebusch (Rockford)12	Landover/Nike Indoor (10:44.42) 3/11/2001
10:41.86 Alexa Keiser (Fenton)12	Ypsilanti/MITS State 2/22/2020
10:43.15+ Anna Petr (East Grand Rapids)12	New York/NB Nationals (10:46.90) 3/ 8/2019
10:44.03+ Rachel Coleman (Northville)12	New York/NB Nationals (10:47.78) 3/16/2014
10:44.31 Amber Way (Charlevoix)11	Mt Pleasant/MITS State 2/22/2014
10:44.34+ Nicole Hanson (Clarkston)12	New York/NB Nationals (10:48.09) 3/11/2016
10:44.3+ Mary Peruski (Dearborn Edsel Ford)12	(10:48.0)..... /1985
10:45.00# Annika Sandman (Lowell)12	Boston/New Balance Nationals (2M) 3/10/2023
10:45.31+ Emma Wilson (Romeo)12	New York/NB Nationals (10:49.07) 3/13/2016
10:45.39+ Tiffany Abrahamian (Rochester)12	New York/National Sch (10:49.15y)..... 3/16/2008
10:45.92 Gabrielle Anzelone (Grand Blanc)10	Mt Pleasant/MITS State 2/28/2009
10:46.41+ Ana Barrott (Northville)11	New York/NB Nationals (10:50.18) 3/12/2017
10:47.56+ Ellie Leonard (Jenison)12	New York/NB Nationals (10:51.33) 3/16/2014
10:47.59+ Emily Blakeslee (Rockford)12	Bloomington/NIC (10:51.36)..... 3/12/2000
10:47.64 Jamie Krzyminski (Corunna)12	Saginaw/SVSU Inv II 4/21/2000
10:48.0 Emily Langenberg (Grand Ledge)10	HST /2005
10:48.20 Kelli Jackson (Hudsonville)11	Mt Pleasant/MITS State 2/22/2014
10:48.65 Hannah Smith (Traverse City West)9	Ypsilanti/MITS 1/14/2018
10:48.67+ Ashlyn Nagel (Bay City Western)11	New York/NB Nationals (10:52.45) 3/ 8/2019
10:49.1+ Kris Salt (Dearborn Edsel Ford)12	Ypsilanti/Huron 3/21/1987
10:49.74# Mary Richmond (Frankenmuth)11	Boston/New Balance Nationals (2M) 3/10/2023

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10:49.84# Allie Arnsman (Grandville)12	Boston/New Balance Nationals (2M) 3/10/2023
10:50.06 Lauren Benstead (Brighton Stockwell)12	Mt Pleasant/MITS State 2/23/2013
10:50.15+ Michele Moriset (Troy)12	New York/National Sch (10:53.94)..... 3/14/2010
10:50.21 Katie Danyko (SH Stevenson)12	Saginaw/MITS..... 1/30/2002
10:50.47+ Kelsie Schwartz (Grosse Pt South)10	New York/NB Nationals (10:54.26) 3/ 9/2012
10:50.66# Haley Deighan (Birmingham Seaholm)12	New York/NB Nationals (2M)..... 3/11/2022
10:50.93+ Madison Troy (Grandville)10	New York/NB Nationals (10:54.72) 3/11/2016
10:51.00# Clara James-Heer (Forest Hills Central)9	Virginia Beach/adidas Nationals (5K)..... 2/26/2021
10:51.57 Lindsey Burdette (Hanover-Horton)12	Ypsilanti/MITS State 2/25/2012
10:51.74 Kellee Lemcke (Sterling Hts Stevenson)12	Saginaw/MITS..... 2/15/2006
10:52.17+ Madeline Rehm (White Lake Lakeland)12	New York/NB Nationals (10:55.97) 3/ 8/2019
10:52.83 Kelly Schubert (Manistee)12	Ypsilanti/MITS State 2/25/2012
10:52.87 Anna Petr (East Grand Rapids)12	Ypsilanti/MITS State 2/22/2020
10:53.31 Sammy Mondry (Grandville)10	Ypsilanti/MITS State 2/26/2011
10:53.6+ Donna Donakowski (DH Riverside)12	(10:57.4)..... /1983
10:54.0 Nikki Bohnsack (Rockford)10	Allendale/MITS..... 2/16/2002
10:54.21+ Christina Sawyer (Tecumseh)12	New York/NB Nationals (10:58.02) 3/12/2017
10:54.29 Katie Haines (Rockford)11	Mt Pleasant/MITS 2/27/2007
10:54.30 Ava Streng (Battle Creek St Phillip)12	Hillsdale/Charger Opener..... 1/ 8/2017
10:54.39+ Lexa Barrott (Northville)11	New York/NB Nationals (10:58.20) 3/13/2015
10:54.48# Faith Smith (Jackson Lumen Christi)12	New York/NB Nationals (2M)..... 3/11/2022
10:54.65 Anna Jensen (Midland Dow)9	Ann Arbor/MITS 1/15/2017
10:55.48# Madison Clor (Romeo)12	Boston/New Balance Nationals (2M) 3/10/2023
10:55.52 Grace Cutler (Royal Oak)11	Ypsilanti/MITS..... 1/21/2016
10:55.62+ Christy Goodison (Sterling Hts Stevenson)10	(10:59.44)..... /1992
10:56.42 Elianna Shwayder (Saline)11	Mt Pleasant/MITS State 2/23/2013
10:57.58+ Kayla Fortino (Saline)12	New York/NB Nationals (11:01.41) 3/ 8/2019
10:57.91 Ava Streng (Battle Creek St Philip)11	Grand Rapids/MITS State 2/27/2016
10:58.51# Allison Chmielewski (Roscommon)12	New York/NB Nationals (2M)..... 3/11/2022
10:58.76 Heather Sirko (Livonia Stevenson)	Ann Arbor/MITS State..... 3/ 5/2005
10:58.7+ Jenny Weil (East Lansing)?	East Lansing/Spartan Relays (11:02.5) . 4/12/1980
10:58.86 Peyton Witt (Portage Northern)11	Ypsilanti/MITS..... 12/21/2017
10:58.91 Sharon Dickie (Grand Blanc)12	Ann Arbor/MITCA State 3/18/1998
10:58.98 Meghan Ford (Mason MS)8	Ypsilanti/MITS State 2/22/2020
10:59.20+ Ezgi Kurt (Alma)10	New York/Nike Nationals (11:03.04)..... 3/10/2023
10:59.40 Rachel Walny (Mt Clemens Chippewa V)12	Mt Pleasant/MITS State 2/22/2014
10:59.5 Seanna Arnold (Ann Arbor Pioneer)12	Ypsilanti/Huron..... 3/19/1988
10:59.8 Megan Fitzgerald (Sterling Hts Stevenson)10	Ann Arbor/MITCA State 3/12/1997
10:59.99+ Anne Forsyth (Ann Arbor Pioneer)10	New York/NB Nationals (11:03.84) 3/13/2016
Oversized Track:	
9:56.72 Zofia Dudek (Ann Arbor Pioneer)12	Allendale/Gazelle Elite 3200 2/14/2020
10:02.12 Rachel Forsyth (Ann Arbor Pioneer)10	Allendale/Gazelle Elite 2/19/2022
10:02.81 Ericka VanderLende (Rockford)12	Allendale/Gazelle Elite 3200 2/16/2019
10:04.18 Abby Vanderkooi (Muskegon W Mich Christ)9	Allendale/Gazelle Elite 3200 2/16/2019
10:07.03 Dudek	Allendale/Gazelle Elite 3200 2/16/2019
10:08.50 Arianne Olson (Holland West Ottawa)11	Allendale/Gazelle Elite 2/19/2022
10:15.24+ Erin Finn (West Bloomfield)11	Seattle/Brooks (10:18.82) 2/26/2012
10:15.69+ Finn	Seattle/Brooks (10:19.28) 2/27/2011
10:23.56+ Audrey Belf (Birmingham Seaholm)11	Allendale/MITS (10:27.19) 1/31/2014
10:23.70 Lani Bloom (Ithaca)12	Allendale/Gazelle Elite 2/19/2022
10:24.87 Audrey DaDamio (Birmingham Seaholm)11	Allendale/Gazelle Elite 3200 2/14/2020
10:24.96+ Lauren Brasure (Rockford)12	Allendale/MITS (10:28.60) 1/31/2014
10:25.50 Clara James-Heer (Grand Rapids MS)8	Allendale/Gazelle Elite 3200 2/14/2020
10:25.66 Megan Goethals (Rochester)12	Allendale/MITS..... 1/23/2010
10:26.95 Belf	Geneva/SPIRE Scholastic 2/15/2014
10:27.05 Sarah Forsyth (Ann Arbor Pioneer)12	Allendale/Gazelle Elite 2/19/2022
10:28.21 VanderLende	Allendale/MITS Gazelle Elite..... 2/17/2018
10:28.44 Bloom	Allendale/Gazelle Elite 3200 2/14/2020
10:28.45 Kayla Windemuller (Holland Christian)12	Allendale/MITS Gazelle Elite..... 2/17/2018
10:28.82 Sarah Kettel (Lansing Capital Homeschool)11	Allendale/MITS..... 2/21/2015
10:31.11 Belf	Allendale/MITS..... 2/21/2015
10:31.22 Maggie Farrell (Battle Creek Lakeview)12	Allendale/Gazelle Winter Classic 2/18/2017
10:31.29 Rachel DaDamio (Birmingham Seaholm)12	Allendale/MITS..... 2/21/2015

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10:31.61+ Ellie Leonard (Jenison)12	Allendale/MITS (10:35.29)	1/31/2014
10:32.02 Madelyn Frens (Grand Rapids Christian)12	Allendale/Gazelle Elite	2/19/2022
10:32.03 Windemuller	Allendale/Gazelle Winter Classic	2/18/2017
10:32.06 Anne Forsyth (Ann Arbor Pioneer)11	Allendale/Gazelle Winter Classic	2/18/2017
10:32.13+ Amber Way (Charlevoix)11	Allendale/MITS (10:35.81)	1/31/2014
10:32.19+ Jordann McDermitt (Davison)12	Allendale/MITS (10:35.87)	1/31/2014
10:33.96 Anna Jensen (Midland Jefferson)8	Allendale/MITS.....	2/20/2016
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10:35.55 Anna Petr (East Grand Rapids)12	Allendale/Gazelle Elite 3200	2/14/2020
10:35.77 Helen Sachs (Holland West Ottawa)9	Allendale/Gazelle Elite	2/19/2022
10:36.31 Jayden Harberts (Macomb Dakota)10	Ypsilanti/MITS Champs.....	2/27/2022
10:37.14 Maddy Trevisan (Farmington)12	Allendale/MITS.....	2/20/2016
10:37.43 Ana Barrott (Northville)11	Allendale/Gazelle Winter Classic	2/18/2017
10:39.14+ Rachel Coleman (Northville)12	Allendale/MITS (10:42.86)	1/31/2014
10:39.57+ Kenzie Weiler (Cedar Springs)11	Allendale/MITS (10:43.30)	1/31/2014
10:40.05 Rylee Tolson (Stockbridge)10	Saginaw/MITS Distance Fest.....	2/15/2020
10:40.70 Lauren Kiley (Plymouth)12	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
10:42.02 Rachel Bonner (Port Huron)12	Allendale/MITS.....	2/20/2016
10:42.39 Karenna Duffey (L'Anse Creuse North)12	Allendale/MITS Gazelle Elite.....	2/17/2018
10:42.59 Adit Dau (GR Ottawa Hills)10	Allendale/Gazelle Elite 3200	2/14/2020
10:42.68 Emma Squires (Petoskey)11	Allendale/Gazelle Elite 3200	2/14/2020
10:42.96 Alexa Keiser (Fenton)12	Allendale/Gazelle Elite 3200	2/14/2020
10:43.03+ Valerie Weirenga (Grandville)10	Allendale/MITS (10:46.78)	1/31/2014
10:44.75 Anna Petr (East Grand Rapids)12	Allendale/Gazelle Elite 3200	2/16/2019
10:44.89 Allie Arnsman (Grandville)12	Allendale/GVSU #5.....	2/18/2023
10:45.68+ Taylor Manett (Rockford)12	Seattle/Brooks (10:49.44)	2/26/2012
10:46.14 Hannah Smith (Traverse City West)9	Allendale/MITS Gazelle Elite.....	2/17/2018
10:46.21 Annika Sandman (Lowell)12	Ypsilanti/MITS Finals.....	2/25/2023
10:46.51 Emma Wilson (Romeo)12	Allendale/MITS.....	2/20/2016
10:46.79 Lexa Barrott (Northville)12	Allendale/MITS.....	2/20/2016
10:46.81 Amber Gall (Shepherd)12	Allendale/Gazelle Elite 3200	2/16/2019
10:47.01+ Kelli Jackson (Hudsonville)11	Allendale/MITS (10:50.78)	1/31/2014
10:47.06 Jessi Larson (Saline)10	Allendale/MITS.....	2/20/2016
10:47.14 Gabriele Anzelone (Grand Blanc)12	Allendale/MITS.....	1/22/2011
10:47.39 Mary Richmond (Frankenmuth)10	Allendale/Gazelle Elite	2/19/2022
10:47.47 Jessi Jazwinski (Hart)9	Allendale/GVSU #5.....	2/18/2023
10:47.91 Chloe Nixon (Rochester)12	Ypsilanti/MITS Finals.....	2/25/2023
10:48.17 Haley Deighan (Birmingham Seaholm)12	Ypsilanti/MITS Champs.....	2/27/2022
10:48.22 Emily Cooper (Ann Arbor Pioneer)12	Allendale/GVSU #5.....	2/18/2023
10:48.33+ Kirsten Olling (Breckinridge)12	Allendale/MITS (10:52.11)	1/31/2014
10:48.33 Ashlyn Nagel (Bay City Western)11	Allendale/Gazelle Elite 3200	2/16/2019
10:48.67 Lauren Benstead (Brighton Stockwell)12	Allendale/MITS.....	2/16/2013
10:50.05 Cambrie Smith (Petoskey)11	Allendale/Gazelle Elite 3200	2/14/2020
10:50.22 Karrigan Smith (St Johns)12	Allendale/MITS.....	2/21/2015
10:50.78 Meghan Beute (Hudsonville Covenant Chr)12	Ypsilanti/MITS Champs.....	2/27/2022
10:50.88 Kaylie Livingston (Whitmore Lake MS)8	Allendale/GVSU #5.....	2/18/2023
10:51.53+ Megan O'Neil (Remus Chippewa Hills)12	Allendale/MITS (10:55.33)	1/31/2014
10:51.83 Maryssa Depies (Muskegon Reeths-Puffer)12	Allendale/Gazelle Winter Classic	2/18/2017
10:52.65+ Elianna Shwayder (Saline)12	Allendale/MITS (10:56.45)	1/31/2014
10:53.49 Elena Figueroa (St Joseph)10	Ypsilanti/MITS Finals.....	2/25/2023
10:54.06 Madeline Rehm (White Lake Lakeland)12	Saginaw/MITS.....	1/19/2019
10:54.31 Jacalyn Overdier (Ann Arbor Pioneer)12	Allendale/Gazelle Winter Classic	2/18/2017
10:55.57 Christina Sawyer (Tecumseh)12	Allendale/Gazelle Winter Classic	2/18/2017
10:55.84 Allison Chmielewski (Roscommon)11	Ypsilanti/LAB Indoor #2.....	2/13/2021
10:56.23 Sammy Mondry (Grandville)12	Allendale/MITS.....	2/16/2013
10:56.73 Cookie Baugh (Ann Arbor Pioneer)12	Allendale/Gazelle Elite	2/19/2022
10:57.03 Maya Guikema (Jenison)11	Allendale/GVSU MITS #5.....	2/19/2022
10:57.68 Faith Smith (Jackson Lumen Christi)12	Allendale/Gazelle Elite	2/19/2022
10:58.05 Ella Showerman (South Lyon East)10	Ypsilanti/MITS Champs.....	2/27/2022
10:58.27 Julia Bos (GR Christian)11	Allendale	2/18/2012
10:59.24 Erika Freyhof (Hamilton)11	Allendale/MITS.....	2/20/2016
10:59.25 Peyton Witt (Portage Northern)11	Saginaw/MITS State	2/24/2018
10:59.38 Rachel Bonner (Port Huron)11	Allendale/MITS.....	2/21/2015

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TWO MILES (no conversions):

10:07.46	Audrey DaDamio (Birmingham Seaholm)12	Virginia Beach/757 Showcase	1/30/2021
10:10.14	Megan Goethals (Rochester)12	Roxbury/Nike Indoor	3/13/2010
10:10.90	Audrey Belf (Birmingham Seaholm)11	New York/NB Nationals	3/16/2014
10:11.14	DaDamio	Virginia Beach/adidas Nationals	2/27/2028
10:13.57	DaDamio	Virginia Beach/Showcase	1/17/2021
10:17.34	Maggie Farrell (Battle Creek Lakeview)12	New York/NB Nationals	3/12/2017
10:22.46	Belf	New York/NB Nationals	3/ 9/2013
10:22.96	Marissa Treece (Maple City-Glen Lake)12	New York/National Scholastic	3/11/2007
10:23.70	Belf	New York/NB Nationals	3/15/2015
10:24.39	Kayla Windemuller (Holland Christian)12	New York/NB Nationals	3/11/2018
10:25.33	Ericka VanderLende (Rockford)11	New York/NB Nationals	3/11/2018
10:26.78	Kayla Windemuller (Holland Christian)11	New York/NB Nationals	3/12/2017
10:27.24	Sarah Kettel (Lansing Capital Homeschool)11	New York/NB Nationals	3/15/2015
10:31.62	Maddy Trevisan (Farmington)12	New York/NB Nationals	3/13/2016
10:36.90	Valerie Wierenga (Grandville)10	New York/NB Nationals	3/16/2014
10:37.63	Kenzie Weiler (Cedar Springs)11	New York/NB Nationals	3/16/2014
10:37.94	Noelle Adriaens (Pinckney)12 (5:16.3/5:21.6)	New York/NB Nationals	3/10/2019
10:42.70	Jayden Harberts (Macomb Dakota)10	New York/NB Nationals	3/11/2022
10:43.4	Michelle Bews (Birmingham Seaholm-AUS)12	East Lansing/Spartan	3/30/1984
10:43.55	Bekah Smeltzer (Monroe Jefferson)10	Landover/Nike Indoor.....	3/12/2005
10:44.28	Jessi Larson (Saline)10	New York/NB Nationals	3/13/2016
10:44.42	Kalin Toedebusch (Rockford)12	Landover/Nike Indoor.....	3/11/2001

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10:46.90	Anna Petr (East Grand Rapids)12	New York/NB Nationals	3/ 8/2019
10:47.78	Rachel Coleman (Northville)12	New York/NB Nationals	3/16/2014
10:48.09	Nicole Hanson (Clarkston)12	New York/NB Nationals	3/11/2016
10:48.0	Mary Peruski (Dearborn Edsel Ford)12	HST	/1985
10:48.49	Annika Sandman (Lowell)12	Boston/New Balance Nationals.....	3/10/2023
10:49.07	Emma Wilson (Romeo)12	New York/NB Nationals	3/13/2016
10:49.15	Tiffany Abrahamian (Rochester)12	New York/National Scholastic	3/16/2008

Oversized Track:

10:18.82	Erin Finn (West Bloomfield)11	Seattle/Brooks	2/26/2012
10:19.28	Finn	Seattle/Brooks	2/27/2011
10:27.19	Audrey Belf (Birmingham Seaholm)11	Allendale/MITS	1/31/2014
10:28.60	Lauren Brasure (Rockford)12	Allendale/MITS	1/31/2014
10:35.29	Ellie Leonard (Jenison)12	Allendale/MITS.....	1/31/2014
10:35.81	Amber Way (Charlevoix)11	Allendale/MITS	1/31/2014
10:35.87	Jordann McDermit (Davison)12	Allendale/MITS	1/31/2014
10:42.86	Rachel Coleman (Northville)12	Allendale/MITS	1/31/2014
10:43.30	Kenzie Weiler (Cedar Springs)11	Allendale/MITS	1/31/2014
10:46.78	Valerie Weirenga (Grandville)10	Allendale/MITS	1/31/2014
10:49.44	Taylor Manett (Rockford)12	Seattle/Brooks	2/26/2012

5000 METERS

16:18.02	Erin Finn (West Bloomfield)12	New York/NB Nationals	3/ 8/2013
16:19.69	Finn	New York/NB Nationals	3/ 9/2012
16:56.83	Kirsten Olling (Breckinridge)12	Saginaw/MITS.....	2/ 7/2014
16:57.97	Sarah Kettel (Lansing Capital Homeschool)11	New York/NB Nationals	3/13/2015
17:01.71	Kelli Jackson (Hudsonville)11	Saginaw/MITS.....	2/ 7/2014
17:04.32	Marissa Treece (Maple City-Glen Lake)12	New York/National Scholastic	3/ 9/2007
17:04.48	Gabrielle Anzelone (Grand Blanc)11	Roxbury/Nike Indoor	3/12/2010
17:09.62	Clara James-Heer (Forest Hills Central)9	Virginia Beach/adidas Nationals	2/26/2021
17:11.25	Anzelone	New York/NB Nationals	3/11/2011
17:11.47	Noelle Adriaens (Pinckney)12	New York/NB Nationals	3/ 8/2019
17:15.06	Grace Nolan (Clarkston)12	New York/NB Nationals	3/ 8/2019
17:16.48	Anzelone	Saginaw/MITS.....	2/11/2011
17:31.85	Jessi Larson (Saline)10	New York/NB Nationals	3/11/2016
17:36.32	Elana Miller (Troy)12	New York/NB Nationals	3/ 8/2013
17:38.63	Chloe Nixon (Rochester)12	New York/Nike Nationals.....	3/11/2023
17:43.97	Meghan Beute (Hudsonville Covenant Chr)12	Staten Island/Nike Nationals	3/11/2022
17:49.56	Kellee Lemcke (SH Stevenson)12	New York/National Scholastic.....	3/11/2006

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17:51.59	Cassie Garcia (Northville)10	Boston/New Balance Nationals.....	3/11/2023
17:59.35	Sophia Rhein (Traverse City St Francis)12	New York/Nike Nationals.....	3/11/2023
18:09.40	Erin Lafave (Troy)12	Landover/Nike Indoor.....	3/15/2008
18:14.25	Addie May (Flushing)9	Saginaw.....	2/10/2012
18:18.02	Allison Kuzma (Zeeland East)11	New York/Nike Nationals.....	3/11/2023
18:18.34	Mylie Kelly (Benzie Central)10	Staten Island/Nike Nationals.....	3/11/2022
18:22.48	Lisa Canty (Milford)12	New York/National Scholastic.....	3/12/2004
18:37.29	Shivani Kaushal (Grand Blanc)12	Saginaw/MITS.....	2/11/2011
18:55.77	Sara Schultz (Holly)10	New York/National Scholastic.....	3/11/2006
19:06.10	Teha Ames (Shepherd)12	Saginaw/MITS.....	2/11/2011
19:06.47	Samantha Hanson (SH Stevenson)10	Warren/MITS.....	1/ 3/2014
19:17.76	Megan Brackins (Water. Kettering)10	New York/National Scholastic.....	3/11/2006
19:25.16	Olivia Clymer (White Lake Lakeland)11	Warren/Distance Classic.....	1/ 5/2017
19:36.06	Amy Frauhammer (Saline)12	Saginaw.....	2/10/2012
19:42.1	Samantha Hanson (SH Stevenson)12	Warren/MCC Distance Classic.....	1/ 7/2016
19:56.36	Kaitlyn Meernick (Birmingham Marian)12	New York/National Scholastic.....	3/11/2006

Oversized Track:

16:20.84	Ericka VanderLende (Rockford)12	Saginaw/Distance Festival.....	2/ 9/2019
16:52.83	Clara James-Heer (Grand Rapids MS)7	Saginaw/Distance Festival.....	2/ 9/2019
16:53.73	Audrey Belf (Birmingham Seaholm)12	Saginaw/Distance Festival.....	2/14/2015
17:12.15	Sarah Kettel (Lansing Capital Homeschool)11	Saginaw/Distance Festival.....	2/14/2015
17:14.50	Jessi Larson (Saline)10	Saginaw/Distance Festival.....	2/13/2016
17:30.36	Grace Nolan (Clarkston)12	Saginaw/Distance Festival.....	2/ 9/2019
17:31.23	James-Heer	Saginaw/MITS Distance Fest.....	2/15/2020
17:33.36	Kelli Jackson (Hudsonville)12	Saginaw/Distance Festival.....	2/14/2015
17:44.43	Peyton Witt (Portage Northern)11	Saginaw/Distance Festival.....	2/10/2018
18:03.10	Abby Inch (Farmington)12	Saginaw/Distance Festival.....	2/ 9/2019
18:07.17	Rylee Tolson (Stockbridge)12	Saginaw/SVSU Distance Fest.....	2/12/2022
18:09.89	Kenzie Weiler (Cedar Springs)12	Saginaw/Distance Festival.....	2/14/2015
18:25.25	Anna Vogel (Ann Arbor Pioneer)11	Saginaw/Distance Festival.....	2/ 9/2019
18:27.50	Madi Szymanski (Alpena)12	Saginaw/SVSU Distance Fest.....	2/12/2022
18:33.12	Isabella Garcia (Pinckney)12	Saginaw/MITS.....	12/10/2016
18:39.70	Bailey Johnson (Jenison)12	Saginaw/Distance Festival.....	2/14/2015
18:42.17	Jessi Lindstrom (Flushing)12	Saginaw/Distance Festival.....	2/11/2017
19:11.00	Gabrielle Feber (Berkley)12	Saginaw/Distance Festival.....	2/10/2018
19:28.31	Allison Skelcy (Rochester)12	Saginaw/Distance Festival.....	2/14/2015

50-METER HURDLES (33")

7.49	Grace Stark (White Lake Lakeland)11	New York/NB Nationals (55).....	3/11/2018
7.58	Stark	New York/NB Nationals (s) (55).....	3/11/2018
7.68	Stark	New York/NB Nationals (h) (55).....	3/10/2018
7.68	Aasia Laurencin (Oak Park)11	New York/NB Nationals (55) (h).....	3/ 9/2019
7.74	Britten Bowen (Ann Arbor Pioneer)12	New York/NB Nationals (55).....	3/11/2018
7.75	Quenee Dale (Saline)12	New York/NB Nationals (55).....	3/16/2014
7.81	Bridgette Owens (Southfield)12	Roxbury/Nike Indoor (55) (s).....	3/14/2010
7.85	Chidimma Uche (Ann Arbor Pioneer)12	Landover/Nike Indoor (h) (55).....	3/10/2007
7.83	Owens	Roxbury/Nike Indoor (55).....	3/14/2010
7.84	Stark	New York/NB Nationals (55).....	3/12/2017
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7.89	Candice Davis (Ann Arbor Pioneer)12	Landover/Nike Classic (55).....	3/16/2003
8.01	Kim Turner (Detroit Mumford)12	(60y).....	/1979
8.11	Paige Madison (Ann Arbor Pioneer)11	Landover/Nike Indoor (h) (55).....	3/10/2007
8.11	Danielle Putterman (Rockford)11	Allendale/Laker Challenge I/I.....	3/25/2008

Hand-timed:

7.0	Kim Turner (Detroit Mumford)12	Burlington, Vt.....	12/16/1978
7.5	Donna Smitherman (Detroit Cass Tech)?	London, Ont.....	12/ 2/1978
7.7	Kim Hatchett (Pontiac Central)12	Burlington, Vt.....	/1976
7.7	Hatchett	London/Western Op (h).....	1/31/1976
7.7	Tina Terrell (Benton Harbor)11	Grand Valley.....	3/22/1987
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7.8	Debby Lansky (Taylor Center)11	Mich. AC Ch (60y).....	4/ 4/1970
7.8	Kari Manns (Detroit Chadsey)?	Burlington.....	/1982
7.9	Aysha George (AA Pioneer)12	Ann Arbor/MITCA State (55).....	3/12/1997

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7.9	Amy VanderLaan (GR Christian)12	Allendale/GVSU A-B Inv	3/23/1999
7.9	Natalie Kent (Lowell)12	Grand Rapids/MITS	1/28/2003
7.9	Molly Walton (Forest Hills Central)	Grand Rapids/MITS	2/11/2003

55-METER HURDLES (33")

7.49#	Grace Stark (White Lake Lakeland)11	New York/NB Nationals (60H).....	3/11/2018
7.58#	Stark	New York/NB Nationals (s) (60H)	3/11/2018
7.68#	Stark	New York/NB Nationals (h) (60H)	3/10/2018
7.68#	Aasia Laurencin (Oak Park)11	New York/NB Nationals (60) (h).....	3/ 9/2019
7.74#	Britten Bowen (Ann Arbor Pioneer)12	New York/NB Nationals (60H).....	3/11/2018
7.75#	Quenee Dale (Saline)12	New York/NB Nationals (60)	3/16/2014
7.77#	Laurencin	New York/NB Nationals (60)	3/10/2019
7.79#	Nonah Waldron (Oak Park)11	New York/NB Nationals (60H)	3/13/2022
7.80#	Laurencin	New York/NB Nationals (60) (s).....	3/10/2019
7.81#	Bridgette Owens (Southfield)12	Roxbury/Nike Indoor (60H) (s)	3/14/2010
7.83#	Owens	Roxbury/Nike Indoor (60H)	3/14/2010
7.83#	Waldron	New York/NB Nationals (s) (60H).....	3/13/2022
7.84#	Stark	New York/NB Nationals	3/12/2017
7.86#	Bowen	New York/NB Nationals (s) (60H)	3/11/2018
7.88#	Dale	New York/NB Nationals (60) (s).....	3/16/2014
7.89#	Candice Davis (Ann Arbor Pioneer)12	Landover/Nike Classic	3/16/2003
7.89#	Stark	New York/NB Nationals (h)	3/11/2017
7.89#	Stark	New York/NB Nationals (s)	3/12/2017
7.90#	Bowen	New York/NB Nationals (h)	3/11/2017
7.91#	Waldron	New York/NB Nationals (h) (60H).....	3/12/2022
7.92#	Laurencin	New York/Bullis Invitational (60)	1/26/2019
7.93	Davis	Findlay	1/25/2003
7.93#	Bowen	New York/NB Nationals (h) (60H)	3/10/2018
7.94#	Dale	New York/NB Nationals (60) (h).....	3/15/2014
7.96#	Bowen	New York/NB Nationals (s)	3/12/2017
8.02+	Kim Turner (Detroit Mumford)12	(8.01y).....	/1979
8.02#	Laurencin	New York/NB Nationals (h) (60H)	3/10/2018
8.02#	Waldron	Virginia Beach/adidas Nationals (s)	2/28/2021
8.05#	Davis	Landover/Nike Indoor (s).....	3/16/2003
8.05#	Dale	New York/NB Nationals (60)	3/ 9/2013
8.05#	Bowen	New York/NB Nationals (60) (s).....	3/13/2016
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8.11#	Tiffany Ofili (Ypsilanti)12	tfn.....	/2005
8.13#	Maya Roberts (Farmington Hills Harrison)12	New York/NB Nationals (s) (60).....	3/15/2015
8.16#	Lindsay Bond (Southfield)12	Landover/Nike Indoor (h) (60m).....	3/11/2001
8.16#	Allyson Goff (Waterford Mott)10	New York/NB Nationals (h) (60).....	3/ 9/2012
8.17	Kenyetta Grigsby (River Rouge)10	East Lansing/Spartan.....	/1994
8.17#	Anna Jefferson (Oak Park)12	New York/NB Nationals (60) (h).....	3/11/2016
8.17#	Michaiah Thomas (Detroit Country Day)11	New York/NB Nationals (60) (h).....	3/12/2016
8.17#	Madison Eaton (Lake Orion)12	New York/NB Nationals (60) (h).....	3/ 9/2019
8.23#	Cindy Ofili (Ann Arbor Huron)12	New York/NB Nationals (60)	3/10/2012
8.23	Morgan Roundtree (Oak Park)11	Ypsilanti/LAB Youth National Invite	2/11/2023
8.24	Laticia Sims (Farmington Hills Mercy)12	Findlay	1/21/2012
8.25#	Sarinity Bracey (East Kentwood)11	New York/NB Nationals (60) (h).....	3/ 8/2019
8.26#	Melissa Symons (Lake Orion)12	New York/NB Nationals (60) (h).....	3/ 9/2019
8.27	Raven Clay (Detroit Cody)12	Merrillville/AAU Northern Champs	2/16/2008
8.29	Marla Benford (Detroit King)12	East Lansing/Spartan.....	/1994
8.30	Nikkie Bouyer (Lensing Sexton)12	(hst).....	/1994
8.30	Tanisha Williams (Ypsilanti)11	East Lansing/Spartan A	4/ 4/1998
8.30#	Brianna Holloway (Oak Park)11	New York/NB Nationals (60)	3/13/2015
8.31#	Ahvon Mitchell (Detroit Country Day)11	New York/NB Nationals (60) (h).....	3/ 9/2019
8.32#	Carlita Taylor (Oak Park)12	New York/NB Nationals	3/10/2017
8.32#	Kaia Scheffler (Marysville)11	New York/NB Nationals (60) (h).....	3/ 8/2019
8.33#	Sophia Franklin (Okemos)12	New York/NB Nationals (h)	3/10/2017
8.35#	Drelin Mapp (Oak Park)12	New York/NB Nationals (h) (60H).....	3/12/2022
8.37	Robyn Woolfolk (Ann Arbor Pioneer)12	Ann Arbor/MITCA State	3/18/1998
8.37#	Anna Cockrell (Detroit Country Day)8	New York/NB Nationals (h) (60).....	3/ 9/2012
8.38	Tiffany Hall (Ann Arbor Pioneer)12	Saginaw/SVSU Inv I.....	4/21/2000

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8.39#	Aazhenii Nye (East Lansing MS)8	New York/NB Nationals (60) (h).....	3/14/2014
8.39#	Emon Miles (Oak Park)12	New York/NB Nationals (h) (60H).....	3/12/2022
8.43	Chantelle Nagbe (Detroit Cass Tech)?	Merrillville/National AAU.....	2/18/1996
8.43	Christienne Linton (Romulus)12	Allendale/MITS.....	1/10/2009
8.44	Tina Terrell (Benton Harbor)12	New Haven/Nat. HS (s).....	3/12/1988
8.45#	Ariss Seals (Detroit Cass Tech)10	Landover/Nike Indoor (s) (60m)	3/11/2001
8.46	Ericka Wright (Detroit DePorres)?	(hst).....	/1992
8.46	Mariangela Mosley (Ann Arbor Pioneer)12	Saginaw/SVSU Inv I.....	4/21/2000
8.46#	Morgan Robertson (Northville)12	New York/NB Nationals (60) (h).....	3/15/2014

Hand-timed:

7.8y	Debby Lansky (Taylor Center)11	Mich. AC Ch.....	4/ 4/1970
7.9y	Lansky	Champaign/Ilini Inv.....	2/ 1/1970
7.9y	Lansky	Nat. AAU (h).....	2/27/1970
7.9	Ayesha George (AA Pioneer)12	Ann Arbor/MITCA State	3/12/1997
8.0y	Lansky	AAU Reg. 6.....	1/16/1971
8.0y	Kim Turner (Detroit Mumford)11	Columbus, Oh/Ohio USTFF	2/25/1978
8.0y	Turner	Warren/Macomb Op.....	3/ 4/1978
8.0y	Janice Rowley (Detroit Cass Tech)?	Ann Arbor/MITCA State	/1983
8.0y	Kristi Jackson (Detroit Country Day)?	East Lansing/Spartan.....	/1984
8.0y	Polly Johnson (Flint Northern)?	Ann Arbor/MITCA State	/1985
8.0	Kenyetta Grigsby (River Rouge)12	Ann Arbor/MITCA State (h).....	3/13/1996
8.0	Grigsby	Ann Arbor/MITCA State (s).....	3/13/1996
8.0	Grigsby	Ann Arbor/MITCA State	3/13/1996
8.0	George	Ann Arbor/MITCA State (s).....	3/12/1997
8.0	George	Ann Arbor/Wolverine Inv	3/27/1997
8.0	Natia Powell (Ypsilanti)12	Ann Arbor/Wolverine Inv	3/30/2000
8.0	Candice Davis (Ann Arbor Pioneer)11	Warren/MITS.....	2/ 1/2002

8.1y	Nikki Williams (Ann Arbor Huron)12	East Lansing/Spartan.....	/1985
8.1	Darchelle Ross (Detroit Cass Tech)10	Macomb	/1987
8.1	Kendal Willis (AA Pioneer)12	Ann Arbor/MITCA State	3/12/1997
8.1	Robyn Woolfolk (AA Pioneer)12	Ann Arbor/MITCA.....	2/20/1998
8.1	Mariangela Mosely (AA Pioneer)11	Ann Arbor/Wolverine Inv (h).....	3/30/1999
8.1	Tanisha Williams (Ypsilanti)12	Ann Arbor/Wolverine Inv	3/30/1999
8.1	Tiffany Hall (Ann Arbor Pioneer)12	Ann Arbor/Circuit.....	1/28/2000

60-METER HURDLES (33")

8.05	Grace Stark (White Lake Lakeland)11	New York/NB Nationals	3/11/2018
8.12	Stark	Lexington/UK Invitational	2/17/2018
8.15	Stark	New York/NB Nationals (s)	3/11/2018
8.22	Stark	Geneva/SPIRE Scholastic	2/11/2018
8.25	Stark	Saginaw/MITS (h)	1/ 6/2018
8.25	Aasia Laurencin (Oak Park)11	New York/NB Nationals (h).....	3/ 9/2019
8.27	Stark	New York/NB Nationals (h).....	3/10/2018
8.31	Stark	Geneva/SPIRE Scholastic (h).....	2/11/2018
8.32	Laurencin	New York/NB Nationals (s).....	3/10/2019
8.32	Nonah Waldron (Oak Park)11	Ypsilanti/LAB MITS #2	12/17/2021
8.33	Stark	Lexington/UK Invitational (h).....	2/17/2018
8.34	Stark	Ypsilanti/MITS.....	1/28/2018
8.34	Britten Bowen (Ann Arbor Pioneer)12	New York/NB Nationals	3/11/2018
8.35	Bridgette Owens (Southfield)12	Ypsilanti/MITS State	2/27/2010
8.35	Quenee' Dale (Saline)12	New York/NB Nationals	3/16/2014
8.35	Stark	Findlay/Oiler Invite	2/ 3/2018
8.35	Laurencin	New York/Bullis Invitational.....	1/26/2019
8.35	Laurencin	New York/NB Nationals	3/10/2019
8.35	Waldron	New York/NB Nationals.....	3/13/2022
8.36	Stark	Saginaw/MITS.....	1/ 6/2018
8.37	Stark	Ypsilanti/MITS	12/21/2017
8.38	Waldron	Ypsilanti/LAB MITS #3	12/30/2021
8.38	Waldron	Chicago/Akinosun Inv	1/16/2022
8.39	Owens	Roxbury/Nike Indoor (s).....	3/14/2010
8.39	Stark	Lexington/Kentucky Inv.....	2/18/2017
8.39	Laurencin	Lexington/UK Invitational	2/16/2019

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8.39	Waldron	Ypsilanti/MITS Finals.....	2/26/2023
8.40	Owens	Roxbury/Nike Indoor	3/14/2010
8.40	Laurencin	Lexington/UK Inv.....	2/15/2020
8.40	Laurencin	Ypsilanti/MITS State	2/23/2020
8.40	Waldron	Ypsilanti/MITS Champs (s).....	2/26/2022
8.41	Laurencin	Saginaw/MITS #4.....	2/ 1/2020
8.41	Waldron	Ypsilanti/LAB MITS #3 (h).....	12/30/2021
8.41	Waldron	New York/NB Nationals (s).....	3/13/2022
8.42	Owens	Ypsilanti/MITS State (s).....	2/27/2010
8.42	Stark	New York/NB Nationals	3/12/2017
8.42	Waldron	Ypsilanti/LAB MITS #4	1/ 8/2022
8.42	Waldron	Ypsilanti/MITS Champs (h).....	2/26/2022
8.43	Cindy Ofili (Ann Arbor Huron)12	Ypsilanti/MITS State	2/25/2012
8.43	Waldron	Chicago/CYUP Misfits.....	1/22/2022
8.44	Laurencin	Lexington/UK Inv (h).....	2/15/2020
8.44	Waldron	Lexington/UK Invitational	2/19/2022
8.44	Waldron	Ypsilanti/MITS Champs.....	2/27/2022
8.45	Stark	Grand Rapids/MITS State.....	2/26/2017
8.45	Bowen	New York/NB Nationals (s).....	3/11/2018
8.46	Candice Davis (Ann Arbor Pioneer)12	Landover/Nike Classic	3/16/2003
8.46	Waldron	Ann Arbor/UM Invitational	1/22/2023
8.47	Dale	Lexington/Kentucky Inv.....	2/22/2014
8.47	Stark	New York/NB Nationals (h).....	3/11/2017
8.47	Stark	Ypsilanti/MITS (h).....	12/21/2017
8.47	Laurencin	Fayetteville/Arkansas Inv.....	1/18/2019
8.47	Waldron	Ypsilanti/MITS Finals (s).....	2/25/2023
8.48	Stark	New York/NB Nationals (s).....	3/12/2017
8.48	Laurencin	Lexington/UK Invitational (h).....	2/16/2019
8.48	Laurencin	Ypsilanti/MITS State (s).....	2/22/2020
8.48	Waldron	Virginia Beach/adidas Nationals	2/28/2021
8.48	Waldron	Ypsilanti/LAB MITS #8	2/ 5/2022
8.49	Owens	Lexington/Kentucky Inv.....	2/20/2010
8.49	Dale	New York/NB Nationals (s).....	3/16/2014
8.49	Stark	Ann Arbor/MITS	1/28/2017
8.49	Waldron	Chicago/CYUP Misfits (h).....	1/22/2022
8.50	Bowen	Saginaw/MITS.....	2/ 4/2017
8.50	Bowen	New York/NB Nationals (h).....	3/11/2017
8.50	Stark	Saginaw/SVSU D1.....	3/22/2017
8.50	Laurencin	Ypsilanti/MITS State (h).....	2/23/2019
8.50	Waldron	New York/NB Nationals (h).....	3/12/2022
8.51	Laurencin	Fayetteville/Arkansas Inv (h).....	1/18/2019
8.52	Owens	Lexington/Kentucky Inv (h).....	2/20/2010
8.52	Bowen	New York/NB Nationals (h).....	3/10/2018
8.52	Laurencin	New York/Bullis Invitational (h).....	1/26/2019
8.52	Laurencin	Ypsilanti/MITS State	2/24/2019
8.52	Waldron	Ypsilanti/MITS Finals (h).....	2/25/2023
8.53	Leslie Aririguzo (West Bloomfield)12	Ypsilanti/Huron Relays I.....	3/29/2008
8.53	Waldron	Chicago/Akinosun Inv (h).....	1/16/2022
8.53	Waldron	Boston/New Balance Nationals (s).....	3/12/2023
8.54	Dale	Geneva/SPIRE Scholastic (h).....	2/15/2014
8.55	Davis	Ann Arbor/MITS Final	3/ 8/2003
8.55	Stark	Lexington/Kentucky Inv (h).....	2/18/2017
8.55	Laurencin	Geneva/SPIRE Scholastic Showcase	2/10/2019
8.55	Laurencin	Ypsilanti/Huron Relays (large).....	3/23/2019
8.55	Laurencin	Saginaw/MITS #5.....	2/ 8/2020
8.55	Waldron	Ypsilanti/LAB Midwest Winter Inv.....	2/12/2022
8.55	Waldron	Ann Arbor/UM Invitational (h).....	1/22/2023
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8.57	Tenisha Griggs (Southfield Lathrup)12	Landover/Nike Indoor.....	3/14/2004
8.60	Christienne Linton (Romulus)12	Boston/Nike Indoor	3/15/2009
8.61	Tiffany Ofili (Ypsilanti)12	HST.....	/2005
8.63	Kennedy Jackson (Walled Lake Western)12	Ypsilanti/MITS State	2/23/2020
8.63	Morgan Roundtree (Oak Park)11	Ann Arbor/UM Invitational	1/22/2023

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8.65	Laticia Sims (Farmington Hills Mercy)12	Ypsilanti/MITS State	2/25/2012
8.68	Allyson Goff (Walled Lake Northern)12	Ann Arbor/MITS	1/29/2014
8.69	Winter Taylor (Ann Arbor Pioneer)11	HST	/2004
8.70	Lindsay Bond (Southfield)12	HST	/2001
8.72	Kaia Scheffler (Marysville)12	Ypsilanti/MITS State	2/23/2020
8.73	Alexandria Johnson (Lake Orion)12	Ypsilanti/MITS State	2/26/2011
8.73	Maya Roberts (Farmington Hills Harrison)12	New York/NB Nationals (s)	3/15/2015
8.74	Kathi Harris (Walled Lake Central)12	Ann Arbor	/1982
8.75	Raven Clay (Detroit Cody)12	Mt Pleasant/MITS State championships	2/29/2008
8.78	Madison Eaton (Lake Orion)12	Saginaw/MITS	1/19/2019
8.79	Sami Michell (Reed City)11	Ypsilanti/MITS State	2/25/2012
8.79	Anna Jefferson (Oak Park)12	New York/NB Nationals (h)	3/11/2016
8.80	Carrie VanNoy (Oak Park)10	Boston/New Balance Nationals	3/12/2023
8.81	Michaiah Thomas (Detroit Country Day)11	New York/NB Nationals (h)	3/12/2016
8.81	Ahvon Mitchell (Detroit Country Day)12	Ypsilanti/MITS State	2/23/2020
8.83	Emon Miles (Oak Park)12	Chicago/CYUP Misfits	1/22/2022
8.84	Chidimma Uche (Ann Arbor Pioneer)9	HST	/2004
8.85	Melissa Simons (Lake Orion)12	Ypsilanti/MITS State	2/24/2019
8.86	Morgan Robertson (Northville)12	Mt Pleasant/MITS State	2/22/2014
8.87	Sarinity Bracey (East Kentwood)11	New York/NB Nationals (h)	3/ 8/2019
8.89	Sophia Franklin (Okemos)12	Grand Rapids/MITS State (s)	2/25/2017
8.89	Carlita Taylor (Oak Park)12	Ypsilanti/Huron Relays (large)	3/25/2017
8.90	Ariss Seals (Detroit Cass Tech)10	Windsor/Christmas Open	12/16/2001
8.90	Brianna Holloway (Oak Park)11	Ypsilanti/MITS	2/19/2015
8.92	Dreilin Mapp (Oak Park)12	Ypsilanti/MITS Champs	2/27/2022
8.94	Suenomi Norinh (Zeeland East)12	Saginaw/MITS State	2/25/2018
8.95	Anna Cockrell (Detroit Country Day)8	Ypsilanti/MITS State (h)	2/25/2012
8.95	Breanna Luba (Southgate Anderson)11	Mt Pleasant/MITS State	2/23/2013
8.95	Jada Steele (HW Chandler Park)12	Hillsdale/Charger Last Chance	2/21/2016
8.96	Ra'jae Marable (Ann Arbor Pioneer)12	Ann Arbor/MITS State (s)	3/17/2007
8.96	Jaelynn Pryor (Jackson)11	East Lansing/MSU-Playmakers large	3/24/2009
8.97	Jaylah Walton (Detroit Renaissance)12	Houston/Lewis Inv (s)	1/17/2020
8.97	Corrina Courser (Wayland Union)12	Ypsilanti/MITS State (s)	2/22/2020
8.98	Sophia Kunselman (Ann Arbor Pioneer)11	Ypsilanti/MITS State	2/26/2011
8.98	Maya Rollins (Ann Arbor Pioneer)11	Virginia Beach/adidas Nationals	3/17/2023
8.99	Aurielle McCauley (Romulus)12	Ypsilanti/Huron Relays D1	3/31/2007
8.99	Chiara Allen (Lake Orion)12	Ypsilanti/MITS	1/28/2010
9.00	Alexandria Lemonius (Detroit Commun)12	Lexington/Kentucky Select (h)	2/18/2006
9.00	Kyra Caldwell (Ypsilanti)11	Ann Arbor/MITS State (s)	3/17/2007
9.01	Grace Johnson (Troy)12	Ypsilanti/MITS	1/ 4/2020
9.01	Kay-Lee McSwain (Ann Arbor Huron)12	Ypsilanti/LAB Indoor #4	2/19/2021
9.02	Paige Chapman (Detroit Renaissance)12	Ypsilanti/MITS State (s)	2/23/2019
9.03	Taylor Rucker (Berkley)12	Saginaw/MITS State	2/25/2018
9.04	Aazhenii Nye (East Lansing MS)8	New York/NB Nationals (h)	3/14/2014
9.04	Erin Dowd (Brighton)12	Saginaw/SVSU D1/2 (h)	3/23/2016
9.04	Kamiylah Peoples (North Farmington)12	Geneva/SPIRE OH Preview	1/29/2022
9.05	Ashlynn Schiro (Okemos)12	Saginaw/SVSU 1/2	3/19/2014
9.07	Daijah Collier (East Kentwood)12	Saginaw/MITS State	2/25/2018
9.08	Marief Bruxvoort (Grand Rapids S Christian)12	Grand Rapids/Wendy's Classic	3/27/2018
9.08	Hannah Antkoviak (Allegan)11	Ypsilanti/MITS State (h)	2/22/2020
9.09	Kiersten Isgrigg (South Lyon)11	Ann Arbor/MITS Final	3/ 8/2003
9.09	Lauren Bickerdt (Detroit Renaissance)10	Saginaw/SVSU #2	1/ 7/2023
9.10	Tierra Williams (Ypsilanti Lincoln)11	Ypsilanti/MITS State (s)	2/26/2011
9.11	Lauren Rodriguez (Northville)11	East Lansing/MITS	1/20/2014
9.11	Kierra Rice (Dearborn Heights Robichaud)12	Ypsilanti/MITS	2/ 2/2017
9.11	Grace Collett (Macomb L'Anse Creuse N)12	Ypsilanti/MITS State (h)	3/20/2021
9.11	Mya Georgiadis (Ann Arbor Huron)12	Ypsilanti/LAB MITS #3	12/30/2021
9.12	Mariangela Mosely (Ann Arbor Pioneer)12	Ann Arbor/State Champs (s)	3/15/2000
9.12	Katie LaValley (Forest Hills Central)12	Ann Arbor/MITS State (h)	3/ 5/2005
9.12	Paige Madison (Ann Arbor Pioneer)11	Ann Arbor/MITS State	3/17/2007
9.13	Latasha Chandler (Westland Glenn)11	Ann Arbor/MITS State (s)	3/14/2001
9.13	Ang-Gaelle Renfroe (AA Pioneer)12	Ypsilanti/MITS State (s)	2/26/2011
9.13	Landon Kemp (Greenville)11	Hillsdale/Charger Qualifier	1/30/2016

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9.13	Kaya Freeman (Bloomfield Hills Cranbrook)12	Ypsilanti/LAB Indoor #4 (h)	2/19/2021
9.14	Angela Hayes (Detroit Mumford)9	East Lansing/Spartan A	4/ 1/2000
9.14	Andrea Mosher (AA Pioneer)12	Ann Arbor/MITS	2/28/2002
9.14	Kelli Littlejohn (Southfield)11	Ypsilanti/MITS State (s)	2/27/2010
9.14	McKenna Mattson (Jenison)12	Allendale/Laker Challenge	3/19/2014
9.15	Mia Flynn (Farmington Hills Mercy)11	Grand Rapids/MITS State (h).....	2/25/2017
9.15	Lily Carlyon (Flushing)11	Ypsilanti/MITS	2/15/2020
9.16	Brianna Luba (Southgate Anderson)12	Mt Pleasant/MITS State	2/22/2014
9.16	Kailsi Latta-Thompson (Oak Park)12	Lexington/UK Inv (h)	2/21/2015
9.16	Jayla Johnson (Ann Arbor Pioneer)12	Ypsilanti/MITS State (s)	2/22/2020
9.17	Lisa Cowdrey (Pinckney)12	Columbus/NIC (h)	3/14/1999
9.17	Karrington Seals (North Farmington)12	Mt Pleasant/MITS State	2/22/2014
9.17	Ella Jenkins (Warren Regina)12	Ypsilanti/EMU MITS	2/ 5/2023
9.18	Diana Holsey (Bloomfield Hills)12	Ann Arbor/AARC Spring Preview	3/26/2015
9.18	Kennedy Johnson (Detroit Cass Tech)12	Ypsilanti/LAB Indoor #9.....	3/ 6/2021
9.19	Margaret Monaghan (Port Huron Northern)12	Saginaw/D1-2 Invitational	3/22/2023
9.20	Crystal Stanley (Lansing Sexton)	Ann Arbor/MITS State (h).....	3/ 5/2005
9.20	Celeste Davis (Detroit Renaissance)10	Ypsilanti/MITS Finals (s)	2/25/2023

Hand-timed:

8.4	Candice Davis (Ann Arbor Pioneer)12	Ann Arbor/Wolverine Invitational.....	2/26/2003
8.5	Davis	Ann Arbor/Wolverine Invitational.....	3/26/2002
8.8	Davis	Ann Arbor/MITS	2/14/2002
8.8	Stephanie Allers (Coopersville)11	Mt Pleasant/MITS	2/16/2002
8.9	Andrea Mosher (Ann Arbor Pioneer)12	Ann Arbor/Wolverine Invitational.....	3/26/2002

300-METER HURDLES (300m track) (30")

43.44	Morgan Roundtree (Oak Park)11	Ypsilanti/LAB Youth National Invite	2/11/2023
43.64	Nonah Waldron (Oak Park)11	Ypsilanti/LAB Midwest Winter Inv	2/11/2022
45.09	Sami Michell (Reed City)10	Allendale/Laker Challenge	3/25/2011
45.62	Roundtree	Ypsilanti/LAB Midwest Winter Inv	2/11/2022
46.00	Michell	Allendale/Laker Challenge	3/23/2012
46.26	Maya Goncalves (Ypsilanti Lincoln)12	Ypsilanti/LAB Youth National Invite	2/11/2023
46.30	Mitchell	Allendale/Laker Challenge II	3/31/2010
46.59	Emon Miles (Oak Park)12	Ypsilanti/LAB Midwest Winter Inv	2/11/2022
46.88	Melanie Macias (Ypsilanti Lincoln)12	Ypsilanti/LAB Youth National Invite	2/11/2023
46.92	Andrea Kober (Sparta)12	Allendale/Laker Challenge	3/30/2010
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47.26	Drelin Mapp (Oak Park)12	Ypsilanti/LAB Midwest Winter Inv	2/11/2022
47.90	Candace Kraus (Benton Harbor)12	Allendale/Laker Challenge	3/22/2012
48.38	Christabelle Obi (Ann Arbor Huron)12	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
48.39	Keyera Johnson (Jackson)12	Ypsilanti/SEC Invite.....	3/23/2023
48.56	Celeste Davis (Detroit Renaissance)9	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
48.59	Allison Hawk (Davison)12	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
48.61	Paige Wells (Allendale)11	Allendale/Laker Challenge	3/22/2012
48.93	Kayla Tillman (Portage Northern)12	Allendale/Laker Challenge	3/24/2011
48.96	Jordan Douglas (Ann Arbor Huron)12	Ypsilanti/LAB #2.....	12/30/2022
49.12	Brianna Greinke (Muskegon Reeths-Puffer)11	Allendale/Laker Challenge	3/22/2012
49.25	Martia Williams (Detroit Renaissance)12	Ypsilanti/LAB #2.....	12/30/2022
49.37	Katie Larue (Montague)11	Allendale/Laker Challenge II	3/31/2010
49.39	Dillan Smith (St Joseph)12	Allendale/Laker Challenge	3/22/2012
49.90	Anna Newhof (GR South Christian)11	Allendale/Laker Challenge	3/22/2012

HIGH JUMP

5-10.5	Judy Tucker (Flint Northern)12	MITCA.....	/1981
5-10.5	Vanessa Maher (Roseville)12	Ann Arbor/MITS Final	3/ 8/2003
5-10.25	Maher	Ann Arbor/MITS	2/27/2003
5-10	Tucker	East Lansing/Spartan.....	4/12/1980
5-10	Gwen Wentland (Grand Blanc)12	Dev	2/ 8/1990
5-10	Stephanie Linz (Okemos)10	Albion/MITCA.....	2/20/1999
5-9.5	Suenomi Norinh (Zeeland East)12	Grand Rapids/MITS	2/10/2018
5-9	Amy Warner (Linden)12	New Haven/Nat. HS.....	3/13/1988
5-9	Jenny Engelhardt (BC Lakeview)12	Ann Arbor/MITCA State	3/13/1996
5-9	Maia Knox (Ypsilanti)12	Ann Arbor/MITCA State	3/18/1998

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5-9	Maher	UM (!).....	2/27/2003
5-9	Ariel Roberts (Ann Arbor Pioneer)11	Mt Pleasant/MITS State	2/29/2008
5-9	Roberts	Mt Pleasant/MITS State	2/28/2009
5-9	Molly Duda (Haslett)12	East Lansing/MSU True Team.....	3/30/2011
5-9	Libby Knoll (Muskegon Mona Shores)12	Ypsilanti/MITS State	2/23/2020
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5-8	Dawn Rich (Deckerville)10	/1979
5-8	Ellie Hayden (Capac)?	Ann Arbor/MITCA State	/1980
5-8	Ayesha George (AA Pioneer)12	Ann Arbor/MITCA.....	2/28/1997
5-8	Sara Jane Baker (Mattawan)11	Ann Arbor/MITS	2/23/2001
5-8	Nyki Caldwell (Dexter)12	Ypsilanti/MITS State	2/26/2011
5-8	Jailah Mason (Sterling Hts Stevenson)12	Mt Pleasant/MITS State	2/22/2014
5-8	Emily Helfrich (Charlotte)11	East Lansing/True Team.....	3/25/2014
5-8	Kennedy Jackson (Walled Lake Western)12	Ypsilanti/MITS.....	12/19/2019
5-8	Micah Martin (Harrison Twp L'Anse Creuse)12	Ypsilanti/LAB MITS #3	12/30/2021
5-8	Milena Chevallier (Farmington Mercy)11	Ypsilanti/LAB Youth National Invite	2/11/2023
5-7.75	Kathi Harris (Walled Lake Western)12	/1982
5-7.75	Gabriella Newman (Ann Arbor Pioneer)12	New York/NB Nationals.....	3/12/2022
5-7.5	Beth Brunn (Utica)10	Detroit/AFL-CIO	2/6-8/1976
5-7.25	Alexis Noel (Livonia Ladywood)12	Windsor/Legion Classic	1/27/2002
5-7	Kaye Leighton (Northport)11	/1979
5-7	Claire Powers (Fremont)12	/1990
5-7	Stacy Thomas (Flint Southwestern)10	(hst).....	/1994
5-7	Lindy Hartly (Midland)11	(hst).....	/1995
5-7	LaToya Chandler (Westland Glenn)10	Ann Arbor/MITCA State	3/18/1998
5-7	Jenny Kulchar (Burton Atherton)11	Saginaw/SVSU Inv III.....	4/21/2000
5-7	Sara Duesing (Sault Ste Marie)12	HST.....	/2001
5-7	Monica Bozenski (Southgate)12	Warren/MITS.....	2/ 1/2002
5-7	Erika Schroll (Three Rivers)12	Ann Arbor/MITS	2/17/2006
5-7	Isabel Anderson (Petoskey)11	Saginaw/MITS.....	2/ 4/2017
5-7	Greta Caprathe-Buczec (Rockford)10	Allendale/GVSI Laker Invitational.....	3/23/2023

POLE VAULT

13-6	Mackenzie Shell (Port Huron Northern)12	Grand Rapids/MITS	2/13/2015
13-6	Landon Kemp (Greenville)12	Grand Rapids/MITS State.....	2/25/2017
13-5.25	Shell	Ann Arbor/Michigan USATF.....	3/ 8/2015
13-4	Shell	Reno/PV Summit	1/18/2015
13-3	Shell	Allendale/MITS.....	12/ 6/2014
13-3	Kemp	Hillsdale/Charger Elite	1/21/2017
13-2	Shell	Grand Rapids/Striders Challenge	3/25/2015
13-1	Shell	Ann Arbor/MITS	1/22/2015
13-1	Shell	Allendale/MITS.....	2/21/2015
13-1	Stephanie Lambeth (Frankenmuth)12	Allendale/MITS.....	2/21/2015
13-0.25	Kemp	Akron/PV Convention.....	1/ 7/2017
13-0	Lambeth	Grand Rapids/MITS	1/24/2015
13-0	Shell	Saginaw/SVSU Invite D1	3/18/2015
13-0	Kemp	Grand Rapids/MITS State.....	2/27/2016
13-0	Kemp	Hillsdale/Charger Qualifier	1/28/2017
13-0	Kemp	Allendale/Gazelle Winter Classic	2/18/2017
13-0	Kemp	Grand Rapids/MITS State (!).....	2/25/2017
13-0	Katie Clifford (Grand Rapids West Catholic)12	Ypsilanti/LAB Indoor #11	3/13/2021
13-0	Clifford	Ypsilanti/MITS State.....	3/20/2021
13-0	Sophia Mettes (Dexter)12	Ypsilanti/LAB MITS #9	2/19/2022
12-11.5	Shell	Akron/PV Convention.....	1/11/2015
12-10.5	Shell	Saginaw/SVSU 1/2	3/19/2014
12-10.25	Gabriela Leon (East Kentwood)12	New York/NB Nationals	3/12/2017
12-10.25	Kemp	New York/NB Nationals	3/12/2017
12-10	Shell	Reno/PV Summit (!).....	1/18/2015
12-10	Kemp	Saginaw/MITS.....	1/23/2016
12-9.5	Tori Wesley (Marine City)12	Findlay	1/23/2011
12-9	Wesley	Ann Arbor/MITS	2/17/2011
12-9	Shell	Allendale/MITS (!).....	12/ 6/2014
12-9	Kemp	Saginaw/MITS.....	12/12/2015

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12-9	Kemp	Ann Arbor/MITS	12/29/2016
12-9	Jessica Mercier (Waterford Kettering)12	Saginaw/MITS State	2/24/2018
12-9	Clifford	Vermontville/Indoor Champs	2/27/2021
12-9	Brooke Bowers (Forest Hills Central)10	Vermontville/Snowball Vault	1/15/2022
12-9	Mettes	Ypsilanti/LAB MITS #6	1/28/2022
12-9	Mettes	Ypsilanti/MITS Champs	2/26/2022
12-8.75	Shell	New York/NB Nationals	3/16/2014
12-8.25	Lambeth	Akron/PV Convention.....	1/11/2015
12-8	Sarah Birkmeier (Rockford)11	Allendale/LMCU Challenge 1-2.....	3/24/2009
12-8	Kemp	Grand Rapids/MITS State (!).....	2/27/2016
12-8	Brianna Bredeweg (Allendale)12	Vermontville/Snowball Vault.....	1/25/2020
12-7	Shell	Ann Arbor/MITS	2/12/2014
12-7	Shell	Mt Pleasant/MITS State	2/22/2014
12-7	Bredeweg	Grand Rapids/MITS	2/ 1/2020
12-7	Natalie Blake (Holland West Ottawa)12	Vermontville/Halloween Vault.....	10/30/2021
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12-6.25	Sophia Franklin (Okemos)12	New York/NB Nationals (!).....	3/12/2017
12-6	Katie Rancourt (East Kentwood)12	Allendale/Laker	3/22/2012
12-6	Madison Pierce (Ortonville-Brandon)12	Ypsilanti/MITS State	2/28/2015
12-6	Gabrielle Leroux (Spring Lake)12	Saginaw/MITS.....	2/ 4/2017
12-6	Victoria Spitzley (East Kentwood)10	Ypsilanti/MITS Finals.....	2/26/2023
12-4	Colleen Campbell (Lake Orion)12	Saginaw/MITS.....	2/17/2018
12-3	Brittany London (Middleville)11	Allendale/MITS.....	1/ 8/2011
12-2.5	Kassie Powell (Durand)12	New York/NB Nationals	3/13/2011
12-2.5	Kasey Staley (Clare)12	New York/NB Nationals	3/12/2017
12-2.5	Tricia Pearce (Ortonville-Brandon)11	New York/NB Nationals	3/ 9/2018
12-1	Abby Shanahan (East Kentwood)12	Ann Arbor/MITS State	3/17/2007
12-1	Hannah Sailer (Lansing Catholic)12	Ypsilanti/MITS State	2/25/2012
12-1	Janina Pollatz (Grand Rapids Christian)12	Allendale/MITS.....	2/16/2013
12-0	Rachel Zukowski (GR Catholic Central)12	Allendale/GVSU A-B Inv	3/23/1999
12-0	Becca Pilkerton (Dexter)12	Ann Arbor/MITS	2/14/2008
12-0	Kirstie Wieber (Pewamo-Westphalia)12	East Lansing	1/16/2012
12-0	Rachel Dolan (Goodrich)11	Grand Rapids/MITS State	2/27/2016
12-0	Hollie Hagan (Forest Hills Eastern)11	Grand Rapids/MITS State	2/25/2017
12-0	Cate Visscher (Livonia Churchill)12	Grand Rapids/MITS	2/ 9/2019
12-0	Josie Mettes (Dexter)11	Ypsilanti/MITS State	2/23/2020
12-0	Sidney Heugel (Allendale)12	Vermontville/Valentine Vault.....	2/ 6/2021
12-0	Evie Mathis (Wayland)9	Ypsilanti/MITS Finals.....	2/26/2023
11-9	Breanna Eveland (East Kentwood)12	Allendale/MITS.....	3/ 4/2002
11-9	Richelle Kimble (Lowell)12	Mt Pleasant/MITS State	2/28/2009
11-9	Madison Wright (Dexter)12	Ypsilanti/Huron Relays (small).....	3/23/2018
11-9	Taylor DeHommel (Hudsonville)12	Ypsilanti/MITS State	2/23/2020
11-8.5	Kristen Hixson (Remus Chippewa Hills)12	Roxbury/Nike Indoor	3/14/2010
11-8.5	Nicole Bow (Dexter)12	New York/NB Nationals	3/ 8/2019
11-8	Kamie Powell (Dexter)12	Ypsilanti/Huron Relays-Small.....	3/21/2014
11-8	Sarah Griffin (Lake Orion)12	Ypsilanti/MITS.....	2/15/2020
11-8	Kayla Hintz (Holland West Ottawa)11	Fort Wayne/Vault High Indoor	9/26/2020
11-7	Stephanie Teeple (Sturgis)12	Ypsilanti/Huron River Relays	3/24/2001
11-7	Erin Drouillard (Remus Chippewa Hills)11	New York/NB Nationals	3/14/2014
11-7	Allie Leroux (Spring Lake)12	New York/NB Nationals	3/14/2014
11-7	Callie Ostapowicz (Hudsonville)12	Allendale/MITS Gazelle Elite.....	2/17/2018
11-7	Tricia Pierce (Ortonville-Brandon)12	Ypsilanti/MITS.....	1/ 3/2019
11-7	Allison Shelton (Ortonville Brandon)11	Mt Pleasant/CMU MITS #1	2/ 5/2023
11-6	Anna Van Drie (GR Christian)12	Allendale/GVSU A-B Inv	3/23/1999
11-6	Ashley Carroll (Flint Powers)12	Ann Arbor/MITS	3/ 2/2001
11-6	Melissa Ullenbruch (Port Huron North.)12	Ann Arbor/MITS State	3/14/2001
11-6	Katie Shaw (Lakeview)12	Ann Arbor/MITS State	3/ 5/2005
11-6	Christina Watson (Stockbridge)12	East Lansing/MSU-Playmakers small	3/25/2009
11-6	Christine Kolenbrander (Hudsonville)12	Allendale/MITS.....	1/ 9/2010
11-6	Elizabeth Schichtel (GR West Catholic)11	MITS	/2011
11-6	Jennifer Schornak (Macomb Dakota)12	MITS	/2011
11-6	Brehanna Showers (Rockford)9	Allendale	2/18/2012
11-6	Liz Carpenter (GR Kenowa Hills)12	Allendale/Laker	3/22/2012

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11-6	Kenzie Wieber (Pewamo-Westphalia)12	Grand Rapids/MITS	1/ 7/2014
11-6	Kelly Momber (GR Kenowa Hills)12	Ypsilanti/MITS State	2/28/2015
11-6	Hannah Emery (Battle Creek Lakeview)12	Ypsilanti/MITS State	2/28/2015
11-6	Olivia Ryktarsyk (Livonia Churchill)12	Ann Arbor/MITS	1/29/2016
11-6	Sydney Avery (Saugatuck)11	Allendale/MITS.....	2/20/2016
11-6	Emma Neumann (White Lake Lakeland)12	Grand Rapids/MITS State.....	2/27/2016
11-6	Myah Kelly (Corunna)11	Grand Rapids/MITS State.....	2/25/2017
11-6	Kaylee Koch (Macomb Dakota)012	Vermontville/MITS.....	12/15/2018
11-6	Thea Newkirk (East Grand Rapids)11	Vermontville/Ugly Sweater Vault	12/19/2020
11-6	Liliane Aittama (South Lyon)10	Ypsilanti/MITS State.....	3/20/2021
11-6	Aubree' Bowers (Forest Hills Central)6	Ypsilanti/MITS State.....	3/20/2021
11-6	Lily Knowlton (Port Huron)12	Ypsilanti/LAB MITS #9	2/19/2022
11-6	Samantha Ebbert (St Joseph)12	Grand Rapids/Aquinas #2	1/21/2023
11-6	Taylor Diamond (Cedar Springs)11	Allendale/GVSU #4	1/28/2023
11-6	Raiden Kipfmiller (Dexter)9	Ypsilanti/LAB Youth National Invite	2/11/2023
11-6	Maiya Corrigan (Rockford)9	Ypsilanti/MITS Finals.....	2/26/2023
11-6	Katie Stewart (Salem)11	Ypsilanti/MITS Finals.....	2/26/2023
11-6	Genna Golab (Clarkston)11	Ypsilanti/MITS Finals.....	2/26/2023

LONG JUMP

19-6.5	Trinette Johnson (Detroit Cass Tech)12	Ann Arbor/MITCA State	3/16/1989
19-3.75	Johnson	Ann Arbor/MITCA State (!).....	3/16/1989
19-3.75	Kennedy Jackson (Walled Lake Western)11	Ypsilanti/MITS State	2/23/2019
19-3.5	Jackson	Tiffin/HS Meet #1	12/15/2019
19-3.25	Jackson	Ypsilanti/MITS State	2/22/2020
19-3	Jackson	Geneva/SPIRE Showcase	2/ 9/2020
19-2.75	Johnson	Ann Arbor/MITCA State (!).....	3/16/1989
19-2.5	Jackson	Ypsilanti/MITS State (!).....	2/22/2020
19-2.25	Jackson	Ypsilanti/MITS State (!).....	2/22/2020
19-2	Tanisha Williams (Ypsilanti)12	Ann Arbor/MITCA State	3/10/1999
19-1.5	Jackson	Lexington/UK Inv.....	2/15/2020
19-1.25	Jackson	Hillsdale/Charger Elite	1/25/2020
19-1	Johnson	Ann Arbor/MITCA State (!).....	3/16/1989
19-1	Jackson	Tiffin/HS Meet #1 (!).....	12/15/2019
19-0.75	Christina Crawford (Romulus)12	New York/NB Nationals	3/12/2011
19-0.5	Jackson	Ypsilanti/MITS.....	12/19/2019
19-0	Williams	Ann Arbor/Wolverine Inv	3/30/1999
19-0	Jackson	Ypsilanti/MITS State (!).....	2/22/2020
18-11.5	Williams	Ann Arbor/MITCA State (!).....	3/10/1999
18-11	Jackie Burton (Lansing Sexton)11	/1982
18-11	Jackson	Tiffin/HS Meet #1 (!).....	12/15/2019
18-10.75	Brittany Hedgepeth (Lake Mi Catholic)12	Columbus/NIC.....	3/14/1999
18-10.5	Regina Pierce (Jackson)?	East Lansing/Spartan Relays.....	4/12/1980
18-10.5	Jackson	Mt Pleasant/MITS	1/ 3/2020
18-10	Sekayi Bracey (East Kentwood)12	Grand Rapids/Sriders Challenge D1/2... ..	3/23/2016
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18-9.5	Kori Gifford (Bloomfield Hills Andover)?	/1980
18-9.5	Ariel Roberts (Ann Arbor Pioneer)11	Ypsilanti/Huron Relays I.....	3/29/2008
18-9.25	Christienne Linton (Romulus)12	Boston/Nike Indoor	3/15/2009
18-8.75	Kim Jones (South Haven)?	/1981
18-8.5	Jessica Howell (Rochester Adams)12	Mt Pleasant/MITS State	2/23/2013
18-8	Jolene Johnson (Detroit Pershing)12	/1976
18-8	Cindy Guy (North Muskegon)12	Kalamazoo/SW Michigan Invitational	3/22/1980
18-7.5	Katrina Jones (Lansing Eastern)12	East Lansing/Spartan.....	4/ 7/1990
18-7.25	Anita Lee (Detroit Nolan JH)8	Ypsilanti	1/22/1971
18-6.5	Sami Michell (Reed City)11	Allendale/Laker	3/23/2012
18-6	Dynasty McGee (Flint Southwestern)9	Ypsilanti/Michigan All-Star Inv.....	2/23/2008
18-5.75	Tory Schiller (Grand Ledge)12	East Lansing/MSU True Team.....	3/30/2011
18-5.5	Kenyetta Grigsby (River Rouge)12	Ann Arbor/MITCA State	3/13/1996
18-5	Dominique Corley (Ann Arbor Pioneer)12	Ypsilanti/Huron Relays I.....	3/27/2010
18-5	Landon Kemp (Greenville)12	Grand Rapids/Wendy's Large	3/28/2017
18-5	Morgan Vargo (Rockford)11	Grand Rapids/MITS	2/15/2020
18-4.5	Katie Guikema (GR South Christian)11	Allendale/MITS.....	1/20/2007

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18-4.5	Allyson Goff (Walled Lake Northern)12	Mt Pleasant/MITS State	2/22/2014
18-4.25	Tiffany Ofili (Ypsilanti)12	Ann Arbor/MITS State	3/ 5/2005
18-4	Sally Whitney (Allegan)?	/1980
18-4	Rhianna Stalter (Lake Odessa Lakewood)	Allendale/MITS.....	2/16/2002
18-3	Joneigh Slaughter (Ann Arbor Pioneer)12	Ann Arbor/MITCA State	3/18/1998
18-3	Gabrielle Jeffries (Bloomfield Hills)11	Ypsilanti/MITS Champs.....	2/26/2022
18-2.5	Noelle Bradley (Taylor Truman)12	Ypsilanti/Holiday Classic.....	12/28/2008
18-2.5	Jada Steele (HW Chandler Park)12	Saginaw/MITS.....	1/23/2016
18-2	Angelica Floyd (Clinton Twp Chippewa Val)12	Grand Rapids/MITS State	2/26/2017
18-2	Madaline Hall (Fenton)12	Grand Rapids/MITS State	2/26/2017
18-2	Sarah Daniel (White Lake Lakeland)12	Ypsilanti/MITS State	2/22/2020
18-1.25	Taylor Dzatczak (Macomb Lutheran North)12	Grand Rapids/MITS State	2/26/2017
18-1.25	Maya Anderson (Rockford)12	Ypsilanti/MITS Finals.....	2/25/2023
18-1	Madison Pierce (Ortonville-Brandon)12	Saginaw/MITS.....	1/17/2015
18-0.75	Markala Goodson (Saginaw Hill)12	Ypsilanti/MITS State	2/26/2011
18-0.5	Tori Carroll (Detroit Cass Tech)12	Ypsilanti/MITS State	2/23/2019
18-0	Christy Schultz (Muskegon Reeths-Puffer)12	Allendale/Laker Challenge	3/21/2013

TRIPLE JUMP

39-11.25	Shelby Allen (Berkley)12	New York/NB Nationals	3/16/2014
39-9.75	Allen	New York/NB Nationals (!).....	3/16/2014
39-2.25	Allen	New York/NB Nationals (!).....	3/16/2014
39-1	Allen	New York/NB Nationals (!).....	3/16/2014
38-11.5	Allen	Saginaw/MITS.....	2/ 8/2014
38-10.75	Allen	Mt Pleasant/MITS State	2/22/2014
38-3.75	Allen	Ann Arbor/MITS	1/29/2014
38-3.5	Allen	Ann Arbor/MITS	1/ 3/2014
38-2.5	Allen	Ann Arbor/MITS	2/12/2014
38-0	Allen	New York/NB Nationals (!).....	3/16/2014
37-11.25	Allen	Geneva/SPIRE.....	12/27/2013
37-11.25	Allen	Findlay/Invite I.....	1/18/2014
37-9	Allen	Allendale/MITS.....	1/11/2014
37-2.5	Allen	Geneva/SPIRE (!)	12/27/2013
37-0.25	Dynasty McGee (Ypsilanti)12	Ypsilanti/MITS State	2/26/2011
36-5	Sherita Williams (Detroit King)11	Ann Arbor/MITCA.....	3/ 6/1998
36-5	MaKayla Williams (St Charles)10	Saginaw/MITS State	2/24/2018
36-4	Kennedy Jackson (Walled Lake Western)11	Ypsilanti/MITS State	2/23/2019
36-1	Haven Essien (Salem)12	Saginaw/MITS State	2/24/2018
36-0	Allen	Mt Pleasant/MITS State	2/23/2013
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35-8	Michaela Lewis (Flint Southwestern)12	Ypsilanti/MITS State	2/26/2011
35-6.25	Jessica Scherting (Saginaw Heritage)12	Mt Pleasant/MITS State.....	2/29/2008
35-5.75	Nicole Wilson (Ann Arbor Pioneer)11	Mt Pleasant/MITS State	2/22/2014
35-4.5	Nicole Standback (Battle Crk Central)12	Merrillville/AAU Youth	2/23/2003
35-3	Abigail Bansen (Stevensville Lakeshore)11	Allendale/Gazelle Winter Classic	1/ 9/2016
35-0.25	Mariangela Mosley (AA Pioneer)12	Ann Arbor/State Champs	3/15/2000
35-0	Selina Shi (BH Cranbrook-Kingswood)12	Ypsilanti/MITS.....	12/21/2017
34-10.5	Sela Gur-Arie (Ann Arbor Huron)12	Ypsilanti/MITS State.....	3/20/2021
34-10	Lindsay Strutz (Hartland)12	Ypsilanti/MITS.....	2/ 2/2020
34-8.75	Nicole Bow (Dexter)10	Grand Rapids/MITS State	2/25/2017
34-7.5	Kaitlyn Molnar (Grosse Ile)11	Ypsilanti/MITS Finals.....	2/25/2023
34-6.5	Kennedy Johnson (Detroit Cass Tech)12	Ypsilanti/MITS State	3/20/2021
34-4.5	Maya Justice (Woodhaven)10	Ypsilanti/EMU MITS #2	1/15/2023
34-4.25	Stacy Spenser (AA Pioneer)11	Ann Arbor/MITCA State	3/18/1998
34-3.5	Savannah Polhemus (Perry)12	Mt Pleasant/MITS State.....	2/29/2008
34-2	Lauren Foukes (Walled Lake Central)12	Ann Arbor/MITS	2/28/2002
34-1.5	Alice Hill (Ann Arbor Pioneer)10	Ypsilanti/MITS State	2/28/2015
34-1.25	Anne Wong (Adrian Madison)11	Saginaw/MITS State	2/24/2018
34-1	Joh'nyce Powell (Oak Park)9	Ann Arbor.....	2/ 2/2012
34-0.75	Lauren Nowosatka (Saginaw Nouvel)10	Saginaw/MITS.....	2/ 8/2014
33-11	Katharina Aust (Milford-GER)11	Warren/MITS.....	2/22/2008
33-11	Comari Hawkins (Grand Blanc East MS)6	Warren/MITS.....	2/17/2016
33-9	Rhianna Stalter (Lake Odessa Lakew)	Ann Arbor/MITS State	3/14/2001

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33-7.75	Breanna Eder (Ann Arbor Pioneer)12	Mt Pleasant/MITS State championships	2/29/2008
33-7.5	Calicia Johnson (Southfield)11	Ann Arbor/MITS State	3/13/2002
33-6.75	Lynea Slayback (St Joseph)12	Ypsilanti/MITS State	3/20/2021
33-6.5	Brooke Russell (St Joseph)11	Allendale/Holiday Open	12/ 1/2018
33-6	Samantha Smith (South Lyon)12	Ann Arbor/MITS State	3/ 6/2004
33-6	Mia Flynn (Farmington Hills Mercy)10	Grand Rapids/MITS State	2/26/2016
33-5.5	Emma Mariott (Traverse City West)11	Allendale/Winter Classic	1/ 5/2019
33-5.5	Hailey Lewis (Perry)10	Allendale/Gazelle Elite	2/16/2019
33-5	Jessica Mercier (Waterford Kettering)11	Grand Rapids/MITS State	2/25/2017
33-4.25	Caitlyn Ramirez (Stevensville Lakesh)12	Mt Pleasant/MITS State	2/28/2009
33-4	Sherry Wan (Ann Arbor Pioneer)12	Ypsilanti/MITS State	2/25/2012
33-4	Kaylin Meyers (Muskegon Mona Shores)11	Ypsilanti/MITS State	2/23/2019
33-3.5	Taylor Washington (Southfield)11	Lexington/Kentucky Inv	1/17/2001
33-3	Rana Tercan (Montague-TUR)12	Mt Pleasant/MITS	2/12/2008
33-2.5	Nicole Urdahl (Carleton-Airport)12	Ypsilanti/MITS State	2/26/2011
33-2	Makeda DeBardelaban (Saginaw Hill)12	Saginaw	2/11/2012
33-1.5	Chigo Ozor (Ann Arbor Pioneer)	Ann Arbor/MITS State	3/14/2001
33-1.5	Clare McNamara (Northville)11	Ypsilanti/MITS	2/ 2/2019
33-1.25	Derriana Kelley (SH Stevenson)11	Allendale/MITS	2/16/2013
33-0.5	Oneka Hill (Southfield-PAL)11	Ann Arbor/MITS Final	3/ 8/2003
33-0.25	Angel Pringle (Ann Arbor Pioneer)12	Ann Arbor/MITCA State	3/10/1999
33-0.25	Jessica Smith (Comstock Park)9	Ann Arbor/MITS State	3/17/2007
32-11.5	Taylor Krupinski (Monroe)12	Ypsilanti/MITS	2/ 1/2018
32-11.25	Nicole Urdahl (Carleton-Airport)10	Lexington/Kentucky Inv	2/20/2010
32-10.5	Karolin Schnoerringer (Bloomfield Hills)10	Ypsilanti/MITS	2/ 2/2020
32-9	Osmuede Iyoha (Ann Arbor Pioneer)12	Ann Arbor/MITS Final	3/ 8/2003
32-9	Karen Gallardo (Saline)12	Ypsilanti/MITS State	2/27/2010
32-8.5	Maria Gomez-Limon (P Notre Dame)11	Ypsilanti/MITS State	2/26/2011
32-8	Lena Henderson (Ann Arbor Pioneer)12	Ann Arbor/MITS State	3/14/2001
32-5.75	Anyse Malcolm (Ann Arbor Pioneer)12	Mt Pleasant/MITS State	2/22/2014
32-5.5	Karen Abramczyk (Luth. Westland)11	Ann Arbor/MITS	2/23/2001
32-5.25	Melissa Zarzycki (Utica)12	Ann Arbor/MITS State	3/ 5/2005
32-5	Cierra Russell (Ann Arbor Pioneer)12	Ann Arbor/MITS State	3/ 5/2005
Unconfirmed measurement:			
37-4	Dynasty McGee (Flint Southwestern)9	Ypsilanti/Michigan All-Star Inv	2/23/2008
37-0	McGee	Saginaw/MITS	1/21/2009
36-8	McGee	Ypsilanti/Michigan All-Star Inv (!)	2/23/2008
36-8	McGee	Saginaw/MITS	1/21/2009
36-5	McGee	Saginaw/MITS	1/21/2009
SHOT			
47-9	Kayli Johnson (Grosse Pointe South)11	Ypsilanti/MITS State	2/28/2015
47-2	Becky Breisch (Edwardsburg)10	Grand Rapids/Circuit	2/ 1/2000
47-1	Sarah Marvin (Byron)12	Ypsilanti/LAB Indoor #10	3/12/2021
46-8.75	S. Marvin	Ypsilanti/LAB Indoor #11	3/13/2021
46-8	Breisch	Ann Arbor/State Champs	3/15/2000
46-7.5	Breisch	Albion/Circuit	2/ 4/2000
46-6	Allison Liske (Zeeland)12	Ann Arbor/MITS State	3/17/2007
46-5.5	Breisch	Bloomington/NIC	3/12/2000
46-4	Mary Angell (Byron Center)12	Allendale/MITS	2/25/2007
46-3	Alana Robinson (Grosse Ile)12	East Lansing/Spartan BCD	4/ 3/1998
46-0	LaTonya White (Flint Northern)12	Annapolis/NSI	3/11/1989
46-0	Angell	Allendale/MITS (!)	2/25/2007
46-0	S. Marvin	Tiffin/Throws Extravaganza	1/ 9/2021
45-11.75	Angell	Landover/Nike Indoor	3/11/2007
45-10.75	Valadian Pallett (Farmington)11	Allendale/MITS State	2/23/2020
45-10	Angell	Ann Arbor/MITS State	3/17/2007
45-10	S. Marvin	Tiffin/Throws Extravaganza	1/10/2021
45-9	Nikole Sargent (Flint Powers)12	Grand Rapids/MITS State	2/27/2016
45-9	Sargent	Grand Rapids/MITS State (!)	2/27/2016
45-9	Malin Smith (Lansing Waverly)12	Saginaw/MITS State	2/24/2018
45-8	Suzie Von Bernuth (Okemos)12	Syracuse/NSI	3/21/1995
45-7	Vivian Fisher (Pontiac Central)12	/1982

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45-7	Robinson	East Lansing/Spartan BCD (!).....	4/ 3/1998
45-6	Breich	Albion/Circuit (!)	2/ 4/2000
45-6	Liske	Allendale/MITS.....	2/25/2007
--			
45-5.5	Tia Brooks (East Kentwood)12	Allendale/Laker Challenge I/ I	3/25/2008
45-3	Sonya Payne (Ann Arbor Huron)11	East Lansing/Spartan.....	/1985
45-2	Josephine Jackson (Walled Lk Central)12	Ypsilanti/MITS.....	2/ 6/2013
45-0	Kayli Johnson (Grosse Pointe South)12	Grand Rapids/MITS State	2/27/2016
44-9	Aliyah Boeve (Zeeland East)12	Allendale/Laker Inv	3/21/2019
44-7.5	Abigail Russell (Allen Park)11	New York/Nike Nationals.....	3/11/2023
44-5.5	Emily Meier (Canton)12	Ann Arbor/MITS	1/ 8/2016
44-4	Erika Lechner (Harbor Springs)12	Grand Rapids/MITS State	2/25/2017
44-3	Joy Rolfe (Fraser)11	East Lansing/MITS.....	1/15/2007
44-2	Jasmine Clerkley (Okemos)11	East Lansing/True Team Inv	3/27/2019
43-11	Lenore Richardson (Flint Central)?	East Lansing/Spartan Relays.....	3/30/1984
43-9.25	Mary Raney (Vassar)12	Mt Pleasant/MITS	1/23/2003
43-7	Opal Jackson (Macomb L'Anse Creuse N)12	Ypsilanti/LAB Indoor #2.....	2/13/2021
43-5.75	Alysha Johnson (Walled Lake Western)12	New York/National Scholastic.....	3/12/2010
43-2	Sarah Neely (Bath)12	East Lansing/Spartan.....	4/ 1/1988
43-0	Brittany Mann (Detroit Country Day)12	Saginaw	2/11/2012
42-11	Nia Henderson (Livonia Churchill)12	Ann Arbor/MITS State	3/ 6/2004
42-11	Tess Van Dyk (Kalamazoo Christian)12	Ypsilanti/MITS Champs.....	2/26/2022
42-10.5	April Phillips (Fraser)12	Roseville/MITCA	1/15/1999
42-10.25	Karen Wood (Ionia)12	East Lansing/Spartan.....	4/ 4/1987
42-10	Michelle Fowler (Romeo)12	Warren/Macomb County Ch.....	4/ 3/1998
42-9.25	Kayla Deering (Pigeon Laker)12	Saginaw/SVSU Small	3/24/2014
42-9	Brittany Casey (Zeeland East)12	Allendale/MITS.....	12/12/2013
42-8.75	Leah Dozema (Traverse City Central)11	Allendale/MITS State	2/23/2020
42-6.5	Annette Bohach (North Muskegon)12	/1979
42-6	Jessica Ballenger (Romeo)12	(hst).....	/1992
42-4	Kendra Myers (GR West Catholic)12	Grand Rapids/MITS	2/14/2012
42-3	Rafaela Lopez-McKnight (Okemos)12	MITCA.....	/1993
42-2	Karen Sapp (Temperance Bedford)12	/1983
42-2	Liz Mulvaney (Hemlock)12	East Lansing/Spartan.....	4/ 6/1996
42-0	Corinne Jemison (East Kentwood)12	Grand Rapids/Wendy's Classic.....	3/27/2018
41-11.75	Jeanette Long (Kalamazoo Central)12	/1983

DISCUS

144-0	Sophia Snellenberger (Quincy)12	Ypsilanti/LAB #5.....	1/21/2023
143-6	Snellenberger	Ypsilanti/MITS Finals.....	2/25/2023
139-2	Snellenberger	Ypsilanti/MITS Finals (!)	2/25/2023
142-10	Snellenberger	Ypsilanti/MITS Finals (!)	2/25/2023
138-10	Janae Hudson (Marysville)11	Ypsilanti/LAB #5.....	1/21/2023
137-10	Snellenberger	Ypsilanti/LAB #5 (!).....	1/21/2023
136-3	Snellenberger	Ypsilanti/LAB #5 (!).....	1/21/2023
136-5	Valadian Pallett (Farmington)11	Allendale/MITS Discus.....	1/26/2020
134-9	Pallett	Allendale/MITS Discus.....	1/19/2020
134-4	Abigail Russell (Allen Park)11	Allendale/GVSU #2	12/17/2022
134-1	Snellenberger	Allendale/GVSU #2	12/17/2022
132-11	Snellenberger	Ypsilanti/LAB #2.....	12/30/2022
132-9	Snellenberger	Ypsilanti/LAB #5 (!).....	1/21/2023
132-7	Russell	Ypsilanti/LAB #5.....	1/21/2023
132-5	Opal Jackson (Macomb L'Anse Creuse N)12	Ypsilanti/LAB Indoor #11	3/13/2021
131-5	Sarah Marvin (Byron)12	Ypsilanti/LAB Indoor #11	3/13/2021
131-3	Ava Wojciechowski (Walled Lake Central)12	Ypsilanti/MITS Finals.....	2/25/2023
130-7	Belle Okoroafo (East Kentwood)11	Allendale/MITS State	2/23/2020
129-9	Pallett	Allendale/MITS Discus (!).....	1/26/2020
129-9	Snellenberger	Ypsilanti/LAB Midwest Winter Inv.....	2/11/2022
129-7	Snellenberger	Ypsilanti/MITS Champs.....	2/27/2022
128-8	Pallett	Allendale/MITS Discus (!).....	1/26/2020
128-7	Sheridan Dinsmore (Caro)12	Saginaw/MITS #5.....	2/ 8/2020
128-2	Pallett	Allendale/MITS Discus (!).....	1/26/2020
127-8	Xena Berger (Harrison Twp L'Anse Creuse)12	Ypsilanti/MITS Champs.....	2/27/2022

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125-5	Aliyah Springer (Hamilton)10	Ypsilanti/LAB MITS #6	1/28/2022
125-5	Savannah Breitwiser (Walled Lake Central)12	Ypsilanti/LAB #2	12/30/2022
125-3	Stephanie Stone (Frankenmuth)12	Ypsilanti/MITS State	3/19/2021
121-9	Elyse Finch (Royal Oak)12	Ypsilanti/LAB #7	2/ 4/2023
120-6	Mackenzie Patten (Milford)12	Allendale/MITS Discus	1/26/2020
119-10	Molly Socha (Bloomfield Hills)11	Ypsilanti/LAB #9	2/18/2023
118-11	Samantha Lockhart (Lansing Sexton)12	Allendale/MITS	2/21/2009
117-2	Annalise Coon (Walled Lake Central)12	Ypsilanti/LAB MITS #5	1/14/2022
116-7	Lily Kucharek (Parma Western)12	Ypsilanti/LAB Indoor #11	3/13/2021
115-10	Clayre Shaver (Milford)12	Allendale/MITS State	2/23/2020
114-3	Shelby Ulven (Zeeland East)11	Allendale/MITS Discus	1/26/2020
114-1	Susan Kish (Salem)11	Ypsilanti/MITS Finals	2/25/2023
112-7	Maya Reeve (White Cloud)12	Allendale/MITS Discus	1/26/2020
111-8	Madison Leifer (Byron Center)11	Ypsilanti/LAB #5	1/21/2023
111-3	Mariah Sackett (Zeeland East)12	Ypsilanti/MITS Finals	2/25/2023
110-8	Lillian Lince (Midland)12	Ypsilanti/LAB #7	2/ 4/2023
110-8	Jasmine Correa (Holland West Ottawa)11	Allendale/MITS State	2/23/2020
110-6	Tess Anthony (Coopersville)12	Ypsilanti/LAB Indoor #11	3/13/2021
110-2	Makayla Stewart (Novi)11	Ypsilanti/LAB Midwest Winter Inv	2/11/2022
110-2	Layla Tahmouch (Monroe Jefferson)11	Ypsilanti/LAB #9	2/18/2023
110-1	Brooke Coulter (Rochester)12	Allendale/MITS State	2/23/2020

201b WEIGHT

56-10	Brittany Mann (Detroit Country Day)12	Allendale/MITS	2/18/2012
55-8.5	Mann	New York/NB Nationals	3/11/2012
54-11.25	Mann	New York/NB Nationals (!)	3/11/2012
54-4.5	Mann	Ypsilanti/MITS State	2/25/2012
53-11	Mann	New York/NB Nationals (!)	3/11/2012
52-10.5	Aliyah Boeve (Zeeland East)12	Mt Pleasant/MITS State	2/24/2019
52-7.5	Mann	Saginaw	2/ 4/2012
52-0.75	Mann	New York/NB Nationals (!)	3/11/2012
51-8.25	Faith Moore (Farmington)11	New York/Nike Nationals	3/10/2023
51-7	Boeve	Mt Pleasant/MITS State (!)	2/24/2019
51-2.25	Mann	Ann Arbor	2/16/2012
50-7.5	Kendra Meyers (GR West Catholic)12	Ypsilanti/MITS State	2/25/2012
50-3.25	Shana Flanary (Monroe)11	Ypsilanti/Michigan USATF	3/ 7/2010
50-2	Mann	New York/NB Nationals (!)	3/11/2012
50-1.75	Mann	New York/NB Nationals (!)	3/11/2012
50-0.5	Meyers	Allendale	2/18/2012
50-0	Boeve	Grand Rapids/MITS	2/ 9/2019
49-11	Emily Meier (Canton)12	Geneva/SPIRE Showcase	2/13/2016
49-10	Erika Lechner (Harbor Springs)12	Allendale/Gazelle Winter Classic	1/ 8/2017
49-8	Meier	Ann Arbor/MITS	1/29/2016
49-6.25	Brooke Pleger (Saline)12	New York/National Scholastic	3/14/2010
49-6	Boeve	Allendale/adidas Open	1/12/2019
49-3.5	Meier	New York/NB Nationals	3/13/2016
48-11.5	Flanary	Ypsilanti/MITS State	2/27/2010
48-11	Meier	Geneva/SPIRE Showcase (!)	2/13/2016
48-10.75	Abigail Russell (Allen Park)11	Ann Arbor/UM Invitational	1/22/2023
48-8	Boeve	Allendale/Gazelle Elite	2/16/2019
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48-5	Brooke Coulter (Rochester)12	Saginaw/MITS #4	2/ 1/2020
48-4.5	Valadian Pallett (Farmington)12	Tiffin/Throws Extravaganza	1/ 9/2021
46-2.5	Darcie Marion (Adrian Madison)12	Ann Arbor/MITS	1/ 3/2014
46-0	Mackenzie Patten (Milford)12	Allendale/Gazelle Winter Classic	1/ 4/2020
44-7.5	Randi Bennett (Saline)11	Ypsilanti/MITS State	2/25/2012
44-0.5	Taylor Waterway (Zeeland East)12	Mt Pleasant/MITS State	2/24/2019
43-9	Crystal Cotton (Detroit Renaissance)10	Allendale/MITS	1/11/2014
43-3.5	Brittany Casey (Zeeland East)12	Mt Pleasant/MITS State	2/22/2014
42-6	Amanda Geerlings (Zeeland East)12	Grand Rapids/MITS	1/29/2016
41-1.75	Alana Robinson (Grosse Ile)12	Ann Arbor/MITCA State	3/18/1998
41-1	Elizabeth Pyles (Cadillac)12	Grand Rapids/MITS State	2/25/2017

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40-11.5	Sara Medendorp (Zeeland East)11	Grand Rapids/MITS State	2/26/2016
40-11.25	Emily Halliday (Rockford)12	Ypsilanti/MITS State	2/26/2011
40-11.25	Meagan Dietz (Monroe Jefferson)12	Mt Pleasant/MITS State	2/23/2013
40-5	Tatiana Foley (Belleville)12	Allendale/MITS State	2/23/2020
40-3	Tricee Beelen (Zeeland East)12	Ypsilanti/MITS State	2/28/2015
40-2.75	Daisy Geurink (Zeeland East)11	Mt Pleasant/MITS State	2/23/2013
40-2.75	Susan Kish (Salem)11	Ann Arbor/UM Invitational	1/22/2023
40-1.75	Brittany Casey (Zeeland East)11	Mt Pleasant/MITS State	2/23/2013
39-9	Micah Smith (Canton)11	Saginaw/MITS #5.....	2/ 8/2020
39-5.75	Alysa Perez (Clarkston)12	Mt Pleasant/MITS State	2/24/2019
39-4.75	Abby Reppert (Reading)12	Hillsdale/Charger Elite	1/21/2017
39-4	Meredith DeVries (Zeeland East)11	Grand Rapids/MITS	2/ 1/2020
39-3	Clayre Shaver (Milford)12	Allendale/MITS State	2/23/2020
39-2	Mara Clark (Grand Ledge)12	Allendale/Gazelle Winter Classic	1/ 8/2017
39-1.5	Kayla Brindley (Ogemaw Heights)12	Mt Pleasant/MITS	2/17/2009
39-0	Ashley O'Neill (Dearborn Divine Child)12	Mt Pleasant/MITS State	2/23/2013
38-10	Mackenzie Lamphere (Jackson Christian)12	Mt Pleasant/MITS State	2/24/2019
38-9	Kara Kachaturoff (Livonia Churchill)9	Allendale/MITS State	2/23/2020
38-8	Morgan Dodds (Canton)12	Mt Pleasant/MITS State	2/24/2019
38-5.5	Madison Leifer (Byron Center)11	Ypsilanti/MITS Finals.....	2/25/2023
38-3.5	Jordyn Thompson (Walled Lake Western)12	Ypsilanti/LAB #4	1/14/2023
38-2.5	Becca Cousineau (Grant)12	Ypsilanti/MITS State	2/25/2012
38-2	Maya Reeve (White Cloud)11	Mt Pleasant/MITS State	2/24/2019
38-0	Dana Hamilton (Carleton Airport)12	Ann Arbor/MITS	2/20/2015
37-10	Meryl Pax (Hamilton)12	Allendale/MITS.....	1/ 9/2010
37-10	Brianna DeSappio (Jenison)12	Grand Rapids/MITS State	2/26/2016
37-9.5	Paige Westra (Zeeland East)12	Ypsilanti/MITS Champs.....	2/26/2022
37-8	Mahogany Wells (Lansing Sexton)12	Allendale/Gazelle Elite	2/16/2019
37-7	Alex Ferguson (Albion)12	Ypsilanti/MITS State	2/25/2012
37-7	Sara Medendorp (Zeeland East)12	Allendale/MITS.....	1/14/2017
37-7	Erica Martin (Detroit King)12	Warren/MITS.....	1/21/2019
37-6.5	Cindy Choang (Zeeland East)12	Mt Pleasant/MITS State	2/23/2013
37-1	Lilly Livsey (Bloomington)12	Mt Pleasant/MITS State	2/24/2019
37-0.25	Eleena Kelley (Sturgis)10	New York/Nike Nationals.....	3/10/2023
36-11.5	Somer Walker (Ypsilanti Lincoln)11	Ypsilanti/MITS State	2/27/2010
36-11	Emma Sabin (Plainwell)12	Saginaw/MITS State	2/24/2018
36-10	Lauren Steinhurst (Ogemaw Heights)11	East Lansing/MITS.....	2/11/2009
36-10	Sheridan Dinsmore (Caro)12	Allendale/MITS State	2/23/2020
36-9.75	Jane Lutdke (White Cloud)12	Ann Arbor/MITCA State	3/18/1998
36-8	Julie Angell (Byron Center)12	Ypsilanti/MITS State	2/25/2012
36-8	Kellie Smallegan (Zeeland East)12	Allendale/MITS.....	2/16/2013
36-7.75	Amanda Arnett (Monroe)9	East Lansing/MITS.....	1/18/2010
36-7	Kara Kachaturoff (Livonia Churchill)12	Allendale/GVSU MITS #1.....	12/ 4/2021
36-6	Rachel Reimink (Hamilton)12	MITS	/2011
36-6	Hannah Heide (Utica Ford)11	Ypsilanti/MITS State	2/28/2015
36-6	Manon Lutzke (Benzie Central)12	Allendale/Gazelle Winter Classic	2/18/2017

PENTATHLON (60mH, HJ, SP, LJ, 800m)

(' = oversized track)

3617	Ariel Roberts (Ann Arbor Pioneer)12 (9.24, 5-8, 32-2.25, 17-9.75, 2:31.89)	Boston/Nike Indoor	3/14/2009
3003	Margaret Monaghan (Port Huron Northern)12 (9.26, 29-0.5, 16-10, 5-0.5, 2:53.05)	New York/Nike Nationals.....	3/11/2023
2996	Tofunmi Akeredolu (Southfield Lathrup)12 (10.03-60H, 5-4.25, 31-1.75, 15-11.5, 2:46.46)	New York/National Scholastic.....	3/15/2008
2982	Nicole Standback (Battle Creek Central)12	Merrillville/AAU Youth	2/23/2003
2802	Standback	Merrillville/AAU Nationals.....	2/22/2002
2788	Autumn Touchstone (Clarkston)12 (9.50-60H, 4-7.75, 26-11.25, 14-8, 2:36.66)	Landover/Nike Classic	3/15/2008
2738	Touchstone (9.35-55H, 4-9, 27-0.5, 16-1, 2:45.84)	Merrillville/AAU Northern Champs	2/17/2008
2728'	Kristi Ellis (Petoskey)12 (9.70 55H, 4-11.75, 15-2, 25-10.75, 2:38.60 ot)	Geneva/AAU Great Lakes.....	2/14/2010

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2703	Kellie Littlejohn (Detroit Mumford)10 (9.50, 4-7, 24-6.5, 15-1.25, 2:40.82)	New York/Nat. Scholastic.....	3/14/2009
2670	Mariangela Mosely (Ann Arbor Pioneer)11 (9.71, 4-9.5, 26-4.5, 16-3.25, 2:58.86)	Columbus/NIC.....	3/13/1999
2477	Lela Nelson (Detroit Mumford)12 (9.23, 5-2.25, 28-1, nm-LJ, 2:49.70)	Landover/Nike Indoor.....	3/10/2001
2291	Littlejohn (9.97-60H, 4-5.5, 21-8.25, 13-7.75, 2:51.50)	New York/National Scholastic.....	3/15/2008
2274'	Richelle Kimble (Lowell)12 (10.65, 4-6, 23-9.5, 15-3.5, 2:58.66 ot)	Allendale/GVSU Holiday Open	12/11/2008
2106	Bre Bellingar (St Johns)12 (10.45 55m, 4-3.5, 23-5.25, 14-7.75, 2:53.67)	Merrillville/AAU Northern.....	2/20/2009
2105	Emma Thomas (Midland Jefferson MS)8 (11.08, 4-4, 21-4.25, 13-8.25, 2:46.34)	Mt Pleasant/MITS	1/ 3/2020
2075	Libby Munderloh (St Louis)10 (11.61, 4-0, 20-10.75, 13-3.25, 2:30.11)	Mt Pleasant/MITS	1/ 3/2020

4 x 200m RELAY

Top 50 Performances:

1:36.29	Detroit Renaissance <i>(Kaila Jackson 24.06, Chloe Vines 24.13, Olivia Jenkins 24.38, Leeah Burr 23.72)</i>	New York/NB Nationals.....	3/12/2022
1:37.82	Detroit Renaissance <i>(Kaila Jackson 24.36, Chloe Vines 24.47, Olivia Jenkins 25.08, Leeah Burr 24.04)</i>	New York/NB Nationals (h).....	3/11/2022
1:38.35	Oak Park <i>(Anna Jefferson 24.8, Tamea McKelvy 24.1, Brianna Holloway 24.73, Janae Barksdale 24.68)</i>	New York/NB Nationals	3/13/2016
1:38.86	Oak Park <i>(Janae Barksdale, Tamea McKelvy, Carlita Taylor 25.06, Aasia Laurencin 24.76)</i>	New York/NB Nationals (h).....	3/12/2017
1:39.08	Oak Park <i>(Anna Jefferson 24.7, Tamea McKelvy 24.0, Brianna Holloway 25.72, Janae Barksdale 24.61)</i>	New York/NB Nationals (h).....	3/12/2016
1:39.55	Detroit Renaissance <i>(Jayla Graham, Jayla Dace, Sabree Brooks 24.84, Asia Elder 24.37)</i>	Boston/New Balance Nationals (h)	3/10/2023
1:39.57	Detroit Renaissance <i>(Sabree Brooks, Asia Elder, Jayla Graham 25.14, Jayla Dace 24.07)</i>	Boston/New Balance Nationals.....	3/11/2023
1:39.59	Oak Park <i>(Chloe Vines 25.0, Aasia Laurencin 24.2, Kourtney Kennard 25.29, Nstajah Banks 25.16)</i>	New York/NB Nationals (h).....	3/ 9/2019
1:40.15	Detroit Renaissance <i>(Imani Jackson 26.0, Donae' Adams 24.7, Leeah Burr 25.1, Kaila Jackson 24.4)</i>	Ypsilanti/MITS State	2/23/2019
1:40.49	Oak Park <i>(Anna Jefferson 25.0, Carlita Taylor 25.1, Brianna Holloway 25.76, Tamea McKelvy 24.17)</i>	New York/NB Nationals	3/14/2014
1:40.50	Detroit Renaissance <i>(Chloe Vines, Kaila Jackson, Olivia Jenkins, Leeah Burr)</i>	Louisville/CYUP Cabin Fever.....	1/ 7/2022
1:40.54	Detroit Renaissance <i>(Chloe Vines, Kaila Jackson, Leeah Burr, Olivia Jenkins)</i>	Ypsilanti/Hall Festival of Champs.....	3/ 6/2022
1:40.60	Oak Park <i>(Chloe Vines, Aasia Laurencin, Kourtney Kennard, Nonah Waldron)</i>	Ypsilanti/MITS State	2/22/2020
1:40.65	Oak Park <i>(Janae Barksdale 25.4, Tamea McKelvy 24.5, Carlita Taylor 25.7, Aasia Laurencin 25.0)</i>	Grand Rapids/MITS State.....	2/25/2017
1:40.75	Oak Park	New York/NB Nationals	3/13/2015
1:41.01	Oak Park <i>(Chloe Vines, Aasia Laurencin, Kourtney Kennard 25.50, N'Stajah Banks 25.49)</i>	New York/Bullis Invitational.....	1/26/2019
1:41.14	Detroit Renaissance <i>(Imani Jackson, Kaila Jackson, Donae' Adams, Leeah Burr)</i>	Houston/Lewis Inv.....	1/12/2019
1:41.24	Oak Park	Ypsilanti/MITS State	2/28/2015
1:41.37	Oak Park	Ypsilanti/Huron Relays (large)	3/25/2017
1:41.38	Detroit Cass Tech	East Lansing/Spartan A	4/ 4/1998
1:41.57	Oak Park <i>(Chloe Vines 25.3, Aasia Laurencin 25.2, Nonah Waldron 25.2, Kourtney Kennard 25.9)</i>	Ypsilanti/MITS State	2/23/2019
1:41.74	Oak Park <i>(Chloe Vines 25.4, Aasia Laurencin 25.3, Kourtney Kennard 25.57, Nstajah Banks 25.47)</i>	New York/NB Nationals	3/10/2019
1:41.87	Detroit Renaissance <i>(Asia Elder, Jayla Dace, Sabree Brooks, Jayla Graham)</i>	Ann Arbor/UM Invitational	1/22/2023
1:42.12	Detroit Cass Tech	Ypsilanti/Huron Relays.....	3/26/2011
1:42.26	Detroit Mumford	HST.....	/2005

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1:42.31	Oak Park	Ypsilanti/Huron Relays (large)	3/26/2016
1:42.43	Detroit Mumford	New York/National Scholastic	3/13/2004
1:42.47	Oak Park	Ypsilanti/Huron Relays I.....	3/22/2014
1:42.50	Detroit Cass Tech	East Lansing/Spartan Relays A	4/ 3/1999
1:42.56	Oak Park	Ann Arbor/Spring Preview.....	3/26/2014
1:42.74	Oak Park	Ypsilanti/Huron Relays – Large.....	3/21/2015
1:42.77	Detroit Renaissance	Ypsilanti/Huron Relays (small).....	3/22/2019
1:42.78	Ann Arbor Pioneer	Grand Rapids/MITS State	2/27/2016
1:42.79	Detroit King	Ann Arbor/MITCA State	3/18/1998
	<i>(Melanie Williams 25.7, Kiesha Spight 25.3, Akilah Washington 25.3, Chai Spight 26.5)</i>		
1:42.93	Detroit Mumford	New York/Nat. Scholastic (h)	3/14/2009
1:43.02	Detroit Cass Tech	Bloomington/Nike Indoor Classic	3/12/2000
1:43.10	Detroit Mumford	New York/National Scholastic (h).....	3/13/2004
1:43.19	Oak Park	Ann Arbor/MITS	1/16/2016
1:43.24	Detroit King	East Lansing/Spartan A	4/ 4/1998
1:43.33	Detroit Cass Tech	Boston/New Balance Nationals.....	3/10/2023
	<i>(Kai Allen, Paris Williams, Laila Hawkins 26.69, Lindsay Johnson 24.54)</i>		
1:43.34	Detroit Cass Tech	Ypsilanti/Huron Relays I.....	3/27/2010
1:43.3	Detroit King	Indianapolis/Powerade Inv	3/ 7/1998
1:43.40	Ann Arbor Pioneer	New York/NB Nationals (h).....	3/12/2016
	<i>(Hailey Mayes, Britten Bowen, Jordyn Dresch 25.45, Torisa Johnson 25.07)</i>		
1:43.4+	Ann Arbor Pioneer	East Lansing/Spartan (1:44.0y).....	4/11/1981
	<i>(Rhonda Latrie, Theresa Arnold, Tara Cope, Barb Ellis)</i>		
1:43.4+	Detroit Chadsey	East Lansing/Spartan (1:44.0y).....	4/10/1982
	<i>(Audrey Rollins, Karla Tensley, Kari Manns, Vivien McKenzie)</i>		
1:43.50	Detroit Renaissance	Ypsilanti/MITS	12/15/2018
1:43.51	Ann Arbor Pioneer	Ann Arbor/MITS State	3/17/2007
1:43.52	Detroit Cass Tech	East Lansing/Spartan Relays A	4/ 1/2000
1:43.58	Ann Arbor Pioneer	Ypsilanti/Huron Relays D1	3/31/2007
1:43.67	Detroit Mumford	Ann Arbor/MITS State.....	3/ 5/2005

Top 43 Schools:

1:36.29	Detroit Renaissance	New York/NB Nationals	3/12/2022
	<i>(Kaila Jackson 24.06, Chloe Vines 24.13, Olivia Jenkins 24.38, Leeah Burr 23.72)</i>		
1:38.35	Oak Park	New York/NB Nationals	3/13/2016
	<i>(Anna Jefferson 24.8, Tamea McKelvy 24.1, Brianna Holloway 24.73, Janae Barksdale 24.68)</i>		
1:41.38	Detroit Cass Tech	East Lansing/Spartan A	4/ 4/1998
1:42.26	Detroit Mumford	HST.....	/2005
1:42.78	Ann Arbor Pioneer	Grand Rapids/MITS State	2/27/2016
1:42.79	Detroit King	Ann Arbor/MITCA State	3/18/1998
1:43.4+	Detroit Chadsey	East Lansing/Spartan (1:44.0y).....	/1982
1:44.21	Ann Arbor Huron	Ypsilanti/MITS State	2/22/2020
1:44.7+	Flint Northern	(1:45.3y).....	/1983
1:45.02	Ann Arbor Skyline	Ypsilanti/MITS.....	2/16/2019
1:45.13	Plymouth	Ypsilanti/Huron Relays (large)	3/25/2017
1:45.1+	Lansing Everett	(1:45.7y).....	/1985
1:45.2+	Pontiac Central	(1:45.8y).....	/1981
1:45.41	Ypsilanti Lincoln	Ypsilanti/Huron Relays I.....	3/28/2009
1:45.4+	Benton Harbor	(1:46.0y).....	/82
1:45.55	Southfield Lathrup	Ypsilanti/Huron Relays I.....	3/29/2008
1:45.80	West Bloomfield	Ypsilanti/MITS State	2/22/2020
1:45.82	Saginaw	Ypsilanti/MITS.....	1/ 5/2019
1:45.83	Canton	Ypsilanti/Huron Relays (large)	3/26/2016
1:45.90	Southfield	Ypsilanti/MITS State	2/27/2010
1:46.84	Saline	Mt Pleasant/MITS State	2/23/2013
1:46.88	Dearborn Divine Child	Ypsilanti/Huron Relays II.....	3/24/2012
1:46.9	Ypsilanti	Ann Arbor/Wolverine Inv	3/21/98
1:47.22	East Kentwood	Grand Rapids/Wendy's Large	3/28/2017
1:47.28	Northville	Ann Arbor/Spring Preview.....	3/26/2014
1:47.2+	Detroit Northern	Ann Arbor/MITCA State (1:47.8y)	3/18/93
1:47.53	Flint Southwestern	Ypsilanti/Huron Relays – Small	3/20/2015
1:48.03	East Lansing	East Lansing/True Team.....	3/26/2013
1:48.04	Davison	Ypsilanti/MITS State	2/28/2015

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1:48.05	Grand Blanc	Ypsilanti/Huron Relays (large)	3/23/2019
1:48.10+	Inkster	Ann Arbor/MITCA (1:48.73y).....	1/29/93
1:48.11	Jackson	East Lansing/MSU Playmakers.....	3/25/2008
1:48.46	Detroit Cody	Ypsilanti/Huron Relays D1	3/31/2007
1:48.62	Romulus	Ypsilanti/Huron Relays D1	3/31/2007
1:48.72	Forest Hills Central	Grand Rapids/Aquinas Challenge.....	3/28/2023
1:48.79	Grosse Pointe South	Ypsilanti/Huron Relays I.....	3/23/2013
1:48.90	Lansing Sexton	East Lansing/Spartan Relays A	4/ 4/98
1:49.16	Wyandotte Roosevelt	Ann Arbor/AARC Spring Preview.....	3/26/2015
1:49.23	New Haven	Ann Arbor/MITS State	3/18/2006
1:49.26	Lansing Waverly	East Lansing/True Team.....	3/25/2014
1:49.41	Williamston	East Lansing/True Team Inv.	3/19/2015
1:49.7	Flint Central	Ann Arbor/MITCA State	3/12/97
1:49.95	Farmington	Ypsilanti/Huron Relays – Large.....	3/21/2015

Oversized Track:

1:38.28	Detroit Renaissance (Kaila Jackson, Chloe Vines, Olivia Jenkins, Leeah Burr)	Saginaw/MITS #3.....	1/15/2022
1:38.49	Detroit Renaissance	Geneva/SPIRE Scholastic Showcase	2/10/2019
1:38.75	Detroit Renaissance	Saginaw/MITS.....	1/19/2019
1:38.87	Oak Park (Janae Barksdale, Aasia Laurencin, Tamea McKelvy, Carlita Taylor)	Geneva/SPIRE Scholastic	2/12/2017
1:39.28	Oak Park	Saginaw/MITS.....	2/ 3/2018
1:39.90	Oak Park	Saginaw/MITS.....	1/21/2017
1:39.93	Oak Park	Saginaw/MITS #4.....	2/ 1/2020
1:40.94	Detroit Cass Tech	Ypsilanti/MITS Finals.....	2/25/2023
1:41.30	Oak Park	Allendale/Gazelle Winter Classic	1/ 9/2016
1:41.91	Oak Park	Saginaw/MITS.....	2/ 7/2015
1:41.92	Detroit Renaissance	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
1:42.15	Detroit Renaissance	Ypsilanti/MITS Finals.....	2/25/2023
1:42.18	Oak Park	Allendale/MITS.....	1/31/2014
1:42.37	Oak Park	Geneva/SPIRE.....	12/27/2013
1:43.24	Oak Park	Geneva/SPIRE Open.....	1/17/2014
1:43.35	Detroit Mumford	Akron/Rubber City Inv.....	2/21/2009

4 x 400m RELAY

Top 50 Performances:

3:40.69	Oak Park (Brianna Holloway 55.96, Dorri Coleman 55.10, Janae Barksdale 55.95, Anna Jefferson 53.68)	New York/NB Nationals	3/13/2016
3:42.72	Oak Park (Johnyce Powell 56.55, Dorriann Coleman 55.77, Ersula Farrow 56.10, Anna Jefferson 54.30)	New York/NB Nationals	3/15/2015
3:43.94	Oak Park (Carlita Taylor 56.70, Janae Barksdale 55.38, Makayla Gates 58.03, Tamea McKelvy 53.83)	New York/NB Nationals	3/12/2017
3:44.62	Oak Park (Johnyce Powell 56.58, Carlita Taylor 58.07, Dorriann Coleman 54.35, Anna Jefferson 55.63)	New York/Armory Invitational.....	1/30/2015
3:45.90	Oak Park (Motor City TC) (Tamyra Todd 56.85, Nonah Waldron 57.14, Morgan Roundtree 57.54, Jada Roundtree 54.38)	Virginia Beach/adidas Nationals	2/28/2021
3:45.91	Oak Park (Miyah Brooks 56.75, Jada Roundtree 53.57, Makayla Gates 58.77, Jayla Jones 56.82)	New York/NB Nationals	3/11/2018
3:46.31	Oak Park (Johnyce Powell 56.94, Carlita Taylor 56.95, Jayla Fleming 58.76, Anna Jefferson 53.66)	New York/NB Nationals	3/16/2014
3:47.07	Oak Park (Chloe Vines 57.24, Jayla Jones 55.94, Kourtney Kennard 57.75, Tamyra Todd 56.14)	New York/NB Nationals	3/10/2019
3:47.56	Oak Park (Nonah Waldron 58.48, Jada Roundtree 55.99, Jayla Jones 57.85, Chloe Vines 55.26)	Fayetteville/Arkansas Inv	1/18/2019
3:47.72	Oak Park (Tamyra Todd 58.73, Jada Roundtree 55.84, Nonah Waldron 57.70, Chloe Vines 55.45)	Virginia Beach/Showcase	1/16/2021
3:48.31	Oak Park	New York/Armory Inv	2/ 5/2016
3:48.53	Oak Park	Fayetteville/Arkansas Inv	1/14/2017
3:49.46	Oak Park (Morgan Roundtree 57.28, Nonah Waldron 56.49, Kelis Hunter-Young 57.70, Kylee King 58.00)	Boston/New Balance Nationals.....	3/12/2023
3:50.26	Oak Park	Ypsilanti/Huron Relays I.....	3/22/2014
3:50.40	Oak Park (Johnyce Powell 57.6, Ersula Farrow 57.3, Dorriann Coleman 57.8, Anna Jefferson 58.0)	Ypsilanti/MITS State	2/28/2015

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3:51.21	Oak Park	New York/NB Nationals.....	3/13/2022
	<i>(Morgan Roundtree 56.79, Nonah Waldron 56.74, Carrie Vannoy 59.87, Kylee King 57.81)</i>		
3:51.64	Oak Park	Ypsilanti/MITS State	2/23/2020
	<i>(Nonah Waldron, Jada Roundtree, Jayla Jones, Chloe Vines)</i>		
3:51.81	Detroit Renaissance	New York/NB Nationals	3/10/2019
	<i>(Imani Jackson 57.25, Kynnedee Cowles 61.39, Donae' Adams 56.55, Leeah Burr 56.62)</i>		
3:51.99	Oak Park	Grand Rapids/MITS State	2/27/2016
3:52.19	Oak Park	Ypsilanti/Huron Relays – Large.....	3/21/2015
3:52.53	Oak Park	New York/NB Nationals	3/15/2015
	<i>(Brianna Holloway 57.52, Carlita Taylor 58.15, Drew Coleman 58.36, Jayla Fleming 58.50)</i>		
3:53.45	Oak Park	Ypsilanti/MITS State	2/24/2019
	<i>(Jayla Jones 58.6, Kourtney Kennard 58.9, Tamyra Todd 59.2, Chloe Vines 56.8)</i>		
3:53.61	Oak Park	Ypsilanti/MITS	1/4/2020
	<i>(Nonah Waldron 59.3, Jada Roundtree 56.5, Jayla Jones 58.8, Chloe Vines 59.0)</i>		
3:53.89	Oak Park	Ann Arbor/Spring Preview.....	3/26/2014
3:54.2+	Flint Northern	East Lansing/Spartan (3:55.5y).....	/1982
3:54.4+	Detroit Chadsey	(3:55.7y).....	/1982
3:54.61	Detroit Renaissance	Boston/New Balance Nationals.....	3/12/2023
	<i>(Shelby Sanders 59.34, Jayla Dace 58.17, Lauren Bickerdt 59.48, Rhian Jeffries 57.63)</i>		
3:54.64	Detroit Mumford	Blacksburg/Virginia Tech Inv.....	1/29/2005
3:54.67	Detroit Mumford	New York/National Scholastic.....	3/13/2004
3:54.84	Oak Park	Ann Arbor/MITS	1/29/2014
3:55.43	Detroit Mumford	New York/National Scholastic (h).....	3/14/2008
3:55.57	Detroit Renaissance	Ypsilanti/MITS State	2/24/2019
	<i>(Imani Jackson, Donae' Adams, Kynnedee Cowles, Leeah Burr)</i>		
3:55.83	Detroit Renaissance	Ypsilanti/Huron Relays (small).....	3/22/2019
3:55.95	Detroit Mumford	New York/National Scholastic.....	3/11/2007
3:56.03	Oak Park	New York/Bullis Invitational.....	1/26/2019
3:56.05	Oak Park	Grand Rapids/MITS State	2/26/2017
	<i>(Carlita Taylor 57.9, Tamea McKelvy 60.2, Jayla Jones 59.8, Janae Barksdale 58.6)</i>		
3:56.07	Detroit Cass Tech	New York/NB Nationals	3/13/2011
	<i>(Raevyn Baxter, Alexis Hull, Janika King, Erica Hobson)</i>		
3:56.35	Ann Arbor Pioneer	Ann Arbor/MITS State	3/17/2007
3:56.52	Detroit Mumford	New York/National Scholastic.....	3/16/2008
3:56.87	Oak Park	Ann Arbor/MITS	1/29/2016
3:57.2+	Ann Arbor Pioneer	(3:58.5y).....	/1981
3:57.30	Oak Park	Ypsilanti/MITS State	2/28/2015
3:57.45	Detroit Mumford	New York/Nat. Scholastic.....	3/15/2009
3:57.65	Detroit Mumford	New York/NB Nationals	3/13/2011
	<i>(Vorri Zanders, Courtney LaShae-Hewitt, Nicole Lynch, Lexus Mitchell)</i>		
3:57.67	Oak Park	New York/NB Nationals	3/10/2017
	<i>(Kirin Tate 58.97, Jayla Jones 60.38, Makayla Gates 58.47, Drew Coleman 59.85)</i>		
3:57.8+	Detroit Mumford	(3:59.1y).....	/1981
3:57.8	Detroit Cass Tech	Ypsilanti/Huron River	3/23/1996
3:57.93	Detroit Mumford	Ypsilanti/Huron Relays I.....	3/29/2008
3:58.01	Detroit Cass Tech	Boston/New Balance Nationals.....	3/12/2023
	<i>(Kai Allen 58.30, Paris Williams 56.90, Laila Hawkins 62.30, Lindsay Johnson 60.54)</i>		
3:58.24	Oak Park	Atlanta/Dunamis Super Meet	2/10/2018

Top 21 Schools:

3:40.69	Oak Park	New York/NB Nationals	3/13/2016
	<i>(Brianna Holloway 55.96, Dorri Coleman 55.10, Janae Barksdale 55.95, Anna Jefferson 53.68)</i>		
3:51.81	Detroit Renaissance	New York/NB Nationals	3/10/2019
	<i>(Imani Jackson 57.25, Kynnedee Cowles 61.39, Donae' Adams 56.55, Leeah Burr 56.62)</i>		
3:54.2+	Flint Northern	East Lansing/Spartan (3:55.5y).....	/1982
3:54.4+	Detroit Chadsey	(3:55.7y).....	/1982
3:54.64	Detroit Mumford	Blacksburg/Virginia Tech Inv.....	1/29/2005
3:56.07	Detroit Cass Tech	New York/NB Nationals	3/13/2011
	<i>(Raevyn Baxter, Alexis Hull, Janika King, Erica Hobson)</i>		
3:56.35	Ann Arbor Pioneer	Ann Arbor/MITS State	3/17/2007
3:59.15	Romulus	Boston/Nike Indoor Classic.....	3/15/2009
	<i>(Melissa Groce, Christienne Linton, Sharonda Vesey, Kanaya Williams)</i>		
4:01.4	Detroit King	Indianapolis/Powerade Inv.....	3/7/1998

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4:01.83+	Detroit Kettering	Warren/PSL Ch (4:03.24).....	3/24/1979
4:04.92	Ann Arbor Huron	Ypsilanti/MITS State	2/23/2020
4:05.08	Flint Southwestern	Ypsilanti/Huron Relays I.....	3/29/2008
4:05.37	Ypsilanti Lincoln	Ypsilanti/Huron Relays I.....	3/28/2009
4:05.47	Rockford	Ann Arbor/MITS Final	3/ 8/2003
4:06.95	Saline	Mt Pleasant/MITS State	2/22/2014
4:07.58	East Lansing	East Lansing/MSU True Team.....	3/29/2016
4:07.63	Canton	Ypsilanti/Huron Relays (large)	3/26/2016
4:07.81	Ann Arbor Skyline	Ypsilanti/MITS State	2/24/2019
4:08.72	Troy	Ypsilanti/MITS State	2/27/2010
4:09.02	Jackson	East Lansing/MSU Playmakers.....	3/25/2008
4:09.46	Lake Orion	Ypsilanti/Huron Relays (large)	3/23/2019
Oversized Track:			
3:45.00	Oak Park	Lexington/Kentucky Inv.....	2/20/2016
	<i>(Brianna Holloway, Janae Barksdale, Dorri Coleman, Anna Jefferson)</i>		
3:45.91	Oak Park	Lexington/Kentucky Inv.....	2/21/2015
3:47.02	Oak Park	Lexington/Kentucky Inv.....	2/22/2014
3:47.24	Oak Park	Geneva/SPIRE Scholastic	2/14/2015
3:48.37	Oak Park	Lexington/UK Inv.....	2/15/2020
	<i>(Nonah Waldron, Jada Roundtree, Chloe Vines, Jayla Jones)</i>		
3:49.06	Oak Park	Saginaw/MITS.....	1/20/2018
3:49.11	Oak Park	Geneva/SPIRE Scholastic	2/13/2016
3:49.31	Oak Park	Ypsilanti/MITS State.....	3/20/2021
	<i>(Tamyra Todd, Nonah Waldron, Morgan Roundtree, Jada Roundtree)</i>		
3:49.35	Oak Park	Lexington/UK Invitational	2/17/2018
3:49.92	Oak Park	Geneva/SPIRE Scholastic Open.....	1/16/2015
	<i>(Johnyce Powell 57.6, Carlita Taylor 58.7, Ersula Farrow 56.9, Anna Jefferson 56.7)</i>		
3:50.00	Oak Park	Geneva/SPIRE Scholastic	2/15/2014
3:50.64	Oak Park	Saginaw/MITS.....	2/ 7/2015
3:50.75	Oak Park	Geneva/SPIRE Scholastic Showcase....	2/10/2019
	<i>(Chloe Vines, Jayla Jones, Nonah Waldron, Tamyra Todd)</i>		
3:51.17	Oak Park	Akron/Inv.....	2/ 9/2014
3:51.26	Oak Park	Ypsilanti/MITS Champs.....	2/27/2022
	<i>(Morgan Roundtree, Nonah Waldron, Carrie Vannoy, Kylee King)</i>		
3:51.48	Oak Park	Geneva/SPIRE Scholastic	2/12/2017
	<i>(Janae Barksdale, Doriann Coleman, Tamea McKelvy, Jada Roundtree)</i>		
3:51.49	Oak Park	Geneva/SPIRE Showcase	2/ 7/2021
3:51.77	Oak Park	Saginaw/MITS #5.....	2/ 8/2020
3:52.18	Oak Park	Lexington/Kentucky Inv.....	2/18/2017
3:52.73	Oak Park	Geneva/SPIRE.....	12/27/2013
3:53.31	Oak Park	Allendale/MITS.....	1/11/2014
3:53.81	Oak Park	Saginaw/MITS.....	2/ 3/2018
3:53.82	Detroit Renaissance	Geneva/SPIRE Scholastic Showcase....	2/10/2019
	<i>(Donae' Adams, Leeah Burr, Paige Chapman, Kynnedee Cowles)</i>		
3:54.09	Oak Park	Saginaw/MITS.....	1/19/2019
3:54.17	Oak Park	Chicago/CYUP Misfits.....	1/22/2022
	<i>(Morgan Roundtree, Nonah Waldron, Carrie Vannoy, Kylee King)</i>		
3:54.19	Oak Park	Lexington/UK Invitational	2/16/2019
3:54.75	Oak Park	Lexington/UK Invitational	2/19/2022
	<i>(Morgan Roundtree, Nonah Waldron, Carrie Vannoy, Kylee King)</i>		
3:54.78	Oak Park	Allendale/Gazelle Open	1/13/2018
3:55.19	Oak Park	Saginaw/MITS.....	1/12/2019
3:55.20	Oak Park	Ypsilanti/LAB Midwest Winter Inv.....	2/12/2022
	<i>(Morgan Roundtree 58.5, Nonah Waldron 57.1, Carrie Vannoy 60.5, Kylee King 59.1)</i>		
3:55.42	Oak Park	Saginaw/MITS.....	1/ 6/2018
3:55.50	Oak Park	Saginaw/MITS.....	2/ 4/2017
3:55.77	Oak Park	Kent/Meet #2.....	1/23/2016
3:55.90	Oak Park	Youngstown/YSU Open #1	1/ 9/2021
3:56.05	Detroit Mumford	Lexington/Kentucky Inv.....	2/17/2007
3:56.74	Oak Park	Geneva/SPIRE Scholastic Open.....	1/16/2015
	<i>(Brianna Holloway 58.1, Dorriann Coleman 57.7, Drew Coleman 61.3, Jayla Fleming 59.6)</i>		
3:57.24	Detroit Renaissance	Saginaw/SVSU MITS #1	12/11/2021
3:57.76	Detroit Mumford	Akron/Rubber City Open	2/23/2008

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Oversized Track (LAB)—short race; converted x 1.011):

3:48.17+ Oak Park Ypsilanti/LAB Indoor #5 (3:45.75) 2/20/2021
(Tamyra Todd 55.7*, Nonah Waldron 57.5, Morgan Roundtree 57.1, Jada Roundtree 55.5)

4 x 800m RELAY

Top 50 Performances:

8:51.93	Ann Arbor Pioneer	New York/NB Nationals	3/13/2022
	<i>(Sarah Forsyth 2:11.37, Cookie Baugh 2:15.24, Emily Cooper 2:18.27, Rachel Forsyth 2:07.05)</i>		
9:03.74	Grosse Pointe South	Ypsilanti/Huron Relays	3/24/2012
	<i>(Kelsie Schwartz 2:20.1, Ersula Farrow 2:17.3, Haley Meier 2:15.3, Hannah Meier 2:11.1)</i>		
9:09.18	Oak Park	New York/NB Nationals	3/14/2015
	<i>(Jayla Fleming 2:17.88, D. Coleman 2:19.63, Johnyce Powell 2:22.23, Ersula Farrow 2:09.45)</i>		
9:10.56	Ann Arbor Pioneer	Boston/New Balance Nationals	3/12/2023
	<i>(Sylvia Sanok Dufallo 2:19.36, Natalie Mello 2:18.42, Emily Cooper 2:20.12, Rachel Forsyth 2:12.67)</i>		
9:12.37	Rockford	Bloomington/Nike Indoor Classic	3/12/2000
	<i>(Kalin Toedebusch, Linsey Blaisdell, Nora Colligan, Aimee Keenan)</i>		
9:12.51	Troy	New York/NB Nationals	3/10/2018
	<i>(Hannah Palomino 2:19.47, P. Anderson 2:22.33, L. Fulcher 2:18.24, Megan Worrel 2:12.47)</i>		
9:14.39	Troy	Ypsilanti/Huron Relays (large)	3/24/2018
9:14.60	Oak Park	Ypsilanti/Huron Relays – Large	3/21/2015
9:15.23	Rockford	Landover/Nike Indoor Classic	3/16/2003
	<i>(Nikki Bohnsack, Rachel Wittum, Kristi Powers, Lisa Krueger)</i>		
9:16.78	Rockford	Landover/Nike Indoor	3/13/2004
	<i>(Brittanie Dixon, Nikki Bohnsack, Kristi Powers, Lindsey John)</i>		
9:17.37	Oak Park	Ypsilanti/MITS State	2/28/2015
9:19.06	Rockford	Ann Arbor/State Champs	3/15/2000
9:20.15	Saline	Landover/Nike Classic	3/16/2008
	<i>(Meagan Creutz, Kate Carter, Lindsey Cummings, Alex Leptich)</i>		
9:20.64	Ann Arbor Pioneer	Hillsdale/Charger Opener	1/ 8/2022
	<i>(Emily Cooper 2:24.52, Cookie Baugh 2:19.81, Sarah Forsyth 2:19.26, Rachel Forsyth 2:17.05)</i>		
9:21.35	Detroit Mumford	New York/National Scholastic	3/16/2008
9:24.37	Clarkston	New York/National Scholastic	3/12/2006
9:24.54	Saline	Ypsilanti/Huron Relays I	3/23/2013
9:24.65	Waterford Mott	New York/NB Nationals	3/11/2017
	<i>(Rylee Robinson 2:21.34, Lexi Munley 2:21.63, Kate Petsch 2:28.62, Katie Osika 2:13.06)</i>		
9:24.75	Saline	New York/NB Nationals	3/ 8/2013
	<i>(Alyssa Cummings, 2:17.05, Lauren Green 2:21.50, E. Shwayder 2:23.80, Gloria Park 2:22.40)</i>		
9:24.8	Rockford	Ann Arbor/MITS State	3/13/2002
9:25.43	Oak Park	New York/NB Nationals	3/10/2017
	<i>(Jayla Jones 2:16.99, Makayla Gates 2:22.22, Drew Coleman 2:24.59, M. Archibald 2:21.63)</i>		
9:25.43	Troy	Ypsilanti/MITS	2/ 3/2018
9:25.54	Detroit Mumford	Ypsilanti/Huron Relays D1	3/31/2007
9:25.5	Rockford	Ann Arbor/MITS	1/18/2002
9:25.90	Ann Arbor Pioneer	Grand Rapids/MITS State	2/25/2017
	<i>(Anne Forsyth 2:19.9, Elizabeth Kos 2:29.1, Jacalyn Overdier 2:18.9, Alice Hill 2:18.0)</i>		
9:26.42	Ann Arbor Pioneer	Grand Rapids/MITS State	2/27/2016
9:26.48	Clarkston	Ann Arbor/MITS State	3/ 5/2005
9:26.4	Rockford	Ann Arbor/MITS State	3/14/2001
9:26.76	Saline	Ann Arbor/Spring Preview	3/26/2014
9:26.87	Hartland	Ypsilanti/Huron Relays I	3/27/2010
9:27.13	Rockford	Ann Arbor/MITS Final	3/ 8/2003
9:27.99	Oak Park	New York/NB Nationals	3/ 9/2018
	<i>(Jayla Jones 2:20.68, M. Gates 2:23.66, Dorriann Coleman 2:23.53, M. Archibald 2:20.12)</i>		
9:27.99	Ann Arbor Pioneer	Ann Arbor/MITS	1/22/2016
9:30.04	Oak Park	Ypsilanti/Huron Relays (large)	3/24/2018
9:30.05	Troy	Ypsilanti/Huron Relays I	3/27/2010
9:30.16	Ann Arbor Pioneer	Ypsilanti/Huron Relays (large)	3/26/2016
9:30.30	Saline	Ypsilanti/Huron Relays I	3/22/2014
9:30.82	Detroit Mumford	Ann Arbor/MITS State	3/17/2007
9:31.6	Saline	Mt Pleasant/MITS State championships	2/29/2008
9:31.99	Clarkston	New York/NB Nationals	3/11/2017
	<i>(Elizabeth Dalrymple 2:19.43, < Ferguson 2:20.06, Emily Ferguson 2:20.50, E. Gustafson 2:32.00)</i>		
9:32.39	Saline	Ypsilanti/MITS	3/ 6/2013

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9:32.68	Ann Arbor Pioneer	Ann Arbor/MITS	1/15/2017
9:33.55	Detroit Mumford	Ypsilanti/Huron Relays I.....	3/29/2008
9:33.73	Grosse Pointe South	MITS	/2012
9:33.74	Saline	Ypsilanti/MITS State	2/25/2012
9:33.98	Bay City Western	Ypsilanti/MITS State	2/24/2019
9:34.43	Troy	New York/National Scholastic.....	3/16/2008
9:34.49	Birmingham Seaholm	Ypsilanti/Huron Relays – Large.....	3/21/2015
9:34.50	Clarkston	New York/NB Nationals	3/ 9/2018
	<i>(M. Ferguson 2:21.85, Emily Ferguson 2:25.34, Mattie Drennan 2:30.20, E. Dalrymple 2:17.21)</i>		
9:34.71	Saline	Ypsilanti/MITS State	2/28/2015

Oversized Track:

8:59.20	Ann Arbor Pioneer	Saginaw/SVSU Distance Fest.....	2/12/2022
	<i>(Sarah Forsyth 2:14.8, Cookie Baugh 2:14.9, Emily Cooper 2:21.0, Rachel Forsyth 2:08.5)</i>		
9:00.02	Ann Arbor Pioneer	Geneva/SPIRE Scholastic	2/ 6/2022
	<i>(Sarah Forsyth 2:14.3, Cookie Baugh 2:16.4, Emily Cooper 2:21.1, Rachel Forsyth 2:08.2)</i>		
9:05.10	Ann Arbor Pioneer	Allendale/GVSU MITS #4.....	1/29/2022
9:15.54	Troy	Geneva/SPIRE Scholastic	2/11/2018
9:16.68	Ann Arbor Pioneer	Ypsilanti/MITS Finals.....	2/26/2023
	<i>(Natalie Mello 2:22.8, Rachel Forsyth 2:18.8, Sylvie Sanok Dufallo 2:18.1, Emily Cooper 2:17.0)</i>		
9:18.63	Ann Arbor Pioneer	Saginaw/SVSU Distance Festival	2/11/2023
9:22.66	Oak Park	Saginaw/MITS State	2/25/2018
9:24.78	Ann Arbor Pioneer	Geneva/SPIRE Scholastic	2/12/2017
	<i>(Anne Forsyth, Elizabeth Kos, Jacalyn Overdier, Alice Hill)</i>		
9:29.29	Saline	Ypsilanti/MITS Champs.....	2/27/2022
9:33.16	Oak Park	Saginaw/MITS.....	2/ 4/2017
9:35.65	Clarkston	Saginaw/MITS.....	1/21/2017
9:36.50	Waterford Mott	Saginaw/MITS.....	2/ 4/2017

Top 50 Schools:

8:51.93	Ann Arbor Pioneer	New York/NB Nationals.....	3/13/2022
	<i>(Sarah Forsyth 2:11.37, Cookie Baugh 2:15.24, Emily Cooper 2:18.27, Rachel Forsyth 2:07.05)</i>		
9:03.74	Grosse Pointe South	Ypsilanti/Huron Relays.....	3/24/2012
	<i>(Kelsie Schwartz 2:20.1, Ersula Farrow 2:17.3, Haley Meier 2:15.3, Hannah Meier 2:11.1)</i>		
9:09.18	Oak Park	New York/NB Nationals	3/14/2015
	<i>(Jayla Fleming 2:17.88, D. Coleman 2:19.63, Johnyce Powell 2:22.23, Ersula Farrow 2:09.45)</i>		
9:12.37	Rockford	Bloomington/Nike Indoor Classic	3/12/2000
	<i>(Kalin Toedebusch, Linsey Blaisdell, Nora Colligan, Aimee Keenan)</i>		
9:12.51	Troy	New York/NB Nationals	3/10/2018
	<i>(H. Palomino 2:19.47, Paige Anderson 2:22.33, Lauren Fulcher 2:18.24, Megan Worrel 2:12.47)</i>		
9:20.15	Saline	Landover/Nike Classic	3/16/2008
9:21.35	Detroit Mumford	New York/National Scholastic.....	3/16/2008
9:24.37	Clarkston	New York/National Scholastic.....	3/12/2006
9:24.65	Waterford Mott	New York/NB Nationals	3/11/2017
	<i>(Rylee Robinson 2:21.34, Lexi Munley 2:21.63, Kate Petsch 2:28.62, Katie Osika 2:13.06)</i>		
9:26.87	Hartland	Ypsilanti/Huron Relays I.....	3/27/2010
9:33.98	Bay City Western	Ypsilanti/MITS State	2/24/2019
9:34.49	Birmingham Seaholm	Ypsilanti/Huron Relays – Large.....	3/21/2015
9:35.6	Lansing Catholic	East Lansing/MSU True Team.....	3/27/2018
9:40.51	Holland West Ottawa	Grand Rapids/Aquinas MITS	2/ 4/2023
9:42.23	Macomb Dakota	New York/NB Nationals.....	3/12/2022
	<i>(Mariah Belmont 2:27.77, Chelsea Harvey 2:27.26, Lindsay Harvey 2:31.21, J Harberts 2:15.99)</i>		
9:42.58	Northville	Ann Arbor/Spring Preview.....	3/26/2014
9:43.23	Ann Arbor Skyline	Ypsilanti/MITS State	2/24/2019
9:46.83	Woodhaven	Ypsilanti/Huron Relays D1	3/31/2007
9:47.03	Oxford	Ypsilanti/Huron Relays.....	3/24/2012
9:47.5	Traverse City Central	Allendale/GV A-B Inv	3/23/1998
9:48.0	Brighton	Ann Arbor/Wolverine.....	2/26/2003
9:48.6+	Flint Northern	Ann Arbor/MITCA State (9:52.0y)	/1982
9:50.92	Shepherd	Ypsilanti/MITS	2/ 2/2019
9:51.29	Ithaca	Grand Rapids/MITS State.....	2/27/2016
9:51.42	Milford	Saginaw/SVSU Inv I.....	4/21/2000
9:52.37	Jenison	New York/NB Nationals.....	3/12/2022
	<i>(Lily Strelecki 2:24.59, Maggie Otto 2:31.39, Maddie Vandebunte 2:38.61, M Guikema 2:17.78)</i>		

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9:53.44	Corunna	Ann Arbor/MITCA State	3/18/1998
9:53.4	Livonia Stevenson	Ann Arbor/Wolverine Inv	3/27/1997
9:54.90	Saugatuck	Ypsilanti/MITS State	2/24/2019
9:58.10	Ann Arbor Huron	Saginaw/SVSU Inv.....	4/12/2013
9:58.74	Romeo	Ypsilanti/MITS State	2/24/2019
9:59.51	Jackson	Ann Arbor/MITS	1/18/2006
9:59.91	Midland Dow	Ypsilanti/MITS State.....	3/20/2021
10:00.48	Sterling Heights Stevenson	Ann Arbor/MITS State.....	3/14/2001
10:00.61	Mt Pleasant	Saginaw/SVSU Class A.....	3/25/1999
10:01.72	Gaylord	Ypsilanti/MITS State	2/28/2015
10:01.84	Bloomfield Hills	Ypsilanti/MITS State	2/24/2019
10:03.72	Pinckney	Ann Arbor/MITCA State	3/10/1999
10:04.1	Albion	Ann Arbor/MITCA State	3/13/1996
10:05.1	Livonia Churchill	Ann Arbor/Wolverine Inv	3/28/2006
10:05.38	Monroe	Ann Arbor/MITS State.....	3/18/2006
10:06.94	Howell	Ypsilanti/EMU MITS	2/ 5/2023
10:07.0	Williamston	East Lansing/MSU-Playmakers small	3/25/2009
10:07.7	Dearborn Divine Child	Ann Arbor/Wolverine Inv	3/30/2000
10:07.82	East Kentwood	Mt Pleasant/MITS State	2/28/2009
10:07.9	Dearborn	Mt Pleasant/MITS State	2/22/2014
10:09.08	Monroe Jefferson	Ypsilanti/Huron Relays – Small	3/24/2023
10:09.50	Grand Ledge	Ann Arbor/MITS State	3/18/2006
10:09.6	Marquette	Marquette/Superior Dome AB	4/17/2000
10:09.81	Flushing	Mt Pleasant/Chippewa Inv	3/25/2015

4 x MILE RELAY

20:02.80	Grosse Pointe South	New York/NB Nationals	3/ 9/2013
	<i>(Kelsie Schwartz 5:15.45, Ersula Farrow 5:06.40, Haley Meier 4:54.90, Hannah Meier 4:46.05)</i>		
20:07.43	Ann Arbor Pioneer	New York/NB Nationals.....	3/12/2022
	<i>(Sarah Forsyth 5:03.45, Cookie Baugh 5:03.04, Emily Cooper 5:08.74, Rachel Forsyth 4:52.20)</i>		
20:23.24	Rockford	Bloomington/Nike Indoor Classic	3/11/2000
	<i>(Kalin Toedebusch 5:08, Linsey Blaisdel 5:02, Nora Colligan 5:08, Emily Blakeslee 5:05)</i>		
20:31.47	Troy	New York/NB Nationals	3/10/2018
	<i>(H. Palomino 5:09.6, Paige Anderson 5:12.9, Meghan Monaghan 5:15.5, Megan Worrel 4:53.5)</i>		
20:48.10	Rockford	Landover/Nike Indoor.....	3/10/2001
	<i>(N. Bohnsack 5:12.2, Kalin Toedebusch 5:02.9, Kelsey Toedebusch 5:17.1, L. Blaisdell 5:16.0)</i>		
20:48.83	Saline	New York/NB Nationals	3/ 9/2013
	<i>(E. Schwayder 5:08.85, Lauren Green 5:13.70, Alyssa Cummings 5:14.30, Gloria Park 5:11.98)</i>		
20:59.05	Rockford	Landover/Nike Indoor Classic	3/ 9/2002
	<i>(Nikki Bohnsack, Kelsey Toedebusch, Lindsay Stebbins, Laura Nelson)</i>		
21:02.16	Saline	New York/NB Nationals	3/15/2014
	<i>(Elianna Schwayder, Hannah Cummings, Abby Rentschler, Kennedy Beazley)</i>		
21:02.24	Saline	New York/NB Nationals	3/10/2012
	<i>(Amy Creutz, Lauren Green, Abby Rentschler, Elianna Schwayder)</i>		
21:04.91	Rockford	Landover/Nike Indoor Classic	3/15/2003
	<i>(Nikki Bohnsack, Rachel Wittum, Lindsay Stebbins, Amy Markham)</i>		
21:05.95	Saline	New York/NB Nationals	3/14/2015
21:19.47	Troy	New York/National Scholastic.....	3/14/2009
21:22.26	Saline	New York/NB Nationals	3/12/2016
	<i>(Jessi Larsons 5:11.5, Hannah Cummings 5:13.1, Gillian Walter 5:27.6, Regan Smith 5:30.1)</i>		
21:26.33	Clarkston	New York/NB Nationals	3/10/2018
	<i>(Elizabeth Dalrymple, Emily Ferguson, Grace Nolan, Mallory Ferguson)</i>		
21:26.91	Ann Arbor Pioneer (P)	Boston/New Balance Nationals.....	3/11/2022
	<i>(Emily Cooper 5:08.36, Natalie Mello 5:43.22, Sylvia Sanok Dufallo 5:30.90, Rachel Forsyth 5:04.44)</i>		
21:27.84	Clarkston	Landover/Nike Classic	3/15/2003
	<i>(Liz Mengyan, Mo Kuhra, Gillian Nordquist, Anne Oltman)</i>		
21:30.75	Saline	Landover/Nike Classic	3/15/2008
	<i>(Alex Leptich, Kate Carter, Lindsey Cummings, Meagan Creutz)</i>		
21:37.36	Romeo	Boston/New Balance Nationals.....	3/11/2022
	<i>(Madison Clor 5:09.77, Natalia Guaresimo 5:16.74, Emmerson Clor 5:40.97, Gracie Youngblood 5:29.88)</i>		
21:39.78	Rockford	Lincoln/Midwest Classic.....	2/ 9/2002
21:42.24	Romeo	New York/NB Nationals.....	3/12/2022
	<i>(Madison Clor 5:12.25, Rachel Felstow 5:15.91, Brianna Wiegand 5:30.38, A Felstow 5:43.70)</i>		

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21:46.69	Saline	New York/NB Nationals	3/10/2012
21:47.42	Saline	New York/NB Nationals	3/ 8/2019
	<i>(Nicole Dillmann 5:34.84, Kayla Fortino 5:13.39, Madison Stern 5:44.99, Madi Wood 5:14.20)</i>		
21:48.66	Northville	New York/NB Nationals	3/12/2022
	<i>(Ella Christensen 5:17.18, Anna Gdowski 5:40.25, Lily Connors 5:38.43, Cassie Garcia 5:12.80)</i>		
21:51.89	Saline	Landover/Nike Indoor.....	3/10/2007
	<i>(Meagan Creutz, Kate Carter, Lindsey Cummings, Alex Leptich)</i>		
21:53.98	Clarkston	Landover/Nike Indoor Classic	3/13/2004
	<i>(Elle Kuhla, Lisa Sickman, Jenna Leach, Beth Hoekstra)</i>		
21:58.26	Rockford	Lincoln/Midwest Classic	2/ 9/2002
22:00.30	Troy	New York/National Scholastic	3/15/2008
22:03.76	Sterling Heights Stevenson	New York/National Scholastic	3/10/2007
22:06.29	Troy	New York/National Scholastic	3/13/2010
22:08.99	Jenison	Boston/New Balance Nationals.....	3/11/2022
	<i>(Maya Guikema 5:26.00, Maddie Vande Bunte 5:31.80, Maggie Otto 5:48.56, Naomi Diekman 5:22.65)</i>		
22:16.83	Troy	New York/National Scholastic	3/11/2011
	<i>(Julia Dinverno, Lauren Miller, Kira Burnett, Lindsey Miller)</i>		
22:20.76	Macomb Dakota	New York/NB Nationals	3/10/2012
22:23.76	Troy	New York/NB Nationals	3/10/2012
22:27.32	Rockford	Landover/Nike Indoor Classic	3/ 9/2002
	<i>(Britt Ogden, Kristi Power, Michelle Harrold, Katia Jorgensen)</i>		
22:38.26	Sterling Heights Stevenson	New York/National Scholastic	3/15/2008
22:43.32	Troy	New York/National Scholastic	3/14/2009
23:18.57	Albion	Bloomington/Nike Indoor Classic	3/11/2000
	<i>(Elizabeth Risner, Lesley Jurasek, Tracy Egnatuk, Camille Dean)</i>		

800m SPRINT MEDLEY

1:47.6+	Detroit Mumford	East Lansing/Spartan Relays (1:48.2y)..	4/11/1981
1:48.9+	Flint Northern	(1:49.5y).....	/1981
1:48.9+	Detroit Chadsey	(1:49.5y).....	/1982
1:49.8+	Ann Arbor Pioneer	(1:50.4y).....	/1981
1:49.9+	Detroit Mumford	(1:50.5y).....	/1979
1:49.9+	Saginaw McArthur	(1:50.5y).....	/1981
1:50.2+	Flint Northern	(1:50.8y).....	/1982
1:50.4+	Flint Northern	(1:51.0y).....	4/12/1980
	<i>(Lowe, Childress, Riley, Hughley)</i>		
1:50.7+	Pontiac Central	(1:51.3y).....	/1982
1:51.1+	Pontiac Central	(1:51.7y).....	/1981

1200m SPRINT MEDLEY (400-200-200-400)

2:50.57	Detroit Cass Tech	East Lansing/Spartan.....	4/ 4/1992
2:51.5	Detroit Cass Tech	Ypsilanti/Huron River	3/22/1997
2:52.4	Detroit Cass Tech	Ypsilanti/Huron River	3/23/1996
2:53.80	Flint Central	East Lansing/Spartan.....	4/ 6/1996
2:53.9	Detroit Cass Tech	Ypsilanti/Huron.....	3/21/1992
2:54.67	Ann Arbor Pioneer	Ypsilanti/Early Bird.....	3/14/2008
2:54.7	Detroit Cass Tech	Ypsilanti/Huron.....	3/18/1995
2:54.8	Ann Arbor Pioneer	Ypsilanti/Huron River Relays	3/20/1999
2:55.4+	Lansing Everett	(2:56.4).....	/1985
2:55.4	Detroit Cass Tech	Ypsilanti/Huron River Relays	3/18/2000
2:55.8+	Ann Arbor Pioneer	(2:56.8).....	/1984
2:55.8+	Detroit Cass Tech	(2:56.8).....	/1984
2:55.9+	Charlotte	(2:56.9).....	/1984
2:56.1+	Flint Northern	East Lansing/Spartan (2:57.1)	3/29/1986
2:56.1	Detroit Cass Tech	/1990
2:56.6	Detroit Cass Tech	Ypsilanti/Huron.....	3/19/1989
2:56.6+	Grand Rapids Ottawa Hills	East Lansing/Spartan (2:57.6)	3/29/1986
2:57.3+	Detroit Cody	East Lansing/Spartan (2:58.3)	3/29/1986
2:57.5+	Ypsilanti	(2:58.5).....	/1985
2:57.9+	Ann Arbor Pioneer	East Lansing/Spartan (2:58.9)	3/29/1986

1600m SPRINT MEDLEY

Top 50 Performances:

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3:56.80	Oak Park	New York/NB Nationals	3/14/2015
	<i>(Tamea Mckelvy, Anna Jefferson, Johnyce Powell 55.98, Dorriann Coleman 2:11.15)</i>		
3:59.51	Oak Park	New York/NB Nationals	3/11/2022
	<i>(Delin Mapp 25.62, Morgan Roundtree 24.80, Nona Waldron 56.16, Kylee King 2:12.93)</i>		
3:59.96	Oak Park	Boston/New Balance Nationals	3/10/2023
	<i>(Carrie VanNoy, Morgan Roundtree, Nona Waldron 56.28, Kylee King 2:13.66)</i>		
4:01.39	Oak Park	Virginia Beach/adidas Nationals	2/26/2021
	<i>(Nona Waldron, Morgan Roundtree, Jada Roundtree 55.41, Kylee King 2:15.06)</i>		
4:01.73	Ann Arbor Pioneer	New York/NB Nationals	3/12/2016
	<i>(Britten Bowen 26.9, Jordyn Dresch 26.6, Hailey Mayes 58.86, Alice Hill 2:09.39)</i>		
4:01.99	Oak Park	Ypsilanti/MITS State	2/22/2020
	<i>(Jada Roundtree 56.2, Chloe Vines 24.7, Nona Waldron 25.4, Jayla Jones 2:15.7)</i>		
4:04.49	Ann Arbor Pioneer	New York/NB Nationals	3/11/2017
	<i>(B. Bowen 25.2, Tiffany Cernej-Garcia 25.7, Hailey Mayes 57.22, Jacalyn Overdier 2:16.34)</i>		
4:04.71	Ann Arbor Pioneer	Grand Rapids/MITS State	2/26/2016
4:05.11	Detroit Mumford	New York/National Scholastic	3/ 9/2007
	<i>(Shayla Mahan, Aisha Osborn, Ajia Olison, Shariece Pinkston)</i>		
4:06.83	Ann Arbor Pioneer	Ypsilanti/MITS State	2/22/2020
	<i>(Sarah Forsyth 59.4, Skylar Fletcher 26.8, Justice Jackson 26.3, Zofia Dudek 2:14.3)</i>		
4:07.32	Ann Arbor Pioneer	New York/NB Nationals	3/ 9/2019
	<i>(Justice Jackson 26.4, Gabi Newman 27.8, Mya Georgiadis 58.80, Zofia Dudek 2:14.40)</i>		
4:07.34	Detroit Mumford	New York/National Scholastic	3/14/2008
4:07.41	Oak Park	Ypsilanti/MITS	1/ 8/2015
4:07.48	Ann Arbor Pioneer	Ann Arbor/MITS	1/22/2016
4:07.74	Oak Park	New York/NB Nationals	3/ 8/2019
	<i>(Morgan Atlas, Janae Barksdale, Tamyra Todd 58.46, Jayla Jones 2:17.00)</i>		
4:08.36	Oak Park	New York/NB Nationals	3/15/2014
	<i>(Johnyce Powell, Carlita Taylor, Anna Jefferson 55.24, Jayla Fleming 2:20.66)</i>		
4:08.51	Oak Park	Ypsilanti/MITS	1/ 4/2020
4:08.82	Detroit Renaissance	Boston/New Balance Nationals	3/10/2023
	<i>(Asia Elder, Sabree Brooks, Shelby Sanders 58.97, Lauren Bickerdt 2:18.99)</i>		
4:08.88	Oak Park	Ypsilanti/MITS	2/ 5/2015
4:08.92	Oak Park	Ypsilanti/MITS State	2/23/2019
	<i>(Tamyra Todd, Morgan Atlas, N'Stajah Banks, Jayla Jones)</i>		
4:09.18	Ann Arbor Pioneer	Ann Arbor/MITS	2/18/2017
4:09.42	Oak Park	Ypsilanti/MITS	1/28/2018
	<i>(Jada Roundtree, Miyah Brooks, Makayla Gates 58.7, Dorriann Coleman 2:18.3)</i>		
4:10.64	Ann Arbor Pioneer	Ypsilanti/Huron Relays D1	3/31/2007
4:10.93	Oak Park	Ypsilanti/EMU MITS	2/ 5/2023
4:11.04	Detroit Mumford	Ypsilanti/Huron Relays D1	3/31/2007
4:11.79	Detroit Renaissance	Landover/Nike Classic	3/15/2003
	<i>(Alex Cunningham, Amber Hay, Monique Thompson, Kelly Sampson)</i>		
4:11.96	Ann Arbor Pioneer	Grand Rapids/MITS State	2/25/2017
	<i>(Hailey Mayes 58.9, Tiffany Cernej-Garcia 25.9, Britten Bowen 25.6, Jacalyn Overdier 2:21.6)</i>		
4:12.21	Ann Arbor Pioneer	Ypsilanti/MITS State	2/23/2019
	<i>(Mya Georgiadis, Justice Jackson, Gabi Newman, Zofia Dudek)</i>		
4:12.84	Detroit Mumford	Ypsilanti/Huron Relays I	3/27/2010
4:13.28	Ann Arbor Pioneer	New York/NB Nationals	3/10/2018
	<i>(Britten Bowen, Justice Jackson, Kimberly Cernej-Garcia 59.31, Tiffany Cernej-Garcia 2:20.98)</i>		
4:13.56	Detroit Mumford	New York/Nat. Scholastic	3/13/2009
4:13.87	Oak Park	Ypsilanti/MITS	2/ 2/2019
4:14.61	Oak Park	Virginia Beach/Showcase	1/17/2021
4:14.86	Detroit Cass Tech	Bloomington/Nike Indoor Classic	3/11/2000
4:14.90	Ann Arbor Pioneer	Ypsilanti/MITS	2/ 3/2018
4:15.07	Oak Park	Ann Arbor/MITS	12/29/2016
4:15.11	Rochester Hills Stoney Creek	New York/NB Nationals	3/ 9/2019
	<i>(Samantha Moroschan, Jessica Schamanel, Bella Davis 57.15, Allison Ziehl 2:20.43)</i>		
4:15.47	Gaylord	New York/NB Nationals	3/10/2017
	<i>(M. MacQuarrie 28.4, Stephanie Davis 27.33, Savannah Krone 60.9, Carlie Martella 2:18.9)</i>		
4:16.00	Detroit Cass Tech	East Lansing/Spartan Relays A	4/ 1/2000
4:16.05	Detroit Mumford	Ypsilanti/Huron Relays I	3/29/2008
4:16.21	Ann Arbor Pioneer	Landover/Nike Indoor	3/10/2007
4:16.89	Ann Arbor Pioneer	Landover/Nike Classic	3/15/2008

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4:17.08	Ann Arbor Pioneer	Ypsilanti/MITS	2/ 2/2019
4:17.72	Detroit Mumford	Ypsilanti/Huron Relays I.....	3/28/2009
4:18.10	Grand Rapids Christian	Ypsilanti/MITS State	2/22/2020
4:18.33	Livonia Stevenson	Ypsilanti/Huron Relays I.....	3/28/2009
4:18.38	Shepherd	Ypsilanti/MITS State	2/23/2019
4:19.37	Gaylord	Grand Rapids/MITS State.....	2/25/2017
4:19.50	Chelsea	Ypsilanti/Huron Relays II.....	3/27/2009
4:19.53	Saline	Ypsilanti/Huron Relays I.....	3/28/2009

Oversized Track:

3:59.98	Oak Park	Ypsilanti/MITS State.....	3/20/2021
	<i>(Jada Roundtree, Nonah Waldron, Morgan Roundtree, Kylee King)</i>		
4:01.97	Oak Park	Ypsilanti/LAB Midwest Winter Inv.....	2/11/2022
	<i>(Nonah Waldron 56.9, Morgan Roundtree, Carrie Vannoy, Kylee King 2:13.9)</i>		
4:01.97	Oak Park	Ypsilanti/MITS Champs.....	2/26/2022
	<i>(Nonah Waldron 56.1, Morgan Roundtree, Carrie Vannoy, Kylee King 2:15.4)</i>		
4:05.33	Detroit Renaissance	Ypsilanti/MITS Finals.....	2/25/2023
4:09.39	Ann Arbor Huron	Ypsilanti/MITS State.....	3/20/2021
	<i>(Mya Georgiadis, Fatouma Conde, Rachel Overgaard, Sam Hastie)</i>		
4:14.92	Ann Arbor Pioneer	Saginaw/MITS State	2/24/2018
4:16.34	Gaylord	Saginaw/MITS.....	2/ 4/2017
4:18.20	Ann Arbor Pioneer	Saginaw/MITS State	2/24/2018
4:19.25	Rochester	Saginaw/MITS State	2/24/2018
4:19.63	Ann Arbor Skyline	Saginaw/MITS State	2/24/2018

Top 50 Schools:

3:56.80	Oak Park	New York/NB Nationals	3/14/2015
	<i>(Tamea Mckelvy, Anna Jefferson, Johnyce Powell 55.98, Dorriann Coleman 2:11.15)</i>		
4:01.73	Ann Arbor Pioneer	New York/NB Nationals	3/12/2016
	<i>(Britten Bowen 26.9, Jordyn Dresch 26.6, Hailey Mayes 58.86, Alice Hill 2:09.39)</i>		
4:05.11	Detroit Mumford	New York/National Scholastic.....	3/ 9/2007
	<i>(Shayla Mahan, Aisha Osborn, Aja Olison, Shariece Pinkston)</i>		
4:08.82	Detroit Renaissance	Boston/New Balance Nationals.....	3/10/2023
	<i>(Asia Elder, Sabree Brooks, Shelby Sanders 58.97, Lauren Bickerdt 2:18.99)</i>		
4:14.86	Detroit Cass Tech	Bloomington/Nike Indoor Classic	3/11/2000
4:15.11	Rochester Hills Stoney Creek	New York/NB Nationals	3/ 9/2019
	<i>(Samantha Moroschan, Jessica Schamanel, Bella Davis 57.15, Allison Ziehl 2:20.43)</i>		
4:15.47	Gaylord	New York/NB Nationals	3/10/2017
	<i>(M. MacQuarrie 28.4, Stephanie Davis 27.33, Savannah Krone 60.9, Carlie Martella 2:18.9)</i>		
4:18.10	Grand Rapids Christian	Ypsilanti/MITS State	2/22/2020
4:18.33	Livonia Stevenson	Ypsilanti/Huron Relays I.....	3/28/2009
4:18.38	Shepherd	Ypsilanti/MITS State	2/23/2019
4:19.50	Chelsea	Ypsilanti/Huron Relays II.....	3/27/2009
4:19.53	Saline	Ypsilanti/Huron Relays I.....	3/28/2009
4:19.96	Rochester	New York/NB Nationals	3/ 8/2019
	<i>(Jenna Arnold, Camryn Remick, Maya Smith 61.27, Elizabeth Bulat 2:17.78)</i>		
4:20.04	Ann Arbor Skyline	Grand Rapids/MITS State.....	2/25/2017
4:20.66	Flint Southwestern	Ypsilanti/Huron Relays II.....	3/27/2009
4:22.06	Woodhaven	Ypsilanti/Huron Relays D1	3/31/2007
4:22.19	Grand Rapids Catholic Central	Boston/New Balance Nationals.....	3/10/2023
	<i>(Lindsay Lauria, Elle Sharpe, Lucy Cusack 67.34, Emily Tomes 2:19.21)</i>		
4:23.10	Ithaca	Grand Rapids/MITS State.....	2/26/2016
4:23.10	Northville	Ypsilanti/MITS State	2/22/2020
4:24.0+	Saginaw	(4:25.5y_).....	/1985
4:26.82	Walled Lake Northern	New York/Nike Nationals.....	3/10/2023
4:27.09	Monroe	Ypsilanti/Huron Relays D1	3/31/2007
4:27.20	Macomb Dakota	New York/NB Nationals	3/ 9/2012
4:28.15	St Clair	Ypsilanti/Huron Relays.....	3/25/2011
4:28.91	Pinckney	East Lansing/Spartan Relays A	4/ 1/2000
4:29.08	Lansing Sexton	Ypsilanti/Huron Relays II.....	3/26/2010
4:29.18	Ypsilanti	Ypsilanti/Huron Relays D2	3/30/2007
4:29.29	Adrian Madison	Hillsdale/Charger Preview.....	3/25/2015
4:29.52	Lansing Capital Homeschool	Hillsdale/Charger Preview.....	3/25/2015
4:29.53	Hartland	Ypsilanti/Huron Relays I.....	3/28/2009

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4:29.70	Bay City Western	Grand Rapids/MITS State	2/25/2017
4:29.95	Flint Northern	Ypsilanti/Huron.....	3/19/1988
4:30.56	Kenowa Hills	Grand Rapids/MITS State	2/26/2016
4:30.60	Concord	Hillsdale/Charger Preview.....	3/25/2015
4:30.92	Troy	Ypsilanti/Huron Relays D1	3/31/2007
4:31.07	Oxford	Ypsilanti/Huron Relays I.....	3/28/2009
4:31.07	Saugatuck	Grand Rapids/MITS	2/ 3/2018
4:31.0	Ann Arbor Huron	Shamrock Inv	3/16/1986
4:31.12	Livonia Franklin	Ypsilanti/Huron Relays I.....	3/28/2009
4:31.15	Alma	Mt Pleasant/CMU MITS #1	2/ 5/2023
4:32.10	Flint Central	Ypsilanti/Huron Relays D2	3/30/2007
4:32.12	Perry	East Lansing/Spartan Relays B	3/31/2000
4:32.16	Bloomfield Hills	Ypsilanti/MITS	1/28/2018
4:32.32	St Louis	Ypsilanti/MITS State	2/22/2020
4:33.32	Lansing Catholic	Grand Rapids/Gardiner Inv	3/24/2018
4:33.67	Grosse Pointe South	Hillsdale/Charger Preview.....	3/26/2015
4:34.15	Grosse Ile	East Lansing/Spartan Relays B	3/31/2000
4:34.1	New Boston	Adrian/Shamrock	3/18/1989
4:34.21	Freeland	East Lansing/Spartan Relays B	3/31/2000
4:34.9	Dexter	Adrian/Shamrock	3/18/1989

MIDDLE DISTANCE MEDLEY (800-400-400-800)

6:52.4	Ann Arbor Pioneer	Ypsilanti/Huron River Relays	3/23/2002
6:53.0	Detroit Cass Tech	Ypsilanti/Huron River	3/22/1997
6:56.4	Ann Arbor Huron	Ypsilanti/Huron.....	3/19/1988
6:57.5	Detroit Cass Tech	Ypsilanti/Huron.....	3/21/1992
6:59.7	Detroit Cass Tech	Ypsilanti/Huron River Relays	3/18/2000
6:59.9	Detroit Cass Tech	Ypsilanti/Huron.....	4/ 2/1993
7:01.6	Ann Arbor Pioneer	Ypsilanti/Huron River Relays	3/18/2000
7:03.5	Detroit Cass Tech	Ypsilanti/Relays	3/17/1990
7:04.2	Detroit Cass Tech	Ypsilanti/Huron.....	3/18/1995
7:05.8	Detroit Cooley	Ypsilanti/Huron.....	3/19/1988
7:07.2	Brighton	Ypsilanti/Huron River Relays	3/23/2002
7:08.4	Ann Arbor Pioneer	Ypsilanti/Huron River Relays	3/20/1999
7:09.5	Southfield	Ypsilanti/Huron River Relays	3/20/1999
7:10.6	Flint Northern	Ypsilanti/Huron.....	3/19/1988
7:10.7	Ann Arbor Pioneer	Ypsilanti/Huron River	3/22/1997
7:12.0	Whitmore Lake	Ypsilanti/Huron River	3/22/1997
7:14.9	Detroit Cass Tech	Ypsilanti/Huron River	3/19/1994
7:15.3	South Lyon	Ypsilanti/Huron River	3/22/1997
7:16.1	Temperance Bedford	Ypsilanti/Huron.....	3/19/1988
7:18.2	Portage Central	Ypsilanti/Huron River	3/22/1997
7:20.0	Rochester Adams	Ypsilanti/Huron.....	3/19/1988
7:23.0	Brighton	Ypsilanti/Huron River Relays	3/18/2000

4000m DISTANCE MEDLEY

Top 50 Performances:

11:32.68	Ann Arbor Pioneer	New York/NB Nationals	3/11/2022
		<i>(Sarah Forsyth 3:30.64, Emily Cooper 61.22, Cookie Baugh 2:14.73, Rachel Forsyth 4:46.09)</i>	
11:35.98	Grosse Pointe South	Ypsilanti/Huron Relays I.....	3/23/2013
		<i>(Haley Meier 3:30.3, Kelsie Schwartz 60.5, Ersula Farrow 2:14.4, Hannah Meier 4:50.8)</i>	
11:37.11	Grosse Pointe South	Ypsilanti/MITS	2/ 6/2013
		<i>(Haley Meier 3:33.0, Kelsie Schwartz 61.3, Ersula Farrow 2:14.4, Hannah Meier 4:48.4)</i>	
11:39.29	Grosse Pointe South	New York/NB Nationals	3/ 9/2012
		<i>(Haley Meier, Ersula Farrow, Kelsie Schwartz, Hannah Meier 4:47.5)</i>	
11:46.29	Ann Arbor Pioneer	Hillsdale/Charger Elite	1/23/2022
		<i>(Sarah Forsyth 3:37.33, Emily Cooper 63.39, Cookie Baugh 2:18.01, Rachel Forsyth 4:47.56)</i>	
11:47.96	Ann Arbor Pioneer	New York/NB Nationals	3/10/2017
		<i>(J. Overdier 3:39.67, Tiffany Cernej-Garcia 59.52, Alice Hill 2:15.54, Anne Forsyth 4:53.23)</i>	
11:55.41	Troy	New York/NB Nationals	3/ 9/2018
		<i>(Meghan Monaghan 3:50.10, L. Fulcher 60.02, Hannah Palomino 2:16.43, M. Worrel 4:48.86)</i>	
11:56.24	Ann Arbor Pioneer	New York/NB Nationals	3/ 8/2019
		<i>(Sarah Forsyth 3:41.96, Mya Georgiadis 58.42, Lydia Valtadoros 2:26.57, Zofia Dudek 4:49.29)</i>	

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11:56.35	Ann Arbor Pioneer (Emily Cooper 3:40.76, Maya Rollins 62.70, Sylvia Sanok Dufallo 2:17.52, Rachel Forsyth 4:55.39)	Boston/New Balance Nationals.....	3/10/2023
11:56.87	Rockford (Rachel Wittum, Lisa Krueger, Kristi Powers, Nikki Bohnsack)	Landover/Nike Indoor Classic	3/15/2003
11:58.05	Rockford (Kalin Toedebusch 3:42.1, Kelsey Toedebusch 62.8, A. Keenan 2:15.4, Linsey Blaisdell 4:57.8)	Landover/Nike Indoor.....	3/10/2001
11:58.23	Grosse Pointe South	Ypsilanti	2/ 7/2012
12:00.48	Saline (K. Beazley 3:42.21, Alexa Ross 57.86, Hannah Cummings 2:19.27, E. Shwayder 5:01.14)	New York/NB Nationals	3/14/2014
12:02.41	Ann Arbor Pioneer (Sarah Forsyth 3:50.28, Justice Jackson 63.85, Cookie Baugh 2:21.83, Zofia Dudek 4:46.46)	Hillsdale/Charger Elite	1/25/2020
12:02.81	Rockford (Kalin Toedebusch, Linsey Blaisdell, Kelsey Toedebusch, Aimee Keenan)	Bloomington/Nike Indoor Classic	3/11/2000
12:02.82	Northville (Ana Barrott 3:43.25, Chloe Abbott 56.24, Cayla Eckenroth 2:25.47, Lexa Barrott 4:57.86)	New York/NB Nationals	3/11/2016
12:03.52	Ann Arbor Pioneer (Anne Forsyth 3:38.8, Tiffany Cernej-Garcia 61.1, Alice Hill 2:16.4, Jacalyn Overdier 5:07.2)	Ann Arbor/MITS	1/19/2017
12:04.89	Rockford (Kelsey Toedebusch, Lisa Kruger, Kristi Power, Nikki Bohnsack)	Landover/Nike Indoor Classic	3/ 9/2002
12:06.24	Detroit Renaissance (Amber Hay, Kelly Sampson, Ramzee Fondren, Camila Nelson)	Landover/Nike Indoor.....	3/13/2004
12:06.99	Rockford (Nikki Bohnsack, Rachel Wittum, Kristi Powers, Lindsey John)	Landover/Nike Indoor.....	3/13/2004
12:08.00	Ann Arbor Pioneer (Jacalyn Overdier 3:47.7, Stella Weinberg 62.8, Alice Hill 2:18.8, Anne Forsyth 4:59.0)	Grand Rapids/MITS State	2/25/2017
12:08.30	Northville (Ana Barrott 3:43.8, Chloe Abbott 57.8, Cayla Eckenroth 2:25.6, Lexa Barrott 5:01.1)	Grand Rapids/MITS State	2/26/2016
12:10.92	Clarkston (E. Dalrymple 3:42.30, Allie Eriksen 59.95, Mia Patria 2:22.18, Mallory Ferguson 5:06.49)	New York/NB Nationals	3/ 9/2018
12:12.15	Ann Arbor Pioneer (Sarah Forsyth 3:50.1, Justice Jackson 62.2, Lydia Valtadoros 2:29.1, Zofia Dudek 4:50.8)	Ypsilanti/MITS State	2/23/2019
12:13.42	Saline	Mt Pleasant/MITS State	2/22/2014
12:13.76	Detroit Renaissance (Ramzee Fondren, Elesha Logan, Amber Hay, Kelly Sampson)	Landover/Nike Indoor.....	3/12/2005
12:13.99	Lake Orion (Allison Sherman 3:50.32, M. Symons 61.91, Josephine Arnold 2:22.83, S. Novak 4:58.33)	New York/NB Nationals	3/ 8/2019
12:14.01	Saline	Ann Arbor/MITS	2/12/2014
12:14.76	Saline	MITS	/2012
12:14.96	Ann Arbor Pioneer	Grand Rapids/MITS State	2/26/2016
12:15.66	Rockford	Allendale/Grand Valley AB.....	3/21/2000
12:17.59	Oak Park	Ypsilanti/Huron Relays – Large.....	3/21/2015
12:18.35	Clarkston (E. Dalrymple 3:45.38, Allie Erikson 62.10, Emily Ferguson 2:22.45, Mallory Ferguson 5:08.42)	New York/NB Nationals	3/10/2017
12:18.58	Rockford (Rachel Wittum 3:47.1, Lindsey John 61.8, Kristi Powers 2:20.3, Nikki Bohnsack 5:09.4)	Ann Arbor/MITS State	3/ 6/2004
12:18.70	Clarkston	Grand Rapids/MITS State.....	2/26/2016
12:19.10	Troy	Ypsilanti/MITS State	2/26/2011
12:22.76	Lansing Catholic (Grace Frost, Lauren Cleary, Jaden Theis, Olivia Theis)	Grand Rapids/Gardiner Inv	3/24/2018
12:23.42	Saline	Ypsilanti/MITS State	2/25/2012
12:23.64	Ann Arbor Pioneer	Ypsilanti/MITS.....	1/11/2019
12:23.69	Waterford Mott (Katie Osika 3:42.0, Kate Petsch 65.5, Lexi Munley 2:22.1, Rylee Robinson 5:14.3)	Grand Rapids/MITS State	2/25/2017
12:24.19	Ann Arbor Pioneer	Ypsilanti/Huron Relays I.....	3/27/2010
12:25.02	Troy	New York/National Scholastic	3/12/2010
12:25.10	Clarkston	Ann Arbor/MITS State	3/ 5/2005
12:25.27	Clarkston (E. Dalrymple 3:49.82, Emily Ferguson 63.24, Mallory Ferguson 2:21.36, Nicole Hanson 5:10.85)	New York/NB Nationals	3/11/2016
12:25.93	Saline	Ann Arbor/MITS	2/13/2013
12:26.58	Pinckney (Bella Garcia 3:50.45, Kylie Ray 64.39, Erika Rapp 2:26.51, Mia Garcia 5:05.23)	Hillsdale/Charger Qualifier	1/28/2017
12:27.28	Troy	New York/Nat. Scholastic.....	3/13/2009
12:27.46	Saline	Ypsilanti/MITS.....	2/ 2/2019

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	<i>(Madison Wood 3:41.2, Suzanne Chuparkoff 62.5, Ella Woehlke 2:29.8, Kayla Fortino 5:14.0)</i>	
12:27.48	Pinckney	Grand Rapids/MITS State 2/25/2017
	<i>(Bella Garcia 3:48.2, Kylie Ray 62.9, Erika Rapp 2:29.8, Mia Garcia 5:06.6)</i>	
12:28.32	Farmington	New York/NB Nationals 3/11/2016
	<i>(Maddy Trevisan 3:39.97, Casey Iles 65.35, Morgan Merlino 2:21.26, Abby Inch 5:21.74)</i>	

Oversized Track:

	<i>(Sarah Forsyth 3:29.5, Emily Cooper 61.7, Cookie Baugh 2:12.0, Rachel Forsyth 4:38.8)</i>	
11:21.95	Ann Arbor Pioneer	Saginaw/SVSU Distance Fest..... 2/12/2022
11:58.56	Ann Arbor Pioneer	Saginaw/SVSU Distance Festival 2/11/2023
12:03.19	Ann Arbor Pioneer	Ypsilanti/MITS Finals..... 2/25/2023
	<i>(Emily Cooper 3:41.0, Natalie Mello 61.4, Sylvie Sanok Dufallo 2:16.5, Rachel Forsyth 5:04.3)</i>	
12:15.20	Saline	Saginaw/MITS State 2/24/2018
12:19.72	Pinckney	Saginaw/Distance Festival 2/11/2017
	<i>(Bella Garcia 3:51.7, Kylie Ray 64.4, Erika Rapp 2:24.2, Mia Garcia 5:01.4)</i>	
12:21.34	Shepherd	Saginaw/Distance Festival 2/11/2017
	<i>(Kylie Hutchinson 3:48.4, Rachel Mathers 64.1, Katelyn Hutchinson 2:24.5, Amber Gall 5:04.3)</i>	
12:23.46	Holland West Ottawa	Ypsilanti/MITS Finals..... 2/25/2023
	<i>(Addie Birkholz, Julia Frampton, Megan Postma, Natalie VanOtteren)</i>	
12:28.12	Ann Arbor Pioneer	Saginaw/MITS State 2/24/2018
12:30.46	Saline	Ypsilanti/MITS Champs..... 2/26/2022
12:30.73	Petoskey	Saginaw/MITS Distance Fest..... 2/15/2020
12:32.58	Saline	Saginaw/MITS Distance Fest..... 2/15/2020
12:34.03	Saline	Saginaw/SVSU Distance Fest..... 2/12/2022
12:35.33	Bay City Western	Saginaw/MITS State 2/24/2018
12:35.43	Saline	Ypsilanti/MITS Finals..... 2/25/2023
12:39.12	Saline	Saginaw/MITS..... 2/14/2015
12:40.42	Bay City Western	Saginaw/Distance Festival..... 2/ 9/2019
12:42.11	Saline	Saginaw/MITS..... 1/12/2019
12:44.94	Jenison	Ypsilanti/MITS Finals..... 2/25/2023
12:48.52	Shepherd	Saginaw/MITS State 2/24/2018

Top 50 Schools:

	<i>(Sarah Forsyth 3:30.64, Emily Cooper 61.22, Cookie Baugh 2:14.73, Rachel Forsyth 4:46.09)</i>	
11:32.68	Ann Arbor Pioneer	New York/NB Nationals 3/11/2022
11:35.98	Grosse Pointe South	Ypsilanti/Huron Relays I..... 3/23/2013
	<i>(Haley Meier 3:30.3, Kelsie Schwartz 60.5, Ersula Farrow 2:14.4, Hannah Meier 4:50.8)</i>	
11:55.41	Troy	New York/NB Nationals 3/ 9/2018
	<i>(M. Monaghan 3:50.10, L. Fulcher 60.02, Hannah Palomino 2:16.43, Megan Worrel 4:48.86)</i>	
11:58.05	Rockford	Landover/Nike Indoor..... 3/10/2001
12:00.48	Saline	New York/NB Nationals 3/14/2014
	<i>(K. Beazley 3:42.21, Alexa Ross 57.86, Hannah Cummings 2:19.27, Elianna Shwayder 5:01.14)</i>	
12:02.82	Northville	New York/NB Nationals 3/11/2016
	<i>(Ana Barrott 3:43.25, Chloe Abbott 56.24, Cayla Eckenroth 2:25.47, Lexa Barrott 4:57.86)</i>	
12:06.24	Detroit Renaissance	Landover/Nike Indoor..... 3/13/2004
	<i>(Amber Hay, Kelly Sampson, Ramzee Fondren, Camila Nelson)</i>	
12:10.92	Clarkston	New York/NB Nationals 3/ 9/2018
	<i>(E. Dalrymple 3:42.30, Allie Eriksen 59.95, Mia Patria 2:22.18, Mallory Ferguson 5:06.49)</i>	
12:13.99	Lake Orion	New York/NB Nationals 3/ 8/2019
	<i>(A. Sherman 3:50.32, Melissa Symons 61.91, Josephine Arnold 2:22.83, Sophie Novak 4:58.33)</i>	
12:17.59	Oak Park	Ypsilanti/Huron Relays – Large..... 3/21/2015
12:22.76	Lansing Catholic	Grand Rapids/Gardiner Inv 3/24/2018
	<i>(Grace Frost, Lauren Cleary, Jaden Theis, Olivia Theis)</i>	
12:23.69	Waterford Mott	Grand Rapids/MITS State 2/25/2017
	<i>(Katie Osika 3:42.0, Kate Petsch 65.5, Lexi Munley 2:22.1, Rylee Robinson 5:14.3)</i>	
12:26.58	Pinckney	Hillsdale/Charger Qualifier 1/28/2017
	<i>(Bella Garcia 3:50.45, Kylie Ray 64.39, Erika Rapp 2:26.51, Mia Garcia 5:05.23)</i>	
12:28.32	Farmington	New York/NB Nationals 3/11/2016
	<i>(Maddy Trevisan 3:39.97, Casey Iles 65.35, Morgan Merlino 2:21.26, Abby Inch 5:21.74)</i>	
12:31.95	Bay City Western	Ypsilanti/MITS State 2/23/2019
12:32.19	Hartland	Ypsilanti/Huron Relays I..... 3/27/2010
12:36.15	Detroit Mumford	Ypsilanti/Huron Relays D1 3/31/2007
12:38.12	Pontiac Notre Dame	Grand Rapids/Gardiner Inv 3/25/2017
	<i>(Lauren Nieheisel, Madeline Scherle, Alexandra Case, Jennifer Ohlsson)</i>	

Michigan High School Girls Indoor Track All-Time Lists

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12:41.29	Flint Powers <i>(Sarah DeDolph, Monica LeDuc, Libbie Gleason, Julia Vanitvelt)</i>	Grand Rapids/Gardiner Scrimmage.....	3/19/2016
12:43.06	Livonia Churchill	Ypsilanti/MITS	2/ 7/2007
12:43.35	Petoskey	Ypsilanti/MITS State	2/22/2020
12:44.14	Traverse City St. Francis <i>(Katelyn Duffing, Emmalyne Tarsa, Emma Fifarek, Holly Bullough)</i>	Grand Rapids/Gardiner Scrimmage.....	3/19/2016
12:44.29	Birmingham Seaholm	Ypsilanti/Huron Relays – Large.....	3/21/2015
12:44.34	Lansing Catholic <i>(Lauren Cleary, Natalia Sudol, Jaden Theis, Olivia Theis)</i>	Grand Rapids/Gardiner Inv	3/25/2017
12:44.57	Ann Arbor Skyline	Ypsilanti/MITS State	2/23/2019
12:46.75	Milford	Ann Arbor/MITS State	3/17/2007
12:48.73	Gaylord	Ypsilanti/MITS State	2/28/2015
12:51.00	Traverse City Central	Ypsilanti/MITS State	2/23/2019
12:52.12	Ithaca	Grand Rapids/MITS	1/16/2016
12:52.42	Jackson	Ann Arbor/MITS State	3/ 5/2005
12:54.81	Monroe Jefferson	Ann Arbor/MITS State	3/ 5/2005
12:55.17	Grand Rapids Christian	Grand Rapids/Aquinas MITS	2/12/2022
12:56.90	Detroit Cass Tech	East Lansing/Spartan.....	4/ 4/1992
12:58.32	Midland Dow	Ypsilanti/MITS State	2/23/2019
12:58.71	Livonia Franklin	Ypsilanti/Huron Relays I.....	3/27/2010
12:59.9+	Dearborn Edsel Ford	East Lansing/Spartan (13:04.4y).....	/1984
13:00.04	Birmingham Seaholm	Ypsilanti/Huron Relays (large)	3/25/2017
13:00.0	West Bloomfield	Kalamazoo/WM Classic	3/12/1988
13:02.4+	East Kentwood	(13:06.9y).....	/1983
13:04.7+	Brighton	East Lansing/Spartan (13:09.2y).....	4/ 2/1987
13:05.14	Grand Ledge	Ypsilanti/MITS State	2/27/2010
13:05.15	Jenison <i>(Maggie Otto 3:56.23, Macy Guikema 67.25, Maddie Vande Bunte 2:36.32, Maya Guikema 5:25.36)</i>	Boston/New Balance Nationals	3/10/2023
13:05.54	Romeo	Grand Rapids/MITS State	2/25/2017
13:06.0	Rochester Adams	Warren/Macomb	2/22/2002
13:06.92	Livonia Stevenson	Ann Arbor/MITS State	3/17/2007
13:07.5+	Bloomfield Hills Andover	(13:12.0y).....	/1985
13:07.9	Sterling Heights Stevenson	Ann Arbor/MITS	1/18/2002
13:08.88	St Louis	Ypsilanti/MITS State	2/22/2020
13:08.98	Holly	Ypsilanti/MITS	2/ 3/2018
13:09.6+	Flint Northern	(13:14.2y).....	/1983